“Is It OK for Christians to Dance?”

What about Christians and dancing. Is it OK to dance?

Well generally I say yes, within reason.

First, I see no specific prohibition against it in the Scriptures. That means it is an area of freedom for us as believers in Christ. Now as Paul discussed our freedoms in Christ in Romans, Galatians, and Corinthians, we exercise our freedoms IN Christ. That is to say to His glory, with all appropriate considerations due. Does it edify? Does it offend others? Will it serve my witness for Christ or hinder it?

As with all choices, examining one’s motive is essential. If someone dances in order to arouse and seduce a person they’re not married to, that would be wrong. (There *is* a place for that kind of dance, in the privacy of a married couple’s bedroom, per the Song of Solomon.) The way one dresses while dancing matters too; a number of people can’t watch *Dancing With the Stars* because of the revealing costumes.

Further, we want to consider what kind of dancing is in view. I take my wife swing dancing and country dancing from time to time. We find it great exercise, a fun way to express ourselves and get to know each other better. Further it is an expression of art. That glorifies God doesn’t it?

Last, we have examples in the Bible of those who danced. David is probably the most famous, but there are others.

If you want to read more, consider this article by Probe founder Jimmy Williams: The Christian and the Arts.

It is a more broad examination of the believer to the arts in general – as you can see by the title. But there is a section on music and dance. It should help, I think, in getting you in a good framework from which to approach the question for yourself.

Thanks for writing!

At your service,

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