

“Is It OK to Look Down My Girlfriend’s Top?”

Im a 17 year old male and have been going out with my girlfriend, who I truly love, for almost two and a half years. We are both Christians and have set boundaries that will ensure that sex will only happen after marriage (which could be a possibility for us in a few years). She is a modest girl, unlike the many around who have no problem showing too much skin. I know it is wrong to look at females dressed like this and do my best to keep my eyes off (which I have become pretty good at). I have been trying to determine whether it is OK by God, for me to look at my girlfriend when she wears a top that can be seen down. She is OK with it and appreciates that I don’t look at other girls that way. Is it OK for me to look at the one girl I love in this way as long at it is not lustful and I don’t get addicted to looking at her. I don’t want to be sinning. But, if it’s OK by God I want to be able to enjoy looking at the wonderful girl he has sent to me (God gave her to me after I stopped masturbating). Looking at her helps me to not look at other females when they pass by which is great, but is it OK to look at her this way before marriage.

Dear _____,

The real question is, “Does looking down my girlfriend’s top so I can help myself visually to her breasts, help me or hinder me in my walk with God?” Another important question is, “Does it honor her?”

I would suggest that helping yourself to the breasts of a girl you are not married to is 1) outside the boundaries of marriage, which is the only place where you have a right to gaze at a woman’s breasts, and 2) very effectively pulling your attention off God and holy thoughts, and thus is NOT helping your walk with God.

You may intend to marry your girlfriend, but nothing can guarantee that it will happen until you’ve said “I do.” Couples often break up before marriage despite their hopes and intentions. Furthermore, it is VERY unusual for 17-year-old couples to end up marrying each other, which means that the chances are, you’ve been looking down the top of another man’s future wife, and there is some girl out there that you WILL marry, hoping that you will keep your eyes and all other body parts to yourself as you wait for her.

I know I’ve been very blunt here, but in the interest of giving you direction that will best help everyone involved, both now and in the future, I want to encourage you to exercise self-control in where you look, and don’t deliberately put yourself in a position where you are able to look down anyone’s top.

Hope this helps!

Sue Bohlin
Probe Ministries