Abortion: A Biblical View

Sue Bohlin takes a hard look at abortion from a biblical perspective. Her Christian viewpoint focuses on the Bible's perspective on the source and sanctity of life while understanding the emotions many women face.

 *This article is also available in Spanish.*

Why Abortion is So Volatile

Abortion is one of the most divisive and controversial issues of our day. People generally have strong views about abortion. It is not a social issue of mere preference, but an issue about life and death.

Abortion draws out the clashes between two divergent world views. The humanistic worldview says, "Man is the highest standard there is. You don't answer to anyone, so do whatever you want." The Christian worldview says, "We answer to God, and He has commanded us not to murder. We must always submit our desires and preferences to the authority of His word."

I believe that the *real* reason that we see such emotional, tenacious commitment to the availability of abortion goes even deeper than the issue of abortion: people want sexual freedom without consequences.

Our culture has a definite agenda supporting any and all sexual expression. It's difficult to find a new movie, or a successful TV show, or a popular song, that doesn't embrace this view of sex. When the director of a Crisis Pregnancy Center in Dallas offered a school district a presentation supporting abstinence till marriage, the district turned her down. Their own presentation featured birth control devices, and they couldn't let her talk about self-control one day if they were going to sell the kids on condoms the next.

As a society, we are amazingly schizophrenic about this sort of thing. My son, who was born in 1982, is a *de facto* member of what they're calling the "Smokefree Class of 2000." No one bats an eye at this worthy national goal of graduating an entire class of non-smokers, but people laugh derisively at the thought of kids not having sex. Which is easier to get, a sex partner or a cigarette?

Teenagers are becoming more and more open about the fact that they are having sex, and this is a reflection of the sexual mores they see in movies, on TV, and in music. The whole society is loosening up to the point that people who have chosen to remain chaste are openly ridiculed on Geraldo; the decision of Doogie Howser, a TV hero and role model for young people, Doogie Howser, to lose his virginity is hailed as "responsible sex"; and a couple that *doesn't* live together before the wedding is asked, "Why not?"

Western civilization has been heading down this path for a long time. With the rise of Humanism during the Renaissance, societies began turning away from God's laws and God's ways. From the Enlightenment sprang a virtual worship of nature. Once nature, not God, became the standard for morality, people started believing that, since humans are a mere product of nature, anything we do naturally is normal, and even good. Sex is natural, sex is powerful, and so it eventually followed that sexual expression was seen as a natural and normal part of all human existence in any circumstances, much on the level of eating and sleeping.

It's no coincidence that the two most heated issues of our day are abortion and homosexuality; underlying both is an insistence on sexual freedom while thumbing one's nose at God and His laws.

Given the sexually charged atmosphere in which we live, it is not surprising that so many people are having sex outside of marriage and getting pregnant. And so abortion is treated like

an eraser; people see it as a way to try to get rid of the consequences of their sexual activity. Of course, there are always exceptions; pregnancies do occur as a result of incest and rape. Some women get pregnant because of someone else's sin. But does that make it right to kill the baby that has been conceived?

The Bible's View of the Unborn

Historically, hiding the evidence of sexual activity was the main reason for abortions. One of the early church fathers, Clement of Alexandria, maintained that "those who use abortifacient medicines to hide their fornication cause not only the outright murder of the fetus, but of the whole human race as well."(1)

Pro-choice advocates don't like the use of the word "murder." They maintain that no one really knows when human life begins, and they choose to believe that the idea of personhood at conception is a religious tenet and therefore not valid. It *is* a human life that is formed at conception. The zygote contains 46 chromosomes, half contributed by each parent, in a unique configuration that has never existed before and never will again. It is not plant life or animal life, nor is it mere tissue like a tumor. From the moment of conception, the new life is genetically different from his or her mother, and is not a part of her body like her tonsils or appendix. This new human being is a separate individual living inside the mother.

The Bible doesn't specifically address the subject of abortion, probably since it is covered in the commandment, "Thou shalt not murder."(Ex. 20:13) But it does give us insight into God's view of the unborn. In the Old Testament, the Hebrew word for the unborn (*yeled*) is the same word used for young children. The Hebrew language did not have or need a separate word for pre-born babies. All children were children regardless of whether they lived inside or outside the womb. In the New Testament, the same word is used to describe the

unborn John the Baptist and the already-born baby Jesus. The process of birth just doesn't make any difference concerning a baby's worth or status in the Bible.

We are given some wonderful insights into God's intimate involvement in the development and life of the pre-born infant in Psalm 139:13-16:

> For you created my inmost being; you knit me together in my mother's womb. I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well. My frame was not hidden from you when I was made in the secret place. When I was woven together in the depths of the earth, your eyes saw my unformed body. All the days ordained for me were written in your book before one of them came to be.

All people, regardless of the circumstances of their conception, or whether they are healthy or handicapped, have been personally knit together by God's fingers. He has planned out all the days of the unborn child's life before one of them has happened.

Sometimes you will hear a pro-choice argument that says the Bible does not put the same value on the life of the unborn as on infants, citing an Old Testament passage on personal injury law. Exodus 21:22-25 gives two penalties if fighting men hit a pregnant woman. The first penalty was a fine, and some people conclude from this that an unborn baby doesn't have the same value as a born child. But that penalty was for a situation where nothing serious happened. If there *was* serious injury, the offender was severely punished with the same injury he inflicted. If the mother or baby died, the offender was to be put to death. This actually shows very eloquently how valuable God considers both the mother and her unborn baby.

Post-Abortion Syndrome

After having an abortion, many women feel a sense of relief at having avoided the stress and responsibility of pregnancy and a baby, but abortions eventually cause serious emotional damage in millions of women.

The American Psychiatric Association has identified abortion as one of the stressor events that can trigger post-traumatic stress disorder (PTSD). Many of us associate PTSD with Vietnam Veterans suffering from the effects of the war; but post-abortion syndrome is a form of PTSD that affects women who have had abortions.

The death of a child is one of the biggest stress points a person can experience in life. Post-abortion syndrome is the emotional stress of not grieving, not letting ourselves feel the pain and suffering that is part of a loss. To be emotional healthy, we all have to grieve through our losses; but what do you do when society tells you there's nothing to grieve about? If a woman does not recognize her need to grieve for her baby, or if she does not allow it to occur, that emotional pain is going to go *somewhere*. Frequently, following a woman's abortion, she goes into what one CPC counselor described as "self-destruct mode": getting pregnant again, having an affair, punishing herself, and generally showing all the variations that severe depression can take.

Depending on how stressed a woman is, PAS can show up within weeks or months of the abortion, or she can have a delayed reaction to it, typically seven to eight years later. Women experiencing post-abortion syndrome generally feel a confusing and overwhelming sense of guilt. One study reported that 92 percent of women who have had an abortion feel guilt.(2) One woman who is now involved in a post-abortion healing group reports that after her abortion, the memory haunted her. She heard this little voice in her head: "Abortion, abortion; you're a terrible, awful person."(3) For many women, the guilt

and shame is expressed through a deep anger—at the doctors and abortion counselors for hurting her and her baby, at her husband, boyfriend, or parents for pressuring her into an abortion, and at herself for getting pregnant and having the abortion.

Many women dealing with the effects of abortion spend a great deal of emotional energy denying the death and denying that what they did was wrong. A woman uses denial to keep herself from coming face to face with the fact that her child was killed and she allowed it to happen. One young woman pleaded with my sister not to leave her alone the day she had an abortion. This hurting teen tried to keep her feelings at bay as she spent the afternoon telling dead baby jokes.

Abortion is not an eraser to rub out a mistake or an inconvenience. It has more than one victim; women as well as their babies are victims of abortions. It is essential that a woman grieve for her baby and face her role in the baby's death; in fact, women who allow themselves to grieve and understand their need to grieve are not likely to experience post-abortion syndrome. But even more essential is that women who have had abortions accept that there really has been a death, that abortion is sin, and that the Lord Jesus Christ's death covered *every* wrong they have ever done. No sin—not even abortion—is greater than the power of His blood, and He offers total forgiveness and cleansing to everyone who will come to Him in faith.

The Sawyers' Story

Steve and Tessie Sawyer will never forget Halloween 1990. Tessie was four months pregnant, and her doctor had suggested, "Tess, you're 35 years old; let's do a neurological test on the baby. It's just a simple blood test." Sure, that was fine with Tessie…until the day before Halloween, when the test results came back.

The alpha-fetoprotein test indicated that her blood count was extremely low. Normal was 450, and hers was 120. This test has three parts, and the part that came back so abnormal tested for Down's Syndrome. Neither Steve nor Tessie were the least bit prepared for the staggering news that something might be terribly wrong with their baby.

This baby was a surprise to the Sawyers, who already had two *very* active little boys and weren't anticipating any more. But, being believers, they knew that God's sense of humor and timing is something to be reckoned with.

Later, they did another alpha-fetoprotein test. Hoping against hope, they waited in anguish for the results to come back to Dallas from the lab in Santa Fe. But the second results were just as abnormal as the first. The doctor informed Steve and Tessie of their option to abort the baby, since there was an almost certain indication that he would be handicapped. But that was never an option for them. The doctors wanted to do amniocentesis on Tess, but they refused that, too.

At this point, the Sawyers' friends had two different perspectives. Their church friends were wonderfully supportive, both emotionally and in prayer; their unchurched friends questioned them: "Why don't you have an amnio?" Steve and Tessie were delighted, in the midst of their fear, to be able to share their faith that God was the One in control: "It doesn't matter what the test results would be. We're not aborting this baby. There's a risk of miscarriage or early labor with amniocentesis, and five months' peace of mind in exchange for our baby's life just isn't worth it."

At seven months, the doctor did a special, extensive sonogram to measure the baby's femur. Down's Syndrome babies have longer than normal extremities, but the doctor couldn't see anything unusual about the baby's bones. And he couldn't see the baby's face, either. The waiting, and not knowing, went on two more months.

Tessie had a scheduled C-section. As she was being prepped for surgery, it hit her that in a matter of moments, their lives could be changed forever. That kind of fear feels like a cold, hard iceball in your stomach. But Steve and Tessie were trusting God no matter what happened, believing in His love for them and for their baby, believing that He was still in control.

The doctor delivered Lucas Clay Sawyer and turned him over. “He looks perfectly normal,” he pronounced cautiously. But sometimes Down’s Syndrome takes a while to show up, and for the next 24 hours they ran a lot of tests on Luke. And I’m glad to say that today he is absolutely, positively, the healthiest, most robust, smartest little kid you’ve ever seen.

All the world’s conventional wisdom advised Steve and Tessie, “Your baby is probably not normal. You should seriously consider abortion.” But are they glad they didn’t!! We need to hear that test results are sometimes wrong. No one knows why the Sawyers’ alpha-fetoprotein test came back with such dismal numbers on such a healthy baby. How many other healthy babies are being aborted after the parents get misleading or just plain wrong test results?

Handicapped Children

The Sawyers had a very happy ending to their story, but sometimes the tests do tell the truth and babies really are sick or handicapped. There’s no doubt about it, raising a handicapped child is painful and hard. Is it ever okay to abort a child whose life will be less than perfect?

We need to ask ourselves, does the child deserve to die because of his handicap or illness? Life is hard, both for the handicapped person and for her parents. But it is significant that no organization of parents of mentally retarded children has ever endorsed abortion.

Some people honestly believe that it's better to abort a handicapped child than to let him experience the difficult life ahead. Dr. C. Everett Koop, former Surgeon General of the United States, has performed thousands of pediatric surgeries on handicapped children. He remarks that disability and unhappiness do not necessarily go together. Some of the unhappiest children he has known had full mental and physical faculties, and some of the happiest youngsters have borne very difficult burdens.(4) Life is a lot harder for people with disabilities, but I can tell you personally that there is a precious side to it as well. I have lived most of my life with a physical handicap, but it hasn't stopped me from experiencing a fierce joy from living life to the fullest of the abilities I *do* have. I can honestly rejoice in my broken body because it is that very brokenness and weakness that makes it easier for others to see the power and glory of my Lord in me, because His power is perfected in weakness.

Often, parents abort children with defects because they don't want to face the certain suffering and pain that comes with caring for a handicapped individual. By aborting the child, they believe they are aborting the trouble. But as we discussed earlier, there is no way to avoid the consequences of abortion: the need to grieve, the guilt, the anger, the depression.

What if a baby is going to die anyway? Anencephalic babies, babies born without brains, have no hope of living any length of time. I think we need to look at the larger picture, one that includes God and His purposes for our lives. When a tragedy like this occurs, we can know that it is only happening because He has a reason behind it. God's will for us is not that we live easy lives, but that we be changed into the image of Jesus. He wants us to be holy, not comfortable. The pain of difficult circumstances is often His chosen method to grow godliness in us and in the lives of those touched by the tragedy of a child's handicap. When it is a matter of life

and death, as abortion is, it is not our place to avoid the pain.

My husband and I know what it is to bury a baby who only lived nine days. We saw God use this situation to draw people to Himself and to teach and strengthen and bless so many people beyond our immediate family. Despite the tremendous pain of that time, now that I have seen how God used it to glorify Himself, I would go through it again.

Not all abortions are performed as a matter of convenience. Some are performed in very hard cases, such as a handicapped child or as the result of rape or incest. But again, we need to back off and look at things from an eternal perspective. God is the One who gives life, and only He has the right to take it away. Every person, born or unborn, is a precious soul made by God, in His image. Every life is an entrustment from God we need to celebrate and protect.

Notes

1. Paedogus 2:10, 96, 1

2. Ann Speckhard, “The Psycho-Social Aspects of Stress Following Abortion,” doctoral thesis submitted to the University of Minnesota.

3. Nancy Michels, *Helping Women Recover From Abortion* (Minneapolis: Bethany, 1988), 76.

4. C. Everett Koop, “The Slide to Auschwitz,” in Ronald Reagan, *Abortion and the Conscience of the Nation* (Nashville: Thomas Nelson, 1984), 45-46.

For Further Reading

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Garton, Jean. *Who Broke the Baby?* Minneapolis: Bethany, 1988.

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