

Free Indeed!

Recently I had the privilege of speaking in a women's prison. I shared my story which I call, "[How to Handle the Things You Hate But Can't Change](#)." (How's that for a topic of interest for incarcerated people?)



But then I was able to speak briefly about what we have in common, a situational loss of freedom. I have lost the ability—the freedom—to walk, and they have temporarily lost the ability—the freedom—to walk out of lockup. Still, even while imprisoned by our situations, Jesus offers *true freedom*

that has nothing to do with our circumstances. He promised to His disciples, “You will know the truth, and the truth will set you free.” He even said, “If the Son sets you free, you will be free indeed.” (John 8:32, 36)

So what does THAT mean?

What was so crazy great about this opportunity to speak to and hug and love on the precious ladies in the women's prison, was that the previous weekend I had given four messages on freedom at a women's retreat at sea. (You can listen to the recordings [here](#), if you like.) So many facets of freedom were already rolling around in my head as I thought about Jesus' offer of freedom to women in prison.

- As we look at our past, Jesus can set us free from guilt

when we confess our sins and receive His forgiveness and cleansing (1 John 1:9). He can set us free from shame, that feeling of not just *making* a mistake, but *being* a mistake, when we receive His gift of honor as He showers pleasure and acceptance on us.

- As we look at our present, Jesus can set us free from the “tapes” of lies and misbeliefs that control our lives, as we replace the lies with His truths. For example, a number of the ladies at the retreat had lived in bondage to the lie that

<u>Lies/Misbeliefs</u>	<u>Truth</u>
“If I mess up, that would be the end of the world. I have to be perfect.”	❖ Only God is perfect ❖ He has promised to hold my hand when I stumble. ❖ Psalm 18:35 ❖ Psalm 73:23 ❖ I am longing for Eden

they had to be perfect in order to be acceptable. The weight of needing to be perfect is soul-killing because it's impossible for imperfect people to be perfect! But we can be set free by embracing the truth that only God is perfect, so we can let go of the unrealistic expectation that we can ever live perfectly this side of heaven. God knows we will stumble, and He has promised to hold our hand when we do. And beyond that, He understands our longing for perfection is actually a longing for the perfect home of Eden, which we will get to experience on the New Earth we read about in the book of Revelation.

- We can walk in the breathtaking freedom from the soul-crushing imprisonment of unforgiveness by forgiving those who have hurt or offended us. The weight of others' sins against us is bad enough, but Jesus said that if we refuse to forgive, we will be subject to tormentors—demonic torturers (Matthew 18:34-35). When we release our offenders over to Jesus for Him to deal with, we are set free—free indeed!

- As we think about the future, there is glorious freedom when we trust God instead of being controlled by fear. So often, we are in bondage to fear because we want to be in control. We forget that we are not God, wanting to manage not only our own lives but the lives of others. There is freedom in trusting God instead of trying to control others.

- Proverbs 29:25 assures us that fear of man is a snare. This isn't talking about being afraid of people like some are afraid of heights, or the dark, or spiders. Fear of man is about working for other people's approval and fearing their disapproval. When we look to Jesus, though, we see how He modelled living for "an audience of One," caring only about pleasing His Father (John 8:29). When we follow Christ's example, living to please the Father instead of fickle people, there is freedom! I can personally attest to this. Because of my stubborn attachment to a biblical sexual ethic, I have been slamed online by people who despise God's standards. The slime slides off, though, when I keep my focus on the Lord and, like Jesus in Hebrews 12:2, I can "despise the shame" by refusing to accept it. That's what freedom feels like!

- There is true freedom in accepting God's choices for our lives: personality and temperament, introversion or extroversion, health limitations, even capacity. (Some people naturally have a "gallon" energy tank, while others naturally have a cup.) Resenting and fighting God's choices—even gender!—leads to expending mental and emotional energy that is restricting and costly. But embracing God's right to make these decisions for our design and our lives, laying down our non-existent "right" to define ourselves the way WE want, brings us freedom.

<i>Lies/Misbeliefs</i>	<i>Truth</i>
"My parents' problems were my fault."	❖ I don't have that kind of power.
"I am responsible for my parents (or my children's) happiness."	❖ Each one bears his own load – Gal 6:5
	❖ Each one is responsible for his own choices – Ezek. 18

- One of my dear friends discovered, in the process of working through the challenges of parenting a prodigal adult child, that there is freedom in owning 100% of our own part and 0% of other people's choices and behaviors. There's no point in taking on

guilt or responsibility for someone else's choices; they are completely responsible for their part.

- And finally (though definitely not exhaustively), we are free to choose our attitudes. We can decide to either live in bondage to an attitude of entitlement or a continual expectation of the negative, or live in freedom by developing an attitude of gratitude. I love Dr. Charles Swindoll's poem on Attitude:

The longer I live, the more I realize the impact of attitude
on life.

Attitude, to me, is more important than facts.

It is more important than the past,
than education, than money,
than circumstances, than failure, than successes,
than what other people think or say or do.

It is more important than appearance, giftedness, or skill.
It will make or break a company . . . a church . . . a home.

The remarkable thing is we have a choice
everyday regarding the attitude
we will embrace for that day.

We cannot change our past . . .
we cannot change the fact that people
will act in a certain way.

We cannot change the inevitable.
The only thing we can do is play on the one string we have,
and that is our attitude.
I am convinced that life is 10% what happens to me
and 90% of how I react to it.
And so it is with you . . . we are in charge of our Attitudes.
It's possible to be "free indeed." Regardless of your
circumstances. Choose the freedom Jesus offers!

This blog post originally appeared at
blogs.bible.org/engage/sue_bohlin/free_indeed on July 25,
2017.

The Dark Underside of Abortion: A Christian Worldview Perspective

Sue Bohlin looks at the common effects of an abortion on the women who choose it. From a biblical worldview perspective, it is not surprising that many women experience guilt, shame and denial. Christ can bring forgiveness and healing for those who have taken this brutally wrong path in their past.

Laura's Story

No matter how many times Laura^[1] took the home pregnancy test, it kept showing up positive. She was pregnant, and seventeen years old. She'd gotten an A on her paper against abortion in school. Her parents would never understand, especially since her mother volunteered at the crisis

pregnancy center! Her boyfriend was hot, but hardly husband material. He was more committed to skateboarding than to her. Laura had never felt more confused in her life.

When she called her boyfriend to tell him she was pregnant, he just said, "That stinks. Well, I gotta go," and he was gone. She carried her horrible secret for three weeks before finally telling her parents. Her father exploded: "What did I ever do to deserve this? Well, we'll just have to get rid of it. It's the best thing for everybody. You're too young to be a mother." When Laura's eyes flooded with tears, he said, "You may hate me for a while, but I'm willing to take that risk. You'll get over it. You're young. You can have a real life with a real future this way."

Her mother, visibly shaken, said, "How could you do this to us? What would people think of us, to have a pregnant daughter? You've really gone and done it now, Laura." Two days later, her mother took her to a Planned Parenthood clinic. Laura cried the whole way there: "Please, no! Don't make me do this, don't make me do this!" Nobody listened, nobody cared that she didn't want the abortion. When a counselor asked if she was sure, she just shrugged her shoulders, beaten and defeated.

As soon as it was over, everyone seemed to forget about it. Her parents never brought it up again. All her relationships fell apart. Laura was deeply depressed, not knowing how to handle her feelings. She was too ashamed to talk about the abortion with her friends, and her parents made her promise not to tell anyone.

She didn't get over it. She was stuck in a place filled with anger and hurt. She couldn't overcome the loss of her baby, and she didn't even have words for that. Anything related to babies made her cry: new baby announcements at church, diaper commercials, even driving by Babies-R-Us. Everything triggered relentless heartache. There was a wound in her soul that would

not stop bleeding.

Abortion is not the cure to a problem pregnancy. It is what counselor Theresa Burke calls an “emotionally draining and physically ugly experience.”[{2}](#) The majority of those who have an abortion experience a variety of problems afterwards. One post-abortal woman described it as “emotional torture.”

In what follows, we’re going to explore the ugly underside of abortion.

Why Women Choose Abortion

The banner of the pro-choice movement is, “Every woman has the right to choose.” But why do women choose to have an abortion? Many women report that they didn’t want one. Various studies have found that sixty-five to seventy percent of women who get abortions also believe it’s morally wrong.[{3}](#) When women violate their conscience or betray their maternal instincts, that’s going to cause a lot of stress.

Years after their abortion, women will often say that they didn’t want to have one but they felt forced to. They thought it was wrong, but they did it anyway because they felt pressure—from circumstances, or from one or more key people in their lives. Often it’s boyfriends, sometimes husbands. When a boyfriend threatens to leave unless a girl has an abortion, most of the time they break up anyway. Then she has lost both her baby and her boyfriend. Crisis pregnancy counselor Dr. Julie Parton says that almost as often, the pressure comes from parents, especially Christian parents.[{4}](#) She says that there are three main factors influencing Christian mothers to push their daughters toward abortion: selfishness, shame, and fear.[{5}](#)

But the bottom line reason for abortion is spiritual. Even though they’re usually not aware of it, people are listening to the voice of the enemy, who Jesus said came to steal, kill,

and destroy.{6} Satan hates women, and he hates the image of God in the unborn baby. Abortion hurts women and destroys babies.

And for every woman who has had an abortion, there is a man whose baby has died. Whether he pushed for the abortion or fought it,{7} God's design of his masculine heart to protect and provide has been violated as well. Dr. Parton points out that over forty-five million men have bottled-up feelings about their abortions, and wonders if there is a connection with the heightened amount of violence in our culture of death. Could road rage be the boiling over of deep-seated anger in some of these men?

We need to talk more about the ways that abortion steals, kills and destroys. But it is crucial that you know that *abortion is not the unpardonable sin*. Jesus Christ died to pay for all sins, including abortion. He extends cleansing and forgiveness to every man and woman who has been wounded by abortion. He offers reconciliation with God and the grace to forgive ourselves. No sin is greater than His love or His sacrifice to pay for that sin. There is peace and joy waiting for those who have received Christ's gift of forgiveness and cleansing from guilt.{8}

Post-Abortion Syndrome: Self-destruction, Guilt and Anger

Abortion is deeply troubling because it touches on three central issues of a woman's self-concept: her sexuality, her morality, and her maternal identity. She also has to deal with the loss of a child. This loss must be confronted, processed, and grieved in order for a woman to resolve her experience.{9}

Many women find themselves troubled after their abortion because they don't think through these issues before their abortion. The fact that they experience relief immediately

after the abortion is no guarantee that problems won't surface later. Unresolved emotions will demand our attention sooner or later.

For millions of women, Post-Abortion Syndrome is an ugly after-effect of abortion, consisting of a number of powerful emotions that can erupt in dangerous and destructive behaviors. Far from being "no big deal," which is how abortion is often minimized in our culture, abortion is a traumatic event in the life of most women who have one. Life becomes divided into "before the abortion" and "after the abortion." So it is no surprise that so many experience some degree of post-traumatic stress disorder. They used to call this "shell shock" after World War II. PTSD is a collection of negative, destructive behaviors and ways of thinking.

In many women with a history of abortion there is an alarming increase of self-destructive behavior. Many women are consumed with self-hatred, expressing it in drug and/or alcohol abuse. Millions of women battle depression and suicidal thoughts.[{10}](#) One woman said, "I became a tramp and slept with anyone and everyone. I engaged in unprotected sex and each month when I wasn't pregnant I would go into a deep depression. I was rebellious. I wanted my parents to see what I had become. I dropped out of college. I tried suicide, but I didn't have the guts to slit my wrists or blow my brains out. I couldn't get my hands on sleeping pills, so I resorted to over the counter sleep aids and booze."[{11}](#)

The majority of post-abortive women are plagued by guilt.[{12}](#) As one woman put it, "I hated myself. I felt abandoned and lost. There was no one's shoulder to cry on, and I wanted to cry like hell. And I felt guilty about killing something. I couldn't get it out of my head that I'd just killed a baby."[{13}](#) This high guilt rate is unique to abortion compared to any other medical procedure. There are no support groups for those who had their appendix or gall bladder removed, and people don't seek counseling after orthopedic surgery. Guilt

is a painful aftereffect of abortion.

Some women react with anger and rage. They feel deeply isolated and angry at anyone who hurt them and their baby. They are irritated by everyone and everything, and no one can do anything right. They can fly into rages with the slightest provocation. Often, they are not aware of the connection between their abortion and a constantly simmering heart full of anger, especially since most women feel pressured to have the abortion in the first place.

Post Abortion Syndrome: Shame and Denial

A huge aspect of Post-Abortion Syndrome is shame. Post-abortal women often feel like second-class citizens. They live in fear of others finding out their terrible dark secret. One woman told me that whenever she would walk into a room, she was constantly scanning the faces: *Do they know? Can they tell by looking at me?* Some women are afraid to attend an abortion recovery group where anyone would know them, even though everyone is there for the same reason. When a Christian has an abortion, she often goes into one of two directions; she either cuts herself off from God because she's so ashamed of herself, or she tries to become the ultimate "Martha," wearing herself out in service to try and earn her way to back to God's approval and blessing. The shame of abortion drives many women to perfectionism because they feel so deeply flawed and sinful.

Denial – Many women spend huge amounts of mental energy trying not to think about their abortion. Romans 1 calls this "suppressing the truth in unrighteousness." The horror of participating in the death of one's child is too painful to face, and many women work hard at maintaining denial for five to ten years.[\[14\]](#) But eventually reality usually comes to the surface.

Some women find themselves falling apart when their youngest child leaves home, or at menopause. Others become uncontrollably sad when they hold their first grandchild. One woman's denial system shattered when she saw a museum exhibit of pre-born babies and saw what her baby looked like when she aborted him. Another woman almost lost it in nursing school when she learned about prenatal development. The abortion counselor had told her it was just a blob of tissue. Even those who deny their unborn child was a human being and not a clump of cells admit they have to work at maintaining denial. One woman said, "I didn't think of it as a baby. I just didn't want to think of it that way."[{15}](#)

Child abuse – As the number of abortions continues to rise, so does the incidence of child abuse.[{16}](#) Unresolved post-abortion feelings are tied to patterns of emotional or physical abuse of living children. One mother erupted in intense rage whenever her newborn baby cried. She came to realize that she hated her daughter for being able to do all the things that her aborted baby could never do.[{17}](#) One woman beat her three year old son to death shortly after an abortion which triggered a "psychotic episode" of grief, guilt, and anger.[{18}](#)

Healing After Abortion

Post-Abortion Syndrome is a dark, ugly underside of abortion. Researchers have reported over a hundred psychological effects of abortion stress, including depression, flashbacks, sleep and eating disorders, anxiety attacks, a diminished capacity for bonding with later children, increased tendency toward violent outbursts, chronic problems in maintaining intimate relationships, and difficulty concentrating.[{20}](#)

Death – Women who abort are approximately four times more likely to die in the following year than women who carry their pregnancies to term.[{21}](#)

Breast Cancer – The risk of breast cancer almost doubles after one abortion, and rises even further with two or more abortions.[{22}](#)

Cervical, Ovarian and Liver Cancer – Women with one abortion face a 2.3 relative risk of cervical cancer, compared to non-aborted women, and women with two or more abortions face a 4.92 relative risk. Similar elevated risks of ovarian and liver cancer have also been linked to single and multiple abortions. These increased cancer rates for post-aborted women are apparently linked to the unnatural disruption of the hormonal changes which accompany pregnancy and untreated cervical damage.[{23}](#)

Damage to Cervix and Uterus – This causes problems with subsequent deliveries, and can result in handicaps in subsequent newborns.[{24}](#)

Increased Risks for Teenagers – Teenagers, who account for about thirty percent of all abortions, are also at much higher risk of suffering many abortion related complications. This is true of both immediate complications and of long-term reproductive damage.[{25}](#)

What do you say to someone who's experienced the trauma of abortion? It's a terrible loss. How do you help someone grieve? What do you say? Perhaps something like, "I'm so sorry. It must be very difficult for you. Do you want to tell me about it?" We can offer a listening ear, full of compassion and grace: "What was the abortion like? What has it been like to live with it?" Seek to validate the woman or man's grief with honor and respect so they can get to a place of healing peace.

What if you're the one who's had an abortion? You need to grieve. Grief is a natural and necessary response to loss. It's more than a single emotion of sadness. It includes feelings of loss, confusion, loneliness, anger, despair, and

more. It can't be turned on and off at will. Working through your grief means confronting your loss, admitting it, grieving it with tears and other expressions of sadness.

The pain and grief of abortion is complicated by the fact that it is also sin. But it is not the unpardonable sin. Confess it, and receive the cleansing and forgiveness that Jesus offers. He paid for your abortion on the Cross. He offers you the healing that allows you to be at peace with God and with yourself. He offers you the courage to tell your story with someone safe, which transforms your pain into something redemptive. He offers you the stability that means you don't fall apart if someone else is talking about abortion, or pregnancy, or babies in general.

Dr. Parton suggests three steps toward healing. First, acknowledge the wound that needs to be healed. It may take ten to fifteen years before a woman may be willing to take this step. Second, reach out for help. The Bible tells us, "Confess your sins to one another and pray for one another that you may be healed."[\[26\]](#) Find others who have walked the same path, either in person or online.[\[27\]](#) Dr. Parton says there is an unusual strength of emotional bonding in post-abortive groups. Receive God's forgiveness and cleansing in community; that's His plan. Third, get into God's Word. It's a supernatural source of comfort and encouragement.

There is a dark and ugly underside to abortion, but it's not too dark for God to redeem. Praise the Lord!

Notes

1. This account is based on a true story, with the name changed, found in Theresa Burke and David C. Reardon, *Forbidden Grief: The Unspoken Pain of Abortion* (Springfield, IL: Acorn Books, 2002), 23-25.

2. Ibid., 41.

3. Ibid., xx.

4. Personal conversation with the author, Sept. 21, 2007.

5. **Selfishness** – because she had all these dreams, plans, hopes, and ambitions for her daughter. When the daughter turns up pregnant, mom has to grieve the loss of all her dreams for her precious daughter. She'll say things like, "I just can't stand by and watch you throw your life away" or "If you have a baby right now you're just going to be stuck for the next eighteen years."

Shame – Mom feels that if her daughter's pregnancy becomes public knowledge, everyone will know she was not a good mother. She failed at teaching her daughter morality and purity and the things a good Christian mother should have taught her.

Fear – of rejection. She fears that her Christian friends will judge and reject her. So she thinks, or says, "How could you do this to me?" The mom can be so focused on her own stuff, her selfishness and shame and fear, that she can't or doesn't step up to the plate and help her daughter do what they both know is right, because these other factors are overwhelming her.

6. John 10:10.

7. I am aware that many men never know about the abortion of their child. Some find out later and they often experience deep grief and anger, not only at the loss of their child's life, but the unilateral decision to keep them in the dark about their own child's life or death.

8. Come to our website at Probe.org for help with that. ["The Most Important Decision of Your Life"](#) and ["How to Handle the Things You Hate But Can't Change"](#).

9. Burke and Reardon, *Forbidden Grief*, 33.

10. Sixty-three percent of women who have had an abortion seek mental health care. There is a one hundred and fifty-four percent increase in suicide. The suicide rate within one year after an abortion was three times higher than for all women, seven times higher than for women carrying to term, and nearly twice as high as for women who suffered a miscarriage. Suicide attempts appear to be especially prevalent among post-abortion

teenagers.

Afterabortion.org,

www.afterabortion.info/psychol.html (accessed Feb. 23, 2008).

11. "Before I Had Time to Think," Afterabortion.org, www.afterabortion.org (accessed Feb. 23, 2008).

12. A poll by the *LA Times* revealed that fifty-six percent of those who admitted to an abortion felt guilty. But since another poll showed that seventy-four percent of those who admitted to having an abortion believe it's morally wrong, I believe that number is way too low. See Burke and Reardon, *Forbidden Grief*, 47.

13. Linda Bird Francke, *The Ambivalence of Abortion* (New York: Random House, 1978), 61. Cited in www.abortionfacts.com/reardon/women_who_abortion_and_their_views.asp (accessed February 23, 2008).

14. David Reardon, *Aborted Women-Silent No More* (Chicago: Loyola University Press, 1987).

15. Francke, *Ambivalence*, 63.

16. Psychologist Philip Ney has studied the connection. He sees several effects of abortion:

1) Failure to bond with subsequent children. One mother admitted, "We had our first daughter and I never felt the deep love for her I should have. For several reasons, I guess. The first is that I had never grieved over the loss of the child I had aborted. I was also afraid to love her too much. I felt that God was just going to take her away from me to punish me for killing my first child."

2) The weakening of maternal instincts. Killing one's own child violates the God-given instinct to nurture and protect. It can result in a hardened heart as a way of protecting herself from the truth of her action.

3) Reduced inhibitions against violence, particularly toward children. (Theresa Karminiski Burke and David C. Reardon, "Abortion Trauma and Child Abuse," Afterabortion.org, www.afterabortion.org.)

17. Reardon, *Aborted Women*, 129-30.

18. Ibid.

19. R.F. Badgley, et al., *Report of the Committee on the*

Operation of the Abortion Law, Minister of Supply and Services, Ottawa, Canada, 1977, 313-319.

20. The following citations are found in "A List of Major Physical Sequelae Related to Abortion" at Afterabortion.org, www.afterabortion.org (accessed Feb. 23, 2008).

21. Gissler, M., et al., "Pregnancy-associated deaths in Finland 1987-1994 – definition problems and benefits of record linkage," *Acta Obstetricia et Gynecologica Scandinavica* 76 (1997): 651-657 .

22. H.L. Howe, et al., "Early Abortion and Breast Cancer Risk Among Women Under Age 40," *International Journal of Epidemiology* 18, no. 2 (1989): 300-304; L.I. Remennick, "Induced Abortion as A Cancer Risk Factor: A Review of Epidemiological Evidence," *Journal of Epidemiological Community Health* (1990); M.C. Pike, "Oral Contraceptive Use and Early Abortion as Risk Factors for Breast Cancer in Young Women," *British Journal of Cancer* 43 (1981): 72.

23. M-G, Le, et al., "Oral Contraceptive Use and Breast or Cervical Cancer: Preliminary Results of a French Case- Control Study, Hormones and Sexual Factors in Human Cancer Etiology," ed. JP Wolff, et al., *Excerpta Medica: New York* (1984), 139-147; F. Parazzini, et al., "Reproductive Factors and the Risk of Invasive and Intraepithelial Cervical Neoplasia," *British Journal of Cancer*, 59 (1989): 805-809; H.L. Stewart, et al., "Epidemiology of Cancers of the Uterine Cervix and Corpus, Breast and Ovary in Israel and New York City," *Journal of the National Cancer Institute* 37, no. 1, 1-96; I. Fujimoto, et al., "Epidemiologic Study of Carcinoma in Situ of the Cervix," *Journal of Reproductive Medicine* 30, no. 7 (July 1985):535; N. Weiss, "Events of Reproductive Life and the Incidence of Epithelial Ovarian Cancer," *Am. J. of Epidemiology* 117, no. 2 (1983): 128-139; V. Beral, et al., "Does Pregnancy Protect Against Ovarian Cancer," *The Lancet* (May 20, 1978), 1083-1087; C. LaVecchia, et al., "Reproductive Factors and the Risk of Hepatocellular Carcinoma in Women," *International Journal of Cancer* 52 (1992): 351.

24. K. Schulz, et al., "Measures to Prevent Cervical Injuries

During Suction Curettage Abortion," *The Lancet* (May 28, 1983): 1182-1184; W. Cates, "The Risks Associated with Teenage Abortion," *New England Journal of Medicine* 309 no. 11: 612-624; R. Castadot, "Pregnancy Termination: Techniques, Risks, and Complications and Their Management," *Fertility and Sterility* 45, no. 1 (1986): 5-16. Barrett, et al., "Induced Abortion: A Risk Factor for Placenta Previa," *American Journal of Ob&Gyn* 141 (1981): 7. Hogue, Cates and Tietze, "Impact of Vacuum Aspiration Abortion on Future Childbearing: A Review," *Family Planning Perspectives* 15, no. 3 (May-June 1983).

25. Wadhera, "Legal Abortion Among Teens, 1974-1978," *Canadian Medical Association Journal* 122 (June 1980):1386-1389.

26. James 5:16

27. [Her Choice to Heal;](http://www.abortionrecovery.org/messageboards/tabid/210/Default.aspx)
www.abortionrecovery.org/messageboards/tabid/210/Default.aspx

© 2008 Probe Ministries

"I Feel So Guilty That My Baby Was Born with a Birth Defect After I Had an Abortion"

I had an abortion when I was young. Several years later I gave birth to a child with a disability. My guilt knows no bounds. I feel God is punishing my child with a life of suffering due to my horrible sin. I think of King David and how God punished his sin by killing his baby. At least his baby died and went to Heaven. My child will live and suffer all the days of their life. I know it's my fault. What can I do?

Thank you from the bottom of my broken heart.

Guilty Mom

I understand your feelings of guilt, but let me gently point out that you have connected the dots between your abortion and your child's disability as if one caused the other. Since the vast majority of post-abortal mothers deliver healthy babies after their abortion, this is not an automatic cause-and-effect relationship. In addition, many babies with disabilities are born to mothers who didn't have abortions.

Secondly, the nature and character of God is that He does not punish innocents for the sins of their mothers. Twice in the Old Testament, God corrects this wrong assumption; here's one:

"What do you mean by using this proverb concerning the land of Israel, saying, 'The fathers eat the sour grapes, But the children's teeth are set on edge'?

"As I live," declares the Lord GOD, "you are surely not going to use this proverb in Israel anymore.

"Behold, all souls are Mine; the soul of the father as well as the soul of the son is Mine. The soul who sins will die."
(Ezek 18:2-4)

This passage teaches that the consequences of one's sins are borne by the one who sinned, not their children. (Now I will admit that there are effects of a parent's sins on a family, such as angry parents producing fearful children, but that's not the same as God punishing a child for the parent's sin.)

One of the reasons Jesus left heaven to come to earth as one of us, was to show us what the Father is really like. He knew that we would paint the face of His Father out of the paint bucket of misunderstanding and fear that comes from our own warped perception of God. If you read the parable of the prodigal son in Luke 15, you'll see the true heart of the Father—and He's not the kind of God who would punish a child for their mother's sin.

This same Father allowed David to experience a deep brokenness from his sin of adultery by taking David's baby home to be with Himself. The God of Luke 15 is the same Father who disciplined His beloved David for his sin. God is not a vindictive, punishing God who takes pleasure in making His children suffer, but He knows what kind of discipline will best produce the beauty of Christlikeness in us.

Yes, your child will live with a disability all the days of their life. But let me assure you, as one who has lived with a disability almost from birth (so I have no memory of being strong and healthy), God has used my disability in mighty and profound ways. It has not been a punishment, even on my worst days; I have even gotten to the point, at age 59, of realizing that my disability is one of His greatest gifts to me. This has become my life verse:

Therefore we do not lose heart, but though our outer man is decaying, yet our inner man is being renewed day by day. For momentary, light affliction is producing for us an eternal weight of glory far beyond all comparison, while we look not at the things which are seen, but at the things which are not seen; for the things which are seen are temporal, but the things which are not seen are eternal. (2 Cor 4:16-18)

It's easy, in our limited way of seeing things, to believe that suffering in any form is evil and to be avoided at all costs. This is not the way things work in the "real" world where Jesus is Lord. Suffering can accomplish very good and important things in our lives that we can't experience any other way. I wrote an article called ["The Value of Suffering"](#) that is one of the best things I've ever written, which you may find helpful.

You ask what you should do.

Your heart is so tender and wounded, there is no doubt that you have confessed your sin over and over, so that part is

done. But 1 John 1:9 has another wonderful part to it:

1 John 1:9 If we confess our sins, He is faithful and just to forgive us our sins and cleanse us from all unrighteousness.

You have confessed your sin; because God is good, He has not only forgiven you, He has cleansed you from the stain of your sin. You are clean. It's all over. If you have trusted in Jesus' life, death and resurrection for you, you are a new creature and He is renewing you from the inside out.

So at this point, you can tell God, "Thank You for forgiving me, thank You for cleansing me, thank You for redeeming my sin and turning something evil into something good. Thank You for being bigger than my sins, and being able to turn things around in ways I cannot imagine. With Jesus' help, I receive the assurance that You have forgiven me and will use my child's disability for great and glorious purposes. Help my heart catch up with my head on this. Help me to see that You allowed me to go down that dark path into sin because You are able to redeem even the worst things we do."

I pray for you, _____, for the peace that passes understanding (Phil. 4:7) to anoint you like warm oil and soak down deep into your heart.

Warmly,
Sue Bohlin

Posted Sept. 2012
© 2012 Probe Ministries

“Will God Punish Me Forever for My Mistakes?”

I am so depressed right now because I feel all the mistakes in my past mistakes are so many that I won't have a good future.

I'm 29 years old and I had 2 abortions before I was 20. Two years ago I slept with my boyfriend even though I was already a Christian; we went our separate ways because of this. (He's also a Christian.) I have been single ever since and I have been told that I am being punished for all my sins. Does this mean because of what happened in my past I will never find peace, joy or fulfillment? Does this mean God will never trust me with a relationship again? Will I have to pay for the rest of my life?

Will He refuse to forgive me since I made the mistakes when I was already a Christian? I have been so tormented by all this and I am in constant pain—my heart aches. I really don't know what to do, I have prayed and asked for forgiveness, don't know what else to do. All I feel is guilt, guilt, guilt.

Oh, you precious girl! I have such wonderful news for you!! Your flesh and Satan have been doing a number on you, pouring guilt and self-condemnation onto you all this time . . .when God has been standing there, extending grace and mercy and complete forgiveness to you, wanting you to receive it, but you haven't been able to see it.

How do I know this?

Because of “the Christian's bar of soap,” 1 John 1:9—“If we confess our sins [and you have, over and over and over, right?], He is faithful and just to forgive us our sins and to cleanse us of all unrighteousness.” Note that God does two things when we confess: 1) He forgives us, which means He sends them away forever, and 2) He cleanses us of ALL

unrighteousness, making our souls clean and pure as snow. What's missing for you is the decision to consciously RECEIVE His forgiveness and cleansing.

Are you being punished for your sins? Well, consider this: there is a difference between punishment, which includes wrath being poured out on us, and the consequences of our choices, which is loving discipline. Romans 8:1 says that there is NO condemnation for those who are in Christ Jesus, because the Lord Jesus took all of the Father's condemnation on Himself on the cross. So God is not punishing you. Are you experiencing consequences for your sinful choices? Maybe in the beginning. But from what you describe to me, with peace, joy, and fulfillment eluding you, it sounds like you have your cup upside down, which is preventing you from receiving any new blessings from God because of the mistaken belief that you are still under condemnation.

No, beloved sister, you will not have to pay for the rest of your life. What God wants is repentance, and you have already done that. Scripture says that godly sorrow leads to repentance (2 Cor. 7:10), but there is a worldly sorrow, fed by our own flesh or by demonic forces in temptation, that leads to death. And that's where you've been living, hasn't it? Camped out in a living death?

I would love to lead you in a prayer to receive God's forgiveness and cleansing. May I also suggest that you do something physical to make it more real: lift up your arms, palms up, like a small child ready to be picked up by her daddy: *Dear Father, I want to turn my cup right-side up and receive all the forgiveness and cleansing You have for me. I make a choice today to open my heart to You and let You love me, let You forgive me, let You cleanse me from all unrighteousness. Thank You for exchanging my sin for Jesus' righteousness. Thank You that Your word is true, that because I have confessed my sins, You are faithful and just to forgive me of my sins and cleanse me of all unrighteousness. I receive it in*

Jesus' name.

From here on out, every time the old feelings of condemnation and guilt pop up (and they will, because they have become a habit), go back to the Father and thank Him again for forgiving you and cleansing you, and tell Him, "I do not accept those false feelings of condemnation and guilt, but I do receive Your grace, and thank You for loving me, Abba!" It may take awhile for your feelings to catch up with the truth of your decision to receive God's grace, but that's OK. They will. Feelings follow beliefs and actions like a caboose follows the engine of a train.

The Lord bless you this day, _____, and I pray that you will hear the love in your Father's voice and see the love in His eyes as you receive His truth through this email!

Warmly,

Sue Bohlin
Probe Ministries

© 2006 Probe Ministries

Grappling with Guilt

What Makes You Feel Guilty?

What makes you feel guilty?

Has a relationship gone sour and you find yourself agonizing about what might have been if you'd acted or spoken differently? Maybe your slave-driver boss hassles you for being behind. Are your kids wondering why they ended up with

you as a parent?

These days, food guilt is common. With super-slim models gracing supermarket tabloids and magazine covers (admit it, now; you've peeked), even a fit, petite-sized former cheerleader can get depressed standing in the checkout line. "No-Guilt Nachos," offers a *Ladies' Home Journal* recipe.

America Online has a special guilt section dealing with "Relationship Guilt," "Parental Guilt," "Food Guilt," "Workforce Guilt," "Pricey Guilt," "I'm-a-Rotten-Person Guilt," "Stay-in-Touch Guilt," and "Trying-to-Please-Everyone Guilt." Whew!

Ever been late paying a family bill due to negligence or overspending? Been unfaithful to your spouse? Lied to the IRS or a friend? Been angry without reason?

When we fall short of our own – or others' – standards, guilt feelings can result. Unresolved guilt can bring anxiety, depression, ulcers, low self-esteem and more.

I am a recovering perfectionist. As a teenager, I could be pretty hard on myself. I once fouled out of a high school basketball game in the final seconds with our team ahead. The opposing player made his free throws, putting his team ahead. I felt bleak. Our team's desperation inbound pass went to midcourt, where a teammate caught the ball and threw up a prayer. The ball swished through the net as time expired. We had won. I was the second happiest player there. I probably would have excoriated myself had he missed.

A single man I know became involved with another man's wife. Her rocky marriage had sent her lonely heart wandering and his youthful enthusiasm and libido met many of her wants. They dreamed, schemed, sneaked, and rendezvoused. When discovered, he lied and sought to perpetuate the affair. Eventually, friends convinced him to break things off. He felt guilty for having the fling, guilty for lying about it, and guilty for

dumping her.

Feeling guilty can cripple you emotionally. Serious ethical or moral lapses can bring blame and shame. A seemingly minor flaw can sometimes bug the daylights out of you. This article looks at healthy, biblical ways to deal with guilt, and how to know that you are really forgiven.

Some Causes of Guilt Feelings

Why does guilt affect us so, and how can we alleviate it? Some psychologists emphasize that problems in our past can plague us in the present. Inability to reconcile or move past unhealthy relationships with parents, siblings, teachers or classmates may color our emotions. Other authorities feel that people may be following overly rigid standards.

Suggested solutions have included discovering and resolving past hang-ups, relaxing moral codes or easing personal expectations. Certainly many people still suffer from past problems or set unrealistic standards. Forty-eight hours of tasks won't fit into one day, so don't necessarily castigate yourself when only half your ambitious to-do list gets accomplished. If you find yourself sneaking a diet-busting snack, maybe rewarding yourself occasionally is better than whipping yourself. But it seems wise to also consider that, at least in some instances, we may feel guilty because we are guilty.

If this is true, then therapy for a guilty person could begin with getting them to admit their shortcoming. That's not always easy.

Admitting you're wrong can be hard. Perhaps you've heard of the writer who asked his domineering editor if he'd ever been wrong. "Yes," replied the editor. "I was wrong once. It was when I thought I was wrong but I wasn't."

University of Illinois psychologist O. H. Mowrer pointed out a

common dilemma in trying to face your own shortcomings:

Here, too, we encounter difficulty, because human beings do not change radically until first they acknowledge their sins, but it is hard for one to make such an acknowledgement unless he has “already changed.” In other words, the full realization of deep worthlessness is a severe ego “insult,” and one must have a new source of strength to endure it.[\[1\]](#)

I understand this inner weakness problem. As a teenager, I found success through athletics, academics, and student government. I was attending one of my nation’s leading secondary schools. President John F. Kennedy and actor Michael Douglas were alumni. But my achievements didn’t bring the personal satisfaction I wanted. Guilt, anxiety, and a poor self-image often plagued me on the inside.

My first year in university, I met some students who said that the spiritual side of life offered a solution to the guilt problem. A relationship with God, they said, could give me the “new source of strength” necessary to face my own flaws and seek help. Because of them, I discovered practical reasons why faith could help me overcome my guilt.

A Solution to Guilt

The hit movie *Bruce Almighty* depicts God’s attempts to contact the main character (played by Jim Carrey) by leaving a number on his pager. Turns out the phone number is valid in many area codes. After the film’s release, people and businesses began getting calls from folks asking for God.

A Florida woman threatened to sue the film studio after twenty calls per hour clogged her cell phone. A Denver radio station built a contest around the fluke. Some callers to the station seemed to think they’d really discovered a direct line to God. One even left a message confessing her adultery.[\[2\]](#)

Owning up to guilt can help clear your conscience.

Those college students I mentioned earlier had a joy and enthusiasm that attracted me. They claimed to have a personal relationship with Jesus of Nazareth. I couldn't believe it all. I kept returning to their meetings because I was curious and because it was a good place to get a date. Especially because it was a good place to get a date!

They explained that God loved me, but that my own self-centeredness or sin had separated me from Him. They said His Son, Jesus, died to pay the penalty for my sins, and rose from the dead so I could receive forgiveness as a free gift. Eventually, it made sense.^{3} Through a simple heart attitude, I invited Jesus to enter my life, forgive me, and become my friend. There was no thunder and lightning, no angels appeared, and I did not become perfect overnight. But I found a new inner peace, freedom from guilt, assurance that I would be with God forever, and the best friend I could ever have.

Of course, my experience is not unique. Harvard psychologist William James, in his classic book *The Varieties of Religious Experience* cites Henry Alline who placed his faith in Christ: "the burden of guilt and condemnation was gone . . . my whole soul, that was a few minutes ago groaning under mountains of death . . . was now filled with immortal love . . . freed from the chains of death and darkness...."^{4}

One early believer wrote: "God made you alive with Christ. He forgave all our sins. He canceled the record that contained the charges against us. He took it and destroyed it by nailing it to Christ's cross."^{5} I found that my own guilt was gone, but I also had to draw on His power daily.

A friend of Jesus wrote, "If we confess our sins to him, he [God] is faithful and just to forgive us and to cleanse us from every wrong."^{6} Some call this statement the believer's "bar of soap." We confess, being honest with God. He forgives

and cleanses us.

But what if you don't feel forgiven? Is there such a thing as false guilt?

True or False?

A reader who signed his e-mail "Guilt plagued" told me of his struggles:

A few years ago, out of desperation, I made a series of terrible mistakes. I am committed to the Lord and confessed my sins. I'm terribly ashamed and embarrassed about what I have done, and I feel ten times worse because I can't make restitution. . . . I'm having a difficult time processing the idea that He has forgiven me. . . . Please help me . . . what should I do? The guilt is eating me alive.

Sometimes we feel guilty because we are guilty. Other times we feel guilty without cause. Is your guilt true or false, and what can you do about the feelings?[\[7\]](#)

When my wife, Meg, was in graduate school at Stanford, she regularly parked on the street near her campus office. One afternoon she discovered a parking ticket on her windshield. During that day – while she was parked there – campus management had painted the curb red, signifying "No Parking." (The curb had never had paint during her tenure.) Was she guilty?

Her dilemma was both laughable and burdensome. Meg would have to either pay a fine or go to court. She appeared in court and told the judge what had happened. He dropped the charges. (I should *hope* he would!)

The law and the judge's application of it determined guilt or innocence. Similarly, if we violate God's proscriptions, we stand guilty. If we do not violate biblical principles, then

we may or may not be guilty.

If you know your guilt is real, your solution begins with placing your trust in Christ to forgive you. Once you have, and you become aware of sins in your daily life, simply admit them to God.

Keep short accounts with God. As the proverbial country preacher said, “I ‘fesses ‘em as I does ‘em.” Feelings may lag behind, but if you’ve admitted your sin to God, He has forgiven you.

What if you’re unsure if your guilt is true or false, or if you confess your sins but still don’t feel forgiven?

Consider *the Holy Spirit’s guidance*. Jesus sent His Holy Spirit to guide us into truth,[{8}](#) especially concerning sin.[{9}](#) If the Bible doesn’t prohibit certain behaviors, you – if you’re a follower of Jesus – can ask the Holy Spirit for wisdom about them. Jesus’ brother James wrote, “If you need wisdom—if you want to know what God wants you to do—ask him, and he will gladly tell you.”[{10}](#) Discerning God’s guidance is not a perfect science, but His inner conviction can help you sort things out.

Making Things Right

What do you do if you’re not sure if your guilt feelings are legitimate, or if you don’t feel forgiven?

Realize that *God’s promises trump your own self-criticism*. Members of God’s family can trust His opinion even when they don’t feel like it’s true. We can “set our hearts at rest in his presence whenever our hearts condemn us. For God is greater than our hearts, and he knows everything.”[{11}](#) Does your heart condemn you unjustly? You can say, “Listen, heart. I’m a child of God. I’ve confessed my sin and He says I’m forgiven. I refuse to believe your condemnation.”

I recommend that you converse with yourself in private rather than in public! For a variety of psychological and spiritual reasons, your guilt feelings may not disappear immediately. Changing established emotional patterns can take time. Choosing to believe God is good starting point.

Realize also that *God's promises trump the real enemy*. This may be hard to swallow, but it's important. Jesus taught the existence of "Satan," a "liar and the father of lies,"[{12}](#) the "accuser" of believers.[{13}](#)

I once considered myself too intellectual to believe in Satan. Our university mascot was the "Blue Devil." To me, the devil was some guy in a blue costume with a pitchfork who ran around at basketball games. Then I heard that Satan the deceiver has some people so deceived that they don't believe he exists. Jesus' life and teachings eventually convinced me that Satan was real. If you experience false guilt feelings, realize that they may have a lower source. You needn't deny the feelings, but you can deny false guilt based on Jesus' friendship with you.[{14}](#)

You may need to *make restitution*. My second year in college, I swiped a plastic bucket from behind the lectern in the psychology lecture hall. It had been there every day during the semester. "No one wants it," I convinced myself. "It deserves to be taken." I used it to wash my car.

Two years later, I read a booklet about God's forgiveness. That bucket kept coming to mind. I not only needed to admit my theft to God. I needed to make restitution.

My booty long since lost, I purchased a new bucket and carried it sheepishly across campus one afternoon. Finding no one in the psychology building to confess to, I left the bucket in a broom closet with a note of explanation. Maybe a janitor read it. My conscience was clear.

After hearing of this stolen bucket episode in a lecture, one

friend wrote his former employer to confess all the items he had stolen and to offer restitution. "We all probably have some plastic buckets in our lives," observed another associate.

Feeling guilty? You may just need to relax unrealistic standards in a stress-filled world. But you also may need to face genuine personal shortcomings. If you do, you can know that the complete forgiveness that Jesus offers is free and that His truth trumps all challengers.

This article is adapted with permission from Rusty Wright, "Grappling with Guilt," *In Touch*, February 2005, pp. 18-20; Copyright © Rusty Wright 2005.

Notes

1. O. H. Mowrer, "Sin, the Lesser of Two Evils," quoted in Henry R. Brandt, *The Struggle for Peace* (Wheaton, IL: Scripture Press Publications, 1965).
2. Mitch Stacy, "'Bruce Almighty' Phone Number Annoys Many," *Associated Press/AOL News*, May 28, 2003.
3. For detailed information on Jesus and evidence to support His claims, see www.WhoIsJesus-Really.com.
4. *The Life and Journal of the Rev. Mr. Henry Alline* (Boston, 1806), 31-40; selection abridged in Henry James, *The Varieties of Religious Experience* (New York: The Modern Library/Random House, 1936 [original copyright 1902]), 214-215.
5. Colossians 2:13-14 NLT.
6. 1 John 1:9 NLT.
7. For more on false guilt, see, Kerby Anderson, "False Guilt," www.probe.org/false-guilt/ and Sue Bohlin, "It's Not Your Fault!" www.probe.org/its-not-your-fault/.
8. John 16:13.
9. John 16:8.
10. James 1:5 NLT.
11. 1 John 3:18-20 NIV.
12. John 8:44 NASB.

13. Revelation 12:9-10 NASB.

14. 1 John 4:4 NLT.

© 2005 Probe Ministries

Mel Gibson's Passion Film Ignites Passions

The storm of controversy surrounding Mel Gibson's film about Jesus death has had many facets. Is the movie anti-Semitic? Too violent for kids? Would Gibsons Jesus get married?

Representatives of the Jewish Anti-Defamation League and the Simon Wiesenthal Center feared provocation of anti-Jewish feelings and violence. Prerelease screenings found warm response from leaders including Vatican officials and Billy Graham. Others remained skeptical.

Much of the controversy centers on two questions about the film and the history it depicts: Were Jewish people responsible for Jesus death? And, if so, are all Jewish people thereby Christ killers? Anti-Semitism's ugly stains make certain fears understandable.

Raised as a Gentile in Miami, I had many Jewish friends. Miamis Jewish population exceeds that of many cities of Israel. My classmates talked of Hebrew school, synagogue, and bar mitzvahs. In school we sang Hanukah songs and Christmas carols. My parents taught and modeled respect and tolerance. Anti-Semitism makes my blood boil.

After finding faith as a university student, I explored

concerns about anti-Semitism in biblical accounts of Jesus death. Jesus was Jewish, as were his early followers. Jewish people who opposed him aligned against Jewish people who supported him. This was essentially a Jewish-Jewish conflict. One faction pressured Pilate, a Roman ruler, into executing Jesus.

Jewish leaders did not physically hang him on a cross; Roman executioners did that. But some Jewish people were part of the mix.

Should all Jewish people bear the guilt for Jesus execution? Of course not. Neither should all Germans bear guilt for the Holocaust nor all Christians for racism or anti-Semitism, pedophilia, corruption, or other outrageous acts of Christians. We all bear responsibility for our own decisions.

But there is another facet to the guilt question. After I spoke in a University of Miami anthropology class, one student asked if Jews are responsible for the death of Jesus. Absolutely, I replied. Jews are responsible for Jesus death. And so are Christians, Buddhists, Muslims, Hindus, atheists and agnostics.

Jesus said he came to help plug people into God, to give his life as a ransom for many. He believed his death would pay the price necessary to provide forgiveness for all who would accept it, becoming a bridge linking them to eternity.

According to this perspective, we – all of us – and our flaws are the reason Jesus went to the cross. Are we guilty of physically executing him? No. Was it because of us that he suffered? By his reasoning, yes.

Gibson's film is significant. Of course, I brought my own biases to the screening. I left impressed with the terrible pain Jesus endured, especially poignant because I believe he endured it for me.

Rembrandt, the famous Dutch artist, painted a memorable depiction of the crucifixion. In it, several people help to raise the cross to which Jesus is nailed. Light emphasizes one particular face among the cross-raisers. The face is Rembrandt's, a self-portrait. The painter believed he himself was part of the reason Jesus died.

Gibson told the Associated Press, "I came to a difficult point in my life and meditating on Christ's sufferings, on his passion, got me through it." The Passion film and story are worth considering and discussing among friends of any faith or of no faith.

© 2005 Probe Ministries

The Meaning of the Cross

Mel Gibson's film 'The Passion of the Christ' has brought the topic of Jesus' suffering and death into the national conversation. Rick Wade explores the meaning of the cross.



This article is also available in [Spanish](#).

A Scandal At the Center

Mel Gibson's *The Passion of the Christ* has created quite a bit of controversy, both inside the church and out. One objection from Christians is that the film is imbalanced for not giving due attention to the resurrection of Jesus. There is at least one reason I disagree. That is because, as theologian Alister McGrath has pointed out, the focus today is primarily on the resurrection, and the cross takes second place.^[1] I recall Carl Henry, the late theologian, noting in the 1980s that the emphasis in evangelicalism had shifted from justification by

faith to the new life. We talk often about the positive differences Christianity can make in our lives because of the resurrection. Gibson has forced us to focus on the suffering and death of Christ. And that's a good thing.

Before the foundation of the world, it was established that redemption would be accomplished through Jesus' death (Matt. 25:34; Acts 2:23; Heb. 4:3; 1 Pet. 1:20; Rev. 13:8). Peter wrote that we were "ransomed . . . with the precious blood of Christ" (1 Pet. 1:18,19). Isaiah 53:5 reads: "But he was wounded for our transgressions; he was crushed for our iniquities; upon him was the chastisement that brought us peace, and with his stripes we are healed."

But what a way to save the world! It flies in the face of common sense! From the time of Christ, the crucifixion as the basis of our salvation has been a major problem. "For the message of the cross is foolishness to those who are perishing," Paul wrote (1 Cor. 1:18a). The Greeks saw the cross as foolishness (literally, "moronic"), for they believed that truth was discovered through wisdom or reason. For the Jews it was a scandal, a stumbling block, for they couldn't believe God would save through a man accursed. They asked for signs, but instead got a crucified Messiah.

In modern times the cross was a problem because it meant we could not save ourselves through our own ingenuity. In postmodern times, while many young people feel an affinity with Jesus in His suffering, they have a hard time accepting that this is the only way God saves. And the atonement was much more than a simple identification with suffering humanity.

It is easy for us to rush past the cross and focus on the empty tomb in our evangelism. Think about it. How many of us make the cross central in our witness to unbelievers? The new life of the resurrection is a much easier "sell" than the suffering of the cross. We want to present a Gospel that is

appealing to the hearer that grabs people's attention and immediately makes them want it.

In our apologetics, our arguments and evidence must be presented in terms unbelievers understand while yet not letting unbelievers set the standards for us. Paul was an educated man, and he had the opportunity to show off his intellectual abilities with the philosophers in Corinth. But Paul wouldn't play the game on their turf. He wouldn't rest the Gospel on philosophical speculation as a system of belief more elegant and persuasive than the philosophies of the Greeks. In fact, he unashamedly proclaimed a very unelegant, even repulsive sounding message. He knew the scandal of the cross better than most, but he didn't shy away from it. He made it central.

A key word today among Christians is "relevant." We want a message that is relevant to contemporary society. But in our search for relevance, we can unwittingly let our message be molded by what current fashion considers relevant. We become confused between showing the relevance of the Gospel to our true situation and making the Gospel relevant by shaping it to fit the sensibilities of our neighbors.

Os Guinness had this to say about relevance:

By our uncritical pursuit of relevance we have actually courted irrelevance; by our breathless chase after relevance without a matching commitment to faithfulness, we have become not only unfaithful but irrelevant; by our determined efforts to redefine ourselves in ways that are more compelling to the modern world than are faithful to Christ, we have lost not only our identity but our authority and our relevance. Our crying need is to be faithful as well as relevant.[\[2\]](#)

Guinness doesn't deny the relevance of the Gospel. Indeed, it is part of our task to show how it is of ultimate relevance to our situation as fallen people. If the message of Scripture is true—that we are lost and in need of a salvation we cannot

secure on our own—then there is nothing more relevant than the cross of Christ. For that was God’s answer to our problem. But it is relevant to our true situation as God sees it, not according to our situation as we see it.

Sin and Guilt in Modern Times

The cross of Christ addresses directly the matter of sin. But what does that mean? Do people “sin” anymore? What a silly question, you think. But is it? Of course, we all agree that people do things we call “bad”. But what is the nature of this “badness”? Is it really sin? Or, is something “bad” just something inconvenient or harmful to me? Or maybe a simple violation of civil laws? Sin is a word used to describe a violation of God’s holiness and law. While the majority of people in our country still believe in God, the consensus about what makes for right and wrong is that we are the ones to decide that, that there is no transcendent law. If there is no transcendent law, however, what are we to make of guilt? Is there such a thing as objective guilt? What do we make of subjective guilt—of guilt feelings?

As the battles of World War I raged in Europe, P.T. Forsyth reflected on the question of God and evil and the meaning of history. He reviewed the ways people had sought peace and unity and found them all wanting. Reason, basic emotions or sympathies, the fundamental workings of nature, and faith in progress all were found wanting. Turning back in history he could find no “plan of beneficent progress looking up through man’s career.”[\[3\]](#) Anytime it seemed enlightenment had come, it would be crushed by war. In his own day, World War I dashed the rosy-eyed hopes of progress being voiced. He said, “As we become civilised [sic], we grow in power over everything but ourselves, we grow in everything but power to control our power over everything.”[\[4\]](#) But what if we looked to the future? Could hope be found there? If the past couldn’t bring in a reign of love and unity, he asked, why should we expect

the future to? What is there to make sense of the world we know?

The problem was, and is, a moral one, Forsyth said. "All deep and earnest experience shows us, and not Christianity alone, that the unity of the race lies in its moral centre, its moral crisis, and its moral destiny." What could possibly deal adequately with the guilt, "the last problem of the race"?{5} Is there anything in the history of our race that offers hope?

From the beginning, the church has taught that our fundamental problem is sin, and the cross of Christ provides hope that sin can and will one day be overcome. In modern times, however, the concept of "sin" seems rather quaint, a hold-over from the days of simplistic religious beliefs. Arthur Cushman writes:

The concept of sin is largely outmoded in modern secular thinking because sin implies some form of disobedience against an absolute moral law having to do with man's relationship with God, and not too many people believe any such relationship exists. It would not be the same as social misconduct which has to do with man's relationship to man and is highly relative but obviously cannot be denied. We have reached the point where social custom has displaced the law of God as the point of reference, where mores have replaced morals.{6}

We seem to be caught between two poles. On the one hand, we accept the Darwinist belief in our accidental and even materialistic nature—really no more than organic machines. On the other, we can't rid ourselves of the thought that there's something transcendent about us, something about us which is other than and even greater than our physical bodies which relates to a transcendent realm of some kind. We recognize in ourselves a moral nature that expresses itself through our conscience. In short, we know we do wrong things, and we know others do them, too. The problem is that we don't seem to know the nature and extent of the problem nor its solution. Many

believe that there is no God against whom we sin, or if there is a God, He is too loving to hold our mistakes against us.

From a historical perspective, this is quite a turn-about, says Custance:

Throughout history there has never been a society like our own in which the reality of sin has been so generally denied. Even in the worst days of the Roman Empire men felt the need to propitiate the gods, not so much because they had an exalted view of the gods but because they had a more realistic view of their own worthiness. It is a curious thing that even some of the cruelest of the Roman Emperors, like Marcus Aurelius, for example, were very conscious of themselves as sinners. We may call it superstition, but it was a testimony to a very real sense of inward unworthiness which was not based on man's relationship to man but rather man's relationship to the gods.{7}

On the other hand, despite the contemporary dismissal of sin, guilt is still a constant presence in the human psyche. Karl Menninger writes:

I believe there is a general sentiment that sin is still with us, by us, and in us—somewhere. We are made vaguely uneasy by this consciousness, this persistent sense of guilt, and we try to relieve it in various ways. We project the blame on to others, we ascribe the responsibility to a group, we offer up scapegoat sacrifices, we perform or partake in dumb-show rituals of penitence and atonement. There is rarely a peccavi [confession of sin or guilt], but there's a feeling.{8}

"This is a phenomenon of our day," writes Custance: "a burden of guilt but no sense of sin."{9}

But to what is the nature of this guilt? If there is no objective moral law that stands outside and above us all, what is guilt and who is guilty? Who judges us?

In the film, *A Walk on the Moon*, Pearl begins to have an affair with a traveling salesman. Pearl's husband, Marty, is a good man, but a bit of a square. It's 1969; Woodstock is about to make the news. And Pearl, who got pregnant by Marty when she was 17, is feeling a need to experiment, to capture what she missed by having to get married and starting the family life so early. When Pearl's affair is discovered, her husband is distraught. So is her daughter, Alison, who saw Pearl with her lover at Woodstock behaving like the teenagers around them. She's broken up that her mother might leave them.

But in all that happens following Pearl's confession, there is no mention of her affair being morally wrong. When she confessed, she told Marty she was sorry. Later, she told him she was sorry she'd hurt him. But her deed was at least somewhat excusable because there were things Pearl wanted to try, and her husband was too square, he didn't listen, he made jokes when she tried to suggest experimenting, especially sexually. Even in her interactions with others, there is no mention of her act being morally wrong. When Alison told Pearl she had seen her at Woodstock, her complaint was that she was the teenager, not Pearl (implying it would be okay for Alison to go wild at Woodstock but not Pearl). Pearl's mother-in-law pointed out what the early marriage cost Marty: a college education promised by Marty's boss, who withdrew the offer when Pearl got pregnant. "Do you think you're the only one with dreams that didn't come through?" she asked.

So the affair was understandable given Marty's old-fashioned ways (which he shows to be shedding by switching the radio from a big band station to rock station, and when he's shown dancing to Jimi Hendrix on the stereo). The problem was the hurt Pearl cost a good man and a teenage girl. And that's about all there is to sin and guilt anymore.

According to one modern view, guilt is nature's way of teaching us what not to do in the future that has caused us problems in the past. Dr. Glenn Johnson, clinical psychologist

and psychotherapist, said “Guilt seems to be a very primitive mental mechanism that was programmed into us to protect us in the future from mistakes we made in the past.” It is a “simple debriefing and rehearsal process that the mind engages in after perceiving that something negative has taken place and has caused painful and/or anxious feelings. . . . By forcing repeated reviews of a painful experience and the behaviors and elements leading up to it and associated with it, guilt essentially burns into our brains the connection between our behavior and the uncomfortable feelings we feel.”[{10}](#)

What can we do about guilt? According to Dr. Johnson, the issue is behavior and what might need to be changed to prevent future problems for us. “When guilt is appropriate,” says Dr. Johnson, “tell yourself that. You might modify intensity with anti-anxiety medications or relaxation exercises—but if the bulk of the guilt feelings are avoided, so will the learning be.” In other words, learn from your mistakes. Inappropriate, excessive guilt, says Dr. Johnson, can be dealt with using “hypnosis, meditation, guided imagery, NLP, Reiki, etc. . . . The focus of the self-help stuff should be on letting one’s self grow from experience,” he says, “trusting in one’s own ability to be a better person, allowing one’s self permission to make mistakes and go through losses, trusting in some form of higher power, etc.”

People come up with all kinds of ways to rid themselves of guilt feelings. One of the strangest I found on the internet, one with a New Age flavor, was Aromatherapy Angelic Bath Kits provided by Guru and Associates Wellness, Inc.[{11}](#) All one needs to do is pour some special herbs and oils in the tub, climb in, and read some prescribed meditations to “foster positive thoughts and reinforcements.”[{12}](#) One of these kits is a “ritual to clear feelings of guilt.” We’re asked, “Who hasn’t felt guilty in their lives? Who doesn’t still feel guilty about something? There are two kinds of guilt: good guilt and bad guilt. Good guilt is when you have truly done

something that you feel remorse for. Bad guilt is for the rest.” The forgiveness kit includes “special mixtures [which] help wash the guilty feeling away.” Notice that “good guilt” has to do with things “you feel remorse for,” not necessarily for things that are truly wrong. It’s your feelings about such things that matter.[{13}](#) This may seem silly to you. Who would even bother with such a thing? we wonder. But people do.

Somehow, such remedies don’t seem to be working. Maybe it’s because we can’t rid ourselves of the knowledge Paul said we have by nature: a knowledge of the law written on our hearts (Rom. 2:15).

Sin and Guilt According to God

What does God say about sin and guilt? Briefly put, God has declared us guilty of violating His holy law by our sin and deserving of eternal banishment from His presence. Contrary to current opinion, there is transcendent law that has been broken and for which there must be payment.

Imagine that someone has done something to offend you, and his reaction to your complaint is something like, “Yeah, that really bothered me, too. But I’ve forgiven myself of that, and I’m fine with it now.” This is only a slight caricature of the mentality we all encounter today. The person clearly has missed the point that there was a real, objective violation against you!

The message of the cross is that there is a very real fracture in our relationship with God. We’re told in Scripture that there is nothing we can do to make up for what we’ve done. Is there anything to offer us hope?

There is: the cross of Christ, “the race’s historic crisis and turning-point,” says Forsyth.[{14}](#) The cross dealt with our greatest need, namely, redemption. Humanists of a secular stripe who trumpeted the inevitable progress of humanity saw

our fundamental nature as one of ordered process. The truth, though, is that it is "tragic collision and despair." All of man's efforts have been unable to reach down into the depths of our sinfulness and bring about fundamental change. All except that of the God-man Jesus Christ, who attacked the moral problem head on to the point of dying on the cross and came out victorious.

Several understandings of the atonement—what Jesus accomplished on the cross—have been offered through history, and several of them have some truth in them. The key aspect of Christ's cross work was that it satisfied the demand for punishment for our sin. This is called substitutionary atonement: Jesus was substituted for us, so He took the punishment for sin in being separated from God and dying, thus paying the penalty for us. "God made Him who had no sin to be sin for us." (2 Cor. 5:21) Paul wrote to the Romans that "what the law was powerless to do in that it was weakened by the sinful nature, God did by sending his own Son in the likeness of sinful man to be a sin offering." (Romans 8:3) And to the Galatian church he said that "Christ redeemed us from the curse of the law by becoming a curse for us, for it is written: Cursed is everyone who is hung on a tree.'" (Gal. 3:13)

By His death on the cross, Jesus, the one who "knew no sin, became sin for us." This was done because of His love for us: "Christ loved us and gave Himself up for us." (Eph. 5:2; Rom. 5:8) Jesus' sacrifice is appropriated by faith: "It is by grace you have been saved through faith," Paul wrote (Eph. 2:8). By putting our faith in Him, we participate in the payment He made. It counts for those who believe it and who receive Him.

I should note quickly, however, that the reality of our objective guilt isn't dependent upon our subjective guilt. In other words, whether we feel guilty or not, we are. And because we are guilty of violating God's law, we must do more

than just forgive ourselves as we're taught today. We must, and may, participate in God's solution through Christ.

The Moral Triumph of the Cross

What I've been talking about is the judicial aspect of the cross work of Christ. Jesus paid the penalty for our sin.

However, this payment isn't to be thought of like making a payment to the utility company for electricity. All that matters is that the money gets there. What it takes to get it there isn't really significant. The cross, by contrast, was a triumph over sin; it was a moral victory in itself. Jesus overcame evil through His perfect obedience and righteousness; "through one act of righteousness there resulted justification of life to all men," Paul wrote (Rom. 5:18). His death on the cross was the capstone of a life of moral victories over sin and Satan.

We're so used to thinking about Jesus as God and as sinless that we don't often think about His obedience. He said and did the things the Father told Him (Jn. 5:19, 30; 8:28). To the Jews he said, "When you have lifted up the Son of Man, then you will know that I am He, and that I do nothing on my own authority, but speak just as the Father taught me" (Jn 8:28). In His high priestly prayer recorded in John 17, Jesus said, "I glorified You on the earth, having accomplished the work which You have given Me to do." (v. 4) Before He gave up His spirit on the cross, Jesus knew that "all things had already been accomplished." (Jn 19:28) He fulfilled the law perfectly (Matt. 5:17), and thus put the basis of our salvation on our faith in him as the one who did so, thus robbing the law of its power to encourage us to sin (cf. Rom. 8:2-4; Gal. 3:13; 1 Cor. 15:55-57). Jesus had defeated Satan; He had not given in to any temptation to not give up His life. He was obedient to death. (Phil. 2:8). And by His obedience He was made perfect or complete and able to be the source of eternal salvation to all who obey Him (Heb. 5:9; see also 2:10; 5:8; and Rom.

5:19).

P.T. Forsyth wrote that the cross “is the moral victory which recovered the universe. The Vindicator has stood on the earth,” he said. “It is the eternal victory in history of righteousness, of holiness, of the moral nature and character of God as Love.”[{15}](#) He continued:

The most anomalous thing, the most poignant and potent crisis that ever happened or can happen in the world, is the death of Christ; the whole issue of warring history is condensed there. Good and evil met there for good and all. And to faith that death is the last word of the holy omnipotence of God.[{16}](#)

What is the significance of Jesus’ cross work—indeed, His whole life—as a moral victory? Forsyth said that in creating the world, God revealed His omnipotence, His absolute power. In the new creation inaugurated through the cross, He revealed His moral power, His ability to triumph over His worst enemy, Satan, and the sin that infects His creation. God’s power has been revealed as “moral majesty, as holy omnipotence” said Forsyth. “The supreme power in the world is not simply the power of a God but of a holy God.”[{17}](#)

In the cross and resurrection, we see that good can triumph over evil now, and we have the promise that one day that triumph will be complete. Not only us but all of creation will be set free from the bondage of sin (Rom. 8:18-24).

But this isn’t just a promise for the future. Because, like Jesus, we have the Spirit living in us, we can live in obedience to God; we can stand firm in the presence of the evil that wages war against us (Heb. 2:14-18; Gal. 2:19-20). The cross bears witness to that.

The secular humanism and new spiritualism of our day have no resources for affecting us so deeply on the moral level. Christianity does—the cross of Christ—and it is this that

makes it relevant for our day and for all time.

A Fully-Engaged God

It's easy to think of God as remote from us, as a judge way up there making His laws and wreaking vengeance on anyone who violates them. We hear about the love of God, but how does love fit in with a God of judgment? And if God does love us, how does He show it? Love comes near; it isn't afraid to get its hands dirty. Is God willing to come near? To get His hands dirty with us?

In the cross of Jesus we see both the judgment of God and His love. Herein lies its beauty. In the cross we find a God who does not stand afar off, but takes on the worst of what His own law requires! He has pronounced judgment, but He so much wants us saved that He is willing to take on the burden of paying for it Himself. "For God so loved the world that He gave His Son," says John (3:16).

In all the brouhaha surrounding the release of Mel Gibson's *The Passion of the Christ*, one complaint heard several times was that a God who would put His Son through that isn't a God to be worshipped.[\[18\]](#) But Jesus did this freely. "No one takes [my life] from me," He said, "but I lay it down of my own accord" (Jn.10:18). And He did this knowing that as He laid His life down, so also would He take it up again (Jn.10:17). For the joy set before Him, He took up the cross (Heb. 12:2).

We wonder if God can reach us in the messiness of our lives. But God is no stranger to mess. The Bible reveals a God who isn't afraid to get dirty, who engages life even with all kinds of difficulties it may bring. This message is appealing in our day especially, to GenXers who have suffered the fallout of the excesses of earlier generations. The optimism Boomers inherited from their parents fizzled out for a lot of their children. Regarding that generation, Tom Beaudoin says this:

I have witnessed a sadness and anger about the generation's suffering and dysfunction, a suffering that—whatever its economic reasons may be—expresses itself in psychological and spiritual crises of meaning. Clothing styles and music videos suggest feelings of rage, with the videos expressing this in apocalyptic images. Despair is common and occasionally leaps overboard into nihilism. Xers' relation to suffering lays the groundwork for religiousness. . . . Suffering is a catalyst for GenX religiosity.[{19}](#)

While they often reject the form of religion their parents embraced, many GenXers have a fascination and respect for Jesus, for his suffering didn't make sense, and yet it was redemptive.[{20}](#)

Here the true awesomeness of the cross is made plain. God, who deserves all glory and is so far above us in holiness and purity, became man, and endured horrific torture at the hands of people He created . . . for their benefit! The life and death of Christ make plain that God was willing to roll up his sleeves and engage life on earth fully, even accepting the worst it had to offer.

But, one might wonder, since Christ took on evil and won, shouldn't we be done with suffering? Eventually it will end. In the meantime we, too, learn obedience through what we suffer. If that was Jesus' way of learning, and the servant isn't above his master (Matt. 10:24), can we expect anything else? Furthermore, we mustn't lose sight of the fact that hardship isn't just an inconvenience on the road of discipleship. Redemption wasn't brought about in spite of the cross but through it.[{21}](#) Likewise, our growth comes not in spite of hardship but through it.

Someone who has suffered for many years might complain that Jesus' suffering doesn't compare. Jesus' sufferings and resurrection spanned a short period of time. But what He suffered was the experience of the weight of the guilt of the

whole world on the shoulders of one who was sinless. It isn't anything new for us to feel guilt; we can become somewhat hardened to it. But Jesus felt it to the fullest extent imaginable. This isn't to mention the hurt of the betrayal of Judas (and to a lesser extent, of Peter). Worse yet, He experienced separation from the Father, the worst thing that can happen to anyone. Jesus knew suffering.

In the cross and resurrection we see what God has promised to do for us in a compressed timeframe. But what happened to Jesus will happen for all who believe. He suffered . . . and He arose. We suffer . . . and we will rise.

Jesus allowed people to see what God is like. He not only taught truth, he lived it. People could touch Him, and feel Him touch them. They could see how He lived and how He died. The cross was a real, live illustration of love.

In Jesus, people saw goodness and love demonstrated even toward those who persecuted Him. That should be no surprise, because it was just that kind of person Jesus came to die for! Sin was overcome through a love that gave all. This is the meaning and the message of the cross, the message we, too, are to take to our world.

Notes

1. Cf. Alister McGrath, *The Mystery of the Cross* (Grand Rapids: Zondervan, 1988), 28ff.
2. Os Guinness, *Prophetic Untimeliness* (Grand Rapids: Baker Book House, 2003), 15.
3. P.T. Forsyth, *The Justification of God* (London: Independent Press, 1948), 17.
4. Forsyth, 18.
5. Forsyth, 19.

6. Arthur C. Custance, *The Doorway Papers*, vol. 3, *Man in Adam and in Christ* (Grand Rapids; Zondervan, 1975), 267.
7. Custance, 274.
8. Karl Menninger, *Whatever Became of Sin?* (New York: Hawthorn Books, 1973), 17.
9. Custance, 273.
10. Dr. Glenn Johnson, head-cleaners.com, www.head-cleaners.com/guilt.htm (February 17, 2004).
11. Guru and Associates Wellness, Inc., www.wellnessguru.com/wellness_about.htm (February 17, 2004).
12. Guru and Associates Wellness, Inc., www.wellnessguru.com/ritual_package.htm (February 17, 2004).
13. Guru and Associates Wellness, Inc., www.wellnessguru.com/rituals_guilt.htm (February 17, 2004).
14. Forsyth, 19.
15. Forsyth, 121.
16. Forsyth, 122.
17. See Forsyth, 123.
18. See for example the comment by Kip Taylor in Susan Hogan/Albach, "The Purpose of the Passion," *The Dallas Morning News*, Feb. 21, 2004, 1G.
19. Tom Beaudoin, *Virtual Faith: The Irreverent Spiritual Question of Generation X* (San Francisco: Jossey-Bass, 1998), 99.
20. Beaudoin, 99.
21. Cf. Alister McGrath, *The Mystery of the Cross* (Grand Rapids: Zondervan, 1988), 30.

Why Dr. Laura is (Usually) Right

Why Dr. Laura Is Popular

Dr. Laura Schlessinger's call-in radio show is wildly popular in North America. According to her web site, Dr.Laura.com, the purpose of her program is to dispense morals, values, principles and ethics. Her refusal to coddle people's self-centered behavior and immoral or stupid choices is either highly entertaining or absolutely infuriating, depending on your worldview. She's opinionated and not afraid to fly in the face of the culture. Most of the time I agree with her, but sometimes she misses the boat. In this essay I'll be looking at why Dr. Laura is usually right—not because she agrees with me (I mean, how arrogant is that?), but because her positions are consistent with what God has revealed in the Bible.

Dr. Laura rejects the victim mentality. She says, "Victimization status is the modern promised land of absolution from personal responsibility. Nobody is acknowledged to have free will or responsibility anymore."^{1} Instead of coddling people because of past difficult experiences, she calls her audience to make right choices. In her book *How Could You Do That?*, she writes, "I don't believe for a minute that everything that happens to you is your doing or your fault. But I do believe the ultimate quality of your life, and your happiness, is determined by your courageous and ethical choices, and your overall attitude."^{2} This call to assume responsibility for our choices and our behaviors

resonates with us because it is consistent with the dignity God endowed us with when He gave us the ability to make significant choices and not be His puppets. Joshua encouraged the Israelites, "Choose ye this day whom ye shall serve: but as for me and my house, we will serve the Lord" (Josh. 24:15). It was a real choice with real consequences. That's because we live in a cause-and-effect universe where "God is not mocked: a man reaps what he sows" (Gal. 6:7).

There is a most interesting postscript in Dr. Laura's book *How Could You Do That?* She quotes from the Genesis 4 passage where God confronts Cain for his bad attitude after He would not accept Cain's offering. God tells Cain, "If you do what is right, will you not be accepted? But if you do not do what is right, sin is crouching at your door; it desires to have you, but you must master it." (Gen. 4:7) She makes the point that God seems to be teaching that there is joy in doing right, and "God also reassures us that we do have the capacity to rise above circumstance and attain mastery over our weaker selves."[\[3\]](#) It's a good observation, and this passage makes a strong statement about what God expects of every person, as a moral creature made in His image. He wants us to do what is right and resist the pull of sin's temptation.

In a culture that gets increasingly secular every day, where we have lost our moral compass, listeners are relieved to hear someone who has a strong commitment to God-given absolutes. Dr. Laura acts like an anchor of common sense for many who find life's choices too confusing and overwhelming in today's postmodern world.

Much of Dr. Laura's "preaching, teaching and nagging" (her words) is directed at helping people decide to make good moral choices. Even if they don't know God, their lives will work better simply because they will be more in line with how God created us to live. (Of course, from a Christian perspective, this has no value in light of eternity if a life that "works better" is lived separated from the life of God through Jesus

Christ.)

Dr. Laura's emphasis on honor, integrity and ethics strikes a nerve in eighteen million listeners.[\[4\]](#) No surprise, really: that nerve is common to all of us—the nerve called morality—because we are made in the image of a moral God.

Self-Esteem

One reason why Dr. Laura's values and beliefs attract millions of listeners to her daily radio program is her common-sense approach to the whole issue of self-esteem. When a caller complains, "I don't feel very good about myself," Dr. Laura will fire back a great question: "Why *should* you feel good about yourself? What have you done that gives you a reason to feel good about yourself?" In a culture where people want to believe they're wonderful and worthwhile without any basis for such an assessment, Dr. Laura has a completely different approach: self-esteem is earned.

In her books and radio show, she suggests several means of earning the right to enjoy self-respect, and all of them are good ideas from a pragmatic perspective.

Dr. Laura points out that we derive pleasure from having character. We need to choose high moral values and then honor them during times of temptation. She writes, "There is no fast lane to self-esteem. It's won on . . . battlegrounds where immediate gratification comes up against character. When character triumphs, self-esteem heightens."[\[5\]](#)

She also says that choosing personal and professional integrity over moral compromise will make us feel good about ourselves in the long run. So will valuing and honoring our responsibilities, which she calls "the express route" to self-esteem.[\[6\]](#) We build self-respect by choosing loyalty, sacrifice, and self-reliance over short-term self-indulgence.[\[7\]](#)

In her book *Ten Stupid Things Women Do to Mess Up Their Lives*, Dr. Laura astutely demonstrates one of the differences between the sexes: “Women tend to make a relationship their life, their identity, while men make it a part of their lives.”[\[8\]](#) She’s absolutely right. The reason a relationship cannot provide true self-esteem for a woman is the same reason a man’s job or accomplishments can’t do it: it is idolatry to look to relationships or accomplishments for meaning and purpose. God will never honor our false gods.

But self-esteem is only part of the equation for a healthy view of ourselves. Self-esteem is how we *feel* about ourselves; it needs to be built on the foundation of how we *think* about ourselves, which is our sense of self-worth. How valuable am I? What makes me significant? It doesn’t matter how good we feel about ourselves if on a purely human level, we’re in actuality worthless.

Pastor Don Matzat tells of a woman who came to him complaining, “I feel like I am completely worthless.” He blew her away with his response. Gently and slowly, he said, “Maybe you *are* completely worthless.”[\[9\]](#) Are you shocked? This lady was. But it’s true. We are only valuable because God made us, not because of anything within ourselves. We are infinitely precious because He made us in His image, able to be indwelt by God Himself. And He proved our value by paying an unimaginable price for us: the lifeblood of His very Son. Apart from God, we *are* completely worthless.

C. S. Lewis put it so well:

Look for yourself and you will find in the long run only hatred, loneliness, despair, rage, ruin and decay. But look for Christ and you will find Him, and with Him everything else thrown in.[\[10\]](#)

Dr. Laura’s right: we earn our self-respect. But our sense of worth is one of God’s great gifts to us, because He’s the one

who determines our value.

Man as a Moral Creature

If you call Dr. Laura's radio program, the screener will ask, "What is your moral dilemma? What is the issue of right and wrong that you want to discuss?" Zeroing in on moral problems and not psychological ones sets her call-in talk show apart from most others. Dr. Laura sees man as a moral creature, capable of choosing good and evil. This is what she wrote in her book, *How Could You Do That?*:

Why do people do good things?

In contrast to all other creatures on earth, only humans measure themselves against ideals of motivation and action. We are elevated above all other creatures because we have a moral sense: a notion of right and wrong and a determination to bring significance to our lives beyond mere existence and survival, by actions that are selfless and generous.[\[11\]](#)

It's true, we are indeed elevated above all other creatures by our moral sense. We are far, far more than animals. But where does that morality come from?

Human beings are moral creatures because God created us in His image. That means we can choose between good and evil because God chooses between good and evil. We can think on a higher level, contemplating abstracts and ideals like goodness and nobility, because our minds are a reflection of God's unimaginably complex mind. We can choose to love others by serving them sacrificially because that's what God is like, and He made us like Himself. Dr. Laura thinks it's because we're lapsing into our animal natures.[\[12\]](#) But we are not the product of evolution. We were never animals. People do bad things because we are born as fallen image-bearers. I love the way Larry Crabb described it: "When Adam sinned, he disfigured both himself and all his descendants so severely that we now

function far beneath the level at which we were intended. We're something like an airplane with cracked wings rolling awkwardly down a highway rather than flying through the air. The image has been reduced to something grotesque. It has not been lost, just badly marred."[{13}](#) But our airplanes keep wanting to wander off the runway and go our own way because we let our flesh rule us. That's why we do bad things.

Why do people do bad things?

But although Dr. Laura is right about man being a moral creature, she misses the boat on what it means to be human:

When Adam and Eve were in the Garden they were not fully human because they made no choices between right and wrong, no value judgments, no issues of ethics or morality. Leaving Eden, though, meant becoming fully human.[{14}](#)

They certainly did make a moral choice in the Garden. They chose wrong over right and chose disobedience over fellowship with God. Actually, when Adam and Eve were still living in the Garden, they were more fully human than we've ever been since, because God created man sinless, perfect and beautiful. When we look at the Lord Jesus, the Second Adam, we see just how sinless, perfect and beautiful "fully human" is.

Dr. Laura is right to insist that we see ourselves as moral creatures, because a moral God has made us in His image.

Dr. Laura's Wisdom

Dr. Laura's strong positions on certain topics has made some people stand up and applaud her while others fume in frustration at her bluntness.

She makes no bones about the sanctity of marriage and that sex belongs only within a committed relationship sealed with a sacred vow. People living together and having sex without

marriage are “shacking up.” She’s right because God ordained sex to be contained only in the safe and committed relationship of marriage.

Another of her well-known positions is that abortion is wrong because it’s killing a baby. The much better alternative is adoption. She gets particularly frustrated with women who say, “Oh, I could never do that. I could never give up my baby once it was born.” Her answer to that is, “You can kill it but you can’t wave goodbye?” Here again, she’s right because abortion is the deliberate taking of a human life. God’s Word clearly commands us not to murder (Ex. 20:13).

Her strong views on abortion continue in her commitment to children, and her disdain for the way so many parents indulge their own whims and agendas at the expense of their kids. In a day when divorce is so prevalent, she makes an impassioned case for doing what’s best for the children, with parents remaining active and involved in the raising of their kids. She believes that the family is the cornerstone of civilization, and this is consistent with the biblical view starting right in the first chapter of Genesis.(Gen. 1:28)

Part of the way parents should take care of their children is to make sure they raise them in a religious faith shared by both parents. Dr. Laura warns people not to enter into interfaith marriages because usually the kids end up with no religion at all. Both the Old and New Testaments warn against being unequally yoked; God knows it’s a recipe for heartbreak at best and disaster at worst.

She shows practical wisdom in many ways. She makes a distinction between those who are evil and those who are merely weak. In the same way, the book of Proverbs goes into great detail about the difference between the wicked and the fool.

Another evidence of her wisdom is her response to the fact

that some people are uncomfortable keeping secrets, believing it's dishonest to not tell everything you know. Dr. Laura says there is a difference between maintaining privacy and withholding truth. The question to ask is, "Will this benefit the person I tell?" If not, don't tell. The reason this works is that this is how God operates. Everything He tells us in His Word is truth, but it's not exhaustive truth. Plus, God doesn't owe it to us to tell us everything He knows, and He's not being dishonest when He keeps information from us, like the "whys" of our trials and sufferings, or the exact details of how the endtimes will play out.

Finally, Dr. Laura exhorts people to choose "as if" behavior. "What a radical idea: choosing how to behave regardless of how you feel—and discovering that behaving differently seems to change how you feel."[\[15\]](#) In 2 Corinthians 5:7 we are told to "walk by faith, not our senses" (a paraphrase), which is another way of urging us to act *as if* something were already true instead of being limited by our feelings. I do love Dr. Laura's practical wisdom.

Where Dr. Laura's Wrong

Most of the time, Dr. Laura's views are right on the mark because they are consistent with the laws and values of Scripture. A fairly recent convert to conservative Judaism, she is still developing her own belief system, yet she can be fair and open-minded in considering other viewpoints. But there are some areas where she departs from the Bible's teachings.

For example, Dr. Laura believes that all religions are equally effective for establishing morality. If a young mother calls, looking for a religion in which to raise her children, Dr. Laura doesn't care if it's Hinduism or Islam or Presbyterianism, just as long as there is *a religion*. To her the issue is what works, or what *seems* to work, and most religions are the same to her in the area of shaping behavior.

On the other hand, the truthfulness of religious claims is apparently not as important to her. Yet only one religion offers a personal relationship with God on His terms, by His own definition. Only one religion is God reaching down to man: Christianity, with its roots in Judaism.

Dr. Laura misunderstands biblical Christianity. She rejects the notion that Jews can believe in Christ. Many rabbis teach that to be Jewish is to reject Jesus as Messiah; they teach that Jesus is the God of the Gentiles. Two thousand years of unjust persecution feeds a heartbreaking “anti-Jesus” mentality. But Jesus Christ was a Jew, and almost all of the first believers were Jewish. As one messianic rabbi put it, to believe in the Jewish Messiah is the most Jewish thing someone can do![\[16\]](#) Dr. Laura is mistaken in her belief here. When a Jew trusts Christ as Savior, he does not stop being Jewish. What he discovers, in an intensely personal way, is that Judaism is the root, and Christianity is the fruit. He feels “completed” in ways many Gentiles never can.

What is the purpose of life? Dr. Laura has told many people who are floundering without personal meaning that they need to find their niche in life to do their job, which is to perfect the world. This sounds noble . . . but there is nothing in Scripture that calls us to perfect an unperfectable world. In fact, God plans on scrapping the whole thing and starting over (Rev. 21:1). Perfecting the world is not our purpose in life: the reason we are here is to bring glory to God (Eph. 1:6,12,14).

One other area where Dr. Laura misses the boat is in dealing with guilt. I remember one caller who was filled with remorse and regret over her abortion, and she asked what to do with her guilt. But since Dr. Laura’s belief system doesn’t offer a way of handling it, she advised the woman to just carry the guilt. This is her usual advice in such circumstances because she believes the person will learn a deep life lesson from the continual pain. I grieve that she has no understanding of the

cleansing that comes with Christ's forgiveness. Jesus paid for our sins on the cross, and when we come to Him in belief and trust, He not only forgives the sin but cleanses us of the guilt. We don't have to carry guilt that He washed away!

There are a few subjects where Dr. Laura departs from the Scriptures, most notably about Jesus and salvation, and we can't agree with her. But for the most part, as far as her positions and beliefs, Dr. Laura is usually right, and I think she honors God as she proclaims His laws and ways. I just pray she will respond to the light of the WHOLE truth.

[Addendum on why I left out Dr. Laura's views on homosexuality](#)

Notes

1. Laura Schlessinger, *How Could You Do That?* (New York: HarperCollins, 1996), p. 8.
2. Ibid., p. 134.
3. www.drLaura.com/about/
4. "No Whining!," *U.S. News and World Report*, 14 July 1997.
5. *How Could You Do That?*, p. 152.
6. Laura Schlessinger, *Ten Stupid Things Women Do to Mess Up Their Lives* (New York: HarperCollins, 1995), p. 171.
7. Ibid., p. 157.
8. Ibid., p. 189.
9. Don Matzat, *Christ Esteem* (Eugene, Ore.: Harvest House), p. 173.
10. C. S. Lewis, *Mere Christianity*.

11. *How Could You Do That?*, p. 26.
12. *Ibid.*, p. 187.
13. Larry Crabb, *Understanding People* (Grand Rapids, Mich.: Zondervan, 1987), p. 87.
14. *How Could You Do That?*, p. 93.
15. *Ibid.*, p. 257.
16. Personal conversation with the staff of Baruch Ha Shem, a messianic congregation in Dallas, Texas.

© 2001 Probe Ministries.

“It’s Not Your Fault!”

There’s a great scene in the fantasy movie “Disney’s The Kid” where a middle-aged man, played by Bruce Willis, meets up with his little boy self. The two of them go to their childhood home where the boy learns the horrific news that his mother will die soon, and his father blames him. The grown-up version of the boy knows that he carried the terrible burden of guilt and shame about his mother’s death for years. He kneels down, looks his little-boy self full in the face, and assures him, “It’s not your fault,” lifting the burden from the little boy before he ever has to carry it. These four words, “It’s not your fault,” are truly one of the most powerful gifts an adult can give a child. This is a powerful truth that children need to hear and they can’t tell themselves; only an adult can give them this “special revelation.”

Children are naturally self-centered and they think everything

that happens to them is connected to them and their choices or their character. Of course that's not true. Stuff just happens, but a child can't know that. A little girl's parents divorce and her world falls apart. She thinks, if I had obeyed more, if I were prettier or more talented, my daddy would still be here. She needs for both parents to say, "This is about us. It's not your fault."

A beloved grandparent dies. Or a pet dies, and a child blames himself. He needs to be told that it's not his fault, and no matter what he thought—like not wanting to visit with his grandpa one afternoon—or what he did—like forgetting to feed the cat—he doesn't have the power to make those kinds of things happen, and it's not his fault.

My friend's son has Tourette's syndrome, and we were talking one day about how to help him handle it. I suggested she make sure he knew he wasn't responsible for it, and she assured me, "Oh, he already knows that." But that night, as she was tucking him into bed, she said, "You know this isn't your fault, don't you?" His eyes got big and it was like a huge weight rolled off his shoulders. With great relief in his voice, he asked, "*It ISN'T???*" My friend had thought he already understood, but we can't ever assume kids own that truth until we give it to them.

And if children don't know that bad things are not their fault, they can take on guilt that weighs heavily on them for years. Others react by wrapping themselves in shame. For example, when a girl is sexually abused, she feels dirty and broken, like damaged goods. She needs to be told, "It's not your fault." Even when those broken little girls are grown-ups, the little girl inside still needs for someone to tell her, "It's not your fault."

Has a bad thing—or something a child perceives as bad—happened to a child you know? Give them the gift they can't give themselves, the truth that will set them free. Tell them it's

not their fault.

©2001 Probe Ministries

Nietzsche: Master of Suspicion

Christianity: Religion of Hate?

In the last decade, it has become increasingly common to hear the accusation that Christians are hateful. In the United States, this type of comment has become the mantra of homosexual rights groups who are outraged that Christians would claim that homosexuality is a sin. With the murder of homosexual Matthew Shepherd in 1999, Christians were blamed for creating a hostile environment and provoking violence against homosexuals by claiming that homosexuality is immoral. Homosexuals often scoff at Christians who say, "Hate the sin, love the sinner," insinuating that the two cannot be separated. Consequently it has become increasingly difficult to dialogue with these individuals due to their suspicion that Christians, in spite of their expressions of love, actually *hate* homosexuals.

Of course, accusations of hatred against Christians are nothing new. This charge was leveled at the first century church as a preamble to the state sanctioned persecution that occurred off and on throughout the Roman Empire until the fourth century. But today many of those who accuse Christians of hate take their marching orders from their understanding of Friedrich Nietzsche, who called Christian priests "the truly great haters in world history . . . likewise the most

ingenious haters.”^{1} Nietzsche was absolutely contemptuous of Christians and pulled no punches when it came to his polemic against them. He is infamous for his announcement of the death of God in his writings and was known to be Hitler’s favorite philosopher. Consequently, Christians typically distance themselves from Nietzsche due to his hostility to the Christian worldview.

But while Nietzsche’s writings are often blasphemous, this does not mean that Christians should ignore his insights. Rather than dismissing his critique, we should ask ourselves if he may have something to say to the church. Perhaps we need to be reminded that Jesus’ harshest words were directed toward those who put on an impressive outward show of religiosity, but whose hearts were not right with God. We need only read Jesus’ letters to the seven churches in Revelation chapters two and three to see that some of His most severe rebuke is found there, directed towards His own. Unfortunately, one major school of interpretation has determined that the seven churches represent different ages of church history, of which the first five have already transpired. This interpretation tends to distance us from the Lord’s rebuke, as if evangelicals are the praised church of Philadelphia, and the lukewarm Laodiceans are the apostate church of the end-times. It is no wonder that we reject the blistering critique of someone like Nietzsche when we comfort ourselves by assuming that the “gentle” Jesus would never speak harshly to us!

Just as Jesus spoke out against those who hid behind the façade of religion, Nietzsche’s critique of Christianity is based on the assertion that Christianity is not motivated by love, but rather by a hateful envy, driven by the need for power over others. And since Nietzsche is the inspiration for many today who call Christianity hateful, it would seem that listening to Nietzsche’s critique is especially important. By understanding Nietzsche, we can be better equipped to respond to the accusations of hatred against Christians that have

become common today. Furthermore, we may find that Nietzsche, rather than being just a cranky despiser of religion, actually has a prophetic message for contemporary Christians.

The Good, the Bad, and the Evil

Governor Jesse Ventura of Minnesota made headlines by claiming that religion is for weak-minded people who are incapable of getting through life without some sort of crutch. The governor quickly apologized for any offense he may have caused, but his claim that religion is just a crutch for the weak is certainly not new. Karl Marx said essentially the same thing by calling religion the opiate of the masses. However, no one has been more creative than Nietzsche when it comes to a critique of Christianity. His contention is not just that Christians are weak, but that Christianity itself was the vehicle by which the weakest members of society were able to overcome the dominance of those more powerful than them. Thus the very basis of Christianity is said to be hatred for, and envy of, the rich and the powerful.

It is important to recognize that Nietzsche was a trained linguist with a deep interest in the history of words. In his book *On the Genealogy of Morals*, Nietzsche claims that the concept of *good* originally was a synonym for nobility and therefore referenced the noble aristocrats of ancient times. At the same time, those who belonged to the lower strata of society, those who were originally referred to as plain and simple, were designated as *bad*.^{2} Nietzsche's point in all this is that when we look at the original sense of the words *good* and *bad* they were descriptive of one's social status, rather than being a moral evaluation.

However, it is Nietzsche's contention that this all changed when priestly religions such as Judaism and Christianity were able to attain power in society. He suggests that not only did they transform the conceptions of good and bad to include a moral dimension, but that they went even further by creating

the concept of evil as well. Out of their hatred and envy for the ruling elite, and their desire for power, the priests transformed the word *good* to refer to the poor and lowly members of society and had the audacity to refer to the rich and the powerful as evil! When we read the beatitudes in the Gospels of Matthew and Luke we see how Nietzsche indicts Christianity for this reversal. It is not the rich and the powerful who are blessed, but the weak and the poor! Nietzsche believed that Christ's praise of the powerless was an act of subversion, an attempt by the weak to exact revenge against the elites of society for their natural superiority. As far as Nietzsche was concerned, there was no other way to account for how Christianity had become a major world religion than to suggest that Christianity created concepts such as sin and guilt to cut the rich and powerful down to size.

It was Nietzsche's suspicion that all human relationships are driven by the desire for power over others. He found Christianity to be especially insidious because, rather than admitting that it desires power over the minds of all humanity, it proclaims itself to be a religion of love. But in fact, Scripture tells us that Christ willingly became powerless so that human beings might know the power of God. Christ set aside the prerogatives of deity to become a servant; He became poor that we might become rich. Perhaps Nietzsche is correct in arguing that human relationships are often governed by the desire for power. However, it is clear that in the encounter between God and man, it is the infinite God who submits Himself to the limitations of humanity.

Sin and Guilt as Human Conventions

One of most disturbing aspects of contemporary culture is the nihilistic worldview of many of our youth. The horrible assault on Columbine High School in Littleton, Colorado in 1999 revealed how deeply alienated many young people are from society. It is apparent that Harris and Kleybold felt entirely

justified in killing their classmates out of a sense of outrage at how they had been treated by the more popular students at school. Incredibly, they were convinced that their heinous act would be glorified in Hollywood and entertained themselves by asking who would portray them in the blockbuster movies that would follow their killing spree. What is especially disturbing is the question of how such sociopathic tendencies arise in a prosperous Colorado suburb.

According to Scripture, human beings are sinners in need of redemption. All of us stand guilty before a holy God and only the shed blood of the sinless Lamb of God, Jesus Christ, can cleanse us from the power and penalty of our sin. Therefore, a guilty conscience can be a positive thing in that it enables us to respond to the gospel message. But in contemporary culture, as Senator Daniel Moynahan has stated, there has been a tendency to "define deviancy down." Acts that were considered immoral or even criminal in the recent past have been accepted as normal, so that our threshold of what is morally acceptable continues to lower. Additionally, in our therapeutic society anything that makes a person feel better about herself is exalted, while feelings of guilt and shame are discouraged. In a certain sense, this thinking is part of the heritage of Nietzsche.

According to Nietzsche, human beings developed a sense of guilt out of the financial relationship between a creditor and a debtor.^[3] Nietzsche maintained that the similarity between the German words for *guilt* and *debt* were indications that financial obligations were the original source of a sense of obligation toward others. Of course, a debtor is obligated to his creditor, and in ancient times the debtor would pledge some form of collateral in case he were unable to repay the debt. This of course gave the creditor power over the debtor, even to the extent that he could inflict cruelty upon the debtor to extract his "pound of flesh." According to Nietzsche, this gave rise to the idea that suffering could

balance out our debts and is the basis for the biblical account of Christ's work of the cross.[\[4\]](#) The problem arose when human beings somehow internalized the original sense of financial obligation, so that what had previously been simply a matter of external punishment evolved into the guilty conscience.

Nietzsche's contention was that a feeling of guilt is destructive and prevents us from acting in accordance with our noble instincts. But the question is, How can human beings be noble without acknowledging their own limitations? The denial of a sense of guilt, the denial of conscience, inevitably leads to pride and the arrogant assumption that we are accountable to no one. While it would be unjust to suggest that Nietzsche encouraged acts such as the Columbine shootings, it is also clear that Nietzsche recognized that a sense of guilt leads us to conclude that we are accountable to someone else for our actions. Wanting to insure that human beings did not conclude that they were accountable to God for their actions, his only option was to conclude that the guilty conscience is a figment of our imaginations. Unfortunately, incidents such as Columbine are not.

God is Dead! Now We Can Really Live!

Who can forget the famous cover of *Time* magazine, which asked the question "Is God Dead?" Many people may have dismissed such an absurd question, as if it makes sense to say that the eternal God could pass away. But that is precisely the point. In Nietzsche, the announcement of God's death is simply to force people to acknowledge that they no longer care about God. He has been removed from His throne by the advancements of science and technology and has little to say to modern man. According to Nietzsche, God choked to death on pity.[\[5\]](#)

On the other hand, Nietzsche claims that we have killed God. It is not that these statements are contradictory, but that Nietzsche viewed "God" as a concept, not as a person.

Nietzsche's *Thus Spoke Zarathustra* begins with Zarathustra setting out to deliver the startling news that God is dead, but his first words are directed to the sun. While to the casual reader this may seem absurd, this is actually a vivid reference to the philosophy of Plato. And according to Nietzsche, Christianity is nothing more than Plato's philosophy dressed up as a religion. The whole point of Nietzsche's philosophy is to deliver us from the teachings of Christianity, which he called the "Platonism of the people." Nietzsche believed that both Plato and Christianity overemphasized the distinction between human existence and the realm of eternity; in order to effectively demolish Christianity, he felt it necessary to destroy the foundations of Plato's philosophy as well.

Plato lived in an era that was concerned about the implications of change. Because Plato denied that we can truly know anything that is changeable, he conceived of an ideal world populated by what he called "forms." The forms were eternal and unchanging models for the objects that we experience every day, and Plato's concern was with how we can come to know these forms. Part of his answer to that question was his conception of the ultimate form, the form of the Good. The form of the Good is what illumines the soul's understanding, so Plato utilized the sun as the most fitting symbol for this form. Later, some Christian theologians baptized Plato's philosophy by claiming that the forms were ideas in the mind of God, but what critics like Nietzsche find so disturbing is that both Plato and Christianity seem to place more emphasis on an afterlife than on day-to-day existence. It was his desire that we recognize the value and pleasures of this life, but to do so he completely rejected a transcendent world. The question is whether he is justified in claiming that Christianity denies the validity of this life by focusing solely on a heavenly afterlife.

While it is true that a variety of movements within

Christianity, such as the monastics, have devalued earthly existence as a mere prelude to the afterlife, this is a far cry from claiming that Christianity *itself* is the religious equivalent of Plato's other-worldly philosophy. St. Augustine, who was a devoted student of Plato, claimed that Plato was a valuable tool that helped lead him to Christianity. But the one thing that he found lacking in the Platonists was the teaching of Scripture that in Jesus Christ the Word of God became flesh. God himself has come to live amongst us! The incarnation of God in Christ means that human existence is vitally important. God himself lived as a man. Rather than devaluing life, Christ came that we might have life, and have it more abundantly.

Nietzsche the Prophet?

As we close our examination of Friedrich Nietzsche's thinking and its consequences for Christian faith we should note his conviction that terms such as *sin*, *morality*, and *God* are simply human conventions with no reality supporting them. He hoped to overcome these concepts by taking us back in history to discover how we came to these "erroneous" beliefs. According to Nietzsche, the concept of a God who rewards believers with eternal life has devalued human existence. Consequently, he attempted to devalue any belief associated with a transcendent being or an afterlife and emphasized overcoming Christian standards for morality. His ideal was the *overman*, unique individuals who were not restrained by what society conceived as right or wrong. The problem is that, when taken to its extreme, his philosophy has been utilized to justify a wide variety of crimes. In 1924, two students at the University of Chicago justified their murder of a twelve-year-old boy by quoting from Nietzsche. And of course, Hitler assumed that Nietzsche's philosophy called for world domination by Germany and the ruthless elimination of all its enemies. Many therefore assume that Nietzsche was some type of proto-Nazi.

Nietzsche would have had little sympathy for Hitler and was not an anti-Semite as some have claimed. These accusations are common, but cannot be the result of actually reading his works. What we can say is that Nietzsche attempted to replace the good news of Jesus Christ with a pseudo-gospel based on the assertion that Christianity was a fabrication that has hindered mankind for centuries. The Bible tells us that Christ has set us free through His atoning work on the cross; Nietzsche insists that such a story is what has placed us in bondage. Like many utopians, Nietzsche denied the inherent sinfulness of the human heart and insisted that the idea of God was what had prevented mankind from reaching its highest potential. Obviously, evangelical Christianity and Nietzsche are in severe disagreement on most subjects.

Still, Nietzsche does have a message for the Christian community. Considering Nietzsche's contempt for Christianity, that would seem to rule him out as a mouthpiece for God. However, we also note that pagan kings such as Cyrus of Persia (Ezra 1:1-4) and Nebuchadnezzar (Daniel 4:34-35) were spokesman for God in particular instances. So to paraphrase John 1:46, "Can anything good come out of Nietzsche?"

Perhaps the most valuable aspect of reading Nietzsche is his emphasis on our motives. Just as Jesus accused the Pharisees for disguising their hardened hearts with outward acts of service and sacrifice, Nietzsche demonstrates keen awareness of the subtle ways we can deceive even ourselves. One of Nietzsche's favorite accusations is that Christians can speak about loving their enemies, but they have also been known to comfort themselves with thoughts of those same enemies roasting in eternal hell-fire. Perhaps then one of the reasons Christians avoid reading Nietzsche is that he can make us feel so uncomfortable. Do we give to the Church out of love for God or perhaps simply for the tax deduction? What about our service in the church? Are we motivated by the applause of man, or by our love for God? The Christian cannot read

Nietzsche without feeling challenged on these questions. Rather than simply dismissing his radical critique of Christianity, the church would be well-served to understand how Nietzsche has influenced modern culture, and in turn to reflect on how we can demonstrate the love of God to a dying world.

Notes

1. Friedrich Nietzsche, *Genealogy of Morals* trans. Walter Kaufmann (Vintage Books: New York, 1967), 33.
2. Friedrich Nietzsche, *On the Genealogy of Morals*, trans. Walter Kaufmann and R. J. Hollingdale (New York: Vintage Books, 1967), 27-28.
3. Dostoevsky, *The Brothers Karamazov*, 62.
4. Ibid., 65.
5. Friedrich Nietzsche, "Thus Spoke Zarathustra" in *The Portable Nietzsche*, ed. by Walter Kaufmann (New York: Penguin Books, 1954).