

# “Our Kids Have a Problem with Anger”

I read your commentary, [“Supernatural Parenting.”](#) I have 5 and 7 year old boys and a 9 year old girl and we have a family problem. I call it easy provocation to anger which is antithetical to the fruits of the spirit including patience. Do you know of any other resources to call upon supernatural power to meet the demands of parenting in this regard?

One of the things I would encourage you to remember is that there is no spiritual maturity without emotional maturity, and part of being a child is immaturity. So a big part of your family problem is simply developmental angst that comes from having kids!

I do want to suggest, however, three books:

- *Boundaries with Kids* by John Townsend and Henry Cloud
- *Parenting with Love and Logic* by Foster Cline and Jim Fay
- *The Heart of Anger* by Lou Priolo. It has a workbook as well.

As you trust the Lord to be patient in you as you deal with your kids and model His patience to them, these books will provide sound, biblical wisdom in practical parenting techniques. I really wish I'd had them when my two were growing up!

I hope this helps.

Warmly,

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