“Is There a Spiritual Gift of Intercession?”

I’m confused about intercession. Is there a gift of intercession as well as it being a discipline? Some people certainly pray more often than others and some love doing it, yet there are those who don’t love it but get woken in the middle of the night to pray for hours anyway.

I also look at people sometimes and really want to pray for them, right then and there. I don’t because I’m a bit too scared to walk up to someone and say “I so want to pray for you” and I’m not really sure what I’d be praying about. I find this both amusing and confusing. Do you have any light to shed?

As far as I know, there is no “gift” of intercession, although people with the spiritual gift of faith (1 Corinthians 12:9) usually have a (super)natural affinity for praying for others. Whether we love doing it or not has nothing to do with whether God is using us as channels of His power.

One of my dear friends is a pastor. One weekend afternoon he was feeling rather “prickly and grumpy,” to quote him, when he got a call from one of his congregants asking him to come to the hospital and pray for their daughter. She was supposed to have surgery but an infection had invaded her body and they couldn’t do it until the infection was cleared up and her fever went down. Bob knew in his spirit that if he prayed for her, she would be healed, but he reeaaaallllllly didn’t want to go. He went anyway, just as prickly and grumpy as you please, laid his hands on the girl, and asked God to get rid of the infection so they could go ahead with the surgery. He left to go back home, and as he walked in the door, the phone

was ringing; her temp was normal. That fast. He says it was quite humbling that God wanted to use him, as fleshly and uncooperative as he was feeling, but the issue wasn't the attitude of the channel, but the divine power that flowed through it.

When you get an impression in your spirit that you should/want to pray for someone, please give yourself permission to trust the Lord's leading on that. (And I would ask, are you being impressed to pray for them just internally, or does He want you to bless them by praying out loud? Consider that having someone pray for you out loud is an intense blessing for most people, and if you don't follow through, you may be depriving them of a blessing God wants to give them through you!)

What you're dealing with is discomfort over operating in the supernatural, and the more times you overcome your reticence, the easier it will become to follow through on His leading. You can go up to someone and say, "Excuse me, I know this may sound crazy, but I think the Lord wants me to pray for you right now. May I have your permission?" A number of years ago I decided I wanted to be the kind of person who would stop in the middle of a sidewalk and pray for someone right then and there if it was the right thing to do, but it was unfamiliar territory to me. So I told myself, "I need to get over the discomfort of the unfamiliar, and then it will be familiar, and it will feel natural, and that's where I want to live! Where praying out loud at the drop of a hat feels natural and comfortable. So I will push past the discomfort to get to the place I want to be." It worked.

I heard a great story at one of the Exodus conferences. (Exodus International used to be the umbrella organization over many ministries that deal with the homosexuality issue; I serve with one.) Andy Comiskey, a former homosexual struggler (to whom God has brought great healing) and his wife were in New York on an anniversary trip. They took a walk to Greenwich Village and ended up in a park across the street from

Stonewall, the bar where the gay rights movement was launched in 1969. It was a gay park, and they sensed a lot of demonic oppression in that place. Andy said, “Enough! We need to take authority right now!” and invited Jesus to be Lord of that park. He prayed, “Your kingdom come, Lord!” and so the two of them kept their eyes peeled for what God was going to do. They saw a lady who looked oppressed to them, so they walked up to her and Andy said, “Excuse me, but my wife and I are Christians, and we believe God wants us to pray for you. Would that be OK? If it isn’t, we’ll just pray for you as we leave.” The lady’s eyes filled with tears and she said, “This morning I prayed and said, ‘God, if You’re real, show me.'”

If you get the urge to pray for someone and don’t know what to pray for, I would 1) trust that if you obey His prompting, God will impress you with what to pray for if He wants you to pray something specific, and 2) ask the Father to bless that person with His love and the awareness of His presence and His pleasure in them as a person He made in His image and sent Jesus to die for. Ask Him for His peace and a lingering sense of blessing on the person throughout the day. No matter what the person’s issue is, you can bless them in Jesus’ name and it is a REAL THING you are giving them! I would also suggest that you dive deep into God’s word to grow your familiarity with, and make a list of, His promises and truths that you can feel confident praying because He has already revealed it as His will. (One of my favorites is from Ephesians 3:18, that the person will have power “to grasp how wide and long and high and deep is the love of Christ” for them.)

Hope this helps!

Sue Bohlin
Probe Ministries

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“My Son Curses”

I have a 17 year old son who is a Christian. I am having some trouble with him using curse words. He says it is not wrong as long as he does not use God’s name in vain. I have told him he is not being a good witness and the Bible says to speak in ways to encourage and build people up. I told him is not suppose to be conformed to this world, but be transformed by the renewing of his mind. And his mind can’t be renewed with words coming out like curse words. He says he is not cursing at anyone but that it helps him to express his feelings. I told him he is supposed to be in control of himself including his tongue. He says he is in control and is able to not curse when he chooses not to. What can I say to him and back up with scripture to show him that it is wrong as a Christian to curse?

Dear friend,

Ephesians 4:29 says, Let no unwholesome word proceed from your mouth, but only such a word as is good for edification according to the need of the moment, so that it will give grace to those who hear.

Other versions translate unwholesome as foul, dirty, corrupt, abusive, and rotten. Notice none of them have anything to do with taking Gods name in vain.

Its interesting when you look up the meaning of the Greek word translated unwholesome
1) rotten, putrefied
2) corrupted and no longer fit for use, worn out

3) of poor quality, bad, unfit for use, worthless

These all describe cursing, which has been rightfully called words used by angry people with stunted vocabularies.

You can offer all this to your son, but I think that as a parent, your power comes from providing him with the motivation to control his tongue like he says he can (and you KNOW he can!)like losing privileges when he loses control. You are the gatekeeper of the perks and privileges of living in your home, and you can encourage him to develop his self-control and character by choosing not to curse. Of course, the way to change is to displace the unwanted behavior with a new one, so be prepared to provide him with alternative words and phrases. You might even give him the assignment of Googling the phrase alternatives to cursing (after you do it first, so you know what hell encounter).

Hope this helps!

Sue Bohlin
Probe Ministries

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“What’s Wrong with Masturbation, Anyway?”

What’s all the fuss about masturbation? It seems to me that Christians have decided it’s wrong and then go looking for Bible verses to back up their prejudice. The Bible doesn’t even mention it! It’s a legitimate way to get sexual release. Besides, I can’t stop it for any length of time, so it must be okay.

I asked Mike Cleveland, a friend in ministry at Setting Captives Free, for his insight on this issue. As an overcomer in pornography and masturbation, Mike has what I believe is an excellent perspective on a biblical answer to this question. With a background in theology and practical ministry, plus the testimonies of thousands of people he has helped gain freedom from bondage to these sins, Mike is well-equipped to answer the question of why masturbation is wrong.

Be sure to read the powerful testimonies at the end. They also answer the question, "What's wrong with masturbation?"

Sue Bohlin

Friend,

There is an untruth floating around Christian circles that masturbation is not a sin and that it is acceptable under certain circumstances. Some believe that masturbation is acceptable:

• For single people
• For married people who have to endure prolonged absences from their spouse
• As a preventative to the commitment of sexual crimes

One of the course members from the Pure Freedom Course [note: a free, Christ-centered online course to help people overcome an addiction to pornography and masturbation at www.settingcaptivesfree.com] recently sent us an article written by a pastor on the subject of masturbation. In his article, this pastor unhesitatingly recommended masturbation for people of all ages to "release stress for singles," to "relieve pressure when away from a spouse," and to "prevent sex crimes." He also gave instructions on how to teach masturbation to young children and blatantly stated that God gave masturbation to us as a way "to enjoy sex before

marriage."

I wish this pastor could see some of the enrollments we receive from people who have become enslaved to gratifying their flesh by the act of masturbation—many without pornography! They are slaves to their own lusts; unable to break free from this debilitating habit that has crippled their walk with the Lord. Because they are unable to stop this behavior, they are guilty and some feel ashamed and frustrated. They have "low self-esteem" and have difficulty interacting in social situations because they know they have a secret—a dark secret that they are slaves to fondling themselves, caressing themselves, and to orgasm. Moreover, I wish this pastor could watch as God sets these captives free from masturbation and read their emails stating how depression, paranoia, stress…etc. disappeared when God set them free from masturbation and sexual impurity of all kinds.

Some Christians believe that because masturbation is not specifically mentioned in the Bible that God does not consider the presence or the absence of the activity important. But is this really accurate? Is God truly silent about masturbation? Is the absence of the word "masturbation" in Scripture Gods way of giving His approval to men and women gratifying their flesh in masturbation? Remember, the word "pornography" itself is not in the Bible (though the root word is), but there are biblical principles dealing with both pornography and masturbation.

Though it is true that the Bible does not use the word "masturbation," I do not believe that Scripture has left us in the dark about whether masturbation is right or wrong. Masturbation is not a "gift of God" for single people and it is not a "preventative for sexual crimes." It is indulging the flesh, which leads to sin-slavery (John 8:34). Masturbation makes us begin to live according to the dictates of the flesh and to become slaves to the "misdeeds of the body." Scripture warns us about this kind of activity, "For if you live

according to the flesh (by giving in to its desires), you will die" and tells us how to stop, "but if by the Spirit you put to death the misdeeds of the body, you will live" (Romans 8:13).

In reality, masturbation is a high expression of loving self and of sexual self-idolatry. It is deceiving and enslaving. Let us see these truths from Scripture:

> "Just as you used to offer the parts of your body in slavery to impurity and to ever-increasing wickedness, so now offer them in slavery to righteousness leading to holiness. When you were slaves to sin, you were free from the control of righteousness" (Romans 6:19-20).

This verse teaches that "offering leads to slavery." When we "offer the parts of our body" to sin we become a slave to sin. Masturbation only "relieves the pressure" temporarily. The pressure will soon be back and masturbation will need to occur again and again, and again. But if we offer the parts of our body for righteousness, we will become slaves of righteousness. So, present your body a living sacrifice; offer the parts of your body to God and your slavery to Christ will produce complete freedom from masturbation.

Another argument that some make in favor of masturbation is to say that it is much like eating food: if we indulge ourselves we can become slaves, but what we need to do is learn to control our appetite, not stop eating. So, in the same way, we need to control masturbation and not become slaves to it, but it is not sin to masturbate anymore than it is sin to eat. But there is a major problem with this argument: eating is a biological necessity. If we don't eat, we die. Sex is a biological desire, not a necessity. Many people live their whole lives without ever having sex.

> Those who live according to the flesh have their minds set on what the flesh desires; but those who live in accordance

> with the Spirit have their minds set on what the Spirit desires" (Romans 8:5).

Masturbation fixes the mind on the desires of the flesh, and burns the image of nudity and sex into the mind. With each occurrence of masturbation, that image becomes clearer and more intense, and can become a tool of the devil to set up a thought-stronghold (2 Corinthians 3:1-5).

> "So then they that are in the flesh cannot please God" (Romans 8:8)

Here is the real problem of masturbation, and let me say this clearly: If you are masturbating, you are pleasing only yourself. Your actions are displeasing to God because you are "in the flesh" and a slave to lust. You are offering the members of your body in slavery to impurity and your mind is set on what the flesh desires.

> "So I say, live by the Spirit, and you will not gratify the desires of the flesh. For the sinful nature desires what is contrary to the Spirit, and the Spirit what is contrary to the sinful nature. They are in conflict with each other, so that you do not do what you want"(Galatians 5:16-17).

Why is masturbation a sin? It is a sin because when we masturbate we "gratify the desires of the flesh," which we would not do if we were walking in and living by the Spirit. Let us make this point clear. If we are walking in the Spirit and living by faith, we will not masturbate.

> "So whatever you believe about these things keep between yourself and God. Blessed is the man who does not condemn himself by what he approves. But the man who has doubts is condemned if he eats, because his eating is not from faith; and everything that does not come from faith is sin" (Romans 14:23).

Masturbation is a sin because it does not come from faith. I

cannot believe the promises of God to supply my every need (Phil. 4:19), to make a way out of every temptation (Hebrews 10:13), to keep me from falling (Jude 24), and masturbate at the same time. Masturbation is not of faith therefore it is sin.

About Jesus Christ, God the Father says, “This is my beloved Son, in whom I am well pleased.” And why? Because He lived a life of obedience unto death, even death on a cross. And we are unworthy to be called His disciples unless we daily take up the cross and follow Him. Taking up our cross means crucifying our flesh, not gratifying it. It means dying to self, not living to please the flesh. Oh, how we need the teaching of the cross of Jesus Christ in these instances.

The cross shows us One Whose flesh was crucified, not controlled. The cross shows us that we are not to “relieve the pressure” but endure to the point of shedding blood. Stating that masturbation is acceptable “under certain circumstances” is a denial of the cross of Jesus Christ. And the truth of the matter is that it is so much easier to totally crucify than to attempt to control.

Right here let me quote from an excellent book from Pure Life Ministries on the subject of masturbation called *Tearing Down The Walls Of Sexual Idolatry* by Steve Gallagher. This book is highly recommended for its commitment to the truth of Scripture, rather than to worldly principles. In fact, Pure Life Ministries considers their ministry to be “an alternative to psychology.” They say, “Some of the leading Christian psychologists in the nation have said that masturbation is a normal function and unless carried on into marriage, usually proves to be harmless. I believe the reason that they have said this is to alleviate some of the guilt and condemnation associated with it. But you cannot condone something because it makes people feel guilty. It may be normal for fallen man, but that does not make it acceptable in the eyes of a holy God. Although masturbation is not specifically addressed in

Scripture, the Bible gives us principles for leading a pure and holy life that clearly tells us that it is wrong.

- **Proper Sex**—The first and most obvious reason that masturbation is wrong is because it goes against God's purpose for sex. Although our society has perverted sex to the extent that it has become a self-centered act, God created it to be a function of marriage. There is no room for sex outside of marriage! Worldly-minded teachers tell us though, that we have pent-up desires that must be 'relieved.' They say that God created us to need sex and would not expect us to go without it. What they do not realize is that sex is a desire that God gave us; not a need. People that have learned to walk in the Spirit have been overcoming these desires for thousands of years.

- **Feeding The Flesh**—Another reason why masturbation is wrong is because it is another form of self-gratification. Throughout Scripture, self-gratification is denounced.

- **Lustful Fantasy**—It is virtually impossible to masturbate without fantasizing. What would a person think about who is trying to achieve orgasm if not sex with some person? Paul admonishes us about our thinking when he says, 'Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things' (Philippians 4:8-9).

- **Doorway To Other Sin**—The last reason that masturbation is wrong is that it opens the door for the enemy to lead the person deeper into sin. . . .[S]in is never satisfied. It always demands more and more of the person. As God told Cain, 'Sin is crouching at the door, and its desire is for you, but you must master it.'"

So, let us get practical on this subject. Many of us have children coming into puberty and we know they will masturbate.

How do we converse with them on this topic? First, let us instruct them about the cross. I tell my son that Jesus Christ laid down His life for us, and He requires us to lay down our lives also. He presented His body as an offering to the Father and we can, by the power of the Holy Spirit, offer our bodies a living sacrifice. We talk about Jesus refusing to gratify His flesh when tempted by the devil, and that His flesh was nailed to a cross. In the same way we should count ourselves dead to sin. I talk plainly with him about the enslavement that masturbation will bring, if he were to offer the members of his body for sin. I tell him that the desires he has are given by God to experience pleasure in marriage, and to procreate, not for selfish reasons. He understands that to follow Christ masturbation is not an option. It makes it so much easier on him, when the temptation comes, to not even consider it as a possibility, rather than try to decide if this is a time it must be "controlled" or if can he give in to the desire.

Finally, let me finish with a testimony we received awhile back. It is from a gentleman in his last week of the Pure Freedom Course and he is now set free from slavery to masturbation. He writes this testimony:

> "My problems began when our youth pastor told me that the Bible does not mention masturbation, therefore God must not condemn it. He told us that as long as we were masturbating with thoughts of our future spouse then we were not sinning. My masturbation began slowly—only using it once a week or so. I felt guilty, like I was giving in to sin rather than denying the flesh, but my pastor said it was a helpful tool, and that it even prevented sex crimes when used correctly. Gullible as I was I believed him. I soon began discovering that offering the parts of my body to masturbation did not permanently decrease desire or relieve pressure—quite the opposite—the more I masturbated the more I enjoyed it and the more I engaged in it. I honestly do not know what

> happened—one day I had just finished masturbating along side a farm road, for the third time that day, when it dawned on me that I was a slave to masturbation. What started innocently, and with the full approval of a religious authority, trapped me into a vice that completely choked out all spiritual life in me. "Oh how I wish that pastor had preached the Word correctly, even if it would have made him less popular. I wish he had explained to me that unless I denied myself (not indulged myself) and took up my cross daily I would not be worthy to be His disciple. I wish he had told me about the principle of slavery—that we are slaves to whatever we offer ourselves to. I wish he had told me, plain and simple, that it is so much easier to totally and completely refuse masturbation—that it is not even an option for a Christian—than to attempt to "control it" and "only use it under certain circumstances." If only he had not used that worn-out phrase "the Bible doesn't mention it" and instead taught the principles of Scripture. I am not blaming him; my own deceptive heart loved hearing what he preached, and I am responsible for my own actions. I just wish I would have had a man of God who could have helped me learn to deny and crucify rather than rationalize and justify."

Another enrollment in The Freedom Course came in right as we were finishing this article. This 17-year-old young man writes:

> "Every time I get the urge I can't resist masturbation…I have tried to fight it for many years, and, although I have had a few temporary victories, I never completely defeated it. I desire to live all of my life for Christ, and this can't be done until I defeat this fiend. I also want to remain pure for my future wife, and if I continue down this path I know that wish will not become true."

Masturbation is a doorway to slavery! May God grant this young man freedom in Christ.

May God give us all grace to choose to please the Lord by offering our bodies a living sacrifice rather than pleasing ourselves through masturbation.

Grace,

Mike Cleveland
www.settingcaptivesfree.com

Dungeons and Dragons and FRPGs

Dungeons and Dragons is a fantasy role playing game (or FRPG). Role playing in and of itself can be a useful exercise of the imagination, such as helping kids practice saying no to drugs or alcohol when offered them at a party, or learning to set boundaries by practicing with a part of one's support group. Fantasy can also be a legitimate exercise of the imagination, and learning to distinguish fantasy from reality is an essential part of maturing intellectually. The problem comes when the values and content in the fantasy affect a person adversely.

In this way, D&D or any other FRPG can be compared to rock music: the genre itself is not inherently evil or dangerous, but the content (lyrics, in the case of rock music) is what makes the difference. (For more on that concept, see Jerry Solomon's article "Rock Music" on our website.)

The content of D&D and its effect on players are worth examining.

Worldview

In contrast to a Christian worldview, D&D was created with a magic worldview (and this has not changed over the years). Rather like "the force" of Star Wars, magic is a neutral force, something like gravity, that pervades reality. Characters learn to use magic to manipulate the universe to get what they want. It's a very mechanistic universe, like a vending machine where you insert your coin and out comes a productonly in this universe, people use spells and magical instruments to manipulate the magic toward their desired end. Magic can be used for good or evil.

Two insightful writers, Brian Onken and Elliot Miller, offer a responsible analysis of D&D and FRPGs in general in a paper from Christian Research Institute, "Fantasy Games People Play."{1} They point out that many proponents of D&D try to draw a parallel between their game of choice and the Christian fantasy of J.R.R. Tolkien in *Lord of the Rings*. There are some common elements, but it's the great differences that are a real problem, differences which proponents of FRPGs "either ignore or rationalize away. Christian fantasy works by Tolkien, Lewis, and others are accepted and considered to be a good use of fantasy because they offer a reflection of an essentially Christian world view."{2}

"Though the creators of Dungeons and Dragons may have borrowed many aspects from Tolkien's 'middle earth,' one part they did not consider was the overall setting in which everything took place and from which everything derived its ultimate meaning Tolkien's Christian world view. As a result, the game's world view does not represent the moral universe God created. In place of the creator God, its universe is governed by a multiplicity of gods and demigods. Moreover, its universe is not infused with an absolute, inherent morality. The more thoroughly one investigates the writings of Tolkien, Lewis, and others and compares them to FRP games, the more one will

see that there are not only crucial differences in the theological and moral perspectives but also in the context and motives of their respective inventors. Furthermore, there are important differences in the kind and extent of participation required in each (e.g., the cultivation of fantasy in the participatory amoral milieu of Dungeons and Dragons versus the passive moral universe of Tolkien)."{3}

The worldview of D&D is anti-biblical because it presents a universe without a transcendent, good God. The deities of D&D are mythical, like the ancient pantheon of the Roman gods and goddesses.

Morality

Because most FRPGs pit good against evil, some of their proponents point to the games as moral. But their overall morality is pragmatic (what works to get what you want) at best and amoral at worst.{4} "[T]he universes created in fantasy role-playing games generally tend to be confused on the issue of morality. Though they have borrowed many aspects of Tolkien's 'Middle Earth,' the makers of Dungeons and Dragons and other FRP games have not created theistic 'universes.' Rather, their universes are generally governed by a multiplicity of gods and demigods. While in a theistic universe, good is determined by the attributes of God Himself, in FRP worlds good and evil are presented as equal and opposite impersonal poles, and the gods as well as the creatures may align themselves with either. Since there is no supreme God, and since good does not ultimately triumph over evil, many players eventually find themselves preferring to play evil roles; fewer demands are placed on them that way. "Cornerstone [magazine] quotes Rett Kipp, a college student who plays FRP games forty hours a week: "'In D&D it's better to be evil. You get more advantages being evil, and it's easier to go on and not have to think of what to do and what not to do. If for some reason you had the idea in your head

that you no longer trust someone, if you chop him down from behind as an evil character there's no penalty for it…'"{5}

Time-eating Monster

You can find any number of family members who have watched FRPGs gobble up their loved ones as they spend hours every day, or each week, engrossed in "their game," either online or in real life. Students have flunked out of school because they didn't go to class or do their homework. People have lost their jobs because they were more committed to playing their game than keeping their commitments at work. And nobody knows how many relationships have collapsed because people were consumed by their games to the exclusion of all else. The popular online game "EverQuest" has been aptly nicknamed "EverCrack" by many players.{6}

Brian Onken writes, "In a world where more and more demands are made on our time and there seems less and less time available to accomplish the tasks at hand, Dungeons & Dragons (and other fantasy role-playing games) is indeed a creature with a voracious appetite. One of the main requirements of the game is time, and lots of it. Gary Gygax, the originator of Dungeons & Dragons, says: 'the most extensive requirement is time.'{7}

"As advocates of the game get more involved it has a tendency to become a sort of time eating monster in and of itself. After playing the game with her family, a New West magazine researcher noted that, 'Good or evil, it becomes a compulsive force in the lives of those who play.'{8} "What is the problem here? Well, we are exhorted to 'walk, not as unwise men, but as wise, making the most of your time, because the days are evil' (Eph. 5:15, 16). In the light of such words, a fantasy game with a ferocious appetite for time is hardly the wise way to walk. To play one will require a tremendous amount of time, and since no one wants to play badly, perhaps such time consumption would best be exchanged for more profitable

pursuits."{9}

Bill Schnoebelen, who spent years in the occult before coming to Christ, says, "Remember, as a Christian, we are exhorted to bring 'into captivity every thought to the obedience of Christ' (2 Cor. 10:5). How can this be done with so many hours being spent in a game which never mentions Christ and pushes the very sorcery He forbids?"{10}

Blurred Reality

While many people have no trouble distinguishing between reality and fantasy, some FRPG players are sucked into what could be called "reality distortion." Players sometimes begin to think of their characters as real people with separate existences. (This is not limited to FRPG, however. I know of one person so caught up in the Left Behind series that she fell asleep thinking about the characters and action in the book she was reading, and upon waking, found herself praying for a character in crisis! And many fans of TV shows don't really "get it" that the actor who plays a character has a real-life, different existence from the one he or she plays on TV. Not to mention the many letters the author of the Harry Potter books has received from children begging for acceptance into the Hogwarts School of Witchcraft and Wizardry!)

One Dungeon Master (the person with the most control and power in a D&D game) noted that sometimes, when a player's character gets killed, the game player sometimes suffers psychic shock and may go into depression.{11}

Magic and the Occult

Whether the discussion is Harry Potter or D&D, the objection inevitably arises that this is make believe, it's fiction, and fairy-tale magic doesn't exist in the real world, so what's the big deal?

Elliot Miller of CRI points out, “We must agree that there is a fundamental difference between actually attempting to work magic, and only pretending to do so (this point has not been sufficiently recognized in some of the Christian reviews). However real this distinction may be in the minds of the players, though, I feel no assurance that the spirit world will not respond when it is beckoned.”{12}

Others experienced in spiritual warfare have observed that the very real demonic realm are quite legalistic and literal: when anyone opens a door to them, they will come through it! Most people are completely oblivious to the reality of their choices opening a door to the demonic, but the consequences catch up with them. This is one reason God has said that all forms of magic are an abomination to Him (Deut. 18)out of His loving desire to protect us.

Miller continues, “Though the possibility of actual contact with the satanic realm through role-playing cannot be denied, my greatest concern is that FRP involvement can create a predisposition toward actual occult activity. There are certain needs and desires which draw people to FRP in the first place. Many sensitive teenagers and adults continually bombarded with evolutionary theories and naturalistic philosophies, seek through FRP an escape from the cold, mechanistic view of the universe which they’ve been led to believe is ‘reality.’ Who wouldn’t prefer an adventurous existence in a magical, purposeful world over the complex, impersonal ‘real world’ being pushed on young people by our educational institutions and the media?”{13}

I would suggest that that “predisposition toward actual occult activity” is indeed, a door propped open for demons to enter in. When players’ views of magic and occultic exercises of power (even pretend) are shaped to see them in a positive, friendly light, they are accepting the very things God condemns. They are buying a lie, and intentionally or not, embracing rebellion against one of God’s absolutes.

Internalizing lies and rebellion provides a place for the Enemy to gain first a foothold (Eph. 4:27) and then a stronghold (2 Cor. 10:4-5).

So the occultic magic element of D&D and any other FRPG can be spiritually dangerous.

Bill Schnoebelen says, “Even if you have no intention to ‘do magic’ when you play D&D, you are immersing yourself in an alien, magic worldview which can gradually change the way you think about life and spiritual matters.”{14}

But what about the magic in the works of Tolkien and Lewis? That kind of fantasy magic is different because the worldview of the literature is biblical, and consistent with the world God made. Behind all the magic is a good, transcendent, holy God. Magic doesn’t have a life and power of its own, as a force to be manipulated. Furthermore, the magic in the books of Tolkien and Lewis and other Christian fantasy writers is viewed passively by the reader. In D&D, the player is immersed in the story, and actively uses occult magic as part of the game.

Lust for Power

Elliot Miller writes, “The human craving for power is also given an avenue for expression in FRP games. . . The various magical abilities that players exercise in these imaginary worlds can also whet their appetites for power. The same young man who is unable to prevent his parents from separating, or to make the cute blonde in his history class notice him, can, through FRP, conquer a kingdom or obtain immense treasure simply by casting a spell.

“What happens, then, when the inevitable occurs and this young man is befriended by someone who can introduce him to the occult world? He will discover that practices he has enjoyed in his fantasy world actually go on in the real world. He

would like nothing more than to believe that he can divine the future, project his soul outside of his body, perform healings, or cast a spell and get results. The transition from make-believe sorcery to actual sorcery would not be all that difficult. Once he encounters the real power that exists in the occult world, he will happily accept the magical world view of occultism in place of the naturalism he had absorbed."{15}

Bill Schnoebelen makes an excellent point about the lust for power: "Make no mistake about it, magic and sorcery ARE spiritual. It does not matter if they are 'make believe' magic or not. It is the mind that is the battleground. I just recently had a D&D player who professed Christ tell me that everything he did had Christ in it, because Christ lived in him, even as he was playing D&D. While that may be true of a Christian, the question needs to be asked: is Christ pleased with what His servant is doing? "I used the metaphor of a porn role-playing game, where the participants play acted in various forms of sexual sin such as fornication, adultery or homosexuality. There was no actual sexual touching involved among the players, nor any nudity required. It was all in the mind. Would Jesus be pleased with that? "See, most of us can understand that concept better because most of us are more familiar with the power human sexuality can have over our minds. It is one of the most powerful forces God created within us. Yet, what most Christian gamers do not understand that magic is a kind of spiritual lust. Allowing the concepts of magic and sorcery into our minds awakens within us a kind of sexual itch that has no definable source or cause. It is, however subtle, an itch for power. Magic, at its root, is about power and about rebellion. It is about not liking how God runs the universe and thinking you can do a better job yourself.

"Now of course, we are not saying that everyone who plays D&D is going to end up a sorcerer or a Satanist. But we are saying

that being exposed to all these ideas of magic to the degree that the game requires cannot but help have a significant impact on the minds of the players, no matter if they are Christian or unbeliever, and no matter what the 'template.'

"This is not just chess, football or bridge. This is a game that envelops the player in an entirely different fantasy world in which the power of magic and violence is pervasive. It is a game with a distinct and seductive spiritual worldview that is diametrically opposed to the Bible. Yes, sorcery appears in the Bible. But it is NEVER in the context of a good thing to do. It is always presented as something dangerous and utterly contrary to the will of God.

"The question still stands. Why would a Christian wish to involve themselves in such a game?"{16}

Heart Issue

Onken and Miller offer this insightful analysis of the heart issue:

"[N]either fantasy nor fantasy role playing is wrong in and of itself. When carried out within the context of the Christian world view, it can serve as a useful and creative activity. We are creatures made in the image of an imaginative God, and we should consider it a privilege to possess and exercise this precious gift of imagination. But we must also realize our obligation before God to use this gift in a wholesome way, and to guard against any misuse.

"Discerning the difference between a wholesome use and misuse begins with the question, 'To what end or for what purpose (is the imagination) being exercised in a particular direction?' This certainly appears to be the question Jesus had in mind in His Sermon on the Mount when He stated, 'Every one who looks on a woman to lust for her has committed adultery with her already in his heart' (Matthew 5:28). "If Jesus taught that

lust is tantamount to adultery (which God condemns see Deuteronomy 5:18, 22:13-27), would He approve of the deliberate cultivation and enjoyment of fantasy regarding other things that God condemns? Obviously not. To fantasize about those things that God has forbidden in His Word (immorality, the occult, the pursuit of other deities all elements of Dungeons and Dragons) is tantamount to doing them. This cannot be understood in any other way than a misuse of our God-given imagination.

"With the Bible as our guide, this is what we as Christians must guard against 'so that [we] may walk in a manner worthy of the Lord, to please Him in all respects' (Colossians 1:10)."{17}

Notes

1. "Fantasy Games People Play," Christian Resource Institute, http://www.equip.org/free/DD401.pdf
2. Ibid, p. 2.
3. Ibid., p. 2-3.
4. "Should a Christian Play Dungeons and Dragons?", William Schnoebelen, www.chick.com/articles/frpg.asp.
5. "Fantasy Games People Play," p. 7.
6. "When Games Stop Being Fun," April 12, 2002, http://news.com.com/2100-1040_3-881673.html
7. Gary Gygax, Dungeons and Dragons, basic manual. TSR Hobbies, Inc., 1979, 3. Quoted in "Fantasy Games People Play," p. 4.
8. Moira Johnston, "It's Only a Game Or Is It?", New West, (August 25, 1980), 34. Quoted in "Fantasy Games People Play," p. 4.
9. Fantasy Games People Play, p. 4.
10. Should a Christian Play Dungeons and Dragons?, op.cit.

11. John Eric Holmes, “Confessions of a Dungeon Master,” *Psychology Today* (November 1980), 89. Cited in “Fantasy Games People Play,” p. 4.
12. Fantasy Games People Play, p. 5.
13. Ibid.
14. Should Christians Play Dungeons and Dragons? Op cit.
15. Fantasy Games People Play, p. 5-6.
16. Should Christians Play Dungeons and Dragons? Op cit.
17. Ibid., p. 3.

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“A Woman Has the Right to Decide What Lives or Not in Her Body”

I have been reading the “Answers to E-mails” section of your website. I agree with Sue B. I think that there is no room for small minded views in the 21st century. The church’s viewpoint belongs to and was made for a different time. I am particularly concerned about your views on abortion. Do you not think a woman has the right to decide what lives or does not in her body? You make it sound like women that have abortions are cold and do not care about what they are doing. But it simply isn’t like that. Is it better to bring a child into the world that isn’t wanted? I am 17 and I know if I get pregnant now it would ruin my life and the baby’s. I can simply not give that baby the life it deserves and that I want for it. Is it wrong to plan a stable emotional and financial future for your child?

I’m so glad you wrote.

> *I have been reading the "Answers to E-mails" section of your website. I agree with Sue B. I think that there is no room for small minded views in the 21st century. The church's viewpoint belongs to and was made for a different time.*

I think there is an important difference between small-mindedness, and an unpopular insistence on not departing from what God has revealed to us in His word. "The church's viewpoint" is not timebound and irrelevant; it ultimately comes from God, who created reality and created us and thus has the right to make the rules and dictate the consequences of breaking those rules. One of His rules is, "Don't murder." We can't get away from the fact that abortion is taking the life of one's own child. There are deep and disturbing consequences to making that choice.

> *Do you not think a woman has the right to decide what lives or does not in her body?*

Your phraseology needs to be more accurate: it's a "who," not a "what," that lives inside a mother's body. Once a baby has been conceived, it's a whole new human being inside another. I'm sure you want to empower women to control their bodies—but if you take this position, you are only for the empowerment of ADULT women. What about unborn baby girls? They don't have any power, which is why others have to protect them.

I'm all for women controlling their own bodies. . . to prevent conception in the first place. Once a woman gets pregnant, there are two lives involved and not just hers.

> *You make it sound like women that have abortions are cold and do not care about what they are doing. but it simply isn't like that.*

I'm sorry, I don't know which article you read. A couple of us have written on abortion. My article Abortion explores the

issue and facts of abortion, but the human, personal aspect is completely different. I know better than to think that women who have abortions are cold and uncaring. I know that abortion absolutely rips apart people's lives. I see for myself the aftereffects of abortion in the guilt and shame that last for years in women's lives, and it is my privilege to minister the truth to them that God wants to forgive and cleanse them of their sin.

It's one thing to talk about abortion as a way to undo a mistake. . . but it's so important to never lose sight of the fact that it's killing another human being. That is a huge, serious choice to make. (I notice you didn't mention this.)

> *Is it better to bring a child into the world that isn't wanted?*

Wanted by whom? There are far more would-be adoptive parents than there are available babies. Furthermore, no baby can be conceived without God calling them into existence; HE wants every single child! If the only one who matters is the pregnant woman, then her innocent baby is nothing more than a commodity on the level of the shoes she tried on but doesn't want to buy.

> *I am 17 and I know if I get pregnant now it would ruin my life and the baby's. I can simply not give that baby the life it deserves and that I want for it.*

I'm so glad you see what an unwise thing it would be to get pregnant! Which is why abstaining from sex is the wisest, most mature choice for a number of reasons. And this is also why, if a baby is conceived anyway, giving him or her up for adoption—as excruciatingly painful as it is—is a way to give the baby the life s/he deserves.

> *Is it wrong to plan a stable emotional and financial future*

for your child

No! It's loving, and kind, and mature. That's why it's important to wait to have a baby until one is married and able to welcome him or her into a loving family.

Thanks for writing.

Sue Bohlin
Probe Ministries

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"I Don't Believe in Jesus, But What If. . ."

I was raised into a liberal, and yet Protestant family. As a child I went to church like any other, and even within the past five years I've attended the occasional session. Often people will tell me, "All you have to do is ask God to forgive your sins."

The problem with this, and one that I've seldom been able to ask without feeling alienated, is that within my heart I don't believe in Jesus. And so even assuming I repented and following the Bible to the word, I wouldn't have what is called true faith. This is difficult to explain, but while I want to be a part of this religion if it's real, several parts of it have ill logic. Logic that I can't convince myself to ignore. Here are some comments and questions that I'd appreciate feedback on.

1. If Christianity is such a good thing, then why has it

caused so much death in the past? The Crusades are only one example.

2. When the world is so full of grey, then how can there be a strict set of guidelines that clearly defines right and wrong? If you follow these rules, you'll go to Heaven where everything's inexplicably perfect. If you don't, then you burn in eternal fire. It all sounds a little stretched to me.

3. I've been to sermons, and it's emphasized there that if you don't stay true to His word, then you'll burn in Hell. Doesn't it feel a little selfish to be praying and worshiping a supreme being specifically so that you aren't punished forever? In a few scriptures, there's an implication that you must be concerned with anything but yourself. An oxymoron?

4. Gay people are often criticized for their actions in the world, especially by Christians. I have homosexual friends, and several of them take to it rather naturally. Being hetero myself, I could never have sexual relations with another man and like it. I find it highly unlikely that something like this could be anything but real. Especially given the constant state of harrassment that many of them live in.

5. I've never felt the presence of Jesus Christ in my life. I went to church for years, and the closest thing to divineness for me was hearing women mumble in what I heard as jibberish. Ultimately I would like to believe, but at this point I have absolutely no reason to.

On the other hand, I'm going to tell you why I can't let myself shake the idea that there is no immortal entity.

Christianity has had such a huge influence on so many of the past. The United States of America was founded upon this religion. It's grown to have countless followers now. I inquire to myself, "How could they all have it wrong?"

There are plenty of creative freethinkers who've enveloped

themselves deeply into your faith. John Fitzgerald Kennedy, Adolf Hitler (his own perception of it anyway), etc.

Sometimes when I'm thinking about life and how I got here, I become increasingly afraid of what'll happen when I finally die. Possibly because deep down, I know that there's something I need to fulfill that I've yet to. Whether this is knowing God or something else, I have no idea at this point. I'm hoping that you might have some insight to my questions.

> *I was raised into a liberal, and yet Protestant family. As a child I went to church like any other, and even within the past five years I've attended the occasional session. Often people will tell me "All you have to do is ask God to forgive your sins."*

Sounds like a rather simplistic formula, doesn't it? And there's something in your intellect that rebels that surely, *something* must be missing. And you would be right.

Because true, biblical Christianity is about a personal relationship with a personal God. It's about two beings communicating with each other, and loving each other. It's more than a simple "forgiveness transaction." There are a lot of people who see God as some kind of cosmic vending machine; we put in our coin of "belief" and out comes forgiveness? How hokey is that?>

> *The problem with this, and one that I've seldom been able to ask without feeling alienated, is that within my heart I don't believe in Jesus. And so even assuming I repented and following the Bible to the word, I wouldn't have what is called true faith. </em*
> *I honor you for your intellectual integrity to admit the truth. You are in good company; there are a lot of people who have come into a personal relationship with God through Jesus, who discovered along their journey that the Jesus they didn't believe in was a false Jesus—a too-small Jesus.*

> *So I am suggesting that you investigate the REAL Jesus and not the stereotype you may have been exposed to.*
>
> *This is difficult to explain, but while I want to be a part of this religion if it's real, several parts of it have ill logic. Logic that I can't convince myself to ignore. Here are some comments and questions that I'd appreciate feedback on.*

1. If Christianity is such a good thing, then why has it caused so much death in the past? The Crusades are only one example.

Great question. First, please consider that true Christianity is not a belief system or a religion like the rest of the world religions, but a relationship with Jesus. And every single follower of Jesus is a sinful, fallen, imperfect person who is going to follow Him in varying degrees of sinfulness, fallenness, and imperfection. The validity of Christianity is not the weakness of us Christ-followers, but the strength and truthfulness of Jesus Christ himself.

Many horrible things that were done in the name of Jesus Christ, such as the Inquisition and the excesses of the Crusades, were inflicted by people who were not his followers. Many people have done evil in the name of Jesus, but in the end he will tell them, "Away from me—I never knew you."

While there are mortifying blots on history, I think it's also important to realize that people who understand how to view life and the world from a biblical perspective were world changers. The Christian influence is responsible for the invention and development of hospitals and orphanages. Many schools were founded by Christians. The abolition of slavery and the very foundation of modern science are both based on Christian principles. So I think it's important to see a balance of good and evil, and this is exactly what we would expect from fallen, sinful people trying to live out the

principles rooted in the character of a good, loving God.

> *2. When the world is so full of grey, then how can there be a strict set of guidelines that clearly defines right and wrong? If you follow these rules, you'll go to Heaven where everything's inexplicably perfect. If you don't, then you burn in eternal fire. It all sounds a little stretched to me.*

Let's visit the "back story" that explains why it is we live in a world so full of grey. The world God originally created was perfect and sinless, but man made a choice that plunged us into shades of murkiness. You've probably heard the phrase "the fall of man," but it truly was a fall of gigantic proportions. One of the things that fell when Adam sinned was our intellect, our reason. We no longer apprehend things correctly or accurately.

When God speaks truth to us, when he communicates his set of guidelines that explain how to make life work according to his design, there is now a problem. Two, actually. First, our fallen intellect doesn't grasp what he says as well as it would have before the fall. Second, another thing that fell was our will, and we are all rebellious, stiff-necked people who insist on having our own way and being god of our own lives. So between fuzzy minds and rebellious hearts, it can sure seem like the world is full of grey!

Nonetheless, God was never unclear about his intentions for his creation, and he communicated his set of guidelines very clearly. Interestingly, the same set of written-down laws in the Ten Commandments, are also written on the hearts of all people in all places at all times. We all intrinsically know it's wrong to murder and steal and lie and disrespect God.

The rules are clear—it's our hearts that want to excuse them and find loopholes to justify our bad behavior.

The thing is, no one can follow the rules. Nobody. If we break

one, we've broken the set. There isn't a single person who is good enough to go to heaven. Rebellious, sinful, wayward people (and that is every one of us), left on our own, will enter life as enemies of God and stay what way. If God hadn't intervened, NO ONE would be in heaven.

But he did.

He reaches out to us and offers us one way, the only way, to have a restored relationship with him. Someone had to pay the penalty for our sins, so he sent Jesus from heaven to live a perfect life, showing us what God is like, and then die on the cross in our place. He was perfect and sinless, so he didn't die for his own sins—but for ours instead. Three days later God raised him from the dead to give his life back, and it's that new, resurrected kind of life Jesus offers to those who trust in him.

Heaven isn't a reward for those who did "good enough" to get there, since no one qualifies. It is a place to enjoy an intimate personal relationship with God. A relationship that is entered into as a gift we don't earn and never could.

Hell isn't the place where people go who didn't do enough good to cancel out their bad. When people have spent their life saying "no" to God (and "yes" to doing life their own way, worshiping themselves, or others, or things), it's where God lets them have their own rebellious way forever.

> *3. I've been to sermons, and it's emphasized there that if you don't stay true to His word, then you'll burn in Hell. Doesn't it feel a little selfish to be praying and worshiping a supreme being specifically so that you aren't punished forever? In a few scriptures, there's an implication that you must be concerned with anything but yourself. An oxymoron?*

All of us here at Probe would disagree with those sermons. There are many people who believe God puts people on a

performance standard, requiring us to stay on “the straight and narrow” or we get zapped. It not only overestimates our ability to be good, since we are fallen people, but it underestimates God’s ability to hold onto us. When we receive his gift of eternal life by trusting in what Christ did for us, God gives us a new heart and a new source of power to live a life pleasing to him. But He also understands that change is a process and a journey, and as the Bible says, “He knows that we are but dust.” He knows how incredibly frail and weak we are. Good thing he is strong and powerful, not to mention amazingly loving! The Bible actually says that we can KNOW we have eternal life, and that God will complete what he starts. We disagree strongly that what God gets started in us, we have the power to wreck forever.

The Bible says that our relationship with God is like that of a lover and his bride. We are God’s beloved, and he delights in us. I don’t know if you are married, but I hope if you are, you know what it is for your beloved to have adoring eyes for you. That’s the kind of love we receive from God, and when one is loved like that, it’s easy and natural to love him back and worship him with joy and surrender.

The idea of praying to and worshiping a supreme being for the sole purpose of avoiding eternal punishment is a cruel hoax and a horrible counterfeit of the real thing. Which is why I suggest you find out who the REAL Jesus is, since apparently the one you’ve been hearing about is a gross caricature.

> *4. Gay people are often criticized for their actions in the world, especially by Christians. I have homosexual friends, and several of them take to it rather naturally. Being hetero myself, I could never have sexual relations with another man and like it. I find it highly unlikely that something like this could be anything but real. Especially given the constant state of harrassment that many of them live in.*

Their attractions are real, but not chosen. What is not real is the contention that they were born gay, or that God made them gay. There are certain patterns that show up in the lives of those who experience same-sex attractions: a relational deficit with the same-sex parent and with same-sex peers, a sense of gender insecurity, often the ridicule and rejection of peers. Everyone is created with the need to connect in a deep and lasting way with our same-sex parent and peers, and if that need goes unmet, it can become sexualized with the onset of adolescence. Everybody wants to be loved and accepted, but those who are attracted to those of their same sex didn't get the kind of affirmation that would have allowed them to move on to the next step of emotional development, which is connection with the opposite sex.

> *5. I've never felt the presence of Jesus Christ in my life. I went to church for years, and the closest thing to divineness for me was hearing women mumble in what I heard as jibberish. Ultimately I would like to believe, but at this point I have absolutely no reason to.*

I can well imagine why, given what you have experienced and were taught!

I want to recommend to you a couple of books I think you will find satisfying and challenging. Lee Strobel is a former journalist (he used to be a reporter for the *Chicago Tribune*) and atheist, who tracked down credible sources to answer his questions about Jesus and Christianity. *The Case for Faith* and *The Case for Christ* are both really excellent books. A third book, *Mere Christianity* by C.S. Lewis, would also probably appeal to you.

> *On the other hand, I'm going to tell you why I can't let myself shake the idea that there is no immortal entity.*
>
> *Christianity has had such a huge influence on so many of the past. The United States of America was founded upon this*

> *religion. It's grown to have countless followers now. I inquire to myself, "How could they all have it wrong?"*
>
> *There are plenty of creative freethinkers who've enveloped themselves deeply into your faith. John Fitzgerald Kennedy, Adolf Hitler (his own perception of it anyway), etc.*
>
> *Sometimes when I'm thinking about life and how I got here, I become increasingly afraid of what'll happen when I finally die. Possibly because deep down, I know that there's something I need to fulfill that I've yet to. Whether this is knowing God or something else, I have no idea at this point. I'm hoping that you might have some insight to my questions.*

The Bible intriguingly says in one place, "God has set eternity in our hearts." I think this is what you're experiencing, _____. God made you for a purpose, and he made you to have a relationship with him that is more deeply satisfying than you could possibly imagine. But first you need to find the true God and not the little-bitty false god that is worth rejecting.

I truly respect your position and your intellectual integrity, and I am so glad there are real answers for your important questions.

I do hope this helps.

Sue Bohlin
Probe Ministries

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“I’m a Compulsive Masturbator!”

I hate it that I am overpowered by an addiction to porn and compulsive masturbation. I don’t understand why I just can’t stop it. I really loathe that part of myself. It disgusts me. Can you help?

You and millions of other people, millions MORE now that the internet has invaded our lives!

I serve on the board of Living Hope Ministries, a Christ-centered outreach to those wanting to leave homosexuality. I asked Ricky Chelette, a pastor of First Baptist Church of Arlington (TX) and Executive Director of Living Hope, to share his highly understandable explanation of what happens in an addictive cycle, in a way that has also helped many people dealing with their various besetting sins. He graciously gave me permission to offer his material to answer your question. I hope it helps.

Sue Bohlin
Probe Ministries

Understanding The Cycle of Sin

This is the cycle of sin that I often share with folks that meet with me. Though I designed this visual image for overcomers with same gender attraction (SGA), I have used it with my single adult group as a whole, for I feel the concepts are universal though the vehicles we use to accomplish our end result might be somewhat different.

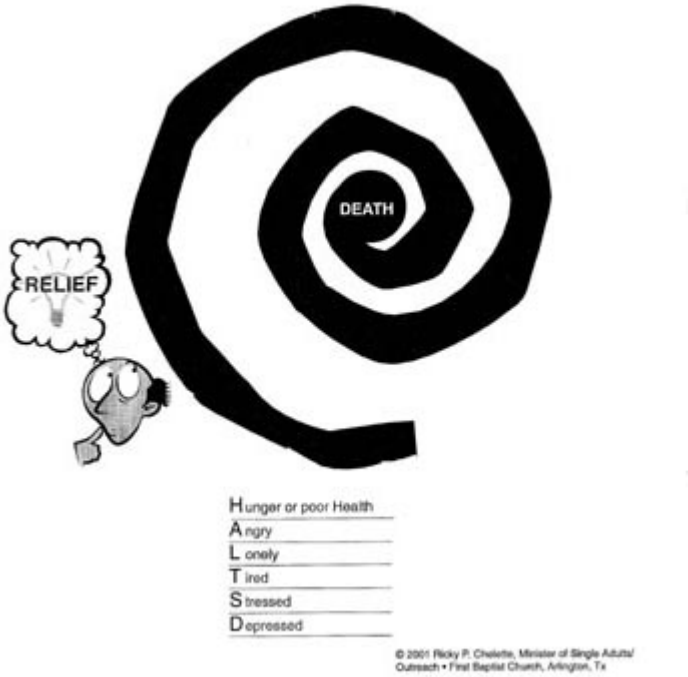
Take a look at this diagram.



You begin the cycle of sin at the bottom of the page where you see the letters and blank lines.
Though many of you think that what triggers you is the sight of a good looking man/woman, I think something much deeper is taking place. Most of our triggers fall into one of these broad categories:

- **Health**
  I am talking about bad health. When you are sick you are open to temptation.
- **Hunger**
  When we are hungry we can feel temptation.
- **Angry**
- **Lonely**
  Need I say more…
- **Tired**
- **Stressed**
- **Depressed**

Whenever we feel one of these feelings or something closely related to one or more of them, we have the thought of RELIEF. We all want relief from the pain, hurt and stresses of our lives.

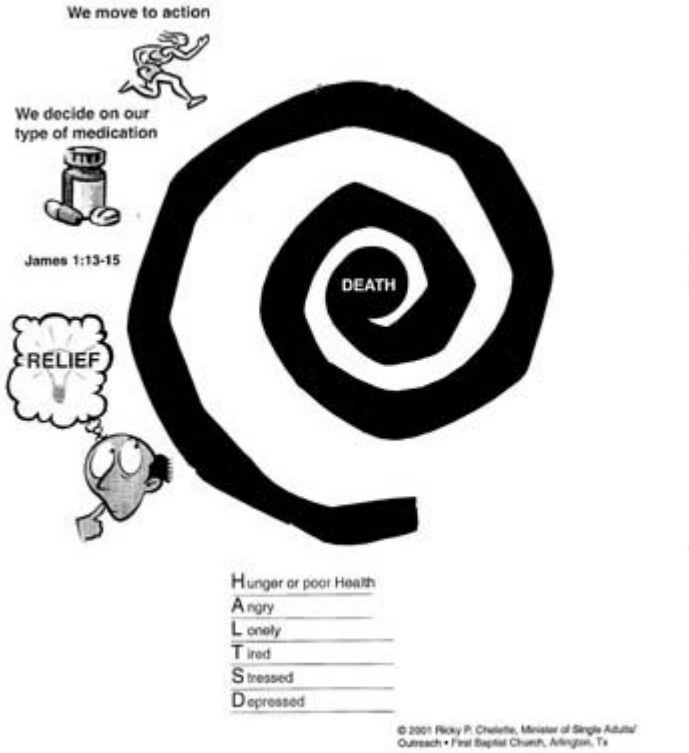


The way that we find relief is to seek some form of medication. This does not have to be actual medication, though it can be and this is how people get addicted to drugs, but it is medication all the same. It is something that causes us to experience pleasure and relief.



So we move from the bottom of the diagram to the thought for relief (the man and the bubble) to the thought of what we will do to medicate our pain and find relief (bottle of pills).

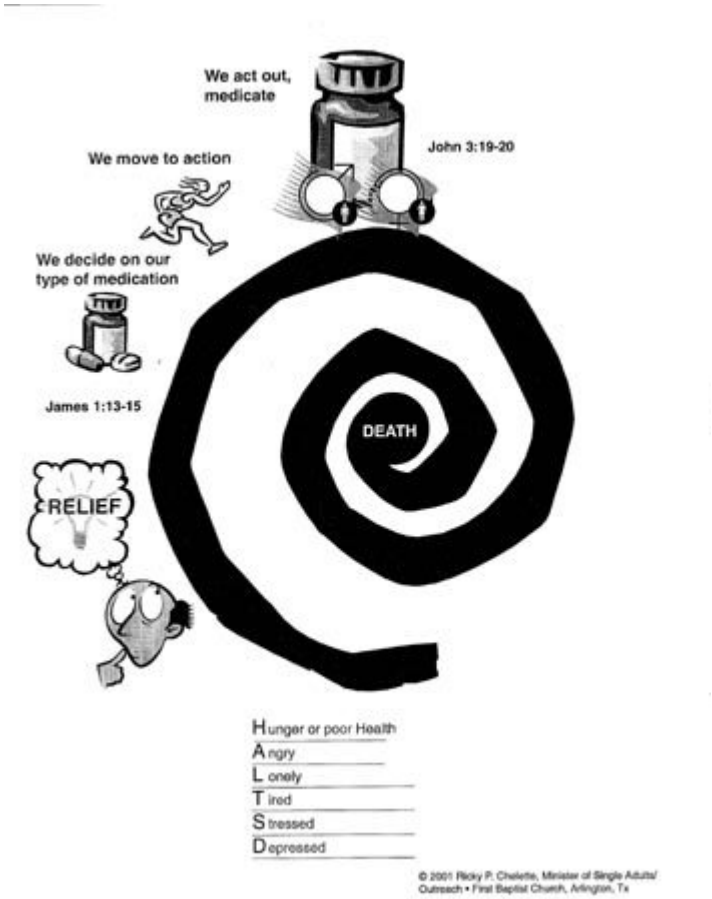
When we decide to medicate our pain we go through some action (the runner) before we actually get to the medication.



Oddly enough, even the action toward the intended medication, is somewhat medicinal itself. For example: If you are going to do the big M (masturbation) for your medication you might get undressed and lay in bed, or jump in a warm shower. If you are going to cruise P (internet Porn) on the internet you might get into something more comfortable and begin the search process. If you are going to act out with another or "cruise," you might get cleaned up and put on some alluring clothing or other articles that would give clues to your intent. Basically, you go through some sort of ritual of preparation. It just doesn't "happen." However, we have done this ritual so many times that it feels quite automatic—we may not even realize that we are doing it. It is at this stage that most people tell me that they feel as though they really can't help themselves—"it is like another person has taken over my body and I am just on autopilot." In many ways, they really are.

I am convinced that once you move from thought to action, it is very difficult if not nearly impossible to stop the ultimate medication/action from taking place. Yes, of course God could intervene, but He has created us with free will and

He rarely interferes with our willful decisions. During this phase of the cycle you are also likely to be producing adrenalin; a very strong chemical that makes a person's heart rate increase, increases their blood pressure, and gives them a sense of invincibility.



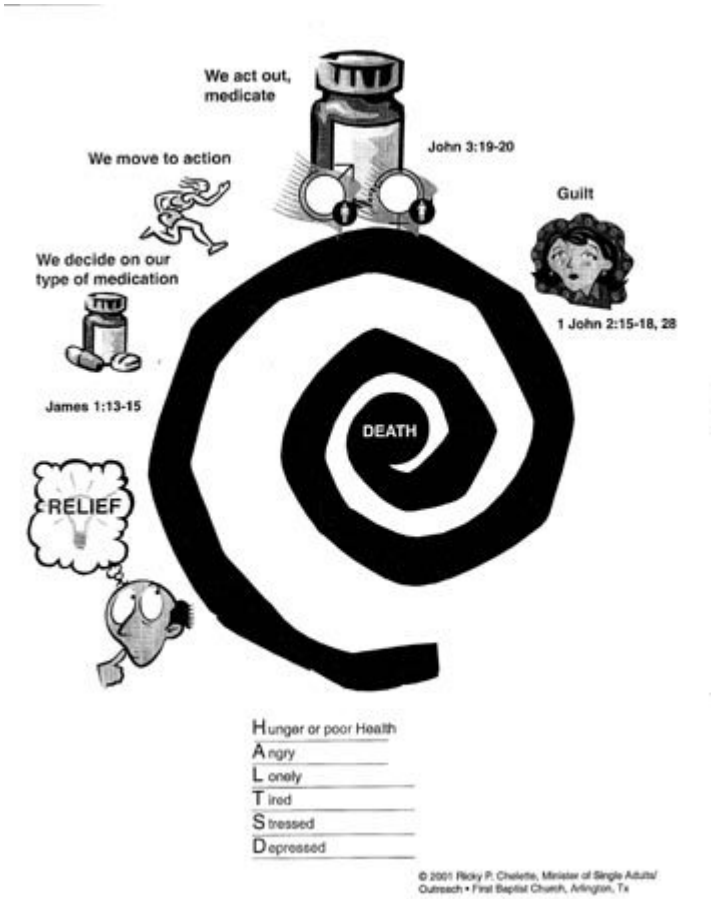
Finally, you carry out your medicative fix by doing the big M or having sex and achieving an orgasm in some way. When you do this, your brain produces a chemical called endorphin. This chemical is extremely strong, some say even ten times stronger than cocaine.

Every time you achieve an orgasm or act out in some way to achieve your medication, endorphins are produced and your body responds in a very predictable way. This is why you get that feeling of pleasure, euphoria, or peace when you orgasm (medicate). There are actually chemicals being produced in your brain that make you feel good. The preparation for the orgasm also can produce these chemicals (remember Pavlov's salivating dogs?!) but not in the same quantity or intensity

as the orgasm itself. (Now you are at the top of our diagram—medicine bottle)

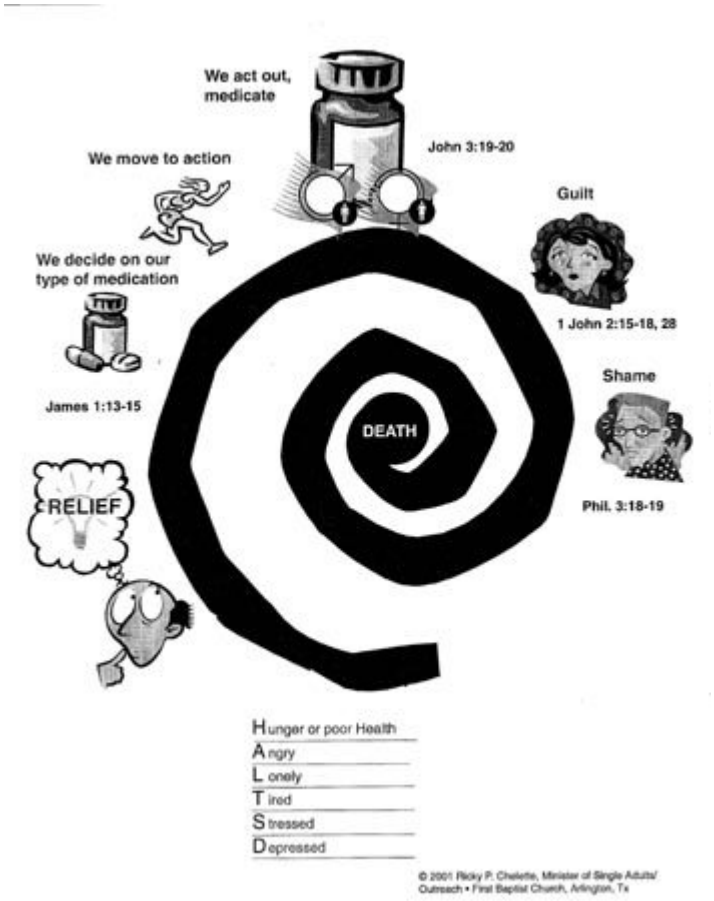
I want you to think of your brain as a CD. Each time endorphins are produced, you burn another track on that CD. If you keep playing the same tune (producing the same chemical) over a period of months/years, you burn a rut in your CD and it is very, VERY difficult to get out of that rut. It is a universal, psychologically proven fact. We establish pathways in our brain that demand that we do certain things and get our fix. Thus, we continue to the cycle of medicating our hurts. . .

However, like every high, it is followed by an equally powerful low. The low begins as the chemicals in our brain are absorbed and assimilated into our bodies. We first begin to feel guilty (the lady that is crying on the diagram).

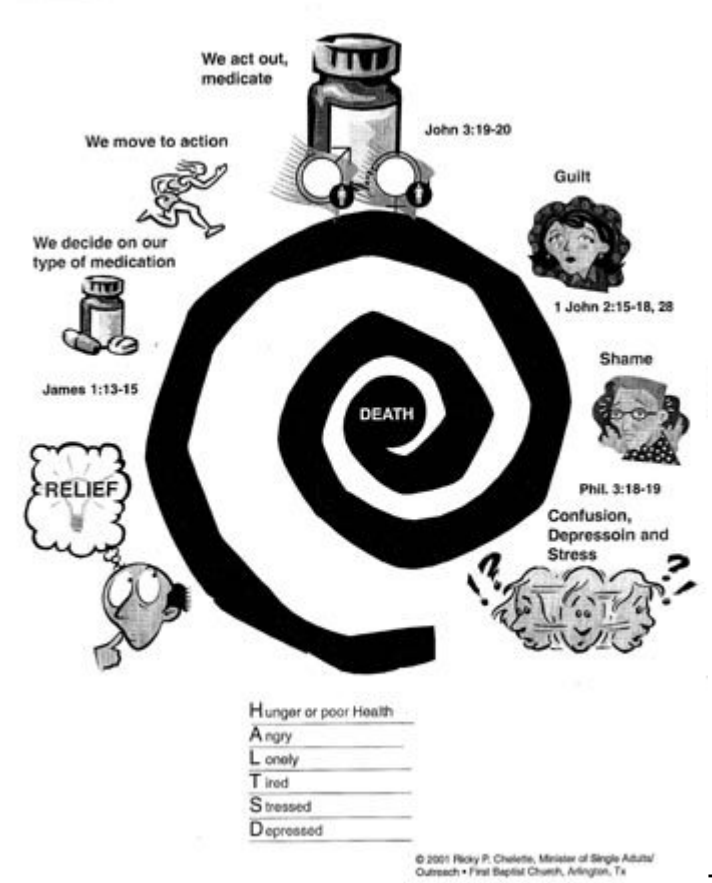


I believe that guilt and conviction are really good things. I see them as a way that the Spirit of God brings correction and

discipline to our lives. However, many times we feel guilt, but we don't confess and repent. We simply feel guilty. We do this because we think that God will not hear our prayers. . .again, for the thing that we seem to keep doing over and over. As a result, not too long after we feel guilt, Satan comes in and uses our sense of guilt to make us feel shame (the man that looks perplexed).



Shame, I believe, is of the devil. The difference between guilt and shame is that guilt is over our actions—things we do. Shame is feeling bad about who we are—our sense of self. Shame causes us to review the lies of Satan and our old tapes that tell us that, "I am worthless. God doesn't really love me. I am a loser. No one will ever love me. I will never be rid of this sin. I am gay. Etc., etc."



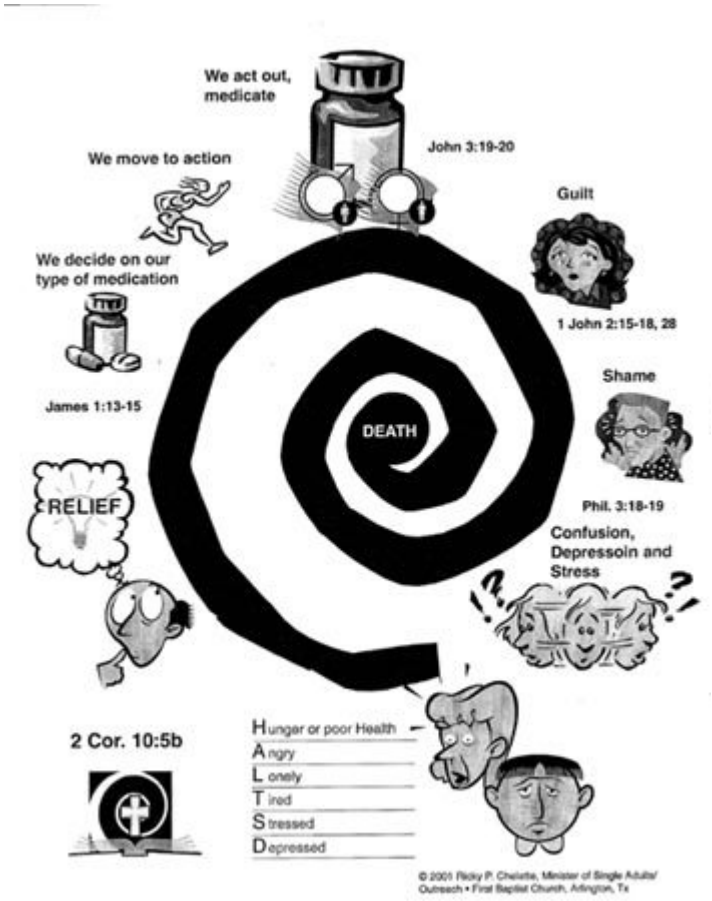
These self-loathing statements do nothing but drag us further down the cycle so that we become confused, stressed, angry, lonely, etc. (the confused triple-headed person). And where does that lead us?

Back at the beginning of the cycle to keep repeating our sin again and again..

You should also notice that this spiral makes an inward progression that ends at a black hole. You see, what happens with our desire to medicate is that each time we do it, it takes a bit more stimulation to get us to the place that we have the same medicative results. We constantly need more. That is why the spiral is a spiral and not just a circle. It draws us in, deeper and deeper, until we reach the black hole—DEATH. James 1 says when sin is complete it will brings forth death: spiritual death, emotional death, and even physical death. The process is gradual most of the time, but it is guaranteed.

Take for example the person who starts out just looking at a

“Men’s Health” magazine. Nothing wrong with that really. But there are some buff men that have their shirts off. They get excited about that, do a little lusting and masturbate and then they decide to find some porn on the internet. At first it is “mild porn” and then they have a need to find more explicitly sexual pornography, etc. Before you know it that is not enough for them and they search for chat rooms. They start chatting dirty and eventually they decide to call and talk with someone. They won’t meet. At least not this time….. But sooner or later chatting is not enough and they meet… and they have sex…. and you know the rest of the story….



Our desire to medicate will take us further and further down this path of destruction. The results are guaranteed, but so is its destructive end.

So how do we break the cycle of sin in our lives?

I really think that there is only one opportunity for us to break the cycle. I think that we have to learn how to cope effectively and Biblically with our triggers.

If, when we realize that we are experiencing a trigger, we want relief (which we all do naturally) this is OK. However, this is where the discipline comes in. When we want relief we have to move from seeking to medicate our pain with acting out, to taking that need to medicate to the One who is the Great Physician—God. We have to go to Him, at this early stage, and tell Him what we are experiencing; what is going on with us; and ask Him for help. We have to do what 2 Cor. 10:5b says, "Take every thought captive to the obedience of Christ." Every thought… not just some, but especially those that seek relief.

If we do this, we are able to kick ourselves out of the cycle of sin and find victory and freedom in Christ.

Is it that easy? Absolutely not. It is hard work. Many of you have not yet learned how to identify the triggers and that will be your first step. But with God's help, it is doable.

Now, don't think that this is just a struggler thing. It is not.

Here's another example from my wife who does not struggle with SGA issues at all (thank God!). She is a nurse in ICU; a very stressful job. She is also a self-proclaimed chocoholic (any ladies relate to this?). Many times, when things are going bad at work (stress trigger), she says she can "hear" the candy machine calling her name (need for relief). She puts things in order with her patients (action/ritual) and sneaks out to the machine (more action) and eats a candy bar (medication). After she eats it she gets an insulin rush (sugar high) which makes

her feel all euphoric and wonderful only to be followed by a sugar low which makes her feel guilty and convicted because she knows that she shouldn't handle stress by eating. She then can easily slip into a shame cycle of self-loathing thinking that she is too fat (which she is not), out of control, etc. and the cycle begins again. [She told me I could share this as this diagram has helped her understand you and herself better.]

The same could be said of people who shop when they are triggered, spend money, drink coffee, become violent, use drugs or alcohol, etc. Same triggers, different courses of medication, different chemicals produced (sometimes), but all ending in the same results.

Well, I hope this makes some sense to you and is helpful to you in visualizing and getting a handle on what is taking place in your life. I would really encourage you to memorize the 2 Cor. 10:5b passage and the James 1:13-15 passage as these can help you in directing your thinking when you begin to think "RELIEF"—it will point you to Christ rather than to medication.

"How Do We Know God's Will About Infertility?"

I have a few questions. First, does God cause everything to happen or does He just allow most things to happen? I know that He can make good results out of things that seem bad to us, but did He make the thing happen because it was what was best for us, or did it just happen as a result of free/human will? I know that God certainly CAN make things happen, but I just wonder how often He does. It seems that we thank God for

the good things that happen in our life. And we should! But is it then right to "blame" Him for the bad in our life? Or maybe not so much blame, but just thank Him for the bad too because we know it's ultimately for the best? Or maybe we shouldn't thank Him or blame Him for every little thing, because maybe some things just happen. But typing that out – it just doesn't sound right.

Many things make me wonder this, but on a personal level, it's in regards to my and my husband's infertility. Did God cause this to happen because we must learn something from it, or did it just happen because we live in a fallen world where things like disease, infertility, and bad things as a result of sin and our free will are just going to happen?

Also, in regards to our infertility problem, how do we know what God's will is for us? We have been trying for 2 years now. We've had advanced and expensive treatments that have failed. Sometimes people tell us to "just trust God." But what do they mean, that we should stop pursuing treatments and just let it happen naturally? I mean, we have medical diagnosis that need treating… one would do the same for a cold, or flu, or cancer right? They would seek help. I feel the same way about infertility. Do you have an opinion on that? Now, maybe by saying "Just trust God," they mean not to worry so much. And that I can understand. I know that God has a plan and that it will be perfect for us. So I do need to not worry so much. It's just a very emotional issue!

But as far as knowing God's will…. I mean, I just wish I knew if His will for us was to never be parents, or to adopt, or to keep trying for a biological child. We pray for guidance, but it's hard to tell if we're "hearing" God or just doing what we want to do. If I ask God to "speak" to me, will He always? How will I know it is God rather than just myself telling myself, "it's a sign?" Does that makes sense?

Oh, and I don't know what your thoughts are on fertility

treatments. We have done in vitro fertilization but we do not believe in destroying any embryos. We also only put in as many as we'd be willing to carry and froze the rest to use in another cycle. We would never do selective reduction or kill an embryo. So I hope if you have time to reply, that you don't automatically say that we should stop fertility treatments because they are immoral… unless you think they are for another reason that I have not mentioned and that you might enlighten me with.

Thanks for your trust in us to help you think through these important issues.

> *I have a few questions. First, does God cause everything to happen or does He just allow most things to happen?*

Ultimately, I think it's really a matter of semantics because of the biblical teaching that God is sovereign. Bottom line is, nothing happens to us without His permission, so whether He proactively caused it to happen or He allowed it to happen, it still has His fingerprints all over it and He has a purpose in it before it ever reaches us to begin with.

> *I know that He can make good results out of things that seem bad to us, but did He make the thing happen because it was what was best for us, or did it just happen as a result of free/human will? I know that God certainly CAN make things happen, but I just wonder how often He does.*

"Just happening" sounds a lot like "accident" or "coincidence." And in a universe where God is sovereign, there are no accidents. Nothing "just happens" apart from His permission. God is big enough to use both things He directly sends to us, as well as indirectly such as through people's choices, to accomplish His purposes. The "how often" part is a shrouded mystery that He doesn't let us in on. There's no way to know that, only to speculate.

> *It seems that we thank God for the good things that happen in our life. And we should! But is it then right to "blame" Him for the bad in our life? Or maybe not so much blame, but just thank Him for the bad too because we know it's ultimately for the best? Or maybe we shouldn't thank Him or blame Him for every little thing, because maybe some things just happen. But typing that out – it just doesn't sound right.*

Absolutely! And that's why God calls us to always give thanks for everything (Eph. 3:20). From our very limited perspective, we don't always know the difference between the good things that happen in our lives, and the bad things. The biggest example of that is the horror and pain the disciples experienced when Jesus died, which devastated them because they thought it was a bad thing, but it was the very best thing that ever happened-until right around the corner, an even better "best thing" happened, when Jesus was raised from the dead. When we give thanks for what feels like a bad thing, we are relinquishing it into God's hand and affirming our trust in His goodness and His sovereignty. (By the way, this is one of the major lessons God has taught in my Christian walk. I invite you to read my story, which I call "How to Handle the Things You Hate But Can't Change" here: www.probe.org/how-to-handle-the-things-you-hate-but-cant-change/)

> *Many things make me wonder this, but on a personal level, it's in regards to my and my husband's infertility. Did God cause this to happen because we must learn something from it, or did it just happen because we live in a fallen world where things like disease, infertility, and bad things as a result of sin and our free will are just going to happen?*

Unfortunately, God often doesn't let us know the "why" of our trials. But when you consider that He calls us to honor him in the midst of our suffering (1 Peter 2), then the reason behind

them doesn't matter as much as our response to them.

> *Also, in regards to our infertility problem, how do we know what God's will is for us? We have been trying for 2 years now. We've had advanced and expensive treatments that have failed. Sometimes people tell us to "just trust God." But what do they mean, that we should stop pursuing treatments and just let it happen naturally? I mean, we have medical diagnosis that need treating… one would do the same for a cold, or flu, or cancer right? They would seek help. I feel the same way about infertility. Do you have an opinion on that? Now, maybe by saying "Just trust God," they mean not to worry so much. And that I can understand. I know that God has a plan and that it will be perfect for us. So I do need to not worry so much. It's just a very emotional issue!*

Yes, I think that God's command to Adam and Eve to exercise dominion over the earth was the overarching principle that resulted in modern science. So, if there's something that can correct infertility, it makes sense to do what we can (and what we can afford, while still remaining good stewards of the money God has put in our hands). Of course this is an emotional issue for you. . . it's much more than just a command to "be fruitful and multiply," it's also the desire of your heart which God put there as an element of your femininity and your husband's masculinity!

> *But as far as knowing God's will…. I mean, I just wish I knew if His will for us was to never be parents, or to adopt, or to keep trying for a biological child. We pray for guidance, but it's hard to tell if we're "hearing" God or just doing what we want to do. If I ask God to "speak" to me, will He always? How will I know it is God rather than just myself telling myself, "it's a sign?" Does that makes sense?*

Boy, it's hard when we're trying to discern God's leading, isn't it?

Here's one way to look at it: God will not open a door that violates His will for you. Which is how fertility clinics can put all the right chemicals in a Petri dish, add eggs and sperm. . . . and the stuff just sits there and no baby is made. Only God can create life. (And yes, we can theoretically force a clone, but we can't control whether or not a healthy baby makes it to full-term delivery.) Which is why you have to go with the biblical principles, which are to be fruitful and multiply. If you try in vitro and God doesn't bless it, He is speaking His will to you. You can try to adopt and if God doesn't allow an adoption to go through, He is speaking His will to you.

I think the best route is to commit your desire for children to the Lord, ask Him to guide you, and then move forward, trusting Him to take care of the details. If you have submitted yourselves to the Lord about this issue, then you can rest in Him and in His love for you that He will be faithful to lead you. (My guess is, that describes how you've been living already. . .??)

I do think that often, God leads us through His peace (consider Col. 3:15, "Let the peace of Christ rule [act as umpire] in your heart. . ."") or the lack of it. I often counsel people, "Go to where the peace is." After praying much about it, you probably don't have any peace about the idea of never being parents, for example, which would constitute direction to continue to seek His ways of getting His children into your family, whether by adoption or biology.

> *Oh, and I don't know what your thoughts are on fertility treatments. We have done in vitro fertilization but we do not believe in destroying any embryos. We also only put in as many as we'd be willing to carry and froze the rest to use in another cycle. We would never do selective reduction or kill an embryo. So I hope if you have time to reply, that you don't automatically say that we should stop fertility treatments because they are immoral… unless you think they*

> *are for another reason that I have not mentioned and that you might enlighten me with.*

Nope, we don't think they're immoral; we think that using the criteria you specified, that is the God-honoring and life-honoring way to do it.

I hope this helps. I don't have a crystal ball to tell you what you should do, but I CAN encourage you to daily give thanks for your fertility problems, give thanks for your desire for a baby, give thanks that God is in control, give thanks for His faithfulness in guiding you in the process, and give thanks by faith for the baby He has for you, however He chooses to do it.

(And by the way, we experienced secondary infertility after our first baby died, so I have prayed these prayers myself. We have two sons.)

Blessings to you!

Sue Bohlin
Probe Ministries

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"How Do You Explain Knowledge of Past Lives Unless It's True?"

On the History Channel I saw a program on reincarnation, in which a woman named "Jenny Cockel" had memories of being in

Ireland. She remembered facts about her previous life, such as the name of her eight children. She drew the correct map of her childhood town, gave an accurate description of her house etc. These things were later found to be true. How can a woman remember the name of her 8 children, the place where she lived, what was in their house (two oval-shaped photos, one of her and a child and the other of a soldier) this accurately? Is there any other proof of people more solid than this of people remembering their past life? Her past life son says what she says is exactly correct, and only she could know it. Please see this program on the History Channel. Please tell me something about other solid experiences that support reincarnation.

Since the Bible's teachings do not allow for reincarnation to be true ("It is appointed unto man to die once, and after that comes judgement," Hebrews 9:27), we believe that the type of information given to people like Jenny Cockel is the result of the deception of demons. These fallen, sinful beings have been around people since Adam and Eve. They know all kinds of information not available to people naturally, and they will feed this information to those open to believing it.

This is similar to the stage "psychics" who have their shills circulate among the audience, picking up information that the "psychic" would never know on his own, and then this outside information is fed to the performer via a small earpiece receiver. When he reveals it publically, people are impressed with his "supernatural" knowledge.

Demons have no trouble knowing geography to be able to feed someone specific map information, nor do they have trouble collecting genealogical information on a family, or descriptions of physical artifacts, to feed someone. (Demons are sneaky. They can't read minds, but being spirits, they can speak in ways that we think it's our own thoughts. That's what I mean by "feeding.")

(For a purely natural explanation, it's also possible that people gained information from reading books and other sources that they forgot about.)

I hope this helps.

Sue Bohlin
Probe Ministries

"Why Doesn't the Bible Specifically Condemn Father-Daughter Incest?"

In "How Can a Just God Order the Slaughter of Men, Women and Children?" your author quoted the Bible as saying incest with someone's daughter was forbidden. I have Revised Standard Edition of the Bible, and I have noticed that in this version, at least, it says "You shall not uncover the nakedness of your son's daughter or your daughter's daughter, for their nakedness is your nakedness."

Out of this whole long list of people (relatives) one is not supposed to have sexual relations with, in Leviticus 18, only the daughter is omitted. I have always wondered about this. You could say, well, it's inferred that someone should not commit incest with one's daughter. But why list all the other relatives one by one, and leave out the daughter??? It seems very suspect that the author of Leviticus would make a very detailed, explicit list, and yet still leave out the daughter.

As an incest survivor, this bothers me greatly that even one version of the Bible would have this translation.

My heart hurts for you. I am so sorry to hear about your sexual abuse. Did you know that the Hebrew word for incest is "confusion"? Appropriate, isn't it?

You're right, there isn't a specific prohibition against father-daughter incest in the Bible, although I do believe it is covered under Lev. 18:6, "None of you shall approach any blood relative of his to uncover nakedness; I am the LORD."

I found this interesting statement on a website (www.arlev.clara.net/lev038.htm):

> ***Father and Daughter***
>
> *It needs to be noted that sexual relations between a father and his daughter aren't mentioned as being forbidden in either this passage or chapter 20 which follows. This is a tricky problem but it seems best to follow Wenham's explanation on this in seeing this prohibition as already in existence amongst the Israelites and so not repeated here.*
>
> *The implication of Genesis 19:30-38 appears to be that such a union was unacceptable in the eyes of the natural culture of the tribes and didn't warrant a comment forbidding what was already accepted as illicit.*
>
> *Wenham notes (page 254) that:*
>
> *It is expressly forbidden both in the laws of Hammurabi . . . and in the Hittite laws . . . In other words these regulations extend the prohibitions on incest already accepted in other parts of the ancient Near East*

Since even the Gentiles knew that incest with one's daughter was unthinkable, perhaps that's why the umbrella prohibition of Lev. 18:6 was understood to include one's own daughter.

I also checked with a great friend of Probe, Dr. Reg Grant (professor at Dallas Theological Seminary), who also added

this:

> *I went to the NET Bible and found this little note on 18:6 (which is the place I would have taken her as well):*
>
> *Heb "Man, man shall not draw near to any flesh of his body/flesh." The repetition of the word man is distributive, meaning "any" [or, "every"] man (GKC 123.c; cf. Lev 15:2). The two words for flesh are combined to emphasize the physical familial relatedness (see Hartley, Leviticus [WBC], 282 and Levine, Leviticus [JPSTC], 119).*

It's interesting to me to see the emphasis of the Hebrew in Lev. 18:6: first, literally, "no man, man," indicating that this is across the board for EVERYONE, and secondly, the repetition of both Hebrew words for "flesh" (literally, "flesh of flesh to him") to cover *every* family relationship.

I hope the fact that the unspeakable horror of father-child incest is not specifically forbidden in Scripture does not make you feel that it is any less heart-breaking to God than it is. There are no words for the depth of my compassion for anyone who has to live with the soul-wounds of this horrible sin and trauma. Again, I am so sorry.

Sue Bohlin

Probe Ministries

P.S. A reader sent an email responding to this article, suggesting that the prohibition in Lev. 18:17 ("You shall not uncover the nakedness **of a woman and her daughter**; you shall not take [in marriage] her son's daughter or her daughter's daughter, to uncover her nakedness they are close relatives, it is evil counsel") also works to include daughters and step-daughters.