

Are We Alone in the Universe?

A Biblical View of Aliens

Dr. Ray Bohlin provides a Christian view on the probability and meaning of life on other planets. From a biblical perspective, what would it mean to find evidence of life beyond this earth?



This article is also available in [Spanish](#).

Life on Mars?

There was great excitement in the media when a group of scientists from NASA announced they had found evidence of life on Mars. Their evidence, an alleged Martian meteorite, was vaulted to center stage, and everyone from CNN to *Nightline* ran special programs with interviews and video footage of the scientists and their prized specimen. President Clinton was so excited by the announcement that he praised the U.S. space program and took the opportunity to establish a bipartisan space summit headed up by Vice President Al Gore to study the future of U.S. space research. Aren't we already doing that?

Anyway, clearly this announcement took the country by storm. Some of the scientists were embarrassingly gushing about how significant these findings were. The media frenzy was prompted by the early release of an article from the journal *Science*, the premier scientific journal in the U.S. The article was due out the following week, but *Science* decided to release it early because it had leaked out.

Here's what the excitement was about. A group of scientists had studied a meteorite that had been found in the ice of Antarctica. Previously, it had been determined that this meteorite had originated on Mars by studying the gaseous content of glass-like components of the meteor. The gas

composition matched very well the atmosphere of Mars. This conclusion seems reasonable.

So, they presumed they had a meteor from Mars. Next they looked for evidence of life on and in the crevices of the meteor. They found two types of molecules that can form as a result of life processes, carbonates and complex molecules called polycyclic aromatic hydrocarbons or PAHs. They also found shapes in the rock that resembled those of known microfossils on Earth. Microfossils are fossils of one-celled organisms which are rather tricky to interpret.

Well, what does this mean? Obviously, the NASA scientists felt the things just mentioned provided ample evidence to conclude that life once existed on Mars. However, the chemical signs could all be due to processes that have nothing to do with life, and the supposed microfossils are 100 times smaller than any such fossil found on Earth. Other groups that studied this same meteorite concluded that either the temperature of formation of the chemicals was far too high to allow life (over 700 degrees C) or that other chemical signals for life were absent. John Kerridge, a planetary scientist from the University of California at San Diego, said, "The conclusion is at best premature and more probably wrong." But listen to the concluding statement in the paper in *Science*:

Although there are alternative explanations for each of these phenomena taken individually, when they are considered collectively, particularly in view of their spatial association, we conclude that they are evidence for primitive life on Mars.[{1}](#)

In plain English, there are reasonable non-life explanations for each of the evidences presented, but we just think that they mean there is life on Mars. The evidence *is* very equivocal and was challenged by many other scientists, but the media did not report that as fully. But maybe they are right!

In fact, there is one simple explanation that is consistently ignored by media and scientists alike. If there really is, or has been, life on Mars, what could that possibly mean for evolution, and more importantly, does it somehow refute creation? We'll look at that next.

What Would Life on Mars Mean?

Because of the recent announcement of signs of life on Mars, many people were encouraged in their belief that we are not alone in the universe. These signs are far from certain and probably wrong, but if it's true, what would these results mean to evolutionists? Moreover, is there any reason for Christians to fear confirmation of life on Mars?

Let us assume, then, for the moment that the evidence from this Martian meteorite is legitimate evidence for life on Mars—life that at some point in the past actually existed on Mars. What would it mean?

For evolutionists the evidence is perceived as confirmation that life actually arises from non-life by purely chemical processes. In addition, evolutionists draw the conclusion that life must be able to evolve very easily since it did so on two adjacent planets in the same solar system. Therefore, even though origin of life research is actually at a standstill, such a discovery seemingly confirms the notion that *some* chemical evolution scenario *must work*. I will address this assumption later.

On the other hand, some have stated that if there is life on Mars, creationism has been dealt a death blow. They rationalize that since (1) we now know that life can evolve just about anywhere, and (2) the Bible never speaks of life anywhere but on Earth, the Bible is, therefore, unreliable. Besides, they reason, why would God create life on a planet with no humans? However, since the Bible is absolutely silent on the subject of extra-terrestrial life, we can make no

predictions about its possibility. God is certainly free to create life on planets other than Earth if He chooses.

Getting back to the evolutionists' glee at the possibility of life evolving on other planets, the real question is whether this is the proper conclusion if life is indeed found on Mars? The simple answer, inexplicably avoided by the media, is NO! The simplest answer to the possible discovery of life on Mars is that the so-called "Martian life" actually came from Earth!

Think about it this way. The meteorite that was found is supposed to have existed on Mars previously. How did it get to Earth? Well, it is hypothesized that a large meteorite crashed into Mars throwing up lots of debris into space, some of which finds its way to Earth and at least a few of which are found by Earthlings. If you are thinking with me, you now realize that the same scenario could have been played out on Earth.

Evolutionists suggest that the Earth was under heavy meteor bombardment until at least 3.8 billion years ago—about the time they say life appeared on Earth. Christian astronomer Hugh Ross states it this way:

Meteorites large enough to make a crater greater than 60 miles across will cause Earth rocks to escape Earth's gravity. Out of 1,000 such rocks ejected, 291 strike Venus, 20 go to Mercury, 17 hit Mars, 14 make it to Jupiter, and 1 goes all the way to Saturn. Traveling the distance with these rocks will be many varieties of Earth life.[{2}](#)

Ross also documents that many forms of microscopic life are quite capable of surviving such a journey. All this is quite well known in the scientific community, but I have not seen it mentioned once in any public discussion. I believe the reason is that the possibility of life having evolved on Mars is too juicy to pass up.

The Improbability of Life Elsewhere in the Universe

I would like to address the amazing optimism of so many that the universe is teeming with life. No doubt this is fueled by the tremendous success of such science fiction works as *Star Wars* and *Star Trek* which eloquently present the reasonableness of a universe pregnant with intelligent life forms.

Inherent within this optimism is the evolutionary assumption that if life evolved here, certainly we should not arrogantly suppose that life could not have evolved elsewhere in the universe. And if life in general exists in the universe, then, of course, there must be intelligent life out there as well.

This is the basic assumption of the SETI program, the Search for Extra-Terrestrial Intelligence. This is the program, now privately funded instead of federally funded, that searches space for radio waves emanating from another planet that would indicate the presence of intelligent life. But is such a hope realistic? Is there a justifiable reason for suspecting that planets suitable to life exist elsewhere in the universe?

Over the last two decades scientists have begun tabulating many characteristics of our universe, galaxy, solar system, and planet that appear to have been finely-tuned for life to exist. Christian astronomer and apologist, Dr. Hugh Ross documents all these characteristics in his book *Creator and the Cosmos*, [\[3\]](#) and is constantly updating them. In the book's third edition (2001), Ross documents 35 characteristics of the universe and 66 characteristics of our galaxy, solar system, and planet that are finely-tuned for life to exist.

Some examples include the size, temperature, and brightness of our sun, the size, chemical composition, and stable orbit of Earth. The fact that we have one moon and not none or two or three. The distance of the Earth from the sun, the tilt of the earth's axis, the speed of the earth's rotation, the time it

takes Earth to orbit the sun. If any of these factors were different by even a few percent, the ability of Earth to sustain life would be severely compromised. Recently it has been noted that even the presence of Jupiter and Saturn serve to stabilize the orbit of Earth. Without these two large planets present exactly where they are, the Earth would be knocked out of its present near circular orbit into an elliptical one causing higher temperature differences between seasons and subjecting Earth to greater meteor interference. Neither condition is hospitable to the continuing presence of life.

Ross has further calculated the probabilities of all these factors coming together by natural processes alone to be 1×10^{-166} ; that's a decimal point followed by 165 zeroes and then a one. A very liberal estimate of how many planets there may be, though we have only documented less than 100, is 10^{22} or 10 billion trillion planets, one for every star in the universe. Combining these two probabilities tells us that there are 10^{-144} planets in the entire universe that could support life. Obviously this is far less than one; therefore, by natural processes alone, we shouldn't even be here—let alone some kind of alien life form.

So unless God created life elsewhere, we are alone, and for the materialistic evolutionist, this is a frightening thought.

Problems with Chemical Evolution on Earth

The statistics given above mean that we are really alone in the universe and that there is no hope of finding intelligent civilizations as in the television program *Star Trek*. While it means there is no one out there to threaten our survival, there is also no one out there to save us from our own mistakes.

This observation highlights why I believe the scientific

community and the media became so excited about the possibilities of life on Mars. Efforts to determine how life could have evolved from non-living matter have been so fraught with problems that it makes the possibility of life elsewhere extremely remote. But if it could be proved that life evolved elsewhere, then it would demonstrate that life springs up rather easily, and we just haven't found the right trick here on Earth to prove it. But this just leapfrogs the problem.

But is the evolution of life from non-living chemicals really that impossible? The difficulties fall into three categories, the Chemical Problem, the Thermodynamic Problem, and the Informational Problem. These issues are presented comprehensively in a book by Thaxton, Bradley, and Olsen titled *The Mystery of Life's Origin*[\[4\]](#) and in a chapter in the edited volume by J. P. Moreland, *The Creation Hypothesis*.[\[5\]](#)

Chemical Problems are illustrated by the difficulty in synthesizing even the simplest building block molecules necessary for life from inorganic precursors. Amino acids, sugars, and the bases for the important nucleotide molecules that make up DNA and RNA were all thought to be easily synthesized in an early Earth atmosphere of ammonia, methane, water vapor, and hydrogen. But further experiments showed this scenario to be unrealistic. Ammonia and methane would have been short-lived in this atmosphere; the multiple energy sources available would have destroyed the necessary molecules and water would have broken apart into hydrogen and oxygen. The oxygen was scrupulously avoided in all prebiotic scenarios because it would have poisoned all the necessary reactions.

Thermodynamic Problems arise from the difficulty in assembling all these complex molecules that would have been floating around in some prebiotic soup into a highly organized and complex cell. To accomplish the task of achieving specified complexity in life's molecules such as DNA and proteins, the availability of raw energy for millions of years is not enough. All systems where specified complexity is produced

from simple components requires an energy conversion mechanism to channel the energy in the right direction to accomplish the necessary work. Without photosynthesis, there is no such mechanism in the prebiotic Earth.

The Informational Problem shows that there is no way to account for the origin of the genetic code, which is a language, without intelligent input. Informational codes require intelligent preprogramming. No evolutionary mechanism can accomplish this. Life requires intelligence.

So you can see why evolutionists would get excited about the possibility of finding evolved life elsewhere. It's because life is seemingly impossible to evolve here. So, if it did happen elsewhere, maybe our experiments are just missing something.

Independence Day, The Movie

In the movie *Independence Day*, an alien battle force swoops down on Earth with the intention of destroying the human race, sucking the planet dry of all available resources and then moving on to some other unlucky civilization in the galaxy. But, those indomitable humans aided by good old American ingenuity outsmart those dull-witted aliens and Earth is saved. The story has been told many times, but perhaps never as well or never with such great special effects. The movie was a huge success.

But why are we continually fascinated by the possibility of alien cultures? The movie gave the clear impression that there must be great numbers of intelligent civilizations out there in the universe. This notion has become widely accepted in our culture.

Few recognize that the supposed existence of alien civilizations is based on evolutionary assumptions. The science fiction of *Star Trek* and the *Star Wars* begins with

evolution. As I've stated earlier, evolutionists simply rationalize that since life evolved here with no outside interference, the universe must be pregnant with life. Astronomer Carl Sagan put it this way after he had reviewed the so-called success of early Earth chemical evolution experiments:

Nothing in such experiments is unique to the earth. The initial gases, and the energy sources, are common throughout the Cosmos. Chemical reactions like those in our laboratory vessels may be responsible for the organic matter in interstellar space and the amino acids found in meteorites. Some similar chemistry must have occurred on a billion other worlds in the Milky Way Galaxy. The molecules of life fill the Cosmos.[{6}](#)

Sagan strongly suggests that the probabilities and chemistry of the universe dictate that life is ubiquitous in the galaxy. But as I stated earlier, the odds overwhelmingly dictate that our planet is the only one suitable for life in the universe. And the chemistry on Earth also indicates that life is extremely hard to come by. The probability of life simply based on chance occurrences is admitted by many evolutionists to be remote indeed. Many are now suggesting that life is inevitable because there are yet undiscovered laws of nature that automatically lead to complex life forms. In other words, the deck of cards is fixed. Listen to Nobel Laureate and biochemist, Christian de Duve:

We are being dealt thirteen spades not once but thousands of times in succession! This is utterly impossible, unless the deck is doctored. What this doctoring implies with respect to the assembly of the first cell is that most of the steps involved must have had a very high likelihood of taking place under the prevailing conditions. Make them even moderately improbable and the process must abort, however many times it is initiated, because of the very number of successive steps

involved. In other words, contrary to Monod's affirmation, the universe was—and presumably still is—pregnant with life.[\[7\]](#)

The only problem with de Duve's suggestion is that we know of no natural processes that will lead automatically to the complexity of life. Everything we know of life leads to the opposite conclusion. Life is not a product of chance or necessity. Life is a product of intelligence.

Without Divine interference we are alone in the universe and without Christ we are—and should be—terrified. The gospel is as relevant as ever.

Notes

1. *Science*, 16 August 1996, 273:924-30.
2. *Creator and the Cosmos*, NavPress, 2001, p. 210.
3. *Ibid.*, pp. 145-199.
4. Lewis and Stanley, 1984.
5. InterVarsity Press, 1994, pp. 173-210.
6. *Cosmos*, Random House, 1980, p. 40.
7. *Vital Dust*, Basic Books, 1995, p. 9.

© 2002 Probe Ministries

Men Are From Mars, Women Are From Venus

How Men and Women Differ

[Sue] Counselor John Gray made a ton of money—and found a ton

of grateful fans—in writing his best-selling book *Men Are From Mars, Women Are From Venus*[\[1\]](#). This book explored the intrinsic differences between men and women in a way that has helped millions of people understand why relationships between the two sexes can be so frustrating!

[Ray] In this essay we'll be examining some of the insights from this book, then looking at what the Bible says about how God wants men and women to relate to each other. It's no surprise that since God created us to be different, He knew all about those differences thousands of years ago when He gave very specific instructions for each gender!

[Sue] The whimsical premise of *Men Are From Mars* is that many years ago, all men lived on Mars, and all women lived on Venus. Once they got together, they respected and enjoyed their differences—until one day when everybody woke up completely forgetting that they had once come from different planets. And ever since, men mistakenly expect women to think and communicate and react the way men do, and women expect men to think and communicate and react the way women do. These unrealistic expectations cause frustration. But when we understand the God-given differences between male and female, we have more realistic expectations of the other sex, and our frustration level drops.

[Ray] Speaking of which, we do realize that it can be very frustrating for some people when gender differences are painted in such broad strokes, since there's such a large spectrum of what women are like and what men are like. Both men and women come in different shapes and sizes but by and large, we feel that most will identify with these characteristics.

[Sue] With that said, let's look at some of the differences between men and women.

[Ray] Men get our sense of self from achievement. We tend to

be task-oriented, and being self-reliant is very important to us. You put those two together, and you get people who hate to ask for directions or for help. I'll wander in a store for 15 minutes trying to find something on my own because accomplishing the task of getting a certain item isn't going to be satisfying unless I can do it on my own. For us, asking for help is an admission of failure; we see it as a weakness.

[Sue] Women get our sense of self from relationships. Where men are task-oriented, we are relational-oriented. Our connections to other people are the most important thing to us. Instead of prizing self-reliance, we tend to be interdependent, enjoying the connectedness to other people, especially other women. For us, both asking for help and offering it is a compliment; we're saying, "Let me build a bridge between us. I value you, and it'll bind us."

[Ray] Men usually focus on a goal. We want to get to the bottom line, to the end of something.

[Sue] But women tend to enjoy the process. Not that reaching a goal isn't important, but we like getting there too. That's why driving vacations are so very different for men and women; the guys want to get to their destinations and beat their best time with the fewest stops, and we sort of treasure the time to talk and look and maybe stop at the outlet malls along the way!

Gender Differences, Continued

[Sue] We believe these admittedly broad-brushed differences are rooted in God-created traits. In fact, some Christian authors like Gary Smalley and Stu Weber have addressed them in their books as well.[{2}](#) Ray, why don't you continue with the next point about men—something that's bound to be real surprising?

[Ray] Well, yes, men are competitive. Big shock, huh? Whether

we're on the basketball court or on the highway, we just naturally want to win, to be out front. Many of us are driven to prove ourselves, to prove that we're competent, and it comes out in a competitive spirit.

[Sue] And it's not that girls aren't competitive, because of course we are; it's just that we tend to be more cooperative than competitive. When girls are playing and one gets hurt, the game will often stop and even be forgotten while everyone gathers around and comforts the one who went down. It's that relational part of us coming out.

[Ray] Men are often more logical and analytical than women.

[Sue] And we tend to be more intuitive than men. This isn't some sort of mystic claim; there was a study at Stanford University that discovered women catch subliminal messages faster and more accurately than men.[\[3\]](#) Voila—intuition.

[Ray] This difference is evident in brain activity. Men's brains tend to show activity in one hemisphere at a time . . .

[Sue] . . .Where women's brains will show the two hemispheres communicating with each other, back and forth, constantly. That means that often, men and women can arrive at the exact same conclusion, using completely different means to get there. Our thinking has been accused of being convoluted, but it works!

[Ray] Men are linear. We can usually focus on just one thing at a time. That's why you've learned not to try to talk to me while I'm reading the paper. I really struggle to read and listen at the same time.

[Sue] Yes, I've learned to get your attention and ask if I can talk to you so it'll be an actual conversation and not a monologue! God made us women to be multi-taskers, able to juggle many things at once. It's a requirement for mothering, I've discovered. Many times I'd be cooking dinner and helping

the kids with homework and answering the phone and keeping an ear on the radio, all at the same time.

[Ray] Men tend to be compartmentalized, like a chest of drawers: work in one drawer, relationships in another drawer, sports in a third drawer, and so on. All the various parts of our lives can be split off from each other.

[Sue] Whereas women are more like a ball of yarn where everything's connected to everything else. That's why a woman can't get romantic when there's some unresolved anger or frustration with her husband, and he doesn't see what the two things have to do with each other.

[Ray] One more; men are action-oriented. When we feel hostile, our first instinct is to release it physically. And when we're upset, the way for us to feel better is to actively solve the problem.

[Sue] Women are verbal. (Another big surprise, huh?) Our hostility is released with words rather than fists. And when we're upset, the way for us to feel better is by talking about our problem with other people.

More Gender Differences

[Ray] When men are under stress, we generally distract ourselves with various activities to relax. That's why you see so many men head for the nearest basketball hoop or bury themselves in the paper or TV. But there's another aspect of the way we handle severe stress that can be particularly frustrating to women who don't understand the way we are: a man withdraws into his "cave." We need to be apart from everybody else while we figure out our problems alone. Remember, a man is very self-reliant and competitive, and to ask for help is weakness, so he will first want to solve the problem by himself.

[Sue] We women handle stress in the exact opposite way, which

of course is going to pose major problems until we understand this difference! When we're stressed, we get more involved with other people. We want to talk about what's upsetting us, because we process information and feelings by putting them into words. But merely talking is only half of it; we talk in order to be heard and understood. Having a good listener on the other end is extremely important. No wonder there is such misunderstanding when people are under stress: as a friend of ours put it, "Men head for their cave, and women head for the back door!"

[Ray] John Gray gave some great advice when he said that when a man's going into his cave, he can give powerful assurance to the woman in his life by telling her, "I'll be back."

[Sue] Works for me! What's next?

[Ray] A man's primary need is for respect. There are a lot of elements involved in respect, which he needs both from his peers and from the significant women in his life: trust, acceptance, appreciation, admiration, approval, and encouragement. A man needs to know he's respected. He also needs to be needed. That's why it's so devastating to a man when he loses his job. He gets his sense of self from achievement, and he needs to be needed, so when the means to achieve and provide for his family is taken away, it's emotionally catastrophic.

[Sue] It's good for us women to know that, so we can be grace-givers in a time of awful trauma. I think that just as a man is devastated by the loss of his job, a woman is devastated by the loss of a close relationship; both losses reflect the God-given differences between us. Just as a man needs to be respected, we primarily need to be cherished. Cherishing means giving tender care, understanding, respect, devotion, validation, and reassurance. We need to know others think we're special. And just as a man needs to be needed, we need to be protected. That's why security is so important to us. A

man needs to be able to provide, and a woman needs to feel provided for.

[Ray] One final difference. For men, words are simply for conveying facts and information.

[Sue] But for women, words mean much more. Not just to convey information, but to explore and discover our thoughts and feelings, to help us feel better when we're upset, and it's the only way we have to create intimacy. To a woman, words are like breathing!

Women's Needs and Issues

[Ray] We have been examining how God created men and women to be different. So it's not surprising to find how many of our uniquenesses and needs are addressed by God's commands and precepts in the Bible.

[Sue] In this section we'll consider women's needs and issues, and look at how God's commands fit perfectly with the observations we've made. In the next section, we'll look at men's needs.

As I said above, our primary need as women is to be cherished—to be shown TLC, understanding, respect, devotion, validation, and reassurance.

[Ray] And in Ephesians 5:25, we read God's command that addresses this need: "Husbands, love your wives, just as Christ also loved the church and gave Himself up for her." When we think about the way Christ loves the church, we see a sacrificial love, a tender love, and a love that is committed to acting in the church's best interests at our Savior's own expense. God doesn't just want men to love their wives like they love sports—He wants us to love our wives in a way that makes them feel cherished and very special. He wants us to love our wives with a sacrificial love that puts her needs and desires above our own.

1 Peter 3:7 gives further instruction along this line: "You husbands likewise, live with your wives in an understanding way." The Greek literally reads, "Dwell with them according to knowledge." The only way to live with your wife in an understanding way is to seek to know her. And when a husband listens and responds to what his wife shares—remembering that women are created to be verbal—she will feel cherished and understood and loved.

The last part of 1 Peter 3:7 continues, "live with your wives in an understanding way, as with a weaker vessel, since she is a woman." This isn't a slam on women. When we read this verse, we ought to think along the lines of a fine china cup. It's definitely weaker than a tin cup, but that's because it's so fragile, delicate, and far more valuable. When we serve dinner on our china, we're very careful in handling it, and extremely protective of washing and drying it. We treat our china with tenderness and gentleness because of its fragility and value. That's how we cherish it. And that's how a man is to treat his wife—not roughly or carelessly, but with tenderness and gentleness, because God made women to be treated with special care.

[Sue] The flip side of needing to be cherished is our need for security. We need to be protected and provided for. Even when a wife works, she wants to know that her husband is the main provider, or at least truly wants to be and is working to that end. The burden of being forced to provide for our families is bigger than we should have to bear.

[Ray] God created that need for security within women. That's why He puts such a high value on the provisional aspect of a man's character. 1 Timothy 5:8 says, "If anyone does not provide for his relatives, and especially for his immediate family, he has denied the faith and is worse than an unbeliever." God wants us men to be diligent workers and providers. He created us to bear the burden of providing; women are to be protected from that burden whenever possible.

Men's Needs and Issues

[Ray] Men's primary need is for respect and support—to receive trust, acceptance, appreciation, admiration, approval and encouragement.

[Sue] I think God intends for wives to meet that need by submitting to our husbands, as we are commanded to do in Ephesians 5:22 and 1 Peter 3:1. Submission doesn't mean giving in or being an overworked doormat; it's a gift of our will. It means submitting to God first, then demonstrating that submission by choosing to serve and respect and be our husband's Number One supporter. Even when a man is more of a jerk than a Superman, he needs the respect of his wife, even if she has to ask the Lord for His perspective on what areas of his life are worthy of respect!

It's interesting to me that in Ephesians 5, at the beginning of the passage on marriage, Paul exhorts women to submit to their husbands as unto the Lord, and then closes this section by saying, "And let the wife see to it that she respect her husband." (v. 33) Submission and respect aren't the same thing, but they're both necessary to meet a man's God-given needs. In the middle of this "marriage sandwich," so to speak, is the awesome command to men to love their wives sacrificially and tenderly, as Christ loves the church. What I see is that submission and respect is a natural response to that kind of love.

[Ray] Another aspect of men's constitution is that we're action-oriented, whereas women are verbal.

[Sue] Yes, and that's why I'm very intrigued by the wisdom of Peter's admonishment to women, where he says,

You wives, be submissive to your own husbands so that even if any of them are disobedient to the word, they may be won without a word by the behavior of their wives, as they

observe your chaste and respectful behavior. (1 Peter 3:1-2)

To men, words are cheap—and if they're coming from a woman, all too plentiful! What impresses a man is what a person does, not what they say. So here the Holy Spirit inspired Peter to basically tell us to shut up and live holy lives, which is the only language that's going to have a true impact on a man.

[Ray] Another characteristic of men is that we tend to be self-oriented, as opposed to women who are more relational.

[Sue] It's interesting to me that Paul exhorts men to love their wives as they love themselves and their own bodies (Ephesians 5:28,33). And he does this without condemning them for that self-orientation; he just uses it as a point of reference to demonstrate how powerfully men are to love their wives. From what I've observed at the health club about the way some men love their bodies, God wants men to indulge their wives with some major pampering!

[Ray] One last comment. While men and women may be constitutionally different by design, we do share one important and serious flaw: our sin nature. Both genders are prideful and selfish. And that is one reason we find commands to both men and women to serve the other sex. But in the midst of our service, we can certainly enjoy the differences God planted!

Notes

1. Gray, John. *Men Are From Mars, Women Are From Venus*. New York: HarperCollins Publishers, 1992.
2. Smalley, Gary. *Hidden Keys to a Loving Lasting Marriage*. Grand Rapids: Zondervan Publishing, 1984. Weber, Stu. *Tender Warrior*. Sisters, Ore.: Multnomah Books, 1993.
3. Smalley, *Hidden Keys*, p. 17.

