

Probe Survey 2020 Report 5: Sexual Attitudes and Religion vs. Science

Steve Cable continues his analysis of Probe's 2020 survey of American religious views moving over to consider their response to sexual mores of today and how they navigate religion and science.

The previous reports on Probe Survey 2020 were primarily focused on religious beliefs and practices. In this report, we will look at how these beliefs impact Americans as they deal with sexual issues and with navigating the relationship between religion and science. In general, the survey results confirm a continuing degradation in Americans', and particularly Born Agains', view of sex within a heterosexual marriage. We find that fewer than one in five Born Again Protestants affirm a biblical view in this area. On the other hand, Americans still tend to consider religious views at least as important as scientific positions in establishing their beliefs.

American Sexual Attitudes and Behaviors

We asked four questions regarding sexual attitudes and behaviors in this survey.

1. Sex among unmarried people is always a mistake: from Agree Strongly to Disagree Strongly
2. Viewing explicit sexual material in a movie, on the internet, or some other source is:
 - a. To be avoided
 - b. Acceptable if no one is physically or emotionally harmed in them.

- c. A matter of personal choice
 - d. Not a problem if you enjoy it
 - e. Don't know
3. Living with someone in a sexual relationship before marriage:
- a. Might be helpful but should be entered into with caution.
 - b. Just makes sense in today's cultural environment.
 - c. Will have a negative effect on the relationship.
 - d. Should be avoided as not our best choice as instructed by God
4. People attracted to same sex relationships are:
- a. To be loved and affirmed in their sexual choices.
 - b. To be avoided as much as possible.
 - c. To be accepted while hoping they realize there is a better way.
 - d. To be loved and told God's truth regarding our sexual practices.

First, let's see how the different religious affiliations impact the answers to these questions.

Sex Among Unmarried People

First, let us establish the biblical standard for sexual relations outside of marriage. Is there clear teaching on this topic? Consider Jesus' discussion in the Sermon on the Mount where He said, "You have heard that it was said, '**Do not commit adultery.**' But I say to you that whoever looks at a woman to desire her has already committed adultery with her in his heart."[\[1\]](#)

In 1 Thessalonians 4:3, Paul writes, "For this is God's will: that you become holy, that you keep away from sexual immorality." And then in 1 Peter 2:11, Peter writes, "I urge

you to abstain from the passions of the flesh, which wage war against your soul.” It is very clear that the biblical standard calls for all sexual relations to occur within a marriage between one man and one woman.

✘ Results from the first question are plotted in Figure 1. As shown, here and in the next three graphs, we will look at those ages 18 through 29 next to those ages 40 through 55 to see if there are differences based on age. If there is a trend or variation seen in the 30 through 39 age group, then that one is also shown as seen for Born Again Protestants in Figure 1.

The graph shows the older group of Born Again Protestants is much more likely to Strongly Agree that fornication is always a mistake than the youngest group, dropping from almost one half to a little over one quarter, 46% to 29%. **Over two thirds of Younger Born Again Protestants have adopted the common view of the culture** that sex and marriage are not necessarily related. Note that even among the older group, **less than half of them strongly agree that sex outside of marriage is always a mistake.**

Looking across other religious affiliations, we see that the vast majority said they Disagreed or Strongly Disagreed with this statement^{2}. They generally believe that sex outside of marriage by unmarried people is not an issue. This is particularly true of the Unaffiliated with close to 90% (nine out of ten) disagreeing.

How have these views changed among born again young adult individuals over the last decade? Looking at the GSS survey from 2008, we find that over one in three (37%) Born Again Christians ages 18 through 29 agree with the statement, “If a man and woman have sex relations before marriage, I think it is always wrong.” Now in 2020, we find that over one quarter (27%) of Born Again Christians agree that it is always wrong. Although the questions asked were not identical, they are

close enough to indicate that the drop of ten percentage points is a significant decline in young adult, Born Again Christians who take a biblical position on sexual activity outside of marriage.

Pornography.



The second question deals with views on the acceptability of viewing pornographic material. What does the Bible tell us about feeding our minds with sexually immoral material? Jesus tells us in Matthew 15:19, “For out of the heart come evil ideas, murder, adultery, sexual immorality, theft, false testimony, slander.” We are warned in 1 Corinthians 6:18, “Flee sexual immorality! Every sin a person commits is outside of the body but the immoral person sins against his own body.” And further in Ephesians 5:3, “But among you there must not be either sexual immorality, impurity of any kind, or greed, as these are not fitting for the saints.” Clearly, avoiding sexual immorality in all forms includes avoiding explicit sexual material.

The results are shown in Figure 2. Once again, we see that Born Again Protestants are much more likely to say that we should avoid exposure to such material. Both the younger group and the older have more than 50% who say it is “to be avoided.” However, the data also shows over four out of ten Born Again Protestants believe it is usually okay. Given what we know about the negative effects of [pornography](#) on healthy living and relationships, this result is surprising.

All the other religious affiliations have only a small percentage of people who think that explicit sexual material should be avoided. Only about one in five Other Protestants and Catholics affirm that pornography is to be avoided. Once again, the Unaffiliated lag those affiliated with some religion having only about one in twenty (5%) that think pornography should be avoided.

For those who are not Born Again Protestants, around 10% to

20% say that such material is okay if no one is hurt in them. These people fail to realize that the person being hurt by these materials is themselves and their loved ones. More surprisingly, the vast majority of these people selected “a matter of personal choice” or “not a problem if you enjoy it,” implying that if people are shown being harmed in this pornographic material, that is perfectly okay if you enjoy it or want to put up with it.

Living Together Before Marriage

What does the Bible tell us about living in a sexual relationship before marriage? In Colossians 3:5, Paul states, “So put to death whatever in your nature belongs to the earth: sexual immorality, impurity, shameful passion, evil desire, and greed which is idolatry.” The current philosophy of “try before you buy” is popular but totally contrary to biblical instruction for a rich, fulfilling life. This philosophy clearly “belongs to the earth.”


✘ The third question examines views on whether it is a good thing to live together in a sexual relationship before committing to marriage. The results are summarized in Figure 3. This is another question where Born Again Protestants show a significant difference based on age. The older group, 40 through 55, shows almost 60% who say that it should be avoided as instructed by God. The younger group, 18 through 29, shows only 40% with the same viewpoint. Across all age ranges only about one half of Born Again Protestants say that this practice should be avoided. So, even among this group, over half believe that it is okay and might be helpful.

Once again, this question reveals a stark difference between Born Again Protestants and all other religious affiliations. Other Christian groups show **much fewer** than one in five adherents who believe this practice should be avoided. And we see the Unaffiliated lead the other viewpoint, with about nine out of ten of them saying the practice “might be helpful” or

“makes sense in today’s culture.”

Same Sex Relationships.

The fourth question deals with how people react toward those who profess to have a sexual attraction towards those of the same gender. What does the Bible say about same sex relationships? Let’s consider the instruction from 1 Corinthians 6:9b-11, “Do not be deceived! The sexually immoral, idolators, adulterers, passive homosexual partners, practicing homosexuals, thieves, the greedy, drunkards, the verbally abusive, and swindlers will not inherit the kingdom of God. Some of you once lived this way. But you were washed, you were sanctified, you were justified in the name of the Lord Jesus Christ and by the Spirit of our God.”

The verse above tells us two things. First, that someone  who is given over to homosexual activity (like those given over to idolatry, sexual immorality, and greed) are not true followers of Christ. Even in Paul’s era, many were apparently saying they would inherit the kingdom of God and so Paul begins the statement by saying “Do not be deceived.” But it also clearly states that such a one can be washed, sanctified and justified in Jesus Christ. As Christians, we should love them and tell them the truth that God has a better way for their life.

Note that our question does not distinguish between those experiencing same sex attraction and those actively involved in living out their attraction through homosexual activity. Both categories of people need to be loved and told the truth.

The results for this question are summarized in Figure 4. As shown, we see some difference based on age for Born Again Protestants. However, it is not as pronounced as for the question on fornication above. Looked at as a group between age 18 and 55, less than one half of Born Again Protestants selected loving them and telling them what the Bible says

about homosexual practices.

Once again, all other groups are much less likely to take a biblical position. However, when we add in the answer about “accepting them while hoping they find a better way”, the other religious groups (excluding the Unaffiliated) show almost four in ten who desire them to find a better way.

Note that Other Protestants are most likely at 20% (about one out of five) to say they would try to avoid people attracted to the same gender.

Combining Questions for Born Again Protestants.

How many Born Again Protestants take a clear biblical view of all four questions concerning sexual attitudes and behaviors? Results are shown in the adjacent chart. The chart begins with results by age for the first question concerning fornication. As you move to the right, additional questions are added to the questions already addressed to the left. Thus, the bars on the right include those who took a biblical position on all four of the questions.

✘ Clearly, ones in the older group are more likely to take a biblical view on sexual behavior. In fact, on the far right, we see that those 40 to 55 are twice as likely as those 18 to 29 to hold to a biblical view. However, more important, is that over 80% of the younger ages and over 75% of the oldest ages do not hold to a biblical view on these combined topics regarding sexual behavior.

To understand how disturbing these results should be, consider **Born Again Christians with a biblical view on sexuality as a percentage of the entire United States population. The results are 2% for 18 through 29, 3% for 30 through 39, and a whopping 6% for 40 through 55.** In other words, a slim remnant of adults in America hold to a biblical view of sexuality. A secular view promoting no relationship between sexual behavior and marriage and no limits on satisfying one’s lusts currently

dominates our national thinking.

Don't Do What You Say You Will Do.

We will address this topic more fully under Topic 10 but it is relevant to thinking about the Combining Question topic above. We asked this question:

When you are faced with a personal moral choice, which one of the following statements best describes how you will most likely decide what to do?

One of the answer choices is "Do what biblical principles teach."

Almost half (47%) of Born Again Protestant young adults (18 through 39) selected that answer. They would follow biblical principles in making moral decisions. Yet as just seen, only about 15% of Born Again Protestant young adults selected biblical principles on all four questions regarding sexual behaviors.

Although we can't be certain, it appears that many Born Again Protestant young adults either don't know what topics are covered under moral choices OR they don't know what biblical principles teach OR both. Clearly, almost half of Born Again Protestant young adults think that they are choosing to think biblically about moral choices, but most of them are not living the way they think they are.

Responding to These Results on Sexual Attitudes

All of the results presented above show that a large majority of young adult, Born Again Protestants do not adhere to a biblical position on topics related to sexual morality. The data also shows that when Born Again Protestants enter the world of higher education and secular careers, they are surrounded by an even greater majority of people who believe that pretty much anything is acceptable in the area of sexual

relations. Among other conclusions, we can be sure that these two data points tell us that while young adults were involved in church as teenagers, they were not adequately taught the basics of Christian doctrine in the area of sexuality and did not receive a good explanation as to why the Christian attitudes are much, much better than the free license rampant in our society today.

Christian teaching on sexuality must occur more frequently from the pulpit, in bible studies, in small group times. If we think that parents as the only source of information are sufficient to set up young Christians to be an example of godly sexuality, the data says "not so fast." However, we do not equip parents to discuss these matters with their children. We cannot allow their peers to set the bar on acceptable behavior.

American Attitudes Concerning Science and Religion

We included three questions probing people's views on the relationship between science and religion. The first question relates to any apparent conflicts between current scientific theories and their beliefs based on their religion. From the answers, one can tell whether the respondent puts more credence in current scientific theories or in their religious beliefs. The question is:

Question #1: When apparent conflicts appear between science and religious teachings, one should:

1. Ignore science, accepting that when science learns more it will agree with your religion.
2. Examine your religious teachings to determine if the scriptures are in conflict or it is just someone's interpretation of the scriptures that

conflict.

3. Change your religious views to align with current scientific views.

4. Abandon your religion as being false.

The first two answers are consistent with a Basic/Enhanced Biblical Worldview, reflecting 1) a view that their scripture is informed by a higher source of truth than simple science can draw upon, 2) a recognition that generally accepted scientific viewpoints have often changed over time, and 3) on the type of scientific questions being addressed here, there are in most cases a variety of theories supported by different groups of scientists. The second answer includes the possibility that the person's holy scriptures do not directly address the topic at hand, but that some religious leaders have inferred a position on the topic from their interpretation of scriptures.

The second two answers, i.e. 3 and 4, reflect a view that scientific teaching communicates truth that religious teachings are unable to counter. The third answer results in a religious viewpoint that will vary over time as scientific ideas gain or fall out of favor in the scientific community.

As shown in the figure, the majority of American young adults do not accept that science is infallible (by supporting answers 3 or 4). Less than 10% of Born Again Protestants selected one of these answers. And even among the Unaffiliated, less than half of them selected an answer where scientific theories trump other sources of beliefs.

At the same time, those who selected a view that ignores science all together (answer 1) were a small minority as well. Less than one in five (20%) of the Born Again Protestants and slightly over one out of ten for the other religious groups.

So well over 50% of all religious groups selected answer

number 2, showing a willingness to go against science but also a desire to meld the views of science into their religious views. We did not ask a follow up question as to what they would do if they determined there was an unresolvable conflict with the current position supported by most scientists. There are not many unresolvable conflicts if one is willing to adopt a position supported by a reputable minority of scientists, e.g. intelligent design.

Question #2: My understanding of human origins is the result of:

1. Using the Bible alone with no regard for the findings of science.
2. Using science to better understand what the Bible teaches us about origins.
3. Not sure
4. Accepting a completely naturalistic view, i.e. no intelligence involved in the process.

Note these answers follow a similar pattern to those of the first question, but now they are applied to a specific question where many people assume there is no meeting ground between science and religion.

The answers are shown in the adjacent graph. On this more specific question, the percentage of each religious group that is going to look at the Bible alone for their understanding hovers around 30% for all religious groups but plummets to under 8% for the Unaffiliated.

Conversely, only the Unaffiliated show more than three out of ten who “accept a completely naturalistic view” (choice #4). Born Again Protestants show only about one out of eight who select such a view. This result is amazing given the concerted push by some educators to force our students to accept a

completely naturalistic view of creation. However it is consistent with the current state of the research on the origins of man, including new reports from 2021.[{3}](#)

The majority for each group of people selected “Not sure” or said they would use science to help them better understand what the Bible teaches.

Question #3: All real scientists believe that science is the only source of real truth.

The potential answers ranged from Strongly agree to Strongly disagree and included Neither agree or disagree.

First note that if we strictly define real scientists as individuals meeting these qualifications—1) a Ph.D. in a scientific field, 2) actively involved in the field, and 3) published in reputable scientific journals—we will find many scientists who agree that there are other sources of truth outside of science. So, we can say with confidence that **the statement in question #3 is objectively, verifiably not true.** However, there are certainly some believers in scientism [the belief that science is the only way to know ultimate truth] who claim the statement is true. They accomplish this trick by claiming that anyone who does not believe that science is the only source of real truth cannot by definition be a real scientist.[{4}](#) In other words, they use circular reasoning.

But there is certainly a movement to instill scientism as the favored viewpoint in society.[{5}](#) How successful are these proponents of scientism? Looking at the answer shown in the adjacent chart will throw some light on this question.

We would like to see the answer: Strongly Disagree. This answer aligns with the objective truth discussed above. But what we find is that only one out of five (20%) of Born Again Protestants profess this view. Among Other Protestants and Catholics only about one out of twenty (5%) profess this view. Adding some uncertainty by adding those who say they Disagree,

increases those amounts to two out of five (40%) for Born Again Protestants and one out of five (20%) for Other Protestants and Catholics.

Those who agree with the statement range from one out of four (25%) Born Again Protestants up to nearly one half (almost 50%) of Other Protestants and Catholics. Clearly, the proponents of scientism have done a good job of skewing our understanding of who scientists are and what they believe.

Combining the Questions

☒ What do the results look like when we combine these questions? In our opinion, there are a number of different answers that could be consistent with a biblical worldview. Starting with the strictest view of relying on the Bible rather than science and then adding in those who would look at the results from science to obtain a clearer understanding of what the Bible teaches or those areas where the Bible is silent. Then, we add in their view on scientism which as already discussed is demonstrated by a long list of scientists who disagree to be false, thus being a source of strong disagreement.

The results from this comparison are shown in the adjacent figure. The first thing to notice is that the percentage of Born Again Protestants who take a more fundamental position, i.e. science should be ignored as a source of information, is low for one question and goes down to only a few percentage points when all three questions are combined.

The right hand side of the chart considers all combinations of answers that reflect a commitment to biblical truth above current scientific theories combined with a willingness to consider what science has to offer. As shown, the combination of the first two questions has a large percent of Born Again Protestants, ranging from 55% for the youngest age group and growing to over 65% for the older age group. Since only a

minority of Born Again Protestants stated Strongly Disagree that all scientists are adherents of scientism, when we add that question to the mix on the far right, we see less than one in five take a Biblical position on all three.

Effect of a Basic Biblical Worldview.

A natural question to ask is, “Does having a Basic Biblical Worldview correlate with having a biblical view on these science issues?” We can look at this question by comparing Born Again Protestants with a Basic Biblical Worldview with Born Again Protestants without a Basic BWV. The results are shown in the adjacent figure.

At a top level, we can see a correlation between a Basic Biblical Worldview and a biblical understanding of the relationship with science. This correlation appears to be strongest with those ages 18 through 29. We see that those with a Basic Biblical Worldview are about twice as likely to have a biblical view on all three of the questions related to science.

Responding to These Results on Science and Religion

As we can see from the first two science questions above, the majority of Americans do not buy into the idea that the only real source of truth is science. They don't believe that scientific positions automatically take precedence over their religious beliefs. Perhaps one factor supporting this stance is an understanding that scientific hypotheses and positions have changed fairly often over the years, particularly in the areas of the origin of life and the role of evolutionary processes on our current bounty of life forms. Certainly, it is not the public school system which has attempted to promote concepts which current day scientists studying the field do not support.

However, Americans do have a skewed view of scientism, with a vast majority believing that all real scientists support this

religious concept. This position is a little surprising given that the view is demonstrably false.

In one area, sexual behavior, even American Christians have thrown out the teaching of the Bible. At the same time, they are resisting the call to make science the ultimate source of truth.

Notes

1. Matthew 5:27-28
2. There is also a small number of those answering Don't Know included in the number of those who do not state that they Strongly Agree or Agree Somewhat with the statement.
3. In March, Nobel Prize-winning physicist Brian Josephson declared that "intelligent design is valid science." In April, researchers writing in the journal *Current Biology* asked whether Darwin's "tree of life" should "be abandoned."
4. See for example: Daniel Dennett, *Breaking the Spell*, 2006.
5. See for example the book by J. P. Moreland, *Scientism and Secularism*, 2018.

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Muslim Beliefs on Sexuality

Islamic teaching on sexual issues varies significantly from a Christian biblical position in several areas. But, as we have seen in other areas, the beliefs of average Muslims do not necessarily follow the teachings of Islam.

[Over the last several months](#), we have been looking at the religious beliefs and practices as expressed by a worldwide, Muslim population in an extensive Pew Research Center survey^{1} taken in 2012. We have compared those beliefs and

practices with those of Americans toward the Christian faith as documented in several recent surveys.

Now, I would like to turn our attention to some cultural beliefs and behaviors. In particular, we will begin by looking at beliefs concerning sexual behavior. Once again the survey data on Muslims will be divided into five regions: North Africa, Middle East, Eastern Europe (Albania, Bosnia and Herzegovina, Kosovo, Russia, and Turkey), the 'Stans (Azerbaijan, Kazakhstan, Kyrgyzstan, Tajikistan, Uzbekistan), and South Asia.

For this evaluation, we will use questions asked in the Pew survey. The questions are worded, "I personally believe that _____ is morally acceptable, morally wrong, or it is not a moral issue." The five topics considered (as they are worded in the survey) are:

1. Sex between people who are not married
2. Homosexual behavior
3. Having an abortion
4. Polygamy (having more than one wife)
5. Divorce

A person following the Qur'an and the Hadith would say that the first two items above are morally wrong while the last two items would be considered morally acceptable with some constraints. The question about abortion is not directly addressed in the Qur'an or Hadith. The way in which Muslims actually responded is shown in the table below.

Table 1: Muslims Believing a Behavior is Morally Wrong

	North Africa	Middle East	Eastern Europe	'Stans	South Asia
Sex outside marriage & Homosexuality	84.7%	88.7%	68.9%	77.2%	84.1%
Abortion	73.2%	64.4%	72.0%	52.6%	83.6%

All of the above	67.5%	66.9%	56.5%	44.3%	77.3%
Polygamy	25.2%	30.1%	73.0%	57.7%	39.8%
Divorce	17.0%	34.2%	20.2%	30.4%	27.8%
All behaviors	7.2%	13.6%	11.6%	13.5%	13.9%

As shown, they are fairly consistent on fornication and homosexuality, with strong majorities stating that they are both morally wrong. However, Eastern European Muslims appear to have been influenced by the culture around them, falling about 16 percentage points lower than the average for other areas in the world.

On the question of abortion, we find a greater variation across geographic areas. Those Muslims in South Asia are most united in their views, with well over 80% of them saying that abortion is morally wrong. In contrast, the Muslims of the 'Stans are about evenly split with just over half saying it is morally wrong. The Middle East is not as strong as one might expect, with about two out of three people agreeing that abortion is morally wrong.

Polygamy, seen as acceptable in the Qur'an with a man allowed to have up to four wives, is seen quite differently in different geographic areas. In North Africa, the Middle East, and South Asia, the majority of Muslims **do not** consider it to be morally wrong. In contrast, in Eastern Europe and the 'Stans, a strong majority of Muslims consider it **to be** morally wrong. Of course most of the Muslims in Eastern Europe and the 'Stans grew up in the Soviet Union or Soviet bloc countries where polygamy was presumably illegal.

Finally, we see that most Muslims across all geographic locations do not believe that divorce is morally wrong.

If we consider that the Christian Bible teaches us that all of these actions are morally wrong (with some exceptions for divorce), we realize (looking at the bottom row of the table) that nine out of ten Muslims do not agree with that

perspective.

Looking at data on similar topics from residents of the United States, we find the following:

Table 2: American Christians Believing a Behavior is Not Right

	All	Born Again Christian	All Others	Source
Sex before marriage & Homosexual relations	16.9%	32.8%	7.0%	GSS 2014{2}
Abortion	44.9%	62.0%	34.5%	GSS 2014
All of the above	13.2%	25.6%	5.4%	
Homosexual relations	23.3%	41.7%	13.4%	Baylor 2010{3}
Divorce with children	29.2%	47.1%	19.4%	Baylor 2010

Comparing the two tables and focusing on the Born Again Christian column, we observe that worldwide Muslims are much more likely to see sex outside of marriage and homosexual relations as morally wrong. On abortion, born again Christians have a similar response as Muslims. But born again Christians are more likely to oppose divorce when children are involved than Muslims.

On the whole, it appears that Muslims are more likely to agree with the teachings of the Qur'an than born again, American Christians are to agree with the teachings of the Bible. However, Muslims do not agree with the full set of biblical stances on sexual issues.

Notes

1. The World's Muslims Data Set, 2012, Pew Research Center – Religion & Public Life. The Pew Research Center bears no responsibility for the analyses or interpretations of the data

presented here. The data were downloaded from the Association of Religion Data Archives, www.TheARDA.com, and were collected by James Bell, Director of International Survey Research.

2. General Social Survey 2014 conducted by the National Opinion Research Center (NORC). The data were downloaded from the Association of Religion Data Archives, www.TheARDA.com, and were collected by Tom W. Smith of the NORC.

3. Baylor University. 2010. The Baylor Religion Survey, Wave III. Waco, TX: Baylor Institute for Studies of Religion. The data were downloaded from the Association of Religion Data Archives, www.TheARDA.com, and were collected by Kevin D. Dougherty, Paul Froese, Andrew L. Whitehead, Jerry Z. Park, Mitchell J. Neubert.

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“God Forbids Fornication, But Webster’s Definition Is Limited. Other Sex Okay Then?”

[Editor’s Note: Probe received a lengthy, technical question regarding this topic which quoted the Merriam Webster online dictionary (www.m-w.com). The definitions of the [related terms](#) were unnecessarily graphic, but the gist of the question was this:]

Having read your Q & A section regarding sexuality and your article [How Far Is Too Far?](#), I would appreciate your valued opinion in my response to this article. What is the boundary of illicit (premarital) sexual activity? Does it include

orgasms without direct interaction of the couple's sexual organs, which is basically the dictionary definition of intercourse? Can one engage in sexually pleasurable activities without crossing the line to fornication?

Thanks for the question. Well, the explanation you gave is certainly creative. You obviously spent plenty of time deliberating your argument and giving an inductive explanation. But I do notice some moral gaps that need to be addressed.

First, Merriam-Webster's dictionary is not a repository of God's holy standards. A dictionary can only give a brief technical definition of a word. We define right and wrong according to what the Bible says, not the limited definitions crafted by men.

There is no loophole by which we escape the standard of God. A dictionary has a scientifically sterile definition; the Bible is much more expansive. The dictionary focuses what happens physically for fornication to occur; the Bible focuses on what happens in the heart for fornication to occur.

Jesus gave us our highest standard of sexual sin in Matthew 5:28 when he said, "But I tell you that anyone who looks at a woman lustfully has already committed adultery with her in his heart." For Jesus, it was not just about the physical act of sin; it was the mental and spiritual act of sin. The Lord's standard of sexual immorality focused on the person's heart and their intent.

In reading your argument, it appears quite obvious that what you described is a sexual act by merely examining the result. The end game of sexual activity is sexual gratification. In the eyes of God, how you get there is less important than arriving at a place of sin. The touching of one another's genitals while kissing heavily until there is a sexual climax is a sexual act. It is obvious that you are describing the

touching of a sexual organ, stimulating it for pleasure, and having a sexual release. That description is a classical physical definition of sex.

In your hypothetical description, you stated there was prolonged and pronounced kissing. I will borrow from the logic of our previous article you cited:

Scripture says, "It is good for a man not to touch a woman" (1 Cor. 7:1). One of the meanings for the Greek word for "touch" means "to press against in such a way as to kindle or catch on fire." So another way to translate this verse would be, "It is good for a man not to touch a woman so that they become sexually aroused."

I can guarantee that a person's thoughts will not be pure in those moments of kissing and touching.

What is also obvious from your description is the intent of the act itself. You looked up the dictionary's definition of sex, and then devised activities that have the same sexual pleasure of sex while avoiding the technical aspects of intercourse. The intentionality of the act is what separates two similar actions from one that is acceptable versus one that is sinful. For example, touching your boyfriend's/girlfriend's genitals would be sin because the touching is for sexual pleasure. By contrast, a nurse touching someone's genitals for a checkup is not sin because of the intent (medicinal analysis).

As believers, we are to honor God; not gratify our fleshly desires. When we try to rationalize questionable actions, we are not abiding by the Spirit of God. We are to control ourselves in a way that is holy and honorable (1 Thessalonians 4:3-8). If we ever have doubts as to what is godly or not, we can ask ourselves this question: If Jesus were standing here, would he approve of my actions? The answer to that question will lead us to an answer that upholds God's Word, His Will,

and our integrity.

I hope that answers your question.

Nathan Townsie

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“What Does the Bible Say About Masturbation?”

Dr. Bohlin:

I have just read [your article on “Sexual Purity”](#) & found it to be an excellent resource. You have really hit this subject on the head.

Can you please address the following question?

I am a Christian male, age 36. My girlfriend, maybe soon to be fiance is also a Christian. We do not cohabit, nor do we have sexual relations, albeit we are not virgins.

The secular world would have us believe that masturbation is a healthy practice. Research has shown that men think about sex more often than women. Obviously men and women are wired differently.

I catch myself entertaining sexual thoughts and I feel a tremendous amount of guilt. What does the Bible say about masturbation & entertaining sexual thoughts? I know that we can commit fornication in our hearts by our lustful thoughts & desires.

You raise a difficult and even controversial topic. Christians

have disagreed on the issue of masturbation. Some allow it and some do not. Here is my take. The Bible is clear that any sexual activity outside of marriage is sin. The biblical term “fornication” (sexual immorality) simply refers to any sexual activity outside of marriage. Jesus also clearly indicated, as you mentioned, that we can commit adultery in our hearts without any physical activity involved. Part of our sanctification process is to be transformed from being self-centered to being other-centered. With this background, consider these realities. Masturbation is sexual activity outside of marriage. Most if not all masturbation is accompanied by sexual thoughts to accentuate the experience. Masturbation is essentially self-centered, seeking to fulfill one’s own needs by oneself. There is no specific Biblical admonition to refrain from masturbation. However, based on the review above, it is difficult to find any justification for it either.

This is not to say, of course, that avoidance of masturbation in young men is easy. We praise God for His finished work on the cross that allows for forgiveness of past, present, and future sin, even besetting sins.

Respectfully,

Dr. Ray Bohlin
Probe Ministries

**“Can the Truly Saved Commit
Such Sins as Adultery and**

Murder?"

I wanted to ask if a truly saved person can fall into the sin of fornication, adultery or murder... Wouldn't the Holy Spirit deal with a truly saved person if he/she is tempted? Please explain in detail. Thanks and God bless you!

Yes, a truly saved person can indeed fall prey to such sins. A good example is King David. He was truly saved and yet committed the grievous sins of adultery (2 Samuel 11:2-5) and murder (2 Samuel 11:6-17). Because of his sins, God sent Nathan the prophet to rebuke David and he repented (2 Samuel 12:1-13). Nathan told David that the Lord had taken away his sin, but that there would still be negative consequences for it (2 Samuel 12:13-14).

It's important to realize that, like believers today, David was indwelt by the Holy Spirit. We know this because, in Psalm 51 (David's psalm of repentance), He prays that the Lord will not take His Holy Spirit away from him (see v. 11). Of course, today believers are permanently indwelt by the Holy Spirit (John 14:16-17), but this was not so in David's day. Hence, David's request in Psalm 51:11.

Of course, the Holy Spirit will certainly convict us when we sin and it is God's desire that we so depend on the Holy Spirit that we do not sin (Galatians 5:16-26). Furthermore, God always provides a way of escape when we are tempted (1 Cor. 10:13). Thus, if we avail ourselves of God's provision, and rely on the Holy Spirit, we can resist our fleshly desires. We need not fall into such sins as fornication, adultery or murder. And we need to be ever mindful, and appropriately fearful, of future judgment (2 Cor. 5:11). But if we do sin, we have an advocate who pleads the blood of Christ on our behalf (1 John 2:1).

Shalom,

Michael Gleghorn

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“Where Does the Bible Say that All Sexual Activity Outside of Marriage is Sin?”

In your site you talk about how all forms of sexual activity is a sin and that the bible says that “all sexual activity outside of marriage is sin.” Please give me verses where this is true because all I can find is how intercourse is wrong outside of marriage. Please also explain how we can define fornication as any sexual activity, who defined this, and how do we know this is God’s definition. I appreciate your help.

If you do a word study on “fornication” or “immorality” (which are two ways the Greek work *porneia* is translated), you will find that it means illicit sexual activity. [Note: two very good web sites for doing Bible study are www.blueletterbible.org and www.studylight.org.] Many dictionaries will say “illicit sexual intercourse,” but that is unnecessarily narrow. Consider, for example, that Romans 1:29 condemns fornication in the same passage where lesbianism is shown to be sin. Since two women are unable to have sexual intercourse with each other in the same way that a man and a woman do, I believe it would be disingenuous to try and make a case that lesbian sex is not fornication or immorality simply because of physiology of sex prevents them from having intercourse.

Secondly, consider why it’s wrong in the first place: God is

pure, and sexual activity outside of marriage is impure. God commands sex to be contained within marriage because it is so powerful; in fact, it is the glue that holds people together and binds their spirits to each other (1 Corinthians 6:16).

Third, if one is trying to make a case that sexual activity short of intercourse is not sin, then I would ask, where do you draw the line? Ask the father of a teenage daughter if it's sin for her boyfriend to touch her genitals, or if God allows this activity with His blessing. Ask the wife of a man visiting a prostitute if it's OK for him to receive oral sex from her as long as they don't engage in intercourse. And if you are bothered by our position that masturbation falls in the category of *porneia*, then I would reply that we have [written so extensively](#) on that subject that I'm not going to go further with it. I will say, however, that we recognize not everyone agrees with us on this issue. Nonetheless, we still have a hard time reconciling masturbation with Paul's injunction to "do everything to the glory of God" (1 Corinthians 10:31). Exactly how does one do that to the glory of God?

Hope this helps.

Sue Bohlin
Probe Ministries

"Where does the Bible Talk About Unmarried Sex?"

I am a single Christian and I do believe in abstaining from sex until marriage. But I have a friend who is also a Christian and is having sex outside of marriage with her

boyfriend (both are single).

I have always believed that the Bible teaches that you shouldn't have sex outside of marriage, but when I went to look for scriptures that teach this, I couldn't find any. I found plenty about not sleeping with relatives and animals and such, but nothing about unmarried sex.

Can you tell me where the Bible teaches that you shouldn't have sex outside of marriage?

Kerby Anderson answered:

I typed in the word "premarital sex" on the Probe web site (www.probe.org) and got back 16 matches. I might encourage you to look at my article on "[Teen Sexual Revolution](#)" along with the article by Ray Bohlin on "[Sexual Purity](#)" and the article by Jerry Solomon and Jimmy Williams on "[Why Wait Until Marriage](#)."

Perhaps the reason you are having difficulty finding verses on premarital sex is due to the fact that the Bible uses words or phrases like fornication, sexual immorality, or youthful lusts. If you put these terms in a search engine, you will find numerous verses in the Bible dealing with premarital sex.

Thanks for writing, and stay pure.

Kerby Anderson
Probe Ministries

Dr. Ray Bohlin answered:

The term fornication, or in more modern translations, sexual immorality, simply refers to all sexual activity outside of marriage. Below is the first paragraph under "fornication" in the *Zondervan Pictorial Encyclopedia of the Bible*, 1975, Vol. 2, p. 601:

"Four different NT meanings are obvious. 1. In 1 Corinthians

7:2 and 1 Thessalonians 4:3, Paul is warning unmarried people about the temptation to fornication. In both cases fornication refers to voluntary sexual intercourse of an unmarried person with anyone of the opposite sex. The meaning is specific and restricted. In four other passages fornication is used in a list of sins which includes "adultery" (Matt. 15:19; Mark 7:21; 1 Cor. 6:9; Gal. 5:19). Since adultery involves a married person, the meaning of fornication in these passages is specific and restricted, involving unchastity of unmarried people."

Later the same entry relates,

"Jesus related fornication to adultery when he said "Everyone who looks at a woman lustfully (i.e. with a thought of sexual intercourse) has already committed adultery with her in his heart" (Matt. 5:28). R. C. H. Lenski interprets the "everyone" to include both men and women and both married and unmarried. Thus Jesus was saying that sexual intercourse of unmarried people (fornication) is as evil as extra-marital sexual intercourse (adultery)."

The entry closes with this statement:

"Those who state that the NT makes no reference to permarital sex relations and gives no advice on the personal and social problems involved are overlooking the NT use and meaning of the word fornication, esp. in such passages as 1 Corinthians 7:2 and 1 Thessalonians 4:3."

Please also note that Paul closes his discussion of sexual immorality in 1 Cor. 7 with verses 8 and 9. "But I say to the unmarried and to widows that it is good for them if they remain even as I (verse 8). But if they do not have self-control, let them marry; for it is better to marry than to burn (verse 9)." I'd say he felt rather strongly about it.

While the Scripture is very clear concerning the immorality and sin of pre-marital sex, these verses also need to be

shared with humility and gentleness with the end of restoring a brother and sister in Christ, not driving them away. The truth of God's word convicts on its own. A spirit of judgment can often be counterproductive.

Respectfully,

Ray Bohlin
Probe Ministries

“Does Fornication Ruin Your Life Forever?”

I recently had a child outside of marriage. Upon being brought up inside the church with a family who have strong Christian beliefs, I found pregnancy to be the most unhappy time of my life, with family sicknesses making me more stressed.

I knew what to expect from my family, with feelings of disappointment all round, but they have grown to be supportive and love my daughter. Although they seem to have accepted the new lifestyle I will lead, I myself cannot come to terms with things.

I constantly go over my mistakes, wishing I could rewind time. I would have done so many things differently. I've been going out with my boyfriend for a long time but I feel we have made so many mistakes. I love my boyfriend to bits and couldn't lose him after nearly four years of going out and don't want to make things sound like he is a mistake. Even more so, when I say I wish this situation had never happened, I feel like I am saying that I wish my daughter wasn't here, which isn't true because I love her to bits too!

I can't rid the shame I feel and felt throughout pregnancy. I read so many magazines that talked about happy expectant mothers-to-be and how to enjoy pregnancy and the blooming process. I cannot say I felt the same way. Right now I hate everything I have done and feel I have let my family down. I feel all the respect I built up over the years has amounted to nothing.

Not only that but my personal dreams have been affected. By now, I always imagined I'd have a big house, be well into my career and be married with a good Christian man. Instead everything is the total opposite and I feel I no longer have a purpose to serve or way to enjoy life. I feel I've ruined everything. I'd never have thought I'd have ever been in this situation. I saw it happen to friends of mine also in church previously and had deep sympathy for them. But going through it yourself is 100 times worse.

I feel alone, hopeless, depressed, and unloved. My boyfriend wants us to get married, go back to church and get our lives back on track but I don't know how to because all I feel is constant pain and reminders of what I've done. After all, the baby has to be a reminder and I can't forget her. I feel like my mistakes will affect my life forever.

I also feel a slight anger in all of this with myself, my boyfriend and certain friends. I can't understand why I had to be made to be everyone's gossip and selected out of all the girls in the world to be made an example of. I feel so hard done by, especially more so as I was trying ever so hard to change and that was when I was hit with the news. I still hear a couple of my friends talking of their fornication and can't help but feel angry that they are not being frowned upon by the church as people are none the wiser of their goings on, which I know is bad for me to feel, but I am full of all kinds of emotions right now.

When will the sun shine for me? I can't take much more of

these cloudy days?!

Very unhappy.

You have touched my heart with your letter. I am so sorry for the pain you are going through, but I have *such* good news of comfort and HOPE for you! I have a dear friend in our church who was in your exact shoes. God is using Ellen so mightily now, and blessing her life so much, that when people make a list of who is most used by God in our church, she's right up near the top—and that is no exaggeration. I asked her to write a response to your letter, which follows my remarks.

One thing I want to share is that a mark of maturity is the ability to distinguish between a bad choice you have repented of, and the grace of God giving us good things even as a result of that bad choice—like your precious daughter and your boyfriend. You can say that you sinned, that you made a bad choice, and still embrace the goodness of God in giving you two wonderful people who love you, and they don't cancel out each other. That's what grace looks like: God continues to bless us even though we don't deserve it. He's such a good and loving God! He is inviting you to enjoy His blessings with a smile on His face—all you have to do is decide to “turn your cup right side up” to receive the joy of those blessings.

Also, I strongly encourage you to forgive yourself. That's really about embracing God's forgiveness, which He has already given you if you have trusted Christ, but 1 John 1:9 says God not only forgives us, He *cleanses* us from all unrighteousness. Make a decision to “turn your cup right side up” to receive His cleansing, which will wash away the guilt and, in time, the shame you carry.

Enjoy the letter that follows from someone who is praying for you and absolutely understands you.

In His grip,

Sue Bohlin

Dear friend,

When I read your email today I could truly sense the sadness and hurt in your heart. I have prayed for you many times today already. I am deeply sorry for your heartache. But I have a message of hope for you: God loves you desperately and He is a God of second, third, and fourth chances. His arms are outstretched to you, just waiting for you to accept His love and forgiveness.

I could understand your pain because my story is similar to yours. I, too, grew up in a strong Christian home. I trusted Jesus as my Savior when I was five years old. I remember that night clearly, my Mom and Dad had shared with me in God's word that "all have sinned and fall short of the glory of God" (Romans 3:23). That included me. I was a sinner. But, God loved me so much that He provided a way for me to spend eternity in Heaven. He sent his only Son, Jesus, to be born of the virgin Mary, live a sinless life and then die on the cross for all the sins I had (and ever will) commit. Then He was raised from the dead on the third day! The Bible says in Ephesian 2:8-9, "For by grace are you saved through faith, it is a gift of God, not of man, so that no man can boast." By placing my faith in Jesus alone, not counting on anything that I could do, I could spend eternity in Heaven. If you have never made the decision to trust Jesus as your Savior, you can do that right now. It is not enough to know the information, you must receive it as your own.

I did that when I was young, but as I got older, I began to drift away from the Lord.

I, too, got pregnant outside of marriage. I, too, felt like it was unfair that all the other girls who I knew were sleeping with their boyfriends didn't get "caught." I felt the course of my life was altered forever. It wasn't the way

I had planned my life. But, I can tell you, I know now that it was a situation that God allowed for my life so that He could be glorified.

I say that because what I came to understand was that I was living my life according to how I thought it should go and doing whatever I wanted. I know now that getting pregnant was God's way of shaking me by the shoulders and saying, "OK, you did it your way, but I have a better plan for your life. Follow Me now." I know beyond a shadow of a doubt that my precious daughter was a gift from God, not a punishment, to gently push my life back on track. All children are special, but I feel that she saved me from even more potential bad choices had I not become a mother when I did.

I now want to fast forward my life for you eight years. I did marry my boyfriend and we will celebrate our 8th wedding anniversary next month. Our daughter is 7 1/2, and our son is 2 1/2. We are very involved in our church where we serve in the High School ministry. I have shared my testimony several times with many girls. My story, by the grace of God, has been beneficial to many people. I have girls who ask me to keep them accountable for their behavior with their boyfriends. They ask me advice, and God speaks to them through me. Not everyone knows my story, not everyone remembers how my husband and I started out, but, for some, it is a blessing. Maybe God allowed this in my life so I could share my story with you. Maybe there is another girl who you will be able to bless with your story some day.

Satan is the father of all lies and would have loved for me to think that I messed up, so why bother with church, God, or anything like that. He wants you to believe that as well. All your negative thoughts about yourself and situation come from Satan, not God.

God, on the other hand, is the Father in Heaven who loves you so much and wants to pour out blessings on you. Choose

to accept His love. Choose to live in His forgiveness. He wants the absolute best for your life. His plan for your life is perfect. While it is hard to understand why He allowed this in your life, focus your attention on Him. Get to know Him. Listen to praise music and praise God. Allow Him to fill you up. Let God fill the void in your heart. After all, He is the only one who can. Although my husband is a wonderful, fun, sweet, caring man who loves the Lord, if I look to my husband to fulfill all of my needs I will be disappointed. Only God can fulfill my deepest needs and desires. He made us that way.

My story did not turn out great because I married the father of my baby, my story turned out great because I let God lead me and love me. Not all girls in our situations end up marrying their boyfriends, and they can still have a wonderful life and relationship with God.

Some women who have had sex outside of marriage end up with so much guilt that they can't enjoy a sexual relationship when they do get married. That is not what God intends. Sex is a gift to married couples, and God meant for it to be enjoyed, guilt-free. Pray that when you do marry, you will let God take away your guilty feelings so that you can enjoy an intimate relationship with your husband as God intended. I would encourage you to abstain from sex until you do marry. You can start over.

I would also encourage you to go back to church. Hold your head up high when you walk in the door. God loves you. The creator of the universe cherishes you! He is proud to be your Heavenly Father.

While changing your thinking will not be easy, it can be done. Trust God, pray that you can believe the wonderful things about yourself that He thinks about you. Pray with your boyfriend. Thank God for your precious daughter. Thank God that he shook your shoulders, too! This can be a turning

point in your life. Choose to let yourself be loved by God and His people.

I will continue to pray for you, your boyfriend, and your daughter. May the Lord bless you abundantly. If you would like to correspond further, I would be happy to.

By His Grace Alone,

Ellen

“My Boyfriend and I Are Committed to Each Other, So Why is Sex Sinful?”

My boyfriend and I have both have been faithfully committed to each other for 4 years. He is now questioning the issue of fornication and is having a hard time in dealing with this issue. He believes that it is a sin to have sex out of marriage.

I agree, but I believe that we are committed to each other, and in God's eyes I am committed 100%. The only difference is that we are not legally married. We do plan to marry, maybe in a few more years. We do not live together. Please help me understand why do I see it OK??

Dear _____,

I would gently take issue with your choice of words. If you and your boyfriend are not married, you may like each other and even love each other, but you are not in a committed relationship. A committed relationship is marriage. Right now

all you have is strong feelings and good intentions. God's standard for what makes sex holy and right and not sinful is a marriage relationship, which means you have gone through a wedding, a public declaration of commitment that makes you a new social unit in the eyes of the community.

I'm glad you care about this issue. But how can you say you are committed in God's eyes when He has already told us what He thinks? In God's eyes you are committing fornication, because you are not married. It really is that black and white.

Hope this helps!

Sue Bohlin
Probe Ministries

Why Wait Till Marriage? – A Christian Perspective

Jimmy Williams and Jerry Solomon take a biblical worldview look at the question of premarital sex or fornication. They clearly show that regardless of the dominant teaching of the culture, the Bible describes the role of sex as far deeper in meaning and impact than simple physical intercourse.

Crucial moral battles are being fought in our culture. Nowhere is this seen more vividly than in the present sexual attitudes and behaviors of Americans. The average young person experiences many pressures in the formation of personal sexual standards and behavior.

The fact that some standard must be chosen cannot be ignored. Sex is here to stay, and it remains a very basic force in our

lives. We cannot ignore its presence any more than we can ignore other ordinary human drives.

This essay explores contemporary sexual perspectives within a biblical framework. Each of us needs to think through the implications of sexual alternatives and choose a personal sexual ethic based on intellectual and Christian factors, not merely biological, emotional, or social ones.

Sex and Love

Before we begin our survey of various perspectives, we need to face squarely the relationship of the physical act of sexual intercourse to the more intangible aspects of a meaningful relationship between two human beings.

Is having sex really making love? Modern case studies, psychological insights, church teachings, and biblical premises all seem to suggest not. As psychoanalyst Erich Fromm puts it, "To love a person productively implies to care and to feel responsible for his life, not only for his physical powers but for the growth and development of all his human powers."[\[1\]](#)

If sex is merely a physical thing, then masturbation or other forms of autoeroticism should provide true and complete sexual satisfaction. Such is not the case. Alternatives to normal sexual intercourse may satisfy physically, but not emotionally. Meaningful sexual activity involves the physical union of a man and a woman in a relationship of mutual caring and intimacy.

Every normal person has the physical desire for sexual activity accompanied with a desire to know and be known, to love and be loved. Both desires make up the real quest for intimacy in a relationship; sexual intercourse represents only one ingredient that allows us to experience true intimacy.

A maximum sexual relationship exists where mutual

communication, understanding, affection, and trust have formed, and two people have lastingly committed themselves to each other in a permanent relationship. The more of these qualities that are present, the deeper the intimacy and the more meaningful the relationship. It becomes more valuable as time passes because it is one of a kind— unique. To spread the intimacy around through a variety of sexual liaisons destroys the accumulated value of the previous relationship(s) and dilutes and scatters (in little doses to a number of people) what one has to give.

A real challenge faces young people today. Given the choice between hamburger at five o'clock or filet mignon at seven-thirty, are there any good reasons to forego the hamburger and wait for the filet? Why not both? Why not take the hamburger now **and** the filet later?

The latter attitude is precisely the rationale of those who encourage sexual activity outside of marriage. But it is not possible to have both without encountering problems later. Too many hamburgers ruin one's taste and appreciation for filet and tend to turn filet into hamburger as well!

Contemporary Arguments for Premarital Sex

Now we will begin to consider the arguments that are presented to justify sexual activity before and outside of marriage. We will analyze the arguments briefly and explore the general implications of each rationale so that **you can decide** which will provide the best path for your future.

Biological Argument

Perhaps the most common reason used to justify premarital sexual activity is that the sex drive is a basic biological one. The argument is as old as the Bible, where Paul states in 1 Corinthians 6:13, "Food is for the stomach and the stomach is for food." The Corinthians were using the biological

argument to justify their immorality, but Paul explained that the analogy to the sex appetite was (and is) fallacious. Humans cannot live without food, air, or water. But we can live without sex.

Nature says several things on this point. First, God has built into the natural world a mechanism for sexual release: nocturnal emissions, or orgasmic release during dreams. Second, nature rejects human promiscuity, as the growing problem of sexually-transmitted diseases makes abundantly clear.

Couples who confine sex to their marriage partners face no such danger from disease. Further, we can safely conclude that abstinence does not impair one's health. Sociologist Robert Bell quips, "There appear to be no records of males hospitalized because girls refused to provide sexual outlets."

[{2}](#)

While recognizing that human beings share many common characteristics with animals, we do not find comparable sexual behavioral patterns in the animal world. Human sexuality is unique in that it *includes*, but *transcends*, physical reproductive elements. It reaches an intimacy unknown among animals. Humans are different from animals.

Statistical Argument

A second popular argument reasons that everyone is doing it. First, we must categorically emphasize that this is not a true statement. A recent study (1991) of college freshmen shows that "about two-thirds of men (66.3 percent) and slightly more than one-third of the women (37.9 percent) support the idea of sex between people who have known each other only for a short time."[{3}](#) As sobering as such statistics may be, they obviously indicate that not everyone is sexually active.

Further, **statistics** do not establish moral values. Is something right because it happens frequently or because many

people believe it? A primitive tribe may have a 100 percent majority consensus that cannibalism is right! Does that make it right? A majority can be wrong. If a **society** sets the standards, those standards are subject to change with the whim and will of the majority. In one generation slavery may be right and abortion wrong, as in early nineteenth-century America; but in another generation, abortion is in and slavery is out, as today.

There are enough young people in any school or community who prefer to wait until marriage that the young person who wants to wait has plenty of company. Each person must decide where he or she wants to be in a given statistical analysis of current sexual mores and behavior.

Proof of Love

A third argument suggests that sexual activity tests or provides proof of love. Supposedly, it symbolizes how much the other cares. One therefore exerts pressure on the more reluctant partner to demonstrate a certain level of care. Reluctant partners succumbing to this pressure often do so with an underlying hope that it will somehow cement the relationship and discourage the other partner from searching elsewhere for a less hesitant friend.

Any person who insists on making sex the ultimate proof of a genuine relationship isn't saying "I love you," but rather "I love it." True love concerns itself with the well-being of the other person and would not interpret sexual hesitation in such a selfish way. Furthermore, the person adopting this practice develops a pattern of demonstrating love by purely sexual responsiveness. Ultimately he or she enters marriage with something of a distortion as to what real intimacy means, to say nothing of having to deal with the memories of previous loves. Some behaviors are irreversible, and this process is like trying to unscramble an egg. Once it's done, it's done.

The broader perspective sees sex as an integral and important part of a meaningful relationship but not the totality of it. Remembering this will help any individual to make the right decision to refrain from sexual involvement if a potential partner puts on the pressure to make sex the test of a meaningful relationship.

Psychological Argument

The psychological argument is also a popular one and is closely tied to the biological argument previously discussed. Here's the question: Is sexual restraint bad for you?

Sublimating one's sex drive is not unhealthy. In sublimation the processes of sexual and aggressive energy are displaced by nonsexual and nondestructive goals.

But guilt, unlike sublimation, can produce devastating results in human behavior. It is anger turned inward, producing depression, a lowered self-esteem, and fatigue. Further, chastity and virginity contribute very little to sexual problems. Unsatisfying relationships, guilt, hostility toward the opposite sex, and low self-esteem do. In short, there are no scars where there have been no wounds.

In this hedonistic society, some persons need no further justification for sexual activity beyond the fact that it's fun. "If it feels good, do it!" says the bumper sticker. But the fun syndrome forces us to sacrifice the permanent on the altar of the immediate.

The sex act itself is no guarantee of fun. Initial sex experiences outside of marriage are often disappointing because of high anxiety and guilt levels. Fear of discovery, haste, and lack of commitment and communication all combine to spoil some of the fun. Further, there is no way to avoid the exploitation of someone in the relationship if it's just for fun. Sometimes one person's pleasure is another's pain. No one likes to be or feel used.

Marilyn Monroe was a sex symbol for millions. She said, "People took a lot for granted; not only could they be friendly, but they could suddenly get overly friendly and expect an awful lot for a very little." {4} She felt used. She died naked and alone, with an empty bottle of sleeping pills beside a silent telephone. Was the fame and fun worth it? Evidently she thought not.

Experiential Argument

This perspective emphasizes a desire on the part of an individual not to appear like a sexual novice on the wedding night. One answer to this is to have enough sexual experience prior to marriage so that one brings practice, not theory to the initial sexual encounter in marriage. But the body was designed to perform sexually and will do so given the opportunity.

This is not to say that sexual skill cannot be gained through experience. It is to say that every skill acquired by humans must have a beginning point. If the idea of two virgins on their wedding night brings amusement to our minds instead of admiration, it is actually a sad commentary on how far we have slipped as individuals and as a culture.

It must be emphasized again that healthy sexual adjustment depends much more on communication than technique. World-famous sex therapists Masters and Johnson found

Nothing good is going to happen in bed between a husband and wife unless good things have been happening between them before they go into bed. There is no way for a good sexual technique to remedy a poor emotional relationship. {5}

In other words, a deeply-committed couple with **no** sexual experience is far ahead of a sexually-experienced couple with shallow and tentative commitment, as far as the marriage's future sexual success is concerned.

Compatibility Argument

A corollary to the experiential argument is the one of compatibility. The idea is, How will I know if the shoe fits unless first I try it on? A foot stays about the same size, but the human sex organs are wonderfully stretchable and adaptable. A woman's vagina can enlarge to accommodate the birth of a baby or to fit a male organ of any size. Physical compatibility is 99 percent guaranteed, and the other 1 percent can become so with medical consultation and assistance.

Of greater importance is to test person-to-person compatibility. Sexual dysfunction in young people is usually psychologically based. Building bridges of love and mutual care in the non-physical facets of the relationship are the sure roads to a honeymoon that can last a lifetime.

Contraceptive Argument

The contraceptive argument supposedly takes the fear of pregnancy out of sexual activity and gives moderns a virtual green light. Actually, the light is at most pale green and perhaps only yellow. The simple fact is that pregnancy (along with sexually-transmitted diseases) remains a possibility.

Beyond the question of contraceptive use is the entire area of unwanted children. There are no good alternatives for children born out of wedlock. Do we have the right to deprive children of life or a secure family setting and loving parents to supply their basic needs? Ironically, even severely battered children choose to be with their parents over other alternatives. Parental love and security are highly prized.

Sexual intimacy between a man and a woman is not exclusively their private affair. Sexual intercourse must take place with a view toward facing the consequences. The time of moral decision in sexual matters comes before one decides to have sex with someone, not later when unforeseen circumstances take

things the wrong way.

Marital Argument

Perhaps the most prominent argument for premarital sex among Christians is the marital argument, which says, "We are in love and plan to marry soon. Why should we wait?"

Dr. Howard Hendricks, an authority on the family, comments that the best way to mortgage your marriage is to play around at the door of marriage.^{6} Loss of respect and intensity of feelings may occur, as well as guilt and dissatisfaction. Restraint for a time adds excitement to the relationship and makes the honeymoon something very special, not a continuation of already-established patterns. Some couples also see little value in a public declaration of marital intent. Or they may think the formality of a wedding is the equivalent of dogma. Those who prefer no public declaration but rather seek anonymity may be saying something about the depth (or lack thereof) of their commitment to one another. Do they have their fingers crossed?

Contemporary studies indicate that the marital argument is not sound. Of 100 couples who cohabit, 40 break up before they marry. Of the 60 who marry, 45 divorce—leaving only 15 of 100 with a lasting marriage. Thus, cohabitation has two negative effects: it sharply reduces the number who marry, and dramatically increases the divorce rate of those who do.^{7}

Engaged couples, according to Paul in 1 Corinthians 7:36-37, should either control their sexual drives or marry. Intercourse, then, is not proper for engaged couples. They should either keep their emotions in check or marry.

Conclusion

We have examined some of the major arguments used to justify premarital sex. If these are the strongest defenses of sex outside of marriage, the case is weak. Our brief trek through

the wilderness of contemporary sexual ideas has led to some virtual dead ends.

There are good reasons to make a commitment to limit our sexual experience to a time when the sex act can be reinforced in a context of permanent love and care. From this perspective, virginity is not viewed as something that must be eliminated as soon as possible, but as a gift to treasure and save for a special and unique person.

The biblical standard that puts sex within the fidelity and security of marriage is the most responsible code that has ever been developed. You are justified in following it without apology as the best standard for protecting human, moral, and Christian values that has been devised.

Some reading this may have already had sexual experience outside of marriage. The data we have discussed is not intended to condemn or produce guilt.

The good news is that Jesus Christ came for the expressed purpose of forgiving our sins, sexual and all other. Jesus, who is the same yesterday, today, and forever, will forgive us. The real question now is, What shall we do with the future? Christ can cleanse the past, but He expects us to respond to the light He gives us. Hopefully this discussion will help you strengthen your convictions with regard to sexual decisions and behavior in the days ahead. As the adage says, today is the first day of the rest of your life.

Notes

1. Erich Fromm, *The Art of Loving*. (New York: Harper & Row, 1956).
2. Robert R. Bell, *Premarital Sex in a Changing Society*. (Englewood Cliffs, New Jersey: Prentice Hall, 1966) p. 150.
3. [Editor's note] We believe this data is from the American Freshman annual study, but unfortunately neither of the authors is able to verify the source.

4. Evelyn M. Duvall, *Why Wait Till Marriage?* (New York: Association Press, 1965, p. 38.
5. William H. Masters and Virginia E. Johnson, *The Pleasure Bond* (New York: Bantam Books, 1976), pp. 113-14).
6. Howard Hendricks, lecture at Dallas Theological Seminary. "Christian Home Course," 1978.
7. See Kerby Anderson's article "Cohabitation" at Probe.org/cohabitation.

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