

“I’m Having a Terrible Battle in My Mind”

Sue Bohlin

I’m having a terrible battle in my mind. I know in my heart these terrible thoughts are lies, but getting it to my mind is hard to do. I have had thoughts of doubt, disbelief, and the devil has even questioned God’s holiness to my mind. About two years ago I got serious about my walk with Christ and answered the call to preach. I need your prayers very much.

The Bible teaches the principle of “displacement.” That is, rather than trying to make thoughts shoo away, we are told to replace them with what is good, true, and perfect (Phil. 4:8). As the truth comes in, the lies are displaced much like when we fill a bathtub too full of water, and when we get in, our bodies displace the water, which flows out over the top of the tub.

What are you doing to displace the lies with the truth? I suggest that you read and meditate on Psalm 119, memorizing portions of it and reciting them OUT LOUD whenever possible. I also suggest you play good praise and worship music whenever you can, not as background music but as something to focus on. One other thing: it would probably be good for you to invest some time in reading books that will build your faith and send the lies packing, such as Lee Strobel’s books *The Case for Faith* and *The Case for Christ*, and Teresa Vining’s *Making Your Faith Your Own: A Guidebook for Believers With Questions*.

Also, spiritual battles are fought on the battlefield of the mind, so be sure to put on all your spiritual armor (Ephesians 6). It’s all anchored to truth, so fill your mind with truth. That includes being careful what ELSE you’re filling your mind with, such as TV, videos, movies and magazines that are filled with garbage. Most of those sources of information or entertainment come from the world, which is Satan’s realm. Cut out the garbage, which is flavored with lies about God and

about reality.

Let me pray for you, as you requested.

Father God, I thank you that _____ is recognizing there is a terrible battle going on for his mind, and I ask that You show him what to do about it. Father, give him a distaste for anything other than the truth, and give him a deep desire to immerse himself in Your word and in workbooks and music that bring glory to You. Show him the source of the lies and give him a hatred of them, Father. Give him joy in resting in You and in developing discernment about his thought life. Teach him to love You with his mind as well as his heart and strength.

In Jesus' name, Amen.

Sue Bohlin
Probe Ministries

“Help Me Know That God is Really There”

Sue Bohlin

I read your article [Evidence for God's Existence](#). I have always believed in God until recently when I read some articles by James Randi known to most people as “The Amazing Randi.” He seems to be able to disprove the divine power of people who claim to be able to talk to the dead and move objects with their minds with scientific proof that they are merely just

cheap parlor tricks. I believe he is correct not only because he says so but because the bible tells us that Jesus was the last person on earth who could do such things as tell the future or perform miracles etc. But what if Jesus knew these parlor tricks which are as old as the hills? I saw Siegfried and Roy make an elephant disappear right before my very eyes in front of a thousand people and admit to trickery. Who is to say that Jesus didn't know how to fool the average person in the same way thousands of years ago? Please understand that I am not being a wise guy. I truly have issues with this because I was such a firm believer in God and Jesus Christ. If God doesn't exist, then I am truly alone and have wasted many hours and prayers on things that would or wouldn't happen anyway with or without my prayers.

Also, I have been talking to myself all these years and I must be crazy. I realize the consequences of my decision not to believe in God if I am wrong. Somehow that seems trivial while I am still alive. I still go to church every Sunday with my wife. I don't let on that my faith has been diminished because my wife is such a good God-fearing woman and I don't want to impose my beliefs on her or anyone else. Especially if I am wrong. What it boils down to is if science can prove that the existence of God is only something that exists in my mind, and the voice I hear inside myself is my own self, then I am guilty of being a fool. For he who teaches himself has a fool for a master. True the earth is a miracle in itself and surely no parlor trick. I can't explain how it all began if there is no God. But we as just mankind can't even begin to explain any theory with our limited knowledge of the universe. If Siegfried and Roy can make an elephant disappear in front of all those people and admit it is a trick, yet nobody can figure out how it was done, than it is understandable that the beginning of the world which must be a far greater "trick" and is something that we as ordinary individuals can never figure out. Bad things happen in this world that I feel shouldn't. I love my family and my

pets. I don't want to see them die. But they must die just as I must die. What if there isn't anything after death and you just lie there in the ground. That beautiful gift of life has been destroyed. I can't accept that a loving God would take these things away from me or anyone who hold them so near and dear to their heart. Could it be that God is for the weak minded who need direction and discipline to get through life without going off course for their own good? Is life just a crap shoot anyway where what ever happens, happens whether you pray or not? Please forgive me if I have offended you with my talk of disbelief but I thought if anyone could answer my questions, you could. I don't mean any disrespect. I need to know that God is really there to hear my prayers and help me to make decisions. I need to know that I am not on my own in this world and my prayers are heard and answered according to his word not just my imagination or wishful thinking.

Dear _____,

Bless your heart! Thank you you SO MUCH for sharing your deep thoughts and fears with me. I have two things to say in response.

1. The best thing Jesus ever did to prove that what He did was true miracles and not tricks was to rise from the dead. How do you counterfeit THAT? The resurrection is the strongest evidence for the truth of Christianity that we have. Consider that the disciples, who had been so disheartened by His death (even though He had promised several times to rise from the dead), were so turned around by seeing Him alive again that they changed the world and were willing to die for their belief in a risen Savior. If it were only a trick, no one would have died for a lie. May I suggest you get a hold of Lee Strobel's book *The Case for Christ* and shore up your faith? I think that book will really help. (Consider also other people-like Strobel the former skeptic-who set out to prove the resurrection false, like Frank Morison, and were so overwhelmed by the evidence that they became believers and wrote books like *Who Moved the Stone?*)



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2. I believe that the doubts that assail you are nothing more than spiritual warfare. I think you are being attacked by the spiritual forces of darkness, and I gently suggest you read Ephesians 6 and put on the armor of faith to fight these horrible attacks. I have also been impressed by Kay Arthur's book *Lord, Is It Warfare?* to help deal with spiritual warfare in the form of attacking doubts.

_____, I am completely convinced that this period of doubts in your life is like being outside on a bright sunny day when the sun disappears because it is obscured by a cloud. . . temporarily. You are not alone—you would not BELIEVE how many e-mails I get just like yours. You have put your faith in an eternal truth, not in lie. I promise.

Cheerily in Jesus,

Sue Bohlin

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