Helping Teens Understand Homosexuality — Facts to Help Youth Withstand the Current Culture

Sue Bohlin provides practical ways to communicate with teens about common misunderstandings and the truth concerning homosexuality. Recognizing that teens deal with peer pressure to experiment and feelings of same sex attraction, she provides real ways to help teens make their way through this maze of contradiction and confusion.

In this article we look at ways to communicate the truth about homosexuality to teens. We examine the lies they are told and the sexual pressure they are under. We also look at ways to help kids process their gender confusion, as well as address helpful



ways to encourage teens who already identify themselves as gay or lesbian. And finally, we provide perspective on how to treat those who struggle with same-sex attraction in a compassionate and godly way. By looking at this topic, from a Christian, biblical worldview perspective, we can communicate the depth of God's love and His desire for us to experience the best life possible.

The Lies They Hear

In many schools and in the rest of the culture today, only one perspective is allowed to be heard. Consider four lies that are very familiar to teens today:

First, "Homosexuality is normal and healthy." It's neither. The fact that it simply occurs (in about 2% of the population) doesn't make it normal. When we look at the way males and

females were designed to complement each other both emotionally and sexually, that tells us something about the nature of homosexuality, that something has gone wrong somewhere. This is not judging the people who experience samesex attraction; it's like a red light on the dashboard of a car, denoting that something needs attention.

Acting physically on same-sex attractions is certainly not healthy. Those who do are at far greater risk for sexually transmitted diseases, including AIDS; alcoholism and drug abuse; depression; emotionally exhausting relationships; and a shortened lifespan. {1} Please see the "Facts About Youth" website from the American College of Pediatricians, especially this article: Health Risks of the Homosexual Lifestyle.

Lie #2: "If you're attracted to someone of the same sex, that means you're gay or lesbian." Not so. It really means that there are unmet, God-given needs for love and attention that were supposed to be met earlier in life. Having crushes on other people, of both sexes, is also a normal part of adolescent development. It means teens are transitioning emotionally from child to adult.

The third lie is, "Since you were born that way, you can't change." First, there is no scientific evidence that anyone is born gay. It's a myth that has been repeated so often that people believe it. Second, thousands of people who were once gay have experienced significant changes in their attractions and behavior. {2} Change is possible.

The fourth lie is, "Embrace and celebrate your gay identity, because gay life is cool." Those in ministry to those dealing with unwanted homosexuality have heard many heartbreaking stories of the truth: a dark side of intense and difficult relationships, relational patterns of disillusionment and breakups, physical and emotional unhealthiness.

Countless people have said they wished they never entered the

gay community in the first place, but it's hard to leave.

Teens and Sexual Pressure

Adolescents are under an extraordinary amount of sexual pressure. They live in a sex-saturated culture, and the messages they receive from the media and, unfortunately, in school, clearly communicate an expectation that sex is just part of having a social life. Rarely do they hear about the heart-wrenching consequences of being sexually active, both physically and emotionally. The agenda pushing sexual freedom is also engaged in trying to normalize homosexuality as well.

Teens are pushed to decide early if they are gay, straight, or bisexual, as young as elementary school. But kids in their early teens, much less even younger than that, are no more equipped to "decide" their sexual orientation than they are to choose a college major and career track. A landmark study done by the University of Minnesota determined that at age twelve, one fourth of the students were unsure of their sexual orientation. Their bodies were just beginning to experience the changes that would turn them from children into adults, and they were being asked if they were gay, straight, or bisexual. No wonder so many were confused! But by age seventeen, that number of kids unsure of their sexual orientation had dropped to 5%.{3}

And psychiatrist Dr. Jeffrey Satinover says, "[W]ithout any intervention whatsoever, three out of four boys who think they're gay at age 16 aren't by 25. So if we're going to treat homosexuality as a state, 75% of 'gays' become 'non-gay' spontaneously. That's a statement which I consider ludicrous, but if you accept this tacit proposition—that being gay is an actual state, like being short or being tall, black or white—then in three out of four people that condition changes itself spontaneously. . . That's with no outside intervention, just the natural processes of development." {4}

We need to tell teens, "It's too soon to 'declare a major' in your sexuality."

Teens are also pressured to experiment with both sexes as the only way they can know their sexual orientation. It's presented as nonchalantly as our cruise ship table partner suggesting we try escargot—"Hey, how can you know if you like it unless you try it out?"

Teenage sexual behavior can have lifelong consequences, but they are not in a position to recognize that. Their brains don't finish developing until age twenty-five, and they tend to make decisions out of the region of the brain that controls emotion. So they are easily swayed to make dangerous and irresponsible choices, like engaging in any kind of sexual behavior.

Teens need to be encouraged to face the sexual pressures and stand against them.

Gender Insecurity

At a conference I attended, author and ministry leader Andy Comiskey{5} shared a painful experience in junior high where one day, out of the blue, the whole school was abuzz with the rumor that Andy was gay. There was even graffiti about it on the wall. He struggled with his sexual identity, but he had never acted out. He walked into a classroom on an errand and on his way out, two boys called "Faggot!" He was crushed and humiliated. Later on, he made it into a self-fulfilling prophecy and immersed himself in the gay lifestyle.

I went up to him and asked, "If you could rewrite the script of that incident, knowing what you do today, what would it look like?" He said, "Oh, I wish there had been some sensitive adults, especially in the church, to talk freely with me and other kids about 'gender insecurity.' They wouldn't even have to talk about homosexuality or use the word—many kids can

relate to the idea of 'gender insecurity.' It would have been so freeing for me to have someone acknowledge that it's a real thing, but it didn't mean I was gay. I wish there were people who could have spoken truth into my life at that point."

One kind of truth that kids should hear is that around age ten, attraction for the same sex begins. This attraction is emotional, non-sexual, and involuntary. It doesn't mean teens are gay or lesbian; it means they are transitioning through normal adolescent development. We have to learn to attach to people of our same sex before we can learn to attach to people of the opposite sex. But most teens don't know this.

Some kids don't feel secure in their masculinity or femininity for a variety of reasons, usually having to do with not being affirmed by parents and peers. God gives each of us needs for attention, approval and affection. When those needs are not met, the onset of hormones can sexualize this "hole in the heart." Some teens can find themselves longing for the attention, approval and affection of people of their same gender. When others put on them the false and hurtful labels of "homo," "fag," or "lez," they can easily find themselves believing the lies.

When teens are not secure in their gender, they don't need to be pointed to gay groups at school. They need to be affirmed and encouraged to develop their innate, God-given masculinity or femininity, to see their gender as good. They need to have other kids reach out to make them feel "one of the guys" or "one of the girls." They need time to finish growing up.

Teens Who Identify as Gay or Lesbian

Growing numbers of teens are self-identifying as gay or lesbian. In many circles, being gay—or claiming to be gay—is now considered cool, especially among girls.

Teenagers experiment with same-sex relationships for a variety

of reasons. Some experience normal crushes on same-sex peers and think this means they are gay—or their friends *inform* them that's what it means. What it really means is that they are learning to form deep and intense attachments which is a necessary precursor to maintaining long-term adult relationships like marriage.

Others experiment with same-sex relationships out of a legitimate need to belong. Some kids are simply curious; they just want to try it out like a new shade of lipstick.

Some teens experiment with same-sex relationships because others have labeled them gay or lesbian, and they wonder, "Am I? Do they know something I don't know? Maybe I am and I need to go in that direction." This is one reason it's so important to impress on all kids the absolute unacceptability of name-calling and other cruelties. It's not only bullying behavior, it can have terrible emotional consequences.

Some adolescents pursue same-sex relationships because they are anxious about growing into adolescence and the responsibilities of adulthood. So they hide behind immature and emotionally volatile same-sex feelings and behaviors.

Often, what teens are attracted to in same-sex peers are the characteristics they wish they had in themselves: popularity, good looks, a winsome personality, a strong physique. This kind of jealousy doesn't mean they are gay or lesbian; it means there is an area they need to build confidence in!

Most girls who get involved in same-sex relationships start out in friendships that grow increasingly controlling and needy. In these emotionally dependent relationships, girls can get so enmeshed with each other that their relationship turns physical.

Many people who later identify as gay or lesbian report feeling different from others, feeling like they don't fit in or belong. Girls can feel like they don't belong to the world of girls, and guys almost always feel like they can't measure up in the world of males. This is gender insecurity, not homosexuality, but teens usually don't hear this message. They need to.

Labels such as "gay" and "lesbian" and "homo" and "dyke" are incredibly hurtful, and it is easy for those who are slapped with those labels to believe them. But God doesn't call anyone homosexual or lesbian; those labels are man's invention, not biblical truth. It's essential for teens to know who they are in God's sight—beloved, precious, and stamped with the imprint of His acceptance and delight.

When Teens Struggle with Same-Sex Attraction

If you know teens who are struggling with feelings of same-sex attraction, or who seem to be experiencing gender insecurity, let me make some suggestions on how to minister to them.

First, don't address the issue of homosexuality head-on. Same-sex strugglers are always wrestling with feelings of inferiority, rejection, shame and fear, so it's extremely uncomfortable for anyone to bring up the subject. The heart of the issue for kids who find themselves attracted to others of the same sex are these dark and negative feelings. It's much better to ask indirect questions that encourage them to talk about the underlying feelings of disconnection with a parent, or the ridicule of their peers, or depression and sadness.

Second, don't use any labels. Teens who struggle with their gender identity already have a huge struggle with feeling that the rest of the world has put an unwelcome label on them. The false, man-made labels of "gay" and "lesbian" are hurtful, false, and restricting.

Consider what it would be like if we created a label such as "angro" for people who are easily ticked off and walk around

in a continual low-level state of hostility. What if people went around saying, "I'm an angry person. That's just the way I am—that's WHO I am. I'm an angro." They might believe they were born angry, that they have an "angro gene." Not only is the label of "angro" false and misleading, but it can lead people to believe the lie that it is a permanent state or condition rather than a description of one's current feelings.

That's what happened with the relatively recent labels of "gay" and "lesbian." They can become like jail cells, making people feel hopelessly trapped in a state or condition. It's much better to help teens deal with the fact that they are experiencing some attractions to their same gender, and those feelings are like the red light on the dashboard of a car. They mean there's something going on inside that needs some attention. And that's literally true: God creates all of us with the need for attention, affection and approval, and those are the things adolescents are craving when they have feelings for people of the same sex. The needs are legitimate; we need to help them be met in healthy ways. This is where the church and other Christian youth organizations can make all the difference in the world.

Third, communicate to kids who struggle that God did not make them gay. God doesn't make anyone gay, and there is no scientific evidence that there is a biological basis for homosexual feelings or behavior. Even if they feel that they were born gay, this is the result of being told a fairy tale. Were American kids born English speakers? That's all they ever knew, right? No, they weren't born English speakers, they were born language speakers. Which language they speak is a matter of the shaping influences of their upbringing. Kids who experience same-sex attraction were born to be relational creatures, but how those relationships shape their souls is a function of their temperaments, their home life, and how they relate to other kids.

Fourth, give them a safe place to process their feelings

without being shamed or condemned. For many teens, this unfortunately rules out their home, school, or church. I'm sure it grieves God's heart that for many people, church is the most unsafe place on the planet for those who struggle with various life-controlling sins and urges. But there is a great free, online support group for struggling youth, moderated by an experienced and understanding youth pastor, at www.livehope.org. Kids can safely talk to others like themselves and learn how intimacy with Jesus Christ brings healing and change to broken and wounded hearts.

Fifth, many students who experience same sex attraction often feel fake if they don't choose to identify with or act on their feelings. They have believed the lie that gay or lesbian is what they are. They want to be real. But getting real is becoming who God created them to be, despite their feelings of what whose around them might say. {6} Finding out who God says they are is the true path to being real and not fake.

The Call to Understanding and Compassion

Many teens feel, "I just don't get this whole gay/lesbian thing." That's perfectly understandable. Only 2-3% of the population deals with same gender attraction. The fact that it's such a huge issue in our culture is completely out of proportion to the actual number of people experiencing it.

Kids need to know a few things about those who do struggle with same-sex attractions and feelings. First, they didn't choose it. It's something people discover, not something they decide on. And almost every single person who discovers they have strong feelings and fantasies about the same sex is horrified and terrified by this discovery. It's a very painful part of their life, so it's important for others to be respectful and kind.

Second, having crushes and strong feelings for friends and teachers of the same sex is a normal part of adolescent development. It doesn't mean a teen is gay or lesbian. When other kids assure them that it does, it is slapping a false and hurtful label on them that they may find almost impossible to take off. If someone walked up to you and put a "Hi, My Name Is" nametag on you that had someone else's name on it, you probably wouldn't have any trouble taking it off and saying, "There's a mistake here—that's not who I am." But when kids do the same thing with the "nametag" of "gay" or "lesbian," they usually put it on kids who don't have the security and self-confidence to realize that's not who they are, and they can go through the rest of their lives believing a lie.

Third, be compassionate. People don't know who around them is struggling, either with their own same-sex desires and attractions, or the painful burden of knowing a family member or loved one has them. They only have to show contempt once for those who experience same-sex feelings to show that they're not a safe person.

Fourth, be respectful. That means cutting phrases like "Oh, that's so gay" out of their vocabulary. It means not throwing around words like "homo" or "fag" or "queer." Every gay joke or insult is like sticking a dagger in the heart of those who carry a painful secret.

The bottom line for helping teens understand homosexuality is to call them to see God's design as good, and show grace and compassion to those who don't see it. Be "Jesus with skin on" in both His holiness and His kindness.

Notes

1. Peter Freiberg, "Study: Alcohol Use More Prevalent for Lesbians," *The Washington Blade*, January 12, 2001, p. 21. Karen Paige Erickson, Karen F. Trocki, "Sex, Alcohol and Sexually Transmitted Diseases: A National Survey," *Family Planning Perspectives* 26 (December 1994): 261. Robert S. Hogg

- et al., "Modeling the Impact of HIV Disease on Mortality in Gay and Bisexual Men," *International Journal of Epidemiology* 26 (1997): 657. Also note this article by Dr. John R. Diggs, Jr.: The Health Risks of Gay Sex (catholiceducation.org).
- 2. Read a few of the testimonies at the Living Hope Ministries website, www.livehope.org.
- 3. www.freetobeme.com/yw minn.htm
- 4. Homosexuality and Teens: An Interview with Dr. Jeffrey Satinover, Massachusetts Family Institute.

www.mafamily.org/Marriage%20Hearing%202003/satinover2.htm

- 5. Founder and Director of Desert Stream Ministries, author of Pursuing Sexual Wholeness and Strength in Weakness.
- 6. www.becomingreal.org
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See also: answers to many questions in <u>"Probe Answers Our E-Mail: Homosexuality"</u>

"I Liked the Article About Modern-Day Knights"

I read the article "Raising a Modern-Day Knight" by Louis D. Whitworth. I would like to thank him and the others involved with the article. I am going to be turning 20 April 16 of this year. I know that I am not a teenager anymore but that did not make me a man. At least I do not feel like one. I do have Jesus in my heart. I was raised at a FBC understanding. Also I did not get a Father till 12. I would like to thank him again and the site. I will be looking at your site in the future. I pray that Mr. Whitworth will get this message of thanks.

Hi _____,

Happy Upcoming Birthday!

I will certainly make sure that Lou gets your message. He is no longer with Probe, but I will forward your note to him. Do yourself a favor and get a hold of the book he reviewed (Raising a Modern-Day Knight by Robert Lewis), or another truly exceptional book that we enthusiastically recommend to all our high school and college age guys who come to our conferences: Tender Warrior by Stu Weber. If you want to know how to grow into being a godly man, that's the best book there is. Lots of men in their 30s and 40s have been greatly impacted by this book, and if you read it as you turn 20 you will be SET!

God bless you.

Sue Bohlin Probe Ministries

"My Son Wants To Go to a Britney Spears Concert"

My son is 15 years old. My husband and I have differing opinions on our son's attraction to Britney Spears. Our son has requested tickets to her concert. The photographs I've seen are extremely sexual and seem pornographic. Her physical gyrations at the concerts are repulsive to me but I know my son loves it. It seems that this fixation on Britney is cultivating a strong appetite for more sexually explicit visual stimulations in the future. Share your thoughts or

scripture please.

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I know what \boldsymbol{I} think, but I thought it might be helpful to ask my son Kevin, a college sophomore home for a visit, how HE would answer your question.

First of all, he just shook his head and said "Keep that boy away from her!! She has incited so many guys to lust—I don't care WHAT she says about being a virgin. She's a tease."

Then he sat down with his Bible and provided the following perspective:

Proverbs 5:3-5 says, "For the lips of the adulteress drip honey. . . her steps lead straight to the grave." Verse 8 says, "Keep far away from her and do not go near the door of her house." Kevin pointed out that Britney's provocative dress and onstage behavior has invited so many men to lust after her that, according to the way the Lord Jesus equated lust with adultery in the mind, she could reasonably be considered an adulteress. Not literally, of course, but acting deliberately with the intent of making young men lust after her. And not very different from the woman warned against in Proverbs.

2 Timothy 2:22 says, "FLEE youthful lusts. . ." Don't even let there be an opportunity, either in behavior or in one's mind, to pursue unholy thoughts. Going to a Britney Spears concert is the exact opposite of fleeing youthful lusts.

And finally, Kevin brought up Proverbs 6:20 and 24-25: "My son, observe the commandment of your father and do not forsake the teaching of your mother . . . To keep you from the evil woman, From the smooth tongue of the adulteress. Do not desire her beauty in your heart, Not let her capture you with her eyelids."

My mother's heart is delighted that he put such emphasis on

your (and my!) role in your son's life. From that same mother's perspective, I would put this in the same context as the kind of unpopular decisions we make all the time:

- "I realize you don't want to brush your teeth and you don't see any reason for it, butyou need to do it anyway."
- "I realize you prefer pizza and chocolate cake to anything green, but it's important for you to eat vegetables, and there will BE no pizza or chocolate cake until you eat the healthy stuff."
- "I understand you hate pain and so do I, but you have to go to the doctor and get this booster shot, and I'm afraid you don't have a choice in this."

So it follows that we would say, "Yes, son, I know you think Britney Spears is the hottest thing since fire and this constitutes child abuse, but because I love you and want to protect you from your own flesh and hormones, you can't go. End of discussion."

Part of the value of God placing parents in a place of authority and protection over children is that we are able to see farther down the road than they are, and we can see the big picture of life better than they can. So we make them do things they don't want to do, and we prevent them from doing things they really want to do, because acting in their best interests is more important to us than feeling popular and well-liked by our kids. We are no longer in high school; we can choose being wise and responsible over being popular.

But then there's the other issue, which is that your husband and your son are apparently in agreement *against* your position and beliefs. I'm so sorry you have to deal with that!

But according to what the scripture says about our role as wives, we need to be in submission at the same time that we support our husbands by providing our God-given woman's

perspective. So all you can do is speak to your husband (ALONE) about how you think about this issue (and I would use the word "thoughts" rather than "feelings" since it's a temptation for many men to dismiss women's feelings as unreliable and not valuable. Not fair, I know, but it seems to be the way it is a lot of the time). The more logical and analytical you can be in sharing your perspective, the better the communication will probably be. Once your husband knows your position, leave the final decision up to him (which it should be anyway since he's the dad) and turn over the situation into God's hands. (This reminds me of a word of wisdom I heard the other day: If you can't change something, release it.) If your son ends up going to the concert, pray for him! Pray that he will have eyes to see the truth about what Britney's doing; pray that he will feel guilty; pray that he will have a growing discomfort with this kind of selfabsorbed fleshly behavior. And if you haven't read The Power of a Praying Parent by Stormie Omartian, get it and pray it!

I hope this helps.

Blessings on you,

Sue Bohlin Probe Ministries

Sex Education

Christians are increasingly confronted with arguments in favor of sex education in the public schools. Often the arguments sound reasonable until the scientific reports that advocate these programs are carefully analyzed. I am going to be discussing a number of these studies and will conclude by providing a biblical perspective on sex education.

I want to begin by looking at reports released by the Alan Guttmacher Institute, the research arm of Planned Parenthood. One of these reports was entitled, "Teenage Pregnancy in Developed Countries: Determinant and Policy Implications."

Alan Guttmacher was president of Planned Parenthood from 1962 until his death in 1974, so it is not surprising that the Guttmacher report supports the Planned Parenthood solution to teenage pregnancy. The Guttmacher report concludes that the adolescent pregnancy rate in the U.S. is the highest among developed nations and implies that this rate will decline if sex-education programs are instituted and contraceptive devices are made readily available.

There are a number of problems with the report, not the least of which is the close connection between the Guttmacher Institute and Planned Parenthood. But even if we ignore this policy-making symbiosis, we are still left with a number of scientific and social concerns.

First, the authors of the report selected countries that had lower adolescent pregnancy rates than the U.S. and looked at the availability of contraceptive devices. But what about countries like Japan, which has a very low teenage pregnancy rate but does not have a national sex-education program? Japan was excluded from the final "close" comparison of countries. In a footnote, Charles Westoff says that "conservative norms about early marriage and premarital sex may explain this phenomenon better than the availability of fertility control." So we are given only a selected look at developed countries; those with conservative morality (like Japan) were excluded.

Second, the researchers cite statistics that make a case for sex education but seemingly ignore other statistics of concern to society at large. For example, the Guttmacher report suggests we can learn a great deal from Sweden's experience with sex education, which became compulsory in 1954. While it has a much lower teenage pregnancy rate than the U.S., Sweden

has paid a heavy price for this rate. Here are a few crucial statistics that should have been cited along with the Guttmacher report.

From 1959 to 1964, the gonorrhea rate in Sweden increased by 75 percent, with 52 percent of the reported cases occurring among young people. Between 1963 and 1974, the number of divorces tripled and the number of people bothering to get married dropped 66 percent. By 1976, one in three children born in Sweden was illegitimate, despite the fact that half of all teenage pregnancies were aborted.

So while it is true that the teenage pregnancy rate in Sweden is down, the percentages of venereal disease, illegitimate births, and teenage disillusionment and suicide are up.

School-Based Health Clinics

With more than one million teenage girls becoming pregnant each year, family-planning groups are pushing school-based health clinics (SBCs) as a means of stemming the rising tide of teenage pregnancy.

These groups argue that studies of teen sexuality demonstrate the effectiveness of these clinics. Yet a more careful evaluation of the statistics suggests that SBCs do not lower the teen pregnancy rate.

The dramatic increase in teen pregnancies has not been due to a change in the teen pregnancy rate but rather to an increase in the proportion of teenage girls who are sexually active (28 percent in 1971, 42 percent in 1982). The approximately \$500 million in federal grants invested in sex-education programs since 1973 has not reduced the number of teen pregnancies. So proponents now argue that health clinics located in the public schools can reduce the rate of teen pregnancy by providing sex information and contraception.

The most oft-cited study involves the experience of the clinic

at Mechanics Arts High School in St. Paul, Minnesota. Researchers found that a drop in the number of teen births during the late 1970s coincided with an increase in female participation at the SBCs. But three issues undermine the validity of the study.

First, the Support Center for School-Based Clinics acknowledges that "most of the evidence for the success of that program is based upon the clinic's own records and the staff's knowledge of births among students. Thus, the data undoubtedly do not include all births."

Second, an analysis of the data done by Michael Schwartz of the Free Congress Foundation revealed that the total female enrollment of the two schools included in the study dropped from 1268 in 1977 to 948 in 1979. The reduction in reported births, therefore, could be attributed to an overall decline in the female population.

Finally, the study shows a drop in the teen birth rate, not the teen pregnancy rate. The reduction in the fertility rate was probably due to more teenagers obtaining an abortion.

A more recent study cited by proponents of clinics is a three-year study headed by Dr. Laurie Zabin at Johns Hopkins University. She and her colleagues evaluated the effect of sex education on teenagers. Their study of two SBCs showed a 30 percent reduction in teen pregnancies.

But even this study leaves many unanswered questions. The size of the sample was small, and over 30 percent of the female sample dropped out between the first and last measurement periods. Moreover, the word abortion is never mentioned in the brief report, leading one to conclude that only live births were counted. On the other hand, an extensive national study done by the Institute for Research and Evaluation showed that community-based clinics used by teenagers actually increase teen pregnancy. A two-year study by Joseph Olsen and Stan Weed

(Family Perspective, July 1986) found that teenage participation in these clinics lowered teen birth rates. But when pregnancies ending in miscarriage or abortion were factored in, the total teenpregnancy rates increased by as much as 120 pregnancies per 1000 clients. Olsen and Weed's research had been challenged because of their use of weighting techniques and reliance on statewide data. But when they reworked the data to answer these objections for a second report, the conclusion remained.

School-based health clinics are not the answer. They treat symptoms rather than problems by focusing on pregnancy rather than promiscuity. And even if we ignore the morality of handing out contraceptives to adolescents, we are left with a claim that cannot be substantiated.

Planned Parenthood

Planned Parenthood has been running ads in newspapers around the country that adopt a lesson from George Orwell and engage in a heavy dose of "newspeak." One ad, for example, contains an impassioned plea for the continued legalization of abortion by defeating what they call "compulsory pregnancy laws."

I take it that by "compulsory pregnancy laws," they mean antiabortion laws. But the ads seem to imply that the people who want to stop the killing of unborn babies are also bent on coercing women into getting pregnant. That is not what the ads really mean, but isn't it a bit odd to label laws against abortion "compulsory pregnancy laws?"

Another ad carries the title, "Five Ways to Prevent Abortion (And One Way that Won't)." According to the ad, outlawing abortion won't stop abortions. But it will. While it may not stop all abortions, it certainly will curtail hundreds of thousands that are now routinely performed every year. And it will force many women who presently take abortion for granted to consider what they are doing.

But what are some of the ways Planned Parenthood suggests will stop abortion? One of their proposals is to "make contraception more easily available." The ad states that, since the early 1970s, Title X for national family planning has been supported by all administrations except the Reagan and Bush administrations. The ad therefore encourages readers to lobby for increased funding of Title X.

By the way, Planned Parenthood has been the largest recipient of Title X grants. In other words, the solution to abortion requires we give more of our tax dollars to Planned Parenthood.

Foundational to this proposal is a flawed view of teenage sexuality that sees cause-and-effect in reverse order. Accepting a distorted fatalism that assumes teenage promiscuity as inevitable, Planned Parenthood calls for easy access to birth control. But isn't it more likely that easy access to contraceptives encourages easy sex? Another proposal listed in the ad is to "provide young people with a better teacher than experience." As commendable as that suggestion may sound, what is really being proposed is increased funding for sex-education courses in public schools and the community. Again, notice the presupposition of this proposal. The ad writers assume promiscuity and propose further sex education in order to prevent pregnancy. The emphasis is on preventing pregnancy, not preventing sexual intercourse.

Hasn't Planned Parenthood ignored a better option? Isn't chastity still the most effective means of preventing pregnancy as well as a multitude of sexual diseases? Shouldn't we be encouraging our young people to refrain from sex before marriage? Shouldn't we teach children that premarital sex is immoral?

Arguments for sex education frequently ignore the reality of human sinfulness. We simply cannot teach sexuality in the schools and expect sexual purity unless we also teach moral principles. The greatest problem among young people today is not a lack of education, but a lack of moral instruction.

Parental Notification

Next I want to focus on state laws that require parental notification when minor children are given prescription birth-control drugs and devices.

Opponents refer to these requirements as "squeal rules" and denounce them as an invasion of privacy. This reaction illustrates how far our society has deviated from biblical morality.

High-school students must routinely obtain parental consent in order to go on field trips, participate in athletics, or take driver's education classes. Many school districts even require parental consent before a student can take a sex-education class. But opponents of parental notification believe these regulations constitute an invasion of privacy.

Critics argue that such regulations will not change the sexual mores of our teenagers. Perhaps not, but they do encourage parental involvement and instruction in the area of sexual morality. The moral burden is placed upon the parent rather than the family- planning clinic.

Without such rules, government ends up subverting the parent's role. Each year taxpayers subsidize thousands of family-planning clinics that provide medical treatment and moral counsel, yet balk at these meager attempts to inform parents of their involvement with their children.

Ultimately, who has authority over teenagers: the clinics or the parents? Opponents of these "squeal rules" would have you believe that these clinics (and ultimately the government) are sovereign over teenagers. But parents are not only morally but legally responsible for their children and should be notified of birth- control drugs and devices dispensed to teenagers. But even more important than the question of authority is the question of morality. Premarital sex is immoral. Just because many teenagers engage in it does not make it right. Statistics are not the same as ethics, even though many people seem to have adopted a "Gallup poll" philosophy of morality.

Critics of the squeal rule believe government should be neutral. They argue that government's responsibility does not include "squealing" to teenagers' parents. But in this situation an amoral stance is nothing more than an immoral stance. By seeking to be amoral, government provides a tacit endorsement of immorality. Secretly supplying contraceptives through government-subsidized clinics will not discourage premarital sex. It will encourage teenage sexual promiscuity.

Again, critics of the squeal rule see cause-and-effect acting in only one direction. They contend that the fact of sexually active teenagers requires birth control clinics. But isn't the reverse more accurate? The existence of birth control clinics, along with the proliferation of sex-education courses, no doubt contributes to teenage promiscuity.

Experience with these rules shows that parental notification will increase parental involvement and thus reduce teenage pregnancy and abortion. Parents should not be denied the opportunity to warn their children about the medical, social, and moral effects of premarital sex.

Make no mistake-parental notification laws will not stop teenage promiscuity; secrecy, however, will do nothing but ignite it.

A Biblical Perspective

I would like to conclude with a biblical discussion of sex education. As Christians, we need to understand the basic assumptions behind the movement to place sex-education programs and clinics in public schools.

Proponents of sex education often make naturalistic assumptions about human sexuality. They tend to argue as if young people were animals in heat who are going to have sexual relations despite what is taught at home, in church, and in school. The Bible clearly teaches that we are created in the image of God and have the capacity to make choices and exercise self-control. Sex-education advocates would have us believe that young people cannot exercise sexual control; thus we must capitulate to the teenager's sexual urges.

A second false assumption is the tendency of sex-education programs to ignore human sinfulness. Although we are created in the image of God, we all are born with a sin nature. Frequently, sex education panders to that fallen nature.

We cannot teach sexuality and expect sexual purity without also teaching moral principles. Most sex-education programs present data in a so-called value neutral way. But, in trying to be amoral, these program become immoral. Human sexuality must be related to moral values. Young people need information about sex, but it must be placed in a moral context. The greatest problem among young people today is not a lack of education about sex, but a lack of moral instruction about sex.

I believe we are involved in a moral civil war over teenage sexuality. Here is how we lost a number of battles. First, the old morality was declared passe. The sexual revolution in the 1960s made words like virginity, celibacy, purity, and chastity seem out of date. In previous generations, peer pressure kept young people from sex; today, peer pressure pushes them into it.

We lost a second battle when we turned sexuality over to scientists and took it away from moralists and theologians. Alfred Kinsey's studies "Sexual Behavior in the Human Male" (1948) and "Sexual Behavior in the Human Female" (1953) presented comprehensive statistics, but no moral reflection.

Today, discussions about sex are supposed to be done in valueneutral settings. Inevitably, demographics determine morality.

What is the solution? Christians must reassert their parental authority and instruct their children about God's view of sex. We must teach them to flee fornication just as Joseph did in the Old Testament. We must teach them to avoid temptation by making no provision for the flesh. We must teach them to exercise self- control in every area of their lives, including the sexual. In other words, we must educate them about the dangers of premarital sex and the wisdom of obeying God's commands regarding human sexuality. Instead of capitulating to teenager's sexual urges, as sex-education advocates want us to do, we should provide them with biblical principles and moral leadership in the area of sexuality.

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"Help Me With My Adult Children!"

Hi Sue,

My name is _____ and I just read your article you wrote about Dr. Laura. I just have to tell you, I am a Jew born anew (but I have been backslidden for years now). Maybe God led me to your article. I couldn't agree more with you. Dr. Laura just doesn't understand because she is still blinded like I was. And I was an example like the apostle Paul. One second I thought Jesus was a good man, the next minute, all I did was whisper his name in a moment of deep despair, and I knew he was the son of God and I believed.

The reason I decided to drop you a line is about my two boys who are 21 and 19. Trying to live on their own. I haven't been able to see them for 2 years now because I couldn't afford it after a bad divorce after 18 years of marriage.

I actually was going to write Dr. Laura, than I saw your article and I thought maybe you could give me some insight. I am now remarried, neither of us are living for the Lord but I did just buy a Bible because my husband is interested in all the scripture I do discuss with him.

The dilemma is, my boys just can't seem to buckle down and keep jobs and take on responsibility. They have no choice but to make their own way in this world, buy I still feel like I owe them even though I don't make much money. My husband and I got them started in their apartment and we told them now you work and pay for all the things you need, however, the youngest I think has gotten into drugs and hardly works, so the older brother was feeding him and paying all the bills. Of course this is ridiculous but he now feels responsible. To make matters worse, the older son just called me to let me know he got fired from his good job in the computer field. He said something about missing a meeting due to oversleeping. I don't believe he is telling the whole truth. They want to move closer to me but of course they don't have hardly a dime to their name. I am in such a despair because I desperately want to see my kids, yet I know I have to believe in a tough love belief if I want them to grasp reality. We cannot support them and we shouldn't have to. What does God's word say about situations like this? I am a little afraid to find out because I do feel like I failed as a mom and as a Christian.

Is there any hope for me? or for my kids?

P.S. I won't be mad if you do not respond. This is a little freaky that I am even asking a complete stranger for help, but I don't have a church home and I would like a Christian perspective. Thank you!

	Dear	,
vear ,	n	
	υear	,

First of all, I'm so glad to meet a sister in Christ who has deep-deep-DEEP roots in Judaism!!! □

Secondly, my two boys are 19 and 21 also, and I understand COMPLETELY where you're coming from. I think huge numbers of kids/young adults struggle, because of our surrounding culture that says adolescence means you're entitled to privileges without responsibilities. But, of course, real life doesn't work that way.

::::::Putting my "Dr. Laura" hat on here::::::::::

May I suggest that the feeling that you "owe your kids" is misguided? You've done your best and now they're adults. (I know, 19 and 21 doesn't LOOK like adulthood as it did when we were that age.) You gave them the huge boost of putting them into an apartment, which is more than many parents could or would do, and said, "You are now responsible for maintaining this. You are adults, now act like it." And they responded, it seems, by saying, "Don't wanna be an adult. I'm going to do whatever I want and not think about the consequences."

If you bail them out now you will be teaching them that someone else (YOU!!) will pay the consequences for their foolish and self-centered choices. And what do you think that will mean the next time? You can be sure they won't make MORE responsible choices!

Dr. Kevin Leman wrote a great book on child-rearing called *How to Make Children Mind Without Losing Yours*. It's really a book on "reality discipline." The whole concept is to use natural consequences—which is the way God set up the world, right? Consider His command: "If one will not work, neither let him eat" (2 Thess. 3:10). Those are natural consequences. Sounds like it's in the same ballpark as, "If one chooses sleep over work, let him have to settle for a less-satisfying job." Or, "If one will not work but takes drugs instead, let him

discover there is no physical or financial support for that kind of selfish, immature mindset."

You say they want to move closer to you but they don't have money to do that. (And why not? Because of the choices they made?!) Well, guess what. In the real world, if we don't have money, that limits our options. Why do you think they want to move closer to you? So you can give them money and pretend they're little boys again! Not a good thing.

The book of Proverbs has LOTS to say about this issue, and I'm going to give you the privilege of digging out what applies to your situation. Look at it as a treasure hunt! <smile>

It's okay to strengthen your spine, Mom. Your kids will be better off for it, and so will you. It's okay to bite your tongue and not be "Mommy to the rescue." It will help them accept responsibility for themselves if no one else will. And no one else should—they're adults now!

I do hope this helps. You are SO RIGHT about needing to adopt a "tough love" stance. Everybody will be better off for it down the road; your part is to trust in the Lord's strength and not your own as you take that position of loving your kids wisely by helping them grow into their adult responsibilities by letting them feel the full consequences of their choices.

Warmly,

Sue Bohlin Probe Ministries

Knighthood and Biblical Manhood — A Christian Perspective on True Manliness

Lou Whitworth summarizes an inspiring book which lays out the characteristics of a godly man. The ceremonies and the code of conduct of knights are compared to a biblical perspective on Christian manhood. This model encourages us to live in Christ as examples of godly men.

A Vision for Manhood

In this essay we will be looking at an inspiring book, *Raising a Modern-Day Knight*, in an effort to learn how we can motivate our sons to live lives of honor and nobility. This book, written by Robert Lewis, grew out his own experiences as he and some close friends struggled to lead their sons into balanced, biblical masculinity.

C. S. Lewis wrote that the disparate strands of manhood-fierceness and gentleness—can find healthy synthesis in the person of the knight and in the code of chivalry. Here these competing impulses—normally found in different individuals—find their union.(1)

Were one of these two bents given full rein, the balance required for authentic Christian manhood would be lost. Strength and power, without tenderness, for example, give us the brute. Tenderness and compassion without masculine firmness and aggressiveness produce a male without the fire to lead or inspire others.

Biblical examples of these two elements resident in one man are numerous. Jesus Christ, our Lord, revealed both tough and tender aspects in His humanity. Once Jesus expressed a desire to gather the citizens of Jerusalem together as a hen gathers her young under her wings.(2) We know that Christ wept at least twice: once at the tomb of Lazarus(3) and again as He looked out over the city of Jerusalem and reflected on the fate of those who rejected His witness.(4) However, Jesus could also be very stern. Once He made a whip, ran off the money changers in the temple area, and turned over their tables.(5) And, in the Garden of Gethsemane, His mere glance knocked grown men to the ground.(6)

In Paul, we see the same blend of firmness and gentleness. He poured himself out tenderly nurturing his spiritual children, (7) but he endured more hardship than most soldiers (8) and didn't hesitate to castigate false teachers. (9)

In the Old Testament, we see David, who was a poet and singer, but also a warrior and king. He had the fierceness to kill Goliath, the giant, and the tenderness to provide for the needs of Jonathan's descendants after Jonathan was killed.

Keeping the right balance between our impulses toward power and aggression and the need to be gentle and tender is a challenge most men face. In his book, *Raising a Modern-Day Knight*, author Robert Lewis says that Christian fathers can use knighthood as a symbol, an ideal, and a metaphor for guiding their sons into authentic manhood. In this way opposing drives can be harnessed and balanced.

Now, of course, everyone experiences difficulty balancing competing impulses, but it is specifically the violence by young males that is bringing our society to the verge of breakdown. Our young men need a vision for masculinity that challenges and inspires if our society is to be stable and healthy. In an age of great social, spiritual, and gender confusion, such as ours, there is a desperate need for clear guidelines and models that can inspire young men and harness their aggression for constructive ends.

This is where the image of the knight comes in. Since the Middle Ages these men in iron have fired the imaginations of young men. Knighthood is attractive because of its code and its call to courage and honor. Young men are intrigued by testing themselves against various standards, and the code is inspiring because of its rigor and strictness.

The Need for Modern-Day Knights

In his enthusiastic foreword to Robert Lewis's book, *Raising a Modern-Day Knight*, Stu Weber writes:

Our culture is in deep trouble, and at the heart of its trouble is its loss of a vision for manhood. If it's difficult for you and me as adult males to maintain our masculine balance in this gender-neutral' culture, imagine what it must be like for our sons, who are growing up in an increasingly feminized world.(10)

We must supply our young men with healthy, noble visions of manhood, and the figure of the knight, in this regard, is without equal. In the knight we find a conception of manhood that can lift, inspire, and challenge our young men to new heights of achievement and nobility. One authority asserted: "Not all knights were great men, but all great men were knights."(11) According to Will Durant, chivalry and knighthood gave to the world one of the "major achievements of the human spirit."(12)

C. S. Lewis, in his essay, "The Necessity of Chivalry," agreed.(13) He wrote that the genius of the medieval ideal of the chivalrous knight was that it was a paradox. That is, it brought together two things which have no natural tendency to gravitate towards one another. It brought them together for that very reason. It taught humility and forbearance to the great warrior because everyone knew by experience how much he usually needed that lesson. It demanded valour of the urbane

and modest man because everyone knew that he was likely as not to be a milksop.(14)

In Malory's Morte Darthur a fellow knight salutes the deceased Lancelot saying: "Thou wert the meekest man that ever ate in hall among ladies; and thou wert the sternest knight to thy mortal foe that ever put spear in the rest." This expresses the double requirement made on knights: sternness and meekness, not a compromise or blend of the two. Part of the attraction of the knight is this combination of valor and humility.

Someone once said history teaches us that, "When most men are soft, a few hard men will rule." For that reason we must do everything we can to build into our boys the virtues of strength and tenderness so they can be strong, solid family men and so society will be stable.

The lack of connection between fathers and sons in our culture, made worse by broken homes and the busyness of our lives, has left many young men with a masculine identity crisis. That's why the ideas in this book are so timely and important. Our sons are looking to their fathers for direction. Fathers are searching for real answers in their attempts to guide their sons into godly manhood. This book provides answers and guidelines for this search.

First, from the example of the knight, fathers have a way to point their sons to manhood with clear ideals: a vision for manhood, a code of conduct, and a transcendent cause. Second, the pattern of advancement from page to knight provides fathers with a coherent process for guiding their sons to manhood. Third, numerous suggestions for ceremonies equip dads with a variety of means to celebrate and validate their sons' achievements.

The Knight and His Ideals

Now we will turn our attention to the knight and his ideals. In *Raising a Modern-Day Knight*, author Robert Lewis suggests three major ideals for modern-day knights: a vision for manhood, a code of conduct, and a transcendent cause.

A Vision for Manhood — The author states four manhood principles: Real men (1) reject passivity, (2) accept responsibility, (3) lead courageously, and (4) expect the greater reward. He suggests that though men have a natural inborn aggressiveness, they tend to become passive at home and avoid social responsibility. These principles, if followed, prevent passivity from becoming a significant problem.

A Code of Conduct - The code for modern-day knights comes from the pages of the Bible. Lewis lists 10 ideal characteristics appropriate for modern-day knights taken from the Scriptures: loyalty, kindness, humility, purity, servant- leadership, honesty, self-discipline, excellence, integrity, perseverance. Modern-day knights must be trained in three important areas. First, the modern-day knight needs to understand that there must be a will to obey (God's will) if there is to be spiritual maturity. The young man must come to know that life is inherently moral and that there is a God who knows everything and who rewards good and punishes evil. He must know that absolute values exist and that the commandments of God are liberating, not confining. Lewis states "True satisfaction in life is directly proportionate to one's obedience to God. In this context, moral boundaries take on a whole new perspective: they become benefits, not burdens."

Second, the modern-day knight needs to understand that he has a work to do that is in keeping with his inner design. This work is not just his profession or trade, but refers to work in his home, church, and community. Life is certainly more than a job, and your son should hear this from you lest he get the mistaken perception that manhood is just one duty and

obligation after another.

A third realm of responsibility for the modern-day knight is a woman to love. The code of chivalry requires that all women be treated with respect and honor. Sons need to see and hear from their fathers the importance of caring for women in general and loving, leading, and honoring their wives in particular.

The knight in training should be taught the value of work, have summer jobs, do chores around the house, and study hard on his school work. The goal here is to establish patterns of industry and avoid sloth so that a solid work ethic is in place as he gets older.

A Transcendent Cause — Life is ultimately unsatisfying if it is lived solely for self. Jesus said if you give up your life you will find it, so if you live for a cause greater than yourself, you'll be happy and fulfilled. A transcendent cause is a cause that a person believes is truly heroic (a noble endeavor calling for bravery and sacrifice), timeless (has significance beyond the moment), and is supremely meaningful (not futile).

The only antidote to the futility of life is a transcendent cause and a vision for life that "integrates the end of life with the beginning," and connects time and eternity. Obviously becoming a Christian, developing a personal relationship with Christ, and living for Him are basic, irreplaceable elements for having a meaningful life.

A Knight and His Ceremonies

At this point, we turn to focus on the importance of ceremonies in the life of a young man. It is said that a knight remembers the occasion of his dubbing (i.e., his installment as a knight) as the finest day of his life. Such is the power of ceremony that it makes celebrated events unforgettable. Ceremonies are also invaluable markers that

state emphatically: "Something important has happened here!"

In much of the world, older men have instinctively seen the wisdom of providing for their sons markers of their journey to manhood. These markers have been in the form of periodic ceremonies or a significant, final ceremony. Following such events there is no doubt in the young man's mind that he has reached the stage in his development celebrated in the ceremony. Later he can always look back on the ceremony and remember what it meant.

After the elaborate physical, mental, and religious disciplines endured and passed in relation to his dubbing ceremony, no medieval knight ever wondered, "Am I a knight?" Such matters had been settled forever by the power of ceremony in the presence of other men. This is what our sons need.

Our sons do not normally have such experiences. As Lewis writes, "One of the great tragedies of Western culture today is the absence of this type of ceremony. . . . I cannot even begin to describe the impact on a son's soul when a key manhood moment in his life is forever enshrined and memorialized by a ceremony with other men." (15)

The author suggests that there are natural stages in a young man's life that lend themselves to celebration. Each stage has a parallel in the orderly steps toward knighthood.

Puberty: The Page Ceremony — The first step for a young boy on the path to knighthood was to become a page. He was like an apprentice, and he learned about horses, weapons, and falconry and performed menial tasks for his guardians. Since puberty occurs in a young boy's life around 13 and is an important point in a young man's journey toward adulthood, it is an excellent time for a simple ceremony involving the boy and his father celebrating this stage of the young man's life.

High School Graduation: The Squire Ceremony — The next stage on the path to knighthood was the squire; he was attached to a

knight, served him in many ways, and continued to perfect his fighting skills. This stage is roughly parallel to the time of high school graduation. It should be marked by a more involved ceremony led by the boy's father but involving other men.

Adulthood: The Knight Ceremony — This is the stage in which the squire, after a period of testing and preparation, is dubbed a knight in an elaborate ceremony. This marks the end of youth and the arrival of adulthood for the knight. For the modern- day knight this stage of life is characterized by the completion of college or entering the world of work or military service. The author suggests this stage as a perfect time to have a celebration marking a son's arrival at manhood and full adulthood. This ceremony should be very special; it should involve the young man, his father, his family, and other men.

Some Final Thoughts on Knighthood

In this discussion we have been looking at Robert Lewis's book, Raising a Modern-Day Knight, and discussing knights and chivalry in an attempt to promote the knight as a worthy ideal, symbol, and metaphor for young men to emulate. A question left unasked is why young men might need a stirring, vivid image or concept like the knight as a model. After a lifetime of studying cultures and civilizations, both ancient and modern, the eminent anthropologist Margaret Mead made the following observation:

The central problem of every society is to define appropriate roles for the men.(16)

Though Margaret Mead was a controversial figure, and I have sometimes disagreed with her myself, in this statement, I believe she is right on target. Author George Gilder adds a similar insight when he states: "Wise societies provide ample means for young men to affirm themselves without afflicting

Men need appropriate roles, and they need the desire to live and perform those roles. They need to be inspired to do so. Men need roles that are considered valuable and held to be worthwhile. This is true because men are psychologically more fragile than women and suffer with their identity more than women do, though feminists would have us think otherwise. Why is this so? It is true because "Men, more than women, are culture-made." (18) This is why it is so important to have a culture-wide vision of manhood.

In modern Western society boys make the journey to manhood without a clear vision for what healthy manhood is. If they get out of control, the whole society suffers. Proverbs 29:18 states: "Where there is no vision, the people perish" [or, "are unrestrained"]. Knights and chivalry can supply a stirring vision of manhood that has been lacking. Yet some may think that the figure of the knight is an inappropriate image to use to inspire Christian young men. Such people need to take a close look at Scripture. The teachings of Jesus and the letters of Paul use the image of the hard working farmer, the athlete, and the soldier to illustrate the points they are trying to make.

Furthermore, there are numerous biblical passages that picture knight-like images, some of whom are angelic beings and others are Christ Himself. Specifically, Revelation is replete with images of courtly life familiar to medieval knights: kings, thrones, crowns, swords, censers, bows, armies, eagles, dragons, chariots, precious stones, incense, etc.

Actually, we are more indebted to the knightly virtue of chivalry than we realize. Many of the concepts and words have become part of our familiar vocabulary. It is from chivalry, for example, that we acquired the concept of the gentleman (notice the dual stress here—gentle-man) and our concepts of sportsmanship and fair play. It is perhaps no accident that

the decline in chivalry parallels the rise of taunting and the "win at any price" attitude among our sports figures.

There is one more aspect to all of this that needs to be emphasized. If we are successful in inspiring our young men to seek to become modern-day knights, we need to remind them and ourselves that one can't become a knight on his own. Our young knights need the company of godly men to be all that they can be; they need the Roundtable. As Robert Lewis states so well: "Boys become men in the community of men. There is no substitute for this vital component. . . . if your boy is to become a man, you must enlist the community."(19) Why? "First, if a father's presence is weighty, the presence of other men is weightier still. . . . Second, enlisting the community of men results in a depth of friendship that the lonely never experience. . . . And third, the community of men expands a son's spiritual and moral resources."(20)

Notes

- 1. C. S. Lewis, "The Necessity of Chivalry," *Present Concerns* (New York: Harcourt Brace Jovanovich, 1986), pp. 11-16.
- 2. Matthew 23:37.
- 3. John 11.
- 4. Luke 19:41.
- 5. John 2:13-16.
- 6. John 18:6.
- 7. Thessalonians 2: 5-9.
- 8. 1 Corinthians 11:23-27.

- 9. Galatians 5:12.
- 10. Stu Weber cited in Robert Lewis, Raising A Modern-Day Knight: A Father's Role in Guiding His Son to authentic Manhood (Colorado Springs, Colo.: Focus on the Family, 1997), vii.
- 11. Matthew Bennett, "The Knight Unmasked," *The Quarterly Journal of Military History*, vol. 7, no. 4(Summer 1995): 10, cited in Robert Lewis, *Raising a Modern-Day Knight*, 18.
- 12. Will and Ariel Durant, *The Story of Civilization—The Age of Faith 4* (New York: Simon & Schuster,1950), 578, cited in Robert Lewis, *Raising a Modern-Day Knight*, 18.
- 13. C. S. Lewis, "The Necessity of Chivalry," 13-26.
- 14. Ibid.
- 15. Robert Lewis, Raising a Modern-Day Knight, 99.
- 16. Margaret Mead, *Male and Female: A Study of the Sexes in a Changing World* (New York: Dell, 1968),168, cited in Lewis, 46.
- 17. George Gilder, Men and Marriage (Gretna, La.: Pelican, 1992), 34, cited in Lewis, 46.
- 18. David Blankenhorn, Fatherless America (New York: Basic, 1995), 17, cited in Lewis, 46.
- 19. Lewis, 150.
- 20. Ibid., 150-51.

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Generation X — How They Fit in the Christian Community

Generation X! Are you familiar with this phrase? It is highly probable that you have heard or read the phrase at least once. What does it bring to your mind? Does it provoke fear, confusion, despair, misunderstandings, or is it just another in a long line of such expressions used to label youth? Generation X has quickly entered our vocabulary as an easily recognizable moniker for the children of another definable generation: the "baby boomers." Thus this generation of teenagers also has come to be known as the "baby busters." "Xers" and "busters" normally don't elicit positive thoughts about our youth. Is this a legitimate response? Or are we maligning a significant portion of our population with such terms?

In 1991 a Canadian named Douglas Coupland published a novel entitled *Generation X: Tales for an Accelerated Culture*. Coupland's book "is the first major work to take twentysomethings seriously, even if the book is humorous and fictional." Thus he is the originator of the phrase that presently describes a particular generation. But he is just one of many who have given thought to youth culture, both present and past.

A Brief History of American Youth

It seems that youth have always received the attention of adults. Teenagers, as they have come to be called, have been analyzed, diagnosed, and reprimanded because older generations just don't know what to make of them. "Juvenile delinquents," "the beat generation," "hippies," "yuppies" and numerous other titles have been used to describe certain generational distinctives. "The contemporary youth crisis is only the latest variation on centuries-old problems." {2} For example,

in the 1730s in New England youth activities such as "night 'walking' and 'company- keeping,' also known as 'revels,' helped produce some of the highest premarital pregnancy rates in American history."{3} And during the early nineteenth century, student riots became a tradition on many campuses such as Brown, North Carolina, Princeton, Harvard, Yale, and Columbia. These riots included "boycotting classes, barricading college buildings, breaking windows, trashing the commons and/or chapel, setting fires around or to college buildings, beating faculty members, and whipping the president or trustees."{4} Such behavior—almost two hundred years ago—probably reminds us of what took place on many campuses during the Vietnam War years.

By the beginning of the twentieth century, youth became the focus of the burgeoning social sciences. "An intellectual enterprise struggled to redefine what 'youth' was or ought to be. That concept was labeled 'adolescence' and has prevailed ever since." [5] It is especially interesting to note that these early social scientists didn't discover adolescence, they invented it. "Adolescence was essentially a conception of behavior imposed on youth, rather than an empirical assessment of the way in which young people behaved." [6] This is important when we understand that the world view premises of the social scientists "came from Darwinian recapitulation theory: the individual life-course replicated the evolutionary progress of the entire race. Adolescence was a distinct 'stage' through which each person passed on the way from childhood (the 'primitive' stage) to adulthood 'civilized' stage). Adolescence therefore was transitional but essential, its traits dangerous but its labor vital for attaining maturity. Squelching it was just as bad as giving it free rein." [7] The fruit of such concepts can be seen in the "lifestyles" that are now so ingrained in our cultural fabric.

The Web of Adolescence

What do the "lifestyles" of adults have to do with adolescents? "Since 'lifestyle' has come to define not just doing but their very being, adults have now become dependent on the very psychological experts who wove the web of adolescence in the first place. The classic youth tasks of 'growth,' 'finding oneself,' and preparing for one's life-work have become the American life-work, even into the golden years' of retirement." [8] Thus the concerns we have for our youth are concerns we have for ourselves. The "web of adolescence" touches all of us. As George Barna has stated, "taking the time to have a positive impact [on our youth] is just 'worth the effort'; it is a more than responsibility of every adult and a contribution to the future of our own existence." {9} The importance of this cannot be overemphasized as we contemplate the sometimes-puzzling segment of our population called "Generation X."

Who Are These People?

What is a "Generation Xer" or a "baby buster"? What is the "doofus generation" or "the nowhere generation"? These phrases, and many others, may be used to characterize the present generation of youth. Not very encouraging phrases, are they? More frequently than not, adults always have evaluated youth in pessimistic terms. Even the ancient Greeks were frustrated with their youth.

Today the descriptions are especially derogatory. "Words used to describe them have included: whiny, cynical, angry, perplexed, tuned out, timid, searching, vegged out—the latest lost generation." {10} Are these terms accurate, or do they reek of hyperbole? As is true with most generalizations of people, there is a measure of truth to them. But we make a grave mistake if we allow them to preclude us from a more complete consideration of this generation. As George Barna has

written: "You cannot conduct serious research among teenagers these days without concluding that, contrary to popular assumptions, there is substance to these young people." {11} Having served among and with youth of this generation for many years, I emphatically concur with Mr. Barna. Generation Xers consist of "41 million Americans born between 1965 and 1976 plus the 3 million more in that age group who have immigrated here." {12} Most of them are children of the "baby boomers," who comprise over 77 million of the population. This dramatic decrease in the number of births has left them with the "baby buster" label. Their parents have left a legacy that has produced a "birth dearth" and its accompanying social consequences. There are at least six contributors to this population decline.

First, the U.S. became the site for the world's highest divorce rate. Second, birth control became increasingly prominent with the introduction of the pill. Women began to experience more freedom in planning their lives. Third, a college education was more accessible for more people, especially for women who began to take more influential positions in the work force. Fourth, social change, including women's liberation, encouraged more women to consider careers other than being homemakers. Fifth, abortion reached a rate of over 1.5 million per year. Sixth, the economy led many women to work because they had to, or because they were the sole breadwinner. {13}

So we can see that this generation has entered a culture enmeshed in dramatic changes, especially regarding the family. These changes have produced certain characteristics, some positive, others negative, that are generally descriptive of contemporary youth.

How Do You Describe a "Buster"?

How do you describe someone who is labeled as a "baby buster"? We may be tempted to answer this question in a despairing

tone, especially if we haven't taken time to see a clear picture of a "buster." Consider the following characteristics:

First, they are serious about life. For example, the quality of life issues they have inherited have challenged them to give consideration to critical decisions both for the present and future. Second, they are stressed out. School, family, peer pressure, sexuality, techno-stress, finances, crime, and even political correctness contribute to their stressful lives. Third, they are self-reliant. One indicator of this concerns religious faith; the baby buster believes he alone can make sense of it. Fourth, they are skeptical, which is often a defense against disappointment. Fifth, they are highly spiritual. This doesn't mean they are focusing Christianity, but it does mean there is a realization that it is important to take spiritual understanding of some kind into daily life. Sixth, they are survivors. This is not apparent to adults who usually share a different worldview concerning progress and motivation. This generation is not "driven" as much as their predecessors. They are realistic, not idealistic.{14}

Do these characteristics match your perceptions? If not, it may be because this generation has received little public attention. And what attention it has received has leaned in a negative direction because of inaccurate observation. The baby busters' parents, the baby boomers, have been the focus of businesses, education, churches, and other institutions simply because of their massive numbers and their market potential. It's time to rectify this if we have the wisdom to see the impact busters will have in the not-too-distant future.

What About the Church and Busters?

Let's survey a few other attributes of Generation X as we attempt to bring this group into sharper focus. These attributes should be especially important to those of us in the Christian community who desire to understand and relate to

our youth.

Because of "the loneliness and alienation of splintered family attachments" this generation's strongest desires are acceptance and belonging. {15} Our churches need to become accepting places first and expecting places second. That is, our youth need to sense that they are not first expected to conform or perform. Rather, they are to sense that the church is a place where they can first find acceptance. My years of ministry among youth have led me to the conclusion that one of the consistent shortcomings of our churches is the proverbial "generation gap" that stubbornly expects youth to dress a certain way, talk a certain way, socialize in a certain way, etc., without accepting them in Christ's way.

Another important attribute of this generation is how they learn. "They determine truth in a different way: not rationally, but relationally." {16} Closely aligned with this is the observation that "interaction is their primary way of learning." {17} In order for the church to respond, it may be necessary to do a great deal of "retooling" on the way we teach.

Lastly, busters are seeking purpose and meaning in life. Of course this search culminates in a relationship with the risen Jesus. It should be obvious that ultimately this is the most important contribution the church can offer. If we fail to respond to this, the greatest need of this generation or any other, surely we should repent and seek the Lord's guidance.

Listening to Busters

Let's eavesdrop on a conversation taking place on a college campus between a Generation X student and a pastor:

Pastor: We have a special gathering of college students at our church each Sunday. It would be great to see you there.

Student: No, thanks. I've been to things like that before.

What's offered is too superficial. Besides, I don't trust institutions like churches.

Pastor: Well, I think you'll find this to be different.

Student: Who's in charge?

Pastor: Usually it's me and a group of others from the church.

Student: No students?

Pastor: Well, uh, no, not at the moment.

Student: How can you have a gathering for students and yet the students have nothing to do with what happens?

Pastor: That's a good question. I haven't really thought much about it.

Student: By the way, is there a good ethnic and cultural mix in the group?

Pastor: It's not as good as it could be.

Student: Why is that?

Pastor: I haven't really thought about that, either.

Student: Cliques. I've noticed that a lot of groups like yours are very "cliquish." Is that true at your church?

Pastor: We're trying to rid ourselves of that. But do you spend time with friends?

Student: Of course! But I don't put on a "show of acceptance."

Pastor: I appreciate that! We certainly don't want to do that! We sincerely want to share the truth with anyone.

Student: Truth? I don't think you can be so bold as to say there is any such thing.

Pastor: That's a good point. I can't claim truth, but Jesus can.

Student: I'm sure that's comforting for you, but it's too narrow for anyone to claim such a thing. We all choose our own paths.

Pastor: Jesus didn't have such a broad perspective.

Student: That may be, but he could have been wrong, you know. Look, I'm late for class. Maybe we can talk another time, as long as you'll listen and not preach to me.

Pastor: That sounds good. I'm here often. I'll look for you. Have a great day!

This fictitious encounter serves to illustrate how baby busters challenge us to find ways of communicating that transcend what may have been the norm just a few years ago.

New Rules

George Barna has gleaned a set of "rules" that define and direct youth of the mid- and late-90s:

Rule #1: Personal relationships count. Institutions don't.

Rule #2: The process is more important than the product.

Rule #3: Aggressively pursue diversity among people.

Rule #4: Enjoying people and life opportunities is more important than productivity, profitability, or achievement.

Rule #5: Change is good.

Rule #6: The development of character is more crucial than achievement.

Rule #7: You can't always count on your family to be there for you, but it is your best hope for emotional support.

Rule #8: Each individual must assume responsibility for his or her own world.

Rule #9: Whenever necessary, gain control and use it wisely.

Rule #10: Don't waste time searching for absolutes. There are none.

Rule #11: One person can make a difference in the world but not much.

Rule #12: Life is hard and then we die; but because it's the only life we've got, we may as well endure it, enhance it, and enjoy it as best we can.

Rule #13: Spiritual truth may take many forms.

Rule #14: Express your rage.

Rule #15: Technology is our natural ally. {18}

Now let's consider how parents and other adults might best respond to these rules.

What Do They Hear From Us?

Try to put yourself into the mind and body of a contemporary teenager for a moment. Imagine that you've been asked to share the kinds of things you hear most often from your parents or adult leaders. Your list may sound something like this:

- "Do as I say, not as I do."
- "I'm the adult. I'm right."
- "Because I said so, that's why."
- "You want to be what?"
- "This room's a pig sty."
- "Can't you do anything right?"
- "Where did you find him?"
- "You did what?"
- "Do you mind if we talk about something else?"

• "I'm kind of busy right now. Could you come back later?"

These statements sound rather overwhelming when taken together, don't they? And yet too many of our youth hear similar phrases too frequently. As we conclude our series pertaining to the youth of Generation X, let's focus on how we might better communicate and minister to them. In his book *Ten Mistakes Parents Make With Teenagers*, Jay Kesler has shared wise advice we should take to heart and consistently apply to our lives among youth. {19}

Advice to Parents and Other Adults

- Be a consistent model. We can't just preach to them and expect them to follow our advice if we don't live what we say. Consistency is crucial in the eyes of a buster.
- Admit when you are wrong. Just because you are the adult and the one with authority doesn't mean you can use your position as a "cop out" for mistakes. Youth will understand sincere repentance and will be encouraged to respond in kind.
- Give honest answers to honest questions. Youth like to ask questions. We need to see this as a positive sign and respond honestly.
- Let teenagers develop a personal identity. Too often youth bare the brunt of their parents' expectations. In particular, parents will sometimes make the mistake of living through their children. Encourage them in their own legitimate endeavors.
- Major on the majors and minor on the minors. In my experience, adults will concentrate on things like appearance to the detriment of character. Our youth need to know that we know what is truly important.
- Communicate approval and acceptance. As we stated earlier in this essay, this generation is under too much stress. Let's make encouragement our goal, not discouragement.
- When possible, approve their friends. This one can be especially difficult for many of us. Be sure to take time to

go beyond the surface and really know their friends.

- Give teens the right to fail. We can't protect them all their lives. Remind them that they can learn from mistakes.
- Discuss the uncomfortable. If they don't sense they can talk with you, they will seek someone else who may not share your convictions.
- Spend time with your teens. Do the kinds of things they like to do. Give them your concentration. They'll never forget it.

This generation of youth, and all those to come, need parents and adults who demonstrate these qualities. When youth receive this kind of attention, our churches will benefit, our schools will benefit, our families will benefit, and our country will benefit. And, most importantly, I believe the Lord will be pleased.

Notes

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Homosexual Myths — Exposed from a Biblical Perspective

Sue Bohlin looks a common myths concerning homosexual behavior that are prevalent in our society. These myths prevent us from looking at homosexuality with a biblical worldview and from dealing with this sin in a loving and consistent manner.



In this essay we'll be looking at some of the homosexual myths that have pervaded our culture, and hopefully answering their arguments. Much of this material is taken from Joe Dallas' excellent book, A Strong Delusion: Confronting the "Gay Christian" Movement. {1} While the information in this essay may prove helpful, it is our prayer that you will be able to share it calmly and compassionately, remembering that homosexuality isn't just a political and moral issue; it is also about people who are badly hurting.

10% of the Population Is Homosexual.

In 1948, Dr. Alfred Kinsey released a study called *Sexual Behavior in the Human Male*, claiming that between 10 and 47% of the male population was homosexual. {2} He got his figures from a pool of 5,300 male subject that he represented as your average "Joe College" student. Many of the men who gave him the data, though, actually consisted of sex offenders, prisoners, pimps, hold-up men, thieves, male prostitutes and other criminals, and hundreds of gay activists. {3} The 10% figure was widely circulated by Harry Hay, the father of the homosexual "civil rights" movement, urging that homosexuality be seen no longer as an act of sodomy but as a 10% minority class. {4}

Kinsey's figures were exposed as completely false immediately afterwards, and by many other scientists since. The actual figure is closer to 2-3%. {5} But the 10% number has been so often reported in the press that most people think it's valid. It's not.

People Are Born Gay.

Ann Landers said it, and millions of people believe it. The problem is, the data's not there to support it. There are three ways to test for inborn traits: twin studies, brain dissections, and gene "linkage" studies. [6] Twin studies show that something other than genetics must account for homosexuality, because nearly half of the identical twin studied didn't have the same sexual preference. If homosexuality were inherited, identical twins should either be both straight or both gay. Besides, none of the twin studies have been replicated, and other twin studies have produced completely different results. [7] Dr. Simon LeVay's famous study on the brains of dead subjects yielded questionable results regarding its accuracy. He wasn't sure of the sexual orientation of the people in the study, and Dr. LeVay even

admits he doesn't know if the changes in the brain structures were the cause *of* homosexuality, or caused *by* homosexuality.{8} Finally, an early study attempting to show a link between homosexuality and the X-chromosome has yet to be replicated, and a second study actually contradicted the findings of the first.{9} Even if homosexuality were someday proven to be genetically related, *inborn* does not necessarily mean *normal*. Some children are born with cystic fibrosis, but that doesn't make it a normal condition.

Inborn tendencies toward certain behaviors (such as homosexuality) do not make those behaviors moral. Tendencies toward alcoholism, obesity, and violence are now thought to be genetically influenced, but they are not good behaviors. People born with tendencies toward these behaviors have to fight hard against their natural temptations to drunkenness, gluttony, and physical rage.

And since we are born as sinners into a fallen world, we have to deal with the consequences of the Fall. Just because we're born with something doesn't mean it's normal. It's not true that "God makes some people gay." All of us have effects of the Fall we need to deal with.

What's Wrong with Two Loving, Committed Men or Women Being Legally Married?

There are two aspects to marriage: the legal and the spiritual. Marriage is more than a social convention, like being "best friends" with somebody, because heterosexual marriage usually results in the production of children. Marriage is a legal institution in order to offer protection for women and children. Women need to have the freedom to devote their time and energies to be the primary nurturers and caretakers of children without being forced to be breadwinners as well. God's plan is that children grow up in families who provide for them, protect them, and wrap them in security.

Because gay or lesbian couples are by nature unable to reproduce, they do not need the legal protection of marriage to provide a safe place for the production and raising of children. Apart from the sexual aspect of a gay relationship, what they have is really "best friend" status, and that does not require legal protection.

Of course, a growing number of gay couples are seeking to have a child together, either by adoption, artificial insemination, or surrogate mothering. Despite the fact that they have to resort to an outside procedure in order to become parents, the presence of adults plus children in an ad hoc household should not automatically secure official recognition of their relationship as a family. There is a movement in our culture which seeks to redefine "family" any way we want, but with a profound lack of discernment about the long-term effects on the people involved. Gay parents are making a dangerous statement to their children: lesbian mothers are saying that fathers are not important, and homosexual fathers are saying that mothers are not important. More and more social observers see the importance of both fathers and mothers in children's lives; one of their roles is to teach boys what it means to be a boy and teach girls what it means to be a girl.

The other aspect of marriage is of a spiritual nature. Granted, this response to the gay marriage argument won't make any difference to people who are unconcerned about spiritual things, but there are a lot of gays who care very deeply about God and long for a relationship with Him. The marriage relationship, both its emotional and especially its sexual components, is designed to serve as an earthbound illustration of the relationship between Christ and His bride, the church.{10} Just as there is a mystical oneness between a man and a woman, who are very different from each other, so there is a mystical unity between two very different, very "other" beings—the eternal Son of God and us mortal, creaturely humans. Marriage as God designed it is like the almost

improbable union of butterfly and buffalo, or fire and water. But homosexual relationships are the coming together of two like individuals; the dynamic of unity and diversity in heterosexual marriage is completely missing, and therefore so is the spiritual dimension that is so intrinsic to the purpose of marriage. Both on an emotional and a physical level, the sameness of male and male, or female and female, demonstrates that homosexual relationships do not reflect the spiritual parable that marriage is meant to be. God wants marriage partners to complement, not to mirror, each other. The concept of gay marriage doesn't work, whether we look at it on a social level or a spiritual one.

Jesus Said Nothing about Homosexuality.

Whether from a pulpit or at a gay rights event, gay activists like to point out that Jesus never addressed the issue of homosexuality; instead, He was more interested in love. Their point is that if Jesus didn't specifically forbid a behavior, then who are we to judge those who engage in it?

This argument assumes that the Gospels are more important than the rest of the books in the New Testament, that only the recorded sayings of Jesus matter. But John's gospel itself assures us that it is not an exhaustive record of all that Jesus said and did, which means there was a lot left out!{11} The gospels don't record that Jesus condemned wife-beating or incest; does that make them OK? Furthermore, the remaining books of the New Testament are no less authoritative than the gospels. All scripture is inspired by God, not just the books with red letters in the text. Specific prohibitions against homosexual behavior in Romans 1:26-27 and 1 Corinthians 6:9,10 are every bit as God-ordained as what is recorded in the gospels.

We do know, however, that Jesus spoke in specific terms about God's created intent for human sexuality: "From the beginning of the creation God made them male and female. For this cause

shall a man leave his father and mother, and cleave to his wife; and the two shall be one flesh. . . What therefore God has joined together, let not man put asunder" (Matt. 19:4-6). God's plan is holy heterosexuality, and Jesus spelled it out.

The Levitical laws against homosexual behavior are not valid today.

Leviticus 18:22 says, "Thou shalt not lie with a man as one lies with a woman; it is an abomination." Gay theologians argue that the term "abomination" is generally associated with idolatry and the Canaanite religious practice of cult prostitution, and thus God did not prohibit the kind of homosexuality we see today.

Other sexual sins such as adultery and incest are also prohibited in the same chapters where the prohibitions against homosexuality are found. All sexual sin is forbidden by both Old and New Testament, completely apart from the Levitical codes, because it is a moral issue. It is true that we are not bound by the rules and rituals in Leviticus that marked Yahweh's people by their separation from the world; however, the nature of sexual sin has not changed because immorality is an affront to the holiness and purity of God Himself. Just because most of Leviticus doesn't apply to Christians today doesn't mean none of it does.

The argument that the word "abomination" is connected with idolatry is well answered by examining Proverbs 6:16-19, which describes what else the Lord considers abominations: a proud look, a lying tongue, hands that shed innocent blood, a heart that devises evil imaginations, feet that are swift in running to mischief, a false witness that speaks lies, and a man who sows discord among brothers. Idolatry plays no part in these abominations. The argument doesn't hold water.

If the practices in Leviticus 18 and 20 are condemned because of their association with idolatry, then it logically follows

that they would be permissible if they were committed apart from idolatry. That would mean incest, adultery, bestiality, and child sacrifice (all of which are listed in these chapters) are only condemned when associated with idolatry; otherwise, they are allowable. No responsible reader of these passages would agree with such a premise. {12}

Calling Homosexuality a Sin Is Judging, and Judging Is a Sin.

Josh McDowell says that the most often-quoted Bible verse used to be John 3:16, but now that tolerance has become the ultimate virtue, the verse we hear quoted the most is "Judge not, lest ye be judged" (Matt. 7:1). The person who calls homosexual activity wrong is called a bigot and a homophobe, and even those who don't believe in the Bible can be heard to quote the "Judge not" verse.

When Jesus said "Do not judge, or you too will be judged," the context makes it plain that He was talking about setting ourselves up as judge of another person, while blind to our own sinfulness as we point out another's sin. There's no doubt about it, there is a grievous amount of self-righteousness in the way the church treats those struggling with the temptations of homosexual longings. But there is a difference between agreeing with the standard of Scripture when it declares homosexuality wrong, and personally condemning an individual because of his sin. Agreeing with God about something isn't necessarily judging.

Imagine I'm speeding down the highway, and I get pulled over by a police officer. He approaches my car and, after checking my license and registration, he says, "You broke the speed limit back there, ma'am." Can you imagine a citizen indignantly leveling a politically correct charge at the officer: "Hey, you're judging me! Judge not, lest ye be judged!'" The policeman is simply pointing out that I broke the law. He's not judging my character, he's comparing my behavior to the standard of the law. It's not judging when we restate what God has said about His moral law, either. What is sin is to look down our noses at someone who falls into a different sin than we do. That's judging.

The Romans 1 Passage on Homosexuality Does Not Describe True Homosexuals, but Heterosexuals Who Indulge in Homosexual Behavior That Is Not Natural to *Them*.

Romans 1:26-27 says, "God gave them over to shameful lusts. Even their women exchanged natural relations for unnatural ones. In the same way the men also abandoned natural relations with women and were inflamed with lust for one another. Men committed indecent acts with other men, and received in themselves the due penalty for their perversion." Some gay theologians try to get around the clear prohibition against both gay and lesbian homosexuality by explaining that the real sin Paul is talking about here is straight people who indulge in homosexual acts, because it's not natural to them. Homosexuality, they maintain, is not a sin for *true* homosexuals.

But there is nothing in this passage that suggests a distinction between "true" homosexuals and "false" ones. Paul describes the homosexual behavior itself as unnatural, regardless of who commits it. In fact, he chooses unusual words for men and women, Greek words that most emphasize the biology of being a male and a female. The behavior described in this passage is unnatural for males and females; sexual orientation isn't the issue at all. He is saying that homosexuality is biologically unnatural; not just unnatural to heterosexuals, but unnatural to anyone.

Furthermore, Romans 1 describes men "inflamed with lust" for one another. This would hardly seem to indicate men who were straight by nature but experimenting with gay sex. {13} You really have to do some mental gymnastics to make Romans 1 anything other than what a plain reading leads us to understand all homosexual activity is sin.

Preaching Against Homosexuality Causes Gay Teenagers to Commit Suicide.

I received an e-mail from someone who assured me that the blood of gay teenagers was on my hands because saying that homosexuality is wrong makes people kill themselves. The belief that gay teenagers are at high risk for suicide is largely inspired by a 1989 report by a special federal task force on youth and suicide. This report stated three things; first, that gay and lesbian youths account for one third of all teenage suicides; second, that suicide is the leading cause of death among gay teenagers, and third, gay teens who commit suicide do so because of "internalized homophobia" and violence directed at them.{14} This report has been cited over and over in both gay and mainstream publications.

San Francisco gay activist Paul Gibson wrote this report based on research so shoddy that when it was submitted to Dr. Louis Sullivan, the former Secretary of Health and Human Services, Dr. Sullivan officially distanced himself and his department from it.{15} The report's numbers, both its data and its conclusions, are extremely questionable. Part of the report cites an author claiming that as many as 3,000 gay youths kill themselves each year. But that's over a thousand more than the total number of teen suicides in the first place! Gibson exaggerated his numbers when he said that one third of all teen suicides are committed by gay youth. He got this figure by looking at gay surveys taken at drop-in centers for troubled teens, many of which were gay-oriented, which revealed that gay teens had two to four times the suicidal tendencies of straight kids. Gibson multiplied this higher figure by the disputed Kinsey figure of a 10% homosexual

population to produce his figure that 30% of all youth suicides are gay. David Shaffer, a Columbia University psychiatrist who specializes in teen suicides, pored over this study and said, "I struggled for a long time over Gibson's mathematics, but in the end, it seemed more hocus-pocus than math." {16}

The report's conclusions are contradicted by other, more credible reports. Researchers at the University of California-San Diego interviewed the survivors of 283 suicides for a 1986 study. 133 of those who died were under 30, and only 7 percent were gay and they were all over 21. In another study at Columbia University of 107 teenage boy suicides, only three were known to be gay, and two of those died in a suicide pact. When the Gallup organization interviewed almost 700 teenagers who knew a teen who had committed suicide, not one mentioned sexuality as part of the problem. Those who had come close to killing themselves mainly cited boy-girl problems or low self-esteem. {17}

Gibson didn't use a heterosexual control group in his study. Conclusions and statistics are bound to be skewed without a control group. When psychiatrist David Shaffer examined the case histories of the gay teens who committed suicides in Gibson's report, he found the same issues that straight kids wrestle with before suicide: "The stories were the same: a court appearance scheduled for the day of the death; prolonged depression; drug and alcohol problems; etc." {18}

That any teenager experiences so much pain that he takes his life is a tragedy, regardless of the reason. But it's not fair to lay the responsibility for gay suicides, the few that there are, on those who agree with God that it's wrong and harmful behavior.

Notes

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Teen Drug Abuse

A Nine Inch Nails album *The Downward Spiral* features a song "My Self Destruct" with the lyrics: "I am the needle in your vein and I control you, I am the high you can't sustain and I control you." Another song, "Hurt," explores drugs as a means of escape with lyrics like, "The needle tears a hole, the old familiar sting, try to kill it all away."

Five Dodge City, Kansas teenagers, high on marijuana, killed a stranger for no obvious reason. Three West Palm Beach, Florida teenagers mixed beer, rum, marijuana and cocaine. They then kidnapped and set ablaze a tourist from Brooklyn.

Nearly everywhere we look, the consequences of drug abuse can be seen. Violent street gangs, family violence, train crashes, the spread of AIDS, and babies born with cocaine dependency all testify to the pervasive influence of drugs in our world.

The statistics are staggering. The average age of first alcohol use is 12 and the average age of first drug use is 13. According to the National Institute on Drug Abuse, 93 percent of all teenagers have some experience with alcohol by the end of their senior year of high school and 6 percent drink daily. Almost two-thirds of all American young people try illicit drugs before they finish high school. One out of sixteen seniors smokes marijuana daily and 20 percent have done so for at least a month sometime in their lives. A recent poll found that adolescents listed drugs as the most important problem facing people their age, followed by crime and violence in school and social pressures.

Drugs have changed the social landscape of America. Street gangs spring up nearly overnight looking for the enormous profits drugs can bring. Organized crime is also involved in setting up franchises that would make McDonald's envious. But these are not hamburgers. In the world of drugs, homicidally

vicious gangs compete for market share with murderous results. Many gang members outgun the police with their weapons of choice: semi-automatic pistols, AK-47s, and Uzis. Drug dealers have also gone high tech using cellular phones and computers to keep track of deals, while their teenage runners wear phone beepers in school.

The Parents' Resource Institute for Drug Education (PRIDE) reports that children who abuse illicit drugs are significantly more likely to carry a gun to school, take part in gang activities, think of suicide, threaten harm to others, and get in trouble with the police than children who abstain.

One survey released by the University of Colorado shows that the problem of drug use is not just outside the church. The study involved nearly 14,000 junior high and high school youth and compared churched young people with unchurched young people and found very little difference. For example, 88 percent of the unchurched young people reported drinking beer as compared to 80 percent of churched young people. When asked how many had tried marijuana, 47 percent of the unchurched young people had done so compared to 38 percent of the churched youth. For amphetamines and barbiturates, 28 percent of the unchurched had tried them while 22 percent of the church young people had tried them. And for cocaine use, the percentage was 14 percent for unchurched youths and 11 percent for churched youths.

Fighting drugs often seems futile. When drug dealers are arrested, they are often released prematurely because court dockets are overloaded. Plea bargaining and paroles are standard fare as the revolving doors of justice spin faster. As the casualties mount in this war against drugs, some commentators have begun to suggest that the best solution is to legalize drugs. But you don't win a war by surrendering. If drugs were legalized, addiction would increase, health costs would increase, and government would once again capitulate to societal pressures and shirk its responsibility to establish

moral law.

But if legalization is not the answer, then something must be done about the abuse of drugs like alcohol, cocaine, marijuana, heroin, and PCP. Just the medical cost of drug abuse was estimated by the National Center for Health Statistics to be nearly \$60 billion, and the medical bill for alcohol was nearly \$100 billion.

How to Fight the Drug Battle

Society must fight America's drug epidemic on five major fronts. The first battlefront is at the border. Federal agents must patrol the 8426 miles of deeply indented Florida coastline and a 2067 mile border with Mexico. This is a formidable task, but vast distances are not the only problem.

The smugglers they are up against have almost unlimited funds and some of the best equipment available. Fortunately, the federal interdiction forces (namely Customs, DEA, and INS) are improving their capability. Customs forces have been given an increase in officers and all are getting more sophisticated equipment.

The second battlefront is law enforcement at home. Police must crack down with more arrests, more convictions, longer sentences, and more seizures of drug dealers' assets. Unfortunately, law enforcement successes pale when compared to the volume of drug traffic. Even the most effective crackdowns seem to do little more than move drugs from one location to another.

An effective weapon on this battlefront is a 1984 law that makes it easier to seize the assets of drug dealers before conviction. In some cities, police have even confiscated the cars of suburbanites who drive into the city to buy crack.

But attempts to deter drug dealing have been limited by flaws in the criminal justice system. A lack of jail cells prevents significant prosecution of drug dealers. And even if this problem were alleviated, the shortage of judges would still result in the quick release of drug pushers.

A third battlefront is drug testing. Many government and business organizations are implementing testing on a routine basis in order to reduce the demand for drugs.

The theory is simple. Drug testing is a greater deterrent to drug use than the remote possibility of going to jail. People who know they will have to pass a urine test in order to get a job are going to be much less likely to dabble in drugs. In 1980, 27 percent of some 20,000 military personnel admitted to using drugs in the previous 30 days. Five years later when drug testing was implemented, the proportion dropped to 9 percent.

But drug testing is not without its opponents. Civil libertarians feel this deterrent is not worth the loss of personal privacy. Some unions believe that random testing in the workplace would violate the Fourth Amendment's prohibition against unreasonable searches. A fourth battleground is drug treatment. Those who are addicted to drugs need help. But the major question is, Who should provide the treatment and who should foot the bill? Private hospital programs are now a \$4 billion-a-year business with a daily cost of as much as \$500 per bed per day. This is clearly out of the reach of many addicts who do not have employers or insurance companies who can pick up the costs.

A fifth battleground is education. Teaching children the dangers of drugs can be an important step in helping them to learn to say no to drugs. The National Institute on Drug Abuse estimates that 72 percent of the nation's elementary and secondary-school children are being given some kind of drug education.

Should We Legalize Drugs?

Those weary of the war on drugs have suggested that we should decriminalize drugs. Former Surgeon General Joycelyn Elders suggested we study the impact of legalizing drugs. For years, an alliance of liberals and libertarians have promoted the idea that legalizing drugs would reduce drug costs and drug crimes in this country. But would it? Let's look at some of the arguments for drug legalization.

1. Legalization will take the profit out of the drug business.

As surprising as it may sound, relatively few drug dealers actually earn huge sums of money. Most in the crack business are low-level runners who make very little money. Many crack dealers smoke more crack than they sell. Drug cartels are the ones making the big profits.

Would legalizing drugs really affect large drug dealers or drug cartels in any appreciable way? Drug cartels would still control price and supply even if drugs were legalized in this country. If government set the price for legalized drugs, criminals could undercut the price and supply whatever the government did not supply.

Addicts would not be significantly affected by legalization. Does anyone seriously believe that their behavior would change just because they are now using legal drugs instead of illegal drugs? They would still use theft and prostitution to support their habits.

Proponents also argue that legalizing drugs would reduce the cost of drugs and thus reduce the supply of drugs flowing to this country. Recent history suggests that just the opposite will take place. When cocaine first hit the United States, it was expensive and difficult to obtain. But when more was dumped into this country and readily available in less expensive vials of crack, drug addiction rose and drug-related

crimes rose.

2. Drug legalization will reduce drug use.

Proponents argue that legalizing drugs will make them less appealing they will no longer be "forbidden fruit." However, logic and social statistics suggest that decriminalizing drugs will actually increase drug use.

Those arguing for the legalization of drugs often point to Prohibition as a failed social experiment. But was it? When Prohibition was in effect, alcohol consumption declined by 30 to 50 percent and death from cirrhosis of the liver fell dramatically. One study found that suicides and drug-related arrests also declined by 50 percent. After the repeal of the 18th amendment in 1933, alcoholism rose. So did alcohol-related crimes and accidents. If anything, Prohibition proves the point. Decriminalization increases drug use.

Comparing alcohol and drugs actually strengthens the argument against legalization since many drugs are even more addictive than alcohol. Consider, for example, the difference between alcohol and cocaine. Alcohol has an addiction rate of approximately 10 percent, while cocaine has an addiction rate as high as 75 percent.

Many drugs are actually "gateway drugs" to other drugs. A 1992 article in The Journal of Primary Prevention found that marijuana is essentially a "necessary" condition for the occurrence of cocaine use. Other research shows that involvement with illicit drugs is a developmental phenomenon, age correlates with use, and cigarette and alcohol use precedes marijuana use.

Dr. Robert DuPont, former head of the National Institute on Drug Abuse, argues that the potential market for legal drugs can be compared to the number of Americans who now use alcohol (140 million persons). If his analysis is correct, then approximately 50 million Americans would eventually use cocaine if it were a legal drug.

But the real question is not, Which is worse: alcohol or drugs? The question is whether we can accept both legalized alcohol and legalized drugs. Legalized alcohol currently leads to 100,000 deaths/year and costs us \$99 billion/year. We don't need to legalize drugs too.

3. Legalizing drugs will reduce social costs.

"We are losing the war on drugs," say drug legalization proponents, "so let's cut the costs of drug enforcement by decriminalizing drugs."

Currently the U.S. spends \$11 billion/year to combat drug-related crime. If drugs were made legal, some crime-fighting costs might drop but many social costs would certainly increase: other forms of crime (to support habits), drug-related accidents, and welfare costs.

Statistics from states that have decriminalized marijuana demonstrate this concern. In California, within the first six months of decriminalization, arrests for driving under the influence of drugs rose 46 percent for adults and 71.4 percent for juveniles. The use of marijuana doubled in Alaska and Oregon when it was decriminalized in those states.

Crime would certainly increase. Justice Department figures show that approximately one-third of inmates used drugs prior to committing their crimes.

And juvenile crime would no doubt increase as well. A 1990 study published in the Journal of Drug Issues found a strong association between the severity of the crime and the type of substance used the more intoxicating the substance, the more serious the incident.

Meanwhile, worker productivity would decrease and student productivity would decrease.

The Drug Enforcement Administration estimates that drug decriminalization will cost society more than alcohol and tobacco combined, perhaps \$140-210 billion a year in lost productivity and job-related accidents.

Government services would no doubt have to be expanded to pay for additional drug education and treatment for those addicted to legal drugs. And child protective services would no doubt have to expand to deal with child abuse. Patrick Murphy, a court-appointed lawyer for 31,000 abused and neglected children in Chicago, says that more than 80 percent of the cases of physical and sexual abuse of children now involve drugs. Legalizing drugs will not reduce these crimes; it would make the problem worse.

And is it accurate to say we are losing the war on drugs? Drug use in this country was on the decline in the 1980s due to a strong anti-drug campaign. Casual cocaine use, for example, dropped from 12 million in 1985 to 6 million in 1991. You don't win a war by surrender. Legalizing drugs in this country would constitute surrender in the drug war at a time when we have substantial evidence we can win this battle on a number of fronts.

4. Government should not dictate moral policy on drugs.

Libertarians who promote drug legalization value personal freedom. They believe that government should not dictate morals and fear that our civil liberties may be threatened by a tougher policy against drugs.

The true threat to our freedoms comes from the drug cartels in foreign countries, drug lords in this country, and drug dealers in our streets. Legalizing drugs would send the wrong message to society. Those involved in drug use eventually see that drugs ultimately lead to prison or death, so they begin

to seek help.

Obviously some people are going to use drugs whether they are legal or illegal. Keeping drugs illegal maintains criminal sanctions that persuade most people their life is best lived without drugs. Legalization, on the other hand, removes the incentive to stay away from drugs and increases drug use.

William Bennett has said, "I didn't have to become drug czar to be opposed to legalized marijuana. As Secretary of Education I realized that, given the state of American education, the last thing we needed was a policy that made widely available a substance that impairs memory, concentration, and attention span. Why in God's name foster the use of a drug that makes you stupid?"

Biblical Perspective

Some people may believe that the Bible has little to say about drugs, but this is not so. First, the Bible has a great deal to say about the most common and most abused drug: alcohol. Ephesians 5:18 admonishes Christians not to be drunk with wine. In many places in Scripture drunkenness is called a sin (Deut. 21:20-21, Amos 6:1, 1 Cor.6:9-10, Gal. 5:19-20). The Bible also warns of the dangers of drinking alcohol in Proverbs 20:1, Isaiah 5:11, Habakkuk 2:15-16. If the Bible warns of the danger of alcohol, then by implication it is also warning of the dangers of taking other kinds of drugs.

Second, drugs were an integral part of many ancient near East societies. For example, the pagan cultures surrounding the nation of Israel used drugs as part of their religious ceremonies. Both the Old Testament and New Testament condemn sorcery and witchcraft. The word translated "sorcery" comes from the Greek word from which we get the English words "pharmacy" and "pharmaceutical." In ancient time, drugs were prepared by a witch or shaman.

Drugs were used to enter into the spiritual world by inducing an altered state of consciousness that allowed demons to take over the mind of the user. In that day, drug use was tied to sorcery. In our day, many use drugs merely for so-called "recreational" purposes, but we cannot discount the occult connection.

Galatians 5:19-21 says: "The acts of the sinful nature are obvious: sexual immorality, impurity and debauchery, idolatry and witchcraft [which includes the use of drugs]; hatred, discord, jealousy, fits of rage, selfish ambition, dissensions, factions, and envy; drunkenness, orgies, and the like.I warn you, as I did before, that those who live like this will not inherit the kingdom of God." The word witchcraft here is also translated "sorcery" and refers to the use of drugs. The Apostle Paul calls witchcraft that was associated with drug use a sin. The non-medical use of drugs is considered one of the acts of a sinful nature. Using drugs, whether to "get a high" or to tap into the occult, is one of the acts of a sinful nature where users demonstrate their deprayed and carnal nature.

The psychic effects of drugs should not be discounted. A questionnaire designed by Charles Tate and sent to users of marijuana documented some disturbing findings. In his article in *Psychology Today* he noted that one fourth of the marijuana users who responded to his questionnaire reported that they were taken over and controlled by an evil person or power during their drug induced experience. And over half of those questioned said they have experienced religious or "spiritual" sensations in which they meet spiritual beings.

Many proponents of the drug culture have linked drug use to spiritual values. During the 1960s, Timothy Leary and Alan Watts referred to the "religious" and "mystical" experience gained through the use of LSD (along with other drugs) as a prime reason for taking drugs.

No doubt drugs are dangerous, not only to our body but to our spirit. As Christians, we must warn our children and our society of the dangers of drugs.

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The Teen Sexual Revolution — Abstinence Programs Are The Only Biblical Response

Kerby Anderson considers the real problems created by the new American attitude extolling the virtues of teen sexual activity. He examines the effectiveness of various programs designed to stem the tide of teen sexual activity. He concludes the only reasonable approach is teaching the reasons for and benefits of abstinence prior to marriage.

One of the low points in television history occurred September 25, 1991. The program was "Doogie Howser, M.D." This half-hour TV show, aimed at preteen and teenage kids, focused on the trials and tribulations of an 18-year-old child prodigy who graduated from medical school and was in the midst of medical practice. Most programs dealt with the problems of being a kid in an adult's profession. But on September 25 the "problem" Doogie Howser confronted was the fact that he was still a virgin.

Advance publicity drove the audience numbers to unanticipated levels. Millions of parents, teenagers, and pajama-clad kids sat down in front of their televisions to watch Doogie Howser

and his girlfriend Wanda deal with his "problem." Twenty minutes into the program, they completed the act. Television ratings went through the roof. Parents and advertisers should have as well.

What is wrong with this picture? Each day approximately 7700 teenagers relinquish their virginity. In the process, many will become pregnant and many more will contract a sexually transmitted disease (STD). Already 1 in 4 Americans have an STD, and this percentage is increasing each year. Weren't the producers of "Doogie Howser, M.D." aware that teenage pregnancy and STDs are exploding in the population? Didn't they stop and think of the consequences of portraying virginity as a "problem" to be rectified? Why weren't parents and advertisers concerned about the message this program was sending?

Perhaps the answer is the trite, age-old refrain "everybody's doing it." Every television network and nearly every TV program deals with sensuality. Sooner or later the values of every other program were bound to show up on a TV program aimed at preteens and teenagers. In many ways the media is merely reflecting a culture that was transformed by a sexual revolution of values. Sexually liberal elites have hijacked our culture by seizing control of two major arenas. The first is the entertainment media (television, movies, rock music, MTV). The second is the area of sex education (sex education classes and school- based clinics). These two forces have transformed the social landscape of America and made promiscuity a virtue and virginity a "problem" to be solved.

The Teenage Sexuality Crisis

We face a teenage sexuality crisis in America. Consider these alarming statistics of children having children. A New York Times article reported: "Some studies indicate three-fourths of all girls have had sex during their teenage years and 15 percent have had four or more partners." A Lou Harris poll

commissioned by Planned Parenthood discovered that 46 percent of 16-year-olds and 57 percent of 17-year-olds have had sexual intercourse.

Former Secretary of Education William Bennett in speaking to the National School Board Association warned that "The statistics by which we measure how our children how our boys and girls are treating one another sexually are little short of staggering." He found that more than one-half of America's young people have had sexual intercourse by the time they are seventeen. He also found that more than one million teenage girls in the U.S. become pregnant each year. Of those who give birth, nearly half are not yet eighteen.

"These numbers," William Bennett concluded, "are an irrefutable indictment of sex education's effectiveness in reducing teenage sexual activity and pregnancies." Moreover, these numbers are not skewed by impoverished, inner city youths from broken homes. One New York polling firm posed questions to 1300 students in 16 high schools in suburban areas in order to get a reading of "mainstream" adolescent attitudes. They discovered:

- 57% lost virginity in high school
- 79% lost virginity by the end of college
- 16.9 average age for sex
- 33% of high school students had sex once a month to once a week
- 52% of college students had sex once a month to once a week.

Kids are trying sex at an earlier age than ever before. More than a third of 15-year-old boys have had sexual intercourse as have 27 percent of the 15-year-old girls. Among sexually active teenage girls, 61 percent have had multiple partners. The reasons for such early sexual experimentation are many.

Biology is one reason. Teenagers are maturing faster sexually due to better health and nutrition. Since the turn of the century, for example, the onset of menstruation in girls has dropped three months each decade. Consequently, urges that used to arise in the mid-teens now explode in the early teens. Meanwhile the typical age of first marriage has risen more than four years since the 1950s.

A sex-saturated society is another reason. Sex is used to sell everything from cars to toothpaste. Sexual innuendos clutter most every TV program and movie. And explicit nudity and sensuality that used to be reserved for R-rated movies has found it way into the home through broadcast and cable television. Media researchers calculate that teenagers see approximately five hours of TV a day. This means that they see each year nearly 14,000 sexual encounters on television alone.

Lack of parental supervision and direction is a third reason. Working parents and reductions in after-school programs have left teenagers with less supervision and a looser after-school life. In the inner city, the scarcity of jobs and parents coupled with a cynical view of the future invites teenage promiscuity and its inevitable consequences. Adolescent boys in the suburbs trying to prove their masculinity, herd into groups like the infamous score- keeping Spur Posse gang in California.

Even when teenagers want to sit out the sexual revolution, they often get little help from parents who may be too embarrassed or intimidated to talk to their children. Parents, in fact, often lag behind their kids in sexual information. At one sex-education workshop held by Girls Inc. (formerly Girls Club of America), nearly half of the mothers had never seen a condom. Other mothers did not want to talk about sex because they were molested as children and were fearful of talking about sex with their daughters.

Teenagers are also getting mixed messages. In any given week,

they are likely to hear contradictory messages. "No sex until you're married." "No sex unless you're older." "No sex unless you're protected." "No sex unless you're in love." No wonder adolescents are confused.

The Report Card on Sex Education

For more than thirty years proponents of comprehensive sex education have told us that giving sexual information to young children and adolescents will reduce the number of unplanned pregnancies and sexually transmitted diseases. In that effort nearly \$3 billion has been spent on federal Title X family planning services, yet teenage pregnancies and abortions rise.

Perhaps one of the most devastating popular critiques of comprehensive sex education came from Barbara Dafoe Whitehead. The journalist who said that Dan Quayle was right also was willing to say that sex education was wrong. Her article in the October 1994 issue of *Atlantic Monthly* entitled "The Failure of Sex Education" demonstrated that sex education neither reduced pregnancy nor slowed the spread of STDs.

Comprehensive sex education is mandated in at least 17 states, so Whitehead chose one state and focused her analysis on the sex education experiment in New Jersey. Like other curricula the New Jersey sex education program rests on certain questionable assumptions.

The first tenet is that children are "sexual from birth." Sex educators reject the classic notion of a latency period until approximately age twelve. They argue that you are "being sexual when you throw your arms around your grandpa and give him a hug."

Second, sex educators hold that children are sexually miseducated. Parents, in their view, have simply not done their job, so we need "professionals" to do it right. Parents try to protect their children, fail to affirm their sexuality,

and even discuss sexuality in a context of moralizing. The media, they say, is also guilty of providing sexual misinformation.

Third, if miseducation is the problem, then sex education in the schools is the solution. Parents are failing miserably at the task, so "it is time to turn the job over to the schools. Schools occupy a safe middle ground between Mom and MTV."

Learning About Family Life is the curriculum used in New Jersey. While it discusses such things as sexual desire, AIDS, divorce, condoms, and masturbation, it nearly ignores such issues as abstinence, marriage, self-control, and virginity. One technique promoted to prevent pregnancy and STDs is noncoital sex, or what some sex educators call outercourse. Yet there is good evidence to suggest that teaching teenagers to explore their sexuality through noncoital techniques will lead to coitus. Ultimately, outercourse will lead to intercourse.

Whitehead concludes that comprehensive sex education has been a failure. For example, the percent of teenage births to unwed mothers was 67 percent in 1980 and rose to 84 percent in 1991. In the place of this failed curriculum, Whitehead describes a better program. She found that "sex education works best when it combines clear messages about behavior with strong moral and logistical support for the behavior sought." One example she cites is the *Postponing Sexual Involvement* program at Grady Memorial Hospital in Atlanta, Georgia, which offers more than a "Just Say No" message. It reinforces the message by having adolescents practice the desired behavior and enlists the aid of older teenagers to teach younger teenagers how to resist sexual advances. Whitehead also found that "religiously observant teens" are less likely to experiment sexually, thus providing an opportunity for church-related programs to stem the tide of teenage pregnancy. The results of Whitehead's research are clear: abstinence is still the best form of sex education.

Is "Safe Sex" Really Safe?

At the 1987 World Congress of Sexologists, Theresa Crenshaw asked the audience, "If you had the available partner of your dreams and knew that person carried HIV, how many of you would have sex depending on a condom for your protection?" When they were asked for a show of hands, none of the 800 members of the audience indicated that they would trust the condoms. If condoms do not eliminate the fear of HIV-infection for sexologists and sex educators, why do we encourage the children of America to play STD Russian Roulette?

Are condoms a safe and effective way to reduce pregnancy and STDs? To listen to sex educators you would think so. Every day sex education classes throughout this country promote condoms as a means of safe sex or at least safer sex. But the research on condoms provides no such guarantee.

For example, Texas researcher Susan Weller writing in the 1993 issue of *Social Science Medicine*, evaluated all research published prior to July 1990 on condom effectiveness. She reported that condoms are only 87 percent effective in preventing pregnancy and 69 percent effective in reducing the risk of HIV infection. This translates into a 31 failure rate in preventing AIDS transmission. And according to a study in the 1992 Family Planning Perspectives, 15 percent of married couples who use condoms for birth control end up with an unplanned pregnancy within the first year.

So why has condom distribution become the centerpiece of the U.S. AIDS policy and the most frequently promoted aspect of comprehensive sex education? For many years, the answer to that question was an a priori commitment to condoms and a safe sex message over an abstinence message. But in recent years, sex educators and public health officials have been pointing to one study which appeared to vindicate the condom policy.

The study was presented at the Ninth International Conference

on AIDS held in Berlin on June 9, 1993. The study involved 304 couples with one partner who was HIV positive. Of the 123 couples who used condoms with each act of sexual intercourse, not a single negative HIV partner became positive. So proponents of condom distribution thought they had scientific vindication for their views.

Unfortunately that is not the whole story. Condoms do appear to be effective in stopping the spread of AIDS when used "correctly and consistently." Most individuals, however, do not use them "correctly and consistently." What happens to them? Well, it turns out that part of the study received much less attention. Of 122 couples who could not be taught to use condoms properly, 12 became HIV positive in both partners. Undoubtably over time, even more partners would contract AIDS.

How well does this study apply to the general population? I would argue the couples in the study group were quite dissimilar from the general population. For example, they knew the HIV status of their spouse and therefore had a vested interest in protecting themselves. They were responsible partners and in a committed monogamous relationship. In essence, their actions and attitudes differ dramatically from teenagers and single adults who do not know the HIV status of their partners, are often reckless, and have multiple sexual partners.

Contrary to popular belief, condoms are not as reliable as public health pronouncements might lead you to think. Abstinence is still the only safe sex.

Only Abstinence-Only Programs Really Work

Less than a decade ago, an abstinence-only program was rare in the public schools. Today directive abstinence programs can be found in many school districts while battles are fought in other school districts for their inclusion or removal. While proponents of abstinence programs run for school board or influence existing school board members, groups like Planned Parenthood bring lawsuits against districts that use abstinence-based curricula arguing that they are inaccurate or incomplete. At least a dozen abstinence- based curricula are on the market, with the largest being *Sex Respect* (Bradley, Illinois) and *Teen-Aid* (Spokane, Washington).

The emergence of abstinence-only programs as an alternative to comprehensive sex education programs was due to both popularity and politics. Parents concerned about the ineffectiveness of the safe sex message eagerly embraced the message of abstinence. And political funding helped spread the message and legitimize its educational value. The Adolescent Family Life Act enacted in 1981 by the Reagan Administration created Title XX and set aside \$2 million a year for the development and implementation of abstinence-based programs. Although the Clinton Administration later cut funding for abstinence programs, the earlier funding in the 1980s helped groups like Sex Respect and Teen-Aid launch abstinence programs in the schools.

Parents and children have embraced the abstinence message in significant numbers. One national poll by the University of Chicago found that 68 percent of adults surveyed said premarital sex among teenagers is "always wrong." A 1994 poll for USA Weekend asked more than 1200 teens and adults what they thought of "several high profile athletes [who] are saying in public that they have abstained from sex before marriage and are telling teens to do the same." Seventy-two percent of the teens and 78 percent of the adults said they agree with the pro-abstinence message.

Their enthusiasm for abstinence-only education is well founded. Even though the abstinence message has been criticized by some as naive or inadequate, there are good reasons to promote abstinence in schools and society.

1. Teenagers want to learn about abstinence. Contrary to the

often repeated teenage claim, not "everyone's doing it." A 1992 study by the Centers for Disease Control found that 43 percent of teenagers (age 14 to 17) had engaged in sexual intercourse at least once. Put another way, the latest surveys suggest that a majority of teenagers are not doing it.

- 2. Abstinence prevents pregnancy. Proponents of abstinence-only programs argue that it will significantly lower the teenage pregnancy rate and cited lots of anecdotes and statistics to make their case. For example, the San Marcos Junior High in San Marcos, California, adopted an abstinence-only program developed by Teen- Aid. The curriculum dropped the school's pregnancy rate from 147 to 20 within a two-year period. An abstinence-only program for girls in Washington, D.C., has seen only one of 400 girls become pregnant.
- 3. Abstinence prevents sexually transmitted diseases (STDs). After more than three decades, the sexual revolution has taken lots of prisoners. Before 1960 there were only two STDs that doctors were concerned about: syphilis and gonorrhea. Today, there are more than 20 significant STDs ranging from the relatively harmless to the fatal. Twelve million Americans are newly infected each year, and 63 percent of these new infections are in people less than 25 years old. Eighty percent of those infected with an STD have absolutely no symptoms.

The conclusion is simple: abstinence is the only truly safe sex.

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