

Nietzsche: Master of Suspicion

Christianity: Religion of Hate?

In the last decade, it has become increasingly common to hear the accusation that Christians are hateful. In the United States, this type of comment has become the mantra of homosexual rights groups who are outraged that Christians would claim that homosexuality is a sin. With the murder of homosexual Matthew Shepherd in 1999, Christians were blamed for creating a hostile environment and provoking violence against homosexuals by claiming that homosexuality is immoral. Homosexuals often scoff at Christians who say, "Hate the sin, love the sinner," insinuating that the two cannot be separated. Consequently it has become increasingly difficult to dialogue with these individuals due to their suspicion that Christians, in spite of their expressions of love, actually *hate* homosexuals.

Of course, accusations of hatred against Christians are nothing new. This charge was leveled at the first century church as a preamble to the state sanctioned persecution that occurred off and on throughout the Roman Empire until the fourth century. But today many of those who accuse Christians of hate take their marching orders from their understanding of Friedrich Nietzsche, who called Christian priests "the truly great haters in world history . . . likewise the most ingenious haters."[\[1\]](#) Nietzsche was absolutely contemptuous of Christians and pulled no punches when it came to his polemic against them. He is infamous for his announcement of the death of God in his writings and was known to be Hitler's favorite philosopher. Consequently, Christians typically distance themselves from Nietzsche due to his hostility to the Christian worldview.

But while Nietzsche's writings are often blasphemous, this does not mean that Christians should ignore his insights. Rather than dismissing his critique, we should ask ourselves if he may have something to say to the church. Perhaps we need to be reminded that Jesus' harshest words were directed toward those who put on an impressive outward show of religiosity, but whose hearts were not right with God. We need only read Jesus' letters to the seven churches in Revelation chapters two and three to see that some of His most severe rebuke is found there, directed towards His own. Unfortunately, one major school of interpretation has determined that the seven churches represent different ages of church history, of which the first five have already transpired. This interpretation tends to distance us from the Lord's rebuke, as if evangelicals are the praised church of Philadelphia, and the lukewarm Laodiceans are the apostate church of the end-times. It is no wonder that we reject the blistering critique of someone like Nietzsche when we comfort ourselves by assuming that the "gentle" Jesus would never speak harshly to us!

Just as Jesus spoke out against those who hid behind the façade of religion, Nietzsche's critique of Christianity is based on the assertion that Christianity is not motivated by love, but rather by a hateful envy, driven by the need for power over others. And since Nietzsche is the inspiration for many today who call Christianity hateful, it would seem that listening to Nietzsche's critique is especially important. By understanding Nietzsche, we can be better equipped to respond to the accusations of hatred against Christians that have become common today. Furthermore, we may find that Nietzsche, rather than being just a cranky despiser of religion, actually has a prophetic message for contemporary Christians.

The Good, the Bad, and the Evil

Governor Jesse Ventura of Minnesota made headlines by claiming that religion is for weak-minded people who are incapable of

getting through life without some sort of crutch. The governor quickly apologized for any offense he may have caused, but his claim that religion is just a crutch for the weak is certainly not new. Karl Marx said essentially the same thing by calling religion the opiate of the masses. However, no one has been more creative than Nietzsche when it comes to a critique of Christianity. His contention is not just that Christians are weak, but that Christianity itself was the vehicle by which the weakest members of society were able to overcome the dominance of those more powerful than them. Thus the very basis of Christianity is said to be hatred for, and envy of, the rich and the powerful.

It is important to recognize that Nietzsche was a trained linguist with a deep interest in the history of words. In his book *On the Genealogy of Morals*, Nietzsche claims that the concept of *good* originally was a synonym for nobility and therefore referenced the noble aristocrats of ancient times. At the same time, those who belonged to the lower strata of society, those who were originally referred to as plain and simple, were designated as *bad*.^[2] Nietzsche's point in all this is that when we look at the original sense of the words *good* and *bad* they were descriptive of one's social status, rather than being a moral evaluation.

However, it is Nietzsche's contention that this all changed when priestly religions such as Judaism and Christianity were able to attain power in society. He suggests that not only did they transform the conceptions of good and bad to include a moral dimension, but that they went even further by creating the concept of evil as well. Out of their hatred and envy for the ruling elite, and their desire for power, the priests transformed the word *good* to refer to the poor and lowly members of society and had the audacity to refer to the rich and the powerful as evil! When we read the beatitudes in the Gospels of Matthew and Luke we see how Nietzsche indicts Christianity for this reversal. It is not the rich and the

powerful who are blessed, but the weak and the poor! Nietzsche believed that Christ's praise of the powerless was an act of subversion, an attempt by the weak to exact revenge against the elites of society for their natural superiority. As far as Nietzsche was concerned, there was no other way to account for how Christianity had become a major world religion than to suggest that Christianity created concepts such as sin and guilt to cut the rich and powerful down to size.

It was Nietzsche's suspicion that all human relationships are driven by the desire for power over others. He found Christianity to be especially insidious because, rather than admitting that it desires power over the minds of all humanity, it proclaims itself to be a religion of love. But in fact, Scripture tells us that Christ willingly became powerless so that human beings might know the power of God. Christ set aside the prerogatives of deity to become a servant; He became poor that we might become rich. Perhaps Nietzsche is correct in arguing that human relationships are often governed by the desire for power. However, it is clear that in the encounter between God and man, it is the infinite God who submits Himself to the limitations of humanity.

Sin and Guilt as Human Conventions

One of most disturbing aspects of contemporary culture is the nihilistic worldview of many of our youth. The horrible assault on Columbine High School in Littleton, Colorado in 1999 revealed how deeply alienated many young people are from society. It is apparent that Harris and Kleybold felt entirely justified in killing their classmates out of a sense of outrage at how they had been treated by the more popular students at school. Incredibly, they were convinced that their heinous act would be glorified in Hollywood and entertained themselves by asking who would portray them in the blockbuster movies that would follow their killing spree. What is especially disturbing is the question of how such sociopathic

tendencies arise in a prosperous Colorado suburb.

According to Scripture, human beings are sinners in need of redemption. All of us stand guilty before a holy God and only the shed blood of the sinless Lamb of God, Jesus Christ, can cleanse us from the power and penalty of our sin. Therefore, a guilty conscience can be a positive thing in that it enables us to respond to the gospel message. But in contemporary culture, as Senator Daniel Moynahan has stated, there has been a tendency to “define deviancy down.” Acts that were considered immoral or even criminal in the recent past have been accepted as normal, so that our threshold of what is morally acceptable continues to lower. Additionally, in our therapeutic society anything that makes a person feel better about herself is exalted, while feelings of guilt and shame are discouraged. In a certain sense, this thinking is part of the heritage of Nietzsche.

According to Nietzsche, human beings developed a sense of guilt out of the financial relationship between a creditor and a debtor.^{3} Nietzsche maintained that the similarity between the German words for *guilt* and *debt* were indications that financial obligations were the original source of a sense of obligation toward others. Of course, a debtor is obligated to his creditor, and in ancient times the debtor would pledge some form of collateral in case he were unable to repay the debt. This of course gave the creditor power over the debtor, even to the extent that he could inflict cruelty upon the debtor to extract his “pound of flesh.” According to Nietzsche, this gave rise to the idea that suffering could balance out our debts and is the basis for the biblical account of Christ’s work of the cross.^{4} The problem arose when human beings somehow internalized the original sense of financial obligation, so that what had previously been simply a matter of external punishment evolved into the guilty conscience.

Nietzsche’s contention was that a feeling of guilt is

destructive and prevents us from acting in accordance with our noble instincts. But the question is, How can human beings be noble without acknowledging their own limitations? The denial of a sense of guilt, the denial of conscience, inevitably leads to pride and the arrogant assumption that we are accountable to no one. While it would be unjust to suggest that Nietzsche encouraged acts such as the Columbine shootings, it is also clear that Nietzsche recognized that a sense of guilt leads us to conclude that we are accountable to someone else for our actions. Wanting to insure that human beings did not conclude that they were accountable to God for their actions, his only option was to conclude that the guilty conscience is a figment of our imaginations. Unfortunately, incidents such as Columbine are not.

God is Dead! Now We Can Really Live!

Who can forget the famous cover of *Time* magazine, which asked the question "Is God Dead?" Many people may have dismissed such an absurd question, as if it makes sense to say that the eternal God could pass away. But that is precisely the point. In Nietzsche, the announcement of God's death is simply to force people to acknowledge that they no longer care about God. He has been removed from His throne by the advancements of science and technology and has little to say to modern man. According to Nietzsche, God choked to death on pity.[\[5\]](#)

On the other hand, Nietzsche claims that we have killed God. It is not that these statements are contradictory, but that Nietzsche viewed "God" as a concept, not as a person. Nietzsche's *Thus Spoke Zarathustra* begins with Zarathustra setting out to deliver the startling news that God is dead, but his first words are directed to the sun. While to the casual reader this may seem absurd, this is actually a vivid reference to the philosophy of Plato. And according to Nietzsche, Christianity is nothing more than Plato's philosophy dressed up as a religion. The whole point of

Nietzsche's philosophy is to deliver us from the teachings of Christianity, which he called the "Platonism of the people." Nietzsche believed that both Plato and Christianity overemphasized the distinction between human existence and the realm of eternity; in order to effectively demolish Christianity, he felt it necessary to destroy the foundations of Plato's philosophy as well.

Plato lived in an era that was concerned about the implications of change. Because Plato denied that we can truly know anything that is changeable, he conceived of an ideal world populated by what he called "forms." The forms were eternal and unchanging models for the objects that we experience every day, and Plato's concern was with how we can come to know these forms. Part of his answer to that question was his conception of the ultimate form, the form of the Good. The form of the Good is what illumines the soul's understanding, so Plato utilized the sun as the most fitting symbol for this form. Later, some Christian theologians baptized Plato's philosophy by claiming that the forms were ideas in the mind of God, but what critics like Nietzsche find so disturbing is that both Plato and Christianity seem to place more emphasis on an afterlife than on day-to-day existence. It was his desire that we recognize the value and pleasures of this life, but to do so he completely rejected a transcendent world. The question is whether he is justified in claiming that Christianity denies the validity of this life by focusing solely on a heavenly afterlife.

While it is true that a variety of movements within Christianity, such as the monastics, have devalued earthly existence as a mere prelude to the afterlife, this is a far cry from claiming that Christianity *itself* is the religious equivalent of Plato's other-worldly philosophy. St. Augustine, who was a devoted student of Plato, claimed that Plato was a valuable tool that helped lead him to Christianity. But the one thing that he found lacking in the Platonists was the

teaching of Scripture that in Jesus Christ the Word of God became flesh. God himself has come to live amongst us! The incarnation of God in Christ means that human existence is vitally important. God himself lived as a man. Rather than devaluing life, Christ came that we might have life, and have it more abundantly.

Nietzsche the Prophet?

As we close our examination of Friedrich Nietzsche's thinking and its consequences for Christian faith we should note his conviction that terms such as *sin*, *morality*, and *God* are simply human conventions with no reality supporting them. He hoped to overcome these concepts by taking us back in history to discover how we came to these "erroneous" beliefs. According to Nietzsche, the concept of a God who rewards believers with eternal life has devalued human existence. Consequently, he attempted to devalue any belief associated with a transcendent being or an afterlife and emphasized overcoming Christian standards for morality. His ideal was the *overman*, unique individuals who were not restrained by what society conceived as right or wrong. The problem is that, when taken to its extreme, his philosophy has been utilized to justify a wide variety of crimes. In 1924, two students at the University of Chicago justified their murder of a twelve-year-old boy by quoting from Nietzsche. And of course, Hitler assumed that Nietzsche's philosophy called for world domination by Germany and the ruthless elimination of all its enemies. Many therefore assume that Nietzsche was some type of proto-Nazi.

Nietzsche would have had little sympathy for Hitler and was not an anti-Semite as some have claimed. These accusations are common, but cannot be the result of actually reading his works. What we can say is that Nietzsche attempted to replace the good news of Jesus Christ with a pseudo-gospel based on the assertion that Christianity was a fabrication that has

hindered mankind for centuries. The Bible tells us that Christ has set us free through His atoning work on the cross; Nietzsche insists that such a story is what has placed us in bondage. Like many utopians, Nietzsche denied the inherent sinfulness of the human heart and insisted that the idea of God was what had prevented mankind from reaching its highest potential. Obviously, evangelical Christianity and Nietzsche are in severe disagreement on most subjects.

Still, Nietzsche does have a message for the Christian community. Considering Nietzsche's contempt for Christianity, that would seem to rule him out as a mouthpiece for God. However, we also note that pagan kings such as Cyrus of Persia (Ezra 1:1-4) and Nebuchadnezzar (Daniel 4:34-35) were spokesman for God in particular instances. So to paraphrase John 1:46, "Can anything good come out of Nietzsche?"

Perhaps the most valuable aspect of reading Nietzsche is his emphasis on our motives. Just as Jesus accused the Pharisees for disguising their hardened hearts with outward acts of service and sacrifice, Nietzsche demonstrates keen awareness of the subtle ways we can deceive even ourselves. One of Nietzsche's favorite accusations is that Christians can speak about loving their enemies, but they have also been known to comfort themselves with thoughts of those same enemies roasting in eternal hell-fire. Perhaps then one of the reasons Christians avoid reading Nietzsche is that he can make us feel so uncomfortable. Do we give to the Church out of love for God or perhaps simply for the tax deduction? What about our service in the church? Are we motivated by the applause of man, or by our love for God? The Christian cannot read Nietzsche without feeling challenged on these questions. Rather than simply dismissing his radical critique of Christianity, the church would be well-served to understand how Nietzsche has influenced modern culture, and in turn to reflect on how we can demonstrate the love of God to a dying world.

Notes

1. Friedrich Nietzsche, *Genealogy of Morals* trans. Walter Kaufmann (Vintage Books: New York, 1967), 33.
2. Friedrich Nietzsche, *On the Genealogy of Morals*, trans. Walter Kaufmann and R. J. Hollingdale (New York: Vintage Books, 1967), 27-28.
3. Dostoevsky, *The Brothers Karamazov*, 62.
4. Ibid., 65.
5. Friedrich Nietzsche, "Thus Spoke Zarathustra" in *The Portable Nietzsche*, ed. by Walter Kaufmann (New York: Penguin Books, 1954).

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The Littleton Shootings: Looking for the "Why"

Amidst the discussion of the gruesome details of the Columbine High School shootings, the question of "why?" inevitably comes up. People have talked about the killers' identification with the Trench Coat Mafia, with Nazi values, with an obsession with violence in music and entertainment. They point to the boys' experience with violent video games, the easy access to guns, and parents who were distant enough to not notice teenage boys building bombs in their garage.

But all of these things, contributing to the total picture that produced the worst school shooting in American history, are all components of the "how."

People who have studied shame^{[\[1\]](#)} think they understand a big part of the "why."

Shame isn't talked about very much, because, well, it's shameful. We don't discuss it, but we all experience it. Shame is the feeling that I am defective, unacceptable, unworthy. Guilt, someone has said, is the awareness that I did something bad; shame is the horrible feeling that I *am* bad. We fear that at our core, something has gone terribly, terribly wrong, and that wrong is me. And we fear being exposed, that others will find out our dirty little secret—that I am a deficient, damaged human being.

Everyone carries around shame baggage, starting with Adam immediately after the Fall. And since we are all burdened by this invisible coating of "shame slime," we are vulnerable to the further shaming messages that others send us or which we perceive. Shame slime is sticky, and shame messages stick.

When asked how others related to Eric Harris and Dylan Klebold, students at Columbine High School report that most kids didn't pay any attention to them, and some kids made fun of them. Both of these are perceived as shaming messages: "You're so worthless you're invisible," and "You're so worthless and weird that you deserve to be ridiculed."

What makes high school seniors go on a killing rampage? There is a strong link between unbearable shame and rage. Those who fly into violent rages do so because they fear they can't take any additional shame. Something happens one otherwise normal day when the painfully tolerable becomes the unbearable, and the person carrying such awful shame crosses a line. A switch is tripped. Some people act on their rage immediately, pulling out guns or knives or fists, or screaming hurtful words. Other people, apparently Eric Harris and Dylan Klebold among them, channel their rage into a plan for later revenge.

This is where another dimension comes into play, I suggest: spiritual warfare. It took Eric and Dylan a good amount of time to prepare for April 20. As a result of their decision to do something so horrendously evil, they were especially

vulnerable to the lies of the Enemy. Those lies fueled them: "They're not going to get away with this." "They deserve to die." "I'm justified in meting out revenge for the way they treated me." "This is a good thing to do." "Suicide is the only way to finish this off." "This will solve everything." Two kids planned, and demons cackled.

But when rage is expressed, it changes things. People who fly into rages end up with greater rejection and more shame, the very thing they couldn't bear in the first place. So it makes sense that these two bright young men would decide that they couldn't—and wouldn't—handle the consequences of their hurtful, unrecoverable decision to hurl pain and violence at the school, and they planned to take their own lives during the rampage. CNN reported that one of them left a note saying, "This is the way we planned to go out."

There is a significant difference between the Jonesboro junior-high killers, and these high school seniors in Littleton. Children are still mainly shaped by their family. 17- and 18-year-olds, on the other hand, have spent several years traveling through the stage of adolescence where their family no longer has as much impact on them as their peers. What other students think about a person is more important, and more powerful, than what his family thinks. This is a normal part of growing up and getting ready to be an adult, but it makes young people exceptionally vulnerable to those who often don't understand the power they wield. And sometimes, unfortunately, the popular and accepted kids very much do understand their power, and they use it as a weapon against those who don't fit the mold by ridiculing and ostracizing them.

Perhaps this is what happened in Colorado.

Students who appeared on ABC's *Nightline* the night of the shooting reported that the two boys strode into the school, shouting "Now you're gonna pay for what you did to us!" They

were especially interested in targeting jocks, who were evidently the source of at least some of the ridicule and put-downs. Earlier this year, the two boys are reported to have made a video for a school project, which featured the two of them in trench coats with guns, mowing down jocks in the halls.

The diary of one of the killers was found, giving insight into the reasons behind their desire for revenge.

We want to be different, we want to be strange and we don't want jocks or other people putting (us) down....We're going to punish you.[{2}](#)

Shame is everywhere in this awful tragedy. Why would students make fun of other students in the first place? Their own shame. Putting down others is a time-honored and unfortunately effective way of battling one's own sense of inadequacy and incompetence: "I'll step on you to make myself higher." People who accept themselves, who are content with who they are, usually don't feel any need to bash others. Unfortunately, the teenage need to feel the approval of one's peers can inspire people who ordinarily wouldn't insult or degrade others to do so simply to look good in their friends' eyes.

There is no question that the ultimate responsibility for this tragedy lies squarely at the feet of the two students who chose to inflict pain and suffering on others. They made a conscious decision to choose an evil and hurtful path. Still, that choice was not made in a vacuum and without provocation. In order to understand the bigger picture, we need to look beyond the two boys whose own shame cost them their own lives and the lives of at least 13 others, not to mention the wounds of other students and the damage to the building. What students do and say to each other is immensely important. Our personal power to hurt and to build must never be underestimated. "Sticks and stones may break my bones, but

names will never hurt me” is one of the most grievous lies ever told. Bones heal; insults maim the soul for a long, long time.

It’s helpful to ask ourselves, What if we could rewrite history? What could we have done to change things, so it never got to this point? What can we learn from this tragedy that can prevent it from happening somewhere else?

The antidote for shame is love and grace. Those who feel loved and accepted, validated for their differences instead of ostracized for not fitting in, don’t have to be crippled or controlled by shame. It is the privilege of those who know God to be able to communicate the truth about how He has created people in His image, as beautiful, worthy, and acceptable because of what Christ did for us on the Cross. That’s the grace part. We need to tell each other the truth, in love, just as the Bible commands us. We need to reach out and touch people to communicate “You’re valuable. You matter. I’m glad God made you.”

Regrettably, those were messages that Eric and Dylan apparently didn’t get.

Notes

1. Donald L. Nathanson, *Shame and Pride* (New York: W.W. Norton &Co.), 1992.
2. <http://www.freep.com/news/nw/qshoot25.htm>

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