Feelings: A Lousy Idol

It's so easy to look down our 21st-century noses at the "primitive" peoples of biblical times, especially Israel's problems with idolatry in the Old Testament. "WE don't bow down before idols and false gods," we think. "That was when people were less evolved intellectually and spiritually, but we modern people are so much better than that."

I'm wondering if God agrees. I don't think so.

I think that idolatry is at least as rampant in our society, but it's more pervasive because it's so subtle; the idols we worship aren't physical, tangible items. We could create a long list of the abstractions we worship, but today I just want to focus on one.

Feelings.

Our culture treats feelings as if they were an inerrant internal compass that always points to truth and reality. "Follow your heart." "What does your gut say?" "You can't help who you fall in love with."

High school and college students flunk out because they don't *feel* like getting out of bed and going to school. Then they become people who lose their jobs because they don't *feel* like going to work.

Young people of all ages dress, act, and talk in ways that will make them *feel* popular and accepted by their peers.

Married people find themselves attracted to someone other than their spouse, and they feed the marvelous feelings of infatuation because it makes them **feel** so alive and magical.

We indulge bodily appetites, whether for sweets or drink or overeating or sexual pleasure, because they *feel* so good and because refusing to indulge them *feels* so bad.

The materialism porn of magazines and newspapers starts an internal burning desire to buy and to accumulate. It *feels* so right to go out and get what we want! If we don't have the money, we put it on credit because, hey, "I should have what I want."

We are happily addicted to our comfort because we believe that **feeling** comfortable is a basic right of life. So we don't give ourselves away in service projects or missions trips or going without in order to use the money for someone who has less than we do, because then we wouldn't **feel** so comfortable.

Why is this? Why do we make our feelings into idols?

I believe it's because the toxic "pickling brine" of our culture puts a much higher emphasis on the immediate, the here-and-now, of the physical world (which our feelings are part of). The majority of Christians, the research shows, think just like the non-Christian world around us, and that includes ignoring the unseen, eternal world and focusing on the visible, temporal world.

When we recalibrate our focus to include the unseen sphere of life, we are aware of the spiritual dimension of life and not just the physical. It makes us more balanced people. We can put feelings in their place: they are like lights on the dashboard of our car, indicating what's going on "under the hood." But if we focus on the dashboard lights while we drive, instead of on the road, we'll run off the road—or worse, crash. We can acknowledge them but refuse to let them lead us.

For example, Hebrews 12:2 tells us that the Lord Jesus "for the joy set before Him, endured the cross, despising the shame." He focused on the eternal (the joy set before Him) instead of the temporal (the shame of the cross). Corrie Ten Boom wisely said, "Don't pray when you feel like it. Have an appointment with the Lord and keep it." This lady really understood how to put feelings in their place. This survivor

of the WWII death camps also said, "Forgiveness is an act of the will, and the will can function regardless of the temperature of the heart."

Feelings are not evil; we have feelings because we are made in the image of a passionate God who experiences a robust range of feelings. But they *are* fallen because everything about us is fallen ever since sin entered the world.

That's why feelings make lousy idols.

This blog post originally appeared at blogs.bible.org/engage/sue_bohlin/feelings_a_lousy_idol on May 10, 2011.

When We Forget What is True

Sue Bohlin blogs about a conversation with a friend struggling with temptation because she had forgotten what is true.

Sunday morning as I was getting ready for church, the phone rang. It was one of the women from the online support group I help moderate for those struggling with same-sex attraction.

"Hi, Em."

"Sue, can you talk?"

"I have two minutes."

"OK, then in two minutes tell me again why homosexuality is wrong? I'm at an AA [Alcoholics Anonymous] retreat and there are so many women here I could really connect with and they keep turning out to be gay. And the leader is wonderful, but

she's a former nun who is just so happy and content with her lesbian partner. I can't remember why I'm supposed to be fighting against what I want."

"Oh. Well, okay. . . [Lord, help! Give me Your wisdom here!] Homosexuality is wrong because it's not God's plan. Because He created man and woman to be complementary to each other. Because two women can have a wonderful friendship but were never meant to meet each other's needs in that way. Because lesbianism is about trying to fill your heart by drawing from another woman's heart, but that one's as needy and empty as yours. Because two people of the same sex cannot possibly reflect the 'unity with diversity' of the mystery of the union of Christ and the Church, where two very different, very other beings are somehow one. Because it's two of the same, not two who are different, coming together as one. Because homosexuality is idolatrous-remember, it puts the other person, or what they give you, or the relationship on a pedestal where only God should be. Because when you give yourself to what God has called sin, it costs you the intimacy with Jesus that your soul craves."

"Right. Right. . . . But Sue, it doesn't feel like it. The others here seem so happy and content, and I'm miserable."

"I'm so sorry, Em. Fighting our flesh will absolutely make us miserable. You're doing the right thing. Don't give in! Ask Jesus for help! Press hard into Him!"

As I turned on the water for the shower, a scripture sprang into my head, full and insistent. I called her back.

"Got a scripture verse for you, Em. I think God wants you to grab onto this for all it's worth. 'There is a way that seems right to a man, but the end thereof is death.' Proverbs 14:12. Got it?"

[&]quot;Got it."

I am so proud of my friend for reaching out and asking to be reminded of what she knows is true but has forgotten why. What a great example of why we need community, why we need friends who also walk with Jesus, why God doesn't want us to be "Lone Ranger Christians." Lord, help me continue to surround myself with people who will speak truth to me, especially when I am tempted to forget it!

This blog post originally appeared at blogs.bible.org/engage/sue_bohlin/when_we_forget_what_is_true on Sept. 9th, 2008.

Black Friday and Dark Hearts

"Black Friday," the day after Thanksgiving in the U.S., is called that because it usually allows retailers to go into the black. But this year, the early morning shopping frenzy turned deadly. A Walmart employee was trampled to death by New York shoppers who broke down the door before dawn, anxious to get into the store and get their hands on the sale merchandise.

The next day, the *Dallas Morning News* carried a short story providing analysis of why shoppers turned into killers.

- * Fear of being unable to afford gifts drives shoppers to shop competitively
- * The urge to snap up discounts can cause people to abandon their normal behavior
- * When people are jostled in a crowd, their personal space is shattered, resulting in loss of individual judgment

- * Individual identity can become erased, and one becomes part of the crowd
- * People's frustration at things like linecutting and being denied access to a big sale flares into rage

Interesting suggestions, these psychological profiles. But something's missing.

Sin. And the nasty ugliness of unfettered flesh.

God has His own explanation:

Where do the conflicts and where do the quarrels among you come from? Is it not from this, from your passions that battle inside you? You desire and you do not have; you murder and envy and you cannot obtain; you quarrel and fight. You do not have because you do not ask; you ask and do not receive because you ask wrongly, so you can spend it on your passions. (James 4:1-3)

And perhaps the scariest part of that horrendous killer stampede at the Walmart is that every single one of us is equipped with the same nasty, ugly, unredeemable flesh. But for the grace of God, those shoppers could have been us.

Could have been me.

Which is why we all need a Savior.

This blog post originally appeared at blogs.bible.org/engage/sue_bohlin/black_friday_and_dark_hearts on December 2, 2009

"How Can Dementia Turn a Mature Christian So Ugly?"

I am worried by the behaviour of Christians I know who suffer from dementia. I have frequently seen them displaying racism, sexually suggestive behaviour, and generally rude and difficult behaviour unthinkable to their pre-dementia selves. How does this tie up with the idea of a Christian being transformed within? I am bothered by the thought that sanctification is only skin deep, as it were—a learned veneer.

That's an excellent question!

I too have seen incredibly godly, mature Christians heartbreakingly transformed by Alzheimer's and dementia into ugly caricatures of their former selves. I believe the answer lies in the nature of the two kinds of "flesh" the Bible talks about. Our "new creation" is housed in a body of physical flesh that has been impacted by the fall and marred by sin. The fall makes our brains subject to decay and disease which leads to the tragic behavior you describe. The other flesh-not our physical bodies, but that part of us which operates in our own strength, apart from God (see Romans 7:18, 8:8, 13:14; Galatians 3:3, 5:17)—is never transformed, which is why we have to crucify it and die to self. The transformation of sanctification happens to our souls and in our spirits, but our flesh is unredeemable and still occupies a place in our physical bodies. Racism, sexually suggestive behavior, and rude and difficult behavior are all fruits of the flesh (Galatians 5:19-21). Praise God, the flesh will fall away when we die or are taken up to heaven!

Hope you find this helpful.

Sue Bohlin

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"Can a Born-Again Christian Remain in a Carnal State?"

If one is truly a born again Christian, can they remain in a carnal state? If they are not willing to grow spiritually, give up those things which are offensive to God are they truly saved? Also much debate about losing one's salvation seems to be a confusing topic for some. It says in God's word that no man can pluck you out of the Father's hand but what if one decides to remove themselves by renouncing their belief in the Lord? God did not remove them, they removed themselves. We have a Bible study in our work place and this seems to be an ongoing problem to give a clear cut answer to. Please could you help me?

Your questions are perceptive and very important for understanding the Christian life. I think it's safe to say that Christians are not effectually sinless people. With that in mind, our righteousness is not ours, but Christ's. Granted, a Christian is a regenerated being. We have the Spirit of God living in us and have the freedom to choose right over wrong. But some people seem to be changed overnight, while others are slower about showing the fruits of new birth. We must trust God to have that under consideration as He works in the life of new or not-so-new believers.

It's important that we look at our lives and the lives of others from a broader perspective than we might be used to. God works throughout our whole lives. When we become Christians we can look back at times before our salvation and see that He was working even then. I think we'll also be able to look back in eternity and see where God was working throughout our whole lives (unsaved and saved), when we

weren't even aware of it. To get to the point, living "carnally" does not necessarily invalidate a person's claim to salvation. But at the least it ought to call it into question. 1 John 2:3-6 gives us an effective measure of our relationship to Christ. If we know Him, then we'll act like it. If I'm not finding the desire or the ability to follow Christ's will for my life, then I am forced to ask, "Why not?" I can recount many testimonies of people who truly came to know Christ after being in such a predicament.

A believer's security is a very important issue. For if one can forfeit his inheritance, then how many sins will it take to disqualify him. John 10:27-30 does teach that no one is able to "snatch them out of the Father's hand." Paul says in Romans 8:38-39, "I am sure that neither death nor life, nor angels, nor principalities, nor things present, nor things to come, nor powers, nor height, nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord." So it seems that no one (not even the person himself) or no thing can take us from God.

Better yet, what if he chooses one day to renounce the faith he once held so dearly? I'm in no place to decide if someone's profession of faith was sincere or not. But we do have the responsibility as brothers and sisters in Christ to challenge each other to bear fruit. If it isn't being seen, then there ought to be someone who can say, "Hey, I'm not seeing any fruit." Philippians 1:6 affirms our hope: "Being confident in this, that He who began a good work in you will carry it on to completion until the day of Christ Jesus." So, biblically speaking, salvation is for keeps. The question must be, "Is the person who isn't living for Christ really a Christian at all?" Only God and the person in question can really answer that. Our responsibility as a community of faith is to encourage one another to be true to each other's profession of faith.

I hope this helps you in your search for truth. He rewards

those who seek Him.

Kris Samons
Probe Ministries

"What Will Keep Us From Being Jealous About Others' Rewards in Heaven?"

If Christians in heaven are given different amounts of rewards
in heaven, what prevents us from being jealous over other people's reward in heaven? I know that our body, mind, and soul all changed after we have got into heaven and that we should have no thoughts about jealousy. But if that is true, are we just like dummies, where we just think about good things? Are we prevented from thinking about jealousy in heaven? How can God prevent us from ever sinning again in heaven if He doesn't mind control us, because Angels in heaven were once good, but Satan turned bad. How can an angel turn bad? If God wasn't able to prevent angels from turning bad, how can He prevent people in heaven from turning bad without mind controlling them?

Boy, lots of questions! Let me do my best:

If Christians in heaven are given different amounts of rewards in heaven, what prevents us from being jealous over other people's reward in heaven? I know that our body, mind, and soul all changed after we have got into heaven and that we should have no thoughts about jealousy.

The best way to understand this that I have encountered is

this: When we become a Christian, God gives us a new heart, and He comes to dwell in our spirits. Our spirits are the part of us that were designed to be indwelled by God, but ever since the fall of Adam, all of us were born with our spirits dead. At salvation they become alive.

Now imagine that He plants a tiny seed of new life in our spirits at salvation. As we trust and obey Him, as we learn to love Him, as we pursue growth through prayer, Bible study, discipleship and submission, our spirit grows. Some people's growth is much greater than others who are content to coast along in spiritual mediocrity. (That has something to do with the differing rewards in heaven, too.) So our spirits can grow bigger and stronger inside. On the outside is our flesh, that part of us that functions apart from God—our own strength and power. This is the part of us where jealousy dwells (as well as other fruits of the flesh in Galatians 5:19-21).

It has been suggested that at death, our flesh disappears, leaving our spirits and souls (personalities) to enter heaven. (That would make sense, since our flesh is unholy and only holy things can be in heaven.) So there we are in heaven, with whatever level of spiritual maturity and growth we had attained at death. No matter how "big" our spirits are, there is nothing in those God-indwelled, God-built spirits that can be jealous like our flesh was. It's sort of like what happens after you have an appendectomy or a tonsillectomy—there's nothing there to get infected anymore, so you can't get appendicitis or tonsillitis. It's gone forever. Our flesh is "infected" with sin, so after the flesh falls away at death, there's no spiritual infection anymore.

But if that is true, are we just like dummies, where we just think about good things? Are we prevented from thinking about jealousy in heaven?

Let's go back to my appendectomy illustration. Would you remember the pain of appendicitis after your appendix is out?

Sure. Would you want your appendix back? Not usually! We'll remember feeling jealous like all our other sins, and we'll be delighted to be rid of the infection of our sin. It will be like returning to health after a long illness, except that it will be more like gaining a new dimension of health we have never experienced on earth. It's not that we'll be robots, unable to think anything but "happy thoughts". . . We will be free to ONLY think good thoughts and ONLY do good things, for the first time in our lives. That will be true freedom—to be the people we were created to be, without the dragging, disgusting, difficult influence of sinful flesh.

Or, to give another illustration, have you ever had a shopping cart with a wobbly wheel that kept veering off course when you wanted to go straight? It takes a lot of energy to make it go in the direction you want to go because of that corrupt, wobbly wheel. In heaven, it will be like having four perfect wheels that always take you where your true self wants to go—in ways that always glorify and please God. And you!

How can God prevent us from ever sinning again in heaven if He doesn't mind control us?

This is a great time to point to the Lord Jesus as the perfect example of what mankind was supposed to be. The First Adam sinned and became so much less than what God intended us to be; but Jesus, the Second Adam, showed us what Adam's character would have looked like without sin. How did God the Father prevent God the Son from sinning when He was on earth? He didn't have to: the very nature of God the Son was to do the will of God and GLORY in that obedience and fellowship with the Father. Just as the nature of a fruit tree is to bear fruit and the nature of a domestic dog is to love and be loyal to its master, the true nature of man is to love God and enjoy Him forever. When we're in heaven, all the things that prevent us from being the people God made us to be will have been taken out of the way, and we will be free to be who we really are. There won't be anything in heaven tempting us or

influencing us to sin, because the part that is vulnerable to sin (our flesh) will be gone. Just like the inflamed appendix.

because Angels in heaven were once good, but Satan turned bad. How can an angel turn bad? If God wasn't able to prevent angels from turning bad, how can He prevent people in heaven from turning bad without mind controlling them.

The angels, like us, had the gift of choice, to serve and obey God, or to rebel. God gave them the choice for the same reason He gave US the choice: because He wants to be freely wanted and pursued and loved, just like we do! They made their choice sometime between the creation of the world and the fall of Adam. They have been living with the eternal consequences of that choice ever since, either for good or for evil. When we're in heaven, we will be living with the delightful eternal consequences of our choice to trust Christ. It's not a matter of God mind-controlling us—it's a matter of God saying, "OK, the fight is over, now enjoy the freedom that comes with having made the right choice on earth. Your true heart's desire to BE good and DO good won't be compromised by your flesh here in heaven. Enjoy!" That's a long way from making us puppets. It's like my privilege as a parent to say to my about-grown kids, "I'm so glad you chose to spend the weekend here with us instead of out carousing with people bent on self-indulgence and destruction. I've made your favorite dinner and I'd like to take you to your favorite store and get you a gift. Enjoy the fruits of your wise choice!" That's not controlling my sons—it's lavishing love on them. You could ask them if they feel that their dad and I are controlling them, and they'd look at you like, "Huh?"

I hope this helps.

Sue Bohlin

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