

The Importance of Parents in the Faith of Emerging Adults

Steve Cable explores the results of Probe's survey of 18- to 40-year-old born agains, focusing on the role of parents in their faith.

The State of Born Again Emerging Adults

In previous articles[{1}](#) we considered the dramatic changes in the beliefs of American evangelicals particularly among young adults. It certainly appears that we are sliding into an era of cultural captivity where one's identification with Christ and an evangelical church does not keep one from holding a set of beliefs consistent with the culture and counter to biblical truth. Here we want to consider the role that parents had in establishing these inconsistent belief systems of their children, and think about some ways today's parents may be able to counter these destructive patterns in the future. Before looking at the roles parents do and should play in establishing these belief systems, let's consider some of the key belief trends that are driving our concern.



Foremost among our concerns is the dramatic change in the number of young adults who hold to no Christian religious beliefs or espouse a liberal view of Christianity. Looking at data from 1970 to the present, we uncover a disturbing new trend. From 1970 through 1990, the number of 18- to 25-year-old Americans who professed no Christian belief was constant at about twenty percent of the population. In 2000, this non-Christian group had grown to about thirty percent of this young generation, and by 2010 the numbers had exploded to around thirty-six percent.[{2}](#) If this trend continues, less than half of young adults will consider themselves Christians by the year 2020.

This concern over the future is heightened by the conflicted beliefs of young born agains. Among young adults, who consider themselves born again believers, only about one-third of them ascribe to a basic set of biblical beliefs. These beliefs include a creator God, a sinless Jesus, salvation through grace, a real Satan, an accurate Bible and the existence of absolute moral truths. This statistic means that over two-thirds of these born agains do not ascribe to one or more of these beliefs. Overall, this means that less than ten percent of young American adults profess to being born again and hold to a set of biblical beliefs as compared to the sixty-eight percent who hold to no Christian beliefs or a liberal view of Christianity.

When we delve further into young adult beliefs, we find that their beliefs appear to be hodgepodge of cultural concepts and what's going on in their life, with little or no connection to their religious upbringing. Even though emerging adults looked to religion as a place to learn good morals, in his study Christian Smith discovered a chilling paradox. "It was clear . . . that emerging adults felt entirely comfortable describing various religious beliefs that they affirmed but that appeared to have no connection whatsoever to the living of their lives." [\[3\]](#) One emerging adult observed, "I don't think it's the basis of how I live, it's just, I guess I'm just learning about my religion and my beliefs. But I still kinda retain my own decision or at least a lot of it on situations I've had and experiences." [\[4\]](#) In fact, when we look at how many have a consistent biblical worldview that carries over into their views on sexuality, science, a concern for the poor, and basic religious practices, the survey data indicates that less than two percent of evangelical young adults would qualify. So the overwhelming majority of young evangelicals are not carrying their basic religious beliefs into the realm of everyday decision making.

The Impact of Parents on Spiritual Beliefs

So, what role did their parents have in establishing these inconsistent beliefs?

In 2010, we commissioned a survey to help us examine the causes and potential opportunities to change the marked shift in the thinking of young adults over the last decade. We surveyed over 800 born again, young adults across America to get an understanding for what they thought about spiritual and cultural issues *and* how they felt about their beliefs and actions. One area of questioning was, “When you think about how you developed the religious beliefs you hold today, who do you feel had the greatest influence on you? Did your beliefs come from your family, your friends, your church, your independent studies, your college professors, or others?”

The answers we received to this question were not shocking but still sobering. More than sixty-five percent of the respondents reported that the source that had the greatest influence on their religious beliefs was a family member, with the vast majority of those saying it was parents or grandparents. Over twenty percent of the respondents pointed to another influential individual such as a pastor, youth leader, or college professor. Only about eleven percent stated that something less personal such as a youth group or the Bible was the greatest influencer of their religious beliefs.

As Christian Smith noted, “What the best empirical evidence shows . . . is that . . . when it comes to religion, parents are in fact *hugely* important.”[\[5\]](#) In fact, “religious commitments, practices, and investments made during childhood and the teenage years, by parents and others in families and religious communities, matter—they make a difference.”[\[6\]](#)

Of those who stated that a family member was the primary influence, over seven out of ten stated it was their mother or

grandmother while less than three out of ten said it was their father or grandfather. So clearly among born again young adults, the female side of the family has a greater influence in passing down religious beliefs than do the males. One can postulate that this may be due to a combination of greater spiritual involvement on the female side of the family and a higher level of communication with their children. However, the rate of fatherly influence almost doubles for young adults with a biblical worldview compared to those without such a worldview. So it appears that fathers who hold a biblical worldview are much more likely to be involved in establishing the spiritual beliefs of their children.

Less than one out of ten of the respondents listed a pastor as the primary source of influence, and only three percent listed a youth group. These church-related functions may have an important role in helping to shape our religious beliefs, but our survey shows that it is at best a secondary role for the vast majority of people. We are mistaken if we are relying on the church to pass on the right type of beliefs to our children. Parents, what you communicate through your lives is picked up by your children. What are you communicating to them concerning religious beliefs?

The Translation of our Beliefs

Since the beliefs of today's young adults are dramatically different than the dominant beliefs of forty years ago, does this mean that older adults have changed their beliefs as well, or have the beliefs been translated by the younger culture into something different?

An important part of understanding this question is that the survey results on who was the most significant source of our religious beliefs were almost identical regardless of racial background or levels of church attendance. In other areas of consideration such as biblical worldview, views on cultural

behavioral issues, and church involvement, we found significant differences based on racial background, education, etc. But it appears clear that no matter our race, economic level, or religious beliefs, our mothers are the primary sources that pass down those beliefs to the next generation. In other words, if born-again believers have degraded views on worldview and cultural issues, it appears that their parents are communicating (or at least not contradicting) similar views.

As we look at the hodgepodge of religious and cultural beliefs held in our society, we can see the results of what Christian Smith referred to as “Moralistic Therapeutic Deism.”[\[7\]](#) The Baby Boomers and their children are captives of our society’s focus on pluralism and tolerance as the only acceptable views. With this view, I can hold to certain religious beliefs that are strictly private in their application. But, when those religious views begin to move into areas which may imply someone else’s belief is wrong, then I need to modify my beliefs to be more accepting. To believe in God as creator and Jesus as his sinless Son is probably okay. But when I say that Jesus is the only way we can be reconciled to God, I am starting to step on other’s toes, making it inherently wrong.

On the one hand, Baby Boomers have bought into the cultural distaste for absolute beliefs which makes them loathe to state their beliefs too strongly. This viewpoint has been interpreted by the younger generation as an indication that those beliefs are not firm but rather culturally determined. So living in a more multi-ethnic, culturally diverse, and sexually liberated generation, these young adults pick and choose among biblical beliefs and distinctly non-biblical beliefs, with no apparent concern for the discontinuity in their belief systems.

The culture is winning the battle on two fronts. First, the older generation is buying into the importance of not being too forthright with their views. Second, the younger

generation, given no clear direction from their parents, is buying into a disjointed set of views that avoids any conflict with others. According to Smith's research, the result is that the vast majority of young adult Americans are holding to some form of mainline Protestant philosophy. This philosophy states that Jesus is a worthwhile model of good behavior but our focus should be on getting along and not making waves rather than promoting faith in Christ.

Countering Parents with a Truth Experience

Have we, the Baby Boomers, the parents and grandparents of our society, so flummoxed up the works that we have started a downward spiral of disconnected beliefs from which we cannot recover? Of course, time will tell, but if we hold to a consistent set of biblical worldview beliefs, we should not sit back and wait patiently for the end of Christianity as we know it. We are called to "proclaim Him, admonishing every man and teaching every man so that we might present every man complete in Christ" (Col. 1:28).

Interestingly, of those respondents who graduated from college and have a biblical worldview, a much greater percentage of them pointed to a source other than a family member as the most influential. This factor is probably the result of college students having their faith challenged and looking for answers from pastors, Bibles, and books. In other words, the direct challenge to their faith presented by some professors and many of their peers caused some to fall away but caused others to examine the reasons for their belief in Christ. We do not need to fear this examination. Our Lord's case is more than capable of standing up to examination. In fact, it is the only religion that has a consistent, viable explanation for the complexities and shortcomings of life as we know it.

If a hostile, or at least a highly skeptical, attack on the

basis of their faith caused some to examine their reasons for belief and come out with a stronger, more biblical faith, perhaps a friendly encouragement to examine their faith could produce similar results. If the parents are passing on a watered down, inconsistent set of beliefs, perhaps we can change those beliefs by causing the young adults to run them through a consistency and credibility filter. Probe has been doing this for years through our [Mind Games](#) conferences and summer camps for high school students. We have seen that this approach makes a difference.

Is it too late to make a difference in the lives of our young adults? When Viggo Olsen was in his mid-twenties, beginning his residency to become a doctor, his wife's parents had a change in their belief system, becoming followers of Jesus Christ. Viggo wanted to restore his wife's parents to sanity so he began an intense study to show the obvious failure of Christianity to address the real world. What he discovered was that a biblical worldview was the only viable answer to understanding our lives and our future. He went from a mission to disprove Christianity to accepting Jesus not only as his Savior but as his purpose in life as a medical missionary to Bangladesh.[\[8\]](#)

In a similar way, we need to encourage, or better yet force our younger church-goers to examine their beliefs and compare them with the teachings of Christ. Ask them not to live an unexamined life conforming to the culture, but rather to examine their beliefs and see if they stand up to close examination.

Consistent Worldview Parents are Best

Unfortunately, many parents have not been passing on a clear view of faith in Christ from generation to generation. Instead our belief system, even among those who believe they are going to heaven when they die because of their faith in Jesus, has

been eroding into a mishmash of popular cultural beliefs mixed in with some variation of beliefs taught in the Bible.

Confronting young adults with the disconnects and shortcomings created by their mixture of beliefs as compared to a consistent Christian worldview can get their attention and bring about changes in their thinking. This confrontation with truth has been a major focus of Probe throughout the years.

However, a major take-away from these studies should be for the young adults who are parents of our future generations. Listen up, young adults! If you do not communicate a clear set of biblical worldview beliefs through your words and through your actions, your children are going to pick up on the worldview you *do* communicate. Your desire to fit in with the culture and not make too many waves will result in children who believe that the culture is the ultimate authority on truth and right living. Why? Because that is what your life is saying to them loud and clear.

Suzie strongly believed that sex outside of marriage was wrong before God. It had a detrimental effect on the individuals caught up in it and on the society which promoted it. However, she felt that many of her friends did not view it in the same way she did. So, to get along, she never said much about it. What she did not realize was that her children were watching what she said. Even though she had told them she hoped they would remain pure until marriage, they did not hear her standing up for sexual purity among her friends. Without even thinking about it, her children relegated sexual purity to a nice ideal but not an important belief to live by. Suzie was instrumental in establishing their thinking on this topic. Their thinking lined up with what Suzie demonstrated was important to her even though it did not really line up with what she truly believed.

As parents, our beliefs have the greatest impact on our children's views. Things that you may not believe but grit

your teeth and say nothing about will become core beliefs of your children. The society is saying they are true; they don't see a consistent disagreement from your words or your life. Thus, it must be the right value to hold. This process of gradually turning over our core beliefs to be reset by the culture is at least partially the reason for the tremendous shift in our cultural morality over the last sixty years.

As parents, we can make a difference in future generations. We need to hold fast to the truths of Jesus Christ, speak them with our tongues, and live them through our actions. Our children are still looking to us for truth in this area. Let us commit to not let them down by deferring to the norms of the culture.

Notes

1. "Emerging Adults and the Future of Faith in America," probe.org/emerging-adults-and-the-future-of-faith-in-america/; "Emerging Adults Part 2: Distinctly Different Faiths," probe.org/emerging-adults-part-2-distinctly-different-faiths/; "The True State of Evangelicals in 2011," probe.org/the-true-state-of-american-evangelicals/.
2. Source General Social Surveys taken from 1976 through 2010.
3. Christian Smith, *Souls in Transition: The Religious and Spiritual Lives of Emerging Adults* (Oxford University Press, 2009), 154.
4. Ibid., 154.
5. Ibid., 285.
6. Ibid., 256.
7. Christian Smith, *Soul Searching: The Religious and Spiritual Lives of American Teenagers* (Oxford University Press, 2005), 162-170.
8. Viggo Olsen, *Daktar: Diplomat in Bangladesh* (Moody Press, 1973).

The True State of American Evangelicals

Steve Cable analyzed the data concerning 18- to 40-year-old born-again and presents a concise summary of the results.

Good News for Evangelicals?

How is the evangelical church doing in America as we begin to make our way through the second decade of this century? Are we growing in numbers and in the clarity of our message, or are we holding our own against a tide of secularism, or are we on the verge of a major collapse partially obscured by continuing attendance? The people who should have the best handle on this question are the sociologists and pollsters who map and track many different aspects of our society. What are they saying about the evangelical church?

First, consider Bradley Wright, professor of sociology at the University of Connecticut. In his 2010 book, *Christians Are Hate-filled Hypocrites . . . and Other Lies You've Been Told*, he finds "there seems to be no compelling evidence—based on the data we have about our young people—that the church in America is on the verge of collapse."[1](#)



Looking at the data from the Pew U. S. Religious Landscape Survey, 2008, and the General Social Survey, he concludes, "On the negative side, the number of young people who do not affiliate with any religion has increased in recent decades just as it has for the whole population. . . . On the positive side, the percentage of young people who attend church or who think that religion is important has remained mostly stable. . . . What I don't see in the data are evidence of a cataclysmic

loss of young people.”{2}

Wright notes that the percentage of Evangelicals has remained fairly constant in recent years, while mainline Protestantism has declined. He suggests that one reason mainline Protestantism has decreased as a percentage of the population is that most mainline churches have not emphasized church planting. Therefore, “the number of Americans has grown every year but the number of seats in mainline churches has not.”{3}

Another sociologist looking at this question is Byron Johnson, professor of Social Sciences at Baylor University. Considering data from a survey commissioned by Baylor in 2005,{4} he concludes, “Leading religious observers claim that evangelicalism is shrinking and the next generation of evangelicals is becoming less religious and more secular, but these are empirical questions, and the evidence shows that neither of these claims is true. . . . Those who argue that a new American landscape is emerging—one in which the conservative evangelicalism of the past few decades is losing numbers and influence—are simply ignoring the data.”{5}

As Johnson points out, “For starters, evangelicals have not lost members . . . Fully one-third of Americans (approximately 100 million) affiliate with an evangelical Protestant congregation.”{6}

Another eminent sociologist, Christian Smith of the University of Notre Dame, has done an extensive study of young Americans over the five years from 2003 to 2008, which he summarizes in his book *Souls in Transition, The Religious and Spiritual Lives of Emerging Adults*.{7} He begins by identifying the distinctly different culture of today’s twenty-somethings in contrast with those of prior generations. The major source of distinction is the view that they don’t really need to start living as married adults until they reach their thirties. The twenties are for exploring different jobs, lifestyles, and relationships before getting married and settling down. But

when it comes to religion, he states, “The preponderance of evidence here shows emerging adults ages 18 to 25 actually remaining the same or growing more religious between 1972 and 2006—with the notable exceptions of significantly declining regular church attendance among Catholics and mainline Protestants, a near doubling in the percent of nonreligious emerging adults, and significant growth in the percent of emerging adults identifying as religiously liberal.”{8}

However, looking at the more detailed data from his surveys, he concludes, “Most emerging adults are okay with talking about religion as a topic, although they are largely indifferent to it—religion is just not that important to most of them. . . . Most of them think that most religions share the same core principles, which they generally believe are good.”{9} He goes on to say, “Furthermore, among emerging adults, religious beliefs do not seem to be important, action-driving commitments, but rather mental assents to ideas that have few obvious consequences.”{10} He also concludes that among these young adults the tenets of liberal Protestantism have won the day, influencing many evangelicals, Catholics and Jews as well as mainline Protestants. One surprising outcome of this trend is the demise of mainline Protestant churches since their teaching is “redundant to the taken-for-granted mainstream” that they helped create.{11}

Standing in contrast to these eminent sociologists are the findings of George Barna and the Barna Group. Their surveys between 1995 and 2009{12} indicate that among all Americans who self-identify as being born again, less than 20% of them agree with six basic historic Christian beliefs{13} which Barna associates with a biblical worldview. Among those between 18 and 25, this number drops even further. Young people may be affiliating with evangelical churches at similar rates over the last fifty years, but that affiliation does not mean that they have beliefs similar to prior generations.

So what is right? Is it true that there is no compelling evidence that the church in America is on the verge of collapse? Or, do we have more religious young people who are heavily influenced by the beliefs of mainline Protestantism? Or, is the dearth of a biblical worldview an early warning sign of a significant collapse? As you can imagine, this is a question that we at Probe just had to get to the bottom of. So, we dove in to analyze the data behind the statements above, using their own data to validate or question their conclusions. We also commissioned our own survey of 18- to 40-year-old, born-again Americans to probe deeper into this question. Unfortunately, what we found convinced us that things are not only worse than what Wright, Johnson, and Smith concluded, but they appear to be worse in some ways than our prior assumptions from the existing Barna surveys.

Where Do We Really Stand?

When we look at the underlying survey data used by Wright, Johnson, Smith, *and* Barna, we discover an unsurprising result: on similar questions they get similar results. For example, consider the question “Do you believe God is all powerful and involved in the world today?” This question is asked in one form or another by all four surveys used by the authors above.[\[14\]](#) Looking at twenty-somethings, we find the following affirmative responses:

Question	Author	Source Survey	Result
All powerful God involved in the world today	Wright	GSS	79%
	Johnson	Baylor 2005	83%
	Smith	NSYR 2008 [15]	83%
	Barna	Barna 2009	83%

As you can see, all sources have essentially the same results (which is nice since it tends to corroborate their polling

techniques). So, how did they come to such different conclusions about the meaning of similar sets of data? Looking at these high percentages, how could Smith say there is something different about this emerging generation, or how could Barna say that “Jesus would be disappointed by the answers He received from today’s Americans?”

The answer comes from two sources. First, you need to ask more questions about their beliefs and practices than just “Do you believe in a God and in Jesus as His Son?” A person can mean a lot of different things when answering yes to those questions. Second (and it turns out to be extremely important), you must look at the combined answers to a set of related questions. In his book, Smith took the first step of asking a lot of probing questions, both in the survey and in face-to-face interviews. By doing this, it became clear that their answers to a few questions about God and Jesus did not mean that they were biblically literate Christians. Barna took the second step of looking at the answers to a combined set of questions and discovered that the beliefs of Americans were disjointed and inconsistent, particularly among the younger generations. So, even though 83% of 18- to 26-year-olds who professed to be born-again believed that God is all powerful and involved in the world today, only a small subset of them believed all six biblical worldview questions.[{16}](#)

What happens if we look at the results of the surveys used by Wright, Johnson, and Smith? Fortunately, we were able to access the raw questionnaire results using the Association of Religious Data Archives online database. Of course, these surveys did not ask exactly the same questions, but we were able to find a set of roughly equivalent questions within each survey. And this is what we found about those with a biblical worldview, compared to those who actually apply their biblical worldview to the way they live:

Belief	Baylor	NSYR	Barna	Probe ^[17]
Biblical Worldview	27%	22%	19%	37%
Biblical Worldview plus Cultural Application	8%	3%	NA	10%

So each of the surveys used by the four different sociologists basically showed the same result: less than one third of born-again (or evangelicals) had a set of beliefs consistent with the biblical worldview taught by Jesus, and less than 10% had a biblical worldview *and* a set of cultural beliefs (e.g. beliefs about sex outside of marriage, abortion, materialism, caring for the poor, etc.) taught by Jesus in the New Testament. So, it appears that if they had done more in-depth analysis of their own data, Wright, Johnson and Smith should have been espousing the same message as the Barna survey.

This surprising result (at least to Wright and Johnson) that their data actually is consistent with Barna's data allows us to quit worrying about the differences and concentrate on the common message of these surveys. Among several, I think that three major messages from the survey results are important for us to consider here.

1. First, as the culture has adopted more unbiblical views regarding pluralism, sexuality, honesty, etc., the majority of evangelical church members have adapted to accept the new cultural positions rather than stand firm in the truth taught by Christ and his apostles. In other words, they have been taken "captive by the empty deception and philosophy according to the traditions of men, according to the elementary principles of the world, rather than according to Christ" (Col. 2:8).

2. Second, our 18- to 29-year-olds are leaving a classical evangelical faith in large numbers. A third of them directly leave any involvement with evangelical church, with half of that number going into liberal mainline denominations and the other half leaving behind all church affiliation. Of those who

remain associated with an evangelical church, one third of them attend church but do not hold to a biblical worldview and another third do not go to church or hold to a biblical worldview. So, just less than 8% of American teenagers move into emerging adulthood with a strong, evangelical worldview.

3. The percentage of Americans belonging to evangelical churches has remained fairly consistent, but that does not mean that the beliefs of the members have remained constant. The sacred / secular split, described by Nancy Pearcey in her book *Total Truth*, [\[18\]](#) allows them to ascribe to at least a limited set of evangelical beliefs in their sacred side while keeping the “real truths” of the secular side isolated and unaffected by any evangelical beliefs.

How Did We Get to This State?

If you find your child trapped inside the dryer at home, you not only want to get them freed from captivity, you also want to understand how they got into that mess so you can prevent it in the future. In the same way, Probe has undertaken an in-depth survey to help us understand how seemingly born-again believers in Christ are so often taken captive by the thoughts of men rather than Christ. Our survey found they fall into three equally sized categories:

- Those *with* a biblical worldview who *attend* church regularly (Free Ones)
- Those *without* a biblical worldview who *attend* church regularly (Partial Captives)
- Those *without* a biblical worldview who *do not attend* church regularly (Full Captives)

The first take-away from this study is disturbing but not very surprising. Most American born-again between the ages of 18 and 40 received their spiritual beliefs (and most of their

other beliefs) from their parents or grandparents. In other words, their hodgepodge of inconsistent beliefs covering everything from God to gossip, they essentially obtained from the previous generation. What the other surveys show is that people in their 40s and 50s have viewpoints that are more conformed to the culture than to Christ just as their children do. It is not quite as dramatic but it is very pronounced. If we parents are holding beliefs that are captive to the traditions of men and the elementary principles of this world, then it is not surprising to see that thinking expanded in our children.

It is very interesting to note that 42% of church-going young adults with a biblical worldview (called the Free Ones hereafter) stated that their spiritual beliefs were driven by sources other than immediate family members, versus only 30% for other born-again (an increase of 40%). Interestingly, this difference also coincides with the higher percentage of college graduates among the Free Ones relative to other young born-again. In fact, college graduates influenced by sources outside their family are more than twice as likely to be church attendees with a biblical worldview than are those who did not graduate from college. So, it appears that this committed group of church-going young adults with a biblical worldview had to deal with challenges to their faith in college which led them to delve into the questions and develop a solid biblical worldview, drawing from sources outside their families.

However, it is worthwhile to note that when asked an additional six worldview questions only half of the Free Ones expressed a biblical point of view on those questions.

The second take away is in the different ways of viewing non-biblical thinking among young adults. We surveyed their attitudes and actions on a number of unbiblical areas of behavior including sexual activity, negative feelings such as anger and unforgiveness, use of the tongue, self-focus and

greed, negative attitudes and sinful actions. For these unbiblical behaviors, if they engaged in that behavior we asked them what they thought about it. They could select from "I do not believe it is wrong," "Believe it is wrong, do it anyway and feel guilty or embarrassed," or "Believe it is wrong, do it anyway, without feeling guilty or embarrassed." Not surprisingly, the Free Ones tended to have the same level of participation in each area as other born-again, but a significantly lower percentage of those said the behavior wasn't wrong or did it without feeling guilty or embarrassed. On the other hand, among the one-third with irregular church attendance and no biblical worldview (the Fully Captive), about one-third had no guilt with their sexual indiscretions and over one-half had no guilt associated with issues of internal attitudes, sins of the tongue, and other negative actions.

A third take-away from our survey was a difference in attitude as a function of age. Those between 30 and 40 were almost 30% more likely to subscribe to a biblical worldview than those between 18 and 24. Similarly, Christian Smith's data shows that over one-third of all 18- to 24-year-olds are no longer affiliated with any Christian religion today as compared to about one in five thirty-somethings.[{19}](#) If this is a precursor to permanent erosion in the number of people with a biblical worldview, we need to address it now.

In summary, the majority of young born-again

1. Caught their unbiblical beliefs from their parents
2. Make important decisions without considering biblical truth
3. Don't consider sinful behavior much of a problem

It should be noted that not all of the 817 born-again questioned in our survey are affiliated with evangelical churches. From the Baylor survey, we find that in the general

population from age 18 to 44, 35% are evangelical or Pentecostal, 20% are mainline Protestants, 20% are Catholic, and the remaining 25% are not Christians. Among those who self-identified as born-again, 57% are evangelical or Pentecostal, 30% are affiliated with mainline Protestant denominations, and only 5% are Catholics. However, when we look at those born-again with a biblical worldview, we find almost 71% are evangelicals and Pentecostals, about 27% are mainline Protestants and only 1% are Catholics. This result shows the wide disparity of beliefs across denominations even among those who meet the criteria of being born-again.

We asked these born-again in making decisions associated with family, business, and religious matters, "What is the primary basis or source of those principles and standards that you take into consideration?" We found there was a huge difference between Free Ones and the remainder. In fact, 75% of the Free Ones looked to a biblical source in making those decisions while only 33% of the Partially Captive and 10% of the Fully Captives considered a biblical source.

From Captives to Conquerors

As we dove into the data on how the American church is faring today, we started with something that first looked like a pure, white sand Caribbean beach but turned out upon further evaluation to be a trash-filled swamp of putrid, stale water. And, we have to ask the question, Can the church continue on this trajectory of scattered beliefs and split personalities for long? I think the answer has to be no. Either the evangelical church will follow the path of other Protestant denominations into shrinking, irrelevant entities, or something will bring it back to the truth found in Christ Jesus.

An encouraging note in this discouraging journey of discovery is that our status is not new. The apostle Paul expressed

concern about a similar loss of the truth impacting the genuine believers of Colossae. He warned them, “I say this so that no one will delude you with persuasive argument” (Col 2:4) with the intent of taking them captive “through philosophy and empty deception . . . rather than according to Christ” (Col 2:8).

We find in the New Testament that it is clearly a strategy of Satan to offer watered-down and distorted views of what it means to live in Christ as a way to prevent Christians from bringing more people into eternal life through faith in Jesus. Clearly, from the data we have looked at for American evangelicals, this strategy is having a powerful effect in America today.

In this second chapter of Colossians, Paul goes on to highlight four different types of arguments that could lead us astray: Naturalism, Legalism, Mysticism and Asceticism. All four of these false views are alive and well in our world today. Naturalism (e.g. neo-Darwinism) and Mysticism (e.g. the forms presented by Eckhart Tolle and Oprah Winfrey^[20]) are the most prevalent in our society, but Legalism (i.e. religious rituals and performance over grace) still has a strong influence, and Asceticism (i.e. denying the body through severe treatment) is very strong in other parts of the world.

But, just as it was true for the Colossians, it is true for us: we don't have to fall for these traps that are out to delude our minds. Christ gives us the freedom and Paul gives us clear directions on how to escape from delusional thinking. Paul's advice can be summarized in five key areas:

- Ask God to fill us with the knowledge of His will (of the truth) with all spiritual wisdom and understanding (Col. 1:9-10; 2:2-3).
- Recognize that Christ is the maker and the sustainer of

all, and therefore every truth in this world is Christ's truth (Col. 1:15-20).

- Accept that in Christ I have been made complete, and the acceptance of men and accolades of this world cannot add to that completeness (Col. 2:9-10).
- In the same way I received Christ Jesus for eternal life, I am to walk in His truth in this life. Jesus is not just my insurance for when I die; He is my life and I need to be "firmly rooted and grounded in Him" (Col. 2:6-7).
- Realize that I am now living in eternity with Christ and am assigned for a brief time to this temporal world (Col. 3:1-3).

Don't fall for Satan's trap that some man-made concept has a better grip on truth than Jesus our creator and sustainer. We have seen that coming generations are looking to you to define their beliefs. Are you going to show them an active belief in Christ as your Truth? If you do, it can make a difference!

Notes

1. Bradley Wright, Ph.D., *Christians Are Hate Filled Hypocrites . . . and Other Lies You've Been Told* (Minneapolis, Minn.: Bethany House, 2010), 75.

2. Ibid., 66.

3. Ibid., 41.

4. Baylor University. 2005. The Baylor Religion Survey. Waco, TX: Baylor Institute for Studies of Religion.

5. Byron Johnson, Ph.D., "The Good News About Evangelicalism," *First Things* online edition, February 2011, www.firstthings.com/article/2011/01/the-good-news-about-evangelicalism.

6. Ibid.

7. Christian Smith with Patricia Snell, *Souls in Transition, The Religious and Spiritual Lives of Emerging Adults* (New York: Oxford University Press, 2009). You can find two extensive articles on the Christian Smith book and data by Steve Cable at the Probe web site: "Emerging Adults and the Future of Faith in America," bit.ly/g5VH4h and "Emerging Adults Part 2: Distinctly Different Faiths," bit.ly/mQYubb.

8. Ibid., 101.

9. Ibid., 286.

10. Ibid., 286.

11. Ibid., 288.

12. Barna Group, Barna Survey Examines Changes in Worldview Among Christians over the Past 13 Years, 2009. bit.ly/akBPci

13. For the purposes of the survey, a "biblical worldview" was defined as believing that absolute moral truth exists; the Bible is totally accurate in all of the principles it teaches; Satan is considered to be a real being or force, not merely symbolic; a person cannot earn their way into Heaven by trying to be good or do good works; Jesus Christ lived a sinless life on earth; and God is the all-knowing, all-powerful creator of the world who still rules the universe today. In the research, anyone who held all of those beliefs was said to have a biblical worldview.

14. GSS (Bradley Wright): Believe in God

Christian Smith: God is a personal being involved in the lives of people today

Baylor study: I have no doubt that God exists and He is concerned with the well being of the world

Barna Group: God is the all-knowing, all-powerful creator of the world who still rules the universe today

15. www.thearda.com/Archive/Files/Descriptions/NSYRW3.asp. “The National Study of Youth and Religion,” www.youthandreligion.org, whose data were used by permission here, was generously funded by Lilly Endowment Inc., under the direction of Christian Smith of the Department of Sociology at the University of Notre Dame.

16. A “biblical worldview” was defined as believing that absolute moral truth exists; the Bible is totally accurate in all of the principles it teaches; Satan is considered to be a real being or force, not merely symbolic; a person cannot earn their way into Heaven by trying to be good or do good works; Jesus Christ lived a sinless life on earth; and God is the all-knowing, all powerful creator of the world who still rules the universe today. In the research, anyone who held all of those beliefs was said to have a biblical worldview.

17. We included the results from the Probe study done for us by the Barna Group and discussed later in this report for comparison purposes.

18. Nancy Pearcey, *Total Truth* (Wheaton, IL: Crossway Books, 2004).

19. From GSS survey data.

20. Steve Cable, “Oprah’s Spirituality: Exploring A New Earth,” probe.org/oprahs-spirituality

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Emerging Adults Part 2:

Distinctly Different Faiths – Evangelical Views Declining

National Study of Youth and Religion

The National Study of Youth and Religion (Wave 3) contains the detailed data from which Christian Smith presented a summary of the results in his book, *Souls in Transition: The Religious & Spiritual Lives of Emerging Adults*. My prior article, ["Emerging Adults and the Future of Faith in America,"](#) summarized some of the important results reported in his book. One of his results showed that the number of young adults who identify themselves as not religious or as a religious liberal has grown from one in three young adults in 1976 to almost two out of three young adults in 2008. This huge difference in beliefs reflects that the dominant culture has changed from supporting Christian beliefs to now being basically counter to them. Today's emerging adults are immersed in a postmodern culture that "stressed difference over unity, relativity over universals, subjective experience over rational authorities, feeling over reason."[{1}](#)

This culture has produced a set of young Americans who may still claim to be associated with Protestant or Catholic beliefs but in reality have accepted the view that God and Christ are potentially helpful upon death, but are of little value until then. As these young adults moved from teenagers into emerging adults, Smith found that over four out of ten of them became less religious over a five year span. However, he did find that about one in three would identify themselves as evangelical and probably continue to identify themselves that way for the foreseeable future.

However, to look at the data more closely, we can access this study of 18- to 23-year-olds online at the Association of

Religious Data Archives.[{2}](#) Using this data, we can look at the association between questions in ways that we could not see in Christian Smith's book. As we studied this data, we found an even bleaker view of the future of the evangelical church than that presented by his book.

Along with general demographic information, the questions asked by the survey can be generally divided into four segments: Religious Beliefs, Religious Practices, Cultural Beliefs, and Cultural Practices. When we analyze the data in these four segments, we find a significant disconnect between each of these four segments. One might expect that we would find a small but significant subset that shared an *evangelical* belief and practice *and* that applied those beliefs consistently to their *cultural* beliefs and practices. Instead, what we find is that of 881 evangelicals, a grand total of zero (that is zilch, nada, none) share a common set of beliefs across all four categories. In other words, there is no set of common beliefs amongst these 18- to 23-year-olds who belong to an evangelical church.

It is worth noting here that the 881 evangelicals discussed here are down from the 1064 evangelicals in the study of this same group as teenagers. The 881 includes 728 who were among the 1064 plus 155 new evangelicals. The new evangelicals were about one-third from mainline protestant, one-third from catholic, and one-third from not religious or non-Christian religions. Of the 336 who left evangelical Christianity about half went to other Christian religions and the other half went to nonreligious or indeterminate religious beliefs. Almost undoubtedly, if we were to include these original evangelicals in our evangelical statistics we would get even worse data. We should also note here that this group was 18 to 23 in 2008 so now they are 20 to 25. However, we will refer to them as 18 to 23 in this article.

Religious Beliefs

Let us begin by first considering the data on religious beliefs. By itself, this is very interesting. First, we find that four out of five of those associated with an evangelical church believe in God as a personal being and Jesus as His Son who was raised from the dead. Unfortunately, it also means we are starting with one-fifth of those still associated with an evangelical church who either don't believe in God or in Jesus as His Son. It is interesting to note that one-third of mainline Protestants and nearly half of Catholics have this same attitude of unbelief. However, the number of evangelicals who believe in God and Christ is still a significant number and is 28% of the total population of 18- to 23-year-olds in America. When we add in the mainline and Catholic believers, we find approximately half of all young adults have a correct view of God and Jesus at this very basic level. Although half is not what we would like, it is probably more than we would expect to find with active Christians.

But when we add in the concepts that only people whose sins are forgiven through faith in Jesus Christ go to heaven and that there is only one true religion, the number of evangelicals in this age group who agree drops to 38%. Thus, only one in three ascribe to the most basic beliefs of evangelical Christianity. When we add in mainline Protestants and Catholics, the percentage of young Americans who believe in salvation only through Jesus Christ drops to less than one in five.

When one adds in the concepts that faith is important, that demons are real beings, and that there are some actions that are always right or wrong, and combine those with attending a worship service at least two times a month, the number among evangelicals drops to less than one in five. That is, four out of five young evangelicals do not agree with these basic concepts. For mainline Protestants and Catholics, the

percentages are 9% and 2%, indicating that almost none of them have a basic set of Christian beliefs. Combining these together shows that only 7% of all young adults hold to these basic beliefs.

Clearly, we have a major disconnect of belief for this age group, even among those who are associated with an evangelical church. As we probe beyond God and Jesus, we find that most of them do not have a set of beliefs consistent with the basic truths of the Bible.

In his book, Smith points out that for emerging adults “evidence and proof trump blind faith.”^{3} By this he means that most emerging adults view scientific views as based on evidence and truth while religious beliefs are simply blind faith. As one young person put it, “I mean there is proven fact and then there is what’s written in the Bible—and they don’t match up.”^{4} Or as another young person put it, “You have to take the Bible as symbolic sometimes. If you take it as literal there’s definitely a problem. There’s scientific proof [that contradicts it]. So you have to take it piece by piece and choose what you want to believe.”^{5}

The interesting result of this belief is that it does not primarily apply to the extremely small segment of the Bible which some might consider at odds with scientific theories (e.g., creation of the universe). Rather, they apply it to things like teachings on sexuality, the uniqueness of Jesus, and the beginning of life. So they use the excuse of science to modify any beliefs taught by the Bible that are inconsistent with current cultural beliefs.

Religious Practices

Perhaps we have now found the truly religious 18- to 23-year-olds among the one-out-of-four evangelicals that express a set of core religious beliefs. Even if we add another seven questions on belief in things like life after death, heaven,

judgment day, and miracles, we still have almost 15% of evangelical young adults who answer correctly. However, if this 15% is the core group of believers, then their religious behaviors will match their beliefs.

If this group of young adults is the core group, we would expect them to pray on a daily basis and to read the Bible at least once per week. When asked those questions, less than one in ten evangelical emerging adults hold the religious beliefs and engage in the religious practices. In fact, nearly half of those with the core beliefs do not read their Bibles or pray. When we add on questions about whether they are interested in learning more about their faith and have shared their faith with someone else, the number drops to less than one in twenty of the evangelical young adults. So, over 95 out of 100 young people affiliated with evangelical churches do not believe and practice their belief. Sadly, if we look at those who do these things and attend Sunday School or some weekday group and have read a devotional book in the last year, the number drops to 3% of evangelicals.

This data clearly shows that, for 18- to 23-year-old evangelicals, beyond a belief in God and Jesus there is no common set of beliefs and practices. Virtually every evangelical young adult will depart from the faith on one or more basic core beliefs and practices. It appears that there is *no common core group* of dedicated faithful believers among this age group.

As Christian Smith points out, emerging adults view religious ideas as a cafeteria line where you take the ones you like and leave the rest behind. As he says, "People should take and use what is helpful in it, . . . and they can leave the rest. . . . At least some parts of religions are 'outdated.' Emerging adults are the authorities for themselves on what in religion is good or useful or relevant for them."[6](#) As one of the emerging adults put it, "Instead of fighting various religions, I just kinda combined religious ideas that were

similar or sounded good.”[\[7\]](#) So, since the emerging adult is the authority on what religious beliefs to accept rather than the Scriptures, their culture determines their religious beliefs rather than the other way around.

Cultural Beliefs

The data from this survey indicates that there is not a set of doctrinally pure religious believers in the 18 to 23 age range. But perhaps they are clearer on cultural beliefs that should be informed by their faith. To make the analysis easier we will consider two different sets of beliefs. The first set looks at their beliefs about creation, waiting on sex until marriage, and respect for religion in America. The second set considers living meaningful but not guilty lives, caring about the poor, and being against unmarried sex and divorce.

When asked about the creation of the world, approximately half of the evangelical emerging adults said that God created the world without using evolution over a long period of time to create new species. Only one in four young evangelicals believe they should wait to have sex and don’t need to try out sex with their partner before they get married. Interestingly, only 16% of mainline Protestants and less than one in ten Catholic young adults believe the same way. As Smith points out, this belief is odd given the numerous studies which show that couples who do not live together before marriage have a significantly greater chance of success than those who do. Forty-eight percent of evangelicals have respect for organized religion in this country and believe it is ok for religious people to try to convert other people to their faith. However when we combine these three beliefs together, i.e. about creation, sex, and evangelism, we find that only one in ten evangelicals, one in twenty mainline Protestants, and only one in a hundred Catholics agree with all three of these areas. Then when we look to see how many have the religious beliefs and practices *and* believe these cultural topics, we find that

only 8 evangelicals (< 1%) and no mainline Protestants or Catholics qualify. Thus, we have only 8 people out of over 2500 who have a consistent set of evangelical religious beliefs, religious practices, and cultural beliefs.

Of course that is only a small subset of the cultural beliefs that should be impacted by our religious beliefs. Let's look at few more. Let's consider those who have not felt guilty about things in their life over the last year, who believe their life is meaningful and that they can change important things in their life as needed. We find that approximately one-third of each of the major groups agree with these statements. If we look at how many don't need to buy more and who care about the needs of the poor, we find that about one in four of all young adults agree with these objectives. However, when we combine these two areas, we find that only about one in ten young adults agree. Now add in the idea that unmarried sex and divorce are not okay, a statement with which 28% of evangelicals and 14% of all emerging adults agree. When we combine all three of these belief areas, we discover that only 2% of evangelicals agree with all three areas. If we combine these areas with religious beliefs and practices, we find that only four evangelicals (or less than one in two hundred) agreed.

When we combine both sets of cultural beliefs with the religious beliefs and practices, we find that there is one emerging adult out of over 2500 who agrees with those beliefs.

In both sets of data above, we considered questions dealing with sexual activity. In the first, we saw that the idea of waiting to have sex until marriage was rejected by three out of four of the evangelical, emerging adults. In the second set of data, we saw that a similar number believe that unmarried sex and divorce are okay. These beliefs are clearly counter to the teaching of Christianity, but they are dominant beliefs among evangelical, emerging adults. As Christian Smith put it, "[M]ost emerging adults reduce a certain cognitive dissonance

they feel—arising from the conflict of religious teachings against partying and sex before marriage versus their wanting to engage in those behaviors—by mentally discounting the religious teachings and socially distancing themselves from the source of those teachings.” In other words, they discount any religious teachings that would discourage them from doing what the culture promotes as acceptable, contrasted with the Bible which says, “Love not the world neither the things of the world. For all that is in the world, the lust of the flesh and the lust of the eyes and the boastful pride of life, are not of the Father but are of the world.”[\[8\]](#)

Cultural Practices

Perhaps the disturbing cultural beliefs are belied by the cultural practices. Let’s look at some of the relevant cultural practices addressed in the National Study on Youth and Religion. Let’s begin with the number of people who have not smoked pot or engaged in binge drinking in the two weeks before the survey. Among evangelical, emerging adults over half (54%) have not engaged in these two activities. Of course this also means that almost half of them have engaged in one of both of these activities. Amongst Catholic emerging adults, two out of three have engaged in these behaviors.

How many have not engaged in viewing X-rated videos in the last year or unmarried sex (including oral sex)? This number begins at approximately one third of evangelicals not engaging in unmarried sex but drops to only one fifth when X-rated videos are added. So, 4 out of 5 evangelical, emerging adults are engaged in sexual sin, most of them on a regular basis.

On another venue of behavior, how many emerging adults have given money for charitable purposes, volunteered, and don’t admire people based on how much money they have? We find that approximately 15% of evangelicals, mainline Protestants, and Catholics have done so. So, over 8 out of 10 have not given of themselves to help others.

Certainly Christians are called to “give thanks in all circumstances” (1 Thess. 5:18) and to “set their minds on heavenly things” (Col. 3:2). So let’s consider those who are grateful for the present and sometimes think about the future. This includes about half of all emerging adults. Thus, over half of emerging adults seldom give thanks and rarely think about the future.

Now let’s combine these thoughts and actions together and we find that only about 2% of all emerging adults hold to a biblical set of practices. So even though over half hold to a belief in abstaining from drugs and binge drinking, one-fifth affirm abstaining from illicit sexual activity, half hold to an attitude of gratitude for the present and the future, and 15% have given in some way of their time or money, when you combine them together only 2% have done all four items.

If we combine the four categories, Religious Beliefs, Religious Practices, Cultural Beliefs, and Cultural Practices, we find that no one holds to the set of beliefs which are most consistent with Scripture.

Conclusions

There are many conclusions that could be drawn from the data above. Two of the most important conclusions are as follows. First, the basic religious beliefs of emerging adults largely depart from the Bible, and when you add in religious practices and cultural beliefs and practices we find that no one maintains a distinctly biblical worldview. Second, there does not appear to be uniformity in the beliefs of emerging adults. Rather than having a subset of evangelicals, say 15%, holding to a distinctly biblical worldview, you end up with none because they trip up in different areas.

As Christian Smith pointed out, “emerging adults felt entirely comfortable describing various religious beliefs that they affirmed but that appeared to have no connection whatsoever to

the living of their lives.”{9} This is because religious teachings are not the authority on this world. Rather, it is what you choose to believe that is your authority for the “truth” in your life. As one emerging adult put it, “I think that what you believe depends on you. I don’t think I could say that Hinduism is wrong or Catholicism is wrong . . . I think it just depends on what you believe.”{10} This concept results in a set of evangelical, emerging adults who don’t hold to a set of common beliefs about God, Jesus, religion, and cultural practices, but instead hold to a wide variety of beliefs which are counter to the Bible. We must not say because they go to church that they believe the truth of the Bible. This survey shows that almost certainly they do not.

At Probe, we are committed to making a difference in this emerging generation. Over the next decade, we are committed to freeing the minds of 50 million Christians and converting them into confident ambassadors for Christ. If we and others like us are not successful, the children of these emerging adults may have no Christian example to follow.

Notes

1. Christian Smith and Patricia Snell, *Souls in Transition: The Religious and Spiritual Lives of Emerging Adults* (New York: Oxford University Press, 2009), 101.
2. www.thearda.com/Archive/Files/Descriptions/NSYRW3.asp, “The National Study of Youth and Religion, www.youthandreligion.org, whose data were used by permission here, was generously funded by Lilly Endowment Inc., under the direction of Christian Smith, of the Department of Sociology at the University of Notre Dame.
3. Smith and Snell, *Souls in Transition*, 158.
4. Ibid., 158.
5. Ibid., 158.

6. Ibid., 157.

7. Ibid., 157.

8. 1 John 2:15-16 (NASU)

9. Smith and Snell, *Souls in Transition*, 155.

10. Ibid p. 156

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See Also:

[Emerging Adults and the Future of Faith in America](#)

[Emerging Adults A Closer Look](#)

[The Importance of Parents in the Faith of Emerging Adults](#)

[Cultural Captives – a book on the faith of emerging adults](#)

Emerging Adults: A Closer Look at Issues Facing Young Christians

“Emerging adults” is a term coined by sociologists to capture the new reality of 18- to 30-year-old Americans who have not fully assumed the responsibilities of classic adulthood. In previous articles, we looked at disturbing information on the beliefs of emerging adults in America from surveys by Christian Smith of Notre Dame, by Probe Ministries, and by others. In them, we found clear evidence of accelerating erosion in accepting and adhering to basic biblical truths for living, even among those who were born again. Our emerging cultural milieu of pop post-modernism is clearly taking many young adult Christians captive to the “philosophies of men”

(Col. 2:8). Here we will take a closer look at the erosion of belief in several important areas.

✖ Christian Smith and his fellow researchers at Notre Dame published an initial book, *Souls in Transition*, covering the results of their 2008 survey of the religious beliefs and actions of emerging adults from age 18 through 23. We discussed their findings in two earlier articles: [Emerging Adults and the Future of Faith in America](#), and [Emerging Adults Part 2: Distinctly Different Faiths](#). Their deep distress over some of the results of their surveys and interviews led them to publish a follow-up book in 2011 entitled *Lost in Transition: The Dark Side of Emerging Adulthood*. In this book, they focus on five specific areas of concern identified by their earlier research:

1. *Moral aimlessness*
2. *Materialistic consumerism*
3. *Intoxicated living*
4. *Deep troubles from sexually liberated behavior*
5. *Lack of interest in civic and political life*

The troubling characteristics of emerging adult life in America in the early years of the twenty-first century remind us of what Paul warned of in 2 Timothy when he wrote: “in the last days difficult times will come. For men will be lovers of self, lovers of money, . . . arrogant, . . . ungrateful, . . . without self-control, . . . reckless, conceited, lovers of pleasure rather than lovers of God, holding to a form of godliness, although they have denied its power” (2 Tim 3:1-5).

One major factor in the growth of these problems is the widespread acceptance of pop post-modernism throughout our culture. As Smith points out, the post-modern theory became

“democratized and vulgarized in U.S. culture” becoming a “simple-minded ideology presupposing the cultural construction of everything, individualistic subjectivism, soft ontological antirealism and absolute moral relativism.”[\[1\]](#)

This popularized post-modern view says there is no objective truth, only the practical truth I choose to live by with my friends. This view leads to a basic disconnect with the teaching of Jesus who claimed His purpose was to “testify to the truth” (Jn. 18:37) because He is the truth.

Dale Tackett, author of The Truth Project, put the problem this way, “When what is right is what’s good for me, you will find all of the moral chaos that we see today.”[\[2\]](#)

In what follows, we will focus on three of the five areas of concern: moral aimlessness, materialistic consumerism, and the lack of interest in civic and political life.

Moral Viewpoint – A Floating Standard

In his study of American emerging adults, Smith found that their morality is adrift with no standard to hold it in place.

What is morality in the first place? Morality is defined as “a system of ideas of right and wrong conduct.”[\[3\]](#) For Christians, this system is set out for us in the Bible, particularly in the Ten Commandments, the teachings of Jesus, and the New Testament epistles. The Bible makes it clear that God is the source of true morality. It is our responsibility to learn and apply His moral precepts. As Jesus said in the Sermon on the Mount, “Let your light shine before men in such a way that they may see your good works and glorify your Father who is in heaven” (Matt. 5:16). Or as Paul instructed in 1Thessalonians, “examine everything carefully; hold fast to that which is good; abstain from every form of evil” (5:21-22). Paul is saying hold fast to the morality taught by Christ.

In a Christian nation, how can there be any confusion about morality? Well, sixty percent of emerging adults say that “morality is a personal choice, entirely a matter of individual decision. Moral rights and wrongs are essentially matters of individual opinion, in their view.”^{4} And where do these opinions come from? One emerging adult put it this way, “Like just kinda things that I thought up, that I decided was right for me. So I don’t know. I honestly don’t. It just kinda came outta thin air.”^{5} So, we can either look for the Bible as the source of our morality or we can just create it out of thin air.

When faced with a moral choice, almost half of them said they would do what made them feel happy or would help them get ahead. Less than one out of five said they would “do what God or the scripture” says is right. Many of them said they would not really know if their choice was right or wrong until after it was done and they could evaluate how they felt about it.

Not only do they not look to the Bible or society for their moral compass; they believe that it is morally wrong to assume there is a common morality that applies to all. Because we must be tolerant and accept other’s views as right for them, we must not apply our moral precepts to their actions. As Smith put it, “Giving voice to one’s own moral views is itself nearly immoral.” What they fail to realize is that complete moral relativism and tolerance actually dishonor the beliefs of others. With this view, they cannot accept new views which are superior to their own or act to correct views which are inferior. What someone else thinks is about morality is immaterial to them.

This type of thinking will ultimately lead to disaster for the people embracing it. As Chuck Colson said, “So often, the great disasters (of the past) were caused by people disregarding God’s standard of right and wrong and doing what was right in their own eyes . . . We’ve stopped moral teaching in our country and we are seeing the inevitable consequence of

failing to teach moral values to a culture. We are seeing chaos.”[{6}](#)

The whole topic of morality is not something most emerging adults give much thought to. One third of them could not think of any moral dilemmas that they had faced in their lives, while another third of them offered examples that were not actually moral dilemmas. For example, one of them stated, “I guess renting the apartment thing, whether or not I would be able to afford it.” That is a dilemma but it is not a moral dilemma. So through their education from their parents and schools, the vast majority of emerging adults really have not gained a good working knowledge of the concept of morality much less its importance to society. Yet in 1 Peter, Peter makes it clear that our moral actions are one of the most important ways that Christians can share the good news of Jesus Christ. As he said, “For such is the will of God that by doing right you may silence the ignorance of foolish men” (2:15).

Consumerism – The True Objective of Life

What impact has consumer culture had on the lives of emerging adults?

As Christians, our lives are to be about far more than how much we are able to consume. Jesus never gave his disciples instructions on how to increase their economic wealth. Instead, He sent his disciples out to minister with little more than the clothes on their backs. Similarly, Paul learned to be content with whatever the Lord provided. He states, “I know how to get along with humble means, and I also know how to live in prosperity; in any and every circumstance I have learned the secret of being filled and going hungry, both of having abundance and suffering need. I can do all things through Him who strengthens me” (Phil. 4:12-14). To be clear, the Bible does teach us much about how to operate successfully

in the business world. But, it is also clear that our purpose in life is to be focused on things with eternal value and not on how much we can accumulate and consume on this earth.

Yet, as a whole, the young, emerging adults in this nation have missed the call of Christ to focus our lives on the eternal rather than the temporal. Instead, not only have they bought into consumerism as the primary goal of life, but they appear to be unable to consider any shortcomings in a life focused on what they can consume. Smith reports, "Contemporary emerging adults are either true believers or complacent conformists when it comes to mass consumerism."[\[7\]](#)

As one emerging adult put it, "It feels good to be able to get things that you want and you work for the money. If you want something, you go get it. It makes your life more comfortable and I guess it just make you feel good about yourself as well."[\[8\]](#) That statement by itself might not seem so bad until you realize that it is their sole method to feel good about themselves. The more you can consume the better. They miss the balanced view of material things taught in the Bible. For example, in Proverbs we are told,

Give me neither poverty nor riches;

Feed me with the food that is my portion,

That I not be full and deny You and say, "Who is the LORD?"

Or that I not be in want and steal,

And profane the name of my God (Prov. 30:8,9).

In addition, the idea of limiting one's consumption in order to have the resources to help others is foreign to most emerging adults. Many of them would like to see the needs of the starving people met, "just not by me, not now." If they ever reach a state in life where all their consumer desires are met, then they may consider using some resources for

charitable causes. One obvious problem with this approach is that our consumer conscious society always has something new and better that you must purchase and experience.

This attitude is in contrast to that of the Macedonians Paul commends in his second letter to the Corinthian church:

. . . that in a great ordeal of affliction their abundance of joy and their deep poverty overflowed in the wealth of their liberality. For I testify that according to their ability, and beyond their ability, they gave of their own accord, begging us with much urging for the favor of participation in the support of the saints, and this, not as we had expected, but they first gave themselves to the Lord and to us by the will of God (2 Cor. 8:1-6).

Rather than “seeking the kingdom of God and his righteousness” and letting the material things be of secondary importance, most young America adults are seeking consumer nirvana and its false sense of well being. With no external moral compass for guidance, they are unwilling to express concerns about the grossest forms of excessive consumerism. As most of them said when asked, “If someone wants it, who am I to say that they are wrong?” When emerging adults refer to a good life, they talk about what they want to possess rather than the good that they can contribute to the world. I find it sad to think about being remembered for how much I consumed rather than how much I contributed. But this thought does not seem to bother these emerging adults.

Civic and Political Involvement – Not For Me

Let continue by examining another disturbing characteristic of young, emerging adults identified by Christian Smith through his extensive surveys and interviews over the last five years:

their perception of civic and political involvement. Smith summarizes their attitude by saying, "The vast majority of the emerging adults we interviewed remain . . . politically disengaged, uninformed, and distrustful. Most in fact feel disempowered, apathetic, and sometimes even despairing when it comes to the larger social, civic, and political world beyond their own lives." [\[9\]](#) When we consider that the polls and interviews driving this assessment occurred in the summer of 2008 during the perceived youth movement which brought President Obama into office, this result on political involvement is particularly surprising.

Some might say that being actively involved in politics is not the right course of action for Christians. And, thus, they may applaud this result. We certainly agree that our primary purpose as Christians will not and cannot be fulfilled through political action. However, what we are talking about here is not a lack of political activism, but rather a disengagement from active participation in the political process. As Paul instructed Timothy, "I urge that entreaties, prayers, petitions and thanksgivings be made on behalf of all men, for kings and all who are in authority in order that we may lead a tranquil and quiet life in all godliness and dignity" (1 Tim. 2:1-2). We are to be concerned about the impact of government on our lives. If the people Paul were writing to had the right to vote, I am confident he would have said to pray for and exercise your right to vote.

Through his research, Smith identified six different attitudes toward civic involvement among emerging adults. These attitudes are:

1. The apathetic are completely uninterested in politics and make up twenty-seven percent of emerging adults. It is important to note that these individuals were not apathetic in general, just about this area of life.

2. The uninformed said their lack of interest was driven by

their lack of knowledge about the issues and the players. The uninformed made up thirteen percent of emerging adults.

3. The distrustful know a reasonable amount about political issues but do not participate because they distrust the political system and politicians. They believe exercising their right to vote will not make any difference.

4. The disempowered point to their inability to change the world (rather than distrust of the process) as their reason to be uninvolved. Around ten percent of emerging adults fall into this category.

5. The marginally political represent those who expressed some interest in politics but whose interest did not appear to lead to actual involvement in the process. These marginally political emerging adults make up twenty-seven percent of those interviewed.

6. That leaves four percent of emerging adults (all males) who appear to be genuinely political; that is, interested and involved in the process.

In summary, their interviews found two-thirds of the emerging adult population completely uninvolved and almost one-third with a very limited involvement. This meant only four percent considered the process an important responsibility in life.

This seemingly fatalistic view of politics was found to carry over in other areas of civic involvement such as volunteering and charitable giving. Smith summarized their results saying, "Contrary to some of the stories told in the popular media, most emerging adults in America have extremely modest hopes, if any, that they can change society or the world for the better, whether by volunteering or anything else."[10](#) With that perception, providing help to others is not a requirement for righteousness, but simply an optional personal choice that most are not prepared to make.

Thinking back to our earlier discussion on the lack of a moral viewpoint, Smith's research found a significant association between those who believe all morality is relative and individualistic and an attitude of apathy, ignorance, and distrust of the political process. In addition, Smith found a significant relationship between "enthusiasm for mass consumerism and lack of interest in political participation."[\[11\]](#) So these three attitudes (no moral standards, consumer consumption as our primary objective, and no real political or civic involvement) appear to be common elements of the emerging adult belief system.

Emerging Adults – Where Will They Take Us?

One root cause of the attitudes expressed by emerging adults in America is pop post-modern individualism. Each individual must decide what is true for him or her and must not accept a common truth. Therefore, most emerging adults cannot grasp the concept of an objective reality beyond their individual selves that would have any bearing on their lives. As we have seen, this concept undermines their moral compass, their attitudes about consumer consumption, and their involvement in society through politics, volunteering, and charitable giving.

These dominant patterns of emerging adult thought in America should make us consider: "What does it mean?" and, "How can we do something about it?" Some might say it is just the way young people are. We were that way when we were young. They will snap out of it. To that idea Smith would say, "It is a different world today. . . . To think otherwise is to self-impose a blurred vision that cannot recognize real life as it is experienced today and so cannot take emerging adults seriously."[\[12\]](#)

Others may say that is not what I hear on the news. Our young adults are leading a new wave of service and public

involvement. To which Smith would say, “The fact that anyone ever believed that idea simply tells us how flimsy the empirical evidence that so many journalistic media stories are based upon is and how unaccountable to empirical reality high-profile journalism can be. . . . we – without joy – can set the record straight here: almost all emerging adults today are either apathetic, uninformed, distrustful, disempowered, or , at most marginally interested when it comes to politics and public life. Both the fact itself and the reasons for it speak poorly of the condition of our larger culture and society.”[\[13\]](#) He continues: “One tendency is to claim that emerging adults are deeply committed to social justice, passionately engaged in political activism, actively volunteering in their local communities, devoting themselves to building a greener, more peaceful and just world. Almost nothing could be further from the truth.”[\[14\]](#)

Although the vast majority of emerging adults are disengaged from involvement in the public sphere, they are quite engaged in a different way. As Smith points out, “they pursue these private-sphere emotional and relational investments with fervent devotion. . . . progressing yet further toward the nearly total submersion of self into fluidly constructed, private networks of technologically managed intimates and associates.”[\[15\]](#) He is referring of course to their disconnected connections via Facebook, Twitter, and other electronic social media.

We believe that there are several positive actions that we can take as Christians to improve this situation.

First, we need to examine ourselves. Are we living our lives under the direction of the ultimate source of morality, Jesus Christ? Are we consumed by consumerism or are we living for eternity? Are we taking an active part in impacting our society so that we may live godly and peaceful lives for Christ?

Next, we need to recognize that emerging adults under the age of thirty are, for the most part, not taking on the full responsibilities of adulthood. They are still emerging and, consequently, still need coaching. However, as Smith points out, “One of the striking social features of emerging adulthood is how structurally disconnected most emerging adults are from older adults. . . Most emerging adults live this crucial decade of life surrounded mostly by their peers . . . who have no more experience, insight, wisdom, perspective, or balance than they do.”[\[16\]](#) As parents, pastors, co-workers, we should continue to actively engage them in a mentor role. It is important that:

- 1. They understand we look to the Bible as the source for our moral decisions.*
- 2. We are living in this world as citizens of heaven and as such consumer consumption is not our purpose for living.*
- 3. We have a responsibility to be engaged in our society to keep our freedom to lead godly lives serving the Lord.*

The apostle Peter put it this way: “Beloved, I urge you as aliens and strangers to abstain from fleshly lusts which wage war against the soul. Keep your behavior excellent among the Gentiles so that in the thing in which they slander you as evil doers, they may on account of your good deeds, as they observe them, glorify God in the day of visitation” (1 Pet. 2:11,12).

Finally, we need to reach out to emerging adults who are already involved in evangelical churches. We need to let them know that it is okay to engage others with their worldview and their source of truth, Jesus Christ. When they don’t share their worldview with others as a gift from God, they are effectively consigning those others to hell. Probe is in the midst of preparing materials that you can use in your church to directly address these issues.

Christian Smith captured the essence of this problem when he wrote, "Might it be true that the farthest boundary of sight that youth today can envision as real and being worth pursuit is entirely imminent, purely material, and completely mundane?"^{17} As Christians, our boundary extends beyond this universe to the halls of heaven and puts our lives in a new perspective. Let that eternal perspective be seen in every area of your life.

As historian Christopher Lasch put it, "There is only one cure for the malady that afflicts our culture, and that is to speak the truth about it."^{18}

Notes

1. Christian Smith, *Lost in Transition: The Dark Side of Emerging Adulthood* (Oxford University Press, 2011), 15.
2. Del Tackett and Chuck Colson, *The Way Out: God's Solution to Moral Chaos in America*, 2011, www.truthinaction.org/index.php/landing-doing-the-right-thing-full-episode/
3. *American Heritage Dictionary*, s.v. "Morality."
4. Smith, *Lost*, 21.
5. *Ibid.*, 22.
6. Tackett and Colson, *The Way Out*.
7. Smith, *Lost*, 72.
8. *Ibid.*, 73.
9. *Ibid.*, 196.
10. *Ibid.*, 211.
11. *Ibid.*, 218.

12. Ibid., 227.

13. Ibid., 224-5.

14. Ibid., 228.

15. Ibid., 223.

16. Ibid., 234.

17. Ibid., 236.

18. Christopher Lasch, "Give Youth Cause to Believe in Tomorrow," *International Herald Tribune*, December 29, 1989.

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See Also:

[Emerging Adults and the Future of Faith in America](#)

[Emerging Adults Part 2: Distinctly Different Faiths](#)

[The Importance of Parents in the Faith of Emerging Adults](#)

[Cultural Captives – a book on the faith of emerging adults](#)

Emerging Adults and the Future of Faith in America

Steve Cable looks at the results of the National Study on Youth and Religion and concludes the real need for evangelicals in America is not redirecting a pent-up spiritual interest into orthodox Christianity, or overcoming an emotional aversion to organized religion, but instead, demonstrating that spiritual issues are worthy of any real attention at all.

This article examines the trajectory of Christianity in America by looking at what researchers are learning about “the religious and spiritual lives of emerging adults.” This last phrase is the subtitle of a recent book by Christian Smith and Patricia Snell which summarizes the results of a groundbreaking study based on the results of the National Study of Youth and Religion (NYSR).[\[1\]](#) In 2002/3, Smith and his team surveyed over three thousand teenagers and conducted detailed interviews with over 250 of the survey respondents. These same people were surveyed again in 2005 and again in 2007/8. The 2007/8 survey also included over 230 in-depth interviews. Through this effort, we can gain insight not only into the current beliefs and practices of these young adults but also how those beliefs and practices have changed over the five year transition from teenager to young adult.

Emerging Adults: A New Life Stage

These 18– to 23–year–olds represent the future leaders of our nation and our churches and will be the parents of the children who will lead America into the second half of the twenty–first century. Barring a major change in our culture, their attitudes toward Christianity are a preview of the role of Christianity in America in the near future. Those of us committed to Jesus’ Great Commission should recognize the importance of understanding these cultural trends so that we effectively communicate the truth of the gospel to an increasingly confused culture.

Let’s begin by highlighting a few aspects of the culture which shape the thinking and actions of these young adults. The first point that Smith and Snell make is that a new life phase has developed in American culture. The experience of young Americans as they age from 18 to 30 is much different today than during most of the twentieth century. Full adulthood “is culturally defined as the end of schooling, a stable career job, financial independence, and new family formation.”[\[2\]](#)

Four factors have contributed to making the transition to full adulthood an extended, complex process:

- 1. the dramatic growth in higher education*
- 2. the delay of marriage*
- 3. the expectation of an unstable career*
- 4. the willingness of parents to extend support well into their children's twenties*

Because of these factors, most young adults assume that they will go through an extended period of transition, trying different life experiences, living arrangements, careers, relationships, and viewpoints until they finally are able to stand on their own and settle down. Many of those surveyed are smarting from poor life choices and harmful lifestyles, yet they profess to have “no regrets” and are generally optimistic about their personal future when they finally get to the point they are able to stand on their own. Some researchers refer to this recently created life phase as “emerging adulthood,” covering the period from 18 to 29. Through the rest of this article, we will refer to this age range as *emerging adults*. Keep in mind that the surveys and interviews are limited to the range from 18 to 23 and there will certainly be some difference between 29-year-olds and this lower range.

Although, these emerging adults face a period of significant changes, we will see that for many that profess to be Christians, they have already established a set of beliefs and attitudes that have them on a trajectory moving away from a vital Christian walk with Jesus Christ. To put it in the words of Paul, they have already been “taken captive” by their culture (Col. 2:8).

Emerging Adults: Cultural Themes

Through their interviews and the results of other studies, Smith and his team identified over forty cultural themes that

impact the overall religious perspective of emerging adults. A sample of those themes gives a feel for the general cultural milieu shaping the lives of today's emerging adults.

Theme #1: Reality and morality are personal and subjective, not objective.

Most emerging adults cannot even conceive of, much less believe in, the existence of a common shared reality that applies to all people. According to Smith and Snell, "They cannot, for whatever reason, believe in—or sometimes even conceive of—a given, objective truth, fact, reality, or nature of the world that is independent of their subjective self-experience and that in relation to which they and others might learn or be persuaded to change. . . . People are thus trying to communicate with each other in order to simply be able to get along and enjoy life as they see fit. Beyond that, anything truly objectively shared or common or real seems impossible to access."[\[3\]](#) It appears that the perceived inability to know objective truth causes emerging adults to settle for getting along and enjoying life as the highest good they can aspire to. This cultural theme is driving them into the life of vanity Solomon warns us of in Ecclesiastes rather than the life of higher calling Paul knew when he wrote:

One thing I do: forgetting what lies behind and reaching forward to what lies ahead, I press on toward the goal

This subjective view of reality is clearly reflected in the conversations of emerging adults. Based on their interviews, the authors report,

The phrase "I feel that" has nearly ubiquitously replaced the phrases "I think that," "I believe that," and "I would argue that"—a shift in language use that express[es] an essentially subjectivistic and emotivistic approach to moral reasoning and rational argument . . . which leads to speech in which claims are not staked, rational arguments are not developed,

differences are not engaged, nature is not referenced, and universals are not recognized. Rather, differences in viewpoints and ways of life are mostly acknowledged, respected, and then set aside as incommensurate and off limits for evaluation."[{4}](#)

Our young people are growing up into a culture where there is no context for real dialogue about truth and truth's impact on our life choices.

The inability to believe in or search for objective truth stands in contrast to Jesus' claims that He came "to testify to the Truth" (John 18:37) and that He is "the Truth" (John 14:6) and Paul's instruction to Christians to "speak the truth in love" (Eph 4:15).

Without any concept of an objective standard, morality is determined by one's individual feelings. If you feel good about an action then it is right. If you feel bad about an action it is wrong. Most emerging adults would say, "If something would hurt another person, it is probably bad; if it does not and is not illegal, it's probably fine."[{5}](#)

Theme #2: It's up to the individual, but don't expect to change the world.

Most emerging adults have no concept of a common good that would motivate us to put another's interests ahead of our own or to attempt to influence another's behavior for the common good. "The most one should ever do toward influencing another person is to ask him or her to consider what one thinks. Nobody is bound to any course of action by virtue of belonging to a group or because of a common good."[{6}](#)

The authors continue:

Again, any notion of the responsibilities of a common humanity, a transcendent call to protect the life and dignity

of one's neighbor, or a moral responsibility to seek the common good was almost entirely absent among the respondents. . . .{7}

Most emerging adults in America have extremely modest to no expectations for ways society or the world can be changed for the better. . . . Many are totally disconnected from politics, and countless others are only marginally aware of what today's pressing political issues might be. . . . The rest of the world will continue to have its good and bad sides. All you can do is live in it, such as it is, and make out the best you can.{8}

Theme #3: Uncertain about purpose, but consumerism is good stuff.

Most emerging adults are still unsure as to what their purpose in life might be. Is there something greater that they should devote themselves to? Lacking any concept of a common good takes the teeth out God's command to "love your neighbor as yourself" (Matt 22:39) and to "regard others as more important than yourself, do not merely look out for your own personal interests, but also for the interests of others" (Phil 2:3–4).

Self-sacrifice for others was clearly not a part of their life purpose, but almost all of them are sure that being able to buy the things they want and to live a comfortable affluent lifestyle are key aspects of their purpose. There does not appear to be any tension in their thinking between loving God and loving material things as well. "Not only was there no danger of leading emerging adults into expressing false opposition to materialistic consumerism; interviewers could not, no matter how hard they pushed, get emerging adults to express any serious concerns about any aspect of mass-consumer materialism."{9} In this cultural environment, Jesus' admonition in Luke 12 is desperately needed:

Beware, and be on your guard against every form of greed; for

not even when one has an abundance does his life consist of his possessions (Luke 12:15).

Theme #4: Sex is not a moral issue.

Partying, hooking up, having sex, and cohabitating are generally viewed as an essential aspect of the transition from teen years to adulthood. This cultural theme creates a dissonance with their attitude toward serious practice of religion since they recognize that most religions are not favorable towards partying and sex outside of marriage. Choosing to ignore any religious moral teaching from their teen years, “the vast majority of emerging adults nonetheless believe that cohabiting is a smart if not absolutely necessary experience and phase for moving toward an eventual successful and happy marriage. . . . None of the emerging adults who are enthusiastic about cohabiting as a means to prevent unsuccessful marriages seem aware that nearly all studies consistently show that couples who live together before they marry are more, not less, likely to later divorce than couples who did not live together before their weddings.”[\[10\]](#)

Emerging Adults: Cultural Perspective on Religion

Within these broader cultural themes, Smith and Snell identified a set of prevailing religious cultural themes which create a framework for how many emerging adults view religion. These themes were dominant messages across the 230 interviews and the survey results, but do not reflect the views of all emerging adults.

Feelings towards religion

The general feelings of emerging adults toward religion appear to be driven by their years of diversity training and adherence to religious pluralism. Religion does not seem to be

viewed as a controversial topic by emerging adults. They are not averse to talking about religion, but they are not very likely to bring it up for discussion. As the authors discovered,

there are many more important things to think and talk about. In any case, for most it's just not a big issue, not a problem, nothing to get worked up over. . . . For very many emerging adults, religion is mostly a matter of indifference. Once one has gotten belief in God figured out . . . and . . . feels confident about going to heaven . . . there is really not much more to think about or pay attention to. In this way, religion has a status on the relevance structures or priority lists of most emerging adults that are similar to, say, the oil refinery industry.[*{11}*](#)

Even though they realize that religions claim to be different and to have the truth, most emerging adults believe that all religions share the same basic principles. Basically, religion is about belief in God and learning to be a good person. One respondent put it this way: "The line of thought that I follow is that it doesn't matter what you practice. Faith is important to everybody, and it does the same thing for everybody, no matter what your religion is." Another said, "I find it really hard to believe that one religion is exactly true. I would say that if anything's right, it would be probably something common in most religions."[*{12}*](#)

Consequently, even for the faith that you affiliate with it is fine to only select those aspects that feel right to you and mix in aspects from other faiths to find what works for you.

Purpose of religion

All major world religions answer the major questions of life: Where did I come from? Why am I here? What happens when I die? Is there anything I can do during this life which will impact what happens to me after I die? Consequently, religions

provide a perspective on how to be in a right relationship with our creator during this life and how to maximize our benefits in the afterlife (or after-lives, for some religions). However, most emerging adults take a more pragmatic view. According to the interviews, “The real point of religion, ultimately, in the eyes of most emerging adults, is to help people be good, to live good lives.”{13}

In fact, it is not really important if they have true answers to these key questions. As one of the interviewees stated, “What do you mean by religious truth? Because all religions pretty much have a good message that people can follow. I would say that basic premise of the religions, like where they get their message from, is false, but the message itself is good.”{14}

Kids learn right and wrong from church activities. “By the time a kid becomes a teenager or young adult, that person has pretty much learned his or her morals and so can effectively ‘graduate’ and stop attending services at the congregation. What is the point, after all, of staying in school after you have been taught everything it has to teach?”{15}

The results of this research confirm that the “cultural captivity” or “sacred/secular split” (identified by [Nancy Percy](#) as a major challenge for American Christianity) is a dominant factor among emerging adults. Most emerging adults have religious beliefs, but “they do not particularly drive the majority’s priorities, commitments, values, or goals.” One observed, “I don’t think it’s the basis of how I live, it’s just, I guess I’m just learning about my religion and my beliefs. But I still kinda’ retain my own decision or at least a lot of it on situations I’ve had and experiences.”{16}

Perhaps the most chilling quote from Smith and Snell is their conclusion on this theme: “It was clear in many interviews that emerging adults felt entirely comfortable describing various religious beliefs that they affirmed but that appeared

to have no connection whatsoever to the living of their lives.”{17}

These insights make it very clear that it is not enough to equip teenagers with a set of basic Christian doctrines that define a good Christian. We must also get them to understand that these truths relate to the real, everyday world, and that we can trust them to inform and enlighten our daily choices, attitudes, and activities.

Some of the other themes identified by Smith and Snell are listed below:

- *The family’s faith is associated with dependence.*
- *Religious congregations are not a place of real belonging.*
- *Friends hardly talk about religion.*
- *Moral Therapeutic Deism (MTD) is still alive and well. (see [“Is This the Last Christian Generation.”](#))*
- *What seems right to me” is authoritative.*
- *Take or leave what you want.*
- *Evidence and proof trump “blind faith.”{18}*
- *Mainstream religion is fine, probably.*
- *Religion is a personal choice—not social or institutional.*
- *There is no way to finally know what is true.*

Emerging Adults: Trends in Religious Participation and Belief

What impact does this postmodern cultural milieu have on the religious lives of emerging adults? The survey results provide a lot of insight into that question.

First we find that these emerging adults are much less involved in organized religion and personal religious practice than are older adults. For example, the percentage of emerging adults praying daily is only about two-thirds of the percentage of Baby Boomers who currently are daily pray-ers.

Similarly, the percentage of emerging adults who regularly attend worship services is only about half of the percentage of Baby Boomers who currently are regular worship service attendees. It is important to note that when these metrics are compared against the behavior of Baby Boomers when they were in their twenties, the Baby Boomers had numbers that were almost as low as today's emerging adults. This comparison gives some reason to believe that today's emerging adults will exhibit increased levels of religious involvement as they mature.

However, before banking on that historical trend, we need to remember that these emerging adults will be entering their thirties in a culture very different than the culture of the late 70s and early 80s. During this period, as Smith points out, "the larger popular culture of that era was still oriented around the outlook of ideological modernity." This outlook supported the ideal that if we applied ourselves diligently we could uncover absolute truths on which to base a successful life. Today's emerging adults are immersed in a postmodern culture that "stressed difference over unity, relativity over universals, subjective experience over rational authorities, feeling over reason." In this cultural environment there is little reason to be hostile toward organized religion, but there is also little reason to pursue it either.

The effects of this can be seen in two major differences between the religious practices of Baby Boomers during their early twenties and those of today's emerging adults. First, the survey results show that the number of mainline Protestants and Catholic young adults regularly attending church has dropped by almost fifty percent from the 1970s to today. Today, less than fifteen percent of Catholic emerging adults and less than ten percent of mainline Protestants attend religious services on a weekly basis. In contrast, the attendance percentage for evangelical Protestants has actually

grown slightly over the same time period. Second, the number of young adults who identify themselves as not religious or as a religious liberal has grown from thirty-seven percent in 1976 to sixty-one percent in 2006; an increase of sixty-five percent.

The NSYR not only gives us insight into the differences between generations and age groups, it also lets us examine the changes in the practices and thinking of these young people as they moved from teenage high school students into their early twenties. For our purposes, we will look at two primary areas of change: religious affiliation and religious beliefs. At the top level, these surveys show that there is a high degree of continuity in these two areas. That is, the majority of the young adults surveyed have retained the same affiliation and basic beliefs through this five year period. At the same time, there is a large minority that has experienced changes in these areas.

Over one third of the emerging adults surveyed are now affiliated with a different religious group than they were five years ago. On the positive side, twenty-five percent of those who originally identified themselves as Not Religious are now affiliated with a Christian religion (mostly evangelical denominations). However, over the same period, seventeen percent of those who originally identified themselves as Christian now identify themselves as Not Religious. The greatest changes were seen among mainline Protestant denominations where fully one half of the emerging adults changed their affiliations with half of those identifying as Not Religious and most of the rest now affiliated with evangelical Protestant denominations.

Lest we mistake these changes for a positive trend, keep in mind that the absolute number of emerging adults converting to Not Religious is five times the number of those converting from Not Religious to a Christian affiliation. In fact, when we analyze the change in religious beliefs and activities as

those surveyed moved from teenagers to emerging adults, we find that over forty-one percent of them became less religious over the five year span while only 3.6 percent of them became more religious during that period.

If we define cultural captivity as looking to the culture rather than to Christ and the Bible as truth and our primary guide for living, then the following seven beliefs would give a good indication of someone who is not culturally captive.

**Percent of those surveyed who ascribed
to a particular religious belief**

Belief	U.S.	CP		MP
	2008	2003	2008	2008
My religious faith is very or extremely important in shaping my daily life.	44	70	57	33
Jesus was the Son of God who was raised from the dead.	68		83	59
Only people whose sins are forgiven through faith in Jesus go to heaven.	43		64	33
Only one religion is true.	29	49	45	22
Morals are not relative; there is a standard.	51		65	50

God is a personal being involved in the lives of people today.	63	79	74	57
Demons or evil spirits exist.	47	66	63	32
Ascribe to seven biblical beliefs above (based on 2008 affiliation).	10		22	10

CP – Conservative Protestant MP – Mainline Protestant

As seen in the last row of the table, nine out of ten emerging adults do not hold to a consistent set of basic biblical teachings. For those affiliated with an evangelical Protestant church the number drops to about eight out of ten, an alarming figure for denominations which stress the authority and accuracy of the Bible. For those affiliated with a mainline Protestant church, the number remains at nine out of ten, consistent with the average for all emerging adults.

Christian Smith and other researchers suggest that one interpretation of this data is that it is a result of the success of liberal Protestantism capturing the culture. The views taken by the majority of emerging adults are more consistent with those espoused by liberal Protestant theologians than by those espoused by conservative theologians. However, this success has the effect of making mainline Protestant churches irrelevant to the younger generations since the church offers the same relativism as the culture.

Emerging Adults: Teenage Factors

Influencing Current Behavior

One topic of interest to evangelicals is what aspects of a teenager's life will most impact their religious beliefs and behaviors as an emerging adult. In his study, Smith analyzed the religious trajectories from the teenage years into emerging adulthood. As these teenagers left home for college and careers, moving out from under the more or less watchful eyes of their parents, how did their religious beliefs and behaviors change? Overall, they found a significant decline in religiousness with the percent of the group that was highly religious dropping from thirty-four percent in 2003 down to twenty-two percent in 2008. Basically, one in three highly religious teenagers is no longer highly religious as an emerging adult.

Smith and his team used statistical analysis techniques, comparing the original teenage survey results with the emerging adult survey results taken five years later, to identify the factors in teenage lives that were associated with significantly higher levels of religiousness during emerging adulthood. The teenage period factors they found consistently very important in producing emerging adults with higher involvement in their religion were:

- *frequent personal prayer and scripture reading*
- *parents who were strongly religious*
- *a high importance placed on their own religious faith*
- *having few religious doubts*
- *having religious experiences (e.g., making a commitment to God, answered prayers, experiencing a miracle)*

Some teenage practices had a surprisingly weak correlation with emerging adult religious involvement. These weaker factors included:

- *level of education*

- frequency of religious service attendance
- frequency of Sunday School attendance
- participating in mission trips
- attending a religious high school

Let's explore some of these influencing factors to see what lessons we can glean.

Religiously Strong Parents

First, teenagers who view their parents as strongly committed to their religion are more likely to be highly religious as emerging adults. Even though the teenage years begin the process of developing independence from one's parents, it does not mean that what parents think, do, and say is not important. As Smith points out,

the best empirical evidence shows that . . . when it comes to religion, parents are in fact hugely important . . . By contrast it is well worth noting, the direct religious influence of peers during the teenage years . . . proved to have a significantly weaker and more qualified influence on emerging adult religious outcomes than parents. Parental influences, in short, trump peer influences.[*{19}*](#)

Note this result is true regardless of whether the emerging adult felt close to their parents during their teen years. These results led Smith to chastise American adults for swallowing the myth that "parents of teenagers are irrelevant." He encourages us not to back away from discussing and promoting our religious beliefs with our children during their teenage years when they are first able to begin asking some of life's basic questions.

Personal Religious Disciplines

Second, the analysis showed that it was not participation in religious events, trips, or peer groups, but rather commitment

to individual religious disciplines that was a strong factor in predicting high religious involvement as an emerging adult. In other words, putting teenagers into a religious setting is not sufficient. However, if they come to the point where they realize the value of personal interaction with God through prayer and Scripture, they are much more likely to continue in that path. One reason for that correlation is that the practice of personal devotion which is *not* directly observed by peers, parents, or youth leaders, indicate a teenager that has placed a high value on the role of God and His truth in their lives. Another reason is that a consistent intake of God's truth helps to confirm the power and validity of the Scriptures as our guide for living. As Jesus told his followers, "If you abide in My Word, you are truly disciples of mine and you will know the truth and the truth will set you free" (John 8:32).

One take-away from this finding: perhaps we should judge the success of our youth groups less on the number of teenagers attending events, trips, and classes and more on the number who are committed to personal spiritual disciplines because they recognize the value they bring. Perhaps it is worth risking the "attendance hit" of having fewer fun times in order to teach them the importance of "longing for the pure milk of the Word" (1 Peter 2:2).

College vs. Culture

One somewhat surprising result dealt with the impact of college attendance on religious faith and practice. Prior research on Baby Boomers has shown that higher education had an undermining effect on the religious and spiritual lives of young adults in these preceding generations. Many of us Baby Boomers discovered that the social network of our high school years which was generally supportive of religious belief and involvement was in stark contrast to our college campus where those beliefs were often viewed as backward and inappropriate for a college educated person. This environment contributed to

a higher decline in religiousness among college attendees compared to those who did not attend college. Today, however, several studies, including the NYSR, have shown that “in fact those who do not attend college are the most likely to experience declines in religious service attendance, self-reported importance of religion and religious affiliation.”[\[20\]](#) For most measures, the differences are not large, but they are certainly counter to the results from the 70s and 80s.

Smith and other researchers have suggested several reasons for this major change. These possible causes include:

- *the growing influence of campus-based religious groups*
- *colleges changing attitudes to be more supportive of religious interests*
- *a growing number of committed Christian faculty*
- *the growth of religious colleges and universities*
- *the major long-term decline in American college students' interest in answering questions about the meaning of life*
- *the influence of postmodern relativism which undercuts the authority of the professors as a source of truth*
- *adolescents who are less rebellious and more conventional than earlier generations*

However, I would suggest that if all of these factors were significant, we should see less decline in religiousness from the teen to emerging adult years than we saw for the Baby Boomer generation. As we saw earlier, this is not the case. The decline in religious involvement and belief is greater for today's emerging adults as a whole than it was for the Baby Boomers. The transition period is just as corrosive if not more so. A reasonable conclusion would be that the culture itself has become just as corrosive as the college. Movies, television, music, and public schools are promoting the same counter-religious message once found primarily in academia.

Other studies have found that many teenagers have already conformed to the culture in their “real lives” before leaving high school and are maintaining the appearance of religiousness to please their parents and authority figures. Once they leave that environment to attend college or pursue a career, they are relieved to be able to set aside their faux religion and focus on their real-life pursuits.

One conclusion I would propose is that this data shows that the types of training and perspective that Probe offers to prepare students for the college environment are equally important for those students who are not headed for college. All teenagers need to be shown why they should value the perspectives taught in the Bible over the perspectives of their popular culture because the biblical perspectives are rooted in verifiable reality rather than the subjective postmodern morass of our popular culture.

Emerging Adults: Exposing Some Myths

As is often the case, a careful examination of well-designed cultural research identifies weaknesses in popularly held perceptions of reality; that is, facts often expose myths. Let’s look at three popular myths that must be modified or discarded in the light of the NYSR results.

Myth 1: Emerging adults are very spiritual but are not into religion.

A popular perception is that although most young adults are not that interested in the external practice of organized religion, they are strongly committed to a personal faith and development of their spirituality. Although their outward involvement has declined, their inward commitment remains strong and their public involvement can be expected to return as they settle down into marriage and children. However, the data does not support this perception. As Smith states,

“little evidence supports the idea that emerging adults who decline in regular external religious practice nonetheless retain over time high levels of subjectively important, privately committed, internal religious faith. Quite the contrary is indicated by our analysis.”[\[21\]](#)

Smith and his team used the survey responses to categorize the respondents into six different religious types. Four of these types, representing seventy percent of emerging adults, are generally indifferent to both traditional religions and spiritual topics. Of the remaining thirty percent, half of those are what Smith labels Committed Traditionalists who are actively involved with organized religion. Another half of the remaining (i.e., fifteen percent of the total) are labeled Spiritually Open. It is important to understand that Spiritually Open is not the same as Spiritually Interested. Smith reports, “Most are in fact nothing more than simply *open*. They are not *actively* seeking, not taking a lot of initiative in pursuit of the spiritual.”[\[22\]](#) So, when the data is analyzed, it appears that less than five percent of emerging adults could be considered as spiritual but not religious.

Consequently, it appears that the challenge for the church is not redirecting a pent-up spiritual interest into orthodox Christianity, but, instead, demonstrating that spiritual issues are worthy of any real attention at all.

Myth 2: Emerging adults are hostile toward the church.

Several recent books have suggested that the dominant attitude of unchurched young adults is one of critical hostility toward the church.[\[23\]](#) Their research suggests that emerging adults view the church as hypocritical, hateful and irrelevant. Although he acknowledges that some of these feelings exist, Smith believes that the data demonstrates that these attitudes are not as prevalent as others suggest. In fact, eight out of ten emerging adults state that they have “a lot of respect for

organized religion in this country” and seven out of ten disagree that “organized religion is usually a big turnoff for me.” Going a step further, a strong majority of emerging adults would disagree with the statement that “most mainstream religion is irrelevant to the needs and concerns of most people my age.”{24}

Given these results, why are we presented with strong cases to the contrary? First, there are a significant minority who view the church as an irrelevant turnoff, and a majority who believe that too many religious people are negative, angry, and judgmental. Second, Smith surmises that some of this perception comes from conducting “interviews with non-representative samples of emerging adults . . . by authors who are themselves alienated from mainstream religion . . . (or) by pastoral and ecclesial reformers within mainstream religion who want to make the case that traditional churches are failing to reach young people today and so need to be dramatically transformed in a postmodern or some other allegedly promising way.”{25}

Once again this is a good news / bad news story. The good news is that most emerging adults do not have strong emotional barriers build up against organized religion. However, the vast majority of them are indifferent to religion and confused about its role in life. According to Smith,

Most emerging adults are okay with talking about religion as a topic, although they are largely indifferent to it—religion is just not that important to most of them. . . . To whatever extent they do talk about it, most of them think that most religions share the same core principles, which they generally believe are good.{26}

Myth 3: Religious practice does not impact personal behavior.

Another common perception is that religiously devoted young adults are not appreciably different from other young adults

in their actual life practices when it comes to sexuality, generosity, community service, drug use, and integrity. We are often told that out of wedlock pregnancy, cheating, and drug use are the same for evangelical young adults as for the rest of society. It is certainly true that affiliation with an evangelical denomination makes only a small difference in those behaviors. But does a deep personal commitment to a relationship with Jesus Christ make a difference? The survey data allowed Smith and his team to differentiate between simple affiliation and devotion. What he discovered is that those emerging adults who are devoted to their faith exhibit significantly different lifestyles than the norm. In particular, these devoted emerging adults are:

- *more than twice as likely to give and volunteer their time*
- *more than four times less likely to engage in binge drinking or drugs*
- *twenty-five percent more likely to have attended college*
- *almost two times less likely to think that buying more things would make them happier*
- *twice as likely to abstain from pornography*
- *more than twice as likely to have abstained from sexual intercourse outside of marriage*

The results clearly show that a deep commitment to a Christian religious faith has a significant impact on one's lifestyle. As Smith concludes, "emerging adult religion—whatever its depth, character, and substance—correlates significantly with, and we think actually often acts as a causal influence producing, what most consider to be more positive outcomes in life for emerging adults."[\[27\]](#)

Exposing these myths helps us focus on the key challenge for the future. It is not redirecting a pent-up spiritual interest into orthodox Christianity, or overcoming an emotional aversion to organized religion, but instead, demonstrating that spiritual issues are worthy of any real attention at all.

Notes

1. Christian Smith and Patricia Snell, *Souls in Transition: The Religious and Spiritual Lives of Emerging Adults* (Oxford University Press, 2009).
2. Ibid., 5.
3. Smith and Snell, *Souls in Transition*, 46.
4. Ibid., 51
5. Ibid., 47.
6. Ibid., 49
7. Ibid., 68.
8. Ibid., 72
9. Ibid., 67.
10. Ibid., 63.
11. Ibid., 145.
12. Ibid., 146.
13. Ibid., 148.
14. Ibid., 149.
15. Ibid., 149.
16. Ibid., 154.
17. Ibid., 154.
18. Meaning, since religion belongs to the category of faith, there can only be knowledge and truth in other areas.
19. Ibid., 285.
20. Ibid., 249.
21. Ibid., 252
22. Ibid., 296.
23. For example, David Kinnaman and Gabe Lyons, *unChristian: What a New Generation Really Thinks About Christianity . . . And Why it Matters* (Baker Books: Grand Rapids, MI, 2007).
24. Smith and Snell, *Souls in Transition*, 133, Table 4.15.
25. Ibid., 296.
26. Ibid., 286.
27. Ibid., 297.

See Also:

[Emerging Adults Part 2: Distinctly Different Faiths](#)

[Emerging Adults A Closer Look](#)

[The Importance of Parents in the Faith of Emerging Adults](#)

[Cultural Captives – a book on the faith of emerging adults](#)