

“I’m Looking for a Way to Deprogram Homosexuality”

I’m a licensed counselor looking for ways to de-program homosexuality.

I’m afraid we don’t know any formulaic means for de-programming homosexuality. And neither Probe nor Living Hope Ministries (a ministry that helps people with unwanted homosexuality) does “conversion therapy.” In my 20+ years with LHM, the only method I have seen that makes a difference is the time-honored process of Christian discipleship, where we point people to Jesus and walk with them in submitting to Him and His word, cooperating with the Holy Spirit in facing the wounds and hurts of the past and grieving them, forgiving those who hurt us, and obeying God’s commands because they are given to protect and bless us. The fruit of this process is transformation from the inside out (Romans 12:2), because Jesus doesn’t make things better, He makes things new.

What I have personally witnessed over and over is that God helps the person reframe their understanding of their lives, especially the hurts of the past (and there is always pain in the past) and their sinful responses to those hurts. This is true of any believer, not just those dealing with homosexuality. As the person invites Jesus to be Lord over more and more internal real estate, He brings change and understanding. For example, I keep seeing that men reframe their craving to connect with other men sexually as their heart’s cry for healthy attention, affirmation and affection from other men, either (or both) a father figure, or a best-friend kind of relationship. In women, I see that women reframe their craving to intensely connect with another woman, as their heart’s cry for those same 3 As from a mother or a

best friend. When those legitimate needs are met in healthy relationships with other believers, the craving subsides. One of my closest friends, who spent 25 years as a lesbian activist before becoming a Christ follower, says that what used to be screaming in front of her face (her same sex attraction), is now white noise in the background of her life. It's not totally gone, and she can feed it when she's stressed which means additional temptations, but its control over her life has been replaced by intimacy with Jesus and with healthy relationships with women.

I don't know how this happens outside of the grace and power of God in a believer's life and in the context of community, because we need each other.

I'm glad you asked. And by the way, I see from your email address that you utilize EMDR in your therapy. God bless you for that! I am the beneficiary of its effectiveness as I have seen my husband healed of childhood traumas through EMDR. A number of the people at Living Hope—and friends fro church as well—have found EMDR helpful in their counseling, which makes sense because trauma is part of so many people's stories who now deal with same-sex attraction.

Blessing you today,

Sue

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“How Could Jesus Take Our

Sins on Himself If God Cannot Tolerate Sin?"

How was it that Jesus, considering He is fully God, and God is not able to have sin anywhere near Him, can take all of our sins on Himself? Having trouble wrapping my mind around this. I fully believe what Jesus did, however, this is a bit confusing for me.

Great question.

You are operating with a misunderstanding common to a LOT of people, that "God is not able to have sin anywhere near Him." That's not true. First, consider Job 1, where the Holy Spirit pulls back the curtain on heaven and we see Satan striding confidently into heaven's throne room. God allowed the most evil of creatures access to Himself. Second, consider the incarnation, where the Son wrapped Himself in human flesh and entered the sin-filled world where he was literally surrounded by nothing but sinful people His entire earthly existence.

I think it's helpful to look at Habakkuk 1:13, where the prophet writes, "Your eyes are too pure to look on evil; you cannot tolerate wrongdoing." This is Habakkuk's perspective on God, but it is not teaching doctrine. We know from Job 1 that while He is pure, it does not prevent Him from looking on evil. We also know that God is so longsuffering, He does tolerate wrongdoing. He just won't tolerate it forever.

Does this help remove the obstacle to acknowledging that the Holy One can take all our sin into and onto Himself while on the cross? Even without fully understanding what a deep mystery it is?

Blessing you,
Sue Bohlin

Thanks so much for getting back to me and yes that helped and yes it is very deep and mind boggling. And what is it that they say? To completely understand something like that we would then have the mind of God, right?

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“Can God Create a Rock Too Big for Him to Lift?”

I am a young adult who is just beginning to really dig deep into Christianity and what it truly is, and I was presented a statement from one of my past teachers that has haunted me ever since.

We were having a civil conversation about religion and other such topics until I revealed that I believed in God and Christianity. This was immediately (and somewhat sharply) met with a stymieing paradox that goes like this: If God is to be an all-powerful and omnipotent being, then clearly He must be able to do absolutely anything, such as create a rock that cannot be lifted by anyone in all of existence and so forth. But, if God can create an “un-liftable” rock, then that would technically rule out God Himself being able to lift that rock. Therefore, there is something God cannot do, and as a result He is not truly omnipotent.

Now of course I could not answer that question (as I am, as most young teens are, uneducated on answering mystifying questions such as those) and was left to a feeling of defeat and eventually that sinking feeling of having everything you believed in being disproved in one, simple statement.

Can you answer this question to calm those little poking words?

This question has been posed by many people attempting to stymie believers, and there are some really good answers. The bottom line is that God cannot do what is inherently impossible because it's illogical and irrational, such as make a square circle, or lie and deceive us because He is perfect and He is truth. The problem is not power. The problem is a category error.

I love how Dr. Sean McDowell answered this question: youtu.be/iH4j_jikWXs

You may also enjoy how GotQuestions.org answered this question: www.gotquestions.org/God-rock-heavy-lift.html

Hope you find this helpful.

Sue Bohlin

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“How Would You Respond When Someone Prefers to be Called by Their Opposite Gender?”

Sue, my friend texted me this:

“How would you respond (or how have you responded) when someone prefers to be called by their opposite gender? I had a man correct my daughter (she's only two, almost three) today

because she referred to him as 'he.' I told him out of deep love for him I could not in good conscience refer to him as 'her' but how do I explain that to an almost three-year-old?"

I answered, "Oh wow. That hasn't happened to me yet. My big kids know and we said that sin clouds their judgment and how they see/feel so they think they will be happier living life as a different gender, but then we remind them that God doesn't make mistakes and He chooses gender. He made us in His image (like Him) and His design is perfect . . . people mess it up, not Him."

I tried, but would love to learn from your response also!

Sweet friend, LOVE your answer!! I would explain that sometimes people are confused in their thinking. God made that man a boy and so that is what we call him.

How do you lovingly respond to the gender confused person?

It depends on how the conversation goes, but I would remain warm and cordial while not backing down by embracing a delusion.

Think "The Emperor's New Clothes." Just because everyone appears to be celebrating something that doesn't make sense, doesn't make it true. And just as the crowd shushed the little boy who piped up with what everyone could plainly see—the emperor didn't have any clothes on at all—people are being shushed and canceled when they speak up about the transgender delusion.

One of the reasons the transgender folly continues is people going along with the game of pretend. (And when I say "transgender folly," I am referring to the ideology, not the people caught up in it who need compassion, not judgment. I believe they are objects of spiritual warfare, being attacked by the enemy of our souls through an insidious lie. Just like in Genesis 3.)

When the man crossed the line to correct a stranger's little girl, he escalated from confused soul to transgender activist. And activists want the whole world to agree with a delusion. A lie. And we need to push back.

If it were me, I would suggest saying to my child, with a kind voice, "This man is playing a game of pretend, but we're not playing that game." This of course would infuriate the man, but he is deliberately pushing an agenda of unreality on the world in general and my child in particular, and that's not okay. It's my responsibility to teach and defend truth to my children, and here's a guy lying to my child and instructing her to participate in that lie.

It's one thing to present oneself as the other sex, and quite another to cross the line into "incorrecting" a child who could see for herself that he was male! I would let my Mama Bear come out—with gentleness and respect, as 1 Peter 3:15 says—but firmly stating the truth in the face of an egregious lie.

Blessing you,
Sue Bohlin

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“Our Granddaughter is Severely Confused About Her Gender Identity”

I just read an article by Sue Bohlin on [transgender](#) and God's

view on it. We completely believe our granddaughter is severely confused and we believe her gender identity is being greatly influenced by the people she is hanging out with. She is almost 22, we have told we love her unconditionally but do not support her lifestyle as it goes against God's Word. She understands that we will not compromise our faith and what the Word of God says. But we have been reaching out to pastors and they have offered zero spiritual guidance. In fact they really do not want to discuss it. Our pastor told me to buy a secular book on homosexuality from Amazon. I told him I do not need or want the world's view on it, I need spiritual guidance. He had nothing. I'm reaching out because I agreed 100% with what Sue said and we still need spiritual guidance. We love our granddaughter and pray for her all the time but we are struggling with how to deal with it.

I am so very, very sorry for the pain you are experiencing in this spiritual battle. The enemy has gone after your beloved granddaughter, deceiving her with lies and demonic schemes about her true identity. You are undoubtedly right about the influence of the people she's hanging out with, and that would extend to (and may even entirely consist of) the voices she is listening to on social media.

In terms of how to deal with it, let me encourage you that you are already doing the two most important things: loving her and praying for her. Your love will be a beacon for her to find her way out of spiritual darkness back to truth, and your prayers are powerful for the pulling down of strongholds (2 Corinthians 10:3-4). This is a battle that has to be fought on your knees, using the supernatural weapon of prayer. Trying to convince her out of her delusion won't work; it has to be God's power.

You will need encouragement from others who are also in the battle for their children and grandchildren. Let me suggest two places to find that. One is the Friends and Family forum at Living Hope Ministries. www.livehope.org. The other is to

request access to the private group “CHANGED Movement” on Facebook, where you will find very encouraging testimonies from those who have come out of the LGBTQ community.

Let me close with a story I hope encourages you.

A couple were heartbroken that their daughter had jumped into the LGBT community and identity, and needed to know what to do about it. On the recommendation of a mutual friend the husband called me; as we talked, the Lord dropped an idea into my head, which he followed.

He took her out for a meal and said to her, “Sweetheart, I want to tell you something, and I’m only going to say this once, so pay attention.

“Your mom and I see that because of your choices, it’s like you’re on the Titanic, and we know that eventually it’s going down. But we’re out here in a lifeboat, rowing around the ship, and we will never stop rowing. We’ll be here to love you and pray for you, and we’ll be here to help you when you realize you’ve got to get off a sinking ship.” They were so faithful in daily praying for her.

Ten years later, their daughter showed up on their doorstep. When Dad opened the door, the daughter asked, “Are you still in the rowboat?”

That was *ten years later*.

And many many prayers later, they just celebrated the one-year anniversary of her repentance . . . of her recognizing the ship was sinking and she got in the lifeboat with her parents. This man said that in all his many years, he has never seen such a full and beautiful repentance as what his daughter exhibited.

Recently, in fact, he and his wife and their daughter stood in front of his Sunday School class to tell their story. For the

first time, the daughter told her side; can you imagine what it was like for the parents to watch their beloved daughter give testimony to God's goodness and her parents' faithfulness in praying for her? In fact, she had sent an email at one point that said, "Mom and Dad, thanks for never giving up rowing."

The dad had also told his story to a men's conference, sharing the rowboat part, and said the other men, all fathers who would do anything for their children, were in tears. They all understand how hard it is, especially as men designed to "fix" things, not to be able to fix their children's hurt or destructive choices or the consequences of those choices. But the power of a praying parent can redeem the pain and the choices and the consequences.

So. . . don't give up rowing!

And [please hear my voice being very very gentle here] let go of your expectations for God's timetable. He knows how long it will take for her to see the light, in a way that will bring the most glory to Him and the greatest benefit to your granddaughter.

I'm sending this with a prayer that God does amazing things in your family. Please remember—if it's not good yet, God's not done yet!

Warmly,
Sue Bohlin

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Vaccination Hate

Many of us are familiar with the destructive effects of the Covid pandemic: besides death and long-term weaknesses, we have seen irrecoverable economic disasters, especially to small businesses; children who will never recover from gaps in their academic and social development; and the fear-crippled churchgoers who have yet to set foot in a church building since March 2020—just to name a few.

But recently I was horrified to hear my friend Dr. John West, Vice President of the Seattle-based Discovery Institute and Managing Director of the Institute's Center for Science and Culture, deliver one of the most disturbingly chilling messages I've yet heard on the effects of Covid. He walked through examples of insult after indignity after contemptuous phrase directed at people who chose not to receive the Covid vaccine.

Pre-pandemic, the right to make one's own medical decisions was considered a basic human right. Within just a few months of March 2020 that right evaporated, and the culture quickly divided into emotion-laden "us vs. them" positions.

"The issue here," John has written*, "is not whether you favor the COVID vaccines or think they are effective or moral. The issue is how we treat sincere and decent people who make different medical choices than we would."

[W]e are witnessing a mass campaign to dehumanize an entire class of people because of their medical choices. Fellow citizens who choose not to be vaccinated are being branded "narcissists," "child abusers" and "parasites." They are accused of "killing off their fellow citizens." They are denounced as "dangerous" people "from poorer or less educated parts of society." They are described as "a leech on everyone else's participation in making America healthy and safe." A

sitting federal judge has declared that “the vast majority of unvaccinated adults” are either (take your pick) “uninformed and irrational” or “selfish and unpatriotic.” A member of a famous rock band has labeled them “an enemy” of society with a “delusional, evil idea.” The Prime Minister of Canada has called them “misogynistic and racist.” A New York newspaper derides them as low in IQ. The Republican governor of Alabama urges that “it’s time to start blaming the unvaccinated folks,” accusing them of embracing “a horrible lifestyle.” A former speechwriter for George W. Bush has compared the unvaccinated to cancer, calling them “the malignant minority.” The president of France claims the unvaccinated are not even citizens.

The insults go both ways. Those suspicious of the vaccine and vaccine mandates have contemptuously castigated the vaxxed as “sheep” and “sheeple,” “murderers,” and even “delusional unfit brainwashed parents” of those who had their children vaccinated.

I am struck—feeling almost like a literal slap across the face—by how this situation is the 2022 iteration of Romans 14, where Paul addressed the mutual judging and condemning of people taking opposing positions concerning eating and drinking. Swapping out details from the daily news feed, we might paraphrase Romans 14:3 as

The one who [receives the vaccine] must not despise the one who does not, and the one who [chooses not to get the vaccine] must not judge the one who [has been vaccinated], for God has accepted him.

In verse 5, Paul gives room for people to come to different positions on the subject of “debatable things”:

Each must be fully convinced in his own mind.

What was missing in the church at Rome is what's missing in much of our culture concerning the vaccine issue: love.

A grace-filled spirit that puts the value of people above being right.

A willingness to allow others to believe differently than we do because they are precious image-bearers who deserve respect and dignity, even in the midst of disagreement.

15 For if your brother or sister is distressed because of [your beliefs about vaccines], you are no longer walking in love. Do not destroy by your [vaccination position] someone for whom Christ died.

But it's not just about what people believe. John continues:

This kind of rhetoric against others has cruel real-world consequences. Unvaccinated people [are losing their jobs and their livelihoods](#), often by government decree. They are being denied [unemployment benefits](#) – benefits they paid for through their payroll taxes. Doctors have announced that they [will not serve unvaccinated people](#), and unvaccinated patients are being denied [life-saving organ transplants](#). Unvaccinated people are being [denied access to marriage licenses](#). Judges have tried to deny [child visitation rights to parents who are not vaccinated](#). In many jurisdictions, healthy unvaccinated people are now banned from stores, theaters, and sporting events. In Canada, one province even authorized grocery stores to ban the unvaccinated, only relenting [after a massive backlash](#). Just ponder for a moment the type of mindset someone must have to authorize the denial of access to food.

These policies, driven by unveiled contempt, are the essence of what is unloving. Unkind. Mean. Hateful! And completely ignoring God.

It's not just love that is missing—it is awareness that God is sovereign. He is in control. And both policy-makers and individuals posting comments on social media will answer to Him for how we treated people He loves, people He made, people Jesus died for.

Regardless of anyone's beliefs or practices about vaccination, He is still God and we are not. He is bigger than Covid and vaccines. Maybe some reminders of His blessed sovereignty will help . . .

Who announces the end from the beginning and reveals beforehand what has not yet occurred; who says, 'My plan will be realized, I will accomplish what I desire.' [Isaiah 46:10]

All the inhabitants of the earth are regarded as nothing. He does as he wishes with the army of heaven and with those who inhabit the earth. No one slaps his hand and says to him, 'What have you done?' [Daniel 4:35]

As for you, you meant evil against me, but God meant it for good, to bring it about that many people should be kept alive, as they are today. [Genesis 50:20]

Indeed, the Lord of Heaven's Armies has a plan, and who can possibly frustrate it? His hand is ready to strike, and who can possibly stop it? [Isaiah 14:27]

The earth is the LORD'S, and all it contains, the world, and those who dwell in it. [Psalm 24:1]

[*https://evolutionnews.org/2022/01/the-rise-of-totalitarian-science-2022-edition/](https://evolutionnews.org/2022/01/the-rise-of-totalitarian-science-2022-edition/)

This blog post originally appeared at blogs.bible.org/vaccination-hate/ on Aug. 16, 2022.

What a Biblical Worldview Looks Like

Sue Bohlin explores elements of a way of looking at life that provides a biblical world and life view.

What Is a Worldview?

A young Christian couple I know married with high hopes for the future. Within three years they were divorced; the husband handled his hatred for his job by snapping at his wife and retreating to online gaming, and the wife shut down her heart to him and opened it to someone else.

In her book [Total Truth](#), Nancy Pearcey tells of a Christian lawyer whose job was to find loopholes in the contracts with clients his law firm wanted to get rid of—that is, which enabled his company to break promises.[{1}](#) She tells another story of a Christian who worked at an abortion facility and never saw any conflict between the Bible she studied and its command not to murder.[{2}](#)



This disconnect between biblical teaching and the way it's lived out is not just an American problem. Many African Christians go to church on Sundays and pray to Jesus for healing or prosperity, but when He doesn't answer the way they wanted, they go to the village witch doctor.

All these people profess to be Christ-followers and agree that the Bible is the Word of God, yet they don't view reality or live out their lives as if Jesus were Lord and the Bible is true. They don't have a biblical worldview. They don't "think Christianly."

Nancy Pearcey writes, “‘Thinking Christianly’ means understanding that Christianity gives the truth about the whole of reality, a perspective for interpreting every subject matter.”^{3} It means we learn to interpret everything in light of its relationship to God. The title of Nancy’s book, *Total Truth*, reflects her premise: that Christianity is not just a collection of religious truths, it is *total* truth. Thinking Christianly—which equips us to then live out a biblical worldview—means we understand that natural and supernatural are seamlessly woven into one reality.

Our worldview is like an invisible pair of glasses through which we see reality and life. If we have the wrong prescription, the wrong beliefs and assumptions, what we see will be fuzzy and undependable. If we have the right prescription, we will see things as they are. The prescription of these glasses consists of our beliefs and the things we assume to be true. These beliefs and assumptions comprise the filter through which we experience and interpret life. And we *all* have a filter.

For example, let’s say you walk into a Walmart and discover you are their zillionth customer. Balloons drop, strobe lights go off, and you are handed a \$1000 gift card, a trip to Disneyworld, and the keys to a new car. Your worldview will determine how you interpret that event. If you believe in fate, you will think, “It’s my lucky day! The stars are shining on me!” If you believe in only this physical, material universe, you will think, “Nice, but it’s a totally random and meaningless occurrence.” If you believe that Jesus is Lord over everything, you will think, “I so do not deserve this gift of grace, but I thank You for it, Lord. How do You want me to be a good steward of this amazing blessing?”

Everyone has a worldview, even though most people aren’t aware of it. We believe a biblical worldview is the right prescription for both living and understanding life.

Creation, Fall, and Redemption

My friend Dr. Jeff Myers of Summit Ministries says, “[A] person’s worldview is his default answers to life’s most pressing questions: Where did I come from? How should I live? What happens when I die?, and How do I know my answers to these questions are true?”[\[4\]](#)

We all buy into an overarching story that explains much of why things are the way they are. For example, people who believe in traditional folk religion (animism) believe there are spirits connected to every physical item and event and place, and this way of looking at life shapes their response to the things that happen in life. People who embrace pantheism—a view of life that sees everything connected as part of a divine but impersonal force with no personal God and no distinctions between good and evil—will respond differently.

If we draw our worldview from the story of God’s dealing with mankind from the Bible, a helpful way to structure it is terms of creation, fall, and redemption. They answer the big three universal questions: Where did we come from? Why are things so messed up? How can it be fixed? Everything that exists and everything that happens falls into one of these categories.

Creation answers the question, where did we come from? as well as a basic philosophical question, why is there something rather than nothing at all? God created us in His image for the purpose of having a relationship with us, and He created the universe and our world as well. This explains the exquisite design we see in the human body, right down to the molecular machines inside cells. Creation explains why the earth is so finely tuned for life—just the right distance from just the right kind of star and the right kind of moon, just the right temperature for liquid water, just the right kind of atmosphere for us to breathe.

The relational God, whose very being consists of Father, Son,

and Holy Spirit, created us in His image to draw us into the circle of divine mutual love and fellowship and delight. The reason we are here is so God could lavish love on us by sharing Himself with us and inviting us to participate in the divine life. That explains why we are so relational, and why we need and enjoy other people. It explains why we are hard-wired to be spiritual—because He made us for Himself, and He is spirit. He created the universe and our planet as an expression of His love and glory, and because physical people need a physical place to live. A beautiful God creating us in His image explains why we love beauty in the world, in art, in music, and in every other expression of human culture.

The *Fall* answers the question, what went wrong? Adam and Eve's rebellion against God brought sin into His marvelous creation, resulting in brokenness, blindness, and nothing working the way it did in the perfect, pre-fall world. The fall explains why death feels so unnatural, why there is suffering and sickness. It explains why there is moral evil like murder, rape and theft, and why there is natural evil like earthquakes and tsunamis and tornadoes. Many people are angry at God at these things. But they are all effects of the fall. He didn't create the world this way; we're the ones who messed it up. This fallen world breaks His heart far more than it breaks ours.

The good news is *Redemption*. God is working to set things right and restore His damaged, distorted creation. This explains why our souls long for justice, for the wicked to face the consequences of their evil choices, and for things to be fair and right. A just God will fulfill our longing for justice. He will make the wrongs right and the shattered whole. Good will triumph over evil once and for all. God's promise of restoration explains why we still long for the perfection of Eden, even while we live immersed in a world and relationships that are far from perfect: He's going to bring it back. The Lord Jesus Christ, who came to earth as fully God

and fully man, living as one of us and then dying in our place, rising again, and ascending back to the Father's right hand, promises He is making all things new (Rev. 21:5). God's got a plan and He's working it!

Living in Two Worlds

One of my favorite things to do is go snorkeling in the crystal clear waters of the Caribbean. When I'm wearing a mask and a snorkel tube, I can float on the water's surface and enjoy the beautiful fish and corals that live in the underwater world. But I can also breathe air from the above-water world. When I'm snorkeling, I get to enjoy two worlds, two spheres of life, at the same time.

This is a picture of what it looks like to live out a biblical worldview. Paul exhorts us to focus "not [on] the things which are seen, but at the things which are not seen; for the things which are seen are temporal, but the things which are not seen are eternal" (2 Cor. 4:18). We live in a physical world, but looking at life biblically also means living in awareness of the unseen, eternal spiritual reality that also surrounds us. Many believers make the mistake of living as if they were functional naturalists—as if the material, physical world were all there is.

Thinking biblically means staying aware and focused on the spiritual and eternal part of life, letting that guide our interpretation of physical and temporal events. That doesn't mean dismissing or denying the physical, living like some sort of ascetic who refuses to engage with the world; we just keep it in perspective.

I believe this is what the Lord Jesus intended when He said to "seek first the Kingdom of God" (Matt. 6:33). The physical world is so in-your-face about its reality—especially when we get tired, hungry, thirsty every day—that we don't have any

trouble being aware of *this* sphere of life. But focusing on (or even just staying aware of) the unseen, eternal part of life, like donning snorkel gear and going face-down in the water, allows us to function in both worlds at the same time. Next time you're in a group where people share prayer requests, pay attention to how many of them are in the physical realm: health, finances, jobs, etc. These things are important, but according to Jesus' priorities, the Kingdom—the unseen realm where He is Lord—is *more* important. I wonder what would happen if our prayer requests started reflecting this priority?

The seventeenth century monk Brother Lawrence lived out an important spiritual discipline he called “practicing the presence of God.” When we do this, we are able to process the heartbreak of living in a fallen world and the apparent unfairness of what looks like evil winning. When we read what the prophet Habbakuk wrote, and what Asaph recorded in Psalm 73, we see what it looks like to remember that God is sovereign, and He is able to make all things work together for good for those who love God and are called according to His purpose (Rom. 8:28). It helps us see all people as beloved image bearers for whom Christ died, even the jerks who cut us off in traffic. It helps us remember that what may feel like a bizarre random event may actually be the attack of spiritual warfare. It helps us balance our now-fallen feelings, which were impacted by the Fall like everything else, with the truth of God's word. For example, one Christian woman filed for divorce from her husband with no biblical grounds, claiming that it must be okay since she didn't *feel* “convicted by God.”

Thinking biblically means cultivating an awareness of the spiritual realm: the eternally important things, and the activity of God, angels, and demons. It's like going through life wearing snorkel gear!

Refusing the Sacred/Secular Split

Have you ever heard someone saying something like, “Well, I personally oppose abortion, but I would never say that it’s wrong for anyone else because that’s a private issue.” Or, do you give ten percent of what you think of as *your* money to the Lord because that’s His portion? Do you think of your spiritual life as time spent reading the Bible and going to church, but the rest of the week is yours? One of the ways Christians fail to live out a biblical worldview is when we buy into the false division of the sacred and the secular.

Thinking biblically means not only believing that Jesus is Lord at the moment of our deaths, but He is also Lord over every aspect of our lives and every aspect of His creation. He created this world, He owns it, He entered it, and He redeemed it. He created us in His image, and then commanded us to take the salt and light of our image-bearing influence into every aspect of life: business, science, law, education, politics, and art, to name a few. The “Creation Mandate” is found in Genesis 1:2:

God blessed them; and God said to them, “Be fruitful and multiply, and fill the earth, and *subdue it*; and rule over the fish of the sea and over the birds of the sky and over every living thing that moves on the earth” (emphasis mine).

Let’s look at some examples:

- I’ve had a freelance [calligraphy business](#) for thirty years. Beyond showing honesty and integrity in my business dealings, there is also value in the beauty I bring into people’s lives through my hand lettering as a reflection of God’s beauty.
- All of my husband [Ray’s](#) education is in biology. He lives out his biblical worldview by seeking to explore and understand God’s creation through science, then explaining

it to others in a way that gives glory to God.

- Christian educators who express a biblical worldview are teaching about God's world and God's truths whether they mention Him or not. Whether it's the glorious patterns of mathematics or the themes of great literature, the Lordship of Christ ties it all together.

- My son's undergraduate education was in art, and we loved seeing how he wove his biblical worldview into his art pieces. He suggests that a Christian artist has the opportunity to express both the brokenness of life in a fallen world as well as the hope and redemption found in Christ.

- Christians in law can live out their biblical worldview by using their knowledge of the law to create protection for the weak and defenseless, to criminalize criminal behavior, and to codify making restitution, all of which are biblical values.

One element of living out a biblical worldview is refusing to compartmentalize life into our religious activities and then everything else, as if spiritual truth and concepts were unrelated to how we live our lives. One of my dear friends has lived in moral and emotional purity for three years after repenting of her lesbian relationship. The temptation can be strong some days, but she consistently chooses Jesus over her feelings. One day her supervisor, who goes to a large church, asked if she were gay. My friend replied that she used to claim a gay identity, but she's been emotionally and sexually sober for three years. Her supervisor asked why, and my friend said, "Because it's sin! It's not God's design or intention."

"Oh, it's not sin!" her supervisor cheerfully assured her. "God wants you to be happy! You just need to find the right girl and settle down." My friend is living out a biblical worldview; her Christian supervisor, who most definitely does

not, relegates the Bible to religious topics that don't intersect with where the rest of life is lived. (Not only that: the Enemy used the supervisor's lies and wrong beliefs to harass my friend as part of an all-out spiritual warfare attack.)

Jesus is Lord, and He loves and provides for His creation through people, whether we are delivering milk or delivering babies, serving in the military or the government, growing corn or managing hedge funds, raising our family or even serving in ministry. It's *all* God's work and we get to share in it (1 Cor. 3:9). Just as we can't divide colors into sacred and secular, we shouldn't do it with the rest of life either.

Processing Life Through a Biblical Worldview

I said earlier that a worldview is like a pair of glasses that is comprised of our beliefs and assumptions through which we see and interpret life. My husband, Ray, and I got a chance to put our biblical worldview into practice a few years ago when someone ran a red light and slammed into his car. He sustained a concussion but, miraculously, no cuts or scratches or broken anything. It took almost a year for him to recover from both the impact on his body and the mental fuzziness of his concussion.

As we processed this accident and the difficulties that unfolded from it, we experienced the wisdom that comes from interpreting life according to the truth of God's word. Other [worldviews](#) would have interpreted this experience differently:

- *Naturalism*, the belief that the physical world is all there is, and there is no spiritual or supernatural component to life, would say, "Ray was in a car wreck, but there's no meaning to it. It was just another accident;

everything is an accident without purpose. Whether he survived or had been killed, ultimately that wouldn't make any difference anyway since all of life is a random, meaningless existence."

- *Pantheism*, the belief that all of life is a spiritual reality and the physical world is an illusion, would say, "Ray, his car, the other driver, and her car, are all part of 'the one,' the unifying essence of the universe. All of these particulars are an illusion, since there is only one reality where everything and everyone is divine." And since many pantheists also share many of Eastern mysticism's beliefs, we would hear, "Ray must have done something terrible in a previous life to have experienced this trauma in this life. He was working off his bad karma from an earlier existence."

- [Traditional folk religion \(Animism\)](#), the belief that the spirit world is constantly manipulating life in the physical world, because there is a spirit or spiritual force behind every event, might say, "Ray must have made some spirit angry with him. He needs to say some magic words or burn some incense or build an altar or do something to get the angry spirit to not be angry with him anymore."

Since we seek to make the truth of God's word the pair of glasses through which we view life, our filter includes the question, what does God say about this? Together, we practiced responding to this trauma according to our Christian worldview.

The most important truth was that God exists, and He has revealed Himself to be all-powerful and all-knowing. That means that getting "t-boned" was not a random accident that just happened. We reminded ourselves that He was still sovereign; a loving God was in control, even though He allowed Ray to get hit and his car totaled by a driver without insurance. God is all-powerful and could have prevented the

accident, but for some reason He didn't. We determined to trust Him even though He wasn't explaining Himself.

This was a very bad car wreck, and the witnesses couldn't believe he wasn't killed instantly. Instead, he was protected from serious injury. We have thanked God many times for His amazing protection that resulted in 100% recovery.

Ray experienced very real pain and suffering, but we know from the Bible where that comes from: the fall of man is responsible for most pain and all suffering. He was not troubled by the possibility that his suffering might be meaningless because there was no one "up there" or "out there" giving meaning to it, like the view of life that atheists and agnostics have to face.

Ray's car wreck had a special impact on me. At the time, I was dealing with my fear for my son's safety since he was about to enter the Air Force during a war. Because Ray's car wreck happened just three blocks from home, God impressed on me that His protection has nothing to do with geography. The best place to be, the safest place to be, is in God's hand, and He has promised that no one can snatch us from His hand (John 8:28-29). I sensed Him impressing me that I could trust Him with my son the same way He protected my husband from lasting damage.

I hope this article helps you grow in your ability to think biblically so you can see life as it really is—one reality comprised of both the physical and spiritual, God's world, God's life—that He invites you into.

Notes

1. Nancy Pearcey, *Total Truth: Liberating Christianity from Its Cultural Captivity* (Wheaton, Ill.: Crossway Books, 2004), 31.
2. *Ibid.*, 97-98.
3. *Ibid.*, 34.

4. Email from Dr. Jeff Myers, April 19, 2011.

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The Lies You Hear About Transgender

Sue Bohlin exposes some of the lies being told about the transgender deception in our culture.

I am deeply concerned about how the cultural narrative about transgender keeps ratcheting up. I believe this is a massive display of spiritual warfare, where the enemy of our souls is screaming lies about gender and identity—especially to teens and younger and younger children. Jesus warned us that the devil’s agenda is to “steal, kill and destroy” (John 10:10), and this deception about gender is, I believe, one of the most wicked and insidious deceptions he’s ever come up with.

Consider some of the lies that have become commonplace:

“People can be born into the wrong body.”

This represents a thinking disorder, not a biological problem. There is no such thing as being born into the wrong body; God creates each person’s body exactly as He wants us (Ps. 139:13-16). There *is* a false dichotomy between the body and the person, as if they could be separated. But God makes us spirit/soul/body, a unified whole.

Studies have reliably demonstrated that the vast majority of children allowed to go through puberty resolved their discomfort with their bodies. There is something about going through puberty, with the massive hormonal changes that bring

a child's body into adulthood, that resets the vast majority of discomfort-which is a normal part of adolescence. Change is uncomfortable for most people, but it's an essential part of being human. The best solution to gender dysphoria is "watchful waiting."

The idea of being born into the wrong body is as nonsensical as being born into the wrong species.

"If you are uncomfortable with your body, it probably means you're transgender."

Traversing the path from child body to adult body can be hard and confusing. There is a massive influx of sex hormones on top of significant body changes that can happen relatively quickly. No wonder there can be discomfort in the adolescent body!

Particularly in our highly sexualized culture, many girls are dismayed by the attention they receive from their developing breasts. One teenage boy told me that he hated the internal storm that higher levels of testosterone caused in his brain. These are normal degrees of discomfort. The solution to this kind of discomfort is to grow in resilience, not to embrace the magical thinking that being the other gender will solve the problem.

One parent made this insightful comment on the online Substack "Parents with Inconvenient Truths about Trans":

"I know we did it from love, but we raised a generation of children who have NEVER been uncomfortable. We've loved them and sheltered them and kept them from all harm, and then they hit puberty, which is inherently a time of uncomfortableness. Then we tell them that if they are uneasy about these changes they are trans. It's like we wrote a script for this to all happen." (pitt.substack.com/p/an-unremarkable-story-from-the-age/comments)

Kids who are uncomfortable with their bodies need compassion and understanding. They need to be reassured that “this too shall pass.” They do not need to be given an untrue label.

“People are the gender they prefer to be.”

Feelings do not determine reality. If someone feels like they want to be a cat or iguana or peacock, that doesn't make it so. Feelings need to be submitted to the reality of the world God created.

Transgender ideology elevates feelings above what is objectively true. That doesn't work with gravity; it isn't going to work with gender issues either.

Social contagion (especially those on Tumblr) results in massive numbers of teen girls identifying as trans. The same social pressures that have resulted in anorexia and cutting in the past are now producing huge numbers of girls declaring they are trans.

The very wise Abigail Shrier, author of *Irreversible Damage: The Transgender Crazy Seducing Our Daughters*, writes, “The teen girls susceptible to this social contagion are the same high-anxiety, depressive girls who struggle socially in adolescence and tend to hate their bodies.” [Gender Ideology Run Amok | Imprimis (imprimis.hillsdale.edu/gender-ideology-run-amok/)]

“Transwomen are women.”

No. People with XY chromosomes are male.

Only people who possess female biology are female.

Males who possess larger lung capacity, longer and stronger bones, higher metabolism, greater strength and speed than females, have an advantage over females.

People born male, who can only father babies and never give

birth to them, are not women.

Men declaring they are women are trying to erase the boundaries of femaleness, which is a form of bullying and disrespect.

“Mental health issues and autism have nothing to do with transgender.”

There is a very high prevalence of depression, anxiety, and self-harm in those identifying as trans. Instead of referring to a gender clinic, it would be wiser and more loving to investigate the mental health pressures experienced by those who say they are trans.

Many people embracing a transgender identity are on the autism spectrum; they already feel a lack of connection with others. It's not surprising they also feel a lack of connection with their own bodies.

“For those therapists (gender ideologues), the parents are the problem. Not the child's social anxiety, autism, irrational thinking, or social media addiction. No, the issue is mom and dad's refusal to embrace their teen's two-week-old identity and allow a kid to run the show.” -Dr. Miriam Grossman, psychiatrist and therapist (thefederalist.com/2021/11/11/therapists-have-betrayed-the-parents-of-gender-confused-kids-and-there-ll-be-hell-to-pay/)]

“Social transitioning and medical transitioning (puberty blockers, cross-sex hormones) are reversible.”

Pretending to be the other sex (social transitioning) can't be undone because it creates personal history. For example, a boy identifying as and pretending to be a girl lives a childhood of practicing lying about reality. He will never experience getting his first period as girls do because he will never menstruate. He cannot enter the world of females because he's not a female.

Medical transitioning—administering cross-sex hormones and puberty-blockers— results in:

- Deepened voice and hair loss in females
- Decreased bone and muscle growth
- Infertility
- Vaginal and uterine atrophy
- Preventing the body from maturing sexually (ending up with a child's genitals), which also prevents the possibility of normal sexual experience or pleasure
- Greater risk of: heart attack, endometrial cancer, testicular cancer, obesity

There are no longitudinal studies on use of puberty blockers and cross-sex hormones in children. It is wrong and evil to make this promise when we just don't know the long-term effects of unnatural chemicals in the body.

Adults taking hormone replacement therapy, such as menopausal women and rare medical conditions, are warned of the health risks. Going on hormones that are natural to one's sex can make one a permanent medical patient. Going on hormones of the opposite sex will make one a permanent medical patient. (Which also means a vast, reliable stream of income to the pharmaceutical industry and the hormone-prescribing physicians.)

Amputating healthy body parts does not create the opposite sex, it mutilates one's body. Surgeries cannot be reversed. This is a particularly evil and heartbreaking lie.

“Not allowing someone to transition will make them commit suicide.”

There is little evidence of this in children/teens. The few studies that exist were poorly constructed and poorly analyzed.

Kids are instructed via social media on what to say to get their way. Playing the suicide card is breathtakingly

effective to get parents to give in.

In reality? A Swedish study discovered that those who transitioned were 19 times more likely to attempt or commit suicide than the general population.

We are called to speak the truth in love (Ephesians 4:15), not cooperate with a delusion or fantasy. The pro-transgender ideologues are lying, whether they know it or not. At the very least, they are being used as puppets by demonic forces that are out to hurt and destroy people loved by God, made in His image, and created with His good choice of either male or female.

This blog post originally appeared at blogs.bible.org/the-lies-you-hear-about-transgender/ on July 19, 2022.

Salt and Light Online

During the pandemic, I was honored to be asked to address a student leadership conference for a Christian school in the Philippines via Zoom. Looking over my notes, there isn't much here that doesn't apply to ALL of us with any kind of online connection.

In order to follow Jesus' call to be salt and light, and applying it to online life, I'd like to take a look at several dangers of the dark side of online life, as well as suggest ways to be wise in the use of this technology.

The Comparison Trap

I don't think anything has fueled the temptation to compare

ourselves to others as much as social media. There is a wise saying that "Comparison is the thief of joy."

This is where our feelings go when we're caught in the comparison trap: to envy. To depression and anxiety.

A tranquil heart gives life to the flesh, but envy makes the bones rot. (Proverbs 14:30)

Anxiety in a man's heart weighs him down, but a good word makes him glad. (Proverbs 12:25)

The opposite of comparing is choosing contentment.

Keep your life free from love of money, and be content with what you have, for he has said, "I will never leave you nor forsake you." (Hebrews 13:5)

Now there is great gain in godliness with contentment, for we brought nothing into the world, and we cannot take anything out of the world. But if we have food and clothing, with these we will be content. (1 Timothy 6:6-8)

And one of the best ways to choose contentment is to train yourself to practice gratitude. Give thanks for what the Lord has allowed for you.

Whatever happens, give thanks, because it is God's will in Christ Jesus that you do this. (1 Thessalonians 5:18)

Dangers of Social Media Apps

One of the worst is Tiktok.

A 17 year old girl wrote: "The only thing worse that happened to me besides Tiktok was my family members dying I would spend countless hours crying in my bedroom repeatedly watching Tiktok, telling myself I wasn't good enough."

Another girl told of starving herself to look like the people Tiktok decides are acceptable.

Tiktok destroys people's self-esteem. Millions of kids try to learn the dances to fit in or feel accepted.

There is a strong pro-anorexia and pro-bulimia presence, causing lots of girls to develop eating disorders because adolescents are particularly vulnerable to peer pressure.

The message on so many of the apps for girls is: If you want to be seen, heard, loved—show off your body. No one is valuing you for your heart or your mind or your passions, just your appearance. Just your body.

This is so dangerous! It's a lie that a girl's worth is in how pretty she is or how thin she is or how sexy she is.

A person's worth is set by Jesus, who was willing to pay for each one of us with His life. He says, "I made you in My image, and that makes you infinitely valuable to begin with. Then I died for you, which proves you are infinitely valuable." THAT is true worth. It's set by Jesus Himself.

Many of the apps are also dangerous because sexual predators use them to trick kids and lure them into meeting, where bad things happen. So many victims of sex trafficking are drawn in on social media.

Another way social media is dangerous is because there's where so much cyber-bullying happens.

If you see someone being bullied, ask the Lord for help and be brave. Speak up and say, "That's not okay." There is power in just one voice! And report it—to whatever authorities have to do with how you know the person, such as school, or church, or the neighborhood. Keep inviting Jesus into the situation and ask for supernatural help.

Another problem with Tiktok in particular is a different kind of danger, concerning privacy and security.

One expert said, "Anytime Amazon, major banks, and the

Department of Defense ban employees from using an app for security issues, it's time for everyone to uninstall the app."

You need to know that NOTHING you put on social media is private.

Other Emotional Dangers

The more time you spend online, the greater your risk of feeling isolated and taken to a dark place emotionally. Because of the pandemic's lockdown, depression and loneliness are at an all-time high.

Scrolling your social media feeds contributes to feeling left out.

Too much social media leads to disconnection and loneliness, and feelings of social isolation. Too much social media makes us feel inadequate because of the comparison thing.

A 2018 study published in the Journal of Social and Clinical Psychology revealed that those who limited their social media exposure to 30 minutes a day, reported that their depression lifted and their loneliness improved. Social media activist [Collin Karchner](#), founder of the "Save the Kids" movement, kept hearing from U.S. students that they reported feeling better immediately after deleting their social media apps!

Another aspect of spending too much time online is that it can cause difficulty engaging in conversations in real life. Which of course fuels the loneliness further.

Purity

Probably the MAJOR pitfall of the Internet is pornography.

The fastest growing consumer of porn is girls 15-30. I found one statistic that 70% of guys and 50% of girls struggle with a porn problem. I think it's higher than that.

I understand that when apologist and speaker Josh McDowell offered a one-month discipleship program for Christian student leader, he learned that 100% of both guys and girls confessed to problems with porn.

Brain chemicals are released when viewing pornography and during sexual experiences. These brain chemicals are intended to bond husband and wife like emotional superglue, but when people use porn, they bond to the porn instead of an actual person.

This is a matter of spiritual warfare. The enemy of our souls is taking captive millions of Christians through pornography, then beating them up with shame and guilt.

I plead with you, install a filter or an accountability program on your phone to help you stand against this attack on your purity.

And please, don't take pictures of your bodies. And most certainly do not send any pictures of body parts to other people!

You were bought at a price. Therefore glorify God in your body. (1 Corinthians 6:20)

The wife does not have authority over her own body but yields it to her husband. In the same way, the husband does not have authority over his own body but yields it to his wife. (1 Corinthians 7:4)

Your body was bought by Jesus and it belongs to Him. It's not okay to give it away, even in pictures, to anyone except the person you have married.

What would being WISE look like, then?

First, recognize that this is a huge issue, especially in the Philippines. People in your country spend more time online than any other country in the world-almost 11 hours a day. You

also spend more time on social media, over four hours, than any other country-twice the worldwide average.

It would be wise to choose to unplug yourselves so you can replenish your mental, emotional, and spiritual resources.

Jesus said in Matthew 16:24, "If anyone wants to come after Me, he must deny himself, take up his cross, and follow Me."

There has to be a choice to deny ourselves and say NO to the phone as a way of saying YES to Jesus.

Think about all the ways you stay tethered to your phone so it controls you.

Get a real alarm clock and watch so you're not dependent on your phone to tell you what time it is.

At night, recharge your phone in another room so your sleep won't be disturbed by the sound and light of incoming messages and notifications.

Don't post on social media when you're emotional. Don't treat social media like a diary. Then you won't regret emotional posting that embarrasses you later.

If you're already feeling down, don't scroll social media. It will make you feel even worse.

To be emotionally healthy, let yourself feel your feelings instead of distracting yourself by scrolling.

Put your phone down and be 100% mindful of what's happening in your life at that moment.

The blue light from screens decreases your melatonin levels, which leads to sleep problems. Turn off your screen an hour before bed to help yourself sleep better.

Love One Another

Before you post anything, ask:

- Is it true?
- Is it helpful?
- Is it kind?
- Will it cause drama?
- Am I posting this for the right reason?
- Would my grandmother want to see this?
- Is it mine to share?
- Would I say this or share this in real life?
- Does this glorify God?

Can you see how passing your post through the filter of these insightful questions would be loving?

The Big Picture

There are two verses that strike me as especially appropriate to this issue:

Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves. (Philippians 2:3)

So then, whether you eat or drink OR WHATEVER YOU DO, do it all to the glory of God. (1 Corinthians 10:31)

If that is the question we ask: “Will this bring glory to God?” we will find ourselves being loving, kind, respectful Christ-followers who are bringing salt and light into the dark and corrupt world of the internet.

And we will earn the Lord’s accolade: “Well done, good and faithful servant.”

This blog post originally appeared at blogs.bible.org/salt-and-light-online/ on May 17, 2022.

Why I Love to Learn I'm Wrong

Years ago Sue Bohlin decided to embrace correction without defensiveness. Here's why.

As the webmistress for Probe.org, I love getting emails alerting me to typos, either in the content of our articles or the coding that keeps people from seeing or hearing what they are looking for. I love being able to fix mistakes; there's a deeply satisfying sense of, "Ohhhh *that's* better!"

I want to get things right. I want to set things right. I want to BE right.

That could certainly be about sinful pride, but there's another side to it. I love truth, that which corresponds to reality. If I am mistaken—or worse, misled—about something, I love learning about it so I can shift, bringing my beliefs or my position into alignment with what is true and right.

Originally I titled this post "Why I Love to Be Wrong," but that's not really correct. What I love is "the a-ha moment" of discovering I had been believing something other than what's true, and welcoming correction, so I can adjust and pivot.

One of the major reasons my church's Women's Bible Study teaching is so good, by the grace of God, is that the teaching team gathers on Mondays for the run-through of that week's teacher. Each teacher commits to check her ego at the door and choose to gratefully receive input and advice about how to improve an explanation or illustration, or correct what is off-base or potentially confusing. It takes humility to receive constructive criticism, which runs the gamut from "you can make that better" to "you are wrong here." But being willing to receive that kind of feedback fueled by love and mutual respect makes the whole teaching team improve.

Years ago I heard a word of wisdom: *all defensiveness is*

fleshly. Defensiveness is the instant desire to protect oneself from the shame of feeling criticized or dishonored. It can look like deflecting the comment with something like, "You do it too!" It can look like denying whatever is said: "No, you're wrong. I didn't do/say/intend that." It can look like shutting down emotionally. Defensiveness is a reaction to the message of "you're wrong" or "you're not okay." But we can choose to lay down our impulse to defend ourselves and trust God with it. Wise and godly people have counseled others on how to respond to criticism: ask if it's true; if it's valid, admit it and change your ways. If it's not valid, recognize that sometimes you'll be misunderstood, so let it go and trust God.

I loved discovering Proverbs 12:1 in the NIV: "Whoever loves discipline loves knowledge, but whoever hates correction is stupid." That means that our attitude toward correction—being told or shown we are wrong—is completely our choice, and *we can choose to love correction*.

So I do. Years ago I pre-decided to welcome being shown where I'm wrong.

Which is why I consider disillusionment a gift.

If we discover we have been buying an illusion, embracing disillusionment means moving beyond illusion into reality, which is always a good thing, right?

In the video series "The Truth Project," Dr. Del Tackett teaches what he calls the Cosmic Battle: "The battle between God's Truth and the lies and illusions of the world, the flesh and the devil. The arguments and pretensions that set themselves up against the knowledge of God, against His nature and His word." Ever since Genesis 3, earth has been a battleground for truth vs. lies and illusions.

Illusions are the air we breathe, the water we swim in, here on Battleground Earth.

So when we discover yet another illusion we have unthinkingly embraced, it is a gift to be able to reject the illusion and embrace the truth.

I have rejected a number of illusions ranging from the almost ridiculous to the eternally important.

Almost ridiculous: I had been under the illusion that camping was the only way to enjoy a budget vacation. I *hate* sleeping in tents or even a camper. Even more, I especially hate having to walk a block to get to a bathroom. But then I discovered the delightful truth that cruising is a way to experience luxury on a budget, with my own bathroom, and other people cooking and cleaning and entertaining me for less than \$100 a day. Such a marvelous disillusionment!

Eternally important: As a college student, I realized that I had believed the lie that the vibrant religion of first-century Christianity was long dead and unavailable, having been replaced by empty ritual and repetition. The TRUTH was that biblical Christianity—being indwelled by God Himself because I have trusted in Christ—was very much alive and supernatural, becoming the source of unimaginable joy that just keeps getting better and better the longer I walk with Him. Such a wonderful disillusionment!

The most recent big disillusionment: At the beginning of the pandemic, I embraced the messaging that age 65+ people like me were at grave risk and needed to stay home. I was pretty much terrified, equating this new virus to the horrors of the Bubonic Plague. When I told my nurse friend, whom I had promised I would visit in her home, that I needed to protect myself inside my own home, she asked, “What about the Christians in the Middle Ages who were the hands and feet of Jesus to the people with the plague? What if they had stayed inside and hid? Who’s going to take care of the first responders and the others who don’t have a choice to stay home if not the Christians?”

Whoa. In a moment, the cloud of fear that had enveloped me—which I came to realize was an illusion meant to hold me hostage—dissipated. I remembered Psalm 139, “All the days ordained for me were written in Your book before one of them came to be.” I would not, and will not, die before the day God has ordained. One of our elders reminded me that Jesus had asked, ““And which of you by being anxious can add a single cubit to his life’s span?” (Matthew 6:27)

I started visiting my friend on Saturdays for over a year, and she told me that I was the only person other than her patients who would touch her. Emotionally, like millions of others, she was *dying* from isolation and rejection. It was such a joy for me to live in the freedom that disillusionment had brought.

Because I was really, really glad to learn I was wrong.

This blog post originally appeared at blogs.bible.org/why-i-love-to-learn-im-wrong/ on April 19, 2022.