

Mapping America

Jan. 18, 2011

A new study verifies what many of us have known for some time. Children who grow up in an intact family and attend religious services do better than children who do not. Dr. Patrick Fagan at the Family Research Council documents this in [Mapping America](#). He uses the data collected by Drs. Nicholas Zill and Philip Fletcher from the National Survey of Children's Health.

They found a significant discrepancy between children who grew up in intact families (with both biological parents) and those who came from broken homes. They also found a similar discrepancy between those who attend religious services weekly and those who worship less frequently. They found that children in the former groups were five times less likely to repeat a grade, less likely to have behavior problems at home and school, and more likely to be cooperative and understanding of others' feelings.

The benefits not only accrued to the children, but also had an impact on the parents. For example, parents of kids from intact families who worship regularly were much less likely (21 percent) to be contacted by the child's school about behavior or achievement problems compared to parents (53 percent) whose kids were not living with both parents and not attending church services regularly. Parents of the children in the first group also report less stress, healthier parent-child relationships, and few concerns about their children's achievement.

Even more surprising in the study was the these differences held true even after controlling for family income and poverty as well as for the parents' education level, race, and ethnicity. In essence, the study suggests that the best prescription for society is a stable family and family

worship. In this environment, children thrive emotionally and achieve academically. They become the foundation for the next generation of leaders and citizens.

In a sense, this study is the flip side of studies that were published years ago about the impact of divorce on children. In my book, [Christian Ethics in Plain Language](#), I document the three e's of negative impact of divorce (emotional impact, educational impact, and economic impact). Whether you look at these positive studies or the earlier negative studies, you can see the importance of family and worship. I'm Kerby Anderson, and that is my point of view.

Index of Belonging

Jan. 13, 2011

The American family has been in trouble for some time, but it is often difficult to provide a clear statistical picture of what is happening. Dr. Patrick Fagan at the Family Research Council has put together an Index of Belonging and Rejection that might be the best tool yet to help us understand what is happening to children in these families.

Only 45 percent of American children have spent their childhood in an intact family. The study defines an intact family as one in which a biological mother and father remain legally married to one another since before or around the time of their child's birth.

Let's look at the other part of the index. The first part is belonging. The second part is rejection. When we look at American teenagers and their parents we see that 55 percent of the teenagers' parents have rejected each other, either

through divorce, separation, or choosing not to marry.

Patrick Fagan warns that “American society is dysfunctional, characterized by a faulty understanding of the male-female relationship.” He goes on to explain the individual children, as well as communities, suffer the consequences of a “culture of rejection in American homes.”

There are some ethnic and regional differences. Asian-American children are most likely to live in intact families. African-American children are least likely. And children living in the South are more likely to live in intact families.

Broken homes lead to broken hearts and a disturbing increase in social problems. These include higher levels of poverty, unemployment, welfare dependency, domestic abuse, child neglect, delinquency, crime, drug abuse, academic failure, and unmarried teen pregnancy and childbearing.

A nation’s strength depends upon the strength of its families. This new index illustrates once again in a very powerful way that the strength of the American family is waning. Churches and Christian organizations need to do what they can to strengthen families through preaching, teaching, and programs. I’m Kerby Anderson, and that’s my point of view.

Church, Marriage and Family

Does going to church strengthen marriage and family? I would think that any Christian would agree with that statement. But I find it exciting that even secular researchers would agree that church and religious activities are good for marriage and family.

On a regular basis, the Heritage Foundation posts the latest

findings from researchers. This month their “Top Ten” related to religion and family. Here are some of the findings they summarized.

Researchers have found that couples who believe that marriage has spiritual significance tend to adjust more easily to marriage and experience lower levels of conflict. They have found that marriages in which both the husband and wife frequently attend church services are less likely to end in divorce than marriages in which neither spouse attends frequently. On average, wives who attend church weekly with their husbands experience higher level of marital happiness than peers in marriages in which neither spouse attends church weekly.

Adolescents who attend church more frequently and report that religion is important in their lives are more likely to marry and less likely to cohabit than peers who are less religious. Adolescents who consider religion to be important in their lives tend to have a higher expectation of getting married than their peers. Young adults who attended religious services frequently during adolescence are more likely to disapprove of premarital sex and cohabitation than peers who had not attended services frequently.

Research even found that urban mothers who give birth out of wedlock are more likely to become married within a year of their children’s birth if they attend religious services. Men and women who attend religious services weekly are less likely to commit an act of domestic violence than peers who seldom attend.

Many years ago, Linda Waite and Maggie Gallagher wrote the book, *The Case for Marriage: Why Married People are Happier, Healthier, and Better off Financially*. At the time, they documented the benefits of marriage. These findings not only show the benefits of marriage, but the benefits of church attendance to marriage and family. I’m Kerby Anderson, and

that's my point of view.

July 22, 2010

Spiritual Family Gatherings

This week (July 6, 2010) my husband and I are back in the Chicago area, where we both grew up. We're enjoying a few days with his family first, and then mine. Both of us are from large families; I'm #1 of seven children, he's #3 of six. Most of our siblings have children, and some have their own grandkids, which means a lot of people when we gather.

There are no intentional, earth-shaking conversations, but important conversations happen while we're just hanging out with each other. They're important because they solidify our connections with each other.

In our families, there's fun too. Different kinds of fun, since our family cultures are quite different. In my husband's family, we enjoy "the littles," being their charming toddler selves when they have sufficient sleep and food. (And we give grace when they're not so charming because they need a nap or a snack.) One of the things my family is looking forward to is a gig where my brother's terrific band is playing. He's a marvelous keyboardist and entertainer, and they cover other people's songs. It's fun to clap and sing and watch Brother Bill bounce and sway at the piano with an enormous amount of energy, rejoicing at the way he displays his giftings.

The reason we came up here is for a family reunion fueled by Facebook connections. Some of us have reconnected online, and it will be good to spend time face to face as adults for the first time. Others of us only see each other every few years

at a wedding or funeral, and it will be such a blessing to just gather together simply to be together.

Family connections are different from any other. Blood relatives share genes and family history that have their own special kind of bonds. Cousins can enjoy a unique connection with each other that goes beyond same-age friends.

So often, God gives us earthbound experiences and illustrations to help us understand spiritual truths. When I think of the biblical injunction to “forsake not the assembling of yourselves together, as is the habit of some” (Hebrews 10:25), I think about how God wants us to connect with and enjoy our spiritual family the way we can enjoy our physical families.

When we hang out with our spiritual family, important conversations can happen simply because we’re together. There is fun to be had in these families, especially when people exercise the gifts God gave them.

There is certainly a different depth of connection with our spiritual family. We are blood relatives, because we are bound together by the blood of the Lord Jesus, Who bought us for Himself. We share spiritual DNA and the privilege of being family as well as friends.

And, at least in the cultures I am aware of, anywhere in the world, where the spiritual family gathers, there is always food. When we gather together, we should always remember why we are family, Whose family we are, and invite Him to the party. We can and should always remember the Lord whenever we break bread together, even if the bread is hot dog buns!

This blog post originally appeared at
blogs.bible.org/engage/sue_bohlin/spiritual_family_gatherings

The Changing American Family

Kerby Anderson looks at the latest data on the American family and highlights trends that are changing the nature of family in America as well as debunking some sensationalist headlines. From a biblical worldview perspective, Christians should be concerned about these trends which reflect an ongoing breakdown of family in America.

Introduction

Are we headed toward a post-marital society where marriage is rare and the traditional family is all but extinct? One would certainly think so by reading some of the stories that have appeared lately. A *New York Times* headline in 2003 warned of “marriage’s stormy future” and documented the rise in the number of nontraditional unions as well as the rising percentage of people living alone.[\[1\]](#) A 2006 *New York Times* article documented the declining percentage of married couples as a proportion of American households and thus declared that married households are now a minority.[\[2\]](#) And a 2007 headline proclaimed that “51% of women are now living without a spouse.”[\[3\]](#)

Well, let’s take a deep breath for a moment. To borrow a phrase from Mark Twain, rumors about the death of marriage and family are greatly exaggerated. But that doesn’t mean that marriage as an institution is doing well and will continue to do well in the twenty-first century.

Let’s first take on a few of these headlines pronouncing the end of marriage. The October 2006 *New York Times* headline proclaimed that “To Be Married Means to Be Outnumbered.” In other words, married households are now a minority in America

and unmarried households are the majority. But the author had to manipulate the numbers in order to come to that conclusion. This so-called “new majority” of unmarried households includes lots of widows who were married. And this claim only works if you count households and not individuals. For example, if you have two households—one with two married people and three children and another with a single widow living alone—they would be split between one married household and one unmarried household. But one household has five people, and the other household has one person.

What about the January 2007 *New York Times* headline proclaiming that “51% of Women Are Now Living Without a Spouse”? Columnist and radio talk show host Michael Medved called this journalistic malpractice([{4}](#)) and the ombudsman for the *New York Times* took his own paper to task for the article.[{5}](#) The most recent available figures showed that a clear majority (56%) of all women over the age of twenty are currently married.

So how did the author come to the opposite conclusion? It turns out that the author chose to count more than ten million girls between the ages of fifteen and nineteen as “women.” So these so-called “women” are counted as women living without a spouse (never mind that they are really teenage girls living at home with their parents). This caused the ombudsman for the *New York Times* to ask this question in his op-ed: “Can a 15-year-old be a ‘Woman Without a Spouse’?”[{6}](#)

It is also worth mentioning, that even with this statistical sleight of hand, you still cannot get to the conclusion that a majority of women are living without a spouse. The article’s author had to find a way to shave off an additional 2% of the married majority. He did this by including those women whose “husbands are working out of town, are in the military, or are institutionalized.”[{7}](#)

Conflicting Attitudes about Marriage and Family

It is certainly premature to say that married couples are a minority and women living without a husband are a majority. But there has been a definite trend that we should not miss and will now address. The definition of marriage and the structure of family in the twenty-first century is very different from what existed in the recent past.

A few decades ago, marriages were the foundation of what many commentators referred to as “the traditional family.” Now marriages and families are taking some very unfamiliar shapes and orientations due to different views of marriage and family.

Americans are not exactly sure what to think about these dramatic changes in marriage and family. On the one hand, they believe that marriage and family are very important. A *Better Homes and Garden* survey found that their readers rated their relationship to their spouse as the single most important factor in their personal happiness.[\[8\]](#) And a MassMutual study on family values (taken many years ago) reported that eight out of ten Americans reported that their families were the greatest source of pleasure in their lives—more than friends, religion, recreation, or work.[\[9\]](#)

On the other hand, Americans are much less sanguine about other people’s marriages and families. I call this the “Lake Wobegon effect” where “all the women are strong, all the men are good looking, and all the children are about average.” In other words, *their* marriage and family are fine, but the rest of the marriages and families are *not*. While the MassMutual Family Values Study found that a majority (81%) pointed to their family as the greatest source of pleasure, it also found that a majority (56%) rated the family in the U.S. “only fair” or “poor.” And almost six in ten expected it to get *worse* in

the next ten years. The survey concluded that “Americans seem to see the family in decline everywhere but in their own home.”[\[10\]](#)

Similar results can be found in many other nationwide polls. A Gallup poll found that Americans believe the family is worse off today than it was ten years ago. And they believed it would be worse off in the future as well.[\[11\]](#) Americans also demonstrated their ambivalence toward marriage and family not only in their attitudes but their actions. One trend watcher predicted more than a decade ago in an article in *American Demographics* that marriage would become in the 1990s and the twenty-first century “an optional lifestyle.”[\[12\]](#)

Changing Trends in Marriage

While it may be too early to put the institution of marriage on the endangered species list, there is good reason to believe that changing attitudes and actions have significantly transformed marriage in the twenty-first century. The current generations are marrying later, marrying less, and divorcing more than previous generations.

A major transition in attitudes toward marriage began with the baby boom generation. From 1946 to 1964, over seventy-six million babies were born. By the 1960s the leading edge of the baby boom generation was coming of age and entering into the years when previous generations would begin to marry. But baby boomers (as well as later generations) did not marry as early as previous generations. Instead, they postponed marriage until they established their careers. From the 1960s to the end of the twenty-first century, the median age of first marriage increased by nearly four years for men and four years for women.

Some of those who postponed marriage ended up postponing marriage indefinitely. An increasing proportion of the

population adopted this “marriage is optional” perspective and never married. They may have had a number of live-in relationships, but they never joined the ranks of those who married. For them, singleness was not a transition but a lifestyle.

Over the last few decades, the U.S. Census Bureau has documented the increasing percentage of people who fit into the category of “adults living alone.” These are often lumped into a larger category of “non-family households.” Within this larger category are singles that are living alone as well as a growing number of unmarried, cohabiting couples who are “living together.” The U.S. Census Bureau estimated that in 2000 there were nearly ten million Americans living with an unmarried opposite-sex partner and another 1.2 million Americans living with a same-sex partner.

These numbers are unprecedented. It is estimated that during most of the 1960s and 1970s, only about a half a million Americans were living together. And by 1980, that number was just 1.5 million.[\[13\]](#) Now that number is more than twelve million.

[Cohabiting](#) couples are also changing the nature of marriage. Researchers estimate that half of Americans will cohabit at one time or another prior to marriage.[\[14\]](#) And this arrangement often includes children. The traditional stereotype of two young, childless people living together is not completely accurate; currently, some 40% of cohabiting relationships involve children.[\[15\]](#)

Couples often use cohabitation to delay or forego marriage. But not only are they postponing future marriage, they are increasing their chance of marriage failure. Sociologists David Popenoe and Barbara Dafoe Whitehead, in their study for the National Marriage Project, wrote: “Cohabitation is replacing marriage as the first living together experience for young men and women.” They conclude that those who live

together before they get married are putting their future marriage in danger. [{16}](#)

Finally, we should note the impact of cohabitation on [divorce](#). When the divorce rate began to level off and even slightly decline in the 1980s, those concerned about the state of marriage in America began to cheer. But soon the cheers turned to groans when it became obvious that the leveling of the divorce rate was due primarily to an increase in cohabitation. Essentially the divorce rate was down because the marriage rate was down. Couples who break up before they marry don't show up as divorce statistics.

Many marriages today are less permanent than in previous decades. There have always been divorces in this country, but what used to be rare has now become routine. Changing attitudes toward marriage and divorce in this country are reflected in the changing divorce rate.

A graph of the divorce rate shows two significant trends. One is a sharp increase in divorces in the late 1960s that continued through the 1970s. The second is a leveling and even a slight decline in the 1980s. Both are related to the attitudes of the baby boom generation toward marriage and divorce.

The increasing divorce rate in the 1970s was due to both attitude and opportunity. Baby boomers did not stay married as long as their parents due to their different attitudes towards marriage and especially their attitude toward commitment in marriage. It is clear from the social research that the increase in the divorce rate in the 1970s did not come from empty nesters (e.g., builders) finally filing for divorce after sending their children into the world. Instead it came from young couples (e.g., baby boomers) divorcing even before they had children. [{17}](#)

The opportunity for divorce was also significant. When

increasing numbers of couples began seeking divorce, state legislatures responded by passing no-fault divorce laws. Essentially a married person could get a divorce for any reason or no reason at all.

Economic opportunity was also a significant factor in divorce. During this same period, women enjoyed greater economic opportunities in the job market. Women with paychecks are less likely to stay in a marriage that was not fulfilling to them and have less incentive to stay in a marriage. Sociologist David Popenoe surveying a number of studies on divorce concluded that “nearly all have reached the same general conclusion. It has typically been found that the probability of divorce goes up the higher the wife’s income and the closer that income is to her husband’s.”[\[18\]](#)

The second part of a graph on divorce shows a leveling and even a slight decline. The divorce rate peaked in 1981 and has been in decline ever since. The reasons are twofold. Initially, the decline had to do with the aging of the baby boom generation who were entering into those years that have traditionally had lower rates of divorce. But long term the reason is due to what we have already discussed in terms of the impact of cohabitation on divorce. Fewer couples are untying the knot because *fewer couples are tying the knot*.

Changing Trends in Family

We have already mentioned that starting with the baby boom generation and continuing on with subsequent generations, couples postponed marriage. But not only did these generations postpone marriage, they also postponed procreation. Unlike the generations that preceded them (e.g., the builder generation born before the end of World War II), these subsequent generations waited longer to have children and also had few children. Lifestyle choice was certainly one factor. Another important factor was cost. The estimated cost of raising a

child during this period of time rose to over six figures. Parents of a baby born in 1979 could expect to pay \$66,000 to rear a child to eighteen. For a baby born in 1988, parents could expect to pay \$150,000, and that did not include additional costs of piano lessons, summer camp, or a college education.[{19}](#)

When these generations did have children, often the family structure was very different than in previous generations. Consider the impact of divorce. Children in homes where a divorce has occurred are cut off from one of the parents and they suffer emotionally, educationally, and economically.

Judith Wallerstein in her research discovered long-term psychological devastation to the children.[{20}](#) For example, three out of five children felt rejected by at least one parent. And five years after their parents' divorce, more than one-third of the children were doing markedly worse than they had been before the divorce. Essentially she found that these emotional tremors register on the psychological Richter scale many years after the divorce.

The middle class in this country has been rocked by the one-two punch of divorce and illegitimacy, creating what has been called the "feminization of poverty." U.S. Census Bureau statistics show that single moms are five times more likely to be poor than are their married sisters.[{21}](#)

An increasing percentage of women give birth to children out of wedlock. This increase is due in large part to changing attitudes toward marriage and family. In a society that is already changing traditional patterns (by postponing marriage, divorcing more frequently, etc.), it is not surprising that many women are avoiding marriage altogether. Essentially, the current generation disconnects having children and getting married. In their minds, they separate parenthood from marriage, thus creating an enormous increase in the number of single parent homes.

Greater social acceptance of out-of-wedlock births, divorce, and single parenting tends to reinforce the trends and suggests that these percentages will increase in the future. Young adults who contemplate marriage may be less inclined to do so because they were raised in a home where divorce occurred. A young woman raised by a single mom may be less inclined to marry when they are older, convinced that they can raise a child without the help of a husband. Better employment options for young women even encourage them to “go it alone.”

These changes in attitudes and changes in the structure of marriage and family have created a very different family in the twenty-first century. One writer imagined the confusion that children would feel in this futuristic scenario:

On a spring afternoon, half a century from today, the Joneses are gathered to sing “Happy Birthday” to Junior. There’s Dad and his third wife, Mom and her second husband, Junior’s two half brothers from his father’s first marriage, his six stepsisters from his mother’s spouse’s previous unions, 100-year-old Great Grandpa, all eight of Junior’s current “grandparents,” assorted aunts, uncles-in-law and stepcousins. While one robot scoops up the gift wrappings and another blows out the candles, Junior makes a wish . . . that he didn’t have so many relatives.[{22}](#)

Notes

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18. David Popenoe, *Disturbing the Nest: Family Change and Decline in Modern Societies* (New York: de Gruyter, 1988), 223.
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22. "When the Family Will Have a New Definition," *What the Next 50 Years Will Bring*, a special edition of *U.S. News and World Report*, 9 May 1983, A3.

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Marriage, Family, and Political Views

Does our view of marriage and family affect our worldview? Obviously it does. But most people have probably never thought about the fact that marriage and family also affect voting patterns.

We are a year away from the November 2008 elections, but some trend watchers are starting to see interesting patterns that will affect elections in the next few decades. In particular, they are finding a marriage gap and a fertility gap.

Marriage Gap

An article in *USA Today* pointed out how a wedding band could be crucial in future elections. House districts held by Republicans are full of married people. Democratic districts are stacked with people who have never married.[\[1\]](#)

Consider that before the 2006 Congressional elections, Republicans controlled 49 of the 50 districts with the highest rates of married people. On the other hand, Democrats represented all 50 districts that had the highest rates of adults who have never married.

If you go back to the 2004 presidential election, you see a similar pattern. President George Bush beat Senator John Kerry

by 15 percentage points among married people. However, Senator Kerry beat President Bush by 18 percentage points among unmarried people.

Married people not only vote differently from unmarried people, they tend to define words like family differently as well. And they tend to perceive government differently. But an even more significant gap in politics involves not just marriage but fertility.

Fertility Gap

When you look at the various congressional districts, you not only see a difference in marriage but in fertility. Consider these two extremes. House Democratic leader Nancy Pelosi, a Catholic mother of five from San Francisco, has fewer children in her district than any other member of Congress: 87,727. Rep. Chris Cannon, R-Utah, a Mormon father of eight, represents the most children: 278,398. [\[2\]](#)

This stark demographic divide illustrates the difference in perspectives found in Congress. Republican members of Congress represented 39 million children younger than 18. This is 7 million more children than are represented in districts with Democratic members of Congress. And it is also true that children in Democratic districts are far more likely to live in poverty and more likely to have a single parent than children in Republican districts.

This fertility gap explains the differences in worldview and political perspective. When you consider the many political issues before Congress that affect children and families, you can begin to see why there are often stark differences in perspectives on topics ranging from education to welfare to childcare to child health insurance.

Future of the Fertility Gap

So far we have been looking at the past and the present. What about the future? Arthur Brooks wrote about the fertility gap last year in the *Wall Street Journal*. He concluded that liberals have a big baby problem: They're not having enough of them . . . and their pool of potential new voters is suffering as a result.[\[3\]](#)

He noted that, if you picked 100 unrelated politically liberal adults at random, you would find that they had, between them, 147 children. If you picked 100 conservatives, you would find 208 kids. That is a fertility gap of 41 percent.

We know that about 80 percent of people with an identifiable party preference grow up to vote essentially the same way as their parents. This fertility gap translates into lots more little conservatives than little liberals who will vote in future elections.

So what could this mean for future presidential elections? Consider the key swing state of Ohio which is currently split 50-50 between left and right. If current patterns continue, Brooks estimates that Ohio will swing to the right. By 2012 it will be 54 percent to 46 percent. And by 2020, it will be solidly conservative by a margin of 59 percent to 41 percent.

Now look at the state of California that tilts in favor of liberals by 55 percent to 45 percent. By the year 2020, it will swing conservative by a percentage of 54 percent to 46 percent. The reason is due to the fertility gap.

Of course most people vote for politicians, personalities, and issues not parties. But the general trend of the fertility gap cannot be ignored. I think we can see the impact that marriage and family have on worldview and political views. And as we can see from these numbers, they will have an even more profound impact in the future.

Notes

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The Christmas Story: Does It Still Matter?

Christmas often means time with family, hectic shopping, parties, cards and gifts. But what about the first Christmas? Why is the original story—the baby in a manger, shepherds, wise men, angels—important, if at all? The answer may surprise you.

What does Christmas mean to you? Times with family and friends? Perhaps carols, cards, television specials. Maybe hectic shopping, parties, and eating too much.

All these and more are part of North American Christmas. But what about the first Christmas? Why is the original story—the baby in a manger, shepherds, wise men, angels—important, if at all?

May I invite you to consider eight reasons why the original Christmas story matters, even to you? You may not agree with all of them, but perhaps they will stimulate your thinking and maybe even kindle some feelings that resonate with that famous story.

First, the Christmas story is important because it is. . .

A Story that Has *Endured*

For two millennia, people have told of the child in a Bethlehem manger; of angels who announced his birth to shepherds; of learned men who traveled a great distance to view him.[{1}](#)

That a story persists for many years does not prove its truthfulness. Santa Claus, the Easter Bunny and the tooth fairy survive in the popular imagination. But a twenty-century tenure at least merits our consideration. What deep human longings does the Christmas story portray? Why has it connected so profoundly with millions of people? Is the story factual? Curiosity prompts further investigation.

Second, the Christmas story is also . . .

A Story of *Hope and Survival*

Jesus' society knew great pain and oppression. Rome ruled. Corrupt tax collectors burdened the people. Some religious leaders even sanctioned physical beating of Jewish citizens participating in compulsory religious duties.[{2}](#)

Joseph and his pregnant wife Mary traveled a long distance to Bethlehem to register for a census but could not obtain proper lodging. Mary bore her baby and laid him in a manger, a feeding trough for animals. Eventually, King Herod sought to kill the baby. Warned of impending risk, Joseph and Mary fled to Egypt, then returned home after Herod's death.

Imagine how Mary felt. Traveling while pregnant would be challenging. Fleeing to another nation lest some king slay your son would not be pleasant. Yet she, Joseph, and Jesus survived the ordeal.

In the midst of social and cultural challenges, the Christmas

story offers hope and encouragement toward survival, hope of new life linked to something—someone—greater than oneself. One of Jesus' followers said Jesus' "name . . . [would] be the hope of all the world."[\[3\]](#)

So, the Christmas story is important because it has endured and because it speaks of hope and survival.

Reason number three: the Christmas story is . . .

A Story of *Peace* and *Goodwill*

Christmas carolers sing of "peace on earth." Greeting cards extol peace, families desire it, and the news reminds us of its fleeting nature.

I encountered ten-year-old Matt from Nebraska in a southern California restaurant men's room one afternoon. Alone and forlorn looking, he stood outside the lone stall.

"Could I ask a favor?" inquired the sandy haired youth. "The door to this stall has no lock. Would you watch and be sure that no one comes in on me?" "Sure," I replied, happy to guard his privacy. Matt noted, "In a lot of nice restaurants the stall doors don't have locks." "I know," I agreed. "You'd think they would."

After a pause, his high-pitched voice said, "You know what I wish? I wish there could be peace in all the earth and no more arguments or fighting so no one would have to die except by heart attacks." "That would be great," I agreed. "How do you think that could happen?" Matt didn't know.

"It seems that the Prince of Peace could help," I suggested. "Do you know who that is?" He didn't. "Well, at Christmas, we talk a lot about Jesus as the Prince of Peace," I explained.

"Oh, I see," conceded Matt. "I don't know about those things because I don't go to church. Do you know what it's like to be

the only boy in your town who doesn't go to church? I do."

"Well, I'm a church member," I replied, "but really the most important thing is knowing Jesus Christ as your personal friend. When I was eighteen, some friends explained to me that He died and rose again for me and that I could begin a relationship with Him. It made a big difference and gave me a real peace inside. He can also bring peace between people."

By now, Matt was out washing his hands as his father stuck his head in the door to hurry him along. I gave him a small booklet that explained more. "Thanks," smiled Matt as he walked out to join his family for lunch.

Psychologist Daniel Goleman in his bestselling book *Emotional Intelligence* tells of boarding a New York City bus to find a driver whose friendly greeting and positive disposition spread contagious warmth among the initially cold and indifferent passengers. Goleman envisioned a "virus of good feeling" spreading through the city from this "urban peacemaker" whose good will had softened hearts.{4}

The Christmas angel announced to some shepherds, "'Don't be afraid! . . . I bring you good news of great joy for everyone! The Savior—yes, the Messiah, the Lord—has been born tonight in Bethlehem, the city of David!"{5} A crowd of angels then appeared praising God and proclaiming peace among people of good will.{6}

The Christmas story brings a message of peace that can soothe anxious hearts and calm interpersonal strife.

Reason number four: the Christmas story is . . .

A Story of *Family*

Christmas is a time for family gatherings. This interaction can bring great joy or great stress. Estrangement or ill will

from past conflicts can explode.

Joseph and Mary had their share of family challenges. Consider their circumstances. The historical accounts indicate that Joseph's fiancée became pregnant though she was a virgin. Mary believed an angel told her she was pregnant by God. Now, how would you feel if your fiancé/fiancée exhibited apparent evidence of sexual activity with someone else during your engagement? Suppose your intended said that God had sanctioned the whole thing. Would your trust and self-esteem take a nosedive? Would you cancel the wedding?

Joseph, described as "a just man, decided to break the engagement quietly, so as not to disgrace . . . [Mary] publicly."[\[7\]](#) But an angel appeared to him in a dream, explaining that the child was conceived in her by God, and told him to "name him Jesus, for he will save his people from their sins."[\[8\]](#) Joseph followed instructions and cared for his family. His continuing commitment to Mary and Jesus played a significant part in the boy's birth and early childhood. With God's help, the family overcame major obstacles. And so can your family.

Fifth, the story is Christmas is also . . .

A story of *Humility*

When kings, presidents, and other rulers appear in public, great pomp often ensues. From a biblical perspective, God came first not as a ruling king but as a servant, a baby born in humble circumstances. His becoming human helps humans identify with Him.

Imagine that you and your child are walking in a field and encounter an ant pile with hundreds of ants scurrying about. In the distance, you see a construction bulldozer approaching. Suppose your child asks how to warn the ants of impending danger. You discuss various possibilities: shouting, holding

up signs, etc. But the best solution would be if somehow your child could become an ant and warn them personally. Some ants might not believe the danger. But some might believe and take steps to ensure their safety.

Paul, an early follower of Jesus, wrote of the humility Jesus displayed by becoming human:

Though he was God, he did not demand and cling to his rights as God. He made himself nothing; he took the humble position of a slave and appeared in human form. And in human form he obediently humbled himself even further by dying a criminal's death on a cross. Because of this, God raised him up to the heights of heaven.[{9}](#)

The Christmas story speaks of family and humility. But is it true?[{10}](#)

Reason number six why the Christmas story matters: it is . . .

A Story that Was *Foretold*

Jesus' followers noted numerous clues to his identity, prophecies written many years before His birth.[{11}](#)

The Hebrew writer Micah told around 700 BC of deliverance through a coming Messiah or "Anointed One" from Bethlehem.[{12}](#) We know that ". . . Jesus was born in Bethlehem of Judea. . . ."[{13}](#)

Isaiah, writing around 700 BC, foretold that the Messiah would be born of a virgin. He wrote, "The Lord himself will give you a sign: The virgin will be with child and will give birth to a son, and will call him Immanuel."[{14}](#) The name "Immanuel" means "God is with us." Biblical accounts claim Jesus' mother was a virgin when she bore Him.[{15}](#)

Additional prophecies concern the Messiah's lineage, betrayal,

suffering, execution, and resurrection. Peter Stoner, a California mathematician, once calculated the probability of just eight of the 300 prophecies Jesus fulfilled coming true in one person due to chance alone. Using estimates that both he and classes of college students considered reasonable and conservative, Stoner concluded there was one chance in 10^{17} that those eight were fulfilled by fluke.

He says 10^{17} silver dollars would cover the state of Texas two feet deep. Mark one coin with red fingernail polish. Stir the whole batch thoroughly. What chance would a blindfolded person have of picking the marked coin on the first try? One in 10^{17} , the same chance that just eight of the 300 prophecies “just happened” to come true in this man, Jesus.[{16}](#)

In a similar vein, consider reason number seven why the original Christmas story matters. It is . . .

A Story that Has *Substantial Support*

Can we trust the biblical accounts of the Christmas story? Three important points:

- *Eyewitness Testimony*. The Gospels—presentations of Jesus’ life—claim to be, or bear evidence of containing, eyewitness accounts. In a courtroom, eyewitness testimony is among the most reliable evidence.
- *Early Date*. Dr. William F. Albright, one of the world’s leading archaeologists, dated every book of the New Testament (NT) before about AD 80.[{17}](#) There is no known record of NT factual authenticity ever being successfully challenged by a contemporary.
- *Manuscript Evidence*. Over 24,000 early manuscript copies of portions of the NT exist today. Concerning manuscript attestation, Sir Frederic Kenyon, director and principle librarian of the British Museum, concluded, “Both the

authenticity and the general integrity of the books of the New Testament may be regarded as finally established.”[{18}](#)

The Christmas story is notable for its enduring messages of hope, peace, goodwill, family and humility. It was foretold by prophets and has substantial manuscript support. But there is another reason for considering the story of Jesus’ birth, perhaps the most important.

Reason number eight: the Christmas story is . . .

A Story of Love

Jesus’ followers taught that His conception and birth were part of a divine plan to bring us genuine peace, inner freedom, and self-respect. They believed the biblical God wants us to enjoy friendship with Him, and meaning and purpose. Alas, our own self-centeredness separates us from Him. Left to our own, we would spend both time and eternity in this spiritually unplugged state.

Jesus came to help plug us into God. Mary’s baby was born to die, paying the penalty for our self-centeredness, which the biblical documents call “sin.” If I had a traffic fine I could not pay, you could offer to pay it for me. When the adult Jesus died on the cross, He carried the penalty due all our sins then rose from the dead to give new life.

Jesus explained, “God so loved the world that he gave his only Son, so that everyone who believes in him will not perish but have eternal life.”[{19}](#) God can become your friend if you believe in Him, that is, if you trust Him to forgive you. He will never let you down.

Perhaps you are becoming aware of the importance of the Christmas story in your own life. Might you like to receive Jesus’ free gift of forgiveness and place your faith in Him? You can celebrate this Christmas knowing that you are a member

of His family. Perhaps you'd like to talk to Him right now. You might want to tell Him something like this:

Jesus Christ, thanks for loving me, for dying for my sins and rising again. Please apply your death as the means of my forgiveness. I accept your pardon. Come and live in me and help me to become your close friend.

If you made that decision to place your trust in Jesus, He has entered your life, forgiven you and given you eternal life. I encourage you to tell another of His followers about your decision and ask them to help you grow in faith. Call this radio station or visit the Web site probe.org to learn more. Read the Bible to discover more about God. Begin with the Gospel of John, the fourth book in the New Testament, which is one of the easier ones to understand. Tell God what is on your heart, and tell others about the discovery you've made so they can know Him too.

Christmas is meant to celebrate peace and joy. Amidst the busyness of shopping, parties, presents, and fun, remember that the Prince of Peace came to spread peace and joy to all who believe in Him.

Notes

1. Details of the Christmas story are in Luke 1-2 and Matthew 1:18-2:23.
2. Alfred Edersheim, *The Life and Times of Jesus the Messiah* (Grand Rapids: Eerdmans, 1973 printing of the 1883 original), i:372.
3. Matthew 12:21 NLT.
4. Daniel Goleman, *Emotional Intelligence* (New York: Bantam Books, 1997), ix-x.
5. Luke 2:10-11 NLT.
6. Luke 2:13-14 NASB.
7. Matthew 1:19 NLT.
8. Matthew 1:21 NLT.

9. Philippians 2:6-9 NLT.

10. For more on evidence for Jesus, see www.WhoIsJesus-Really.com and www.probe.org.

11. For a summary of prophecies Jesus fulfilled, see Josh McDowell, *Evidence that Demands a Verdict* (San Bernardino, CA: Here's Life Publishers, 1979), 141-177.

12. Micah 5:2.

13. Matthew 2:1 NASB.

14. Isaiah 7:14 NIV.

15. Matthew 1:18, 22-25; Luke 1:27, 34.

16. Peter W. Stoner, *Science Speaks* (Chicago: Moody Press, 1969), 99-112.

17. McDowell, op. cit., 62-63.

18. Frederic G. Kenyon, *The Bible and Archaeology* (New York: Harper & Row, 1940), 288; in McDowell, op. cit., 41. McDowell develops these points in pp. 39-41 ff.

19. John 3:16 NLT.

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5 Lies the Church Tells Women

[Note: This article is taken from J. Lee Grady's book *Ten Lies the Church Tells Women*. I do not subscribe to everything in this book, particularly the author's belief that there are no restrictions to women in the church. I do not agree that the office of pastor and elder are open to women, though I believe God has given many women, including me, the spiritual gift of pastor-teacher (which some find easier to receive when it's called "shepherd-teacher"). At Probe, we exhort people to be

discerning in what we hear and read. Mr. Grady's book is firmly in the egalitarian camp, but as a complementarian who seeks to be discerning, I can recognize the truth of some of what he says without embracing what I believe is unbiblical. Please see the end of this article for other articles on the role of women I have written for our Web site.]

In this article I look at five lies the church tells women, inspired by the book by J. Lee Grady called *Ten Lies the Church Tells Women*.^{1} I'm not saying all churches say all these things, but there are certain pockets of Christianity where these lies are circulated.

Lie #1: God Created Women as Inferior Beings, Destined to Serve Their Husbands.

The first lie is that God created women as inferior beings, destined to serve their husbands. Those looking for Scripture to back up their beliefs point to Genesis 2:18, where God makes a "helpmeet" for Adam. "See?" they say. "Helpers are subordinate to the ones they help, which proves women are here to serve men." This ignores the times in the Psalms (10:14, 27:9, 118:7) where God is praised as our helper, and He is certainly not inferior or subordinate to us!

Lee Grady points out, "[I]t is a cultural bias, not a spiritual or scientific principle, that women were 'made' for the kitchen or laundry room. This is the most common form of male chauvinism, a burden placed on women by selfish men who want someone to wash their dishes."^{2}

This view that women are inferior to men is not biblical, but it has infected the church from the beginning.

The Greek culture into which the early church was born viewed women as "half animal," unworthy of education, to be kept quiet and kept locked away, obedient to their husbands. In Jewish culture it was considered inappropriate for a man to

even speak to a woman in public—including his own wife. A woman speaking to a man who was not her husband was considered to be giving evidence that she had committed adultery with him, and could be divorced. You can imagine the scandal Jesus caused when he regularly sought the company of women and talked to them, and taught them, just as he did men. Or when he allowed prostitutes to talk to him or pour perfume on his feet.[{3}](#)

Eve was not created to be Adam's servant, but his honored and respected wife and co-regent, fashioned to rule over creation with him. We see another picture of God's intention for the first Adam and Eve in our future as the church. The bride of the Second Adam, Christ, is created and is being fashioned to reign with Him forever.[{4}](#)

Lee Grady says, "Jesus modeled a revolutionary new paradigm of empowerment by affirming women as co-heirs of God's grace."[{5}](#) Paul continued this completely new, respectful view of women by inviting women to share in the ministry of the gospel and the church, and by teaching the equality of husbands and wives in the marriage relationship (although there is a biblical distinction of roles).

When God created woman, He didn't create an inferior being, He created what He delights to call "the glory of man." (1 Cor. 11:7)

Lie #2: A Man Needs to "Cover" a Woman in Her Ministry Activities.

The second lie is that a man needs to "cover" a woman in her ministry activities. "In many cases, leaders have innocently twisted various Bible verses to suggest that a woman's public ministry can be valid only if she is properly 'covered' by a male who is present. Often women are told that they cannot even lead women's Bible studies or prayer meetings unless a

pastor, deacon or some other man can provide proper oversight.”{6}

One woman was told that she could not start a backyard Bible school class in her neighborhood during the summer unless her husband agreed to be present at each session and teach all the Bible lessons. Her church elders said she could plan each day’s crafts and make all the snacks, but a man had to conduct the “spiritual” aspects of the outreach since he is the proper “covering.”{7}

It is disturbing to think of the implication of this belief. When we, as women, use our spiritual gifts and respond to God’s call to minister in various ways (within the biblical restrictions for women) without a man present, is our ministry less legitimate and valid than a man doing the same work? What if a woman with the spiritual gift of evangelism senses the Holy Spirit directing her to speak to the cashier at the gas station, and there’s no man around? On a personal note, when I am speaking at one of Probe’s Mind Games conferences, do my lectures lack legitimacy or truth because the male Probe staff members are busy teaching in other rooms?

Ephesians 5:21 says, “Submit to one another out of reverence for Christ.” Out of respect for our own weaknesses and limitations, I believe that all of us who wish to minister to others should pursue an attitude of humble submission to the body of Christ. We need to submit our beliefs and methods (and content, if we’re teaching) to trusted believers who can provide support, direction, and, if needed, correction. And anyone engaged in ministry needs prayer support, which some have called a “prayer covering;” although that is not a biblical term.

But there is no verse that says, “If a woman teaches My word, make sure a man is present so she will be covered properly.” Paul’s instruction that older women teach the younger women doesn’t include making sure that someone with a Y chromosome

is present! What underlies this erroneous idea that a man's presence somehow validates any woman's ministry is, intentional or not, a profound disrespect and distrust of women.

Lie #3: Women Can't be Fulfilled or Spiritually Effective Without a Husband or Children.

The third lie is that women can't be fulfilled or spiritually effective without a husband or children. Some churches teach that God's perfect plan for every woman is to be a wife and mother. Period. Sometimes Christian women successful in business or some other professional field are made to feel unwelcome at a church, as if they are an unhealthy influence on "purer" women.

In some places, single women are prevented from leading home fellowship groups because they're single.[\[8\]](#) Others have been discouraged from running for political office or pursuing a graduate education because God's plan was for them to marry and keep house—even when God hadn't brought a groom into the picture!

Lee Grady says, "We must stop placing a heavy yoke on unmarried and divorced women in the church by suggesting that they are not complete without a man in their lives or that a husband somehow legitimizes their ministries."[\[9\]](#)

In some churches, women are routinely taught that the best way for them to serve God is to get married, make their husbands happy, and have children. They think this should be the sole focus of women's lives. And to be honest, when God has given a woman a husband and children, especially young children, focusing her primary energies and gifting on her family truly is the most important way she serves God in that season of her life. Children will not be impressed with how many Bible

studies their mother teaches each week. And most husbands will be less than enthusiastic for their wives to go off on several mission trips each year when it means the home is falling apart and everybody's life is in chaos.

But women, even women with families, are given spiritual gifts that God intends for us to use to build up the body of Christ, both inside and outside our families. When we exercise those spiritual gifts and abilities, God delights to honor us with a sense of fulfillment. And usually that involves ministry in the church or in the world, as long as it's secondary to our family priorities.

But not all women are called to marriage and motherhood. It is disrespectful to single Christian women to treat them as second-class women because they don't wear a wedding ring. It's heartbreaking and frustrating when a woman would love to be married, but God hasn't brought her to the man of His choice; it just adds unnecessary sorrow for the church to say, "Sorry, honey, without a man you don't have a place here."

Lie #4: Women Should Never Work Outside the Home.

The fourth lie is that women should never work outside the home. Women who take jobs are shamed and judged, because they can't please God if they do anything outside of being a wife and mother.

This is a hurtful lie to many women who don't have a choice about working or not. There are huge numbers of divorced and widowed women in the church who would much rather stay at home with their families, but they're the only breadwinners. And for many two-parent families, they honestly can't survive on the husband's paycheck alone.

This lie comes from a misreading of Paul's exhortation in Titus 2:4 for women to be "workers at home."

Paul wasn't calling them to quit their day jobs to stay home. Women in that culture had no education and usually no opportunities for employment. He was addressing a character issue about being faithful and industrious, not lazy and self-centered. This letter was written to the pastor of a church on Crete, a society known for the laziness and self-indulgence of its people.[{10}](#)

Before the 1800's and the Industrial Revolution, both men and women worked at home, and they worked hard. Whether farming, fishing, animal husbandry, or whatever trade they engaged in, they did it from home. The care and nurture of children was woven into the day's work and extended families helped care for each other. There was no such thing, except among the very wealthy, as a woman who didn't work.

This lie completely ignores the Proverbs 31 woman, who not only took excellent care of her family, but also had several home-based businesses that required her to leave her home to engage in these businesses. I personally appreciate this biblical pattern because I had a home-based business and a ministry the entire time my children were growing, both of which took me out of the home sometimes. I was able to grow my gifts as my kids were growing, and now that they're both adults, I am able to use those gifts and abilities more fully with my new freedom to leave home.

On the other hand, an equally distressing expectation common to younger people in today's churches is that women should always work, regardless of whether they have children or not. Our culture has so downgraded the importance of focused parenting that many people consider it wasteful for a woman to be "only" a homemaker. It's sexist to say that a woman's only valid contribution to the world or the church is to be a homemaker, but both extremes are wrong and harmful.

Lie #5: Women Must Obediently Submit to Their Husbands in All Situations.

The last lie says that women must obediently submit to their husbands in *all* situations. This lie really grieves me deeply, because it is probably responsible for more pain and abuse than any other lie we've looked at in this article.

In Ephesians 5:22, wives are commanded to submit to our husbands. For some people, this has been twisted to mean the husband is the boss and the wife's job is to obey his every whim. That is a relationship of power, not self-sacrificing love, as this marriage passage actually teaches. The wife is called to serve her husband through submission, and the husband is called to serve his wife through sacrificial love.

We have no idea how many women have been physically, emotionally, sexually, and spiritually abused by their husbands wielding the submission verses as a weapon. When they finally tell their pastor about their husband's rage-outs and physical assaults, they are often not believed, and sometimes they are told that if they would learn to submit the violence would stop. Then they are counseled that it would be a sin to separate and hold the husband accountable for what is a crime! Some abused women, who feared for their lives, have actually been told, "Don't worry. Even if you died you would go to be with the Lord. So you win either way. Just keep praying for him. But you are not allowed to leave."[\[11\]](#)

A comprehensive study on domestic violence in the church in the mid 80's revealed that 26 percent of the pastors counseled an abused wife to keep submitting and trust that God would either stop the abuse or give her the strength to endure it. About a fourth of the pastors believed that abuse is the wife's fault because of her lack of submission! And a majority of the pastors said it is better for wives to endure violence against them than to seek a separation that might end in

divorce.{12} I respectfully suggest that separation *with the goal of reconciliation* is often the only way to motivate an abusive husband to get help.{13} Just as we cast a broken limb to enable it to heal, separation is like putting a cast on a broken relationship as the first step to enable change and healing. We see in 1 Cor. 5 that God's plan for unrepentant believers is to experience the pain of isolation in separation from friends and loved ones; why would it be unthinkable for the same principle to be effective within an abusive marriage?

All the lies we've looked at in this article are the result of twisting God's word out of a misunderstanding of God's intent for His people. The way to combat the lies is to know the truth—because that's what sets us free.

Notes

1. Lee Grady, *10 Lies the Church Tells Women* (Lake Mary, FL: Creation House, 2000).
2. Grady, 23.
3. George Byron Koch, "Shall a Woman Keep Silent? Part 1." http://www.resurrection.org/shall_a_woman____part_1.htm.
4. Rev. 22:5, 2 Tim. 2:12.
5. Grady, 21.
6. Grady, 89-90.
7. Grady, 90.
8. Grady, 140.
9. Grady, 143.
10. "Even one of their own prophets has said, 'Cretans are always liars, evil brutes, lazy gluttons.'" (Titus 1:2)
11. Grady, 172.

12. Grady, 174.

13. I especially recommend Dr. Paul Hegstrom of Life Skills Learning Centers. He is a recovered abusive husband and pastor who wrote an excellent book, *Angry Men and the Women Who Love Them: Breaking the Cycle of Physical and Emotional Abuse* (Beacon Hill Press, 1999). His Web site is <http://www.lifeskillsintl.org>.

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Online Affairs – A Christian Look at a Major Problem

Kerby Anderson highlights online affairs, the sin of adultery with an “electronic” relationship on the Internet.



This article is also available in [Spanish](#).

The Allure of Cyber-Relationships

The Internet is becoming a breeding ground for adultery, so say many experts who track the pattern of extramarital affairs. So we will discuss the phenomenon of online affairs.

Peggy Vaughn is the author of *The Monogamy Myth* and also serves as an expert for America Online on problems caused by infidelity. She predicts that one “role of the Internet in the future will be as a source of affairs.” She is writing a second book on the subject of adultery and says she could base half of it just on the letters she receives from people who started an affair online.[\[1\]](#)

An online affair (or cyberaffair) is an intimate or sexually

explicit communication between a married person and someone other than their spouse that takes place on the Internet. Usually this communication takes place through an online service such as America Online or CompuServe. Participants usually visit a chat room to begin a group conversation and then often move into a one-to-one mode of communication. Chat room categories range from "single and liking it" to "married and flirting" to "naked on the keyboard."

Women in a chat room are often surprised at what develops in a fairly short period of time. At first the conversation is stimulating, though flirtatious. Quickly, however, women are often confronted with increasingly sexual questions and comments. Even if the comments don't turn personal, women find themselves quickly sharing intimate information about themselves and their relationships that they would never share with someone in person. Peggy Vaughn says, "Stay-at-home moms in chat rooms are sharing all this personal stuff they are hiding from their partners." She finds that the intensity of women's online relationships can "quickly escalate into thinking they have found a soulmate."

Online affairs differ from physical world affairs in some ways, but are similar in others. Cyberaffairs are based upon written communication where a person may feel more free to express herself anonymously than in person. Frequently the communication becomes sexually graphic and kinky in ways that probably would not occur if a real person were hearing these comments and could act on them. Participants in an online affair will often tell their life stories and their innermost secrets. They will also create a new persona, become sexually adventurous, and pretend to be different than they really are.

Pretending is a major theme in cyberaffairs. Men claim to be professionals (doctors, lawyers) who work out every day in the gym. And they universally claim that if their wives met their needs, they wouldn't be sex shopping on the Internet. Women claim to be slim, sexy, and adventurous. The anonymity of the

Internet allows them to divulge (or even create) their wildest fantasies. In fact, their frank talk and flirtation pays great dividends in the number of men in a chat room who want to talk to them and get together with them.

Just as the Internet has become a new source of pornography for many, so it seems that it has also become a new source for affairs. Relationships online frequently go over the line leaving pain, heartbreak, and even divorce in their wake. Even though these online affairs don't involve sex, they can be very intense and threaten a marriage just the same.

Current Statistics on Adultery

In a [previous article](#), I talked about some of the statistics concerning adultery. Before we continue, let me update some of those numbers with a multitude of studies all coming to similar conclusions.

One conclusion is that adultery is becoming more common, and researchers are finding that women are as likely as men to have an affair. A 1983 study found that 29 percent of married people under 25 had had an affair with no statistical difference between the number of men and women who chose to be unfaithful to their spouses early in life.^{2} By comparison, only 9 percent of spouses in the 1950s under the age of 25 had been involved in extramarital sex. Another study concluded that by age 40 about 50 to 65 percent of husbands and 45 to 55 percent of wives become involved in an extramarital affair.^{3}

Affairs are usually more than a one-time event. A 1987 study surveyed 200 men and women and found that their affairs lasted an average of two years.^{4} In fact, affairs go through transitions over time. They may begin as romantic, sexual, or emotional relationships and may become intimate friendships. Affairs that become friendships can last decades or a lifetime.

Online affairs differ from other affairs in that they may not involve a physical component, but the emotional attachment is still there. Online affairs develop because of the dual attraction of attention and anonymity. Someone who has been ignored by a spouse (or at least perceives that he or she is ignored) suddenly becomes the center of attention in a chat room or a one-on-one e-mail exchange. A woman finds it exciting, even intoxicating, that all these men want to talk to her. And they are eager to hear what she says and needs.

Anonymity feeds this intoxication because the person on the other end of this cyberaffair is unknown. He or she can be as beautiful and intelligent as your dreams can imagine. The fantasy is fueled by the lack of information and the anonymity. No one in cyberland has bad breath, a bald head, love handles, or a bad temper. The sex is the best you can imagine. Men are warm, sensitive, caring, and communicative. Women are daring, sensual, and erotic.

Is it all too good to be true? Of course it is. Cyberaffairs are only make-believe. Usually when cyberlovers meet, there is a major letdown. No real person can compete with a dream lover. No marriage can compete with a cyberaffair. But then an online affair can't really compete with a real relationship that provides true friendship and marital intimacy.

Nevertheless, online affairs are seductive. An Internet addict calls out to a spouse "one more minute" just as an alcoholic justifies "one more drink." Cyberaffairs provide an opportunity to become another person and chat with distant and invisible neighbors in the high-tech limbo of cyberspace. Social and emotional needs are met, flirting is allowed and even encouraged, and an illusion of intimacy feeds the addiction that has caught so many unsuspecting Internet surfers.

Motivations for Affairs

Affairs usually develop because the relationship meets various social and psychological needs. Self-esteem needs are often at the top of the list. Self-esteem needs are met through knowing, understanding, and acceptance. Psychologists say that those needs are enhanced through talking intimately about feelings, thoughts, and needs. This can take place in person or take place through the Internet.

Even though online affairs may not involve a physical component, the emotional attachment can be just as strong and even overwhelming. And when they end, this strong attachment usually leaves participants in emotional pain.

Women report feeling thrilled by their lover's interest in them physically, emotionally, and intellectually. They are also excited about the chance to know a different man (how he thinks and feels). They also feel intimate with their lovers because they can talk about their feelings openly. However, when the affair ends, they feel a great deal of guilt with regard to their husband and children. They also regret the deceit that accompanied the affair.

Men report feeling excited about the sexual experience of the affair. They try to control their feelings in the affair and do not compete with their feelings for their wife. Often they limit the emotional involvement with their lover. Men also feel guilt and regret over deceit when an affair ends, but less so than most women.

Men and women have affairs for different reasons. Research has shown that women seek affairs in order to be loved, have a friend, and feel needed. Men seek affairs for sexual fulfillment, friendship, and fun.[\[5\]](#)

It appears that the percentage of women who have extramarital sex has increased the last few decades. In 1953 Alfred Kinsey

found that 29 percent of married women admitted to at least one affair.[{6}](#) A *Psychology Today* survey in 1970 reported that 36 percent of their female readers had extramarital sex.[{7}](#) One study in 1987 found that 70 percent of women surveyed had been involved in an affair.[{8}](#)

It also appears that women who are employed full-time outside of the home are more likely to have an affair than full-time homemakers. Several studies come to this same conclusion. One study found that 47 percent of wives who were employed full-time and 27 percent of full-time homemakers had been involved in an affair before they were 40 years old.[{9}](#) And *New Woman* magazine found that 57 percent of employed wives who had an affair met their lover at work.[{10}](#)

Contrary to conventional wisdom, an affair will not help your marriage. In 1975, Linda Wolfe published *Playing Around* after she studied twenty-one women who were having affairs to keep their marriages intact.[{11}](#) The reasoning for many of these women was that if they could meet their own needs, their marriages would be more successful. Many said they were desperately lonely. Others were afraid, believing their husbands did not love them or were not committed to their marriage. Five years after the initial study, only three of the twenty-one women were still married.

Adultery can destroy a marriage, whether a physical affair or an online affair.

Preventing an Affair

The general outline for some of these ideas comes from family therapist Frank Pittman, author of *Private Lies: Infidelity and the Betrayal of Intimacy*, although I have added additional material. He has counseled 10,000 couples over the last forty years, and about 7,000 have experienced infidelity. He has nineteen specific suggestions for couples on how to avoid affairs.[{12}](#) Let's look at a few of them.

First, accept the possibility of being sexually attracted to another and of having sexual fantasies. Frank Pittman believes we should acknowledge that such thoughts can develop so that you don't scare them into hiding. But he also says you shouldn't act on them.

Second, we should hang out with monogamous people. He says, "They make a good support system." To state it negatively, "Do not be deceived: Bad company corrupts good morals" (1 Cor. 15:33).

Third, work on your marriage. He says to keep your marriage sexy and work to be intimate with your spouse. He also says to make marriage an important part of your identity. "Carry your marriage with you wherever you go."

Fourth, be realistic about your marriage. Pittman says, "Don't expect your marriage to make you happy. See your partner as a source of comfort rather than a cause of unhappiness." Accept the reality of marriage; it isn't always beautiful. Also accept that you are both imperfect.

Fifth, keep the marriage equal. Share parenting duties. "If not, one partner will become the full-time parent, and the other will become a full-time child" without responsibilities, who seeks to be taken care of. And keep the relationships equal. Pittman says, "The more equal it is, the more both partners will respect and value it."

Sixth, if you aren't already married, be careful in your choice of a marriage partner. For example, marry someone who believes in, and has a family history of, monogamy. Frank Pittman says, "It is a bad idea to become the fifth husband of a woman who has been unfaithful to her previous four." Also, marry someone who respects and likes your gender. "They will get over the specialness of you yourself and eventually consider you as part of a gender they dislike."

Seventh, call home every day you travel. "Otherwise, you begin

to have a separate life.” And stay faithful. “If you want your partner to (stay faithful), it is a good idea to stay faithful yourself.” And make sure you are open, honest, and authentic. Lies and deception create a secret life that can allow an affair to occur.

Finally, don’t overreact or exaggerate the consequences of an affair if it occurs. Pittman says, “It doesn’t mean there will be a divorce, murder or suicide. Catch yourself and work your way back into the marriage.”

Affairs can destroy a marriage. Take the time to affair-proof your marriage so you avoid the pain, guilt and regret that inevitably results. And if you have fallen into an affair, work your way back and rebuild your marriage.

Consequences of Affairs

When God commands, “You shall not commit adultery” (Ex. 20:14), He did so for our own good. There are significant social, psychological, and spiritual consequences to adultery.

A major social cost is divorce. An affair that is discovered does not have to lead to divorce, but often it does. About one- third of couples remain together after the discovery of an adulterous affair, while the other two-thirds usually divorce.

Not surprisingly, the divorce rate is higher among people who have affairs. Annette Lawson (author of *Adultery: An Analysis of Love and Betrayal*) found that spouses who did not have affairs had the lowest rate of divorce. Women who had multiple affairs (especially if they started early in the marriage) had the highest rate of divorce.

A lesser known fact is that those who divorce rarely marry the person with whom they are having the affair. For example, Dr. Jan Halper’s study of successful men (executives, entrepreneurs, professionals) found that very few men who have

affairs divorce their wife and marry their lovers. Only 3 percent of the 4,100 successful men surveyed eventually married their lovers.{13}

Frank Pittman has found that the divorce rate among those who married their lovers was 75 percent.{14} The reasons for the high divorce rate include: intervention of reality, guilt, expectations, a general distrust of marriage, and a distrust of the affairee.

The psychological consequences are also significant, even if they are sometimes more difficult to discern. People who pursue an affair often do so for self-esteem needs, but often further erode those feelings by violating trust, intimacy, and stability in a marriage relationship. Affairs do not stabilize a marriage, they upset it.

Affairs destroy trust. It's not surprising that marriages formed after an affair and a divorce have such a high divorce rate. If your new spouse cheated before, what guarantee do you have that this person won't begin to cheat on you? Distrust of marriage and distrust of the affairee are significant issues.

Finally, there are spiritual consequences to affairs. We grieve the Lord by our actions. We disgrace the Lord as we become one more statistic of moral failure within the body of Christ. We threaten the sacred marriage bond between us and our spouse. We bring guilt into our lives and shame into our marriage and family. Affairs extract a tremendous price in our lives and the lives of those we love and hold dear.

And let's not forget the long-term consequences. Affairs, for example, can lead to unwanted pregnancies. According to one report, "Studies of blood typing show that as many as 1 out of every 10 babies born in North America is not the offspring of the mother's husband." {15} Affairs can also result in sexually transmitted diseases like syphilis, chlamydia, herpes, or even AIDS. Many of these diseases are not curable and will last for

a lifetime.

Adultery is dangerous, and so are online affairs. The popularity of the recent movie *You've Got Mail* has helped feed the fantasy that you are writing to Tom Hanks or Meg Ryan. In nearly every case, nothing could be further from the truth. An online affair could happen to you, and the plot might be more like *Fatal Attraction*.

Notes

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