

# **“I Hurt So Bad Because I Miss My Boyfriend”**

I have been going out with my boyfriend for a year now, I love him so much and there is no doubt he loves me. I always want to be with him but it's not possible at the moment because we are far from each other. I am at university in another country so we only communicate through the phone and emails. We are both devoted Christians, we love God and we comfort each other knowing that God has a purpose and plan for our relationship even as we long to be together.

My problem is I think about him a lot, I think about him sexually also. I long to be with him everyday and I tell him this. I dream of us being intimate, I pray about this and ask God for guidance. I love him so much and there is nothing in the world that I would want right now except to be with him. We are hoping to get married next year when I finish my studies but the thing is it's hard for me now, I just want to be with him. It hurts me worse when I see other people spending time with their loved ones, it makes me feel so lonely and I start thinking of the warm feeling that he makes me feel when I am with him.

I completely understand! My husband just returned from a missions trip out of the country for two weeks and I missed him so much I could practically TASTE it!

What you have isn't so much a problem as it is a painful condition of being separated. Your longing to be with him in every possible way is part of love. I would like to suggest that you turn your emotional energies (and you have a LOT of those for him, right?) from painful feelings into constructive prayer. Every time you find yourself missing him and longing for him, pray for him. There are many scripture prayers you can pray, and I think you would find it very helpful to make a

special prayer journal into which you copy scripture that you turn into prayer for him. For example, consider Eph.1:15-19—

*15 For this reason I too, having heard of the faith in the Lord Jesus which exists among you and your love for all the saints,*

*16 do not cease giving thanks for you, while making mention of you in my prayers;*

*17 that the God of our Lord Jesus Christ, the Father of glory, may give to you a spirit of wisdom and of revelation in the knowledge of Him.*

*18 I pray that the eyes of your heart may be enlightened, so that you will know what is the hope of His calling, what are the riches of the glory of His inheritance in the saints,*

*19 and what is the surpassing greatness of His power toward us who believe.*

You can turn it into a prayer:

“I do not cease giving thanks for \_\_\_\_\_, while making mention of him in my prayers; that You, Father, the God of our Lord Jesus Christ, the Father of glory, may give to him a spirit of wisdom and of revelation in the knowledge of You. I pray that the eyes of his heart may be enlightened, so that he will know what is the hope of Your calling, what are the riches of the glory of Your inheritance in the saints, and what is the surpassing greatness of Your power toward us who believe.”

You can use this time of separation to “log in” hundreds and hundreds of scripture prayers for your beloved, which you can read from your journal (even if it’s a collection of index cards) as prayers as you add to them.

Here is a web page to give you a head start on coming up with some great scripture prayers:

<http://www.believers.org/believe/bel117.htm>

I hope this helps!

Sue Bohlin