

The Dark Underside of Female Friendships

Cherry and Beth met in a MOPS (Mothers of Preschoolers) group at their church, hitting it off immediately. They loved the mutual connection with another mom, understanding the stresses and joys of having small children about the same age. Their weekly play dates became the highlight of each girl's week. They would chat on the phone every day, comparing notes on what they would be fixing for dinner or what great, repeatable golden nuggets their toddlers spouted. That morphed to texting each other throughout the day, at least once an hour.

The intense sense of connection, of feeling heard and understood and valued, grew to be like an emotional drug for them. Over time, they realized they felt closer to each other than they did to their husbands. They preferred each other's company to anyone else's—including their husbands'. Texting throughout the day felt like a lifeline, a continual source of reassurance that all was right with the world. Eventually, caring for their children, the very thing that had brought them together in the first place, started to feel like an unwelcome burden that interfered with their first love—each other. Anyone and any thing that came between them was cause for resentment and annoyance . . . when it didn't make them outright angry.

This was not normal female friendship. What started out as a lovely gift from God was corrupted into emotional dependency, which Lori Rentzel* defines as "When the ongoing presence and/or nurturing of another is believed necessary for personal security." Emotional dependency happens when one or both people are looking to a person to meet their basic needs for love and security, rather than to God (relational idolatry). It is characterized by a desperate neediness of the other.

Emotional dependency (the other ED) is at the core of most lesbian relationships and a lot of homosexual relationships, but it is not limited to these. Husbands and wives can be emotionally dependent on each other, and so can women friends. When friendship spills over the retaining walls of what is healthy into an enmeshment with another person—when they put all their emotional eggs in the other's basket, so to speak—the relationship has become broken and unhealthy.

My favorite anthem to emotional dependency is Barry Manilow's *Can't Smile Without You*, which sounds romantic until you think about how unhealthy it is:

You know I can't smile without you,
I can't smile without you,
I can't laugh
and I can't sing,
I'm findin' it hard to do anything.
You see, I feel sad when you're sad,
I feel glad when you're glad,
If You only knew what I'm going through,
I just can't smile without you.

Do you see how sick that is?

Emotional dependency feels like, "My happiness, my sense of security, is completely wrapped up in you giving me '['The Three As'](#)' I need: attention, affection and affirmation. And if you withhold any of these from me, I will feel insecure, unloved and abandoned."

When people feel insecure, they feel powerless. And when they feel powerless, they usually resort to some kind of control to get their power back. Manipulation is the glue that holds emotionally dependent people together, since the desperate neediness (remember, "I can't smile without you"?) drives people to do desperate things to make sure the other person is tied to them at the heart. Such as sending close to 100 texts

in a single day, to make sure the other person responds to them. And getting paranoid and angry ("Why aren't you answering my texts? I can tell you read them, my phone tells me you read them, why are you avoiding me? What did I do? Why aren't you answering me? TALK TO ME!!!!"). Such as giving gifts and anything else designed to bind the giver to the recipient. Such as using guilt to force the other person to engage ("You're the only person in the world who understands me! You're the only real friend I've ever had. If you leave me I will be completely and utterly alone!").

The good news is that when friendships have overflowed healthy boundaries into emotional dependency, people can repent of their relational idolatry (making another person more important than God) and step back into balance. The other good news is that every aspect of unhealthy, emotional dependency on a person, is healthy dependency on God. One of my friends told me, "This was life changing for me, to realize that I could redirect my unhealthy energies to Jesus and it would make me a much better disciple!" Contacting Him 95 times a day through prayer (no texting necessary) is healthy. Feeling desperately needy toward Jesus is healthy. Giving gifts to Jesus to bind one's heart to Him is healthy. Saying, "If you leave me I will be completely and utterly alone" is true-but praise God, He has assured us that He will never leave us or forsake us (Hebrews 13:5).

When I have spoken on this topic in churches, I hear, "I expected that the dark underside you'd be talking about was gossip or something. I never would have expected THIS. Wow. I see how it can happen so easily."

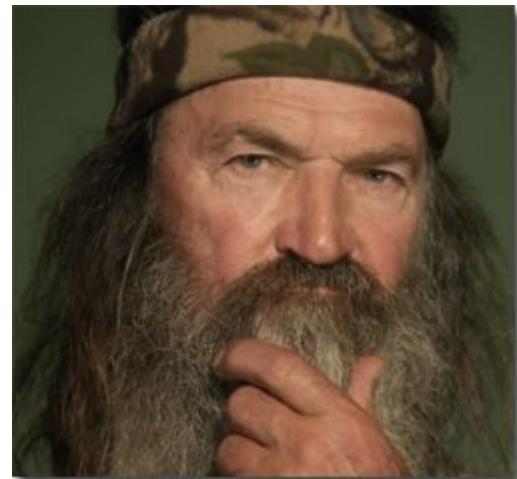
Forewarned is forearmed, I trust.

*Lori Thorkelson Rentzel's little booklet *Emotional Dependency*, published by InterVarsity Press, is an invaluable and highly practical resource for understanding this issue.

This blog post originally appeared at blogs.bible.org/the-dark-underside-of-female-friendships/ on April 8, 2014.

Did (Duck Dynasty's) Phil Get it Wrong? Is Homosexuality Sin?

In one of the biggest social media flaps since social media was invented, Duck Dynasty's Phil Robertson openly said that homosexuality is sinful. Then the cyber world blew up in a clash of worldviews—the progressive, whatever-floats-your-boat perspective of A&E, the cable network that profits greatly from the Robertsons' TV show, against the traditional biblical view of sin and sexuality. A lot of people think that Phil's old-fashioned morality is not only antiquated but unfair.



Is it? Is homosexuality a sin? If people are born gay, why would God condemn people for being the way He made them? What kind of God would do that?

Let me answer those questions in reverse order. First, how do we know that people are born gay? This idea is a newcomer on the scene of human history, arising only within the past hundred years—maybe only fifty. We “know” it because people keep saying so, and people say so because, looking into the rear view mirror of their lives, many of those who eventually

identify as gay recall always feeling different, “other than.” According to the spirit of the age, that means they were always gay. Which means sexually and romantically attracted to people of the same sex.

But think about a newborn baby. Is he or she sexually and romantically attracted to people of the same sex? No, of course not. That is an emotional development issue that will arise years down the road. Consider a toddler: how does one find the gay kids in a church or daycare nursery? You don’t. But even in toddlers, some temperament and personality differences have surfaced, the kinds of differences that can lead to a child feeling “other than.”

Little boys who are emotionally sensitive, artistic and creative, can be uncomfortable around the rough-and-tumble boys who are far more physically aggressive, sporty and relationally insensitive. It doesn’t mean they’re gay, it means their design, their God-chosen kind of masculinity, is different. They’re probably going to feel “other than,” and later on someone will label that as gay. It’s not.

Little girls who have athletic gifts and abilities, who don’t care for pink or dresses or nail polish and are often natural leaders, can be uncomfortable around the girly-girls who are interested in very different things. It doesn’t mean they’re lesbian, it means their design, their God-chosen kind of femininity, is different. They’re probably going to feel “other than,” and later on someone will label that as lesbian. It’s not.

People are not born gay, which is a constellation of beliefs and feelings about oneself and others that is the result of many interactions with many people over many years. Just like people are not born prejudiced. Or entitled. Or English speaking, for that matter. But all those things can become so entwined with a sense of self that it feels like that’s who one is.

Recently, my husband was talking with a new friend who struggles with same-sex attraction. His friend said it was hard growing up in a slender “case” (body type) and so sensitive, and that’s why he was gay. My husband pointed out that he, too, had the same body type and was emotionally sensitive, that that was their design. Ray talked to him about the [gender spectrum](#) for different kinds of masculinity as God’s creation, and his friend absolutely lit up with gratitude. He had never heard that the way God had made him didn’t mean he was gay, it meant he was gifted, and he had never heard an “everstraight” like my husband acknowledge that boys and men can live on that end of the spectrum and not identify as gay. There is another way of explaining the feeling of “other than” that honors both the person and the God who made them in a way that has often not been appreciated or affirmed.

But let’s turn to the first question: is homosexuality a sin?

It’s important to define your terms. What do you mean by homosexuality? Our culture has clouded the biblical perspective of the issue. Do you mean being same-sex attracted? Or do you mean “stepping over the line,” actually engaging in same-sex romantic and sexual relationships? What Phil Robertson did, which is part of the firestorm, is to shine a light on what the Bible says: all sex outside of marriage is sin, both opposite-sex and same-sex relationships. Our sex-saturated culture finds that offensive and unacceptable. Sex is seen as a right and a basic need of life, when it is neither.

But the Bible never condemns same-sex attractions, which constitute temptation and not sin. People generally discover, not choose, that they are drawn to the same sex, and [there are very good reasons for this](#). As with all temptations, God says to stand against them and not give into them. It is foolishness to define oneself by our temptations and weaknesses! (Much better to define ourselves the way God sees

us, as His beloved child who desperately needs Him.)

So define homosexuality. If you mean simply feeling "other than" and different, complicated by being drawn to members of the same sex, then homosexual attractions are temptation, not sin. If you mean acting on those attractions to engage in emotionally dependent and/or sexual relationships, then according to the Bible's standards, yes that is sin. Note how God addressed Cain's struggle with feelings and temptations: "Sin is crouching at your door. It desires to have you, but you must master it." (Genesis 4:7) So it really comes down to feelings vs. behavior. The feelings are not necessarily sinful (although sin begins in the mind, where attractions can cross over the line into the sin of lust, regardless of the object of those attractions), but behavior always is. We need to keep homosexuality in the context that God does: pre-marital sex, adultery, same-gender sex, incest, and sex with animals: anything outside the marriage bed (defined as one man and one woman, Gen. 2:24) is sin.

Many people have a faulty concept of a distant, scowling god sitting on his throne looking for people having a good time so he can be mad at them, looking for an excuse to hurl thunderbolts at them for daring to enjoy themselves. The God of the Bible is not Zeus. Jesus corrected many aspects of our misunderstandings of His Father. He is a loving God who put guardrails on the treacherous mountain road of human sexuality. He doesn't condemn people who run off the safety of the road by crashing through the guardrails He put in place; He knows that the natural consequences of running off the cliff are their own discipline. God says, "Don't have sex outside of marriage" because He loves us and knows that sex outside of marriage brings pain to the soul (as well as dishonoring everyone involved, including Him).

God doesn't make anyone gay, but He is full of compassion for those who find themselves with same-sex attractions. He warns us against all kinds of sexual sin because He knows how

destructive it is when we violate His intention and design for our bodies and souls. He wants so much better for us.

This blog post originally appeared at
blogs.bible.org/tapestry/sue_bohlin/did_phil_get_it_wrong_is_homosexuality_sin on Jan. 1, 2014

Exodus is Shutting Down, But Jesus Isn't

July 17, 2013

Recently, Exodus International announced that it was shutting down. For decades, Exodus was the oldest and largest Christian ministry dealing with faith and homosexuality. But in the past few years, it had become a lightning rod for controversy, and the name had accumulated a lot of baggage. They hoped that by shutting down the ministry, the church would step up and do its job of loving and leading people well. They realized that many churches and pastors are still under-educated about those who deal with same-sex attractions, and some are unsafe. But by having a separate ministry to send people to, they haven't needed to change, and it was easy for the unbiblical "us/them" dichotomy to flourish.

This made the news because on the one hand, there is a lot of contempt and hatred for Exodus by gay activists who insist there's nothing wrong with homosexuality, and many considered it a victory. On the other hand, Exodus was the go-to place for people seeking help with this issue, and as the umbrella organization for scores of local ministries, they were able to

refer people to places where they could find support. As a longtime board member for [Living Hope Ministries](#), the Exodus referral ministry for Dallas/Ft. Worth, I know how valuable the Exodus referrals have been.

How did this happen?

Over the past several years, Exodus got off track when some people promoted “gay to straight” change efforts, including the controversial reparative therapy technique. Both of these are nothing but “flesh management,” using natural, human-only tools and methods. They lost their focus on the founding values, which until recently was still found on their “About Us” page:

While we have never met anyone who “chose” to feel same-sex attracted, people do have to eventually make a decision to either act on those feelings or not to act on them. Since 1976, Exodus has served as an organization helping men and women surrender their sexual struggles to the Lordship of Jesus Christ. We do not believe that same-sex attractions are sinful in and of themselves but rather one type of struggle and temptation among the millions that impact each and every human being.

We do believe that any sexual expression outside of a monogamous marriage between one man and one woman falls outside of God’s creative intent for human sexual expression and is sinful. Homosexuality is no greater or less a sin than any other and is not the determining factor for a relationship with Jesus Christ. (emphasis mine)

What I see here is a statement pointing to God’s standards, God’s intent for human sexuality. It conforms to the limits of what the Bible actually says, which is a prohibition against acting on one’s sinful desires regardless of what those desires are. It acknowledges that all of us are messed-up sinners who can’t stop being sinners and can’t stop our

temptations, but we do have control over what we choose to do with our feelings and temptations.

Ricky Chelette, the Executive Director of Living Hope, says, "I have been to every Exodus Conference for the past 15 years and every Leader's Conference except this past year, and have always felt that we were centering on Christ, upholding God's truth, and encouraging people not so much to be "straight" but to be rightly and intimately related to Christ, which then transforms our lives, actions, hearts and thinking. Living Hope will continue to do what we have always done: 'Proclaim God's Truth to those who are seeking sexual and relational wholeness through a more intimate relationship with Jesus Christ.' Nothing has changed for us."

Since Living Hope is one of the largest, if not THE largest ministry of its kind in the world, I am encouraged that Kingdom values are still unshaken despite what's going on at Exodus headquarters.

I've had a lot of emails and messages asking "What does all this mean?" Well, I can tell you want it *doesn't* mean:

- It doesn't mean that Jesus is not enough for sexual struggles.
- It doesn't mean that He has left His throne and is no longer in control.
- It doesn't mean that there isn't any help for those dealing with this issue, either for themselves or a loved one.
- It doesn't mean that it's pointless to fight against unwanted same-sex attraction (or any other temptation). By developing intimacy with Christ so that we are continually transformed into His image from one glory into another (2 Cor. 3:18), He changes and decreases the power of those temptations.

- It doesn't mean change isn't possible. Exodus coined the phrase "change is possible" and then backed off the hope of change. But people's personal filters about what kind of change led to unrealistic expectations about what they could expect.

Of course change is possible—it's an intrinsic part of being alive! Whether one is a believer or not, we change over time. The Christ-follower should expect change because we are transformed into what we worship. As we focus on Jesus, we become more like Him. That means greater holiness, more self-control, rightly relating to our own gender and to the opposite sex. As John the Baptist indicated, He increases and we decrease. That is change. Our attractions are also our temptations, and as my pastor says, "Jesus never promises to take away our temptations. He hasn't taken away mine either."

I recently said to my friend, a former lesbian activist, "You know, it's entirely possible your attractions to women won't change and you will walk with an emotional limp the rest of your life. . . just as I will continue to walk with a physical limp the rest of *my* earthly life. But both of us can glorify God in our limping by honoring Him with our choices, as we look to Him to restore us to a perfect future that includes running and jumping and leaping and loving perfectly, on the other side."

I know that may sound weird, "glorifying God in our limping," but I think He receives more glory through limping people who are dependent on Him, than healthy people who breeze through life independent of Him.

Even though Exodus International is shutting down, Jesus Christ is still very much loving and changing those who turn to Him in trust and obedience. And I am grateful to be a part of it.

This blog post originally appeared at

blogs.bible.org/engage/exodus-is-shutting-down-but-jesus-isnt

Honor Thy (Very Flawed) Father and Mother

July 30, 2013

Someone asked me about how to resolve the biblical command to “Honor thy father and mother” (Ex. 20:12) with the fact that these people may have had huge and damaging flaws. I suggested googling the phrase “honoring your parents” for some insight. Below are some links I found helpful.

But as I told her, one aspect of honoring flawed parents is to understand that the best (or even only) way you might be able to honor them is from a distance, emotionally and physically. You can give yourself permission to do that.

To give them honor means showing (not necessarily *feeling*) respect, letting them know you are listening and considering what they say. (And it does not necessarily mean following through!) To give them honor means being civil and kind in your dealings with them. It does not mean trusting them. It does not mean placing yourself in harm’s way. It means forgiving them, so that you are not carrying and paying for the emotional baggage of their treatment of you. And please remember that forgiveness is given, but trust is earned, so it’s entirely possible that you can release the woundings you sustained from them without ever, ever trusting them with your heart, because they don’t deserve your trust.

Honoring flawed parents means you have healthy boundaries so

that you know where you end and they begin. It means you learn how to protect yourself so that they can't steamroll over you; it also means you have realistic expectations about what they can and cannot give you or do for/to you. (You may need some help adjusting your expectations.) For instance, in our family there is a family member who has never, ever said the words "thank you." I mean, not even if you pass the salt, or do something they specifically asked! (I think this qualifies as "flawed," don't you?) It is unrealistic to expect that to change. It is an exercise in futility to expect anything different than a lifelong pattern of non-communication. Honoring this person means letting go of the futile hope to ever hear something as simple as "thank you," much less the more profound "I'm proud of you" or even "I love you"! Honoring this person means letting go of unrealistic expectations so we don't set ourselves up for continued disappointment and heartache. (An excellent book is *Boundaries* by Drs. John Townsend and Henry Cloud, and I taught a 7-week study on this book which is available [here](#) on Bible.org.)

Finally, let me share with you the insight of Dallas Willard in *The Divine Conspiracy*:

"To honor our parents means to be thankful for their existence and to respect their actual role as givers of life in the sequence of human existence. Of course in order to honor them in this way we need to be thankful for our own existence too. But we also will usually need to have pity on them. For, even if they are good people, it is almost always true that they have been quite wrong in many respects, and possibly still are."

"Commonly those who have experienced great antagonism with their parents are only able to be thankful for their existence and honor them, as they deeply need to, after the parents have grown old. Then it is possible to pity them, to have mercy on them. And that opens the door to honoring them. With a certain sadness, perhaps, but also with joy and peace

at least. One of the greatest gifts of The Kingdom Among Us is the healing of the parent-child relation, ‘turning the hearts of fathers to their children and the hearts of children to their fathers’ (Mal. 4:6).”

Honor My Mother And Father? How Should I Treat My Abusive Parents?

www.christianitytoday.com/biblestudies/questions/parentingandfamily/honormymotherandfather.html

What Does It Mean to Honor Your Parents? (in this case, when a parent has dementia)

http://www.newhopenow.com/ask/honor_parents.html

This blog post originally appeared at

blogs.bible.org/tapestry/sue_bohlin/honor_thy_very_flawed_father_and_mother

When Ex-Gays Return to a Gay Identity

I recently received an envelope in the mail with no return address and no personal note, just copies of three articles about men who used to be part of Exodus International, who used to identify themselves as “ex-gay,” and now repudiate that part of their histories. It is consistent with emails and [blog comments](#) I have received pointing this out, and asking if that doesn’t negate [my position that homosexuality is changeable](#).

No. The fact that some people, denouncing something they used to support, now represent themselves as proud gays and

lesbians, doesn't change anything. Just as people who lived in sobriety from alcohol and drugs for years have been known to get sucked back into their addictions, it isn't surprising that some would get weary of the struggle against their temptations and stop fighting.

Some people gave up earlier than others, hoping and expecting that if they just kept living "the straight life," their feelings would catch up with their resolutions. They kept waiting for homosexual desires and temptations to disappear, and they didn't. So they decided that they were done with trying to pretend to be something they weren't. I'm good with not pretending; I'm a huge believer in [authenticity and transparency](#).

But if someone continues to experience same-sex attraction even if they don't act on it, does it mean they're gay, as the culture insists?

What the culture says—if you ever have same-sex feelings, it means you're gay—doesn't matter compared to what God says.

God calls us to make choices every day that contradict and violate our feelings and temptations, but which we choose because they are the right thing to do. From the basics of the Ten Commandments to the ultimate example of Christ in the Garden of Gethsemane, He calls us to choose obedience and behavior that honors Him and other people despite our feelings. What if we don't feel like telling the truth? Don't lie anyway. What if we don't feel like not killing the person who really ticks us off? Don't murder anyway. What if we don't feel like remaining faithful to our spouse? Don't commit adultery anyway.

So what if someone doesn't feel like stewarding their sexuality in purity and self-control? Regardless of the nature of the temptation, whether same-sex or opposite-sex, God calls us to possess our own body in holiness and honor (1 Thess.

4:4).

Sadly, some men who had come out of homosexuality have left their wives and children to return to living as gay men. This isn't really much different from men who leave their wives and children for another woman. Succumbing to temptation, regardless of who tempts us, is still sin. Heartbreaking, home-breaking sin.

We're hearing people saying, "I'm not ex-gay anymore because trying to be ex-gay doesn't work. 'Pray away the gay' (a rather offensive term used by scoffers) doesn't work. Trying hard to be straight doesn't work. 'Claiming my healing' doesn't work. I'm done."

And they're right.

What doesn't work:

Name-it-and-claim-it theology, the religious version of "wishing will make it so." Trying to speak reality into existence, as in "I am no longer gay because I'm a Christian," doesn't work because we don't create reality through our words. Only the Creator God can do that.

Casting out the demon of homosexuality. While there is always a demonic component to idolatry and unrepentant sin, homosexuality is not caused by a demon, any more than bigotry, selfishness or gossip are.

Trying harder, praying harder, reading the Bible, [begging God to make the gay feelings to go away](#). These human efforts are the religious equivalent of mowing the grass to get rid of dandelions. (For a completely different approach—grace—check out [True-Faced](#).)

What does work:

Laying aside one's sexuality as the measure of identity. "Who I really am" according to our flesh is always going to be at

odds with “who God says I am” according to His word. Seeking a deeper relationship with our heavenly Father and the Lord Jesus Christ through the spiritual disciplines moves us toward reframing our faulty identity, no matter who we are or what we struggle with. We need to choose to find our identity in what God says about us—most importantly, receiving and owning the truth that He says, “You are My beloved child in whom I am well pleased.”

Looking at the contributing factors that shaped the same-sex “hole” in one’s heart (and the lies connected to them) to process them in light of God’s love and sovereignty, and then forgive the people who inflicted the wounds.

Choosing to learn to live with a tension: our flesh wants things that are dishonoring to God, dysfunctional and dangerous, but God calls us to do the right thing anyway. Regardless of our desires and feelings. Right from the beginning, He told Cain, “[I]f you do not do what is right, sin is crouching at the door. It desires to dominate you, but you must subdue it” (Gen 4:7). God didn’t say to Cain, “I know, you’re angry because I didn’t accept your offering. That’s who you are, an angry soul. Go and let your anger explode!” In the New Testament, we read, “The thief must no longer steal. Instead, he must do honest work with his own hands, so that he has something to share with anyone in need” (Eph. 4:28). God didn’t say to the thief, “I know, you feel compelled to take what doesn’t belong to you. That’s who you are, a stealing soul. Go and act on your desires to steal!”

Now we have people saying, “I am attracted to the same sex. Since everyone says I am defined by my feelings, I now realize that’s just who I am.” And God does not say to them, “I know, you are gay/lesbian/transgender/bi-sexual. That’s who you are, so go act on it!” God calls everyone to the same standard: sexual holiness and integrity, which means keeping all sex within the bounds of marriage between one man and one woman.

Adjusting one's expectations. Accepting the truth that one's attractions and desires may always be warped to some degree; they may always remain an area of weakness that can drive the disciple to a deeper level of dependence on God, which is essential for growing in relationship with Him. That may mean learning to live with a "thorn in the flesh" (2 Cor. 12:7-10) instead of insisting that the only culturally acceptable change is a 180-degree shift in attractions from homosexual to heterosexual.

There is no "easy button." Submitting to the process of sanctification means crucifying the flesh, and that's *hard*. For any Christ-follower. And that's where lasting change happens—as we are made into the image of Christ (Gal. 4:19), as we are transformed by the renewing of our minds (Rom. 12:2). And that might, or might not, extend to our feelings. Regardless of who we are.

This blog post originally appeared at
blogs.bible.org/tapestry/sue_bohlin/when_ex-gays_return_to_a_gay_identity on May 7, 2013.

LET IT GO

[Tweet](#)

January 1, 2013

Most people's New Year's resolutions involve things to add or incorporate into your life: losing weight, reading through the Bible, decluttering your house, filing your income tax before April 15. (I hereby make a public commitment on that last one.

Feel free to ask me about it.)

But some people don't need to add anything else, they need to LET GO.

Judy's ex-husband made some horrifically sinful, deceived, foolish choices that culminated with sex-change surgery. For months she has been tormenting herself daily with false guilt: if she had loved him more, if she had changed this or that, he wouldn't have mutilated himself, now preening before a mirror at how beautiful he thinks he is. She needs to let go of the fantasy that it was within her power to fix him or change him. She needs to let go of the refusal to accept reality.

Polly is married to a difficult man. Neither one knew the other well when they married after a short internet courtship. She believed that marriage was an endless supply of unconditional love, acceptance and conversation. He believed that marriage was an endless supply of sex multiple times a day. Fifteen years later, she sees women she thinks are released from their sin-wracked marriages and doesn't understand why God keeps telling her to stay put and trust Him. She needs to let go of the fantasy of an easy out that would solve her problems.

Diane dances at the brink of disaster, focusing on how wonderful it would feel to nuzzle and cuddle the other women she's attracted to. When she crosses the line into flirting, touching inappropriately, and making suggestive small talk, she destroys one friendship after another. She needs to let go of the resentment that God says same-sex relationships are wrong and let go of the fantasy that if He would just say it's okay, she could cross the line with impunity and she could get what she's sure would make her happy. Finally.

Colleen bought into the lie that she could get away with cheating on her husband. When she came to her senses after the divorce was final and her husband had custody of their

children, she begged for forgiveness and reconciliation. But he had given himself permission to move on, and refused to consider it. Now she beats herself up regularly: "I can't do this! I want my family back! What can't I have my family back?" She also needs to let go of her refusal to accept reality, pushing back with, "I don't want reality! Why can't I have my family back?"

Brae carries deep wounds from her family. Unrelenting shame often erupts in rage, but Brae cannot imagine being able to express her rage at her shaming parents. So she directs it at herself through life-threatening self-injury. She needs to let go of the belief that watching her blood flow into the bathtub is a solution to the emotions that overwhelm her. And she needs to let go of the belief that hurting herself is the only way to release the rage inside.

We all cling to wrong beliefs and sometimes demonic deceptions that we trust to make life work, but they are our blind spots. We can no more identify those false idols than a fish can tell you what water is.

That's why one of the best prayers we can pray is, *Lord, show me where I'm being deceived. Reveal my idols to me. Show me what I'm trusting to make life work instead of You. Shine a light on where I need to let go of every thought, every habit, every burden, every encumbrance that so easily entangles me* (Heb. 12:1).

And then LET GO of whatever He shows us.

Often, God uses other people who are "doing life" with us, who don't have blinders on like we do, to point out the self-sabotaging or dangerous or foolish things we cling to-or which we allow to cling to us. This is yet another reason He wants us to live in community, where we know and are known and people will speak the truth in love to us.

When they point out something that is a self-sabotaging or

dangerous or foolish encumbrance, we need LET IT GO.

Lord, I need You to help me LET GO of whatever You convict me of. In Your strength, I set it down, relinquishing it into Your hands. Receive this thing as an act of worship. I can't do it on my own.

This blog post originally appeared at
blogs.bible.org/tapestry/sue_bohlin/let_it_go

Queen James Bible

Thomas Jefferson created his own version of the New Testament by literally cutting and pasting everything he agreed with, and leaving out anything supernatural. That's one way to treat what you don't like in God's word. Another is the recent publication of the Queen James Bible, where the editors changed eight verses that express God's prohibitions of homosexual acts to make homosexual expression okay.

As Bible versions go, this is a rather bizarre one. Legitimate Bibles are translated and thoroughly discussed by a team of scholars whose identities and credentials are freely cited. The identity of the QJV editors is completely opaque, per the QueenJamesBible.com website and, apparently, the printed Bible itself. On Amazon, the author is listed as "God," with "Jesus Christ" as a contributor.



The King James Version, first published in 1611, is now in the public domain. The editors changed the wording on eight verses that prohibit gay and lesbian practice, leaving the rest of the text unchanged. They explain their reasoning on the

website and the printed version. Not a bit of it holds water.

For example,

Genesis 19:5

KJV: And they called unto Lot, and said unto him, Where are the men which came in to thee this night? Bring them out unto us, that we may **know** them.

QJV: And they called unto Lot, and said unto him, Where are the men which came in to thee this night? Bring them out unto us, that we may **rape and humiliate** them.

The editors write, “We side with most Bible scholars who understand the story of Sodom and Gomorrah to be about bullying strangers.” Most Bible scholars? Maybe the few the editors read. That statement is patently untrue, particularly in the scope of church history. Further, the Hebrew word for “know” is used 946 times in the Old Testament, and not one time does it mean “rape and humiliate.”

Leviticus 18:22

KJV: Thou shalt not lie with mankind, as with womankind: it is an abomination.

QJV: Thou shalt not lie with mankind as with womankind **in the temple of Molech**: it is an abomination.

Since the command not to participate in pagan child sacrifice to the pagan god Molech immediately precedes the prohibition against men lying with men, the editors decided to incorporate it into verse 22. Interestingly, the verse on the other side of verse 22 prohibits sex with animals, but the editors decided to ignore that one in favor of reconfiguring this classic prohibition against male homosexual acts to be limited to male temple prostitutes.

Romans 1:27

KJV: And likewise also the men, leaving the natural use of the woman, burned in their lust one toward another; men with men working that which is unseemly, and receiving in themselves

that recompence of their error which was meet.

QJV: Men with men working that which is pagan and unseemly. For this cause God gave the idolators up unto vile affections, receiving in themselves that recompence of their error which was meet.

The editors, citing Paul's familiarity with the holiness code in Leviticus, decided that "Leviticus, as we know, is intended to condemn ritual impurities associated with pagan idol worship." So the editors pass the Romans passage—that condemns all same-sex intercourse—through the lens of pagan ritual and idolatry only. They ignore Paul's use of the word "natural," which is important because the apostle supports God's design for male-female pairings in creation.

1 Corinthians 6:9

KJV: Know ye not that the unrighteous shall not inherit the kingdom of God? Be not deceived: neither fornicators, nor idolaters, nor adulterers, **nor effeminate, nor abusers of themselves with mankind.**

QJV: Know ye not that the unrighteous shall not inherit the kingdom of God? Be not deceived: neither fornicators, nor idolaters, nor adulterers, **nor morally weak, nor promiscuous.**

The two Greek words in this passage were not ambiguous in that culture. Bible scholar Dr. Robert Gagnon explains them: "Malakoi (lit., "soft men," but taken in the sense of men who feminize themselves to attract male sex partners) and arsenokoitai (literally, "men who lie with [koite] a male [arsen]") in 1 Cor 6:9 are clearly inclusive of all homosexual bonds. . ." (www.robgagnon.net/articles/HomosexHowBadIsIt.pdf) It is irresponsible to twist these descriptors to mean "morally weak" and "promiscuous."

The Bible is replete with stories of people who "did what was right in [their] own eyes" (Judges 17:6). It never ends well. The Queen James Bible is another in a long line of unfortunate decisions to set aside what God has said and pursue what

people think will make them happy. At the core of the QJV, just as in every self-serving sin each of us indulges in, is a core of rebellion and independence from God.

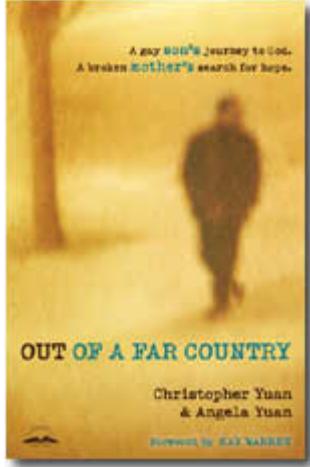
Editors can change the words they don't like in God's word, but it doesn't change the reality of His created intent for us. One day, the people who published this Bible, just like the people who believe the changes, will face the truth: God knows what He's doing, and we don't get a vote in it.

This blog post originally appeared at blogs.bible.org/queen-james-bible/ on Dec. 18, 2012

The Power of a Mother's Prayers

Oct. 23, 2012

Jesus' most famous parable in Luke 15 tells the story of a rebellious young man usually dubbed "the Prodigal Son" who demanded his share of his father's inheritance while his dad was still alive, shameful enough, but then went off into "the far country" to squander it on riotous living. A modern-day prodigal and his mother have written their story, telling parallel stories from each one's perspective. The son's "far country" included drug dealing, living it up as a party animal, and gay promiscuity leading to a diagnosis of AIDS. But God brought both mother and son out of the far country to Himself.



Because I am privileged to walk with a number of people out of their own personal “far countries” of homosexuality, *Out of a Far Country* was a compelling read for me. But because I am also a mother, Angela Yuan’s testimony of trusting Christ and then entrusting her beloved son into His hands again and again as a faithful prayer warrior, was deeply encouraging as well.

I was reminded of several lessons on prayer through this book.

First, it's better to pray big than to try to micro-manage the outcome. Angela continued to relinquish her own desires for her son to the Lord’s better plan, which was for Christopher to walk in his true identity as a beloved child of a loving heavenly Father. When her son was angry and rebellious, she kept her eyes focused on the Lord instead of Christopher. She writes, “I started fasting and praying, asking God for wisdom and discernment. I had no idea what it would look like, but I had a clear sense that Leon and I needed to step aside and get out of the way so that God could work in Christopher’s life.”

When Christopher was three months away from graduating from dental school, he learned he was expelled because of his foolish, illegal and sinful choices. His parents went to meet with the dean. Both the dean and the son expected the senior Yuans to put pressure on the school, but instead, Angela said, “Actually, it's not important that Christopher becomes a dentist. What's important is that Christopher becomes a Christ follower. Leon and I have flown down to Louisville to tell you”—I looked over at Leon—“that we will support whatever decision you make. I only pray that my son will turn to God.”

And he did. It didn’t happen until he was incarcerated for his drug dealing, but God answered the far more important prayer.

Second, *let go of your time line*. We are such impatient people! We start praying and we want God to answer in the next day. Or week. Or month. But while He is at work behind the scenes, unscrambling the mess we tend to make of our lives, we don't think He is listening or answering. Angela prayed for years for God to bring Christopher out of the far country, and when He did, it was glorious. Christopher went from prison, where he met the Lord Jesus, to Moody Bible Institute, and then graduate school at Wheaton College, and now has a worldwide ministry telling his/their story and bringing great glory to God in the process.



Third, *prayer is essential for the spiritual battles against the forces of darkness*. Christopher's choices to engage in ongoing sexual sin, drug use and wild living went hand-in-hand with a spirit of rebellion and a strong delusion. Both of these involve demons, because his sinful choices opened up doorways to demonic influence. The Yuans' book provides plenty of examples of the spiritual blindness that resulted. But Angela's faithful time in the Word of God and intercessory prayer tore down the strongholds that held her son captive to his fleshly desires and his spiritual bondage. She turned a shower stall into her prayer closet, where she spent literally hours every day immersing herself in the Bible and prayer.



Fourth, *remain thankful*. When Christopher called his parents to tell them that he had been arrested and was in jail, Angela recognized this as the answer to her frequent prayer: *Lord, do whatever it takes to bring this prodigal son out of that far country to you*. For the first time in years, she knew that where her son was, and that he was safe. She grabbed a length of adding machine tape and wrote down that blessing. And then, as God unfolded His glorious plan for drawing Christopher to Himself and then redeeming the pain of his rebellion, she kept adding to the blessing list over the years. When I heard her tell her story at an [Exodus International](#) conference several years ago, she held up her rolled-up blessings list and let it drop: it's about six feet long! Christopher tells me it's almost full on the second side as well. Choosing to focus on the ways in which God continues to bless us in the midst of suffering, developing an attitude of gratitude, keeps us from losing heart in a hard situation.

Fifth, *persistent prayer changes the one praying*. Desperation for her son drove Angela Yuan to an incredible intimacy with her Savior. Her daily time in His word and her gift of intercessory prayer drew her heart ever closer to Him. *Out of the Far Country* isn't just a story of a mother's and son's spiritual journey, it is an inspiration to "always pray and not give up" (Luke 18:1).



This blog post originally appeared at
blogs.bible.org/tapestry/sue_bohlin/the_power_of_a_mothers_pra_yers

Glee's Pro-Gay Theology

Feb. 28, 2012

Recently, the wildly popular TV show *Glee*'s Valentine's Day episode featured a group of religious students called the "God Squad" discussing whether they should accept money to sing love songs to gay people (their term). The writers had students spouting pro-gay theology that was doubtless quite persuasive to the majority of viewers who don't know the truth that counters the propaganda.

"They say that one out of every ten people are gay, and if that's true than that means one of the twelve apostles might have been gay."

That's a very old, very inaccurate statistic from Alfred Kinsey. A more accurate estimate is in the 2-3% range.[\[1\]](#) The idea that one of the twelve might have been gay is sheer speculation with no grounding in truth and no evidence for it,

but it certainly planted the idea in the minds of millions of people to normalize it.

“The Bible says it’s an abomination for a man to lay down with another man. But we shared tents in Cub Scouts, and slept next to each other all the time. So that would make Cub Scouts an abomination.”

No. No, it wouldn’t.

What the Bible actually says is, “You shall not lie with a male **as one lies with a female**; it is an abomination” (Lev 18:22). This passage is talking about same-sex intercourse, not guys in sleeping bags sharing a tent.

Further, it’s always important to look at the context of any verse. That same chapter contains prohibitions against sexual activity we still condemn today: incest, bestiality and adultery. Those who want to dismiss verses prohibiting same-sex relations as archaic usually (but not always!) won’t take a pro-incest, pro-adultery, or pro-bestiality stance. Neither should it be okay to take a pro-homosexuality stance.

My friend Randy Thomas had a powerful “lightbulb moment” concerning this verse. He writes,

“The Father brought back the memory of Ron, the first man I thought I loved, and me together as a couple. In my memory we were in an embrace and I saw the Lord standing next to us. We were oblivious to His presence and He was grieving. His grief was so bitter I could see Him shaking with tears as He looked upon us. I was immediately struck with grief that God was so grieved. It’s a grief I will never forget.

“At that point I felt the Spirit asking me, ‘Randy . . . what is the sin?’ The only Scripture I knew was Leviticus 18:22 (that’s only because it was on the signs that the Christians held up at pride parades and outside of clubs). I told the Lord that I didn’t like that Scripture. But He persisted,

'What is the sin?' I thought through the verse again: 'When one man lies with another as a woman it is an abomination before the Lord,' (emphasis mine). The word 'it' jumped out at me. I sensed the Spirit asking, 'What is "it"?'

"I answered, 'A gender neutral pronoun?' I was a little surprised that in the middle of this powerful time the Holy Spirit would be giving me an English pop quiz. I felt Him say, 'EXACTLY!!!'

"Then my world fell apart over one little word. 'It' meant that I was not the abomination, Ron was not the abomination. It was the abomination – the act itself was keeping Ron and me looking toward each other and not to God for fulfillment of who we were and what God intended. For the first time in my life I knew that God is aware of every secret and not-so-secret thing I have done. Instead of sending hellfire and brimstone, He sent a grieving Savior to pay the price of my ignorance and sin.

"He forgave and redeemed me."

"You know what else the Bible says is an abomination-eating lobster, planting different crops in the same field, giving somebody a proud look. Not an abomination? Slavery. Jesus never said anything about gay people."

There are different kinds of laws in the Old Testament. Civil and ceremonial laws, such as those concerning religious sacrifices and dietary laws, were time-bound and limited to the people of Israel. They are no longer in force for a variety of reasons: first, all the OT sacrifices and ceremonies were given as a foreshadowing of the Messiah's ministry and of His death, burial and resurrection. They are no longer necessary because they were the preparation for the Reality that has come. Second, the civil laws pertained to a nation of people who no longer exist. (The current nation of Israel is a political one, not the same as the group of OT

people God called to follow Him alone as their Ruler.)

Moral laws, such the Ten Commandments and all the laws constraining sexual immorality, are not time-bound because they are rooted in the character of God. It is always sinful to have sex with someone you're not married to, regardless of gender.

Slavery, as ugly as it is, is not inherently unnatural the way homosexual practice is. Dr. Robert Gagnon, a theologian who has a breathtaking understanding of homosexuality and its attendant arguments, writes, "The Bible accommodates to social systems where sometimes the only alternative to starvation is enslavement. But it clearly shows a critical edge by specifying mandatory release dates and the right of kinship buyback; requiring that Israelites not be treated as slaves; and reminding Israelites that God had redeemed them from slavery in Egypt."[{2}](#)

We don't know that "Jesus never said anything about gay people"; it's quite possible that His comments on eunuchs in Matthew 19 included those who would have never sex with women because of their same-sex attractions.

Usually, the argument goes, "Jesus never said anything about homosexuality." What He DID say about God's intention for His creation and sexuality in Mark 10:6-8 excludes homosexuality, along with other forms of sexual sin such as polyamory, incest and bestiality. Scripture powerfully indicates His intention for a male-female prerequisite for sexuality.

"Love is love" (so let's sing a love song to two lesbian students)

Is it? How would the "God Squad" feel about singing a love song to a woman committing adultery with one of their dads? How would they feel about a father paying them to sing a love song to the daughter he's regularly raping while calling it love? Our culture is so anxious to justify anything by

slapping the label of “love” on it that we dishonor the God who IS love: a sacrificial, others-centered, giving love that took Him to the cross to pay for the very sins that are being elevated and celebrated on network TV.

Notes

1. For citations, see my article on the Probe Ministries website “[Homosexual Myths](#).”

2.

<http://religion.blogs.cnn.com/2011/03/03/my-take-the-bible-really-does-condemn-homosexuality/>

This blog post originally appeared at

blogs.bible.org/tapestry/sue_bohlin/glees_pro-gay_theology

When to Break a Promise

Oct. 11, 2011

An important part of integrity is keeping one’s word. But are there times when breaking a promise is the *right* thing to do? I think so. And I think God is honored when we do.

We need to make a distinction between giving our word on a legitimate matter—such as wedding vows, signing a legal contract, or even promising to bake six dozen cookies for the PTA bake sale—and making promises that are foolish or sinful in the first place.

I know a number of women struggling to disengage from emotionally dependent relationships with other women. Emotional dependency is putting all your emotional and relational eggs in another’s basket, so to speak—needing another’s attention, affection and approval as desperately as

a baby needs her mama. Making huge promises is part of the manipulative glue that holds these relationships together: “I will always be here for you.” “I will always take your calls and return your texts.” “I’ve never loved another like I love you and I always will.” “I will never hurt you.”

When women come to the point of recognizing these relationships are not God’s intention for either of them, they often struggle with their promises as if they were inviolate and carved in stone. Yet the bigger issue—which they need help to see because brokenness keeps us bound up in blindness—is that keeping some promises means sinning against God. In that case, obedience to God is the better choice, even if it means breaking a promise that never should have been made in the first place.

In that case, the right thing to do is repent of making the promise, confess it as sin, and turn in obedient trust to God, depending on Him for help in the painful process.

Recently, a friend who is getting help extricating herself from a sinful relationship told one of her helpers, “But when my friend comes over to help me get out of bed in the morning because I’m depressed, I would be an awful person if she drove all the way over here and I didn’t answer the door and let her in.” The helper wisely responded, “You’re concerned about being an awful person for not answering the door, but you’re in a relationship with a married woman! What about the adultery? Which one is the sin?”

Sometimes, we make promises we shouldn’t make because we didn’t check first with God. Many years ago, our church choir director arranged a day-long seminar with a very wise man. One thing he said stopped me in my tracks: “Why are you here? The need is not the call; the call is the call. If God did not call you to this ministry, then you’re not available for what He wants you to be doing.” I realized I had never asked the Lord if He wanted me to sing in the choir, and when I asked,

He said no. Embarrassed, I tendered my resignation so that I'd be available for the "something else" that He actually wanted me to do—which, it turns out, was teaching women's Bible study. Both the women in the study and the other singers in the choir can testify that I am a far better teacher than singer!

Are there promises you should break so you can say "yes" to God instead?

This blog post originally appeared at

blogs.bible.org/tapestry/sue_bohlin/when_to_break_a_promise