

Advocacy Apologetics: Finding Common Ground as a Way to the Gospel

As you examine your life, can you think of any lessons you wish you had learned earlier than you did?

I'm really glad I learned *this* lesson very early in my career as a Christian communicator. It's made a world of difference.

God has graciously sent me presenting Christ and biblical truth on six continents before university students and professors, on mainstream TV and radio talk shows, with executives, diplomats and professional athletes.

He's put me speaking in university classrooms and auditoriums, in embassies, boardrooms, and locker rooms. He's had me writing for mainstream newspapers, magazines, and on the Internet about controversial subjects like sex, abortion, the afterlife, and reasons for faith.

As you might imagine, I've encountered many skeptics and objections to faith. I've learned much from my critics, the unpaid guardians of my soul.

But if I hadn't learned this crucial lesson at the outset, would all those outreach doors have opened?

The Lesson

I learned it on an island in a river in Seoul, Korea. Over a million believers were gathered for Expo 74. One speaker that day was a prominent church leader from India who discussed how to best communicate the message of Jesus to the types of Buddhists in India. Here's my paraphrase of his advice.

We could use two methods, he said. One was to begin by

stressing the differences between Buddhism and Christianity. But that often gets people mad and turns them off.

A second way involved agreeing with the Buddhist where we could. We could say something like this: "I know that you as a Buddhist believe in Four Noble Truths." (This is foundational to many strains of Buddhism.) "First you believe suffering is universal. As a follower of Jesus, I also believe suffering is everywhere. It needs a solution.

Second, you believe that suffering is caused by evil desire or craving. I believe something very similar; I call this evil desire sin."

Third, you believe that the way to eliminate suffering is to eliminate craving. I feel selfishness needs to be eliminated, too. And fourth, you feel we eliminate craving by following the Eightfold Path: right understanding, right aspiration, right behavior, etc.

Here's where I would suggest an alternative. For many years I, too, tried to eliminate my selfishness by seeking to think and do the right thing. But you know what happened? I became very frustrated because I lacked the power to do it. I realized that if I relied on God, He could give me the inner power I needed."

Do you see the contrast between those two methods of approaching someone who differs with you? The first emphasizes differences and has the emotional effect of holding up your hands as if to say "Stop!" or "Go away!" The second begins by agreeing where you can. Your emotional hands are extended as if to welcome your listeners. If you were the listener, which approach would you prefer?

Start by Agreeing where You Can

In communicating with skeptics, start by agreeing where you can. You'll get many more to listen.

I call this approach Advocacy Apologetics. You're approaching the person as an advocate rather than an adversary. You believe in some of the same things they do. Expressing agreement can penetrate emotional barriers and communicate that you are *for* that person rather than *against* them. It can make them more willing to consider areas of disagreement.

Don't compromise biblical truth; but agree at the start where you can.

Paul used this approach. He wrote ([1 Corinthians. 9:19-23 NLT](#), emphasis mine):

I have become a servant of everyone so that I can bring them to Christ. When I am with the Jews, I become one of them so that I can bring them to Christ. When I am with the Gentiles who do not have the Jewish law, I fit in with them as much as I can.

Yes, I try to find common ground with everyone so that I might bring them to Christ. I do all this to spread the Good News.

Here's an experiment: The next time you encounter someone who differs with you, take a deep breath. Pray. Ask God to help you identify three areas of agreement. Can't find three? How about one? Discuss that first. Become an advocate for them. Maybe you'll oil some stuck emotional and intellectual gears and nudge someone in His direction.

Castro's Staying Power

"I threw a rock at Castro!" my young friend beamed in our junior high classroom. He had recently migrated to Miami, part of a mass exodus fleeing the Cuban revolution.

Over the intervening years, many others have thrown rocks—real and figurative—at El Comandante. An Energizer Bunny of world rulers, he just kept on going. Only Britain's queen and Thailand's king had served longer as heads of state when Castro recently announced that, due to declining health, he would not continue his presidency.

Survivor

The aging socialist warrior has staying power. The *Guinness Book of Records* says his 4 hour and 29 minute UN speech in 1960 remains a UN record for length. His longest recorded speech in Cuba lasted 7 hours 10 minutes.

Castro counts 634 attempts on his life, ranging from poison pills to a toxic cigar. [\[1\]](#) Ten US presidents have served during his command. He survived the US-backed Bay of Pigs invasion in 1961 and the Cuban Missile Crisis the following year.

I remember as a child sitting on our living room floor watching [JFK demand](#) the Soviets remove their missiles. We were only 235 miles away, well within range. The world approached the brink, Khrushchev blinked, Fidel...and humanity...survived.

Several years later my parents' airline flight was hijacked to Cuba. Their surreal night in the Havana airport included individual government interviews, genuine risk of not being allowed to return to the US, and relief at finally taking off for home.

The controversial dictator inspires affection from compatriots

who appreciate Cuba's high literacy and universal health care. Relatives of his political prisoners hold him in considerably less regard. And Cuba's economic woes are legendary.

He's Not Gone Yet

In stepping down, Castro emphasized he isn't planning to disappear: "This is not my farewell. My only wish is to fight as a soldier in the battle of ideas. I shall continue to write under the heading of 'Reflections by comrade Fidel.' It will be just another weapon you can count on." [{2}](#)

What reflections are in Castro's future at a frail 81? Even globally influential leaders must face life's finish line. Often spiritual matters creep into one's thoughts during autumn years. Castro has reflected on them in surprising ways in the past.

In 1985 he said, "I never saw a contradiction between the ideas that sustain me and the ideas of that symbol, of that extraordinary figure (Jesus Christ)." [{3}](#)

Certainly Jesus displayed compassion for the poor and oppressed, significant Marxist concerns. But it's hard to envision the one who said "You will know the truth, and the truth will set you free" [{4}](#) jailing folks for disagreeing with him.

Years ago, Fidel wrote about a fallen comrade:

Physical life is ephemeral, it passes inexorably.... This truth should be taught to every human being—that the immortal values of the spirit are above physical life. What sense does life have without these values? What then is it to live? Those who understand this and generously sacrifice their physical life for the sake of good and justice—how can they die? God is the supreme idea of goodness and justice. [{5}](#)

Jesus, whom Castro admired, commented on this theme: "I am the resurrection and the life. Those who believe in me, even though they die like everyone else, will live again. They are given eternal life for believing in me and will never perish."
[{6}](#)

Fidel Castro's physical life will, of course, eventually end. His ideas and influence could survive for generations. But as he approaches that personal threshold we all must cross, might thoughts of his own spiritual future intrigue him again?

Notes

1. Reuters, Weird and wonderful: the facts about Fidel Castro, The Independent tinyurl.com/24yqvn, accessed February 19, 2008.
2. Reuters, Text of Fidel Castro's Announcement, New York Times, February 19, 2008; at www.nytimes.com/reuters/world/international-cuba-castro-text.html, accessed February 19, 2008.
3. Reuters, FACTBOX-Quotes from Cuba's Fidel Castro, February 19, 2008; at in.reuters.com/article/worldNews/idINIndia-32028720080219, accessed February 19, 2008.
4. [John 8:32 NIV](#).
5. Andrew Buncombe, When Castro believed in God: letters from prison reveal atheist leader's spiritual side, The Independent, 26 February 2007; at tinyurl.com/36xnrs, accessed February 20, 2008.
6. [John 11:25-26 NLT](#).

“Body Building”: Edifying Thoughts about Our Bodies

Why Should I Care About This?

Our culture is obsessed with the human body. Have you turned on the television or stood in the supermarket checkout line recently? Images and information about the human body bombard our senses from almost every direction. And what we believe about the body can make a huge difference for our daily life, and for the life beyond! That’s why we need to think carefully about a Christian view of the body. For when our ideas about the body go wrong, a lot of related Christian beliefs can also be affected.



For example, in the early centuries of the Christian church there were some religious groups called Gnostics. Their name derived from the Greek term *gnosis* which means “knowledge,” because they thought that salvation came through secret knowledge. In their view, reality consisted of two primary components: matter (which was evil) and spirit (which was good).^{1} Since matter was evil, the human body was likewise viewed as “intrinsically degenerate.”^{2}

The Gnostics’ negative beliefs about the human body influenced their thinking in other areas as well. Their ideas about the incarnation, the afterlife, and human sexuality, were all affected. Consider the incarnation. Christians believe that God the Son became a real human being with a real human body. But this view was repulsive to some of the Gnostics. While some believed that the divine Christ temporarily assumed a human body, they did not think this state was permanent. And

others denied that Jesus had a physical body at all. They believed that Jesus only *appeared* to be human.[{3}](#) In reality, he was a completely spiritual being. This was especially true after his resurrection, which Gnostics generally held to be a purely spiritual (and not physical) event.[{4}](#)

The Gnostic view of the afterlife was similar. After death, Gnostics believed, they would be reunited with God in the spiritual realm. Unlike Christians, they had no desire for the resurrection of the body. The body was a prison from which they would gratefully escape at death.

Consider finally their views about human sexuality. Although some Gnostics may have lived a sexually immoral lifestyle, the majority seem to have rather been ascetics.[{5}](#) They treated the body harshly and rejected sexual activity and procreation as earthly, physical, and unspiritual. Such activities kept one in bondage to this evil material world.

Unfortunately, these Gnostic beliefs about the body influenced Christianity to some degree. But if we look at what the Bible teaches, what we find is much more interesting and exciting.

The Goodness of the Human Body

What do you believe about your body? Is it something good—or evil?

In striking contrast to the Gnostics, who believed both the material world and human body were intrinsically evil, the biblical writers present a positive conception of both.

The first verse of Genesis declares, “In the beginning God created the heavens and the earth” (Gen. 1:1). A few verses later we learn that God created human beings in His image and likeness (Gen. 1:26-27). And at the end of chapter one we’re told that everything God made “was very good” (Gen. 1:31). So unlike the Gnostics, who believed the material world was the

work of an evil, inferior deity, the biblical writers viewed the physical universe and human body as part of the good creative work of the one true God.

Moreover, in the biblical view humanity occupies a very special place in the created order. Having been made in God's image, men and women are viewed as the crown of creation. But what does it mean to say that we are made in God's image? As one might expect, this is a question that has been given extensive consideration throughout the history of the church.

On the one hand, we probably shouldn't think of the divine image primarily in *physical* terms, for God is a *spiritual* being. Still, it's probably also a mistake to think that our bodies aren't *in any sense* made in God's image. Genesis 1:27 says that God created man in His image. Reflecting on this statement, some scholars have noted that it's "not some part of a human or some faculty of a human, but a human in his or her wholeness [that] is the image of God. The biblical concept is not that the image is *in* man and woman, but that man and woman *are* the image of God." [\[6\]](#) Since God created man in His image as an embodied personal being, it seems quite natural to suppose that the material (as well as immaterial) aspects of our being are *both* included in what it means to be made in God's image.

In Genesis 2 we have a more detailed account of the creation of man and woman. In verse 7 we read that "the Lord God formed man of dust from the ground, and breathed into his nostrils the breath of life; and man became a living being." This verse indicates that there are both material and immaterial components of man's being—and each *in some sense* bears God's image. This is why in the Christian view human beings have inherent worth and dignity. It's also why in contrast to the Gnostics we believe in the goodness of the human body.

The Importance of the Incarnation

Did you know that your beliefs about the human body can affect your view of Jesus and why He came? As we've seen, the biblical writers saw the human body as God's good creation (Gen. 1-2). Naturally enough, such radically different views of the body influenced how Gnostics and Christians understood the doctrine of the incarnation as well.

The term "incarnation" means "'to enter into or become flesh.' It refers to the Christian doctrine that the pre-existent Son of God became man in Jesus."[\[7\]](#) Our first hint that something like this would happen comes shortly after man's fall into sin. In Genesis 3:15 God tells the serpent, the agent of temptation in the story, "I will put enmity between you and the woman, and between your seed and her seed; He shall bruise you on the head, and you shall bruise him on the heel." The verse promises a coming Champion or Deliverer, who would be born of a woman, and who would deliver the decisive death-blow to Satan. Later we learn that this Deliverer, the Lord Jesus Christ, redeems humanity from the tragic consequences of sin and death by giving His own life as a substitute in our place (1 Jn. 2:2; 4:10). The death of God's Son for the sins of the world was possible because of the incarnation. By becoming a real man, with a real body, He experienced a real death on the cross.

One of the clearest statements of the incarnation is found in the Gospel of John: "In the beginning was the Word . . . and the Word was God . . . And the Word became flesh, and dwelt among us" (1:1, 14). This Word made flesh, the Lord Jesus Christ, told His followers that He had come "to give His life a ransom for many" (Mk. 10:45). While Gnostics generally regarded the death of Jesus as irrelevant for salvation, Christians see it as absolutely essential.

In Revelation 5:9 a song is sung in praise of Christ, who through His death "purchased men for God from every tribe and

language and people and nation.” In the early church, some theologians said that what Christ did not assume, neither did He redeem. They meant that if Christ did not really have a human body, then neither did He redeem our bodies. This is why the incarnation is so important. By becoming fully human and dying for our sins, Christ secured the complete redemption of all who put their trust in Him.

Human Sexuality

Those unfamiliar with the Bible might be surprised to learn how much it has to say about sex. And what it says is neither prudish nor out of date. On the contrary, its counsel is both supremely wise and eminently practical. [\[8\]](#)

In fact, unlike the ancient Gnostics, the Bible has a very positive view of human sexuality. An entire book of the Bible, the Song of Solomon, is largely devoted to extolling the beauty and wonder of sexual love within the God-ordained covenant of marriage. Sex was God’s idea and is rooted in His original creation of man and woman as sexual beings (Gen. 1:27). While one of God’s purposes in creating us this way was for procreation (Gen. 1:28), it certainly wasn’t His only purpose. God also intended sex to be a pleasurable and meaningful expression of intimacy and love between husband and wife (Prov. 5:18-19).

According to Jesus, the biblical ideal of marriage is a lifelong, exclusive commitment of one man to one woman (Mk. 10:2-9). Citing the Genesis creation account He says, “For this reason a man will leave his father and mother and be united to his wife, and the two will become one flesh” (Mk. 10:7-8; cf. Gen. 2:24). As one writer has observed, “Here we have a blueprint for human sexual love: through the sexual act the man and woman have a wonderful new kind of intimacy. This is called being ‘one flesh,’ and it is designed to be exclusive and faithful.” [\[9\]](#)

Unfortunately, man's fall into sin brought about the misuse and abuse of God's good gift. And as one might expect, the Bible doesn't shy away from addressing such things. Essentially, the biblical view is that sex is to be fully enjoyed as a wonderful gift from God, but *only* within the sacred bonds of marriage between one man and one woman. Every other kind of sexual activity is lumped into the category of "sexual immorality." And this we are told to flee, for as Paul told the Corinthians, "he who sins sexually sins against his own body" (1 Cor. 6:18).

But Paul then went even further. He called the believer's body "a temple of the Holy Spirit." He said that Christians have been "bought at a price" and should "honor God" with their bodies (1 Cor. 6:19-20). This reveals something of the value which God places upon the human body. And He encourages us to do the same.

Bodily Death and Resurrection

Did you know that your view of the human body affects your view of eternity?

Throughout history humanity has entertained a variety of ideas about what happens after death. Some think that physical death is the end of our personal, conscious existence. While we might "live on" in people's memories, we don't live on in any other sense. Others believe that while the body dies, the human soul or spirit continues to exist—perhaps on a higher spiritual plane, perhaps in a spiritual heaven or hell, or perhaps somewhere else. According to this view, our bodily existence is only temporary. Once we die our bodies are discarded, but our souls go on living forever.

In the early years of the church, many Gnostics believed that people would experience different fates at death. Some would just cease to exist. For them, death was the end. Others could

enjoy some sort of afterlife through faith and good works. From a Gnostic perspective, these people were the Christians. Only a few, however, namely, the Gnostics themselves, could expect a truly fantastic afterlife in which they would be reunited with God in the divine realm.[{10}](#) In other words, the Gnostics anticipated being liberated from this evil material world, including their bodies, and being reunited with God in a completely spiritual existence. Interestingly, although there are differences, many Christians seem to expect an afterlife that's very similar to that envisioned by the Gnostics.

But what the Bible teaches is really quite different. Although it comforts Christians with the reminder that to be absent from the body is to be at home with the Lord (2 Cor. 5:8), this is not the believer's final state. Instead, we're told to eagerly await the resurrection of our bodies, which will be modeled after Jesus' resurrected body (1 Cor. 15:20-23, 42-49). As Christians, we don't look forward to a purely *spiritual* (in the sense of *non-physical*) afterlife. Instead, we await a *bodily* existence in a new heaven and new earth which is completely free from the presence and power of sin (2 Pet. 3:10-13)! Just as Christ was raised *physically* from the dead, so one day He will likewise raise all men from the dead. Some will enjoy His presence forever; others will be shut out from His presence forever (Matt. 25:46; Jn. 5:28-29). Which experience shall be ours depends entirely upon our relationship to Christ (Jn. 3:36; 2 Thess. 1:8-10). So why not put your trust in Him and enjoy forever the new heavens and new earth in a new, resurrected body? You're invited, you know (Rev. 22:17).

Notes

1. Bart D. Ehrman, *Lost Christianities: Christian Scriptures and the Battles Over Authentication*, Course Guidebook, Pt. 1 (Chantilly, Virginia: The Teaching Company, 2002), 20.
2. Mary Timothy Prokes, *Toward a Theology of the Body* (Grand

Rapids: Eerdmans, 1996), 9.

3. J. Ed Komoszewski, M. James Sawyer, and Daniel B. Wallace, *Reinventing Jesus: What The Da Vinci Code and Other Novel Speculations Don't Tell You* (Grand Rapids, Michigan: Kregel Publications, 2006), 200.

4. Ehrman, *Lost Christianities*, 29.

5. Ibid., 21.

6. *Tyndale Bible Dictionary*, eds. Walter A. Elwell and Philip Wesley Comfort (Wheaton, Illinois: Tyndale House Publishers, 2001), s.v. "Image of God."

7. *Harper's Bible Dictionary* (1st ed.), ed. Paul J. Achtemeier (San Francisco: Harper & Row, 1985), s.v. "Incarnation" by Frank J. Matera.

8. A number of ideas in this section were informed by the article "Sex, Sexuality," in *Tyndale Bible Dictionary*.

9. Amy Orr-Ewing, *Is the Bible Intolerant?* (Downers Grove, Illinois: InterVarsity Press, 2005), 113.

10. Ehrman, *Lost Christianities*, 21.

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Overcoming Anxiety: Finding Real Peace When Life Seems Crazy

What makes you feel anxious? Being late or unprepared for work or appointments? Maybe unresolved interpersonal conflict. Airline travel? Public speaking? Fears of losing love? Serious illness or a friend's death?



This article is also available in [Spanish](#).

What makes you feel anxious? Being late or unprepared for work or appointments? Maybe unresolved interpersonal conflict. Airline travel? Public speaking? Fears of losing love? Serious illness or a friend's death?

Pressures from the trivial to the traumatic can prompt feelings of fearfulness or apprehension.

Once at a booksellers convention my wife and I spent an exhausting day on our feet promoting a new book. Late that night, after a reception crowd had thinned down to mostly authors and our publisher, we stood in a circle engaged in conversation. I had to leave her side momentarily to attend to a matter.

Upon returning to the circle, I walked up behind my wife and began gently to massage her shoulders. She seemed to enjoy this, so I started to put my arms around her waist to give her a little hug. Just then, I looked up at the opposite side of the circle and saw ... my wife.

I had my hands on the wrong woman!

In that instant, I knew the true meaning of fear. Fear of circumstances. Even fear of death! Confusion clouded my mind. Heat enveloped my back, shoulders, neck and head. My face reddened; my stomach knotted.

You've probably had embarrassing moments that generate anxiety. What about more serious causes?

Your Greatest Fear?

Fear of death is perhaps humans' greatest fear. In college, the student living next door to me was struck and killed instantly by lightning on a golf course one springtime afternoon. Shock gripped our fraternity house. "What does it mean if life can be snuffed out in an instant?" my friends asked. "Is there a life after death and, if so, how can we

experience it?" Confusion and anxiety reigned.

If you can't answer the question "What will happen when you die?" you may become anxious.

How can you find real peace in a chaotic world? Consider a possible solution. It involves the spiritual realm.

As a university student, I wrote a paper for an abnormal psychology class investigating a biblical therapy for anxiety. I had come to faith as a freshman and found it brought me peace of mind. Complex psychological disorders often stem from more basic problems like anxiety, problems for which faith offers practical solutions.

I sent a copy of my paper to the author of our textbook, a prominent UCLA psychologist. A month later, he replied that he liked the paper and asked permission to quote from it in his revised textbook.

Somewhat amazed, I readily agreed. I also sent a copy of his letter to my parents in Miami, who were beginning to wonder about their son's campus spiritual involvement.

This professor felt that the principles in the paper—which certainly were not original with me—had both academic and personal relevance. Several months later, we met at his lovely home in Malibu overlooking the Pacific Ocean. As we sat in his back yard, this professor told me he lacked personal peace and wanted to know God personally. I showed him a simple four-point outline based on one of Jesus' statements: "God so loved the world that he gave his only Son, so that everyone who believes in him will not perish but have eternal life."[\[1\]](#)

We discussed God's unconditional love for us, our dilemma of being unplugged from Him and the flaws (selfishness and "sins") that result. I noted that Jesus, through His death in our place and return to life, came to plug us back into God by paying the penalty we owed for our sins.

Finding Real Peace

This professor decided to place his faith in God and asked Jesus to forgive him and enter his life. We kept in touch. Later, over the phone, he told me that as he looked out over the ocean and saw the setting sun, "I really believe I'm a part of all this. Before I didn't, but now I do." He was seeing how he fit into God's universe. An internationally acclaimed scholar linked up with, if you will, the greatest Psychologist.

One of Jesus' earlier followers wrote to some friends about a divine aid for anxiety: "Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. If you do this, you will experience God's peace, which is far more wonderful than the human mind can understand. His peace will guard your hearts and minds as you live in Christ Jesus."[\[2\]](#)

Faith in God does not make life perfect and is no automatic solution to anxiety. Illness, chemical imbalance, emotional wounds and more can hamper coping. But a good starting place is to become linked with the One who loves us and knows best what makes us fulfilled.

Might it be time for you to consider Him?

Notes

1. John 3:16 *NLT* (*New Living Translation*).
2. Philippians 4:6-7 (*NLT*).

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What Happens After Death? A Christian Perspective

Dr. Pat Zukeran brings a biblical perspective to a question we all would like to know: what happens to me after I die? He looks to the Bible to determine what we can and cannot know about our life after we pass out of our present bodies.



This article is also available in [Spanish](#).

Differing Perspectives on Death

For the entire existence of mankind, we have struggled with the question, “What happens after death?” Our answer to this dilemma has great implications for our life here on earth. Although many avoid the issue, we must sooner or later address the question. There are many competing answers to this question.

Atheists believe that at death one ceases to exist. There is no afterlife or eternal soul that continues in eternity. All there is to look forward to is our inevitable death, the future death of mankind, and the universe. It is in the face of this future that the atheist must seek to find meaning and purpose for his own existence.

The Eastern and New Age religions that hold to a pantheistic worldview teach that one goes through an endless cycle of reincarnation until the cycle is broken and the person becomes one with the divine. What form a person becomes in the next life depends on the quality of life lived in the previous life. When one unites with the divine, he ceases to exist as an individual, but becomes part of the divine life force, like a drop of water returning to the ocean.

Those who hold to the animistic or tribal religions believe

that after death the human soul remains on the earth or travels to join the departed spirits of the ancestors in the underworld, also called the realm of the shadows. For eternity they wander in darkness, experiencing neither joy nor sorrow. Some of the spirits of the deceased may be called upon to aid or torment those on earth.

Islam teaches that at the end of history, God will judge the works of all men. Those whose good deeds outweigh their bad deeds will enter into paradise. The rest will be consigned to hell. The Koran teaches that in paradise men will be drinking wine and entertained by heavenly maidens and that they may take several of these maidens for their wives.

Most worldviews must accept their belief in the afterlife on *untested* faith, but the Christian hope is sure for two reasons; the resurrection of Christ and the testimony of God's Word. The Bible gives us the true view of what happens after death. However, many Christians have a misunderstanding of the afterlife. Some believe that they become one of the angels, others believe they go into a state of "soul sleep," while others believe they will be floating on clouds playing harps. In this article, we will examine some popular misconceptions of what lies beyond the grave and perceive what the Bible teaches.

Christians can be assured that death is not something to be feared. Instead, at death we arrive home in heaven. To live means we exist in a foreign country. Death has lost its sting and now is a victory through the resurrection of Jesus our Lord.

Near Death Experiences

For the past thirty years, thousands of people have reported experiencing what are called near death experiences (NDEs). NDEs are encounters where a person, being in full awareness, leaves the body and enters another world. Such experiences

have resulted in life transformation in many individuals. What are we to make of these accounts?

Let us understand that NDEs come from those who have been *clinically* dead, not *biologically* dead. In clinical death, external life signs such as consciousness, pulse, and breathing cease. In such cases, biological death results if no steps are taken to reverse the process. Biological death, on the other hand, is not affected by any amount of attention, for it is physically irreversible.[\[1\]](#)

The NDE accounts occur at various stages of clinical death. Some occur when the patient is comatose, very close to death, or pronounced clinically dead. Other accounts occur when the patient's heart stops beating. Others occur while the patient's brain ceases to register any activity on the EEG monitor. There have not been any cases of biological or irreversible death for a significant amount of time followed by a resurrection.

What has intrigued scientists and theologians in their study of NDEs is that many of the patients have similar experiences. These include leaving the body and watching from above as doctors work on it, entering a dark tunnel, seeing light, seeing others, meeting a spirit being, experiencing peace, and then returning to the body.

Scientists and doctors from various worldviews have sought to explain this phenomenon. Those from an atheistic worldview have sought to give naturalistic explanations. Their explanations range from hallucination induced by medication, chemical reactions the brain experiences in near death crises, previous encounters long forgotten, and others. These fall short of explaining NDE events.

Many NDEs have occurred without medication. Drowning victims are one example. Also, thousands of NDE victims were able to clearly describe places and people with exact detail while

they were clinically dead. One girl, while near dead, was able to describe what her family did that night at home, what was made for dinner, where everyone sat and even what was said. Others were able to describe in detail objects in rooms nearby and far away from them. One patient described a shoe on the rooftop of a hospital. When the nurses looked, they found the shoe exactly as described. A boy in an accident involving his brother and mother told those around him moments before he died, "They are waiting for me now." The doctor discovered that at that exact time in another hospital the boy's mother and brother had just died. Dr. Gary Habermas and J.P. Moreland provide a comprehensive discussion of NDEs in their book *Beyond Death*, arguing that naturalistic explanations cannot satisfactorily explain the events that occur in NDEs.

NDEs may not conclusively prove there is a heaven or hell, but they do indicate that at death the soul separates from the body, and that a person's spirit is conscious and coherent at death.

However, NDEs do not accurately reflect what lies beyond the grave. NDEs deal with accounts that give a short glimpse behind the curtain of death and therefore they give us an incomplete picture. Colossians 1:18 tells us that Jesus "is the firstborn from among the dead, so that in everything he might have the supremacy." Christ overcame biological death and lives forevermore as ruler over all creation. His supremacy over everything was established through His resurrection. Also, we know that Satan masquerades as an angel of light and can produce counterfeit appearances. It is imperative that we evaluate all experiences in light of Scripture.

Can We Communicate with the Dead?

Do the spirits of the dead have the ability to communicate with the living? One of the most popular current TV shows is "Crossing Over," with psychic John Edward. He, like other

psychics, claims to have the ability to communicate with the spirits of the deceased. He amazes spectators with his ability to reveal details about which only the deceased loved one may have known. From this communication, people attempt to receive comfort, advice, and encouragement.

The Bible teaches that communication with the dead is not possible. Throughout the Bible God commands His people not to indulge in the practice of necromancy, the art of communicating with the dead.

Deuteronomy 18:10-11 states,

Let no one be found among you who sacrifices his son or daughter in the fire, who practices divination or sorcery, interprets omens, engages in witchcraft, or casts spells, or who is a medium or spiritist or who consults the dead . . .

The Canaanites consulted spirits and the dead in hopes of gaining power and predicting future events. This practice is an abomination to God and it is for this reason the Canaanites were ejected from the land. Israel was warned not to imitate the Canaanites or they too would suffer a similar fate.

Contacting the dead is forbidden because the spirits of the dead cannot contact the living. In Luke 16, the rich man who was suffering in hell sought a way to communicate with his living family to warn them of their fate. However, he was not able to communicate in any way nor could the living communicate with him.

Who, then, are mediums and spiritists contacting? If they are indeed contacting a spiritual being, it is most likely a demonic counterfeit. Although the demonic spirit may communicate some truths, the ultimate intention of the spirit is to deceive and take one away from the Lord. This practice can ultimately lead to demonic possession and injury to the person.

In Acts 16:16 Paul encountered girl who could predict the future because a spirit possessed her. Knowing this, Paul eventually cast the spirit out of the girl. Throughout the Bible the practice of necromancy is forbidden.

Some will try to defend necromancy by pointing to 1 Samuel 28. Here Saul requests the Witch of Endor to call up Samuel from the grave. The spirit of Samuel arises and delivers a prophetic message to Saul. Bible scholars take two views on this. Some believe it was a demonic counterfeit masquerading as Samuel. I believe since the prophecy given came to pass, this was indeed Samuel the prophet. Despite Saul's disobedience to God, God made an exception here.

Whichever view you take, it is clear this verse does not encourage one to consult mediums. Saul at this point in his life was out of God's will and because the Spirit of God had left him, he could not receive any word from God. In desperation, he disobeyed God as was the pattern of his life and suffered the consequence. His story teaches us a lesson and is not an example to follow.

One Minute After Death

What happens when we breathe our final breath? The Bible teaches what will occur.

First our immaterial soul and spirit will be separated from our physical body. Second, we will immediately receive the judgment that will determine our eternal destiny. Those who have trusted in Christ's payment on the cross for our sins will enter into eternal life in the presence of God. 2 Corinthians 5:8 states, "We are confident, I say, and would prefer to be away from the body and at home with the Lord." There will be no delay in a state of unconsciousness many call "soul sleep." We will immediately be in God's presence.

Second, the soul in heaven is made perfect in holiness and our

old sin nature is eradicated. Hebrews 12:23 mentions "the spirits of righteous men made perfect." The spirits of the saints are in heaven and they have been made perfect. The struggle with sin that Paul described and all Christians fight comes to an end forever when we, after death, enter our glorified state.

Those who reject this gift, will receive what they have chosen, eternity separated from God in Hell. Hebrews 9:27 states, "Just as man is destined to die once, and after that to face judgment." There is no second chance and there is no cycle of reincarnation. Our eternal destiny is determined by the decision we make for Christ here on earth.

Many assume that after receiving Christ all that remains is a joyful entrance into heaven. Scripture teaches that Jesus will reward us according to how we lived our life on earth. He taught this principle in the parable of the talents in Luke 19. Each servant was entrusted to administer the talents the master gave him. Upon the return of the master, each servant had to give an account for his stewardship. The wise servants were rewarded doubly while the wicked servant was removed.

The lesson for the Christian is that each of us will give an account for our time here on earth. This is not the same as being judged on our salvation status. Christ's death on the cross allows all who believe to enter God's kingdom. We will be judged on our works done since the time of our salvation. This judgment of believers is called the *Bema Seat judgment*. This event is described in 1 Corinthians 3:11-15:

No man can lay a foundation other than the one which is laid, which is Jesus Christ. Now if any man builds upon the foundation with gold, silver, precious stones, wood, hay or straw, each man's work will become evident; for the day will show it, because it is to be revealed with fire; and the fire itself will test the quality of each man's work. If any man's work, which he has built upon it, remains, he shall

receive a reward. If any man's work is burned up, he shall suffer loss; but he himself shall be saved, yet so as through fire.

Paul states that Christ is our foundation. Our works are the building on this foundation. The materials of gold, silver, and precious stones refer to works done with pure motives for the glory of God. The works of wood, hay, and straw are works done with the wrong motives to glorify self.

At the Bema Seat, our works will be tested with divine fire. Those works that were done for the glory of God will endure the flames and will be our reward. Some will regretfully see all their works on earth burned up before their eyes and enter heaven with little or no reward.

The unbeliever will be judged and sentenced to hell. At the end of the age, he faces the Great White Throne judgment. Here, all the unrighteous dead from the beginning of time are judged based on their rejection of the Savior. They are then thrown into the lake of fire for eternity. Revelation 20:11-15 says:

And I saw a great white throne and Him who sat upon it, from whose presence earth and heaven fled away, and no place was found for them. And I saw the dead, the great and the small, standing before the throne, and the books were opened; . . . and the dead were judged from the things which were written in the books, according to their deeds. . . . And if anyone's name was not found written in the book of life, he was thrown into the lake of fire.

Knowing that as Christians we will one day give an account for our lives, we should live as wise stewards over what God has given us. Knowing the fate of the unsaved should fill us with boldness to share Christ unashamedly, with urgency to all. Knowing what lies beyond the grave should motivate us to live life on earth with a mission.

What Will We Be Like in Heaven?

Upon our physical death, the soul is separated from the body and enters immediately into the presence of the Lord. Looking again at Paul's words in 2 Corinthians 5:8, he says, "We are confident, I say, and would prefer to be away from the body and at home with the Lord." The soul in heaven is made perfect in holiness and our old sin nature is eradicated. As discussed above, Hebrews 12:23 mentions "the spirits of righteous men made perfect." The spirits of the saints are in heaven and they have been made perfect. The struggle that Paul and all Christians fight with sin comes to an end forever when we, after death, enter our glorified state.

We will not remain in heaven as a soul without a body. At God's appointed time, there will be a final resurrection where the spirit will be unified with the resurrected body. Although Christians have various views on when this resurrection will take place, we all agree on the resurrection of the body. What will the resurrected body look like?

Philippians 3:20-21 says, "And we eagerly await a savior from there, the Lord Jesus Christ, who, by the power that enables him to bring everything under his control, will transform our lowly bodies so that they will be like his glorious body." 1 John 3:2 promises, "But we know that when he appears, we shall be like him, for we shall see him as he is."

From these two passages we know that our glorified bodies will be like that of Christ. We will not be deified, but we will have the same qualities of His resurrection body. First, our heavenly bodies will be our glorified earthly bodies. Christ's body that died on the cross was the same one that was resurrected. His glorified body was able to travel through walls, appear suddenly, and ascend to heaven.

2 Corinthians 5:1 reads, "[W]e have a building from God, an eternal house in heaven, not built by human hands." The hands

of God will make the resurrected body. 1 Corinthians 15:39-40, 42b-43 tells us:

All flesh is not the same: Men have one kind of flesh, animals have another, birds another and fish another. There are also heavenly bodies and there are earthly bodies; but the splendor of the heavenly bodies is one kind and the splendor of the earthly bodies is another. . . . The body that is sown is perishable, it is raised imperishable; it is sown in dishonor, it is raised in glory; it is sown in weakness, it is raised in power; it is sown a natural body, it is raised a spiritual body.

In answering the mockers of the resurrection, Paul explains that our heavenly bodies will possess flesh that is of a different variety than our earthly ones. They will be bodies of flesh, but as different from our earthly bodies as humans are from animals.

We further conclude that, like a seed, the body will be sown or buried and then one day be raised to life. It is buried in death, decay, weakness, and dishonor. When it is resurrected, it will be changed in every way. It is raised imperishable, glorious, powerful, and spiritual. We will then have eternal, permanent, and perfected bodies.

We will also maintain our identities. In Luke 16:23, Lazarus, the rich man, and Abraham all retained their identity. Imagine, one day we will no longer struggle with the weakness of sin, sickness, and aging. A great future is in store for those in Christ.

What Will We Do in Heaven?

What will we do in heaven for all eternity? Some envision playing golf for eternity, while others envision saints floating on clouds strumming harps of gold. Although great thoughts, they fall short of the glorious future that actually

awaits those in Christ. We are told relatively little about what activities will occur in heaven. We are only given a brief glimpse of our life to come.

First, the moment that saints of all the ages anticipate is seeing the Lord they served face to face. This will be the first and greatest moment after physical death. From then on we will have fellowship in His presence for all eternity.

Second, our life in heaven involves worship. A vivid picture is found in Revelation 19:1-5:

After this I heard what seemed to be the mighty voice of a great multitude in heaven, crying, "Hallelujah! Salvation and glory and power belong to our God, for true and just are his judgments. . . ." And again they shouted, "Hallelujah! The smoke from her goes up for ever and ever." And the twenty-four elders and the four living creatures fell down and worshipped God who was seated on the throne, saying, "Amen. Hallelujah." Then a voice came from the throne saying: "Praise our God, all you his servants, you who fear him both small and great."

Like the sound of roaring waters comes the praise from the saints of all ages. Recently the men from our church described the experience of singing the hymn How Great Thou Art at a Promise Keepers conference. Nothing they said could accurately describe that majestic experience. The closest they could come to putting it into words was, "Awesome! Just awesome!" Can you imagine what it will be like when we sing "Holy, Holy, Holy" along with the saints of all ages in the presence of God? Our worship here is preparation for our future, grand worship in heaven.

Third is the aspect of rest. Heavenly rest here does not mean a cessation from activity, but the experience of reaching a goal of crucial importance. In Hebrews 4:9-11 the writer, addressing the people of God states, "There remains, then, a

Sabbath rest for the people of God; for anyone who enters God's rest also rests from his own work, just as God did from his." Heaven is the final goal reached after our pilgrimage here on earth. We will rest from our sufferings and struggles against sickness, the flesh, the world, and the devil.

Fourth, we will serve the Lord. Luke 19:11-27 teaches a parable about stewardship. The wise servants who multiplied their master's talents were given rule over ten and five cities. Revelation 22:3 tells us, "The throne of God and of the Lamb will be in the city and his servants will serve him." In 1 Corinthians 6:3 Paul rebukes the carnal Christians who cannot settle their own disputes and asks them, "Do you not know that we will judge angels?" In Revelation 3:21 the Lord Jesus promises, "To him who overcomes, I will give the right to sit with Me on my throne, just as I overcame and sat down with my Father on His throne." Apparently we will be given authority over a sphere in God's eternal kingdom. How much we are given depends on our faithfulness to Him on this earth.

Fifth, we will experience fellowship with God and with one another. One of the most painful experiences in life is to say goodbye. Whether it is to see loved ones move to another residence or because of death, farewells are a painful time. For the Christian, there is hope in knowing, our goodbyes are not permanent. One day we will meet again and this time we will never say goodbye again. What awaits the believer after death is a glorious future that cannot truly be imagined!

Notes

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“Is the Genesis Story of ‘The Sons of God’ True?”

Pertaining to the old days when the watchers went astray and married women and bore giants—are these stories of any truth?

In the days of Noah, when a man in years was nearing his death, say a just man, are there any hints as to what awaited them in the afterlife of that period?

Is there something, or has there ever been something, commented on in scripture which disturbs the dead in their rest?

Thank you for writing Probe Ministries. My own understanding of Genesis 6:1-4 leads me to believe that “the sons of God” mentioned here were indeed fallen angels. Whether or not the offspring of their union with the daughters of men were the giants referred to in v. 4 is difficult to say. The text may indicate that at least some of these giants existed prior to the sexual union of the sons of God with the daughters of men. For my part, I certainly believe these stories are true. It is quite possible that the sons of God in Genesis 6 are the angels referred to by both Jude (v. 6) and Peter (2 Pet. 2:4).

There is not a great deal of biblical revelation concerning the afterlife of the righteous in the days of Noah. But here is something to consider. In Genesis 5:21-24 we have the story of Enoch. Verse 24 states, “And Enoch walked with God; and he

was not, for God took him.” Although this verse does not give us much information, it certainly suggests an afterlife in the presence of God for the just and righteous who, like Enoch, walked with God. [Note: also see [Probe Answers Our E-Mail: Is There a Specific Reference to Heaven or Hell in the OT?](#)]

Finally, although I’m not entirely sure what you are asking about in your third question, there is an account in 1 Samuel 28 about King Saul and a medium, in which Saul asks the medium to call up the prophet Samuel from the dead. In this case, God allowed Samuel to return to deliver to Saul a message of judgment against both he and Israel. When Samuel appears, he asks Saul, “Why have you disturbed me by bringing me up?” (v. 15). Thus, this may be the sort of example you were looking for. Of course, it’s important to point out that this is an exceptional event. Normally, the dead are not permitted to return to the land of the living after death (see Luke 16:19-31). However, in particular cases the sovereign Lord may, for His own purposes, permit such a thing (as in the case of Samuel).

God bless you,

Michael Gleghorn
Probe Ministries

One Minute After Death (radio transcript)

The Other Side of Life

Do you believe in life after death?[\[1\]](#)

Picture the operating room of a large hospital. A man is dying. As the doctors frantically try to save him, here is what he perceives and thinks:

"I am dying. I hear the doctor pronounce me dead. As I lie on the operating table, a loud, harsh buzzing reverberates in my head. At the same time, I sense myself moving very rapidly through a long, dark tunnel. Suddenly, I find myself outside of my own physical body. Like a spectator, I watch the doctor's desperate attempts to revive my corpse.

"Soon I encounter a 'being' of light, a loving, warm spirit who shows me an instant replay of my life and helps me evaluate my past deeds.

"Eventually, I learn I must return to my body. I resist, for my afterlife experience has been quite pleasant. Somehow, though, I am reunited with my physical body and live."[\[2\]](#)

This composite account of a near-death experience or "NDE" is adapted from the best selling book, *Life After Life*, by Dr. Raymond Moody, who brought these experiences to wide public awareness. Often the episodes involve out-of-body experiences or "OBEs."

While writing a book on this subject, I interviewed people with some fascinating stories. A Kansas woman developed complications after major surgery. She sensed herself rising out of her body, soaring through space, and hearing heavenly voices before returning to her body. An Arizona man in a coma for five months after a motorcycle accident said he saw his deceased father, who spoke to him.

Actress Sharon Stone has described her own close call with death. She was hospitalized with bleeding from an artery at her skull's base. "I feel that I did die," she relates. She tells of "a giant vortex of white light" and says "I kind of poof sort of took off... into this glorious bright...white light.

I started to see and be met by some of my friends. people who were very dear to me. It was very, very fast, and suddenly I was back. I was in my body and I was in the room.” Stone says the experience affected her “profoundly” and that she “will never be the same.”[\[3\]](#)

What do these near-death experiences mean? How should we interpret them? This article offers a biblical perspective.

Interpreting Near-Death Experiences

What are some possible explanations for the NDEs? Hundreds of people claim that they have died and lived to tell about it. Are their near-death and out-of-body experiences genuine previews of the afterlife? Hallucinations caused by traumatic events? Or something else?

Some patients have been pronounced clinically dead and later are resuscitated. Others have had close calls with death, but were never really thought dead (such as survivors of automobile accidents). Still others did die permanently but described what they saw before they expired.

Determination of the point of death is a hotly debated issue. In the past, doctors relied merely on the ceasing of the heartbeat and respiration. More recently they have used the EEG or brainwave test. Whatever one considers the point of death, most would agree that these folks have come much closer to it than the majority of people living today.

A number of possible explanations for the OBEs have been offered. Different ones may apply in different situations.

The physiological explanations suggest that a “physical” condition may have caused some of the out-of-body experiences. For instance, cerebral anoxia (a shortage of oxygen in the brain) occurs when the heart stops. The brain can survive for a short while (usually only a few minutes) without receiving

oxygen from the blood. Anoxia can produce abnormal mental states.[{4}](#) Patients who recover from heart failure and report OBEs may be merely reporting details of an “altered state of consciousness,” some say.[{5}](#)

Electronic brain stimulation can produce out-of-body sensations. Researchers at the Universities of Geneva and Lausanne in Switzerland placed electrodes in the brain of a woman suffering from epilepsy. As they stimulated her brain’s right angular gyrus, she reported sensing she was floating about six feet above her body.[{6}](#)

The pharmacological explanations say that drugs or anesthetics may induce some of the near-death experiences. Some primitive societies use drugs to induce OBEs in their religious ceremonies.[{7}](#) LSD and marijuana sometimes generate similar sensations.[{8}](#) Even many medically accepted drugs have produced mental states akin to those reported by the dying. Ketamine is an anesthetic that is administered intravenously[{9}](#) and produces hallucinatory reactions.[{10}](#)

Psychological and Spiritual Explanations

How should we interpret near-death experiences? What do they mean? So far this we have examined physiological and pharmacological explanations, that is, causes involving the body or drugs. Consider two other categories: psychological and spiritual explanations. The psychological explanations suggest that the individual’s mind may generate the unusual mental experience. Sigmund Freud, writing about the difficulty of coping with the thought of death, said it would be more comfortable in our minds to picture ourselves as detached observers.[{11}](#) Some modern psychiatrists theorize that the OBE is merely a defense mechanism against the anxiety of death. That is, since the thought of one’s own death is so frightening, the patient’s mind invents the OBE to make it seem as if only the body is dying while the soul or spirit

lives on.

Other psychologists wonder if the patient may be confusing his or her *interpretation* of the experience with what actually happened.[{12}](#) The conscious mind needs an explanation for an unusual vision; therefore, it interprets the event in familiar terms. Thus, say these psychologists, resuscitated patients report conversations with deceased relatives or religious figures common to their culture.

The spiritual explanations view many of the OBEs as real manifestations of the spiritual.

Many have noted that earlier reports of NDEs seemed to contradict some traditional Christian beliefs about the afterlife. All of the patients Christian and non-Christian reported feelings of bliss and ecstasy with no mention of unpleasantness, hell, or judgment.

However, further research uncovered negative experiences. For instance, Raymond Moody wrote of one woman who was supposedly “dead” for 15 minutes and said she saw spirits who appeared “bewildered.” “They seemed to shuffle,” she reported, “as someone would on a chain gang not knowing where they were going. they all had the most woebegone expressions. It was quite depressing.”[{13}](#)

Dr. Moody observed, “Nothing I have encountered precludes the possibility of a hell.”[{14}](#)

Some have felt that OBEs are inconsistent with the biblical concept of a final judgment at the world’s end. No one reports standing before God and being judged for eternity. Dr. Moody responds that “the end of the world has not yet taken place,” so there is no inconsistency. “There may well be a final judgment,” he says. “Near-death experiences in no way imply the contrary.”[{15}](#)

So, is there a life after death?

Is There Life After Death?

The spring of my sophomore year in college, the student living in the room next to me was struck and killed by lightning. For some time after Mike's death, our fraternity was in a state of shock. My friends were asking questions like, "Is there a life after death?" and "How can we experience it?"

Is it possible to know whether there is an afterlife? What method would you use to find out?

Some suggest using the *experimental method* of science and applying it to the near-death experiences. However, these events normally are not controlled, clinical situations. They're medical emergencies. Even if scientists could establish controls, we have no mind-reading machines to verify mental/spiritual experiences. And think about recruiting subjects. Would you volunteer to undergo clinical death for research purposes?

Some suggest relying on personal *experience* to answer the question. But the experiential method has its drawbacks, too. NDEs can provide useful information, but the mind can trick us. Dreams, fantasies, hallucinations, drug trips, drunkenness, states of shock all can evoke mental images that seem real but aren't.

What if we could find a *spiritual authority*, someone with trustworthy credentials, to tell us the truth about afterlife issues?

Following Mike's death, I encouraged my friends to consider Jesus of Nazareth as a trustworthy spiritual authority. As somewhat of a skeptic myself, I'd found the resurrection of Christ to be one of the best-attested facts of history.^{16} If Jesus died and came back from the dead, He could accurately tell us what death and the afterlife are like. The fact that He successfully predicted His own resurrection^{17} helps us

believe that He will tell us the truth about the afterlife.

Jesus and His early followers indicated that the afterlife would be personal, that human personalities would continue to exist.[{18}](#) Eternal life would be relational, involving warm, personal relationships with God and with each other.[{19}](#) Eternal life would be enjoyable, defying our description and exceeding our imagination. “No mind has conceived what God has prepared for those who love him,” wrote one early believer.[{20}](#) And eternal life would be eternal. It would never end. “God has given us eternal life,” wrote one of Jesus’ closest friends, “and this life is in His Son.”[{21}](#)

The sad thing is that some people don’t want to take advantage of eternal life.

How to Be Sure You’ll Live Forever

Maurice Rawlings, M.D., a cardiologist, tells of a patient who had a cardiac arrest in Dr. Rawlings’ office. During the attempted resuscitation, the patient screamed, “I am in hell!” “Don’t stop!” he begged in terror. “Each time you quit I go back to hell!”[{22}](#)

The biblical hell, or Hades, is the current home of those who do not accept God’s forgiveness. The final abode of those who refuse forgiveness is called the “lake of fire.”[{23}](#)

Not a pleasant subject. But remember, God loves you and wants you to spend eternity with Him.[{24}](#) He sent Jesus, His Son, to die and pay the penalty for our sins (attitudes and actions that fall short of God’s perfection). We simply need to receive His free gift of forgiveness we can never earn it to be guaranteed eternal life. “Whoever hears my word,” Jesus says, “and believes him who sent me has eternal life and will not be condemned; he has crossed over from death to life.”[{25}](#)

How should we interpret the near-death experiences? Here’s my

perspective as one who believes the evidence supports Jesus' and biblical reliability.{26} If a given NDE contradicts biblical statements or principles, I do not accept it as being completely from God. If the experience does not contradict biblical statements or principles, then it *could* be from God. (Body, drug or mind could also influence it.)

A given NDE could be completely spiritual and yet not be from God. Jesus spoke of an evil spiritual being, Satan. We are told that Satan "disguises himself as an angel of light,"{27} but Jesus called him "a liar and the father of lies."{28} I'm not accusing all near-death experiencers of being in league with the devil. Just a friendly word of caution that some may be being deceived.

Once a nightclub near Cincinnati was packed to the brim. Suddenly, a busboy stepped onto the stage, interrupted the program and announced that the building was on fire. Perhaps because they saw no smoke, many of the guests remained seated. Maybe they thought it was a joke, a part of the program, and felt comfortable with that explanation. When they finally saw the smoke, it was too late. More than 150 people died as the nightclub burned.{29}

Are you believing what you want to believe, or what the evidence shows is true? Jesus said, "I am the resurrection and the life; he who believes in Me will live even if he dies."{30} I encourage you to place your faith in Jesus if you haven't yet. Then you, too, will live, even if you die.

Notes

1. This article is adapted from Rusty Wright, "One Minute After Death," *Pursuit* magazine, Vol. V, No. 2, 1996; Rusty Wright, "A Funny Thing Happened on the Way to the End, *Collegiate Challenge*, Vol. 17, 1978, pp. 2-5; and Rusty Wright, *The Other Side of Life* (Singapore: Campus Crusade Asia Limited, 1979, 1994).

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(New York and Covington, Georgia: Bantam/Mockingbird, 1977), 19-21.

14. Ibid., 36.

15. Ibid., 36, 37.

16. See, for instance, Josh McDowell, *The New Evidence That Demands A Verdict* (Nashville: Thomas Nelson Publishers), 1999.

17. See, for example, Jesus' resurrection predictions in Luke 9:22 and 18:31-33; their fulfillment in Luke 24.

18. See for example Luke 23:42-43; Matthew 8:11; 2 Samuel 12:23; Matthew 17:1-8.

19. John 14:2-3; Philippians 1:23; John 17:3.

20. 1 Corinthians 2:9 NIV. See also Revelation 21:4; Hebrews 12:2.

21. 1 John 5:11 NASB.

22. Maurice Rawlings, M.D., *Beyond Death's Door* (Nashville: Thomas Nelson, 1978), 19-20.

23. Revelation 20:11-15.

24. John 3:16.

25. John 5:24 NIV.

26. See, for example, McDowell, op. cit.

27. 2 Corinthians 11:14 NASB.

28. John 8:44 NASB.

29. "They Didn't Believe It," *The New York Times*, May 30, 1977, p. 16; Hal Bruno, "The Fire Next Time," *Newsweek*, June 13, 1977, pp. 24, 27.

30. John 11:25 NASB.

Communicating with the Dead – A Christian Perspective on Its Reality

Can John Edward and James Van Praagh really communicate with the dead? Michael Gleghorn takes a skeptical and biblical look at the phenomenon of after-death communication.

<https://www.ministeriosprobe.org/docs/comunicacion-muertos.htm>

1  This article is also available in [Spanish](#).

Mediums and the Media

Both John Edward and James Van Praagh are highly sought-after mediums who claim to possess the ability to communicate with the dead. Each has his own Web site and hit television show. They have both authored best-selling books, been interviewed by television personalities and news journalists, and each has about a three-year waiting list for personal readings.

“According to a recent Gallup Poll, 38 percent of Americans believe ghosts or spirits can come back in certain situations. In 1990, it was 25 percent. Today, 28 percent think some people can hear from or ‘mentally’ talk to the dead, compared with 18 percent 11 years ago.”[\[1\]](#) Some believe that the increased interest in after-death communication is a “spillover from the growing interest in alternative medicine and Eastern spirituality.”[\[2\]](#) But whatever the cause, the popularity of self-proclaimed mediums like Edward and Van Praagh has soared in recent years.

John Edward was 15 when he first learned of his life's work.[{3}](#) He received a reading from a psychic who told him that he would help bring comfort to the living by reuniting them with those who had crossed over to the other side. Since



then, John has gone from doing private readings in his home to making appearances on popular radio and television shows. He has been a guest on *Entertainment Tonight*, *The Crier Report*, and *The Maury Povich Show*, just to name a few. He's also been interviewed by *The New York Times*, *Entertainment Weekly*, and others. He's authored three books, produced a series of audio tapes that explain how to communicate with the other side, and, since June 2000, he's had his own television show, *Crossing Over with John Edward*.



The story of James Van Praagh is similar. On his Web site we learn that James was 24 when a medium told him that he would be in the same line of work within just two years.[{4}](#) Although James was initially skeptical, he soon realized that he indeed had the ability to communicate with the dead. Since that time, James has gone from doing psychic readings for friends, to making television appearances on such

shows as NBC's *The Other Side*, *Oprah*, and *20/20*. In addition to writing four books, he's produced two meditation tapes and a video about psychic development. The popular CBS mini-series, *Living with the Dead*, was based on his life and work. And since September 2002, he's been the star of his own television show, *Beyond with James Van Praagh*.

What are Christians to make of all this? Is there good evidence that Edward and Van Praagh can really communicate with the dead? And what, if anything, does the Bible say about such matters? These are just a few of the questions that we will wrestle with in this article.

The Tricks of the Trade

Both John Edward and James Van Praagh claim the mediumistic ability to communicate with the dead. And thousands of adoring fans believe these claims are true. One reporter tells the story of Sally Morrison, who visited Edward after the death of her husband.[\[5\]](#) During the reading, Edward reportedly asked her, “I’m getting a screwdriver; what does that mean to you?” Ms. Morrison remembered that the day before she had spent an hour looking for a screwdriver in her late husband’s tool box. Afterward she told the reporter, “It was such an everyday thing to bring up. But to me, it was incredibly comforting, a sign that Paul had been there.” Apparently, Ms. Morrison was persuaded that Edward had really made contact with her late husband. Similar stories could also be told of James Van Praagh’s apparent successes.

But if this is so, why haven’t Edward and Van Praagh managed to convince the skeptics? Michael Shermer, who I must point out is also skeptical of Christianity, observes that there are three techniques commonly used by mediums to convince people of their alleged paranormal powers: cold reading, warm reading, and hot reading.[\[6\]](#) These techniques might be thought of as the tricks of the trade, so to speak.

In cold reading, mediums make use of methods that help them “read” a person who was unknown to them in advance. Such methods may include observing body language, asking questions, and inviting the subject to interpret vague statements.[\[7\]](#) For instance, by carefully observing body language and facial expressions, the medium can often get a good idea of whether

or not he's on the right track. Also, by asking questions and inviting the subject to interpret vague statements, the medium can gain valuable information. This information can then be used later in the reading to make what appear to be stunningly precise revelations from the spirit world. Indeed, Shermer contends that by effectively applying these techniques, the medium actually gets the subject to do the reading for him![\[8\]](#) Skeptics hold that both Edward and Van Praagh make use of such methods.

Warm reading involves making statements that tend to apply to most anyone. For example, many people carry a piece of jewelry that belonged to their dead loved one. By asking if the subject is carrying such jewelry, the medium has a good chance of making a "hit." This can give the impression that the information was divined from a paranormal source. In reality, of course, it may have been nothing more than a highly probable guess.

The last technique, hot reading, actually involves getting information about a subject *before* the reading begins! But surely Edward and Van Praagh have not availed themselves of such methods. Not according to the skeptics! It appears that both mediums have apparently been caught red-handed using "hot reading" techniques.

Caught in the Act

Skeptics contend that self-proclaimed mediums John Edward and James Van Praagh have both been caught red-handed using "hot reading" techniques. "Hot reading" involves gathering information about a subject *prior* to doing the reading. Although most skeptics agree that such techniques are probably not used as much now as they were by spiritists in the past, there seem to be strong indications that both Edward and Van Praagh have, on occasion, attempted to obtain information about their subjects in advance.

In an article written for the *Skeptical Inquirer*, Joe Nickell describes one such episode involving John Edward.[{9}](#) The incident occurred on a *Dateline* special. During a group reading, Edward indicated that the spirits were telling him to acknowledge someone named Anthony. The cameraman signaled Edward that that was his name. Edward appeared surprised and asked, "Had you not seen Dad before he passed?" John Hockenberry, the *Dateline* reporter, was initially quite impressed with this revelation. The cameraman's name was Anthony and his father was dead. Hockenberry later learned what really happened.

Earlier in the day, Anthony "had been the cameraman on another Edward shoot."[{10}](#) The two men had talked and Edward had learned of the death of Anthony's father. When confronted by Hockenberry in a later interview, Edward reluctantly admitted as much. Of course, Edward still maintained that he got this information from the spirits as well. But can anyone blame the skeptic for being suspicious?

Michael Shermer relates a similar incident, this one involving James Van Praagh, which occurred on *20/20*.[{11}](#) While relaxing during a break, Van Praagh asked a young woman, "Did your mother pass on?" The woman shook her head, but said that her grandmother had died. Unfortunately for Van Praagh, the cameras had accidentally been left rolling during the break. The entire episode was caught on tape! Unaware of this, Van Praagh later turned to the woman during his reading and said, "I want to tell you, there is a lady sitting behind you. She feels like a grandmother to me." Afterward, when confronted by *20/20*'s Bill Ritter with the video evidence captured during the break, Van Praagh insisted, "I don't cheat. I don't have to prove . . . I don't cheat. I don't cheat. I mean, come on. . . ." Shermer concludes, "Interesting. No one said anything about cheating. The gentleman doth protest too much."[{12}](#)

The fact that both Edward and Van Praagh have been caught using information in their readings that they gained

beforehand ought to alert us to the possibility that these men may not really be what they claim. Still, to be fair, we must at least admit the possibility that these men not only had advanced information about their subjects, but that they also received such information later through a spiritistic revelation. But is this really possible? Let's see what the Bible says about after-death communication.

Saul and the Spirit Medium

In 1 Samuel 28, we read that Israel and the Philistines were preparing to make war with one another. When Saul, the king of Israel, saw the Philistine army, he was filled with fear. Desperate for a word from God, he inquired of the Lord, but the Lord did not answer him. Hoping for guidance by another means, Saul told his servants to find him a medium. At this point in Israel's history this may not have been an easy task, for "Saul had put the mediums and the spiritists out of the land" (1 Sam. 28:3). But why had he done this?

It was actually an act of obedience to the Word of God. In Deuteronomy 18 the Lord had said, "There shall not be found among you a medium, or a spiritist, or one who calls up the dead. For all who do these things are an abomination to the Lord" (vv. 10-12). The Lord had also told His people that they were not to seek out mediums (Lev. 19:31), that the person who did so was to be cut off from his people (Lev. 20:6), and that mediums were also to be put to death (Lev. 20:27). In spite of all these prohibitions against turning to mediums, Saul was apparently so desperate for guidance that he ordered his servants to find him one. They did, and he disguised himself and went to her by night.

Although initially hesitant to practice her art, the medium, not recognizing her client as Saul, eventually agreed to call up the prophet Samuel who had died some time before. "When the woman saw Samuel, she cried out with a loud voice," suddenly

realizing that her client was Saul! (1 Sam. 28:12)

Samuel's message to Saul was both tragic and prophetic: "The Lord will . . . deliver Israel with you into the hand of the Philistines. And tomorrow you and your sons will be with me" (1 Sam. 28:19). Reflecting on these events, the author of Chronicles wrote, "So Saul died for his unfaithfulness . . . against the Lord, because he did not keep the word of the Lord, and also because he consulted a medium for guidance" (1 Chron. 10:13). Whatever truths we may glean from the story of Saul and the medium, it clearly does not sanction man's attempt to communicate with the dead.[{13}](#)

But does it confirm that after-death communication is really possible? Although some have speculated that the spirit of Samuel was actually a demonic spirit, the text repeatedly identifies the spirit as Samuel (vv. 12, 14, 15-16) and nowhere even hints that it might be a demon. Thus, we are forced to conclude that after-death communication is not intrinsically impossible. But here we must be careful. Possibility does not suggest probability. The text seems to imply that God allowed Samuel's special return in order to pronounce judgment against Saul (vv. 16-19). And as we'll see, there are good reasons to believe that this was, in fact, an exceptional event.

The Rich Man and Lazarus

Jesus' story of the rich man and Lazarus (Luke 16:19-31) clearly suggests the immense improbability of the dead communicating with the living. Both the rich man and Lazarus died. Lazarus went to "Abraham's bosom," a place of paradise for the righteous dead (Luke 16:22). The rich man went to Hades, a place of conscious torment for the unrighteous. Though separated by a great chasm, the rich man could still see and speak with those dwelling in paradise. He called out to Abraham, asking that Lazarus be sent to warn his brothers,

lest they share his torment in the afterlife. But Abraham refused, saying that if they would not listen to the Word of God, they also would not listen if someone rose from the dead.

But why didn't the rich man just go and warn his brothers himself? After all, if it were a simple matter for the dead to communicate with the living, then why did the rich man ask that Lazarus be sent to warn his brothers? Apparently, the rich man was not *able* to warn his brothers. He could not escape his place of punishment to do so.

But wouldn't it also, then, be impossible for Lazarus to warn them? Not necessarily. Although it seems to be a rare occurrence, it appears that the righteous dead are, on occasion, permitted by God to communicate with those still alive on earth. The Old Testament records the appearance of Samuel to Saul (1 Samuel 28), and the New Testament records the appearance of Elijah and Moses to Jesus and some of his disciples on the Mount of Transfiguration (Matthew 17). Nevertheless, the biblical evidence indicates that after-death communication is extremely rare.

Does this mean that mediums like John Edward and James Van Praagh are charlatans? Skeptics certainly think so, and the skeptics may be right. But the Bible allows for another possibility; namely, that the spirits with whom Edward and Van Praagh claim to communicate are not human at all, but demonic. Consider the following.

The Bible indicates that messages from the human dead are extremely rare. It's therefore unlikely that Edward and Van Praagh should receive such messages all the time. In addition, listen to what the spirits are alleged to say. Do any of them, like the rich man, strive to warn their relatives about a place of conscious torment? Do they urge repentance for sin or the need for personal faith in Christ? On the contrary, such important Christian doctrines are typically either ignored or denied. But if the Bible is truly God's Word, and the spirits

deny its teachings, then who are these spirits likely to be?

Of course, maybe Edward and Van Praagh aren't really communicating with spirits at all. But if at times they are, I fear it's probably with demonic spirits – not spirits of the human dead.

Notes

1. Bill Hendrick, "Higher Communication," *Atlanta Journal-Constitution*, 31 October 2001, sect. C; Greg Barrett, "Can the Living Talk to the Dead?" *USA Today*, 20 June 2001, sect. D; cited in Marcia Montenegro, "The Resurging Interest in After-Death Communication," *Christian Research Journal*, Vol. 25, No. 01, 2002, 12.

2. Ruth La Ferla, "A Voice from the Other Side," *New York Times on the Web*, 29 October 2000

(<http://www.nytimes.com/2000/10/29/living/29/DEAD.html>).

3. See the information about John at

<http://www.scifi.com/johnedward/aboutjohn/> and his official Web site at http://www.johnedward.net/about_John_Edward.htm.

4. See the information about James on his Web site at

<http://www.vanpraagh.com/bio.cfm>.

5. La Ferla.

6. See Michael Shermer, "Deconstructing the Dead: Cross Over One Last Time to Expose Medium John Edward,"

<http://www.skeptic.com/newsworthy13.html>. I have relied heavily on Shermer's article in the following discussion.

7. See Joe Nickell, "John Edward: Hustling the Bereaved," *Skeptical Inquirer*, November/December 2001, Vol. 25, No. 6, p. 20. I have relied on some of Nickell's observations in what follows.

8. Shermer.

9. Nickell.

10. Ibid.

11. See Michael Shermer, "How Psychics and Mediums Work: A Case Study of James Van Praagh," <http://www.skeptic.com/>. See also Michael Shermer, "Does James Van Praagh Talk To The Dead?"

Nope! Fraud! – Parts 1” at

<http://www.holysmoke.org/praagh1.htm> and “Does James Van Praagh Talk To The Dead? Nope! Fraud! – Part 2” at <http://www.holysmoke.org/praagh2.htm>.

12. Shermer, “How Psychics and Mediums Work: A Case Study of James Van Praagh.”

13. Montenegro, p. 16.

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