

What is the “Authentic Self”?

The concept of the “authentic self” is a wonderful-sounding, important element of politically-correct thinking. Especially if one’s “authentic self” includes a deviation from standard sexuality. Many people are proud of themselves for being progressive in encouraging others to admit and embrace inclinations and desires that a few decades ago were considered shameful.

Oprah was a major proponent of the idea. On her television show and her magazine, she encouraged her faithful followers to be open and real about their true thoughts and feelings, desires and dreams, passions and embarrassments. She was (and continues to be) especially insistent on the importance of coming out as LGBT (lesbian, gay, bi-sexual or transgender) if someone had even the faintest leanings in that direction.

In today’s culture, coming out and admitting you’re gay is applauded as “being authentic.” Claiming you are a man trapped in a woman’s body, or vice versa, is “being authentic.” But refusing to accept such labels means you’re inauthentic.

I remember when Oprah interviewed Ted Haggard, disgraced former pastor and head of the National Association of Evangelicals. He said he was a heterosexual man with temptations toward homosexuality (that he regretted giving into), which is consistent with a biblical worldview. Oprah would have none of it. She pronounced him gay and declared with authority, “That is who you are!” It was clear she wanted him to embrace what she considered his “authentic self” and stop denying himself.

It made me think . . . what if a new movement rose up attempting to normalize obesity, calling it “a different kind of beautiful”? And what if obese people came on her show and said, “Oprah, girlfriend, you’ve had a lifelong inclination to

overeate and not exercise. Face it! You are a fat girl! That is who you are! Stop lying about it and embrace it as who you truly are!" She wouldn't like it because she knows some weaknesses are worthy of struggling against. She wouldn't like it because she doesn't want her temptations and her inclinations to define her.

Because temptations and inclinations can be wrong.

When politician John Edwards had an adulterous relationship with Rielle Hunter while his wife battled cancer, Oprah booked her on the show. It was quite intriguing to me to see how Oprah refused to approve of Ms. Hunter's choices.

Oprah: When this is all said and done and we look back on this time of you, Rielle Hunter, the mistress and all of that, what is it you want people to really understand about what has happened here?



Rielle: All of their feelings that they're feeling and hatred that's directed toward me has to do with their fears or their anger and disappointment and sadness about their mother cheating on their father or their father or their husband or their spouse. It has to do with them, and it doesn't have to do with me, because they don't know me.

Oprah: Why can't it just be that they think that it's wrong?

Oprah did not appreciate a woman sleeping with another woman's husband. That's wrong. But if a married woman comes to the conclusion that she's a lesbian, then sleeping with another woman is embracing her "authentic self."

This is not the first time we've seen this in human history. The book of Judges tells the unhappy story, over and over, of

the nation of Israel stumbling into one disaster after another that required rescue because “every man did that which was right in his own eyes” (Judges 21:25).

When we do what is right in our own eyes, it never [goes well with us](#). That’s because we are fallen, broken people who live in a fallen, broken world, and we desperately need divine help and re-direction. We can’t trust our hearts to tell us who we really are, who is our “authentic self,” because God declares that the human heart “is deceitful above all things, and desperately wicked: who can know it?” (Jeremiah 17:9)

The problem with what the world calls our “authentic self” is that it is the sum of our broken thoughts, feelings, desires, insecurities, and dreams. The “authentic self” that the world urges us to embrace is what the Bible calls the flesh, the part of us that operates independently from God and needs to be crucified, not glamorized (Galatians 5:24). In fact, Jesus had a completely opposite call for us: “If anyone wishes to come after Me, he must deny himself, and take up his cross and follow Me” (Mark 8:34).

When we DO deny ourselves, take up our cross and follow Jesus, the Holy Spirit transforms us so we look more and more like Jesus (2 Cor. 3:18). Thinking biblically, the true and authentic self is the one that will last into eternity. A hundred years from today, every Christ-follower will be free from flesh, free from the old rotten self, reveling in the freedom and joy that comes from being completely holy and righteous and true to our re-created self that looks and acts and thinks like Jesus but with the “flavor” of our redeemed individual personalities and temperaments.

Jeanette Howard, author of *Out of Egypt*, explaining her journey out of lesbianism, recently wrote, “I am tired of people claiming that they need to be ‘true to themselves.’ No they don’t. They, like all believers, need to die to themselves and be true to God. That is authentic

discipleship.”

More and more Christians are throwing in the towel in their fight against unholy sexual and relational temptations, claiming to follow their “authentic self.” Even worse, a growing number of churches are doing something similar by embracing same-sex marriage. I have a question for them. If God really created them to be gay and blesses that identity today, what will happen a hundred years from today? Will there be homosexuality in heaven? There will be no sex in heaven because the only marriage will be between the Church and the Lamb, the Lord Jesus Christ. If one’s identity is wrapped up in same-sex attractions, as it is by those claiming to be “gay Christians,” who will they be when all sexual and relational brokenness is a thing of the past, a mere memory of earthly life?

I suggest that a believer’s true and real and lasting “authentic self” is all wrapped up in not who we say we are, but who God says we are: His beloved child, redeemed and purified and made holy as He is holy. Chosen, accepted, and included, a citizen of heaven and a member of God’s household. Belonging to Jesus because He bought us with His very lifeblood. Sealed with the Spirit, made brand new from the inside out.

Now *that’s* an “authentic self” I can get excited about!

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“What About Crossing Over’s John Edward?”

I was watching TV and happened upon “Unsolved Mysteries.” It aired a segment on “Edgar Cayce.” I’m a Christian so this segment troubled me, prompting me to search on the internet for something on this man. I found several sites, but I zeroed in on yours. I was impressed and satisfied with what I read. [Webservant’s note: See our article, [“The Worldview of Edgar Cayce”](#).]

I also found where several people had written in (most were furious with you), and one of them said that Cayce’s ability was indeed a gift from God. I agree with you that the Bible is very specific about avoiding dabbling in these kinds of “gifts” (that word used in connection with the devil is almost comical), and I think that God wouldn’t warn us like that if those kinds of “gifts” weren’t really out there. I said all that to say this...Cayce is just one person but not “one of a kind.” John Edward of TV’s “Crossing Over” is another, and it seems that the times are beginning to be absolutely FILLED with these people.

My problem is this, I have a sister that is very dear to me. She has gotten interested in John Edward and began wondering whether his ability was really from God. She went to her PASTOR (remember that word), and I was shocked at his reply to her. He said that he’d “put it this way...all gifts from God aren’t listed in the Bible.” I nearly fell over when she told me that. So now she believes that John Edward might be operating within God’s will. How do I answer her and compete with the pastor she thinks so highly of?

Thank you for writing Probe Ministries. Although I do not know a great deal about John Edward, my own position would be much different than that of your sister’s pastor. From what I

understand, John Edward claims to have the ability to communicate with the dead. This, of course, is something expressly forbidden in Scripture. For instance, in an extended passage from Deuteronomy 18:9-15 we read:

When you enter the land the LORD your God is giving you, do not learn to imitate the detestable ways of the nations there. Let no one be found among you who sacrifices his son or daughter in the fire, who practices divination or sorcery, interprets omens, engages in witchcraft, or casts spells, or who is a medium or spiritist or who consults the dead. Anyone who does these things is detestable to the LORD, and because of these detestable practices the LORD your God will drive out those nations before you. You must be blameless before the LORD your God. The nations you will dispossess listen to those who practice sorcery or divination. But as for you, the LORD your God has not permitted you to do so. The LORD your God will raise up for you a prophet like me from among your own brothers. You must listen to him.

Notice that v. 11 specifically forbids consulting the dead. God also prohibits the Israelites from becoming mediums or spiritists, which is essentially what John Edward is. In v. 9, such things are referred to as “detestable ways.” And it was because of such detestable practices that the Lord would drive the Canaanites out of the land (v. 12). Although these nations consulted the dead, and practiced sorcery and divination (v. 14), the Lord did not want His people to do so. Instead, He promised to raise up a prophet in Israel to whom He expected the people to give heed. Although this refers generally to all the genuine Old Testament prophets, it ultimately has special reference to Jesus Christ (see, for example, Acts 3:19-26).

But why does God forbid communicating with the dead? Although we may not know for certain, I think there are some important clues in the Bible. In the first place, genuine communication with the dead may (as a general rule) simply be impossible.

The story of the rich man and Lazarus in Luke 16 may indicate this. Although some may point to Saul and the witch of Endor in 1 Samuel 28, it's important to keep in mind that (1) this practice was prohibited and condemned by God (as already cited); (2) Saul had been rejected by God for his disobedience (e.g. 1 Sam. 28:6, etc). Indeed, this was just another act of Saul's unfaithfulness to God. Thus, it is not an example for us to follow. And (3) some believe the spirit of Samuel may have been a demon masquerading as Samuel. Although that is not my view, I suppose it is at least possible. [Note: also see the Probe article "[What About the Witch of Endor Calling Up Samuel's Spirit?](#)"] There is definitely clear New Testament evidence linking demonic activity to divination (Acts 16:16-18), for example. But even if it really was Samuel (which I believe) the text does not encourage us to communicate with the dead (and other texts expressly forbid it – see, for instance, Isaiah 8:19-20, etc.).

Thus, my overall opinion of John Edward (and those like him) is this: to the extent that he is truly receiving information from the spirit world, I tend to think it is probably coming not from deceased human beings, but from demonic spirits. As always, their desire is to deceive the unsuspecting and lead them away from considering the biblical command to repent and trust Christ for salvation (see 2 Corinthians 4:3-4, etc.).

In light of all this, if your sister respects the Bible as the word of God, I would simply bypass the pastor whom she respects. Rather than directly disagreeing with him, gently point her to what God's word says. Remind her that even pastors can be wrong, but God never is. And His prohibitions are given with our welfare in mind.

Hope this helps,

Michael Gleghorn
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