

How and Why We Should Biblically Analyze Songs

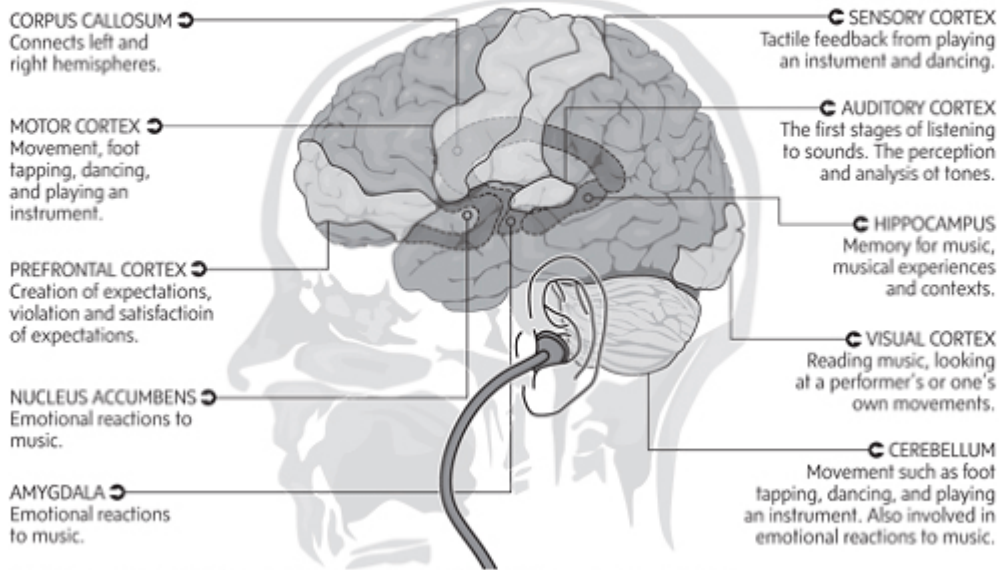
Probe intern Sarah Withers provides insight about thinking biblically about popular songs.

Numerous scientific studies have revealed that music is linked to relieving pain/stress, releasing endorphins, aiding coordination, increasing concentration, expanding memory, improving language skills, and lowering blood pressure, just to list a few.[\[1\]](#) Unfortunately, not all genres of music offer these benefits, so it would be quite misleading to say that critically analyzing songs can act as a remedy for migraines—however convenient and persuasive that claim might be!

While I may not be able to claim health advantages, powerful benefits can be gleaned for us and others by being aware and graciously critical of songs. I hope that I can provide how and why we should biblically analyze songs and challenge you to be a more thoughtful and gracious critical consumer of all types of music.

Music on the mind

When we listen to music, it's processed in many different areas of our brain. The extent of the brain's involvement was scarcely imagined until the early nineties, when functional brain imaging became possible. The major computational centres include:



MIKE FAILE/THE GLOBE AND MAIL ■ SOURCE: THIS IS YOUR BRAIN ON MUSIC: THE SCIENCE OF A HUMAN OBSESSION

How Do We Biblically Analyze a Song?

The most obvious first step to biblically analyzing a song is to actively listen to the lyrics and sometimes even watch the music video. It helps me focus and understand if I pull up the lyrics and read along as I listen. While I listen, I think about how the song makes me feel, what the song got right or wrong in its worldview, what I appreciate about the song, and any questions about possible meanings and interpretations. I also think about if or how I can relate to the song's message. Have I ever experienced, desired, or seen something similar to the song's message? If the answer is no, then maybe I could think about how seeing the songwriter's perspective could help me relate and communicate with someone with very different desires and experiences than my own.

Ultimately we biblically critique a song by shining the light of the biblical truths on it. No secular song gets everything right for the obvious reason that the gospel is not present. For some songs all that is missing is an explicit reference to the gospel, while other songs directly conflict with the

gospel. Yet, for even the more difficult songs, Christians can understand the song's message for the glory of God.

For example, Lana Del Rey's song "Born to Die"[{2}](#) provides the message that we should enjoy life because when we die there is nothing left for us. For those in Christ, that song is radically wrong about our purpose and destiny.

However, for those who are outside of Christ, that song paints a rather apt picture of their bleak destiny.[{3}](#) So yes, the song is very dark and upsetting, yet when I hear that song I can mourn for those outside of Christ and praise God that the lyrics of that song are not true for me. In that way, that song can incite worship and foster resolve to reach out to unbelievers-something Del Rey probably would never consider possible! That is the transformative power of the gospel, the greatest good news.

However, there are songs that Christians should avoid. Songs that are overly sexualized or demonic in nature may be too difficult to redeem.[{4}](#) Also some people are more affected by music than others. If you are not able to redeem the song by countering it with life-giving truths from Scripture and the song continues to bring you down, then you should not listen to it. Christians should pray for wisdom and guidance to know when to listen and engage and when to turn it off.[{5}](#)

Why Should We Care?

Since music is so integrated into our daily lives, many of us are consumers of music whether we are intentional about it or not. [The American Academy of Pediatrics in 1996](#) (AAP) found that 14- to 16-year-olds listened to an overage of 40 hours of music per week. For a more conservative number, [RAIN \(Radio and Internet Newsletter\)](#) reported that students "spend an average of 7 hours and 38 minutes a day consuming media, 2 hours 19 minutes of which is spent listening to music."[{6}](#)

While these studies focus on teens and adolescents, it is fair to say that adults also listen to a fair amount of music, whether it is through headphones at work or the radio in the car. When it comes down to it, music is very much part of our everyday life. For some it can be avoided, but by most, it is accepted and greatly enjoyed.

Musical lyrics are also sticky. It never ceases to amaze me how I can still easily sing along to songs from my childhood the second the second it plays. Yet, when discussing my project of biblically analyzing popular music, a common response is that people often do not listen to the lyrics, but rather just enjoy the melody and beat. The AAP (1996) reported that "in one study 30% of teenagers knew the lyrics to their favorite songs," which would seem to affirm that initial claim.

With those intuitions and findings, it would be easy to undermine this project as interesting but unimportant. However, the same AAP (2009) article cited the Knobloch-Westerwick *et al.* study that "although young listeners might not understand all the details in lyrics, they recognize enough to obtain a general idea of the message they bring."

Moreover, the fact that we do remember song lyrics well after we have stopped listening to them shows that we are aware of the words even if we are not actively thinking about the message. In many respects we have become passive consumers of information and entertainment, especially when it comes to music. It is in light of this passivity that we should strive to be active listeners.

Every song with words carries a message, although some are more obvious and dangerous than others. For example, current artists such as Macklemore, Hozier, Lana Del Rey, and Lady Gaga proclaim more explicit messages and agendas in their songs-something as Christians we should be aware of and ready to critique. The AAP (1996) claimed that "awareness of, and

sensitivity to, the potential impact of music lyrics by consumers, the media, and the music industry is crucial.”

Although the rate and impact of the consumption of songs can be debated, there are still benefits of being aware of and engaging with our culture through songs.

What Are the Benefits?

Well, there are three main benefits to biblically analyzing songs. First, we refine our ability to enjoy music. For many this will be very counterintuitive. People I have talked with have feared that if they are too critical of the music’s message, then they will no longer be able to enjoy it. I will agree, there are some songs that might be ruined by listening critically to the lyrics. However, Christians should likely avoid listening to those songs anyway.

Even with songs we don’t like, we can still enjoy them for their musicality and benefit from some insights, however hard to find. The vast majority of songs are redeemable even though they may counter the gospel. Where God provides the songwriter with common grace insights, there is an opportunity to redeem the song. Remember Lana Del Rey’s song; I am still able to enjoy her powerful use of a darker sound and message, but I am also reminded of the hope I have in the gospel.

If we get to a point where we become cynical and antagonistic towards our music culture, we should remember that God gave us music and culture as a gift. The Psalms are examples of a great variety of songs that were written to offer the expression of truth about God, humanity, and our world. The obvious difference is that the Psalms are God-breathed and inspired—yet there are often truths that can be gleaned even from secular and popular songs. After all, we are all made in God’s image and bear His music-loving traits.

Another benefit of analyzing songs is the ability to learn

about our culture and the people influenced by it. Regardless of whether the lyrics are true, they are believed to be true by the songwriter and often by people in our culture. Part of the appeal of songs is that they are relatable. Relatability makes the song powerful and influential.

We can gain invaluable insight into the thoughts of our culture and younger generations through the lyrics of songs. Many songs provide commentary on our culture's view of alcohol consumption, drug use, violence, relationships, sexuality, freedom, and self-worth. By learning what the songs say about such topics, we can be better equipped to understand where people are coming from.

The final benefit which naturally flows from the previous one is being able to relate and engage with our culture. By engaging with themes in songs, we are ultimately practicing how to engage with people. I was talking with a group of high school students about one of Macklemore's songs called "Starting Over" which is about his relapse as an alcoholic. The song is marked with shame, a deep sense of failure, and loss of identity. Before listening to the song, I encouraged them to listen to the lyrics as if a person was talking with them. With that perspective, students would be less likely to immediately judge him as a failure, and instead would be more likely to empathize and relate as we are all failures and slaves to sin outside of Christ.

By being aware of songs, we can better engage the lies of our culture and counter them with the truths of Scripture.[\[7\]](#) The AAP (1996 & 2009), encourages parents to "become media-literate" which means "watching television with their children and teenagers, discussing the content with them, and initiating the process of selective viewing at an early age." Later in the article, the authors even suggest that parents should look up the lyrics and become familiar with them. Even if you are not a parent, as Christians one way we can help

correct lies of our culture is through conversations about popular music.

Paul wrote in 2 Corinthians 4:6, “For God, who said, ‘Let light shine out of darkness,’ has shone in our hearts to give the light of the knowledge of the glory of God in the face of Jesus Christ.” It is our hope and joy that we have been redeemed and my prayer that Christians will show others the light of Christ.

So, the goal of analyzing songs from a Christian perspective is not merely an academic exercise that challenges critical thought, but to move us to action. Peter claimed that Christians were saved so “that you may proclaim the excellencies of Him who called you out of darkness into His marvelous light.”^{8} Ultimately we should be encouraged to talk, relate, empathize, and love others. Through songs we can help others to “See to it that no one takes you captive by philosophy and empty deceit, according to human tradition, according to the elemental spirits of the world, and not according to Christ.”^{9}

Notes

1. Another article that was particularly helpful was from the [eMedExpert](#). However, if you just search “benefits to music” (or the like) and you will be overwhelmed by how many articles develop all the unique benefits to music.
2. The video includes sexual content, brief drug use, and a violent image at the end.
3. I should note however, that the song seems to hold the message of mere extinction at death. As Christians, we believe that souls are immortal which means even the non-believer persists. For those outside of Christ, they will experience death as eternal wrath and destruction. See John 3:36, Roman 6:23, Matthew 25:46, 2 Thessalonians 1:9, and Revelation 21:8.
4. To address briefly the pushback on the idea that we can or should “redeem culture”: The confusion rests in the nuanced

difference in meaning of the word “redeemed.” I use the word “redeemed” in this context to mean something closer to transformed by truth, not redeemed in the sense God has redeemed believers. Yes, Scriptures never call us to “redeem culture” but God does call us to let the light of truth shine. By engaging culture with the truth of Scriptures, Christians can make aspects of culture honoring to God, thus in that sense redeeming them. For example, pornography falls under the category of “unredeemable,” meaning that there is no way someone could make pornography honoring to God. However, with different aspects of culture this task is possible and I think should be encouraged.

5. See Hebrews 5:14.

6. RAIN cited [The Kaiser Family Foundation study](#) for these statistics. The report also broke down how the kids and teens were listening to the music, finding that on average per day they listen to 41 minutes of music on their iPod and similar devices, 32 minutes of music on computers (iTunes and Internet radio), and 32 minutes listening to the radio.

7. See Ephesians 6:17-20 and 2 Corinthians 10:1-6.

8. 1 Peter 2:9.

9. Colossians 2:8

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Don't Take Me to Church Without the Gospel: A Review of Hozier's "Take Me to

Church”

What started as a music [video](#) on YouTube as a statement against the abuse of the homosexual community peaked as the second most popular song according to Billboard Top 100 in early 2015. With its powerful music and damning words towards the Church, I was compelled to research and find the meaning and implications of Hozier’s song “Take Me to Church.” In the song, Hozier captures the sacrifice of religion without the truth and hope of the gospel.

The chorus, especially, paints a rather bleak picture of the seemingly pointless sacrifice of religion. In it Hozier writes,

“I’ll worship like a dog at the shrine of your lies
I’ll tell you my sins and you can sharpen your knife
Offer me that deathless death
Good god, let me give you my life.”

Through the song, Hozier rightly grasps the element of sacrifice required of faith. Matthew, Mark, and Luke all include parallel passages that call Christians to deny themselves, take up their cross, and follow Jesus.

Christians’ Meaningful Sacrifice

Sam Allberry, author of [Is God Anti-Gay?](#) and associate pastor at St Mary’s Church in Maidenhead, UK, spoke at Covenant College recently about Christianity and homosexuality as someone who struggles with same-sex attraction himself. He expounded upon this idea of the sacrifice of Christians when he told the story of someone with a same-sex partner who asked him, “What could possibly be worth leaving my partner for?”

This question of sacrifice is essential for everyone faced with the gospel to ask. There is a cost; you will have to deny yourself, whether it’s the issue of same-sex sexual practices, alcohol abuse, pride, or even just laziness.

If the message of the Bible stopped there, we would be left with the hopeless and purposeless sacrifice that the song portrays. However, the Bible does not start or end with our sacrifice. Romans 5 points Christians to Christ's ultimate sacrifice for us by proclaiming that ". . . God demonstrates His own love for us in this: While we were still sinners, Christ died for us." Those who trust in Christ will never have to pay the price of our own sins because Christ did it once and for all on the cross while we were still in sin. We can entrust Him with our lives because He first gave His perfect life for us. Even though we are steeped in sin as Hozier points out through the lyrics "We were sick but I love it," Christ does not leave us in our sickness. In fact, He heals us, showing us hope in something much greater than our sins.

Allberry concluded that the answer to the question presented to him had to be: the gospel—only the gospel is worth leaving everything for. The gospel is truly *the* good news for everyone, because through His sacrifice the lyric rings true, "only then I am clean."

So our sacrifice is meaningful in Christ not because our sacrificing saves us but because it is a response of the saving grace Christians have already received. Christians can give up our old way of life because Christ has given us new life. In Ephesians 4, we are called to this painful process of "putting off our old self which belongs to your former manner of life and is corrupt through deceitful desires, and to be renewed in the spirit of your minds, and to put on the new self, created after the likeness of God in true righteousness and holiness."

How Should We Respond?

It is legitimate to wonder what we as Christians should do with songs and a culture that seem to attack or misrepresent the Church. I do not think we should respond to such songs by posting combative comments online or by changing the radio

station every time the song plays. Rather, we should appreciate the song for its musicality and learn from its lyrics. I see two main takeaways:

First, I think we should reflect on what songs say about our culture's view of the Church and how we as the Church can respond to this marred image. In an [interview](#) by Gigwise, Hozier says that "It hasn't been a good year for the Church-it hasn't been a good hundred years for the Church." In some ways, I agree with Hozier that, especially on the topic of homosexuality, we have not loved those outside and inside the Church well. I mourn for those abused by the Church for their sexual sin as the song and music video illustrate. Sometimes the Church has fallen short of showing truth in love as commanded by Scripture. Instead the Church often fails to speak truth by accepting the sin of homosexuality or lovelessly alienating, and trying to legalistically "fix" the sin.

Second, the core of our religion as Christians must remain the gospel; without it the lyric would ring true: "Every Sunday's getting more bleak, a fresh poison each week." In 1 Corinthians 15, Paul says that as Christians, "We are of all people the most to be pitied" if the gospel—the message of Christ's death and resurrection that reconciles us to God—is not true. I would challenge you, as I have been challenged, to continually ask yourself, "How does the gospel apply?" Wherever the gospel is missing so is truth, hope, and joy.

While I struggle with messages of hopelessness, I marvel in the promise that the gospel is true and there is hope for us who rest in the salvation of Christ both in this life and the next. I look forward to Heaven with my Lord and Savior, and yes, it is something worth leaving everything for.