Worship

Definitions of Worship

During a 1954 interview A.W. Tozer, a great pastor and editor of the Alliance Witness, was asked what he thought would awaken the church from its complacency. This was his response: “In my opinion, the great single need of the moment is that light-hearted superficial religionists be struck down with a vision of God high and lifted up, with His train filling the temple. The holy art of worship seems to have passed away like the Shekinah glory from the tabernacle. As a result, we are left to our own devices and forced to make up the lack of spontaneous worship by bringing in countless cheap and tawdry activities to hold the attention of the church people.”(1) John MacArthur, a more contemporary preacher and writer, wrote this indictment in 1993: “In the past half decade, some of America’s largest evangelical churches have employed worldly gimmicks like slapstick, vaudeville, wrestling exhibitions, and even mock striptease to spice up the Sunday meetings. No brand of horseplay, it seems, is too outrageous to be brought into the sanctuary. Burlesque is fast becoming the liturgy of the pragmatic church.”(2)

These stinging analyses, whether we agree with them or not, remind us that the biblically based Christian is challenged to consider worship, along with all facets of life, in light of the culture in which he or she lives. Worship should be included in the total worldview of each individual Christian. It is a significant part of a believer’s life. With this in mind, we will reflect on the meaning and history of worship, hindrances to worship, and the content of worship. And we will offer our own analyses and suggestions.

As is true with many terms used among Christians, the word “worship” can become a cliché devoid of significant content if

we don’t stop to consider its meaning. “Our English word means worthship,’ denoting the worthiness of an individual to receive special honor in accordance with that worth.”(3) The Hebrew and Greek terms found in the Bible “emphasize the act of prostration, the doing of obeisance.”(4) Warren Wiersbe offers a broad definition based upon these concepts. He writes, “Worship is the believer’s response of all that he is—mind, emotions, will, and body—to all that God is and says and does. This response has its mystical side in subjective experience, and its practical side in objective obedience to God’s revealed truth. It is a loving response that is balanced by the fear of the Lord, and it is a deepening response as the believer comes to know God better.”(5) A more narrow definition may sound like this: “Worship is pure adoration, the lifting up of the redeemed spirit toward God in contemplation of His holy perfection.”(6)

Do these definitions describe worship as you experience it with your gathered church and in your daily life? If so, you are blessed. If not, perhaps you need to evaluate the place of worship in your life. Perhaps you need to consider honestly if you have allowed yourself to become accustomed to traditions that have confused true worship. Perhaps you have approached worship with the idea it applies only on Sunday mornings. Or maybe you have never stopped to consider the importance of worship.

The History of Worship

What comes to mind when you think of worship? Is it a formal occasion? Is it a joyous occasion? Does it contain certain rituals? Are you involved? Are you praising God? Are you learning? Are you hearing from God? Are you in contemplation? Are you singing? Are you praying? Are you alone, or with other people?

Perhaps you can answer some or all of these questions in the affirmative. And you probably can add other elements to what

is contained in worship in your experience. But have you ever considered what worship may have looked like when the early church gathered? Were these elements included, or did it look very different? A very brief survey of the history of worship will help us begin to evaluate the purpose and content of worship today. Our ancestors had to wrestle with what worship entails long before our time. We can and should learn from them.

The worship patterns of the Jewish synagogue served as the model for the first Christians. As Robert Webber has written, "It must be remembered that the early Christians came into worship from a different perspective from modern Christians. We accept the Old because we have been informed by the New. But they accepted the New because they had been informed by the Old."(7) The promises and prophecies of the Old Testament had been fulfilled in Jesus, the Messiah. Thus Jesus set the stage for the first acts of worship among the early believers by giving new meaning to the ancient ritual of the Passover meal. Acts 2:46 tells us that the earliest form of Christian worship was a meal—"breaking bread in their homes."(8) Believers were remembering the Last Supper just as the Jews remembered the Passover. Eventually churches became too large to accommodate these shared meals, so a single table with the elements of bread and wine became the focus. Thus "the central act of Christian worship in the history of the church has always been the Communion."(9)

By the second century worship began to look more like what most of us include in our churches. Justin Martyr, an apologist and pastor, wrote of two major parts: the liturgy of the Word and the liturgy of the Eucharist. The liturgy of the Word consisted of lessons from the Old and New Testaments, a sermon, prayers, and hymns. The liturgy of the Eucharist included a kiss of peace; offering of bread, wine, and water; prayers and thanksgiving over the bread and wine; remembrance of Christ's death, including the narrative of the institution

of the Last Supper, and a command to continue in it; an Amen, said by all the people; Communion; then the reserved portions were taken by the deacons to those who were absent.(10)

It is unfortunate that by the late medieval period this twofold form of worship was overcome by pomp and ceremony that crowded out its meaning. But even the Reformers of the sixteenth century insisted on maintaining both Word and Sacrament. Their intent was to restore both elements to their primitive simplicity, and in the process the Scriptures were to be given an authoritative place.(11) Most evangelicals attempt to sustain the traditions of the Reformers. But what is the purpose of all this for the gathered church, and the individual believer?

The Purpose of Worship

Why should we worship God? Quite simply, we should worship Him because of who He is—God. In Revelation 4 and 5 we see descriptions that should provide impetus for our worship. He "is the only God, the highest, the Lord God, the heavenly King, the almighty God and Father, the Holy One."(12) To put it succinctly, "in worship we simply tell God the truth about Himself."(13) Each day of our lives we tell God the truth about Himself, if we are thinking and living through the grid of a Christian worldview.

I have a good friend who is a physicist. Years ago his job included the consistent use of a sophisticated electron microscope. This impressive device allowed him to take pictures of the microscopic things he was studying. From these pictures he developed a wonderful slide presentation that served to remind us of the order and complexity that exists beyond what we can see with the naked eye. When we viewed these remarkable images, we responded in worship. Why? Because our worldview prompted us to contemplate the One who created such awesome things. We were filled with wonder. In our response we were telling God the truth about Himself. We were

worshiping.

After his death friends of the great French thinker, Blaise Pascal, “found stitched into the lining of his doublet a scrap of parchment with a rough drawing of a flaming cross. Around that cross was the following poem,”(14) entitled “Fire”:

God of Abraham, God of Isaac, God of Jacob,
Not of the philosophers and the learned.
Certitude. Joy. Certitude. Emotion. Sight. Joy.
Forgetfulness of the world and of all outside of God.
The world hath not known Thee, but I have known Thee.
Joy! Joy! Joy! Tears of joy.
My God, wilt Thou leave me?
Let me not be separated from Thee for ever.(15)

In this unforgettable refrain we hear the heart of a man in worship. Pascal was responding to the very personal presence of God in his life by pouring out his heart. His contemplation led to worship. Jonathan Edwards, the great American philosopher- theologian of the eighteenth century, shared one of his experiences of worship in his *Personal Narrative*, which was published after his death.

> *The person of Christ appeared ineffably excellent with an excellency great enough to swallow up all thought and conception . . . which continued near as I can judge, about an hour; which kept me the greater part of the time in a flood of tears and weeping aloud.(16)*

The full account of this encounter indicates that Edwards experienced worship during a time of contemplation and prayer. He sought to focus on God, and God responded in a dramatic way, just as was true for Pascal.

Such experiences don’t have to be descriptive only of a few. We can apply at least two things from them. First, as with my physicist friend, our lives should include a sense of wonder.

And wonder should lead to worship. As Thomas Carlyle wrote, “The man who cannot wonder, who does not habitually wonder and worship, is but a pair of spectacles behind which there is no eye.”(17) Second, as with Pascal and Edwards, we need times of contemplation and prayer. Thoughts about God, and prayer to God can lead to a personal encounter with the One we worship.

Some Contemporary Hindrances to Worship

As of July 3, 1997, I will have known my wife for 30 years. During that time my love for her has become enriched through many experiences. If you were to ask me why I love her, I might respond by telling you what I receive from her. Or I might give you analyses of marriage fit for an essay. I might even attempt to persuade you to believe in marriage as I do. None of these responses would be wrong, but they would be incomplete, and they wouldn’t focus on the primary subject: my wife, the object of my love. The lover would have hindered true praise of the loved one.

The same can be said frequently of us as we consider worship in our lives. If we aren’t careful, we can hinder worship, both individually and corporately, by emphasizing things that may be good, but don’t give us a complete picture of what worship entails. There are at least three words that can describe these hindrances: pragmatism, intellectualism, and evangelism.

Pragmatism as a hindrance to worship. First, pragmatism has led many to find ways of getting what they want, instead of what they need. This means the worship “customer” is sovereign. “The idea is a basic selling principle: you satisfy an existing desire rather than trying to persuade people to buy something they don’t want.”(18) Many churches are growing numerically through such strategies, but is worship taking place? It’s my conviction that the answer is “No.” People may be coming, but numbers are not the issue. Worship is done among regenerated Christians who are concentrating on who God

is, not on what we want. Paradoxically, what we truly want, communion with God, takes place when we pursue what we truly need.

Intellectualism as a hindrance to worship. Second, intellectualism is not a substitute for worship. Coming from one who believes strongly in the importance of intellect in the Christian life, this may be surprising. But I have come to realize that worship is not a glorified Bible study. This does not mean that the preaching of Scripture is not a key ingredient of worship, but the one who is preaching is responsible to share in light of worship. As Warren Wiersbe has written, "There is much more to preaching than passing along religious information. It must reveal, not mere facts about God, but the Person of God Himself."(19) Wiersbe continues: "When preaching is an act of worship, the outline is to the text what a prism is to a shaft of sunlight: it breaks it up so that its beauty and wonder are clearly seen."(20) Such comments also apply to our private times of Bible study. Our minds are to be used in study, but what is studied includes worship of the One who has communicated with us.

Evangelism as a hindrance to worship. Third, evangelism is not the ultimate reason for worship. Non-believers who are in attendance at a time of worship certainly can be touched by the Spirit, but worship implies the believer's response to God. A non- believer cannot worship the true and living God. Thus an "altar call" should not be the primary focus. Instead, the church should be called to focus on the One who has called them into His family. Then they take what they have heard, seen, and experienced into the surrounding world.

Let's reconsider such hindrances as we seek to worship God, who will be glorified in the process.

The Content of Worship

“I know that Thou canst do all things, And that no purpose of Thine can be thwarted” (Job 42:2). “I will give thanks to the LORD with all my heart; I will tell of all Thy wonders. I will be glad and exult in Thee; I will sing praise to Thy name, O Most High” (Ps. 9:1 2). “The heavens are telling of the glory of God; And their expanse is declaring the work of His hands” (Ps. 19:1). “Holy, Holy, Holy, is the LORD of hosts, the whole earth is full of His glory” (Isa. 6:3). “Blessed be the God and Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly places in Christ” (Eph. 1:3). “Blessed be the God and Father of our Lord Jesus Christ, who according to His great mercy has caused us to be born again to a living hope through the resurrection of Jesus Christ from the dead” (1 Peter 1:3). “Hallelujah! For the Lord our God, the Almighty, reigns” (Rev. 19:6).

What do these Scriptures have in common? They are statements of worship; they are inspired statements from men to God. And for the moment it’s our hope that they serve to stimulate us to contemplate the content of worship.

One of the most pointed scriptural statements concerning worship is found in Jesus’ well-known encounter with the Samaritan woman (John 4:23 24). Jesus told her:

> *But an hour is coming, and now is, when the true worshipers shall worship the Father in spirit and truth; for such people the Father seeks to be His worshipers. God is spirit; and those who worship Him must worship in spirit and truth.*

Earlier (vs. 21) Jesus had told the woman that the place of worship was unimportant. One doesn’t worship just on a particular mountain, in Jerusalem, or any other place. We are free to worship God anywhere. So then He told her what is important.

First, the spirit of worship is important. We are to render "such homage to God that the entire heart enters into the act."(21) Whether we are in a time of private praise and adoration, or gathered with the church in corporate proclamation, we are to respond to who God is from the spirit, from the whole of our innermost being. Second, we are to do "this in full harmony with the truth of God as revealed in his Word."(22) The concept of responding to God in spirit can give rise to confusing individual expressions if those expressions are not guided by Scripture. There must be balance between spirit and truth. One without the other is not complete. "As some see it, a humble, spiritual attitude means little. According to others, truth or doctrinal soundness is of no importance. Both are one-sided, unbalanced, and therefore wrong. Genuine worshipers worship in spirit and truth."(23)

These comments began with quotes from biblical writers who wrote their statements of worship. It's striking to note how those statements contain not only the truth of God, but the truth about God. Truth permeates their worship. But it's also striking to note the spirit with which those expressions were shared. They are from the heart. They penetrate our lives; they are alive with true worship. As we read and hear such expressions they should encourage us to worship God in spirit and truth. And thus the content of our worship will be pleasing to Him.

Concluding Suggestions Concerning Corporate Worship Renewal

We have discussed several aspects of worship: its definition, history, purpose, hindrances, and content. To conclude we will focus on five suggestions that can be applied to corporate worship in the contemporary church.

First, consider how time is allotted when the church gathers for worship. As churches grow they tend to break into various

times of worship. Thus the available time for worship is decreased. One group needs to be released from the worship center in time for another to enter. As a result, often there is a feeling of being rushed. And this feeling of being rushed is exacerbated because so much of the available time is spent with things that may be good, but are not conducive to worship. Announcements may concern good things, for example, but they take time from the true intent of the gathered church.

Second, consider how much attention is given to worship by the leadership of the church. The pastor, staff, and other leadership should demonstrate that worship has a very high priority. There should not be a question of how much energy has been given to preparation for worship on the part of the leadership.

Third, consider who is the leader of worship and why. It is my conviction that the pastor should be the one who calls the body to worship and leads it by example. Much is communicated to the congregation when the primary earthly leader implores the people to give their undivided attention to the reason for their gathering. In addition, much is communicated when the pastor is involved in worship beyond just the delivery of a sermon, no matter how good it may be. Having served on a church staff for many years, I know some of the time implications of this suggestion. But I believe if the church makes worship the priority, the pastor should provide the leadership for it. Fourth, consider what has priority in worship. Quite simply, the question is whether or not God has priority. Or do other things tend to crowd the allotted time and distract from the true intention? For example, it may be good to let a visiting relative of a church member sing a solo, but has someone talked with this person in order to discuss the reason for any solos within the time of worship? Remember, worship is to be God- centered, not man-centered.

Fifth, consider the place of style versus substance in

worship. It appears to me that the "style" of worship is not the issue as much as the substance. In other words, if the people are called to worship God with integrity and concentration on Him, the style is secondary. This applies regardless of whether the style is liturgical/traditional, contemporary, or something in between. But if the style overshadows substance, true worship may be thwarted. It is a wise church that brings both style and substance together in a manner that pleases God.

These five suggestions and the thoughts that have preceded them have been offered with the hope that you have been stimulated to consider the importance of worship in your life. The worshiping Christian in a worshiping church is a person who is continually empowered to impact the world for the glory of God. May you be among those empowered people!

Notes

1. A.W. Tozer, *Keys to the Deeper Life* (Grand Rapids, Mich.:Zondervan, 1957), 87-88.
2. John MacArthur, *Ashamed of the Gospel* (Wheaton, Ill.:Crossway, 1993), xvii-xviii.
3. Everett F. Harrison, "Worship," in *Baker's Dictionary of Theology*, ed. Everett F. Harrison (Grand Rapids, Mich.:Baker, 1960), 560.
4. Ibid.
5. Warren Wiersbe, *Real Worship* (Nashville, Tenn.: Oliver Nelson, 1986), 27.
6. Harrison, *Baker's Dictionary of Theology*, 561.
7. Robert E. Webber, *Common Roots* (Grand Rapids, Mich.: Zondervan, 1978), 84.
8. Ibid., 83.
9. Ibid., 86.
10. Ibid., 80-81.
11. Ibid., 87-88.
12. Ibid., 85.
13. Ibid.

14. Peter Toon, *The Art of Meditating on Scripture* (Grand Rapids, Mich.: Zondervan, 1993),
15. Blaise Pascal, *Fire*, quoted in Toon, *The Art of Meditating on Scripture*, 13.
16. Jonathan Edwards, *Personal Narrative*, quoted in Toon, *The Art of Meditating on Scripture*, 13-14.
17. Thomas Carlyle, quoted in Tryon Edwards, *The New Dictionary of Thoughts* (New York: Standard, 1936), 713.
18. MacArthur, *Ashamed of the Gospel,* 49.
19. Wiersbe, *Real Worship*, 123.
20. Ibid., 124.

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