

“Can’t God Use Reiki to Heal?”

Dr. Michael Gleghorn



Hi Michael,

I am a Christian and I love Jesus with all my heart and believe in His healing power provided for us at the cross. I believe the provision is there, in the spiritual realm and it is up to us to connect with it and receive healing through prayer and taking authority in Jesus’ name. I believe He works through us and doesn’t refuse any prayer for healing, but does need us to connect with the healing and bring it into the physical realm.

Many Christians go to the doctors, take medication, have operations and none of these practices are frowned upon as “not being dependent on God for healing,” but many do not glorify Jesus in their healing, they usually give the glory to the doctor or hospital who treated them.

I pray for healing and the power to receive and have had healing on many occasions and if I haven’t immediately received, I do not for one minute think God hasn’t healed me, I know it’s my connection or the connection of whoever is praying for my healing that is not quite right.

Yesterday I went for a massage. The therapist asked me about any problem areas. I told her I had had problems with my back on and off for many years, but believed God had healed me. She began the massage,

then she suddenly said, “I found the problem spot,”—which she had, she was right on it—“My hand has gone really hot, I’m doing reiki on it.” She didn’t ask me, she just did it. I didn’t mind, didn’t know much about it. The next morning I woke up and for the first time in years got out of bed without any pain or stiffness and my back has been great all day, despite lifting and carrying as is the nature of my job. I know it has been healed and I thanked God for the healing and texted the lady to tell her my back was healed. I don’t for one minute think she healed me, no more than Benny Hinn heals anyone, he is just a channel like the massage lady was. I gave the glory to God and always will.

I wanted to know more about reiki; that’s why I looked on the internet for information and read your article with interest. I must say I am confused and must look into this further, I only want to do the right thing and I will of course speak with my pastor and other Christians, but my main point is that it seems instead of using man-made drugs and procedures for healing, we used natural energy that I believe was created by God for our use.

I’m glad to hear that your back is feeling better! At the same time, I must honestly say that some of the views expressed in your letter strike me as biblically and theologically unsound. Allow me to explain.

I think your first paragraph is a fairly good example. I personally don’t believe that what you’re describing here is actually biblical Christianity. After all, where does the Bible teach that God needs us “to connect with the healing and bring it into the physical realm”? What does this even mean? I’ve read such things in books by Wiccans (I’m being totally serious here), but I don’t believe that this is a Christian notion. After all, is God not sovereign and omnipotent? Can He not heal anyone He wants—and at any time He wants?

And if God does not refuse a request for healing, then what do you say to all the

truly godly Christian people who (along with their churches and families) have urgently pleaded with God for healing—and not received it? Please think very carefully about this, because you could unintentionally end up causing a great deal of spiritual and emotional pain by insisting that such people do not have enough faith to be healed. Let me offer a bit of biblical support for this contention.

Many evangelical biblical scholars believe that Paul’s “thorn in the flesh” was some kind of physical malady. But the Lord refused to heal him of it (2 Cor. 12:7-10). Now did Paul really not have enough faith to be healed? Was it not actually God’s will that he NOT be healed? Similarly, in Galatians 4:13-14 he mentions preaching the gospel to the Galatians while he was ill, an illness which was a trial to them. But if Paul could have been instantly healed, then why did he put the Galatians (and himself) through such an unnecessary trial? Finally, Elisha was a very great prophet of the Lord. And yet, in 2 Kings 13:14 we read that he was suffering from the illness from which he died (2 Kings 13:20). But such a state of affairs seems totally unnecessary (indeed, virtually impossible for a great prophet like Elisha) on the view which you have presented. It thus seems to me that we need to adopt a more nuanced, biblical view of prayer. To see what I mean, please carefully read my article on petitionary prayer here: www.probe.org/problems-and-promises-of-petitionary-prayer/.

In addition, please carefully re-read the last section of my article on Reiki entitled, “Does All Healing Come from God?” at www.probe.org/reiki/.

Of course, I certainly agree that modern Western medicine is not perfect. But its reliance on quality control, reproducible results, the scientific method, extensive training, education, and licensing, etc., clearly distinguish it from much of energy medicine. In addition, since those who practice it are not typically calling upon spirit guides and other questionable entities, it is much less likely to entangle those making use of it with possible demonic involvement.

At any rate, I'm sincerely glad that you're feeling better—and I hope that that continues to be the case. But I would caution you against getting any more deeply involved in Reiki energy medicine.

This is maybe not what you were hoping to hear, but I must give you my honest opinion before the Lord.

Shalom in Christ,

Michael Gleghorn

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“Is Reiki Just Another Means to Medicine?”

Dr. Michael Gleghorn



I have a daughter who is 8 and [whose health] is very compromised. We have been to doctors, etc. who have yet to come up with an answer. I have had several people recommend Reiki. I have hesitated because I am very leery of “energy” based healings. I am a believing, Bible reading

Christian. There is a woman in our church who suggested Reiki and is trained in it. In “testing” her [words against Scripture] I catch a lot of New Age phrases that I am not comfortable with and [it has] become clear she is not actually reading the Word of God...(vs. just attending services).

Your answer supplying [a Christian Perspective on Reiki](#) was the best in terms of guiding me that this is wrong. I think that the reason Reiki is more questionable is because it is reaching out to the “spiritual realm” that does not glorify God. Yet, I am wondering, given that conventional medicine does not glorify God (more so it glorifies the doctor) is Reiki just another means to medicine? Or is it not considered viable because it is so spiritually based?

I just do not understand energy healing and many people (including Christians) suggest we explore energy healing. Given my faith...I know that God is sovereign and can use ALL things...but He also warns us. Do you mind if I ask you to further elaborate? Given modern medicine is simply a tool of God, it does also violate some scriptural things if you look at Old Testament teachings (i.e. vaccines contain animal DNA and we are not to mix this, etc.)

I just want to put this to rest once and for all and know if I am not neglecting an avenue of potential healing for my child. Thank you.

Thanks for your letter. I’m truly sorry to hear about the health difficulties your daughter is struggling with! However, I could not, in good conscience, recommend Reiki energy medicine as a possible solution. You mentioned an email response which I wrote on a Christian perspective on Reiki, but I’m wondering if you read the article I wrote on Reiki? If not, you can find it [here](#).

In the article I go into much more depth than I can do over email. I offer an overview of Reiki energy medicine, look into the question of whether or not there is any legitimate scientific support for such energy, ask about Reiki’s alleged

success stories, and discuss some reasons why I believe that Christians should be concerned about Reiki.

First, and foremost, I think that we should be concerned about the spiritual aspects of Reiki. As my article spells out in much more detail, I think that we should be concerned about where the power of Reiki really comes from (provided that there is any real power there to begin with). This leads to my second main concern: if Reiki really has no power whatever to effect genuine (as opposed to merely psychosomatic) healing of the body, then we could end up endangering people's lives by sending them to a Reiki practitioner, instead of a properly credentialed medical doctor. I also explain my reasoning here in more detail in my article.

Of course, modern Western medicine is not perfect. But its reliance on quality control, reproducible results, the scientific method, extensive training, education, and licensing, etc., clearly distinguish it from much of energy medicine. In addition, since those who practice it are not typically calling upon spirit guides and other questionable entities, it is much less likely to entangle those making use of it with possible demonic involvement.

At any rate, as my article shows, it seems to me that there are sufficient reasons for Christians to be wary of Reiki and to avoid it. Others may disagree, but this is definitely my opinion on the matter.

I hope this is helpful and, again, please check out my [article](#) on the subject (if you have not done so already).

Shalom in Christ,

Michael Gleghorn

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