

What Happens After Death? A Christian Perspective

Dr. Pat Zukeran brings a biblical perspective to a question we all would like to know: what happens to me after I die? He looks to the Bible to determine what we can and cannot know about our life after we pass out of our present bodies.



This article is also available in [Spanish](#).

Differing Perspectives on Death

For the entire existence of mankind, we have struggled with the question, “What happens after death?” Our answer to this dilemma has great implications for our life here on earth. Although many avoid the issue, we must sooner or later address the question. There are many competing answers to this question.

Atheists believe that at death one ceases to exist. There is no afterlife or eternal soul that continues in eternity. All there is to look forward to is our inevitable death, the future death of mankind, and the universe. It is in the face of this future that the atheist must seek to find meaning and purpose for his own existence.

The Eastern and New Age religions that hold to a pantheistic worldview teach that one goes through an endless cycle of reincarnation until the cycle is broken and the person becomes one with the divine. What form a person becomes in the next life depends on the quality of life lived in the previous life. When one unites with the divine, he ceases to exist as an individual, but becomes part of the divine life force, like a drop of water returning to the ocean.

Those who hold to the animistic or tribal religions believe

that after death the human soul remains on the earth or travels to join the departed spirits of the ancestors in the underworld, also called the realm of the shadows. For eternity they wander in darkness, experiencing neither joy nor sorrow. Some of the spirits of the deceased may be called upon to aid or torment those on earth.

Islam teaches that at the end of history, God will judge the works of all men. Those whose good deeds outweigh their bad deeds will enter into paradise. The rest will be consigned to hell. The Koran teaches that in paradise men will be drinking wine and entertained by heavenly maidens and that they may take several of these maidens for their wives.

Most worldviews must accept their belief in the afterlife on *untested* faith, but the Christian hope is sure for two reasons; the resurrection of Christ and the testimony of God's Word. The Bible gives us the true view of what happens after death. However, many Christians have a misunderstanding of the afterlife. Some believe that they become one of the angels, others believe they go into a state of "soul sleep," while others believe they will be floating on clouds playing harps. In this article, we will examine some popular misconceptions of what lies beyond the grave and perceive what the Bible teaches.

Christians can be assured that death is not something to be feared. Instead, at death we arrive home in heaven. To live means we exist in a foreign country. Death has lost its sting and now is a victory through the resurrection of Jesus our Lord.

Near Death Experiences

For the past thirty years, thousands of people have reported experiencing what are called near death experiences (NDEs). NDEs are encounters where a person, being in full awareness, leaves the body and enters another world. Such experiences

have resulted in life transformation in many individuals. What are we to make of these accounts?

Let us understand that NDEs come from those who have been *clinically* dead, not *biologically* dead. In clinical death, external life signs such as consciousness, pulse, and breathing cease. In such cases, biological death results if no steps are taken to reverse the process. Biological death, on the other hand, is not affected by any amount of attention, for it is physically irreversible.^[1]

The NDE accounts occur at various stages of clinical death. Some occur when the patient is comatose, very close to death, or pronounced clinically dead. Other accounts occur when the patient's heart stops beating. Others occur while the patient's brain ceases to register any activity on the EEG monitor. There have not been any cases of biological or irreversible death for a significant amount of time followed by a resurrection.

What has intrigued scientists and theologians in their study of NDEs is that many of the patients have similar experiences. These include leaving the body and watching from above as doctors work on it, entering a dark tunnel, seeing light, seeing others, meeting a spirit being, experiencing peace, and then returning to the body.

Scientists and doctors from various worldviews have sought to explain this phenomenon. Those from an atheistic worldview have sought to give naturalistic explanations. Their explanations range from hallucination induced by medication, chemical reactions the brain experiences in near death crises, previous encounters long forgotten, and others. These fall short of explaining NDE events.

Many NDEs have occurred without medication. Drowning victims are one example. Also, thousands of NDE victims were able to clearly describe places and people with exact detail while

they were clinically dead. One girl, while near dead, was able to describe what her family did that night at home, what was made for dinner, where everyone sat and even what was said. Others were able to describe in detail objects in rooms nearby and far away from them. One patient described a shoe on the rooftop of a hospital. When the nurses looked, they found the shoe exactly as described. A boy in an accident involving his brother and mother told those around him moments before he died, "They are waiting for me now." The doctor discovered that at that exact time in another hospital the boy's mother and brother had just died. Dr. Gary Habermas and J.P. Moreland provide a comprehensive discussion of NDEs in their book *Beyond Death*, arguing that naturalistic explanations cannot satisfactorily explain the events that occur in NDEs.

NDEs may not conclusively prove there is a heaven or hell, but they do indicate that at death the soul separates from the body, and that a person's spirit is conscious and coherent at death.

However, NDEs do not accurately reflect what lies beyond the grave. NDEs deal with accounts that give a short glimpse behind the curtain of death and therefore they give us an incomplete picture. Colossians 1:18 tells us that Jesus "is the firstborn from among the dead, so that in everything he might have the supremacy." Christ overcame biological death and lives forevermore as ruler over all creation. His supremacy over everything was established through His resurrection. Also, we know that Satan masquerades as an angel of light and can produce counterfeit appearances. It is imperative that we evaluate all experiences in light of Scripture.

Can We Communicate with the Dead?

Do the spirits of the dead have the ability to communicate with the living? One of the most popular current TV shows is "Crossing Over," with psychic John Edward. He, like other

psychics, claims to have the ability to communicate with the spirits of the deceased. He amazes spectators with his ability to reveal details about which only the deceased loved one may have known. From this communication, people attempt to receive comfort, advice, and encouragement.

The Bible teaches that communication with the dead is not possible. Throughout the Bible God commands His people not to indulge in the practice of necromancy, the art of communicating with the dead.

Deuteronomy 18:10-11 states,

Let no one be found among you who sacrifices his son or daughter in the fire, who practices divination or sorcery, interprets omens, engages in witchcraft, or casts spells, or who is a medium or spiritist or who consults the dead . . .

The Canaanites consulted spirits and the dead in hopes of gaining power and predicting future events. This practice is an abomination to God and it is for this reason the Canaanites were ejected from the land. Israel was warned not to imitate the Canaanites or they too would suffer a similar fate.

Contacting the dead is forbidden because the spirits of the dead cannot contact the living. In Luke 16, the rich man who was suffering in hell sought a way to communicate with his living family to warn them of their fate. However, he was not able to communicate in any way nor could the living communicate with him.

Who, then, are mediums and spiritists contacting? If they are indeed contacting a spiritual being, it is most likely a demonic counterfeit. Although the demonic spirit may communicate some truths, the ultimate intention of the spirit is to deceive and take one away from the Lord. This practice can ultimately lead to demonic possession and injury to the person.

In Acts 16:16 Paul encountered girl who could predict the future because a spirit possessed her. Knowing this, Paul eventually cast the spirit out of the girl. Throughout the Bible the practice of necromancy is forbidden.

Some will try to defend necromancy by pointing to 1 Samuel 28. Here Saul requests the Witch of Endor to call up Samuel from the grave. The spirit of Samuel arises and delivers a prophetic message to Saul. Bible scholars take two views on this. Some believe it was a demonic counterfeit masquerading as Samuel. I believe since the prophecy given came to pass, this was indeed Samuel the prophet. Despite Saul's disobedience to God, God made an exception here.

Whichever view you take, it is clear this verse does not encourage one to consult mediums. Saul at this point in his life was out of God's will and because the Spirit of God had left him, he could not receive any word from God. In desperation, he disobeyed God as was the pattern of his life and suffered the consequence. His story teaches us a lesson and is not an example to follow.

One Minute After Death

What happens when we breathe our final breath? The Bible teaches what will occur.

First our immaterial soul and spirit will be separated from our physical body. Second, we will immediately receive the judgment that will determine our eternal destiny. Those who have trusted in Christ's payment on the cross for our sins will enter into eternal life in the presence of God. 2 Corinthians 5:8 states, "We are confident, I say, and would prefer to be away from the body and at home with the Lord." There will be no delay in a state of unconsciousness many call "soul sleep." We will immediately be in God's presence.

Second, the soul in heaven is made perfect in holiness and our

old sin nature is eradicated. Hebrews 12:23 mentions "the spirits of righteous men made perfect." The spirits of the saints are in heaven and they have been made perfect. The struggle with sin that Paul described and all Christians fight comes to an end forever when we, after death, enter our glorified state.

Those who reject this gift, will receive what they have chosen, eternity separated from God in Hell. Hebrews 9:27 states, "Just as man is destined to die once, and after that to face judgment." There is no second chance and there is no cycle of reincarnation. Our eternal destiny is determined by the decision we make for Christ here on earth.

Many assume that after receiving Christ all that remains is a joyful entrance into heaven. Scripture teaches that Jesus will reward us according to how we lived our life on earth. He taught this principle in the parable of the talents in Luke 19. Each servant was entrusted to administer the talents the master gave him. Upon the return of the master, each servant had to give an account for his stewardship. The wise servants were rewarded doubly while the wicked servant was removed.

The lesson for the Christian is that each of us will give an account for our time here on earth. This is not the same as being judged on our salvation status. Christ's death on the cross allows all who believe to enter God's kingdom. We will be judged on our works done since the time of our salvation. This judgment of believers is called the *Bema Seat judgment*. This event is described in 1 Corinthians 3:11-15:

No man can lay a foundation other than the one which is laid, which is Jesus Christ. Now if any man builds upon the foundation with gold, silver, precious stones, wood, hay or straw, each man's work will become evident; for the day will show it, because it is to be revealed with fire; and the fire itself will test the quality of each man's work. If any man's work, which he has built upon it, remains, he shall

receive a reward. If any man's work is burned up, he shall suffer loss; but he himself shall be saved, yet so as through fire.

Paul states that Christ is our foundation. Our works are the building on this foundation. The materials of gold, silver, and precious stones refer to works done with pure motives for the glory of God. The works of wood, hay, and straw are works done with the wrong motives to glorify self.

At the Bema Seat, our works will be tested with divine fire. Those works that were done for the glory of God will endure the flames and will be our reward. Some will regretfully see all their works on earth burned up before their eyes and enter heaven with little or no reward.

The unbeliever will be judged and sentenced to hell. At the end of the age, he faces the Great White Throne judgment. Here, all the unrighteous dead from the beginning of time are judged based on their rejection of the Savior. They are then thrown into the lake of fire for eternity. Revelation 20:11-15 says:

And I saw a great white throne and Him who sat upon it, from whose presence earth and heaven fled away, and no place was found for them. And I saw the dead, the great and the small, standing before the throne, and the books were opened; . . . and the dead were judged from the things which were written in the books, according to their deeds. . . . And if anyone's name was not found written in the book of life, he was thrown into the lake of fire.

Knowing that as Christians we will one day give an account for our lives, we should live as wise stewards over what God has given us. Knowing the fate of the unsaved should fill us with boldness to share Christ unashamedly, with urgency to all. Knowing what lies beyond the grave should motivate us to live life on earth with a mission.

What Will We Be Like in Heaven?

Upon our physical death, the soul is separated from the body and enters immediately into the presence of the Lord. Looking again at Paul's words in 2 Corinthians 5:8, he says, "We are confident, I say, and would prefer to be away from the body and at home with the Lord." The soul in heaven is made perfect in holiness and our old sin nature is eradicated. As discussed above, Hebrews 12:23 mentions "the spirits of righteous men made perfect." The spirits of the saints are in heaven and they have been made perfect. The struggle that Paul and all Christians fight with sin comes to an end forever when we, after death, enter our glorified state.

We will not remain in heaven as a soul without a body. At God's appointed time, there will be a final resurrection where the spirit will be unified with the resurrected body. Although Christians have various views on when this resurrection will take place, we all agree on the resurrection of the body. What will the resurrected body look like?

Philippians 3:20-21 says, "And we eagerly await a savior from there, the Lord Jesus Christ, who, by the power that enables him to bring everything under his control, will transform our lowly bodies so that they will be like his glorious body." 1 John 3:2 promises, "But we know that when he appears, we shall be like him, for we shall see him as he is."

From these two passages we know that our glorified bodies will be like that of Christ. We will not be deified, but we will have the same qualities of His resurrection body. First, our heavenly bodies will be our glorified earthly bodies. Christ's body that died on the cross was the same one that was resurrected. His glorified body was able to travel through walls, appear suddenly, and ascend to heaven.

2 Corinthians 5:1 reads, "[W]e have a building from God, an eternal house in heaven, not built by human hands." The hands

of God will make the resurrected body. 1 Corinthians 15:39-40, 42b-43 tells us:

All flesh is not the same: Men have one kind of flesh, animals have another, birds another and fish another. There are also heavenly bodies and there are earthly bodies; but the splendor of the heavenly bodies is one kind and the splendor of the earthly bodies is another. . . . The body that is sown is perishable, it is raised imperishable; it is sown in dishonor, it is raised in glory; it is sown in weakness, it is raised in power; it is sown a natural body, it is raised a spiritual body.

In answering the mockers of the resurrection, Paul explains that our heavenly bodies will possess flesh that is of a different variety than our earthly ones. They will be bodies of flesh, but as different from our earthly bodies as humans are from animals.

We further conclude that, like a seed, the body will be sown or buried and then one day be raised to life. It is buried in death, decay, weakness, and dishonor. When it is resurrected, it will be changed in every way. It is raised imperishable, glorious, powerful, and spiritual. We will then have eternal, permanent, and perfected bodies.

We will also maintain our identities. In Luke 16:23, Lazarus, the rich man, and Abraham all retained their identity. Imagine, one day we will no longer struggle with the weakness of sin, sickness, and aging. A great future is in store for those in Christ.

What Will We Do in Heaven?

What will we do in heaven for all eternity? Some envision playing golf for eternity, while others envision saints floating on clouds strumming harps of gold. Although great thoughts, they fall short of the glorious future that actually

awaits those in Christ. We are told relatively little about what activities will occur in heaven. We are only given a brief glimpse of our life to come.

First, the moment that saints of all the ages anticipate is seeing the Lord they served face to face. This will be the first and greatest moment after physical death. From then on we will have fellowship in His presence for all eternity.

Second, our life in heaven involves worship. A vivid picture is found in Revelation 19:1-5:

After this I heard what seemed to be the mighty voice of a great multitude in heaven, crying, "Hallelujah! Salvation and glory and power belong to our God, for true and just are his judgments. . . ." And again they shouted, "Hallelujah! The smoke from her goes up for ever and ever." And the twenty-four elders and the four living creatures fell down and worshipped God who was seated on the throne, saying, "Amen. Hallelujah." Then a voice came from the throne saying: "Praise our God, all you his servants, you who fear him both small and great."

Like the sound of roaring waters comes the praise from the saints of all ages. Recently the men from our church described the experience of singing the hymn How Great Thou Art at a Promise Keepers conference. Nothing they said could accurately describe that majestic experience. The closest they could come to putting it into words was, "Awesome! Just awesome!" Can you imagine what it will be like when we sing "Holy, Holy, Holy" along with the saints of all ages in the presence of God? Our worship here is preparation for our future, grand worship in heaven.

Third is the aspect of rest. Heavenly rest here does not mean a cessation from activity, but the experience of reaching a goal of crucial importance. In Hebrews 4:9-11 the writer, addressing the people of God states, "There remains, then, a

Sabbath rest for the people of God; for anyone who enters God's rest also rests from his own work, just as God did from his." Heaven is the final goal reached after our pilgrimage here on earth. We will rest from our sufferings and struggles against sickness, the flesh, the world, and the devil.

Fourth, we will serve the Lord. Luke 19:11-27 teaches a parable about stewardship. The wise servants who multiplied their master's talents were given rule over ten and five cities. Revelation 22:3 tells us, "The throne of God and of the Lamb will be in the city and his servants will serve him." In 1 Corinthians 6:3 Paul rebukes the carnal Christians who cannot settle their own disputes and asks them, "Do you not know that we will judge angels?" In Revelation 3:21 the Lord Jesus promises, "To him who overcomes, I will give the right to sit with Me on my throne, just as I overcame and sat down with my Father on His throne." Apparently we will be given authority over a sphere in God's eternal kingdom. How much we are given depends on our faithfulness to Him on this earth.

Fifth, we will experience fellowship with God and with one another. One of the most painful experiences in life is to say goodbye. Whether it is to see loved ones move to another residence or because of death, farewells are a painful time. For the Christian, there is hope in knowing, our goodbyes are not permanent. One day we will meet again and this time we will never say goodbye again. What awaits the believer after death is a glorious future that cannot truly be imagined!

Notes

1. Gary Habermas & J.P. Moreland, *Beyond Death* (Wheaton, Ill.: Crossway Books, 1998), 156.

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