Dealing with Doubt in Our Christian Faith

Dr. Michael Gleghorn points out that it is not having doubts about our Christian faith that is an issue, but rather how we respond to that doubt. Attacking this issue from a biblical worldview perspective, Michael helps us understand our doubts and respond to them as an informed Christian.

Help! My Doubts Scare Me!

Have you ever doubted your faith? We all have doubts from time to time. We may doubt that our boss *really* hit a hole-in-one at the golf course last weekend, or that our best friend *really* caught a fish as big as the one he claimed to catch, or that the strange looking guy on that late night TV show was *really* abducted by alien beings from a distant galaxy! Sometimes the things we doubt aren't really that important, but other times they are. And the more important something is to us, the more personally invested we are in it, the scarier it can be to start having doubts about it. So when Christians begin to have doubts about something as significant as the truth of their Christian faith, it's quite understandable that this might worry or even frighten them.

Reflecting on this issue in *The Case for Faith,* Lee Strobel wrote:

> For many Christians, merely having doubts of any kind can be scary. They wonder whether their questions disqualify them being a follower of Christ. They feel insecure because they're not sure whether it's permissible to express uncertainty about God, Jesus, or the Bible. So they keep their questions to themselves—and inside, unanswered, they

> grow and fester . . . until they eventually succeed in choking out their faith.{1}

So what can we do if we find ourselves struggling with doubts about the truth of Christianity? Why do such doubts arise? And how can we rid ourselves of these taunting Goliaths?

First, we must always remember that sooner or later we'll probably *all* have to wrestle with doubts about our faith. As Christian philosopher William Lane Craig observes, "Any Christian who is intellectually engaged and reflecting about his faith will inevitably face the problem of doubt."{2} Doubts can arise for all sorts of reasons. Sometimes they're largely intellectual. We might doubt that the Bible is *really* inspired by God or that Jesus was *really* born of a virgin. But doubts can take other forms as well. If a person has experienced great sorrow or disappointment, such as personal wounds from family or friends, the loss of a job, a painful divorce, the death of a loved one, or the loss of health, they may be seriously tempted to doubt the goodness, love, and care of their heavenly Father.{3}

Whenever they come and whatever form they take, we must each deal honestly with our doubts. To ignore them is to court spiritual disaster. But facing them can lead ultimately to a deeper faith. As Christian minister Lynn Anderson has said, "A faith that's challenged by adversity or tough questions . . . is often a stronger faith in the end."{4}

It's Not All in Your Head!

Sometimes people have sincere doubts about the truth of Christianity, intellectual obstacles that hinder them from placing their trust in Christ. In such cases, Christians have an obligation to respond to the person's doubts and make a humble and thoughtful defense for the truth of Christianity. Nevertheless, as Craig observes, it's important to realize

that “doubt is never a purely intellectual problem.” Like it or not, there’s always a “spiritual dimension to the problem that must be recognized.”{5} Because of this, sometimes a person’s objections to Christianity are really just a smokescreen, an attempt to cover up the *real* reason for their rejection of Christ, which is often an underlying moral or spiritual issue.

I once heard a story about a Christian apologist who spoke at a university about the evidence for Christianity. Afterward, a student approached him and said, “I honestly didn’t expect this to happen, but you satisfactorily answered all my objections to Christianity.” The apologist was a bit startled by such a frank admission, but he quickly recovered himself and said, “Well that’s great! Why not give your life to Christ right now, then?” But the student said, “No. I’m not willing to do that. I would have to change the way I’m living, and I’m just not ready to do that right now.”

In this case all the student’s reasons for doubting the Christian faith had, by his own admission, been satisfactorily answered. What was really holding him back were not his doubts about the truth of Christianity, but a desire to live life on his own terms. To put it bluntly, he didn’t want God meddling in his affairs. He didn’t want to be morally accountable to some ultimate authority. The truth is that a person’s intellectual objections to Christianity are *rarely* the whole story. As Christian scholar Ravi Zacharias observed, “A man rejects God neither because of intellectual demands nor because of the scarcity of evidence. A man rejects God because of a moral resistance that refuses to admit his need for God.”{6}

Unfortunately, Christians aren’t immune to doubting their faith for similar reasons. I know of a young man who had converted to Christianity, but who’s now raising various objections to it. But when one looks beneath the surface, one sees that he’s currently involved in an immoral lifestyle. In

order to continue living as he wants, without being unduly plagued by a guilty conscience, he must call into question the truth of Christianity. For the Bible tells him plainly that he's disobeying God. Of course, ultimately no one is immune to doubts about Christianity, so we'll now consider some ways to guard our hearts and minds.

I Believe, Help My Unbelief!

As He came down the mountain, Jesus was met by a large crowd of people. A father had brought his demon-possessed son to Jesus' disciples, but they were not able to cast the demon out. In desperation the father appealed to Jesus, "If You can do anything, take pity on us and help us!" Jesus answered, "If You can! All things are possible to him who believes." The father responded, "I do believe; help my unbelief."{7}

Can you identify with the father in this story? I know I can. Oftentimes as Christians we find that our faith is in precisely the same state as this father's. We genuinely believe, but we need help with our unbelief. It's always been an encouragement to me that after the father's admission of a faith mixed with doubt, Jesus nonetheless cast out the demon and healed the man's son.{8} But of course no Christian should be content to remain in this state. If we want to grow in our faith and rid ourselves of doubts, what are some positive steps we can take to accomplish this?

Well, in the first place, it's helpful to be familiar with the "principle of displacement." As Sue "Archimedes" Bohlin, one of my colleagues, has written:

> The Bible teaches the principle of "displacement." That is, rather than trying to make thoughts shoo away, we are told to replace them with what is good, true, and perfect (Phil. 4:8). As the truth comes in the lies are displaced—much like when we fill a bathtub too full of water, and when we get

in, our bodies displace the water, which flows out over the top of the tub.{9}

Once we grasp this principle, a number of steps for dealing with doubt quickly become evident. For one thing, we can memorize and meditate upon Scripture. We can also listen attentively to good Christian music. Paul speaks to the importance of both of these in Colossians 3:16: "Let the word of Christ dwell in you richly as you teach and admonish one another with all wisdom, and as you sing psalms, hymns and spiritual songs with gratitude in your hearts to God."

In addition, we can read good Christian books that provide intelligent answers to some of the questions we might be asking. Great Christian scholars have addressed almost every conceivable objection to the truth of Christianity. If you have nagging doubts about some aspect of your faith, there's almost certainly a work of Christian scholarship that speaks to it in detail. Finally, we must never forget that this is a spiritual battle. So let's remember to put on the full armor of God so we can stand firm in the midst of it!{10}

Faith and Reason

How can we *know if Christianity is really true?* Is it by reason, or evidence, or mystical experience? Dr. Craig has an answer to this question that you might find a bit surprising.{11} He distinguishes between *knowing* Christianity is true and *showing* that it's true. Ideally, one attempts to *show* that Christianity is true with good arguments and evidence. But Craig doesn't think that this is how we *know* our faith is true. Rather, he believes that we can *know* our faith is true because "God's Spirit makes it evident to us that our faith is true."{12}

Consider Paul's statement in Romans 8:16, "The Spirit himself testifies with our spirit that we are God's children." Since

every believer is indwelt by God's Spirit, every believer also receives the Spirit's testimony that he is one of God's children. This is sometimes called the "assurance of salvation." Dr. Craig comments on the significance of this:

> Salvation entails that God exists, that Christ atoned for our sins . . . and so forth, so that if you are assured of your salvation, then you must be assured of . . . these other truths as well. Hence, the witness of the Holy Spirit gives the believer an immediate assurance that his faith is true.{13}

Now this is remarkable. For it means we can *know* that Christianity is true, wholly apart from arguments, simply by attending to the witness of the Holy Spirit. And this is so not only for believers but for unbelievers, too. For the Spirit convicts the unbelieving world of sin, righteousness, and judgment, particularly the sin of unbelief.{14} So when we're confronted with objections to Christianity that we can't answer, we needn't worry. First, answers are usually available if one knows where to look. But second, the witness of the Spirit trumps any objections we might encounter.

Consider an illustration from the Christian philosopher Alvin Plantinga. Suppose I'm accused of stealing a document out of a colleague's office. Suppose I have a motive, an opportunity, and a history of doing such things. Suppose further that someone thought they saw me lurking around my colleague's office just before the document went missing. There's much evidence against me. But in fact, I didn't steal the document. I was on a walk at the time. Now should I doubt my innocence since the evidence is against me? Of course not! For I *know* I'm not guilty!{15}

Similarly, writes Dr. Craig, "I needn't be shaken when objections come along that I can't answer."{16} For my faith isn't ultimately based on arguments, but on the witness of God's Spirit.

Stepping into the Light

We've seen that both Christians and non-Christians can have doubts about the truth of Christianity. We've also seen that such doubts are never *just* an intellectual issue; there's *always* a spiritual dynamic that's involved as well. But since we'll probably never be able to fully resolve every single doubt we might experience, I would like to conclude by suggesting one final way to make our doubts flee before us, much as roaches flee to their hidden lairs when one turns on the light!

In John 7:17 Jesus says, "If anyone chooses to do God's will, he will find out whether my teaching comes from God or whether I speak on my own." Here, Jesus frankly encourages us to put His teachings to the test and see for ourselves whether He really speaks for God or not. As biblical scholar Merrill Tenney comments, "Spiritual understanding is not produced solely by learning facts or procedures, but rather it depends on obedience to known truth. Obedience to God's known will develops discernment between falsehood and truth."{17} Are we *really* serious about dealing with our lingering doubts? If so, Jesus says that if we resolutely choose to do God's will, we can know if His teaching is really from God!

Sadly, however, many of us will *never* take Jesus up on His challenge. No matter how loudly we might *claim* to want to rid ourselves of doubt, the truth is that many of us just aren't *willing* to do God's will. But if you are, then Jesus says that "you will know the truth, and the truth will set you free."{18} In other words, we can know by *experience* that Jesus is from God, that His teachings are true, and that He really is who He claimed to be!

As Christian philosopher Dallas Willard observes, the issue ultimately comes down to what we *really* want:

> The Bible says that if you seek God with all your heart,

> then you will surely find him. Surely find him. It's the person who wants to know God that God reveals himself to. And if a person doesn't want to know God—well, God has created the world and the human mind in such a way that he doesn't have to.{19}

The psalmist encourages us to "taste and see that the Lord is good."{20} If we do, we can know not only that God is good, but also that He exists. And even if we still have some lingering doubts and unanswered questions in the back of our minds, as we surely will, they'll gradually fade into utter insignificance as we become more intimately acquainted with Him who loves us and who reconciled us to Himself through the death of His Son!{21}

Notes

1. Lee Strobel, *The Case for Faith* (Grand Rapids, Mich.: Zondervan, 2000), 316.
2. William Lane Craig, *Hard Questions, Real Answers* (Wheaton, Ill.: Crossway Books, 2003), 31.
3. Lynn Anderson, interviewed in Lee Strobel, *The Case for Faith*, 322.
4. Ibid., 326.
5. Craig, *Hard Questions, Real Answers*, 33.
6. Ravi Zacharias, quoted in Strobel, *The Case for Faith*, 343. See also John 3:19-21.
7. Mark 9:14-24.
8. See Mark 9:25-29.
9. Sue Bohlin, "I'm Having a Terrible Battle in My Mind," Probe Ministries, probe.org/im-having-a-terrible-battle-in-my-mind/.
10. See Ephesians 6:10-20.
11. This section is largely just a summary of the discussion of faith and reason in Craig, *Hard Questions, Real Answers*, 35-39.
12. Ibid., 35.
13. Ibid., 36.

14. See John 16:7-11.
15. Alvin Plantinga, "The Foundations of Theism: A Reply," *Faith and Philosophy 3* (1986): 310; cited in Craig, *Hard Questions, Real Answers*, 38-39.
16. Ibid., 39.
17. Merrill C. Tenney, "The Gospel of John," in *The Expositor's Bible Commentary*, ed. Frank E. Gaebelein, vol. 9 (Grand Rapids: Zondervan Publishing House, 1981), 84.
18. John 8:32.
19. Dallas Willard, quoted in Strobel, *The Case for Faith*, 352.
20. Psalm 34:8.
21. See 2 Corinthians 5:18-21.

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"How Do I Deal With Emotional Doubt?"

Hello Mr. Gleghorn,

I was reading your web page about doubt and agree with all of it. However, I noticed you didn't cover the topic of emotional doubt.

I have been a believer since 1994. If I examine any argument against God, I know the truth, yet I still get this nagging feeling that says, "Are you sure there is a God?" "What if all this is fairy tale?"… So I go to all the arguments and prove to myself the Bible is true and am comforted, but it doesn't last.. the same feelings come again and again… and I know they are just emotion and I can answer them with facts and yet the doubt feeling continues. . .

I just want that confidence I used to have. . . I am not living in sin (not that I know of) and I want to serve the Lord with all my heart. What do I do to stop this incessant doubt feeling???

Since you found my article, you are probably already familiar with the work of Dr. Gary Habermas. If not, he's probably the first person that I would direct you to for dealing with emotional doubt. Here's the link to his website: www.garyhabermas.com

And here's a link to resources that came up from his website when I entered in the topic "emotional doubt" here.

Finally, I also typed the topic into Google and some other resources featuring Habermas came up here.

Now concerning your question, it may be the case that these "feelings" will plague you for years. Of course, the Lord might suddenly deliver you from this, but it may also be part of His plan for you to struggle with these feelings for some time. If so, then it seems to me that some of the most important things that you can do (and you're already doing many of them) are the following:

1. Spend time with the Lord in His word and prayer, listening to music, praising and worshipping Him—or, if you're the more contemplative type, meditating on His attributes (particularly, His goodness and love).

2. Spend time with God's people. Be involved in a good, Bible-believing local church and get involved in at least one small group as well (maybe a men's group). You've already learned that God's people aren't perfect, so you won't have unrealistic expectations. Nevertheless, the people of God can be a great help to one another in mutual encouragement and support (which we all need) as we walk through the Christian life day by day. Ask these people to join you in praying about your doubts and discouragement.

3. Recognize that these feelings may, at least in part, be "spiritual warfare"—and be prepared to fight against them. In particular, "take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one" (Ephesians 6:16). Indeed, it might be good to memorize Ephesians 6:10-18. And remember, just because you raise the shield of faith one day, and block many of the evil one's flaming arrows, he may very well return the next day, and the next. So stay ready and be prepared for battle every single day regarding this issue.

4. Finally, you may also find it profitable to read biographies of some of the great men and women of God from church history. This will encourage you that God's saints have often faced great difficulties, challenges, and obstacles in their lives. Read John Bunyan's, Grace Abounding to the Chief of Sinners, or a biography on Martin Luther, for example. There are many good Christian biographies out there and these stories will greatly strengthen and encourage you, I think.

One final thought, if you're not familiar with the apologetic work of William Lane Craig, you might also enjoy that. Here's a link to his site: www.reasonablefaith.org

I hope these thoughts are helpful, _____ as you continue to wrestle with these doubts. Since you may struggle with these doubts for years, I would encourage you to hunker down for the long haul. If God delivers you sooner, praise be to His mighty name. But if not, at least you're prepared for what could be a long, hard fight. And remember to seek God's help against the powers of darkness. We're sometimes tempted to discount spiritual warfare (and sometimes, of course, we maybe should). But if we always discount it, then something is wrong. For Paul tells us that we will experience such warfare as Christians. So at least some of the time, what we're experiencing does have a source in the evil one. And right now you may be a victim of his fiery darts. So put on the armor of God and recognize that you have a terrible enemy who wants to see you fail—and don't give him the pleasure!

May the Lord greatly help and encourage you in your struggles _____!

Shalom in Christ,

Michael Gleghorn

_____,

Michael's answer to your email was forwarded to me as the Probe webmistress because it's so good, and I keep thinking about your question.

You raise the point that biblical Christianity is supposed to be a relationship with God, and it absolutely is. I think many people experience the same thing you do because instead of a real relationship, our Christianity is more like a cognitive acknowledgement of things that are true—and that tends to be one-way. And sterile.

What's missing is the love part, the foundation of what God wants in a relationship with Him (you know—Love God, love people? First and second commandments?) We love Him because He first loved us. . . but in our from-the-neck-up current experience of Christianity, we're missing the love part.

I want to suggest something to you that has really rocked my spiritual life. Dr. Baxter Kruger (who lives in Jackson, MS) is a Trinitarian theologian with all the intellectual chops to be deeply satisfying to my mind, but he is especially gifted at helping us see how very loved we are by the Father, Son and Spirit. He has a 5-part audio series called "You Are The Child Your Father Always Wanted" that I've listened to more times than I can count. I've never listened to ANYBODY'S messages multiple times like I do Baxter's. It's available free on iTunes here: itunes.apple.com/us/podcast/perichoresis.org-

podcast/id367278246

Everyone that I've shared these messages with has been so thankful—and they, too, find themselves listening multiple times because he's offering such a major paradigm shift.

I have discovered over 40 years of walking with Jesus that the more I receive the many ways He loves me, the more I pay attention His "hugs and kisses," His ways of showing affection and care for me, the strength of my relationship with the Lord has a way of dissembling my emotional doubts. I pray the eyes of your heart will be open to see how you are immersed in a never-ending stream of divine love and honest affection for you, _____.

I truly hope this helps, as well as what Michael said.

Warmly,
Sue Bohlin

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Advocacy Apologetics: Finding Common Ground as a Way to the Gospel

As you examine your life, can you think of any lessons you wish you had learned earlier than you did?

I'm really glad I learned *this* lesson very early in my career as a Christian communicator. It's made a world of difference.

God has graciously sent me presenting Christ and biblical truth on six continents before university students and professors, on mainstream TV and radio talk shows, with executives, diplomats and professional athletes.

He’s put me speaking in university classrooms and auditoriums, in embassies, boardrooms, and locker rooms. He’s had me writing for mainstream newspapers, magazines, and on the Internet about controversial subjects like sex, abortion, the afterlife, and reasons for faith.

As you might imagine, I’ve encountered many skeptics and objections to faith. I’ve learned much from my critics, the unpaid guardians of my soul.

But if I hadn’t learned this crucial lesson at the outset, would all those outreach doors have opened?

The Lesson

I learned it on an island in a river in Seoul, Korea. Over a million believers were gathered for Explo 74. One speaker that day was a prominent church leader from India who discussed how to best communicate the message of Jesus to the types of Buddhists in India. Here’s my paraphrase of his advice.

We could use two methods, he said. One was to begin by stressing the differences between Buddhism and Christianity. But that often gets people mad and turns them off.

A second way involved agreeing with the Buddhist where we could. We could say something like this: “I know that you as a Buddhist believe in Four Noble Truths.” (This is foundational to many strains of Buddhism.) “First you believe suffering is universal. As a follower of Jesus, I also believe suffering is everywhere. It needs a solution.

Second, you believe that suffering is caused by evil desire or craving. I believe something very similar; I call this evil

desire sin."

Third, you believe that the way to eliminate suffering is to eliminate craving. I feel selfishness needs to be eliminated, too. And fourth, you feel we eliminate craving by following the Eightfold Path: right understanding, right aspiration, right behavior, etc.

Here's where I would suggest an alternative. For many years I, too, tried to eliminate my selfishness by seeking to think and do the right thing. But you know what happened? I became very frustrated because I lacked the power to do it. I realized that if I relied on God, He could give me the inner power I needed."

Do you see the contrast between those two methods of approaching someone who differs with you? The first emphasizes differences and has the emotional effect of holding up your hands as if to say "Stop!" or "Go away!" The second begins by agreeing where you can. Your emotional hands are extended as if to welcome your listeners. If you were the listener, which approach would you prefer?

Start by Agreeing where You Can

In communicating with skeptics, start by agreeing where you can. You'll get many more to listen.

I call this approach Advocacy Apologetics. You're approaching the person as an advocate rather than an adversary. You believe in some of the same things they do. Expressing agreement can penetrate emotional barriers and communicate that you are *for* that person rather than *against* them. It can make them more willing to consider areas of disagreement.

Don't compromise biblical truth; but agree at the start where you can.

Paul used this approach. He wrote (1 Corinthians. 9:19-23 NLT,

emphasis mine):

> *I have become a servant of everyone so that I can bring them to Christ. When I am with the Jews, I become one of them so that I can bring them to Christ. When I am with the Gentiles who do not have the Jewish law, I fit in with them as much as I can.*

> *Yes, I try to find common ground with everyone so that I might bring them to Christ. I do all this to spread the Good News.*

Here's an experiment: The next time you encounter someone who differs with you, take a deep breath. Pray. Ask God to help you identify three areas of agreement. Can't find three? How about one? Discuss that first. Become an advocate for them. Maybe you'll oil some stuck emotional and intellectual gears and nudge someone in His direction.

"I'm Having a Terrible Battle in My Mind"

I'm having a terrible battle in my mind. I know in my heart these terrible thoughts are lies, but getting it to my mind is hard to do. I have had thoughts of doubt, disbelief, and the devil has even questioned God's holiness to my mind. About two years ago I got serious about my walk with Christ and answered the call to preach. I need your prayers very much.

The Bible teaches the principle of "displacement." That is, rather than trying to make thoughts shoo away, we are told to

replace them with what is good, true, and perfect (Phil. 4:8). As the truth comes in, the lies are displacedmuch like when we fill a bathtub too full of water, and when we get in, our bodies displace the water, which flows out over the top of the tub.

What are you doing to displace the lies with the truth? I suggest that you read and meditate on Psalm 119, memorizing portions of it and reciting them OUT LOUD whenever possible. I also suggest you play good praise and worship music whenever you can, not as background music but as something to focus on. One other thing: it would probably be good for you to invest some time in reading books that will build your faith and send the lies packing, such as Lee Strobel's books *The Case for Faith* and *The Case for Christ*, and Teresa Vining's *Making Your Faith Your Own: A Guidebook for Believers With Questions.*

Also, spiritual battles are fought on the battlefield of the mind, so be sure to put on all your spiritual armor (Ephesians 6). It's all anchored to truth, so fill your mind with truth. That includes being careful what ELSE you're filling your mind with, such as TV, videos, movies and magazines that are filled with garbage. Most of those sources of information or entertainment come from the world, which is Satan's realm. Cut out the garbage, which is flavored with lies about God and about reality.

Let me pray for you, as you requested.

Father God, I thank you that _____ is recognizing there is a terrible battle going on for his mind, and I ask that You show him what to do about it. Father, give him a distaste for anything other than the truth, and give him a deep desire to immerse himself in Your word and in worksbooks and musicthat bring glory to You. Show him the source of the lies and give him a hatred of them, Father. Give him joy in resting in You and in developing discernment about his thought life. Teach him to love You with his mind as well as his heart and

strength.

In Jesus' name, Amen.

Sue Bohlin
Probe Ministries

"Will I Go To Hell For My Doubts?"

I have been a Christian my whole life. I have been struggling with faith lately. I am mostly intellectually convinced in Christianity, however I have a lingering doubt based on a few intellectual things. One is the battle between old earth and [young] earth [creation] and the other is the age of the book of Daniel—which online resources I have read seem to prove that it was written after the fact. (I have seen the Christian responses and they do not deal with all of the facts.) Anyway, none of these doubts would bother me except that Hebrews 11:1 and James 1:8 imply that any doubt might be cause for exclusion of me from heaven. I can't even sleep at night because I am so afraid of going to hell. Is there any hope for me?

I would suggest that Hebrews 11:1 and James 1:8 do not imply that at all. In fact, doubt isn't even mentioned. Hebrews is about the nature of faith, and James simply says that the double-minded person—one who continually wavers back and forth between trusting and not trusting—is inherently unstable in his thinking.

See, the Lord understands that we see through a glass darkly,

as Paul puts it in 1 Corinthians. He understands that we are trying to make sense of a fallen world through a fallen intellect, and we don't have all the puzzle pieces. He gives much more grace than you know, I think. The issue is not about having doubts, which usually just means we haven't figured things out. God's indictment is on those who refuse to trust. They are not the same thing. The Lord Jesus said to love God with our minds, and wrestling through the hard, meaty issues of apparent contradictions and complications is one way we do that. The very act of pursuing truth to attack our doubts and questions is a kind of worship!

Let me encourage you that there are answers, even if you haven't found them. For instance, Probe's position on the age of the earth question has brought great peace to my husband, Dr. Ray Bohlin's spirit; he's been diligently studying this issue for 30+ years. He has looked at the evidence for a young earth and universe, and an old earth and universe, and found compelling evidence for both. They clearly cannot both be true. So he says he is an agnostic on the age issue. He doesn't know. And can live with that, especially since: 1) the issue is not WHEN but WHO created, and 2) the Bible doesn't tell us, which means it doesn't matter enough to get caught up in it. How long ago God created the heavens and the earth has nothing to do with whether Christianity is true or not.

I just read my answer to him to get his approval, and he added that he would be VERY careful about trusting online resources on the book of Daniel. Why should you believe them? The nature of the web is that anyone can publish anything, whether they have any expertise or not. Are they qualified? Biased? Especially sources like Wikipedia, which are going to reflect the anti-Christian bias of the culture, since the entries come from people whose thinking is pickled in the brine of secularism. I invite you to read another answer to email at Probe.org about the book of Daniel.

I would also spend some time shoring up your understanding of

your security in Christ if you have placed your trust in Him. If you became a Christian years ago, you became a new creature, a forever child of God. You cannot lose your relationship with your heavenly Father, no matter how many doubts plague you, any more than you can become unborn from your mother. Our founder, Jimmy Williams, wrote an article "How Can I Know I'm Going to Heaven?" here: www.probe.org/how-can-i-know-im-going-to-heaven/

Hope you find this helpful.

Sue Bohlin

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"Please Help Me – I'm Lost"

Please help me, I'm lost. I'm in my 50s now and the question of life after death is on my mind a lot. I've been brought up a Methodist but stopped going to church when I was big enough to make my own decisions. . . . Being young, I lived for the moment and never gave God much thought. But now that I'm older I want to know more.

Like what does it matter if one man lives or dies? It's not going to make any difference as the world turns. We're not supposed to care about earthly things but in this country that is supposed to be "one nation under God" we probably control half the money in the world and yet millions are dying from starvation. Why? I'm sorry just have so many questions and don't know who to go to for answers. Please help me find peace for myself!

Dear _____,

I am delighted that you wrote to us! My husband Ray and I are both in our fifties as well so we very much understand why you'd be asking these extremely important decisions now. Way to go!! <smile>

Allow me to point you to an essay on our website by Jimmy Williams called "The Most Important Decision of Your Life" here: www.probe.org/the-most-important-decision-of-your-life/.

Also, please allow me to address your question of "what it matters if one man lives or dies, since it won't make any difference as the world turns." Very few people make a noticeable difference to the world at large, but EVERYONE makes a difference to the people closest to us. The world is different because of each of our lives. The question is, what kind of difference does each of us make? One for good, or for evil?

Also, your observation is very true from a worldly perspective, but from God's perspective it makes a tremendous amount of difference because He made you for Himself, and He made you for a purpose. It matters because God wants you to know how much He loves you and how deeply He wants you to accept His invitation to find your life in Him. Ultimately, a billion years from now, when the world as we know it isn't here anymore, only things from God's perspective will matter.

Jimmy's essay will help you grasp life from God's perspective. Let me know what you think after you read it, OK? But first let me pray for you.

Dear God, I lift up _____ to You and I thank You for the big smile on Your face as You see him turning over these important thoughts and decisions in his mind. Thank You for opening _____'s eyes to his need to see the big picture of life and to ask the eternally significant questions he's asking. Lord, it's only Your grace and goodness that allow him to know he is lost and needing peace. He would be blind to those truths if

it weren't for You calling to him and allowing him to hear You calling. So help _____ understand his need for You and the promise that is his life, since You made him for a purpose, You made him so You could love him, and You made him so he could love You back, enjoy You forever, and make a difference because He's Your beloved creation. I pray You would help him cross over the line to become Your beloved son.

I bless you today, _____!

Warmly,
Sue Bohlin

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"My teacher is encouraging me to question my beliefs"

Dear Sue,

I hope I can word all of this correctly and in the most concise manner possible. Thomas Aquinas of Renaissance times said one must question what he believes rather than accept things blindly. This was the whole mindframe of the rebirth from the dark ages. My mother of modern times says she doesn't question her faith because she wants to stay strong in her beliefs. I agree with Aquinas. Whatever is in quotation marks in this letter is an excerpt from my history teacher's e-mails to me. He wrote, "The first step in believing something for yourself is figuring out what you believe versus what others have told you to believe." He said I should decipher

“propaganda from purpose.” He studied different religions alongside Christianity such as Buddhism, Islam, and Hinduism, and even though he didn’t buy into them he realized that they were all promoting the same basic ideas: “The golden rule is in every major religion.” Major religions all include the idea of the flood and most promote a moral system for promotion. I know I’m kind of jumping around but I hope you’ll still be able to figure the labyrinth of my mind. He wrote, “Doubt is the seeding ground of wisdom.” It drives people to find out about their faith and strengthens their beliefs. He points out the seeming contradictions in the Bible. Here come some more quotes! “The last line of the Lord’s prayer is an addition by a monk. .. Luke 19:45-48, Matthew 21:12-16, and Mark 11:15-18 show Jesus turning over the vendors at the temple after His Triumphant entry into Jerusalem.”

> *I agree with Aquinas.*

I do too, which is why I’m glad I was able to catch up with you in the bathroom at church where I could use the wall to illustrate the point that it’s the strength and credibility of what we believe in, rather than the strength or fragility of our faith, that matters. That’s why it’s okay to question Christianity: it can MORE than hold up under scrutiny. Just like that wall was more than adequate to stand up to me pushing against it.

> *He wrote, “The first step in believing something for yourself is figuring out what you believe versus what others have told you to believe.”*

That’s true. Part of growing up means examining our beliefs that sit in our head like canned goods sit on the shelf of our mind, and we decide which ones we’re going to keep and which ones we’re not. Once you believe to keep the “can” of a belief, it becomes yours instead of your parents’ or your teachers’. HOWEVER! The most important question is not, “Do I

believe it, or was I merely taught to believe it?" but "Is it true, regardless of whether I believe it or not?"

> *He said I should decipher "propaganda from purpose."*

Who can argue with that? The bottom line question, again, is "Is it true?" And how can we know if something is true or not, apart from information from "outside the box" (the box being the world and our human experience)? That's why we as Christians depend on revelation: God is giving us information from His perspective, outside the box. That's a big way (and the ultimate way) we know whether something is true or not.

> *He studied different religions alongside Christianity such as Buddhism, Islam, and Hinduism, and even though he didn't buy into them he realized that they were all promoting the same basic ideas: "The golden rule is in every major religion."*

There's a big difference between all religions sharing a particular element (e.g., the golden rule) and all religions promoting the same basic ideas. We can find some truth in every religion, but that doesn't make the religions themselves true because they don't correspond to reality. Only Christianity corresponds to reality.

I think it's interesting how many people can "study" world religions and come to the conclusion that they're all basically the same. Eastern religion is radically different from Christianity: the concept of reincarnation and karma is vastly different from the concept of one birth, one death, then judgment.

Furthermore, Christianity says "There is no way anyone can get into heaven on their own because only the good and perfect and holy can get in." Other religions, if they even believe in a heaven, depend on their own good works. Christianity says, "We are dead in our sins and separated from God." Other religions

say, “Our efforts can overcome our sin.” Christianity says, “Jesus Christ is the only way to God.” Other religions say, “There are many ways to God.” Christianity says, “Christ living inside you is your power source and allows you to live a live pleasing to God.” Other religions say, “You’re on your own” or, worse, the New Age religions promise the lie, “You ARE god!”

> *Major religions all include the idea of the flood and most promote a moral system for promotion.*

First of all, the fact that major religions all have a flood story/myth/legend says something powerful about it being a real event! What’s significant to me is that the flood story as recorded in our Bible is the one that Jesus endorsed when He quoted from that Bible, when He talked about Noah as a real person.

Secondly, about promoting a moral system for promotion: what is that but a system of human works? Why would we be surprised that all religions, which address the subject of morality, would talk about *good* works? Again, though, Christianity is completely different from all other religions in this department. It claims that there is nothing we can do to promote ourselves, to climb any ladder of goodness and morality because we are sinners. “Promotion” comes from accepting Christ’s righteousness in exchange for our sinfulness. What a swap! That isn’t found in any other world religion—what human would have thought it up???

> *I know I’m kind of jumping around but I hope you’ll still be able to figure the labyrinth of my mind. He wrote, “Doubt is the seeding ground of wisdom.” It drives people to find out about their faith and strengthens their beliefs.*

Doubt, if it means being openminded to finding or being reassured of the truth, may well be a seeding ground of

wisdom. But I am concerned whenever ANY teacher holds up the banner of doubt as “freethinking” as if choosing to continue to believe your beliefs is closeminded and controlled. Please see this teacher as a threat to your faith. God may well be using him to help you build your faith at the same time, but know that the enemy uses disillusioned teachers to destroy students’ faith all the time. It’s not an accident; it’s a deliberate attempt to spread the enemy’s poison. It’s a spiritual battle, and the teachers and professors are unknowing pawns being manipulated by the enemy in the heavenlies just as surely as if they were marionettes. And ironically, they *think* they’re being “freethinkers!”

> *He points out the seeming contradictions in the Bible.*

There’s nothing wrong with examining SEEMING contradictions. Usually they come from not seeing the whole picture.

> *Here come some more quotes! “The last line of the Lord’s prayer is an addition by a monk.”*

And how would he know that?

> *“…Luke 19:45-48, Matthew 21:12-16, and Mark 11:15-18 show Jesus turning over the vendors at the temple after His Triumphant entry into Jerusalem”*

Right. Who said there could only be one cleansing of the temple? If John tells of one cleansing, and the synoptic gospels put a cleansing at another time, why does that make it a contradiction instead of an addition?

I’m so proud of you for not being afraid to face the questions. You have nothing to be afraid of. The very power of God is behind the philosophy and words of scripture, which assure you that what you believe is indeed the truth. It will always stand up to your study and hard scrutiny. What may not

stand up are your assumptions about things that God never said in the first place, and that's not a bad thing! (For instance: there are people who suffer with their desire to get up and dance to a great, moving, rhythmic song, but they believe—because they've been taught—that dancing is sin. But God never said it was! That's a man-made rule that doesn't stand up under the searchlight of "Hath God said. . .?")

Hang in there! You have all the supernatural assistance possibly available to you!

Love,
Sue

"The Creation/Evolution Controversy is Keeping Me From Believing"

Dear Ray Bohlin,

I read your article Christian Views of Science and Earth History, and at the end it said about how you have been researching about this for twenty years, but still haven't come to a conclusion about it. If (macro)evolution isn't proved true, then why would people involved in science treat it as a fact? Two people who come to my mind are Michael Behe and Phillip Johnson. I guess Behe believes in macroevolution and Johnson doesn't, but they still both support Intelligent Design theory. Does Johnson just not know enough about science, or is Behe perhaps wrong? Maybe I've just become way too skeptical. I don't like being like this, but it's hard not to be! How can I not let this controversy about evolution keep

me from believing? How do you do it? Maybe you just have more faith than I do. I don't know.

Basically, my only question is concerning the age of the earth and universe. I do not consider this the critical issue so I am willing to live with a certain amount of tension here. There are many good Christians, both theologians and scientists who disagree on the time frame of Genesis, so you are not alone.

Macroevolution is treated as fact primarily because it is necessary for a naturalistic world view. If there is no God then some form of evolution must be true. This is why so many evolutionists are not troubled by evolution's problems. They are firmly convinced that some form of evolution has occurred and the problems will be solved some day. Here their faith is in their world view and not necessarily science. Phil Johnson does a good job of talking about this in his first two books, *Darwin on Trial* and *Reason in the Balance*.

Being skeptical is OK. If Christianity is really true, then it can stand up to the scrutiny. I encourage you to continue to ask your questions and seek for answers. I have never been disappointed when I have felt the need to dig a little deper. The Lord won't disappoint you either.

An excellent book you may want to pick up is by Lee Strobel called *The Case for Faith* (Harper Collins/Zondervan). It's a series of interviews with top Christian scholars looking for answers to the toughest challenges to faith. One of the interviews is with Dr. Walter Bradley from Texas A & M about evolution and the origin of life. Because each chapter is a retelling of an interview it's not overly technical but extremely helpful and honest.

I certainly don't feel I have all the answers about the evolution question either. I am convinced however, that evolution certainly doesn't have all the answers and some of

the missing answers are to the most crucial questions such as a workable and observable mechanism of change.

In the past when I was feeling threatened as you are I would frequently need to return to the basics which I knew were true. The facts of Jesus historical existence, the reliability of the New Testament, the historical reliability of his resurrection, and God's clear direction and presence in my life. Then I would combine this with Jesus own confirmation of the historicity of Genesis (see Matt. 19:3-6, Matt. 23: 29-37, and Matt. 24:37-39 and "Why We Believe in Creation") and Paul's clear statement of the creation exhibiting his character in Romans 1:18-20 and it was obvious that something was very wrong with evolution and somehow God's creative fingerprints are evident in the natural world. That would keep me going. Now the more I have studied and probed, the more bankrupt evolution has become and the reasonableness and scientific integrity of design becomes more and more self-evident.

Hope this helps.

Respectfully,

Ray Bohlin

Probe Ministries

Freudian Slip

His "True Enemy"

In 1937, shortly before World War II, a Jewish doctor had a colleague who urged him to flee Austria for fear of Nazi

oppression. The doctor replied that his “true enemy” was not the Nazis but “religion,” the Christian church. What inspired such hatred of Christianity in this scientist?{1}

His father Jakob read the Talmud and celebrated Jewish festivals. The young boy developed a fond affection for his Hebrew Bible teacher and later said that the Bible story had “an enduring effect” on his life. A beloved nanny took him to church as a child. He came home telling even his Jewish parents about “God Almighty”. But eventually the nanny was accused of theft and dismissed. He later blamed her for many of his difficulties, and launched his private practice on Easter Sunday as (some suggest) an “act of defiance.”

Anti-Semitism hounded the lad at school. Around age twelve, he was horrified to learn of his father’s youthful acquiescence to Gentile bigotry. “Jew! Get off the pavement!” a so-called “Christian” had shouted to the young Jakob after knocking his cap into the mud. The son learned to his chagrin that his dad had complied.

In secondary school, he abandoned Judaism for secular science and humanism. At the University of Vienna, he studied the atheist philosopher Ludwig Feuerbach and carried his atheism into his career as a psychiatrist. Religion for him was simply a “wish fulfillment,” a fairy tale invented by humans to satisfy their needy souls.

This psychiatrist was Sigmund Freud. He became perhaps the most influential psychiatrist of history, affecting medicine, literature, language, religion and culture. Obsessed with what he called the “painful riddle of death,” he once said he thought of it daily throughout life. His favorite grandson’s death brought great grief: “Everything has lost its meaning to me…” he wrote. “I can find no joy in life.” He called himself a “godless Jew.” In 1939, he slipped into eternity, a willful overdose of morphine assuaging his cancer’s pain.

What factors might have influenced Freud's reaction to Christianity? Have you ever been discouraged about life or angry with God because of a major disappointment or the way a Christian has treated you? In the next section, we'll consider Freud's encounter with bigotry.

Anti-Semitism

Have you ever observed a Christian acting in un-Christlike ways? How did you feel? Disappointed? Embarrassed? Disgusted? Maybe you can identify with Sigmund Freud.

When Freud was about ten or twelve, his father Jakob told him that during his own youth, a "Christian" had knocked Jakob's cap into the mud and shouted "Jew! Get off the pavement!" Jakob had simply picked up his cap. Little Sigmund found his father's acquiescence to Gentile bigotry unheroic. Hannibal, the Semitic general who fought ancient Rome, became Sigmund's hero. Hannibal's conflict with Rome came to symbolize for Freud the Jewish-Roman Catholic conflict.{2}

In his twenties, Freud wrote of an ugly anti-Semitic incident on a train. When Freud opened a window for some fresh air, other passengers shouted for him to shut it. (The open window was on the windy side of the car.) He said he was willing to shut it provided another window opposite was opened. In the ensuing negotiations, someone shouted, "He's a dirty Jew!" At that point, his first opponent announced to Freud, "We Christians consider other people, you'd better think less of your precious self."

Freud asked one opponent to keep his vapid criticisms to himself and another to step forward and take his medicine. "I was quite prepared to kill him," Freud wrote, "but he did not step up…{3}

Sigmund's son Martin Freud recalled an incident from his own youth that deeply impressed Martin. During a summer holiday,

the Freuds encountered some bigots: about ten men who carried sticks and umbrellas, shouted "anti-Semitic abuse," and apparently attempted to block Sigmund's way along a road. Ordering Martin to stay back, Sigmund "without the slightest hesitation … keeping to the middle of the road, marched towards the hostile crowd." Martin continues that his "…father, swinging his stick, charged the hostile crowd, which gave way before him and promptly dispersed, allowing him free passage. This was the last we saw of these unpleasant strangers." Perhaps Sigmund wanted his sons to see their father boldly confronting bigotry rather than cowering before it, as he felt his own father had done.{4}

Jews in Freud's Austria suffered great abuse from so-called Christians. No wonder he was turned off toward the Christian faith. How might disappointment and loss have contributed to Freud's anti-Christian stance?

Suffering's Distress

Have you ever been abandoned, lost a loved one, or endured illness and wondered, "Where is God?" Perhaps you can relate to Freud.

Earlier, I spoke about Freud's Catholic nanny whom he loved dearly, who was accused of theft and was dismissed. As an adult, Freud blamed this nanny for many of his own psychological problems.{5} The sudden departure—for alleged theft—of a trusted Christian caregiver could have left the child with abandonment fears{6} and the adult Freud with disdain for the nanny's faith. Freud wrote, "We naturally feel hurt that a just God and a kindly providence do not protect us better from such influences [fate] during the most defenseless period of our lives."{7}

Freud's daughter, Sophie, died suddenly after a short illness. Writing to console her widower, Freud wrote: "…it was a senseless, brutal stroke of fate that took our Sophie from us

. . . we are . . . mere playthings for the higher powers.{8}

A beloved grandson died at age four, leaving Freud depressed and grief stricken. “Fundamentally everything has lost its meaning for me,” he admitted shortly before the child died.{9}

Freud’s many health problems included a sixteen-year bout with cancer of the jaw. In 1939, as the cancer brought death closer, he wrote, “my world is . . . a small island of pain floating on an ocean of indifference.”{10} Eventually a gangrenous hole in his cheek emitted a putrid odor that repulsed his beloved dog but attracted the flies.{11}

Like many, Freud could not reconcile human suffering with a benevolent God. In a 1933 lecture, he asserted:

> *It seems not to be the case that there’s a power in the universe which watches over the well-being of individuals with parental care and brings all their affairs to a happy ending. On the contrary, . . . Obscure, unfeeling, unloving powers determine our fate.{12}*

Freud’s suffering left him feeling deeply wounded. Could that be one reason he concluded that a benevolent God does not exist? Do you know people whose pain has made them mad at God, or has convinced them He doesn’t exist? Intellectual doubt often has biographical roots.

Spiritual Confusion

Hypocritical Christians angered Sigmund Freud. The deaths of his loved ones and his own cancer brought him great distress. His loss and suffering seemed incompatible with the idea of a loving God. So what did he think the main message of the Christian faith was?

In the book, *The Future of An Illusion*, his major diatribe against religion, Freud outlined his understanding of

Christianity. He felt it spoke of humans having a “higher purpose”; a higher intelligence ordering life “for the best”; death not as “extinction” but the start of “a new kind of existence”; and a “supreme court of justice” that would reward good and punish evil.{13}

Freud’s summary omits something significant: an emphasis on human restoration of relationship to God by receiving His free gift of forgiveness through Jesus’ sacrificial death on the cross for human guilt.

Discussions of the biblical message often omit or obscure this important concept. I used to feel I had to earn God’s love by my own efforts. Then I learned that from a biblical perspective, no one can achieve the perfection necessary to gain eternal life.{14} Freud’s view of Christianity at this point seemed to be missing grace, Jesus, and the cross.

Two years after he wrote *The Future of An Illusion*, he seemed to have a clearer picture of Christian forgiveness. He wrote that earlier he had “failed to appreciate” the Christian concept of redemption through Christ’s sacrificial death in which he took “upon himself a guilt that is common to everyone.”{15}

Freud also attacked the intellectual validity of Christian faith.{16} He objected to arguments that one should not question the validity of religion and that we should believe simply because our ancestors did. I don’t blame him. Those arguments don’t satisfy me either. But he also felt the biblical writings were untrustworthy. He shows no awareness of the wealth of evidence supporting, for example, the reliability of the New Testament documents or Jesus’ resurrection.{17} His apparent lack of familiarity with historical evidence and method may have been a function of his era, background, academic pursuits or profession.

Perhaps confusion about spiritual matters colored Freud’s view

of the faith. Do you know anyone who is confused about Jesus' message or the evidence for its validity?

Freud's Christian Friend

Freud often despised Christianity, but he was quite fond of one Christian. He actually delayed publication of his major criticism of religion for fear of offending this friend. Finally, he warned his friend of its release.{18} Oskar Pfister, the Swiss pastor who had won Freud's heart, responded, "I have always believed that every man should state his honest opinion aloud and plainly. You have always been tolerant towards me, and am I to be intolerant of your atheism?"{19} Freud responded warmly and welcomed Pfister's published critique. Their correspondence is a marvelous example of scholars who differ doing so with grace and dignity, disagreeing with ideas but preserving their friendship. Their interchange could well inform many of today's political, cultural and religious debates.

Freud's longest correspondence was with Pfister. It lasted 30 years.{20} Freud's daughter and protégé, Anna, left a glimpse into the pastor's character. During her childhood, Pfister seemed "like a visitor from another planet" in the "totally non-religious Freud household." His "human warmth and enthusiasm" contrasted with the impatience of the visiting psychologists who saw the family mealtime as "an unwelcome interruption" in their important discussions. Pfister "enchanted" the Freud children, entering into their lives and becoming "a most welcome guest."{21}

Freud respected Pfister's work. He wrote, "[Y]ou are in the fortunate position of being able to lead . . . [people] to God."{22}

Freud called Pfister "a remarkable man a true servant of God, . . . [who] feels the need to do spiritual good to everyone he meets. You did good in this way even to me."{23}

“Dear Man of God,” began Freud after a return home. “A letter from you is one of the best possible things that could be waiting for one on one’s return.”{24}

Pfister was a positive influence for Christ. But in the end, so far as we know, Freud decided against personal faith.

People reject Christ for many reasons. Hypocritical Christians turn some off. Others feel disillusioned, bitter, or skeptical from personal loss or pain. Some are confused about who Jesus is and how to know Him personally. Understanding these barriers to belief can help skeptics and seekers discern the roots of their dilemmas and prompt them to take a second look. Examples like Pfister’s can show that following the Man from Nazareth might be worthwhile after all.

Notes

1. Much of this article is adapted from Russell Sims Wright, *Belief Barriers and Faith Factors: Biographical Roots of Sigmund Freud’s Reaction to the Christian Faith and Their Relevance for Christian Ministry*, unpublished M.Th. dissertation, University of Oxford (Westminster College), May 2001.

2. Sigmund Freud, The Interpretation of Dreams, 1900. In James Strachey (Gen. Editor/Translator), *The Standard Edition of the Complete Psychological Works of Sigmund Freud,* Volumes IV and V (London: Hogarth, 1953-1966), pp. 196-197. Subsequent references to this Standard Edition are here abbreviated “S.E.”, per professional convention.

3. Sigmund Freud; Ernst L. Freud (ed.); Tania and James Stern (translators), *Letters of Sigmund Freud 1873-1939* (London: Hogarth, 1961[1970 reprint]), pp. 92-94.

4. Martin Freud, *Sigmund Freud: Man and Father* (New York: Jason Aronson, 1983), pp. 68-71.

5. Sigmund Freud, Letters 70 (October 3-4, 1897) and 71 (October 15, 1897) to Wilhelm Fliess. In *S.E., Volume I*, pp. 261-265.

6. Sigmund Freud, The Psychopathology of Everyday Life, 1901. In *S.E. Volume VI*, pp. 49-51.

7. Sigmund Freud, Leonardo da Vinci and a memory of his childhood, 1910. In *S.E. Volume II*, pp. 136-137; quoted in Ana-Maria Rizzuto, *Why Did Freud Reject God? A Psychodynamic Interpretation* (New Haven: Yale University Press, 1998), pp. 241-242. The bracketed word is apparently Rizzuto's.

8. Ernst Freud, Lucie Freud, and Ilse Grubrich-Simitis, eds., *Sigmund Freud: His Life in Pictures and Words* (London: Andre Deutsch, 1978), p. 220.

9. Sigmund Freud, *Letters of Sigmund Freud,* ed. Ernst L. Freud, trans. Tania and James Stern (New York: Dover, 1960 [1992 unaltered reprint of 1960 Basic Books edition]), pp. 343-344.

10. Max Schur, M.D., *Freud: Living and Dying* (New York: International Universities Press, Inc., 1972), p. 524.

11. Ibid., pp. 526-527.

12. Armand Nicholi, Jr., M.D., "When Worldviews Collide: C. S. Lewis and Sigmund Freud: A comparison of their thoughts and viewpoints on life, pain and death," Part One, *The Real Issue* 16:2, January 1998, p. 11.

13. Sigmund Freud, *The Future of An Illusion,* ed. and trans. James Strachey (New York: W.W. Norton, 1961 edition of the 1928 work), pp. 23-24.

14. Ephesians 2:8-9; Romans 1-5.

15. Sigmund Freud, *Civilization and Its Discontents* ed. and trans. James Strachey (New York: W.W. Norton, 1961 edition of

the 1930 work), pp. 99-100.

16. Sigmund Freud, *The Future of An Illusion,* p. 33.

17. See, for instance, Josh McDowell, *The New Evidence That Demands A Verdict* (Nashville: Thomas Nelson Publishers, 1999).

18. Heinrich Meng and Ernst L. Freud, eds., Eric Mosbacher trans., *Psycho-Analysis and Faith: The Letters of Sigmund Freud and Oskar Pfister* (London: Hogarth Press/Institute of Psycho-Analysis, 1963), pp. 109-110.

19. Ibid., p. 110.

20. Nicholi, loc. cit.

21. Meng and E. Freud, op. cit., p. 11.

22. Ibid., p. 16.

23. Ibid., p. 24.

24. Ibid., p. 29.

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Churches That Equip

I STILL REMEMBER THE SINKING FEELING IN THE PIT OF MY STOMACH. I was a university student, a young believer, and my faith in Christ seemed like a house of cards that had just crumbled. For awhile, the Christian life that had been so exciting and joyful became a myth. I felt rootless, adrift, and confused.

One of my fraternity brothers had just asked me some questions

about Christianity that I couldn’t answer. This bothered me deeply until Bob Prall, a pastor and campus Christian worker, answered them for me. “Always remember,” he advised as he finished, “just because you don’t know the answer, doesn’t mean there is no answer.”

For the next two years I followed him around, watching as he shared Christ with skeptics, listening to his speeches, and observing how he dealt with non-Christians. Bob’s loving, learned example and teaching helped me sink my spiritual roots deeply into God’s truth and provided a foundation for three decades of interaction with unbelievers. I shall always be grateful to him for equipping me in this way.

Just as Bob helped me, a number of churches across North America are helping equip their members to answer effectively questions that non-Christians ask. Maybe their stories will encourage you.

Conversation and Cuisine

Dennis McCallum pastors Xenos Christian Fellowship in Columbus, Ohio. He is keenly interested in reaching “postmoderns” for Christ, and Xenos members have developed some successful methods of equipping members for outreach. In his book, The Death of Truth, McCallum outlines a practical plan using dinner-party discussion groups. “It’s not impossible to communicate with postmodern culture,” he claims, “it’s just more difficult.” Just as missionaries need to learn the language and customs and build relationships with those they seek to reach, so we must understand and befriend today’s postmoderns.

Xenos’ “Conversation and Cuisine” gathers Christians in a home with non-Christian friends for food and discussion. Guests are assured it’s not a church service and that all opinions are welcome. Topics include “To judge or not to judge,” “Forgiveness in relationships,” “Views of the afterlife,” and

current events.

After dinner the facilitator presents several scenarios for discussion. For instance, in a session on judging, he might describe a situation of racism in the workplace and ask participants to decide “OK” or “bad.” Next the facilitator tells of a mother who chooses to leave her husband and children for another man. The participants also vote. The point is to create a bit of confusion and help participants realize that—in contrast to today’s “tolerate all viewpoints” mindset—they themselves sometimes make judgments that they feel are entirely appropriate.

This dialogue can lead to discussions of, for instance, Hitler’s Germany. Was killing Jews merely a cultural tradition that should be respected?

The aim is not to preach, but gently to lead non-Christians to rethink their presuppositions. Sessions don’t always include a gospel presentation. They may be “pre-evangelistic”—helping unbelievers reconsider their own relativism, appreciate that some universal or absolute truths might be necessary, and realize that Christians may have some answers. Church members can then continue the relationships and share Christ as appropriate. “Once people’s thinking has been thawed—or even shocked—out of their totalistic postmodern pattern,” claims McCallum, “they will have a new receptiveness to the gospel.”

Xenos is also committed to grounding youth in God’s Word. Its curriculum uses age-appropriate games, stories, and study to help grade-school through university students understand and explain God’s truth. High school home meetings designed for secular audiences involve adult-student team teaching: kids reaching kids. Campus Bible studies reach Ohio State students.

Kellie Carter’s New Age background could not save her mom from breast cancer. Disillusioned with God after her mother’s death, Kellie sought answers in crystal healing, astrology,

and meditation. Then a friend invited her to a Xenos campus Bible study, where she debated Christianity with attendees.

“The amazing thing here was that I was getting answers,” Kellie recalls. “These people knew what they believed and why. I wanted that.” Scientific and historical evidences for Christianity prompted her to trust Christ as Savior.

Kellie later invited Jeremy (“Germ”) Gedert to a Xenos meeting about anger, a problem he recognized he had. Subsequent Bible studies on fulfilled prophecy pointed Germ to faith in Christ. Now Germ claims God has given him “great relationships, controlled temper, and a real vision for my life with Christ” plus “an awesome wife (named Kellie Gedert).” Equipped students are reaching students.

Xenos offers courses, conferences, papers, and books to help Christians understand and communicate the gospel in modern culture. For information visit their web site at www.xenos.org.

Spreading the Passion

When George Haraksin became a Christian while studying at California State University Fullerton, he switched his major to comparative religions so he could investigate Christianity’s truth claims. Through his involvement in New Song Church in nearby San Dimas, he found his biblical and apologetic knowledge strengthened and was able to teach classes on New Age thinking. Study in philosophy and ethics at Talbot Seminary fanned his passion for communicating biblical truth, which Haraksin now spreads as New Song’s Pastor of Teaching and Equipping.

“Ephesians tells us to equip the church,” he notes. “People learn on three levels: a classroom level, a relational level, and at home.” He and his co-workers seek to use all three levels to help prepare members to be ready to answer questions

non-Christians ask.

New Song's leaders integrate equipping the saints into their regular gatherings. Some sermons handle apologetic themes. Weeknight classes cover such topics as "Evangelism and the Postmodern Mindset." Monthly men's breakfasts may deal with "Evidences for the Resurrection" or "Is Jesus the Only Way?" New Song has also invited faculty from the International School of Theology to teach courses on "Developing a Christian World View" and other theological topics.

"I'm trying to find people within the church who have that sort of passion (for apologetics) and gifts for teaching," Haraksin explains. "As I identify them, I'm trying to come alongside them, develop that passion, and develop them as leaders."

If people have questions about science and Christianity, he wants to be able to refer them to a member with that specialty who can help them. He's setting up an apologetics network at the local church level.

New Song member Jeff Lampman received a phone call and letter from a cousin with unusual perspectives on the Bible. "I had no idea how to respond to him," Jeff recalls. He showed the letter to Haraksin, who recognized Jehovah's Witness doctrines. When two Jehovah's Witness members showed up at Jeff's door, he invited them to meet with him and Haraksin. "I was very uncomfortable at first," Jeff explains, but he grew in his knowledge of the Bible as he watched Haraksin in action over the next six months.

The experience "taught me why I believe what I believe," Jeff remembers. "Before, if somebody asked me why I believe what I do, I wouldn't have a clue as to how to respond to them. Now I do. George [Haraksin] was a tremendous help. I feel a lot more confident now and know where to go to get resources to defend the faith effectively." He continues to apply what he's

learned as he interacts with skeptical co-workers and helps equip and encourage other Christians to learn.

Not everyone at New Song is interested in apologetics. Haraksin estimates that about 10 to 20 percent are thirsty enough to attend weekly meetings if personally encouraged to do so. Others want answers on a more spontaneous basis when they encounter a skeptic. Still others have little or no interest.

“There is still an anti-intellectualism in the church,” Haraksin notes. People want to know “Why can’t I just love God? Why do I need to know all this other stuff?” Society is on information overload, and some “people don’t want to take the time to read and study,” which can be frustrating to a pastor with a burning desire to see people learn.

Haraksin tells of a woman who questioned Jesus’ deity. At another church she had been told not to ask questions but to spend time in personal devotions. Haraksin answered some of her concerns individually and encouraged her to enroll in New Song’s “Jesus Under Fire” class, which she did. She could ask questions without fear of causing offense. Soon she became a solid Christian, committed to the church.

“We’re relational people in a relational culture,” Haraksin notes. We’re still learning.” This product of his own church’s equipping ministry is helping to light some fires.

Issues and Answers

Barry Smith is Pastor of Discipleship Ministries at Kendall Presbyterian Church in Miami. He has a keen desire to see adults and youth understand Christianity’s truth. Sunday schools have featured quarters on apologetics and on Christian ethics. The heart of Kendall’s apologetics emphasis is “Issues and Answers,” monthly dinner discussions relating faith to the secular world.

The meetings arose out of conversations between Smith and hospital chaplain Phil Binie, who had served on the staff of L'Abri in Switzerland and Holland. (L'Abri is a network of Christian study centers founded by the late Dr. Francis Schaeffer.) The core group is composed of Kendall members—both men and women—who are professionals in the community. Leaders include a *Miami Herald* editor, a federal judge, a medical professional, University of Miami professors, an attorney, and a musician.

Core members invite friends and colleagues to join them. Families, including children, gather at a home and enjoy mealtime conversation. After the 45-minute dinner, youth workers spend time with the children while a group member guides an hour-long presentation for the adults. Smith led one on the problem of evil: "If God is good, where did evil come from?"

Journalistic ethics dominated another discussion. A judge handled the separation of church and state. An English professor covered "deconstructionism" and literary analysis as they apply to the Bible, a somewhat perplexing but highly relevant theme. (Deconstructionism includes a tendency to seek a text's meaning not in what the original author likely intended, but in what readers today want it to say.)

Smith says that at least one person has professed faith in Christ through a personal search that attending the group prompted. All of the non-clergy members at first felt uncomfortable sharing their faith outside the church; now all feel more at ease. Smith especially notes one couple (a psychology professor and an attorney) who began the program as young Christians and have experienced dramatic growth as they have understood how Christianity makes sense in their work settings.

Smith emphasizes that the "Issues and Answers" format is easy to replicate and need not involve professional clergy

leadership. It started informally and at first was not even an official church ministry. “The idea,” he explains, “was simply to find people trying to contextualize their Christianity in the marketplace who could share with us how they do that.”

Scheduling seems the biggest obstacle; professionals’ crowded calendars can be hard to mesh. But Smith is encouraged by what the program has accomplished in its two years. He sees a revival of interest in the works of Francis Schaeffer and enthusiastically recommends them to both believers and seekers.

The apostle Peter told believers, “Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have. But do this with gentleness and respect” (1 Peter 3:15). Paul wrote that God gives spiritual leaders to the church “to prepare God’s people for works of service” (Eph. 4:12). Xenos, New Song, and Kendall churches are taking those admonitions seriously and are seeing fruit for God’s kingdom.

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