

Friendship with Jesus

Dr. Michael Gleghorn draws on a work by Dr. Gail R. O'Day, "Jesus as Friend in the Gospel of John,"[{1}](#) to explore the perspective of Jesus Christ as a Friend.

What a Friend We Have in Jesus[{2}](#)

In his book, *The Problem of Pain*, C. S. Lewis offers four analogies of God's love for humanity.[{3}](#) These include the love of an artist for a great work of art, the love of a human being for an animal, the love of a father for his son, and the love of a man for a woman. Interestingly, he does not consider the analogy of friendship, or love between friends. In one sense it's surprising, for Lewis would later write quite perceptively about friendship in his book, *The Four Loves*.

Of course, at this time in his career, Lewis may not have even thought about the love of friendship in the context of discussing analogies of God's love for humanity. After all, on the surface, the Bible appears to say little about friendship between God and human beings. But saying little is not the same as saying nothing, and the Bible does speak about the possibility of enjoying friendship with God. In fact, the Gospel of John offers a great illustration of this in the life and teaching of Jesus, whom Christians regard as God the Son incarnate. John presents Jesus as a true friend, one who is willing to speak the truth to those He loves and to lay down His life for their benefit.

Consider Jesus' words to his disciples in John 15: "This is my commandment, that you love one another as I have loved you. Greater love has no one than this, that someone lay down his life for his friends. You are my friends if you do what I command you. No longer do I call you servants, for the servant does not know what his master is doing; but I have called you friends, for all that I have heard from my Father I

have made known to you" (vv. 12-15).

In this brief passage, Jesus surfaces several important elements of friendship which would have been readily recognized by people in the ancient world. We'll carefully consider each of these elements in this article. For now, however, the key point to notice is that Jesus explicitly refers to His disciples as "friends." Moreover, He also holds out to them the possibility of deepening their friendship with both Him, and one another.

In what follows, we'll unpack many of these ideas further. First, however, we must get a better understanding of how friendship was viewed in the ancient world.

Friendship in the Ancient World

Of course, John's discussion of friendship in his gospel does not occur in a cultural or historical vacuum. Indeed, he seems to have been aware of other such discussions and even enters into a dialogue (of sorts) with some of them. So how was friendship understood in the ancient world?

The most important discussion of friendship in antiquity is probably that found in Aristotle's *Ethics*. As one philosopher observes, "Aristotle's treatise on friendship is comprehensive and confident, as well as undeniably profound."[\[4\]](#) Aristotle views friendship as something like the glue of a community, binding people together in relations of benevolence and love. Such relations are indispensable for the community's health and well-being.[\[5\]](#)

Aristotle describes friendship as "*reciprocated* goodwill" and claims that the highest form of friendship occurs between "good people similar in virtue." The primary virtue of real friends is "loving" one another. And such love is expressed in practical actions, for the virtuous person "labours for his friends" and is even willing to "die for them" if necessary.

Finally, the ancients also viewed “frank speech” and “openness” as essential elements of friendship. According to Plutarch, “Frankness of speech . . . is the language of friendship . . . and . . . lack of frankness is unfriendly and ignoble.”[\[6\]](#) The language of friendship thus involves something like “speaking the truth in love” (Ephesians 4:15). Friendship should allow, and even encourage, frank speech. And yet, such speech should always be characterized by love and a genuine desire for the friend’s best interest.

Putting this all together, we can see how Jesus’ remarks about friendship correlate with the ancient ideals expressed in the writings of men like Aristotle and Plutarch. Just as Aristotle viewed friendship as the glue of a community, so also Jesus seems to envision the formation of a community of friends, who are bound together in love by their shared allegiance to Him. As biblical scholar Dr. Gail O’Day observes, “The language of friendship provided language for talking about the construction of a community of like-minded people informed by a particular set of teachings.”[\[7\]](#)

Below, we’ll consider how Jesus both models and encourages the ancient ideals of friendship in His life and teaching.

The Language of Friendship

One of the ways in which John shows Jesus demonstrating friendship is through his frank and honest speech. We’ve seen that in the ancient world, open and honest speech was regarded as one of the hallmarks of friendship. And there are several occasions in which such speech is attributed to Jesus in the Gospel of John (e.g., 7:26; 10:24-30; 11:14; 16:25-33; 18:19-20).[\[8\]](#)

Of course, this doesn’t mean that everything Jesus had to say was easy to understand. It wasn’t, and even his disciples often misunderstood Him. Nor does it mean that Jesus never

taught truths about God by using parables or figurative language. Indeed, He often did. What it does mean, however, is that throughout his Gospel, John repeatedly portrays Jesus as speaking and teaching the truth about God openly and honestly to all who care to listen.

For example, Jesus is described as “speaking openly” while teaching the people in the temple at the Feast of Booths (John 7:14, 26). Moreover, after His arrest, when Jesus is being questioned by the High Priest, He frankly declares to those present, “I have spoken openly to the world. I have always taught in synagogues and in the temple, where all Jews come together. I have said nothing in secret” (John 18:20). Dr. Gail O’Day observes that Jesus here claims that His entire public ministry has “been characterized by freedom of speech throughout its duration.” She writes, “Jesus has not held anything back in His self-revelation but has spoken with the freedom that marks a true friend.”[\[9\]](#)

Finally, we must not forget what Jesus says to His disciples in John 15: “No longer do I call you servants, for the servant does not know what his master is doing; but I have called you friends, for all that I have heard from my Father I have made known to you” (v. 15). Here Jesus explicitly refers to His disciples as “friends,” claiming that He has “made known” to them everything that He has heard from the Father. Not only does Jesus call His disciples “friends,” He also speaks to them in the language of friendship, openly and honestly revealing to them the heart and mind of the Father.

Judged by the criterion of “frank and honest speech,” Jesus thus reveals Himself to be a true friend to His disciples. And as we’ll see next, He is willing to do much more than this, for Jesus is willing to lay down His life for the benefit of others.

The Ultimate Demonstration of Friendship

In John 15 Jesus declares, "Greater love has no one than this, that someone lay down his life for his friends" (v. 13). Earlier we saw that Aristotle, in his writings on friendship, maintained that the true friend, actuated by genuine goodness, would even be willing to "die" (if necessary) for the sake of a friend.^{10} Of course, as any reader of the Gospels knows, Jesus soon does this very thing, thus demonstrating the greatest possible love according to the ancient ideals of friendship. As Dr. O'Day observes, "Jesus did what the philosophers only talked about—He lay down his life for His friends."^{11}

This event is foreshadowed by Jesus in His claim to be the Good Shepherd in John 10. "I am the good shepherd," He says. "The good shepherd lays down his life for the sheep" (v. 11). This claim is one of the seven "I Am" statements of Jesus in the Gospel of John, and it likely involves an implicit claim to deity, for as Edwin Blum has noted, "In the Old Testament, God is called the Shepherd of His people (Psalm 23:1; 80:1-2; Ecclesiastes 12:11; Isaiah 40:11; Jeremiah 31:10)."^{12} One thinks of the way in which David begins Psalm 23: "The Lord is my shepherd; I shall not want" (v. 1). The Lord Jesus, as the Good Shepherd of His people, is willing to lay down His life for their benefit (John 10:11).

But Jesus goes further than this, for as Paul tells us, Jesus not only gave His life for His "friends," but even for His "enemies." "For while we were still weak," writes Paul, "at the right time Christ died for the ungodly" (Romans 5:6). "While we were still sinners" (Romans 5:8), and even "enemies," "we were reconciled to God by the death of his Son" (Romans 5:10). If dying for one's friends epitomizes the ancient ideal of friendship, dying for one's enemies far transcends this ideal. It demonstrates the sacrificial love of God for all humanity. While we were spiritually dead, mired in

sin and rebellion (Ephesians 2:1-3), God “sent his Son to be the savior of the world” (1 John 4:14).

Aristotle referred to friendship as “reciprocated goodwill.” Jesus demonstrated the greatest possible love and “goodwill” of God by giving His life for the sins of the world (John 1:29). He commands His disciples to reciprocate His goodwill by loving “one another” as He has loved us (John 15:12, 14). By following His command, a community of friends is formed, bound together in love for one another and a shared commitment to Jesus.

A Community of Friends

Jesus calls His disciples “friends” and commands them to “love one another” as He has loved them (John 15:12). Jesus wants His followers to regard themselves not only as *His* friends, but as friends of one another as well. He intends for them to be a community of friends, bound together in their love for one another because of their shared devotion to Him. The sort of love to which Jesus calls them is a costly love, for He desires that His people’s love for one another be an imitation of the love that He has already demonstrated toward them. And what sort of love is this? It’s the kind of love that is willing to give one’s life for the benefit of others, to lay down one’s life for one’s friends (John 15:13).

Now this, I think we can all agree, is a very high calling. Indeed, if we’re honest, I think that we must all admit that, humanly speaking, it is frankly impossible. If some degree of discomfort does not grip our hearts in considering this commandment, then we probably aren’t considering it in all due seriousness. Very few of us will probably ever reach the level of truly loving other believers just as Jesus has loved us, and if any of us do reach it, we probably won’t be able to consistently maintain such love in our daily practice. But Jesus commands us to do it, and we must at least begin trying

to do so. But how?

Dr. Gail O'Day, I think, strikes the right tone when she comments: "The disciples begin with the explicit appellation, 'friend,' and the challenge for them is to enact and embody friendship as Jesus has done. The disciples know how Jesus has been a friend, and they are called to see what kind of friends they can become. Jesus' friendship is the model of friendship for the disciples, and it makes any subsequent acts of friendship by them possible because the disciples themselves are already the recipients of Jesus' acts of friendship."[\[13\]](#)

We must remember that Jesus is our friend, that He loves us and provides all that we need to live a holy and God-honoring life. Indeed, He has sent the Holy Spirit to indwell and empower His people for just this purpose. As we trust in Jesus, giving ourselves to Him (and one another) in genuine love and friendship, we will find that we are increasingly obeying His commands and bearing fruit that brings Him glory. So let's commit ourselves to friendship with Jesus, and to those who compose His body, the church (1 Corinthians 12:27; Ephesians 5:23; Colossians 1:24).

Notes

1. Much of the content of this article is indebted to the prior work of Gail R. O'Day, "Jesus as Friend in the Gospel of John," *Interpretation*, 58(2):144-157.
2. The title for this day is indebted to the song, "What a Friend We Have in Jesus." The words to this song were originally penned by Joseph Scriven in the 19th century; they were set to music by Charles Converse in 1868. For a brief history of Scriven and the hymn, please see Terry, L. (2004, July-August). Joseph Scriven's: "What a Friend We Have in Jesus": What a friend we have in Jesus, all our sins and griefs to bear! What a privilege to carry everything to God in prayer! *Today's Christian*, 42(4), 16.
3. C. S. Lewis, *The Problem of Pain* (New York, NY: Macmillan,

1962), 42-48.

4. Michael Pakaluk (Ed.), *Other Selves: Philosophers on Friendship* (Indianapolis, IN: Hackett, 1991), 28.

5. I am drawing from Aristotle, *Nicomachean Ethics*, trans. Terence Irwin (Hackett Publishing, 1985), 1155a23-27.

6. Plutarch, *How to Tell a Flatterer from a Friend*, 61; cited in Gail O'Day, "Jesus as Friend in the Gospel of John," *Interpretation* 58(2):147.

7. O'Day, 147.

8. See the discussion in O'Day, 152-57.

9. O'Day, 156.

10. See Aristotle, *Nicomachean Ethics*, trans. Terence Irwin (Hackett Publishing, 1985).

11. O'Day, 150.

12. Edwin A. Blum, "John," in *The Bible Knowledge Commentary: New Testament Edition*, ed. John F. Walvoord and Roy B. Zuck (Victor Books, 1989), 310.

13. O'Day, 152.

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The Dark Underside of Female Friendships

Cherry and Beth met in a MOPS (Mothers of Preschoolers) group at their church, hitting it off immediately. They loved the mutual connection with another mom, understanding the stresses and joys of having small children about the same age. Their weekly play dates became the highlight of each girl's week. They would chat on the phone every day, comparing notes on what they would be fixing for dinner or what great, repeatable golden nuggets their toddlers spouted. That morphed to texting

each other throughout the day, at least once an hour.

The intense sense of connection, of feeling heard and understood and valued, grew to be like an emotional drug for them. Over time, they realized they felt closer to each other than they did to their husbands. They preferred each other's company to anyone else's—including their husbands'. Texting throughout the day felt like a lifeline, a continual source of reassurance that all was right with the world. Eventually, caring for their children, the very thing that had brought them together in the first place, started to feel like an unwelcome burden that interfered with their first love—each other. Anyone and any thing that came between them was cause for resentment and annoyance . . . when it didn't make them outright angry.

This was not normal female friendship. What started out as a lovely gift from God was corrupted into emotional dependency, which Lori Rentzel* defines as "When the ongoing presence and/or nurturing of another is believed necessary for personal security." Emotional dependency happens when one or both people are looking to a person to meet their basic needs for love and security, rather than to God (relational idolatry). It is characterized by a desperate neediness of the other.

Emotional dependency (the other ED) is at the core of most lesbian relationships and a lot of homosexual relationships, but it is not limited to these. Husbands and wives can be emotionally dependent on each other, and so can women friends. When friendship spills over the retaining walls of what is healthy into an enmeshment with another person—when they put all their emotional eggs in the other's basket, so to speak—the relationship has become broken and unhealthy.

My favorite anthem to emotional dependency is Barry Manilow's *Can't Smile Without You*, which sounds romantic until you think about how unhealthy it is:

You know I can't smile without you,
I can't smile without you,
I can't laugh
and I can't sing,
I'm findin' it hard to do anything.
You see, I feel sad when you're sad,
I feel glad when you're glad,
If You only knew what I'm going through,
I just can't smile without you.

Do you see how sick that is?

Emotional dependency feels like, "My happiness, my sense of security, is completely wrapped up in you giving me '[The Three As](#)' I need: attention, affection and affirmation. And if you withhold any of these from me, I will feel insecure, unloved and abandoned."

When people feel insecure, they feel powerless. And when they feel powerless, they usually resort to some kind of control to get their power back. Manipulation is the glue that holds emotionally dependent people together, since the desperate neediness (remember, "I can't smile without you"?) drives people to do desperate things to make sure the other person is tied to them at the heart. Such as sending close to 100 texts in a single day, to make sure the other person responds to them. And getting paranoid and angry ("Why aren't you answering my texts? I can tell you read them, my phone tells me you read them, why are you avoiding me? What did I do? Why aren't you answering me? TALK TO ME!!!!"). Such as giving gifts and anything else designed to bind the giver to the recipient. Such as using guilt to force the other person to engage ("You're the only person in the world who understands me! You're the only real friend I've ever had. If you leave me I will be completely and utterly alone!").

The good news is that when friendships have overflowed healthy boundaries into emotional dependency, people can repent of

their relational idolatry (making another person more important than God) and step back into balance. The other good news is that every aspect of unhealthy, emotional dependency on a person, is healthy dependency on God. One of my friends told me, "This was life changing for me, to realize that I could redirect my unhealthy energies to Jesus and it would make me a much better disciple!" Contacting Him 95 times a day through prayer (no texting necessary) is healthy. Feeling desperately needy toward Jesus is healthy. Giving gifts to Jesus to bind one's heart to Him is healthy. Saying, "If you leave me I will be completely and utterly alone" is true-but praise God, He has assured us that He will never leave us or forsake us (Hebrews 13:5).

When I have spoken on this topic in churches, I hear, "I expected that the dark underside you'd be talking about was gossip or something. I never would have expected THIS. Wow. I see how it can happen so easily."

Forewarned is forearmed, I trust.

*Lori Thorkelson Rentzel's little booklet Emotional Dependency, published by InterVarsity Press, is an invaluable and highly practical resource for understanding this issue.

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blogs.bible.org/the-dark-underside-of-female-friendships/ on
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Leftist Jewish Journalist

Survives Evangelical Beat

Quiz: What do you get when you take one leftist Jewish journalist, assign him to the evangelical Christian beat for major newspapers on both US coasts, sprinkle in some fiery sermons and politically conservative speeches, mix thoroughly, and bake with the heat of fiercely contested national elections?

Note: This is not a joke.

Sound like a recipe for nitroglycerin shortcake? Maybe you'd expect mutual animosity: "Those wacko God-squaders are at it again, imposing their beliefs and politics on the rest of us sane people." "He's just another example of the biased secular humanist liberal media that's ruining America."

Yet this cake hides no explosives. The leftist Jewish journalist made a significant discovery on the road to meeting deadlines, one he feels can instruct his colleagues and us all.

He says to effectively cover the strange tribe to which he was assigned, it helps to know its members as neighbors and friends. His lesson has affected his writing in ways that have conservative evangelicals commending him for fairness and that provide useful illustrations for managing today's turbulent culture wars.

A Jew Among the Evangelicals

[Mark Pinsky's new book](#), *A Jew Among the Evangelicals: A Guide for the Perplexed* (Westminster John Knox), tells how this "nice Jewish boy from Jersey" ended up attending church "more often than many Christians" and sometimes more often than he attends his own synagogue. During his ten years covering religion for the *Los Angeles Times*, he focused on leaders of major evangelical ministries and had little connection with

local grassroots evangelicals.

When he moved to Florida in 1995 to write for the *Orlando Sentinel*, they were everywhere: In the neighborhood, at kids sporting events, birthday parties, PTA meetings, Scouts, “I encountered evangelicals simply as people, rather than as subjects or sources of quotes for my stories.”

Still a committed Jew, Pinsky found they were neither monolithic nor, as *The Washington Post* once claimed, “poor, uneducated and easy to command.” They displayed surprising diversity on a range of issues including the Iraq war, environmentalism, tax policy, women in leadership, and immigration.

The Readable Radical

Disclaimer: Pinsky, whom I’ve known since our university days, is a personal friend, so I’m biased. But I’ve also observed a curious development here that merits wider consideration. His *Duke Chronicle* column was entitled “The Readable Radical” and he was at the vanguard of late-1960s campus leftist causes. I didn’t always agree with his politics, but I admired his concerns about justice, hypocrisy and the disenfranchised.

He still votes with the Democratic left, but he also understands the Christian subculture he covers better than many of its members. Mutual respect characterizes his relations with its leaders.

Pinsky is not without good natured humor as he highlights evangelical quirks. Example: the Orlando golf club that hyped its Easter sunrise service and “Easter Egg Scramble” golf tournament. And, perhaps-not-so-tongue-in-cheek, he admits he especially likes about evangelical Christians that “if you are sorry, they have to forgive you.” He knows their boss said, “When you are praying, first forgive anyone you are holding a grudge against^{[1](#)}.”

Lessons for Life in the Larger World

His book draws lessons from his peculiar and unlikely journey for life in the larger world. His stories of “how people just like you wrestle with feelings, values, and beliefs that touch the core of their beings” provide “a glimpse of someone learning to understand and get along with folks whose convictions differ from his own.”

Get to know your intellectual and philosophical adversaries, he recommends. Take them to lunch. Ratchet down the rhetoric. Maybe connection can produce understanding and civility can grow into bridgebuilding.

Not bad advice in a world too-often filled with brickbats and name calling.

Note

1. Mark 11:25 *New Living Translation*.

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“Do You Have Any Advice to High School Graduates?”

Funny you should ask; after polling some wise people I know on “Things I Wish Someone Had Told Me Before I Graduated,” I just shared these thoughts with our graduating senior girls in our church.

- **The importance of choosing purity.** This is the biggest area of regret for many people, but especially young women, who pay a greater cost of giving their bodies away. One lady said, “I

wish someone had told me that my body is a precious gift from God to give to ONE man. I wish someone had told me that if someone pays attention to you or says nice things, it doesn't mean they love you and it SURE doesn't mean you have to give them your body."

One element of choosing purity is to choose modesty in dress and behavior. Showing skin (especially midriffs, shoulders and backs) is a great temptation to men and it is a statement about oneself that a girl might not want to be making: "I care more about what's trendy than about honoring God with my body. I want guys to look at me, even if they have to struggle with their flesh over it."

- **Don't get into credit card debt.** The credit card companies will throw undeserved credit at you, and it doesn't take any time at all to be way over your head. One young lady was so desperate for other people's approval that she got \$80,000 into debt to buy friends and impress people. The people aren't around anymore, but her debt certainly is. Proverbs says that you are in bondage to your debtors, and credit card debt is a terrible kind of prison.

- **If you find yourself wondering, "Should I be doing this?" you probably shouldn't.** Untold heartache and regret can be avoided by listening to that internal alarm. You won't wonder "should I be doing this?" about things you should do, like, "Should I brush my teeth today?" "Should I be kind to my friends?" "Should I exercise self-control?"

- **Choose your friends wisely.** You will become like the people you hang out with, so choose people with beliefs and behaviors consistent with godliness.

- **Pursue your relationship with Christ.** Less than half of the students in church youth groups will still be walking with God ten years after they graduate. Pre-decide to be one of those people. Go to church every Sunday. *GO TO CHURCH EVERY SUNDAY!*

Get plugged into campus Christian groups as soon as you get to college. If you don't go to college, get plugged into some Christian fellowship group where you will be continually encouraged in your walk with God in the context of Christian community. You are like wet cement; you will (probably) determine the shape of your spiritual life for the rest of your adult life by the choices you make and the habits you form during ages 18-24.

- **Pursue wisdom.** Pray for "wisdom beyond your years." God loves to answer that prayer! Pray for your future spouse. Young women tend to be very passionate and full of longings for connection to a husband; turn that emotional energy into something constructive by praying faithfully for your husband. You might consider keeping a journal for him that you can give him when you marry, so he can see how you became the woman you will be. Write down your thoughts and feelings as well as the ways you are praying for him, even before you know him. At the same time, don't go to college for an "MRS degree," looking for a husband. Trust God to take care of that in His time. Getting married is a lousy goal for college.

- **Develop self-confidence.** Forget all the garbage about self-esteem that you were taught in school. It's not bestowed, it's earned. Real self-esteem is self-confidence, and there's only way to get it: by doing hard things, by rising to a challenge and working until you succeed.

- **PRAY!** Pray for your roommate. Pray for your studies, pray for your work. When you find yourself battling loneliness or homesickness, press hard into Jesus and let those hard feelings drive you to pray in dependence on Him. Trust God to be in control, and rest in Him. He loves you more than you can imagine!

Hope you find this helpful.

Sue Bohlin

Four Pillars of a Man's Heart — A Biblical View of True Manhood

Lou Whitworth summarizes the key points of Stu Weber's book on this subject. He explains that biblical masculinity is lived out in four aspects of a man's life, king, warrior, mentor, and friend. Understanding these aspects can aid us in living a Christian life that fully emulates the life of Christ sharing Him with the world around us.



This article is also available in [Spanish](#).

Stu Weber, in his book, *Four Pillars of a Man's Heart: Bringing Strength into Balance*,⁽¹⁾ states that biblical masculinity rests on four pillars. The four pillars represent the four major facets of a man's life; these aspects of masculinity are: king, warrior, mentor, and friend. Weber believes that when all four "pillars" are balanced, peace and tranquility will prevail in our marriages, our families, our churches, and in the community and the nation. These institutions rest on the balanced pillars of biblical manhood, and they all collapse when the pillars lean out of balance. The major problems our society faces, for example, are the result of many men having one or more of their personal pillars out of balance—leaning one way or the other. For some men, the pillars have fallen down.

As we look at our society, it is clear that we are in trouble. Some of the pillars are leaning, and others have fallen down. It takes four sturdy, balanced pillars to hold up a building. "It takes four pillars to make a man. . . . who will bear the

weight, stand against the elements, and hold one small civilization [a home] intact in a world that would like nothing better than to tear it down.”(2)

Why is our civilization falling down around us? Because there is a war going on. The war of political correctness is part of it; sexual politics is part of it too, but it is larger than these. It is a war against the image of God. Listen as Weber draws a bead on the issue:

Gender is primarily an issue of theology. And theology is the most foundational of all the sciences. Gender is at the heart of creation. Gender is tied to the image of God. Gender is central to the glory of God. And that is precisely why the armies of hell are throwing themselves into this particular battle with such concentrated frenzy.(3)

Remember that God created mankind as male and female to be His image in the world. Thus, there is no better way to attack God and His creation or to destroy His relationship with mankind than to deface the image of God.(4) “Satan’s effectiveness in destroying God’s image through male-female alienation, by whatever means, has been incalculably costly to the human race.”(5) This is where the current battle rages.

The first pillars started to wobble a long time ago. In the Garden of Eden, Adam began as a four-pillared man. But he disobeyed God and blamed Eve. Then the first pillar fell, and the remaining ones were weakened or compromised. For the first time enmity and tension came into his relationship with Eve. Since then there has always been the potential of strife between the sexes. In recent years there has been a concerted effort to blur gender distinctives. But blurring gender differences results in disintegration, disorientation, destruction, and death. No society that persists at it will survive. The answer is to return to the instruction book, the Bible.

The purpose of Weber's book is to point the way for men to become all they should be biblically so that they and their wives and children can flourish in an often hostile world. Weber writes:

What kind of man builds a civilization, a small civilization that outlives him? What kind of man has shoulders broad enough to build upon? A four-pillared man:

A man of vision and character . . . a King.

A man of strength and power . . . a Warrior.

A man of faith and wisdom . . . a Mentor.

A man of heart and love . . . a Friend.(6)

Man as Shepherd-King

In Stu Weber's new book, *Four Pillars of a Man's Heart*, the "first pillar" represents the kingly aspect of man's nature.

The king, as pictured by Weber, is a Shepherd-king. This figure is modeled after Jesus Christ, the Lord of Lords and the King of Kings, who sometimes spoke of himself as the Good Shepherd. The first pillar in Weber's book, therefore, is the pillar of the Shepherd-King who combines the position of a king with the heart of a shepherd.

Weber's key thought about the king or shepherd-king is that he is a provider, though it is a very broad conception of provision. If we say, "He is a good provider," we mean, "He makes a good living," or meets the *physical* needs of the family. The meaning here, however, is that the shepherd-king looks out for *all* the needs of his flock—emotional, physical, social, spiritual. The kingly man is looking ahead and planning for ways to meet tomorrow's needs as well as today's. His has a *vision to provide* the resources for the needs of his family.

Among the minimum requirements of the Shepherd-king is work to do that provides for the family. He works hard at whatever it

is and stays with it. The work may not be exciting or glamorous, but he shoulders the load and provides for the little flock God has entrusted to him. His wife may work for paycheck; she may even make more than he does, but no matter what she does, the *obligation and the burden of provision* is his, to see that it is done.

Another major duty of the shepherd-king is to provide direction for the family. "As for me and my house, we will serve the Lord." (7) A shepherd-king points the way for his flock, followers, and his family. To lead or set the pace, one doesn't need to be a master of every skill or field of knowledge. For example, Lee Iacocca doesn't need to be a great mechanic; he can hire the best. What he does best is set the policies, give the company direction, and make sure the infrastructure is in place to make the automobiles. In the same way, the man with a king's heart doesn't have to know everything, but he is expected to set the tone, the boundaries, and point the way for the flock.

The king in a man cares deeply about every aspect of his family. He models by actions and words biblical standards of behavior. He is gracious and just. He shows justice, mercy, and honor to everyone he meets.

A shepherd-king never abandons his flock. To do so is to violate the most basic ingredient of his calling to-protect. To abandon one's flock is cowardice, the equivalent of desertion in time of war.

The shepherd-king figure could also be called the servant-king. This is based on Christ's service to his disciples.

If the king pillar is not in balance, it leans to one extreme or another. He becomes either a tyrant who uses his strength to force people to do his bidding, or an abdicator who is weak, passive, or absent (whether in fact or in effect). Such a man's kingdom is filled with disorder, chaos, family

dysfunction, or oppression. When the king pillar is in balance in a man's life, harmony and tranquility are possible in the home and the community.

Next, we will discuss the second pillar which represents the warrior aspect of man's makeup.

Man as Warrior

The primary duty of the warrior is to defend and guard his flock. Though he is primarily a protector of his family, he is also the protector of his church, the wider community or nation, and the weak and powerless.

The author's models for the warrior are Christ and David. Weber reminds us of the passage in Revelation 19 in which Christ, as a knight riding a white horse, leads the armies of heaven into battle. David was a bold and courageous fighter, but was also a man after God's own heart.

The warrior in a godly man doesn't love war. But, because he is a man of high moral standards and principles, he is willing to *live by* those principles and moral standards, spend himself for them, and, if necessary, *die for* them.

The warrior is not a popular figure in today's society. This attitude is understandable, particularly from those who have experienced life around men whose warrior pillar has leaned toward the brute. Women and children need to be protected from such men by faithful warriors whose lives are in balance.

Though the concern many have about the strong side of man's nature (king, warrior) is understandable to a degree, it can't be wished away. Someone once remarked that when most men are soft, a few hard men will rule. The reality is that the warrior is here to stay. So, the answer is not to deny the fact, but to channel the warrior energy to constructive ends.

The warrior in a man can be a great asset, but if the pillar

of the warrior is out of balance, the situation can become disastrous. Consequently, the warrior must be under the authority of God because his energy needs to be focused, and the Holy Spirit must be allowed full control over his mind, soul, and body.

There is no such thing as a soldier or warrior without a line of authority. Even if no specific orders are in effect, every soldier is under the authority of what is called "general orders," such as: "walk your post," "be alert," "remain on station until relieved," etc. In a similar manner all Christian men are under general orders from the Lord of Hosts. We are "to spend time with the Lord," "to love our wives at all costs," "to bring up our children to know and honor God," and "to be involved in the local church." God's warrior is not a mercenary; he is under God's authority. God's warrior remains on call. Oh, sure, he takes some needed rest and recreation, but at the first sign of need or danger, he reports for duty. He never becomes passive or careless during on his watch. On or off duty, he is alert for any threat to his flock.

A warrior's life is full of sacrifice; he is called to sacrifice himself for his wife, his children, his church, the spiritually lost, and the weak and helpless. He sometimes finds it necessary to sacrifice his popularity by saying and doing the hard things that others won't say. On the other hand, the godly warrior has a heart of mercy for the weak and the helpless. The price of being a warrior is high, but the rewards are great.

The third pillar represents the mentoring role inherent in a balanced man's nature.

Man as Mentor

The primary function of the mentor is to teach. Weber's key concept is that the mentor has something valuable (i.e., life

wisdom) that is important to pass on to others. That process can be as formal and conscious as a Bible scholar instructing a seminary class of eager young men. Or, it can be as informal and unconscious as the ongoing presence of an older, more experienced man working beside a boy or a younger man. Said another way, mentoring can take the form of modeling over time (even a lifetime), instinctive coaching (at appropriate times), or systematic teaching (at scheduled times). Jesus, for example, used all three methods of mentoring.

The mentor's core characteristic is the fact that he communicates transparently with the person he is mentoring. He imparts himself and his knowledge without undue self-consciousness. In other words, he is transparent enough to share his successes, and even his failures, if these experiences will edify his students. If a mentor fails to pass on the baton of knowledge or wisdom, then he has not succeeded in his role.

Weber emphatically believes that there is a mentor in every man's heart; that is, the potential for mentoring is inherent within us. Many men, however, are nervous about this and feel unqualified. But, in reality, we are all involved in mentoring already in one way or another, whether we realize it or not.

Mentoring is basically passing on the secrets of life: lessons from our life experiences. The purpose of mentoring is straightforward: mentoring builds men who understand life and pass their knowledge on to others. The attitude and posture of a good mentor is quite transferable to others because mentoring has its own built in process of duplication. In other words, when it is done well it is very duplicatable because it has already been modeled by the mentor. The expression, "It's easier caught than taught," can apply here. The goal of mentoring is to advance an ever increasing network of mentored mentors who will keep passing on their life wisdom to others. It helps us understand why Jesus spent so much time with 12 men, doesn't it? He apparently thought that mentoring

a group of men was the most productive way of leaving a lasting and ongoing legacy. The fact that His message has spread to most areas of the globe and has persisted for 2000 years illustrates that He was correct.

It should be an encouragement to comprehend that God can use both the good and the bad experiences from our lives to help others. And, we all have a measure of wisdom and experience to share. However, just because we are capable of mentoring at some level just as we are, we should not conclude that we can't or shouldn't try to improve as mentors. One of the primary ways for us to improve as mentors is to grow in our knowledge of the Bible. When our life experiences are filtered through a deep knowledge of the Bible and a life lived for Christ, then our mentoring potential is greatly enhanced. The consequence of vast networks of men mentoring others who will in turn mentor others can change the world.

Finally, we will look at man's role as friend to other men. This is the fourth pillar.

Man as Friend

The primary function of a friend is "to connect," that is, to link hearts. Someone is a true friend if that person loves to connect, or to link one heart, with another. A true friend is one who, in spite of his own needs at the time, connects deliberately with another who has a need or a burden. He doesn't just connect when it's convenient and he feels like it. If a man is unable or unwilling to connect, he has failed in his primary duty as a friend.

To truly connect in deep friendship or to minister to hurting people, we must not be afraid of a rich variety of emotions—whether they be the emotions of others or our own. It is just here that many men have difficulty. We can usually express anger, but other emotions are tougher. Weber believes that *allowing* (notice the word) himself to weep (in

appropriate situations) was a milestone in his life. He suggests that many men need to be able to weep and to express other emotions as well. In fact, it appears that for many men, allowing themselves to weep breaks up the emotional logjam in their lives and gives them a new sense of freedom. Follow the author's thoughts as he explains how he felt after witnessing the birth of his youngest son:

For the first time in my memory, I wept uncontrollably. . . . Me? Crying in front of people? Stu Weber, the football captain. The Airborne Ranger. The Green Beret trooper. The man. Bawling like a kid? Oh, I had cried before somewhere along the line. . . . But this was different. New. There was no shame, and there was lots of connection.(8)

He goes on to add:

And I have to admit something else. . . . Emotions are such a great gift from God. And after a lifetime of stuffing them for athletic, military, and "manly" purposes, I love them.(9)

He sides against what he calls emotionalism, but calls for men to learn to express and enjoy real emotions. As an older soldier, with nothing left to prove, he could finally face his humanity and embrace the honest, clean emotions that earlier he had always stifled. If we do so, our ability to connect as a true friend will be greatly enhanced.

Man's Best Friend

Men need friends, but many American men have only acquaintances and no close friends. Thankfully, there is already a Friend out there looking for us, the Ultimate Friend, Jesus Christ. No discussion of friendship, then, would be complete without referring to Him. Our Ultimate Friend has been trying to connect with us, because He wants a relationship with us. Even the best human friend will disappoint us and let us down, but once connected with us, the

Lord will never leave us or forsake us.

If our relationship with the Lord were dependent on our own steadfastness, then we'd have a reason to fear. Fortunately, the Lord who sought us can keep us safe because nothing can steal us from the Lord's hand (John 10:29).

There is, my friend, somewhere down inside you, the power to connect. There is in every man's chest a friend, and emotionally connecting friend. Find yours. Unchain him. And find life on a richer level than you'd ever dreamed possible.(10)

Notes

1. Stu Weber, *Four Pillars of A Man's Heart: Bringing Strength into Balance* (Sisters, Ore.:Multnomah, 1997), 13.
2. Ibid., 13.
3. Ibid., 39.
4. Ibid., (Halverson, cited in *Four Pillars*, p. 39)
5. Ibid, Halverson, 40.
6. Weber, 13.
7. Joshua 24:15
8. Weber, 229.
9. Ibid.
10. Ibid., 237.

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