

“Can You Suggest Reasons Why I Am a Lesbian?”

I just read Kerby Anderson's article on [Homosexual Theology](#). Very well written, although I do disagree on some points. I consider myself homosexual. I am a 36 year-old female. As far back as I can remember, from the age of 2 or 3, I've have “felt” like a boy. This goes beyond just same-sex attractions. It goes into wanting to play army and trucks as a child, rather than play with dolls and, eventually, being sexually attracted to females (even in grade school), rather than males. For me, as I can only speak for myself, it is not all about sex. I would rather share my life with a female, even if we never had sex. I want the same thing I assume most heterosexuals want; a home, family, decent job, vacation time, and hope for a healthy, happy future.

I guess my question for you is, what do you think caused my homosexuality? I grew up in the “All-American Family.” Stay at home mom, dad who always worked, middle-class, church on Sundays. I am the youngest of three, and the only girl. I was always encouraged to act and dress like a female by my parents. I had no doubt about my parents love for me and felt very secure and safe in my environment. I grew up about as “normal” as anyone can in American. So, can you shed any light? Thanks, _____

Dear _____,

Kerby Anderson forwarded your e-mail to me because I am very familiar with the homosexuality issue.

The difficulty in trying to explain the foundations for another person's same gender attraction is always increased when we are only given selective details. What you wrote to Kerby isn't your whole story, and you couldn't possibly be

able to GIVE your whole story, especially when the most important parts are what happened inside your head and heart.

One of the things we have discovered over the past several years is that the contributing factors to homosexuality include not only events (such as sexual abuse) and relationships (especially with parents), but how a child PERCEIVES events and relationships. For example, dads can show and tell their love in one way, but if his son or daughter doesn't hear it or see it, s/he can feel unloved even though the love was there. Parents can feel that they are accepting their children, but sometimes the kids don't feel that acceptance. And that makes sense, since we are all broken people living in a fallen world, and sometimes our "love receptors" are broken just like a radio can be broken and not receive the radio waves that would translate into sound if it weren't broken.

There is an intriguing detail you DID include, which was being sexually attracted to females, even in grade school. Emotionally healthy children do not experience sexual attraction until adolescence. (Kids sometimes develop crushes on other kids, but it's an intense emotional attraction, not a sexual attraction.) Becoming sexual at an early age isn't normal; all the examples I ever heard of were the result of sexual exposure (which is actually sexual abuse) at an early age.

So I would suggest there are parts to your story—your true relationship with your parents, possible experiences you don't mention—that are a big part of what you have experienced. Having boy-like interests at an early age, in and of itself, doesn't say that anything was wrong; there is a wide spectrum of what it means to be a female, just as there is a wide spectrum of what it means to be male. And that, I believe, is by divine design, because God is delighted to make people with great variety. But that doesn't mean He gave you same-gender attraction, and it doesn't mean He made you gay. It means

something happened, even if you don't know what it is. Homosexuality is really about gender confusion, and something interfered with you embracing your femininity if you have closed yourself off from wanting intimate relationships with men.

I hope this helps.

Most respectfully,

Sue Bohlin
Probe Ministries

“Help! I’m a Gay Christian”

Thanks for being willing to help me. Here’s the deal:

I’m 18 and I’ve known for a while now that I’m gay. Yep, GAY!!!!!! But I’m also a Christian, and those two don’t usually mix well. I don’t have a boyfriend or anything. The problem is I don’t know whether I should accept my nature and try and be both a Christian devoted to others and God who just happens to like men, or to fight my nature and be alone for all my life.

What is your opinion on gay people? What do you think?

1. The world tells you that you have two choices: Accept that you’re gay and find a way to be a gay Christian even though the Bible says not to, or be alone and lonely forever. I would suggest those choices are a lie.

You can’t glorify God in gay relationships, especially sexual relationships. Sex was created (among other reasons) to show us what “unity within diversity” is, so we can see a physical demonstration of the unity of Christ and the church. Just as

Jesus is very different from us (the church) as His bride yet the two become one, God-glorifying sex can only be between two very different (i.e., male and female) people who become one. The very biology of sex shows us that sex was intended to be heterosexual.

2. If God's intention in His creation is holy heterosexuality, then all of us have the *capacity* for it. That's why there are people ministering to those with same gender attraction (SGA), showing them how to move out of what feels normal but isn't, into heterosexual attraction. It's not fast, it's not easy, but it IS possible. It's about finding ways to relate in a healthy, nonsexual way with other men, and doing it in the power of the Holy Spirit. Which He is happy to give as we abide in Christ. (That's the key, but it's easier to talk about than to live, moment by moment. Nonetheless, that's how others have moved from being strugglers to being overcomers.)

There are a number of websites where you can read stories and get real help, including online message boards for encouragement. Here's a good place to start: Living Hope Ministries. This one has a lot of other sites listed, as well as a web forum where you can find people to talk to.
<http://www.livehope.org>

The bottom line is, THERE IS HOPE. You don't have to live with the false choice of either being separated from God because of your sexuality, or alone and lonely because of it.

3. In terms of my opinion of gay people? Well, God passionately loves gay people, so who am I to argue with that? ::::smile:::: He grieves when men are attracted to men and women are attracted to women, because it means that something went wrong somewhere, whether biology or psychology or whatever. But it doesn't make the PERSON bad!!! I think that the reason gay people are in so much pain isn't because the world hates gays and is homophobic, which is the politically correct explanation you get these days, but it's because something

went wrong and it's painful not to be able to relate correctly and healthily to people of the opposite sex.

And God has power to help us with problems like that, even though it's not easy—by ANY means—to change.

4. One last thing. Until their mid-20's or so, some people's sexuality is fluid. It's changeable. Surging hormones can create some alarming and disturbing feelings. It doesn't necessarily mean someone is hard-wired to be gay. That's a good reason not to act on it, totally apart from the moral issue of being sexually active outside of marriage.

Sue Bohlin
Probe Ministries

When Someone In Your Congregation Says “I’m Gay”

Things to Remember

1. **No one is born gay**, and no one chooses to be gay. Because of relational brokenness in families and among peers, some people experience emotional needs that they try to meet in ungodly ways. Many of them are uncomfortable with their own gender; later, they discover they are attracted to others of the same sex, but this is not their choice. Acting on it, however, is.

2. **Change is possible**. Even going back to the first-century church, the apostle Paul wrote to former homosexuals in the Corinthian church, “and such were some of you” (1 Cor. 6:11).

3. Because we live in a fallen world, **we are all broken**. Many people in our churches are sexually broken—victims of incest, pornography and masturbation addicts, and compulsive sex addiction. Homosexuality is only one form of brokenness.

4. **Homosexuality grows out of broken relationships and is healed in healthy relationships**, especially same-sex relationships. This is one of the reasons it is essential for recovering homosexuals and lesbians to be actively involved in the church, because this is where they can find healthy, God-honoring friendships. Their homosexuality is not contagious!

5. **Treat them with respect like you would anyone else**. They are people made in the image of God for whom Christ died—they are not their sexuality. Many people trying to come out of the gay lifestyle expect to find respect and acceptance only in the gay community. Finding it in church is immensely healing to their souls.

6. **Accept them where they are, just as Jesus did**. Choose to accept the person, but not sinful behavior. People don't change unless they experience the grace of acceptance first. But once they know they are loved and accepted, many of them are willing to do what it takes to live a life of holiness.

7. **Seek to see them with God's eyes** of love and acceptance, with His intention for their wholeness, healing and freedom. This means depending on the Holy Spirit for divine perspective and exercising humility to recognize that first impressions are often incomplete and inaccurate.

8. This is a great opportunity to lead people to an understanding of **what it means to have a personal relationship with Jesus Christ**. Some homosexual strugglers, especially men, feel that they have committed the unpardonable sin. They've heard they are going to hell no matter what they do, so they are permanently separated from God. They need to know this is a lie, because when we confess our sins, the blood of Jesus

covers them ALL and cleanses us from all unrighteousness (1 John 1:9).

9. Because of abuse issues, most **strugglers seem to have an especially hard time relating to Father God** and to receiving His love. Yet it is the masculine voice (first in earthly fathers, and ultimately in our Heavenly Father) that calls gender out from both men and women, and it is the Father's personal and powerful love that is the most important healing agent in human hearts.

10. Because most pastors are men in authority, **most strugglers (men and women) are INCREDIBLY intimidated** by them. Pastors need to know this and really understand in order to minister to strugglers. This means respecting the fragility of strugglers' relationships with pastors and choosing to be deliberately tender and gentle. They really need "good shepherds." Verbalize to them that God can not only change them, but He is very proud of them (as you are) for sharing this with you and desiring to change.

11. **Most same-sex strugglers have very weak and broken boundaries.** Their deep neediness causes them to lapse into emotionally dependent relationships with everyone who gets close. We encourage you to only counsel these folks at your office during regular business hours where others can be aware of your activities. This gives a sense of security to the struggler and a protection for you as the pastor.

12. The most success in overcoming same-gender attraction has occurred when strugglers experienced **God as Healer through heterosexual people who were willing to come alongside them** in their journeys—men helping men, and women helping women. It would be helpful for you to find someone willing to befriend and mentor the struggler. This takes a person willing to seriously invest in the life of a very needy person. They will need to be available and accessible. Their presence in the struggler's life can be powerful and healing.

13. **If someone comes in with an agenda** of arrogance, demanding acceptance of their sexual sin, don't let them bully you. There is a difference between welcoming the sinner and allowing him to continue in his rebellion. Homosexuality is sin. Lev. 18:22-23; Rom. 1:26-27, 1 Cor. 6:9-11. Note that these verses condemn homosexual behavior, not feelings.

Five DON'TS:

1. **Don't panic.** An excellent resource for understanding the issue of homosexuality is *Someone I Love is Gay* by Bob Davies and Anita Worthen (published by InterVarsity Press). Also Exodus International (exodusinternational.org/), a Christ-centered ministry that helps people deal with unwanted homosexuality, has numerous resources. Living Hope Ministries (www.livehope.org) is an Exodus referral ministry in the Dallas/Ft. Worth area with excellent online forums for parents, spouses, men and women, and youth (ages 13+) who struggle with homosexuality

2. **Don't make false assumptions or accusations.** For example, please do not assume he is HIV positive. Many aren't. And if he is, AIDS is sexually transmitted; the people in your congregation are safer than many fear. Respect the seriousness of HIV with commonsense precautions (such as contact with bodily fluids), but don't ostracize the person. Handshakes and hugs are perfectly safe.

3. **Don't shut down pastorally or emotionally.** The person coming to you has known a lifetime of rejection and desperately needs to know that a representative of Jesus Christ will extend grace to him. Hug them when they leave. It may be the first positive touch they have had in years.

4. **Don't pass judgment.** All of us have besetting sins! As Billy Graham said, "Don't take credit for not falling into a temptation that never tempted you in the first place."

5. Don't disclose this person's secret without permission, even among church staff. There is nothing safe about the gay lifestyle; people struggling with same-sex attraction need to find safety in the church.

This is the text of a brochure from Living Hope Ministries, written by Sue Bohlin, who serves on the Board of Directors of Living Hope and moderates one of the online forums. A PDF version of this brochure is also available for download [here](#); you will need the free Adobe Acrobat reader to see it.

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