“Is There a Demonic Spirit of Homosexuality?”

Could people who honestly believe they are gay, possibly be blinded by a demonic spirit of homosexuality? Or could they possibly have a demon of homosexuality in them? I am not saying all are demon possessed, but what is it that makes them truly, honestly believe that they are born this way?

Having studied both spiritual warfare and the contributing factors to homosexuality, I do not think that a demonic spirit of homosexuality is the definitive explanation for believing one is gay. Yes, deception is an important component to a homosexual orientation; those who experience same-sex attraction unwittingly believe a number of lies about life, about themselves, about others, and often about God. And where sin and deception are, there is often a demonic presence or element.

In those who feel “different” from childhood, homosexuality comes from emotional and spiritual brokenness. There is a constellation of contributing factors to this brokenness: hurtful relationships with parents and peers, unmet emotional needs, emotional traumas due to abuse, wrong perceptions, warped gender identity. I believe that the enemy of our souls exploits this brokenness and whispers lies to broken people that are very easy to believe because they don’t know they’re lies. (Lies such as, “You make a lousy boy [or girl].” “You’re not like everybody else.” “Nobody will accept you.” “If you were a better boy/girl, your father/mother would love you more.” “The way to get love is through sex.” “God made you gay.” “You may not like being like this, but you can’t change.” “You don’t deserve anything better.”) So in this way, there is probably a demonic element to the development of homosexuality.
In regard to those who experienced a normal heterosexual childhood: some people are so addicted to indulging their flesh that they turn to homosexual behavior in adulthood. In this case, sin grows up from within the darkened human heart, as described in James 1:14-15: “But each one is tempted when he is carried away and enticed by his own lust. Then when lust has conceived, it gives birth to sin; and when sin is accomplished, it brings forth death.” There’s probably some demonic influence involved in this process as well.

Is there an actual demonic spirit of homosexuality? Probably so. I have heard a few (a very few, and I’ve been involved in homosexual ministry for 10 years) testimonies of people who experienced something like a net of same-sex lust being dropped on them, or out-of-the-blue, overwhelming homosexual desires coming upon them like a car wreck. I have also heard from people who report having experienced a spirit of sexual “strangeness” ever since early childhood. In those cases, eventually they recognized the demonic aspect and stood against it. Sometimes, people can dabble in homosexual behavior, and this sin opens the door to demonic oppression. Only repentance, renouncing the door-opening in Jesus’ name, and trusting in Christ, makes the demons leave.

But on the other hand, many gay-identifying individuals have pursued deliverance ministry, seeking to have “the demon of homosexuality” cast of out them—and it didn’t make any difference in their feelings or thoughts, because that wasn’t the cause of their same-gender attraction in the first place. They were seeking an easy fix to a complex problem, but if it’s not the cause of the problem, it won’t work. Romans 12:2 directs us to be transformed by the renewing of our minds, which means changing our beliefs and thoughts (which can result in a change of feeling), but this is the work of discipline. Again, no easy fix.

You ask why people honestly believe they are born homosexual. Well, for the same reason you could honestly believe you were
born an English speaker. You’ve always spoken English, it’s all you’ve ever known, it’s the most natural thing in the world for you. The reality is that you, like all humans, were born a LANGUAGE speaker, but being an English speaker was shaped by thousands of interactions with your family and your culture. Homosexuals are shaped in similar ways that started at birth. All people are born to be relational, but some people are relationally broken because of thousands of interactions that are a result of living in a fallen world with fallen people. And different people express relational brokenness in different ways. I think of families where one sibling is gay and another deals with chronic rage or depression. Different kinds of brokenness, depending on the personality and perceptions of the individuals.

I hope this helps.

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