

Redesigning Humans: Is It Inevitable?

Is genetic technology just the next step in human discovery about ourselves, or does it mean the end of humanity as we know it? Could we literally redesign humanity out of existence? On the other hand, there are those who maintain that we are headed down a disastrous technological and ethical road.



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The People Are Restless

There is a general unease in the wind. People are a little squeamish concerning the coming revolution in biotechnology. There is a sort of stand-offish fascination where we wonder at the possibilities for curing genetic diseases and even for making ourselves smarter, prettier, or stronger. Yet we shrink from the potential horror of the world we might create for ourselves with no hope of turning back.

We have faced such forks in the road before. Every new technology has presented fantastic benefits and uncertain costs. Gunpowder, electricity, the combustion engine, atomic energy, etc., have all offered tantalizing either/or tensions. Some of these tensions we still live with, such as the threat of nuclear weapons and encroaching pollution from combustion engines.



But for the most part we have been able to develop a stable coexistence between the potential for good and the potential for evil. Weapons have become more precise, minimizing unnecessary collateral casualties, the combustion engine has become cleaner and more efficient, and atomic weapons so far

have been remarkably harnessed.

But what about genetic technology? Is this just the next step in human discovery about ourselves, or does it mean the end of humanity as we know it? Could we literally redesign humanity out of existence? There are voices in our culture today that will tell us that indeed we can and we will and it is inevitable and "you'd just better get used to it."

On the other hand there are those who maintain that we are headed down a disastrous road, and that we have a small opportunity to harness the benefits of the new technologies while minimizing and corralling the hazards.

I recently spent several days at the United World College in New Mexico developed by the late Armand Hammer, one of several upper high schools around the world for the best and brightest. The occasion was a student-led conference organized for discussing the ethics of human genetic engineering and cloning. Three other invited guest speakers and I spent two days with the 200 students from around the world and the UWC faculty and staff.

About fifty of the students were from a variety of backgrounds from here in the U.S., and the other 150 were from almost ninety countries. Their knowledge and perspectives on human genetic engineering ran from those who saw few problems and were perplexed by those with reservations to those who held all such technologies at arm's length and couldn't understand why anyone would want to do such things.

Who's right? Beyond that, What have we done already? And is there any opportunity for science and society to meet together to figure this out? In this program we will hear from several voices and see if we can navigate the coming genetic mine fields.

Is There a Posthuman Future?

One of participants at the UWC conference designated himself a “transhumanist.” Transhumanists are among those who welcome with open arms the possibilities of genetic engineering to alter who and what we are. They scoff at the reluctance of others to step into this coming Brave New World. They relish the possibilities of double and triple average life-expectancy, designer babies, and the elimination of genetic disease. They aren’t troubled by the necessity of costly mistakes and failures. That’s just the price of research and progress. We accept risk all the time, they say. Why should genetic research be any different? They apply rather consistently a naturalistic worldview which sees human beings as just another species. We certainly aren’t made in the image of God, they say, so why is our current genetic structure sacred?

Gregory Stock opened his 2002 book, *Redesigning Humans: Our Inevitable Genetic Future*, this way: “We know that *homo sapiens* is not the final word in primate evolution, but few have grasped that we are on the cusp of profound biological change, poised to transcend our current form and character to destinations of new imagination.”[\[1\]](#)

Stock rightly points out that we have already started down the road of genetic manipulation of our species. Several fertility clinics in the U.S. already offer preimplantation genetic diagnosis or PGD. This procedure screens newly created embryos by in vitro fertilization for a few genetic diseases such as Tay Sachs, cystic fibrosis, and hemophilia. You can also have the embryos screened for sex selection. Some clinics even offer sex selection as the sole purpose of your visit to the clinic.

One couple from Wyoming had fourteen embryos created by in vitro. Seven were male, seven were female. They chose three females to be implanted to ensure their fourth child was a

girl after three boys. The technique is virtually 100% effective. Less efficient sperm selection techniques are only 91% effective for girls and only 76% effective for boys.^[2] But should we be selecting the sex of our children?

Over one million IVF babies have been born worldwide, around 28,000 in the U.S.—roughly 1% of newborns. This may soon become the “natural” way once more procedures become available to design our own babies. We may recoil today at the thought of designer babies, but we also recoiled twenty-five years ago against the thought of test-tube babies.

Stock closes his book by saying, “We are beginning an extraordinary adventure that we cannot avoid, because, judging from our past, whether we like it or not this is the human destiny.”^[3] But is it?

What’s So Wrong With Tinkering With Our DNA?

Couples are already being given the power to choose the sex of their child, even at the cost of simply rejecting the embryos that are the wrong sex. But our technology is advancing rapidly to allow a far broader array of genetic choices.

Gene therapy, the ability to transfer a normal human gene into the affected tissues of a person affected by a single gene disease, has been pursued for over ten years. So far results have been disappointing. That is partly the reason why many are looking for improved ways to add genes to the earliest one cell stage embryo so the gene can be spread to all tissues at once. This process is also rather inefficient in animals, successful only about 1% of the time.

But this does not deter some because they already view the embryo, before fourteen days after conception, as little more than reproductive cells and not yet worthy of being declared human. If this definition holds, embryos can be wasted as long

as a supply of human eggs is readily available. In addition to preimplantation genetic diagnosis (PGD) for sex selection and selection of embryos that are free of cystic fibrosis, Tay Sachs, hemophilia, and other genetic diseases, other genetic technologies are on the near horizon.

Researchers have already devised artificial chromosomes. These chromosomes pass on stably over several generations in mice. They have been tested successfully in human tissue culture, and have remained stable over dozens of cell divisions. No one has added foreign genes to these chromosomes, but that is the plan: to provide a safe and effective means of adding genes to embryos and have them distributed to all tissues and to succeeding generations.

Genetic futurist Gregory Stock summed it up when he said, "Breakthroughs in the matrixlike arrays called DNA chips, which may soon read thirty thousand genes at a pop; in artificial chromosomes, which now divide as stably as their naturally occurring cousins; and in bioinformatics, the use of computer- driven methodologies to decipher our genomes—all are paving the way to human genetic engineering and the beginnings of human biological design."[\[4\]](#)

Some may scoff at these projections, but people seem quite willing around the world to consider taking advantage of technologies that can genetically enhance themselves or their offspring. "In a 1993 international poll, Daryl Mercer, director of the Eubois Ethics Institute in Japan, found that a substantial segment of the population of every country polled said they would use genetic engineering both to prevent disease and to improve the physical and mental capacities inherited by their children. The numbers ranged from 22 percent in Israel and 43 percent in the United States to 63 percent in India and 83 percent in Thailand."[\[5\]](#) So what's the problem?

What's Our Next Step?

I believe that being able to genetically redesign human beings is far closer than most people realize. Not only is the technology developing at an ever-increasing rate, but people are also far more willing to consider using such technologies than most would want to think.

I hope my tone in this article has indicated that I have deep reservations about this seemingly inevitable future. But why do I say this is inevitable? And why would I have reservations about taking this next step?

I believe that at least trying to alter ourselves genetically is inevitable because the technology is developing rapidly using animal models. And whatever we have done in animals, we eventually do in humans. The naturalistic worldview says quite strongly that we are just another animal species. If our understanding of our own genetics continues to increase and we gain the technology to correct our defects and faults, the naturalist says, Why not?!

Society and governments have put few barriers in the way of scientists and researchers from simply taking the next logical step. So far, we have been unwilling to say that there are some experiments we will not do. Even though most will say they are against human cloning—even scientists—that figure is changing, and we have few reasons for our objections besides the fact that it is not yet safe. If it does become safer, the public will have little room to say no. We've painted ourselves into a bit of a corner.

In regard to genetic engineering, we are easily swayed by appeals to eliminate genetic diseases without considering how difficult it is to delineate between curing genetic disease and producing genetic enhancements. James Watson, co-discoverer of the structure of DNA and Nobel Laureate, exposes our difficulty with two penetrating statements. Concerning

curing genetic disease he said, "What the public wants is not to be sick and if we help them not to be sick, they'll be on our side."[\[6\]](#)In another context Watson would have left most people dead in their tracks when he said, "No one really has the guts to say it, but if we could make better human beings by knowing how to add genes, why shouldn't we?"[\[7\]](#)

Leon Kass, chairman of President Bush's Council on Bioethics, put it quite succinctly when he said, "The first thing needful is a correction and deepening of our thinking."[\[8\]](#) When I speak to young people in particular, I almost plead with them to pay attention in biology class. These genetic choices will probably begin to be available to today's high school students as they marry and begin their families. They and we need to be better prepared.

How Will the Church Be Challenged?

There are just a few voices warning of the coming challenges and opportunities of the developing crisis over human dignity as the diesel engine of human genetic technology gains momentum and steam. Some fear it may already be beyond the point of no return and believe we'd better figure out how we are going to cope with our inevitable future of redesigned humans.

Leon Kass's book, *Life, Liberty, and the Defense of Dignity*, is a good place to start. Though not a Christian, Kass dances around the edges of a Christian or theistic worldview that at least acknowledges that there is a human design in place that we need to be mindful of before we head out at breakneck speed to change who and what we are.

Kass sees that our efforts to redesign humans challenge our very dignity and identity as human beings. If parents have constructed the best child for them using the best available technology they can afford, are they still parents, or creators and owners with additional rights and privileges? A

child becomes a commodity to be designed, manufactured, and even sold. Love and nurture will turn to management and stimulation.

Gregory Stock is the director of the Program on Medicine, Technology and Society at the UCLA School of Medicine. His book, *Redesigning Humans: Our Inevitable Genetic Future*, will sober you up quite quickly. Stock is a naturalist and has little patience with those who would hold back our genetic future. He is knowledgeable and unflinching about the possibilities. One commentator wrote; "This is the most important book ever written about what we could do to make better people. I could not put this book down because it challenged everything I knew about human nature." I would agree.

In my travels I have found the church to be largely unaware of how close we are to Stock's vision of redesigning humans. Within a few short decades our children will be pressured to alter their children genetically to keep up with society. Scientific research may well make use of human embryos as matter of fact research subjects. This may likely extend to developing fetuses, and it will all in the name of furthering health and eliminating disease.

How will we react? The Barna Research Group tells us over and over again that the Christian community does not think or act in an appreciatively different manner than society at large. That means these genetic technologies will find their way into the church. There will be a new source of discrimination to deal with. No longer will churches be segregated by economic status and race but by genetic pedigree as well.

Do we really think we can improve on or maybe at least recover the original design? There may be a new Tower of Babel on our horizon. We must take seriously this threat to our future, both of humanity and the church.

Notes

1. Gregory Stock, *Redesigning Humans: Our Inevitable Genetic Future* (New York: Houghton Mifflin, 2002).
2. Claudia Kalb, "Brave New Babies," *Newsweek*, 26 January, 2004, 45-53.
3. Stock, 197.
4. Ibid., 13.
5. Ibid., 58.
6. Quoted in Leon Kass, *Life, Liberty, and the Defense of Dignity: The Challenge of Bioethics* (San Francisco: Encounter Books, 2002), 7.
7. Quoted in Stock, 12.
8. Kass, 8.

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The Controversy Over Stem Cell Research

What Are Stem Cells and Why Are They Important?

President Bush recently decided to allow the use of federal funds to research the therapeutic properties of privately produced human embryonic stem cells (ES). President Bush clearly maintained the prohibited use of federal monies to produce human ES cells, since the procedure requires the destruction of the embryo to obtain them, which is currently prohibited by federal law. To fully understand the ramifications of this decision, I will discuss the nature of stem cells and their potential to treat disease.

Most of the more than one trillion cells that form the tissues of our bodies possess a limited potential to reproduce. If you remove some live human skin cells, they may divide in culture (laboratory conditions) five or six times and then die. Special cells in the underlying skin layers are what produce new skin cells. These cells' sole function is to churn out replacement cells. These are known as stem cells. Most tissues of our bodies possess stem cells that can reproduce the different cells required in that tissue. Bone marrow stem cells can produce the many different cells of the blood. They are called stem cells, since they are seen as the stem of a plant that produces all the "branches and leaves" of that tissue.

What I've described is referred to as adult stem cells. There is no controversy revolving around the use of human adult stem cells in research, since they can be retrieved from the individual requiring the therapy. The promise of adult stem cells has increased dramatically in recent years. Stem cells have even been found in tissues previously thought to be devoid of them, such as neural tissue. It has recently been shown that certain types of stem cells are not limited to producing cells for the tissue in which they reside. For instance, bone marrow stem cells can produce skeletal muscle, neural, cardiac muscle, and liver cells. Bone marrow stem cells can even migrate to these tissues via the circulatory system in response to tissue damage and begin producing cells of the appropriate tissue type.[\[1\]](#)

In addition to the advantages of previously unknown adult stem cells and their unexpected ability to produce numerous types of cells, adult stem cells carry the added potential of not causing any immune complications. Conceivably adult stem cells could be harvested from the individual needing the therapy, grown in culture to increase their number, and then be reinserted back into the same individual. This means the treatment could be carried out with the patient's own cells,

virtually eliminating any rejection problems. Adult stem cells may also be easier to control since they already possess the ability to produce the needed cells simply by being placed in the vicinity of the damaged tissue.

Human Embryonic Stem Cells

The advances in adult stem cell research has only come about in the last three years. Traditionally it was thought that ES cells carried the greatest potential to treat wide-ranging degenerative diseases such as diabetes, Parkinson's, multiple sclerosis, spinal chord injuries, and Alzheimer's. Since ES cells derive from the inner cell mass of the early embryo (5-7 day old blastocyst), they are capable of forming all the tissues of the body. Therefore, researchers have long felt that human ES cells hold the greatest potential for treatment of degenerative diseases.

While the potential has always existed, the problem has been that in order to obtain these human ES cells, the embryo is destroyed during the harvesting procedure. In addition, while ES cells had been obtained and grown successfully in culture from several mammals, including mice, efforts at producing ES cells from other mammals had failed. Nobody was sure human ES cells could even be successfully produced until November 1998 when James Thomson from the University of Wisconsin announced the establishment of five independent human ES cell lines.[\[2\]](#) (A cell line is a population of cells grown from a single cell that has been manipulated to continue growing indefinitely in culture, while maintaining its cellular integrity.) Geron Corporation funded Thomson's work, so it did not violate the federal ban on government funds being used for such purposes. But his announcement immediately opened up a desire by federally funded researchers to use his already established human ES cells.

But there are potential problems and uncertainties in both adult and ES cells. While the ethical difficulties are non-

existent for adult stem cells, they may not prove as helpful as ES cells. ES cells have the potential for universal application, but this may not be realized. As stated earlier, establishing ES cell lines requires destruction of human embryos. An ethical quagmire is unavoidable.

Whereas adult stem cells can be coaxed into producing the needed cells by proximity to the right tissue, the cues needed to get ES cells to produce the desired cells is not known yet. Some in the biotech industry estimate that we may be twenty years away from developing commercially available treatments using ES cells.[\[3\]](#) Clinical trials using adult stem cells in humans are already under way.

In August of 2000, NIH announced new guidelines allowing federally funded researchers access to human ES cell lines produced through private funding. The Clinton administration hailed the new guidelines, but Congressional pro-life advocates vowed a legal confrontation claiming the new guidelines were illegal.

The Options for President Bush

This was the situation facing President Bush when he took office. The pressure to open up federally funded human ES cell research mounted from patient advocacy groups for diabetes, spinal chord injuries, Parkinson's disease, and Alzheimer's. Additional pressure to reject federal funding of human ES cell research came from traditional pro-life groups including National Right to Life and the Catholic Church, with personal lobbying from Pope John Paul II.

One option open to the President and advocated by the scientific community was to free up all research avenues to fully explore all possibilities from ES cells regardless of their source. This would include federal funding for ES cells derived from embryos specifically created for this purpose. Few openly advocated this, but the oldest fertility clinic in

the U. S. (in Virginia) announced recently that they were doing just that. Few within the government or research communities offered much protest.

Another option on the opposite end of the spectrum would have been to not only prohibit all federal funding on the creation and use of ES cells, but to also propose a law which would effectively ban all such research in the U. S., regardless of the funding source. Because of my view of the sanctity of human life from the moment of conception, this would be the ideal solution. However, this is not practical, since *Roe v. Wade* still is the rule of law in the U. S. This means that by law, a mother can choose to do with her embryo whatever she wants. If she wishes to end its life by abortion or by donation for research as a source of ES cells, she is free to do so.

A third option open to the President, and the one advocated by most in the research community, was to open up federal funding for the use and creation of ES cells derived from leftover embryos destined for destruction at fertility clinics. Some have estimated that there are over 100,000 such embryos in frozen storage in the U. S. alone. The intent is to find some use or ascribe some value to these leftover embryos. It is common practice in fertility clinics to fertilize 8-9 eggs at a time to hedge your bet against failure and to minimize expenses. As many as half of these embryos are left over after a successful pregnancy is achieved. These embryos are either left in frozen storage or destroyed at the request of the parents. So why not use them for research?

Other Options Available to President Bush

Advocates for ES cell research argue that if the embryos left over from infertility clinics are going to be wasted anyway, why not put them to some use and allow their lives to be spent helping to save someone else? The first mistake was to generate extra embryos without a clear intent to use all of

them or give them up for adoption. Second, these tiny embryos are already of infinite value to God. We're not going to redeem them by killing them for research. Each embryo is a unique human being with the full potential to develop into an adult. Each of us is a former embryo. We are not former sperm cells or egg cells.

Third, this is essentially using the dangerous ethical maxim that "the end justifies the means." A noble end or purpose does not justify the crime. Just because a bank robber wants to donate all the money to charity doesn't make the bank heist right. Nazi researchers gained valuable information through their many life-threatening experiments on Jews and other "undesirables" in the concentration camps of WWII. But most would not dignify these experiments by examining and using their findings.

A fourth option that I prefer is to close off all federal funding for human ES cell research. This would allow private dollars to fund human ES cell research, and federal dollars can be used to vigorously pursue the ethically preferable alternative offered by adult stem cells, which have shown great promise of late.

This would undoubtedly slow the progress on human ES cells and some researchers. Because of their dependence on federal research grants, they would not be able to pursue this line of research. But nowhere is it written that scientists have a right to pursue whatever research goals they conceive as long as they see a benefit to it. For years the U. S. Congress passed the Hyde Amendment that prohibited the use of federal funds for abortions, even though abortions were legal. The creation of human ES cells may be legal in the U. S. but that doesn't mean researchers have a right to government monies to do so.

The President did decide to allow the use of federal funds only for research involving the 60 already existing human ES

cell lines. The President expressly prohibited the use of government dollars to create new ES cell lines, even from leftover embryos. Researchers and patient advocates are unhappy, because this will limit the available research if these already existing ES cell lines don't work out. Pro-life groups are unhappy, because the decision implicitly approves of the destruction of the embryos used to create these ES cell lines.

Stem Cells in the News Since the President's Decision

When the President decided to open up federal funding for research on already existing human embryonic stem cell lines, just about everybody was unhappy. Researchers and patient advocates were unhappy, because this will limit the available research if these already existing cell lines don't work out. The supply just might not meet the research demand. Pro-life groups were unhappy, including myself, because the decision implicitly approves of the destruction of the embryos used to create these ES cell lines. They will cost researchers at least \$5,000 per cell line. Therefore, to purchase them for research indirectly supports their creation. Since both sides are unhappy, it was probably a good political decision even if it was not the right decision.

We certainly haven't heard the end of this debate. Members of Congress are already positioning to strengthen or weaken the ban by law. Either way, the policy of the United States has clearly stated that innocent human life can be sacrificed without its consent, if the common good is deemed significant enough to warrant its destruction. I fully believe that this is a dangerous precedent that we will come to regret, if not now, then decades into the future. The long predicted ethical slippery slope from the abortion decision continues to threaten and gobble up the weak, the voiceless, and the defenseless of our society.

What has alarmed me the most since the President's decision is the full assault in the media by scientists to gain even greater access to more human embryonic stem cells, regardless of how they are produced. The ethical question virtually dropped from the radar screen as scientists debated whether the existing cell lines would be enough.

This attitude is reflected in the increasing attention given to potential benefits, while downplaying the setbacks and problems. The scientists speaking through the media emphasize the new therapies as if they are only a few years down the road. The more likely scenario is that they are decades away. Your grandmother isn't likely to be helped by this research.

Virtually nobody knows about the failure of human fetal cells to reverse the effects of Parkinson's disease in adults. About 15 percent of patients from a recent trial were left with uncontrollable writhing and jerking movements that appear irreversible. The others in the study weren't helped at all.[\[4\]](#) Chinese scientists implanted human embryonic stem cells into a suffering Parkinson's patient's brain only to have them transform into a powerful tumor that eventually killed him.[\[5\]](#)

Research with mouse embryonic stem cells has not fared much better. Scientists from the University of Wisconsin recently announced success in tricking human embryonic stem cells into forming blood cell-producing stem cells. Enthusiastic claims of future therapies overshadowed the reality that the same procedure has been successful in mice, except that when these cells are transplanted into mice, nothing happens. They don't start producing blood cells and nobody knows why.[\[6\]](#)

This debate will continue. Stay tuned.

Notes

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evolving concept of a stem cell:entity or function," *Cell* Vol. 105 (June 29, 2001), p. 829-841.

2. James A. Thomson, et al., 1998, "Embryonic stem cell lines derived from human blastocysts." *Science* Vol. 282 (November 6, 1998): 1145-1147. Also in same issue see Perspective article by John Gearhart, "New potential for human embryonic stem cells," p. 1061-1062.

3. David Hamilton and Antonio Regaldo, 2001, "Biotech industry – unfettered, but possibly unfulfilled," *Wall Street Journal*, August 13, 2001, p. B1.

4. Tracy Maddox, 2001, Fetal tissue fails to cure Parkinson's patients. http://www.pointofview.net/ar_fetal.html. 3/21/01.

5. Charles Krauthammer, 2001, "The great stem cell hoax," *The Weekly Standard*, August 20/August 27, 2001, p. 12

6. Nicholas Wade, 2001, "Blood cells from stem cells," *Dallas Morning News*, September 4, 2001, p. A1. The article was a New York Times News Service report.

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