

# Four Killer Questions: Power Tools for Great Question-Asking

Sue Bohlin



*Sue Bohlin provides helpful information for use in helping sharpen the question-asking skills of fellow believers as well as in evangelism. These “understanding questions” help Christians sharpen their biblical worldview and help unbelievers delve into the inconsistencies of their own worldview.*

Dr. Jeff Myers of Bryan College and Summit Ministries shares our passion for helping others develop a biblical worldview. One of the tools he offers in developing critical thinking skills is how to use the right question at the right time.



He suggests four “killer questions” to help anyone think critically.<sup>{1}</sup> The first question is, *What do you mean by that?* In other words, define your terms. The second question is, *Where do you get your information?* The third is, *How do you know that’s true?*, and the fourth killer question is, *What if you’re wrong?*

Dr. Myers tells this story:

“A friend took a group of third graders to the Denver Museum of Natural History.

“Before he took them inside, he knelt down on their level and said, ‘Kids, if anybody in this museum tells you anything, I want you to ask them, *how do you*

*know that's true?*' Giving this question to a third grader is the intellectual equivalent of giving them a surface-to-air missile. These kids walked into the museum; all they knew was, Ask: *How do you know that's true?*

"A paleontologist was going to show them how to find a fossil. Apparently they had intentionally buried a fossil down in the soil sample and she said, 'We're going to find it.' Very clever, right? No, not with this crowd. 'Cause they started asking questions like, 'Well, how do you know there's a fossil down in there?' 'Well, because we just know there's a fossil down there.' 'Why do you want to find it?' 'Well, because we want to study it.' 'Why do you want to study it?' 'We want to find out how old it is.' Well, how old do you think it is?' 'About 60 million years old.'

"Lady, how do you know that is true?"

"She patronized them. She said, 'Well, you see, I'm a scientist, I study these things, I just know that.' They said, 'Well, how do you know that's true?' Anytime she said anything at all they just asked, 'How do you know that's true?' What happened next proves that truth is stranger than fiction. She threw down her tools, glared at these children, and said, 'Look, children, *I don't know, OK?* I just work here!'" [\[2\]](#)

## **Question #1: What do you mean by that?**

The first question is, *What do you mean by that?* You want to get the other person to define his terms and explain what he is saying. If you don't make sure you understand what the other person means, you could end up having a conversation using the same words but meaning very different things.

When I was a new believer, I was approached on the street by some people collecting money for a ministry to young people. I asked, naively, "Do you teach about Jesus?" They said, rather tentatively, "Yesss. . . ." I gave them some money and asked for their literature (which was in the reverse order of what I should

have done). Only later did I learn that they did indeed teach about Jesus—that He was the brother of Satan! I wish I had had this first killer question back then. I would have asked, “What do you teach about Jesus? Who is He to you?”

Get the other person’s definition. Let’s say you’re talking to a neighbor who says, “I don’t believe there is a God.” Don’t quarrel with him: “Oh yes there is!” “No, there’s not.” Second Timothy 2:24-25 says not to quarrel with anyone. Just start asking questions instead. “What do you mean by ‘God’? What’s your understanding of this God who isn’t there?” Let him define that which does not exist! You may well find out that the god he rejects is a mean, cold, abusive god who looks a lot like his father. In that case, you can assure him that you don’t believe in that god either. The true God is altogether different. If it were me, at this point I wouldn’t pursue the existence of God argument, but rather try to understand where the other person is coming from, showing the compassion and grace of God to someone bearing painful scars on his soul.

Let’s say someone says she is for a woman’s right to choose abortion. You can ask, “What do you mean by ‘woman’? Only adult women? What if the baby is a girl, what about her right to choose? What do you mean by ‘right’? Where does that right come from?” Do you see how asking *What do you mean by that?* can expose problems in the other person’s perspective?

## **Question #2: Where do you get your information?**

The question *Where do you get your information?* is particularly important in today’s culture, where we drown in information from a huge array of sources. Information is being pumped at us from TV, radio, music, Websites, email, blogs, billboards, movies, and conversations with people who have no truth filters in place at all. Consider the kind of responses you could get to the question, *Where do you get your information?*

“I heard it somewhere.” Well, how’s that for reliable? Follow with another killer

question, *How do you know it's true?*

"Everybody says so." That may be so, but is it true? If you say something loud enough, often enough, and long enough, people will believe it's true even if it isn't. For example, "everybody says" people are born gay. Doesn't everybody know that by now? That's what we hear, every day, but where is the science to back up that assertion? Turns out, there is none. Not a shred of proof that there is a gay gene.

Someone else may say, "I read it somewhere." So ask, in a legitimate newspaper or magazine? Or in a tabloid? Elvis is not alive, and you can't lose twenty-five pounds in a week. You might have read it somewhere, but there is a word for that kind of writing: *fiction*.

Did you see it on the internet? That could be a single individual with great graphics abilities pumping out his own totally made-up stuff. Or it could be a trustworthy, legitimate website like Probe.org.

Did you see it on TV? Who said it, and how trustworthy is the source? Was it fact, or opinion? Be aware of the worldview agenda behind the major media outlets. Former CBS reporter Bernard Goldberg exposed the leftist leanings of the media in his book *Bias: A CBS Insider Exposes How the Media Distort the News*. Most of what you see on TV is what the Bible calls "the world," and we are to be discerning and skeptical of the values and information it pumps out.

Don't be fooled by someone sounding confident and self-assured. Many people feel confident without any basis for feeling that way. Ask, *Where do you get your information?* It's a great killer question.

### **Question #3: How do you know that's true?**

The third killer question is, *How do you know that's true?* This is probably the most powerful question of them all. It puts the burden of proof on the other

person.

Most people aren't aware of what they assume is true; there's simply no other way to see the world. They often believe what they believe without asking if it's true, if it aligns with reality. If you respectfully ask killer questions like *How do you know that's true?*, all of a sudden it can begin to occur to folks that what they believe, they believe by faith. But where is their faith placed?

Sometimes, the kindest thing we can do for people is gently shake up their presuppositions and invite them to think.

The reigning philosophy in science today is materialism, the insistence that the physical universe is all that exists. Something is only real if it can be measured and quantified. We need to ask, *How do you know* there is nothing outside the matter-space-time-energy continuum? *How do you know* that the instruments of physical measurement are the only ones that matter? *How do you know* there isn't something non-physical, which cannot be measured with physical measuring tools? If all you have is a ruler, how do you measure weight? (And if all you have is a ruler, and someone wants to talk about weight, it would be easy to deny there is such a thing as weight, only height and length, a lot like the materialists' insistence that since we can't measure the supernatural, it doesn't exist.)

At the heart of the debate over stem cell research is the question of the personhood of a human embryo. Those who insist that it's not life until implantation need to be asked, *How do you know that's true?* It's genetically identical to the embryo ten minutes before implantation. How do you know those are only a clump of cells and not a human being?

Postmodern thought says that no one can know truth. This philosophy has permeated just about every college campus. To the professor who asserts, "No one can know truth," a student should ask, *How do you know that's true?* If that sounds slightly crazy to you, good! A teacher who says there is no truth, or that if there is, no one can know it, says it because he or she believes it to be true, or

they wouldn't be saying it!

We get hostile email at Probe informing us of how stupid and biased we are for believing the Bible, since it has been mistranslated and changed over the centuries and it was written by man anyway. When I ask, "How do you know this is true?", I don't get answers back. Putting the burden of proof on the other person is quite legitimate. People are often just repeating what they have heard from others. But we have to be ready to offer a defense for the hope that is in us as well. [{3}](#) Of course, when we point to the Bible as our source of information, it's appropriate to ask the killer question, "How do you know that's true?" Fortunately, there is a huge amount of evidence that today's Bible is virtually the same as the original manuscripts. And there is strong evidence for its supernatural origins because of things like fulfilled prophecy. Go to the "Reasons to Believe" section of Probe.org for a number of articles on why we can trust that the Bible is really God's word.

There are a lot of mistaken, deceived people who believe in reincarnation and insist they remember their past lives. Shirley MacLaine claims to have been a Japanese Geisha, a suicide in Atlantis, an orphan raised by elephants, and the seducer of Charlemagne. [{4}](#) Here's where this killer question comes in. If you lose your life memories when you die, *how do you know* your past lives are real? When you're born into a new body and your slate is wiped clean, *how do you know* it's you?

So many people have embraced a pragmatic, expedient standard of, "Hey, it works for me." "It works for me to cheat on my taxes, as long as I don't get caught." "It works for me to spend hours on porn sites late at night since my wife doesn't know how to check the computer's history." "It works for me to keep God in his corner of the universe while I do my own thing; I'll get religious later in life." Well, *how do you know* it works? You haven't seen the whole, big picture. You can't know the future, and you can't know how tomorrow's consequences will be reaped from today's choices.



Let me add a caveat here. The underlying question behind *How do you know that's true?* is really, "Why should I believe you?" It can be quite disconcerting to be challenged this way, so be sure to ask with a friendly face and without an edge in your voice.

## Question #4: What if you're wrong?

One benefit of this question is that it helps us not to "sweat the small stuff." There are a lot of issues where it just doesn't matter a whole lot if we're wrong. If you're agonizing over a restaurant menu, trying to figure out the best entree, what if you're wrong? It doesn't matter. You can probably come back another time. If you can't, because you're traveling and you'll never have another chance, is it going to wreck your life? Absolutely not.

Many of our youth (and, sadly, adults as well) believe that having sex is just part of being social. Many of them believe that sex qualifies as recreation, much like going to an amusement park. They need to be challenged: *What if you're wrong?* Besides the high probability of contracting a number of sexually transmitted diseases, there is the ongoing heartache of the discovery that "casual" sex isn't, because of its lasting impact on the heart.

The ultimate question where this matters is, *What do you believe about God?* What do you do with Jesus' statement "I am the way, the truth, and the life; no one comes to the Father except by Me"?<sup>{5}</sup> What if you believe there is no God, or that you can live however you want and God will let you into heaven because you're not a mass murderer? We need to ask, *What if you're wrong?* You will be separated from God forever!

It's only fair for Christ-followers to ask that of ourselves. What if *we're* wrong? What if we're actually living an illusion that there is a God and a purpose to life? I would say, "You know what? I still lived a great life, full of peace and purpose and fulfillment. Ultimately, if there were no God, it wouldn't matter—nothing would

matter at all!—but I still loved my life. Either way, if I’m right or I’m wrong, I win.”

These four killer questions are powerful to spark meaningful conversation and encourage yourself, and others, to think critically. Use them wisely, be prepared for some interesting conversations . . . and have fun!

## **Notes**

1. Our fellow worldview apologist Bill Jack of Worldview Academy ([www.worldview.org](http://www.worldview.org)) has also popularized these “killer questions,” but they go back all the way to Socrates.
2. “Created Male and Female: Biblical Light for a Sexually Darkened World” conference sponsored by the International Council for Gender Studies, October 10-12, 2003.
3. 1 Peter 3:15.
4. [www.fortunecity.com/emachines/e11/86/duncan2.html](http://www.fortunecity.com/emachines/e11/86/duncan2.html)
5. John 14:6.

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# **Lifting the Spell**

Steve Cable





*Steve Cable critically considers atheist Daniel Dennett's book Breaking the Spell to gain a better understanding of the contrast between the "bright" perspective and a biblical perspective.*

## **Blinded by the "Bright"**

Is your belief in God purely the result of natural evolutionary forces? Has Christianity evolved over the centuries to dupe you into belief for its own survival? This proposition may insult your faith, your intelligence, and your self worth. However, it is the central theme of a recent book by Daniel Dennett entitled *Breaking the Spell: Religion as a Natural Phenomenon*.[{1}](#)

Philosopher Daniel Dennett is best known for his 1995 book, *Darwin's Dangerous Idea*, and his July 2003 op-ed entitled "The Bright Stuff." Dennett is a self proclaimed "bright." According to him,



A bright is a person with a naturalist as opposed to a supernaturalist worldview. We brights don't believe in ghosts or elves or the Easter Bunny-or God. . . . Don't confuse the noun with the adjective: "I'm a bright" is not a boast but a proud avowal of an inquisitive worldview.[{2}](#)

I am relieved he is not boasting, but my English teacher would say that "a proud avowal" is a good definition of a boast. In any case, Dennett is a proud proponent of a naturalist worldview.

The book's premise is that religion is a powerful, dangerous force in need of

rigorous study, using the tools of modern evolutionary science. By understanding the natural forces that imbue religion with so much power, perhaps an enlightened world can neutralize religion while retaining the positive benefits, if any. Our hero, Dennett, has ventured into the sorcerer's den of theologians, ministers, and philosophers to break the spell holding us prisoner. He states, "The spell that I say must be broken is the taboo against a forthright, scientific, no-holds-barred investigation of religion as one natural phenomenon among many." [\[3\]](#)

Dennett lobbies for a truly scientific (meaning atheistic) study of the origins and mechanisms of religion. According to Dennett, we had better understand religion before it destroys us. In today's dangerous world, that may not seem to be such a bad sentiment. Romans chapter 1 tells us that religions not based on God's revealed truth are natural phenomenon because they "worship the creature rather than the creator." [\[4\]](#) However, we should examine the implications of his so-called scientific study before biting into the apple with him.

Critically considering some themes from Dennett's book may help us gain a better understanding of the contrast between the "bright" perspective and a biblical perspective. By examining an atheist's misconceptions, we may discover areas where we have unintentionally adopted a "bright" perspective rather than a biblical worldview. Thoughtfully considering the relationship between Christianity and other religions can better prepare us to defend the hope that is in us.

## **A Bright's View of Religion**

What is religion? Dennett begins by defining religion as "social systems whose participants avow belief in a supernatural agent or agents whose approval is to be sought." [\[5\]](#) Later he adds that "religion . . . invokes gods who are effective agents in real time and who play a central role in the way participants think about what they ought to do." [\[6\]](#)

Defined in this way, religion is all about groups of people seeking approval of supernatural agents to obtain real time benefits. He also detects an appearance of design, calling religion “a finely tuned amalgam of brilliant plays and strategies capable of holding people enthralled and loyal for their entire lives.” {7}

You and I are probably not yearning for a social system or an “amalgam of brilliant strategies.” We want an eternal relationship with a real, living God. These definitions are why we sometimes say, “Christianity is not a religion, it is a relationship.”

Dennett wants to completely knock the wind out of your sails by stating “that religion is natural as opposed to supernatural, that it is a human phenomenon composed of events, organisms, objects, . . . and the like that all obey the laws of physics or biology, and hence do not involve miracles.” {8} Elsewhere he says that “I feel a moral imperative to spread . . . evolution, but evolution is not my religion. I don’t have a religion.” {9}

For a bright, science does not follow the evidence wherever it leads, but assumes natural explanations exist for every experience. Thus, he proposes that we should study religion by assuming that its foundation is false. That is like playing tennis with your feet tied together—you can never get to where you need to be to return the ball.

Let’s consider a different definition that better captures the role of religion:

My religion is what I believe about the origin, nature, and future of man and our relationship to the supernatural. My beliefs about eternity form the foundation for how I view my life on earth.

Using this definition, Dennett’s naturalism is his religion. And, your relationship with Jesus Christ resulted from your religion, your belief that Jesus is God.

To be fair, *organized religion* is a social system for practicing and propagating a

common set of religious beliefs. Organized religion may result in some of my beliefs being ingrained rather than chosen, but they are still my belief system. Determining which, if any, of these organized religions is teaching the truth about eternity should be of utmost importance to every person.

## **The Purpose of Religion**

What is the purpose of religion? Throughout his book, Dennett suggests that religions are evolutionary artifacts. Thus, any benefits of religion must be realized here and now to be favored by natural selection. From Dennett's perspective, what religious people say they want from religion is "a world at peace, with as little suffering as we can manage, with freedom and justice and well-being and meaning for all." [{10}](#)

He also surmises that

The three favorite purposes . . . for religion are:

- To comfort us in our suffering and allay our fear of death.
- To explain things we can't otherwise explain.
- To encourage group cooperation in the face of trials and enemies. [{11}](#)

At first blush, these sound like good purposes, things we all desire (except perhaps the last one for those of us who have been burned by group projects). Some churches even promote these goals as the primary message of Christianity. But how can these purposes explain Jesus saying, "In the world you have tribulation, but take courage; I have overcome the world"? [{12}](#) Or, Paul saying, "For momentary, light affliction is producing for us an eternal weight of glory"? [{13}](#) Dennett's purposes cannot explain these statements because they are based on a naturalistic worldview where death is the end.

Ultimately, religion is not about this life. It is about the next life. One of my wife's favorite sayings to help in dieting is, "A moment on the lips means a lifetime on

the hips.” It is this perspective of lasting consequences for our actions that gives religion such power. Whether it is a Buddhist seeking karma, a Muslim seeking paradise, or a Christian seeking crowns in glory, an eternal perspective is a common trait of the devoted.

The essential contrast between religions is not over which can offer the best temporal benefits or produce moral behavior. It is about which one offers the truth about the nature of God, life, and eternity. Salvation occurs when you believe that Jesus is *the way, the truth and the life*,[{14}](#) and you confess Him as Lord.[{15}](#) In contrast, eternal separation is the result of rejecting the truth. As Paul tells us, “[they] perish, because they did not receive the love of the truth so as to be saved.”[{16}](#)

The purpose of religion is to propagate the truth about the important questions that determine our eternal destiny. The most important topic to study is not “How can we get the temporal benefits from religion, while really assuming that there is no eternity?” but instead “How can I determine which religion has the truth about eternity?”

## Defending the Bright Religion

In *Breaking the Spell*, Dennett proposes evolutionary science can explain religious beliefs as natural phenomenon. He believes his religion, Darwinism, can make the world better by neutralizing the power of theistic religion. One problem; his religion is not accepted by most Americans. Dennett laments:

[O]nly about a quarter [of America] understands that evolution is about as well established as the fact that water is H<sub>2</sub>O. . . . how, in the face of . . . massive scientific evidence, could so many Americans disbelieve in evolution? It is simple: they have been . . . told that the theory of evolution is false (or at least unproven) by people they trust more than . . . scientists.[{17}](#)

Naturally, Dennett argues for his point of view. His argument exhibits three flaws common in many arguments for Darwinism:

1. *Bait and switch definitions.* The Darwinist says, “Fact: Evolution defined as change over time through natural selection occurs. Fact: Darwinism is based on evolution. Conclusion: Darwinism is proven as the explanation for life in this universe.” Claiming that Darwinism is proven because evolution occurs is like the over eager detective stating, “Fact: You were in the city on the day of the murder. Fact: The murderer had to be in the city on that day. Conclusion: You are proven to be the murderer.” The two facts are correct, but the reasoning is flawed.

2. *Attack the skeptics, not the evidence.* Dennett states that “there are no reputable scientists who claim (that Darwinism is unproven). Not a one. There are plenty of frauds and charlatans, though.”[{18}](#) So, anyone who doubts is a fraud regardless of their credentials. His assertion is laughable when one realizes over seven hundred scientists with impressive credentials have signed a statement expressing their skepticism of Darwinism.[{19}](#) When you don’t have an answer for the evidence, your only recourse it to attack the witness.

3. *Declare yourself the winner.* Assume Darwinism is true and use that assumption to refute other theories. Dennett states, “Intelligent Design proponents . . . have all been carefully and patiently rebutted by conscientious scientists who have taken the trouble to penetrate their smoke screens of propaganda and expose both their shoddy arguments and their apparently deliberate misrepresentations.”[{20}](#)

Since defenders of Darwinism attempt to create smoke screens of propaganda, shoddy arguments, and apparently deliberate misrepresentations, it is not surprising that most Americans have not signed up for his religion. However, they control the media and educational systems, so the battle is far from over. Equip yourself to use this conflict to share the truth by checking out Probe’s material, [on evolution and Darwinism](#), at Probe.org.



## Toxic Tolerance

In *Breaking the Spell*, Dennett assures us that atheism is the best course, but he may be willing to tolerate other religions if it can be shown they produce some benefits. He lists three main options among those who call themselves religious but vigorously advocate tolerance:

1. *False humility*. “The time is not ripe for candid declarations of religious superiority, . . . let sleeping dogs lie in hopes that those of other faiths can gently be brought around over the centuries.” [{21}](#)
2. *Religious equality*. “It really doesn’t matter which religion you swear allegiance to, as long as you have some religion.” [{22}](#)
3. *Benign neglect*. “Religion . . . really doesn’t do any good and is simply an empty historical legacy we can afford to maintain until it quietly extinguishes itself (in the future.” [{23}](#)

How does your faith fit into his list of viable options? If you believe your religion is true, none of these options makes sense. How can you “let sleeping dogs lie” or say “it doesn’t really matter” when you have good news of eternal significance? Moreover, if your religion is “simply an empty historical legacy,” don’t put up with it any longer. Join with Paul in saying, “If we have hoped in Christ in this life only, we are of all men most to be pitied.” [{24}](#)

Dennett’s tolerance options assume that religions claiming revealed truth cannot coexist without leading to conflict and suffering. To the contrary, religious wars are the result of the selfish ambition of men rather than the conflict between competing truth claims. Jesus gave us the model of authentic religious tolerance when he said, “My kingdom is not of this world. If my kingdom were of this world, my servants would be fighting.” [{25}](#) Christianity is not about physical or political conquest. It is about redeeming people from slavery to freedom, from death to eternal life.

Truth is not threatened when competing worldviews are able to enthusiastically promote their beliefs. When each person is free to seek the truth and make truth choices without fear of reprisals or coercion, the gospel can flourish. Eternity, not religious wars or religious leaders, will eventually be the judge of what is truth. In the end, truth is not determined by the majority, but by reality.

One thing we know to be true is that “God does not desire any to perish.” [\[26\]](#) Consequently, we should not accept any version of tolerance which mutes proclaiming the good news.

Dennett wants to “break the spell” against studying religion as a natural phenomenon. Instead, let’s join together in lifting the spell of naturalism by proclaiming the truth that Jesus Christ is indeed our Creator and Lord.

## Notes

1. Daniel Dennett, *Breaking the Spell: Religion as a Natural Phenomenon*, Viking Press, 2006.
2. Daniel Dennett, “The Bright Stuff,” *The New York Times*, July, 2003.
3. Dennett, *Breaking the Spell*, 17.
4. Romans 1:25. (All Scripture references are taken from the New American Standard Bible, update version.)
5. Dennett, *Breaking the Spell*, 9.
6. *Ibid.*, 11.
7. *Ibid.*, 154.
8. *Ibid.*, 25.
9. *Ibid.*, 268.
10. *Ibid.*, 17.
11. *Ibid.*, 103.
12. John 16:33.
13. 2 Cor. 4:17.
14. John 14:6.

15. Romans 10:9-10.
16. 2 Thess 2:10-12.
17. Ibid., 59.
18. Ibid., 61.
19. [www.dissentfromdarwin.org](http://www.dissentfromdarwin.org).
20. Ibid., 61.
21. Ibid., 290.
22. Ibid., 290.
23. Ibid., 290.
24. 1 Corinthians 15:19.
25. John 18:36.
26. 1 Timothy 2:3.

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## **Emerging Adults: A Closer Look at Issues Facing Young Christians**

Steve Cable

“Emerging adults” is a term coined by sociologists to capture the new reality of 18- to 30-year-old Americans who have not fully assumed the responsibilities of classic adulthood. In previous articles, we looked at disturbing information on the beliefs of emerging adults in America from surveys by Christian Smith of Notre Dame, by Probe Ministries, and by others. In them, we found clear evidence of accelerating erosion in accepting and adhering to basic biblical truths for living, even among those who were born again. Our emerging cultural milieu of pop post-modernism is clearly taking many young adult Christians captive to the

“philosophies of men” (Col. 2:8). Here we will take a closer look at the erosion of belief in several important areas.

☒ Christian Smith and his fellow researchers at Notre Dame published an initial book, *Souls in Transition*, covering the results of their 2008 survey of the religious beliefs and actions of emerging adults from age 18 through 23. We discussed their findings in two earlier articles: [Emerging Adults and the Future of Faith in America](#), and [Emerging Adults Part 2: Distinctly Different Faiths](#). Their deep distress over some of the results of their surveys and interviews led them to publish a follow-up book in 2011 entitled *Lost in Transition: The Dark Side of Emerging Adulthood*. In this book, they focus on five specific areas of concern identified by their earlier research:

1. *Moral aimlessness*
2. *Materialistic consumerism*
3. *Intoxicated living*
4. *Deep troubles from sexually liberated behavior*
5. *Lack of interest in civic and political life*

The troubling characteristics of emerging adult life in America in the early years of the twenty-first century remind us of what Paul warned of in 2 Timothy when he wrote: “in the last days difficult times will come. For men will be lovers of self, lovers of money, . . . arrogant, . . . ungrateful, . . . without self-control, . . . reckless, conceited, lovers of pleasure rather than lovers of God, holding to a form of godliness, although they have denied its power” (2 Tim 3:1-5).

One major factor in the growth of these problems is the widespread acceptance of pop post-modernism throughout our culture. As Smith points out, the post-modern theory became “democratized and vulgarized in U.S. culture” becoming a “simple-

minded ideology presupposing the cultural construction of everything, individualistic subjectivism, soft ontological antirealism and absolute moral relativism.”[{1}](#)

This popularized post-modern view says there is no objective truth, only the practical truth I choose to live by with my friends. This view leads to a basic disconnect with the teaching of Jesus who claimed His purpose was to “testify to the truth” (Jn. 18:37) because He is the truth.

Dale Tackett, author of *The Truth Project*, put the problem this way, “When what is right is what’s good for me, you will find all of the moral chaos that we see today.”[{2}](#)

In what follows, we will focus on three of the five areas of concern: moral aimlessness, materialistic consumerism, and the lack of interest in civic and political life.

## **Moral Viewpoint — A Floating Standard**

In his study of American emerging adults, Smith found that their morality is adrift with no standard to hold it in place.

What is morality in the first place? Morality is defined as “a system of ideas of right and wrong conduct.”[{3}](#) For Christians, this system is set out for us in the Bible, particularly in the Ten Commandments, the teachings of Jesus, and the New Testament epistles. The Bible makes it clear that God is the source of true morality. It is our responsibility to learn and apply His moral precepts. As Jesus said in the Sermon on the Mount, “Let your light shine before men in such a way that they may see your good works and glorify your Father who is in heaven” (Matt. 5:16). Or as Paul instructed in 1Thessalonians, “examine everything carefully; hold fast to that which is good; abstain from every form of evil” (5:21-22). Paul is saying hold fast to the morality taught by Christ.

In a Christian nation, how can there be any confusion about morality? Well, sixty percent of emerging adults say that “morality is a personal choice, entirely a matter of individual decision. Moral rights and wrongs are essentially matters of individual opinion, in their view.”[{4}](#) And where do these opinions come from? One emerging adult put it this way, “Like just kinda things that I thought up, that I decided was right for me. So I don’t know. I honestly don’t. It just kinda came outta thin air.”[{5}](#) So, we can either look for the Bible as the source of our morality or we can just create it out of thin air.

When faced with a moral choice, almost half of them said they would do what made them feel happy or would help them get ahead. Less than one out of five said they would “do what God or the scripture” says is right. Many of them said they would not really know if their choice was right or wrong until after it was done and they could evaluate how they felt about it.

Not only do they not look to the Bible or society for their moral compass; they believe that it is morally wrong to assume there is a common morality that applies to all. Because we must be tolerant and accept other’s views as right for them, we must not apply our moral precepts to their actions. As Smith put it, “Giving voice to one’s own moral views is itself nearly immoral.” What they fail to realize is that complete moral relativism and tolerance actually dishonor the beliefs of others. With this view, they cannot accept new views which are superior to their own or act to correct views which are inferior. What someone else thinks is about morality is immaterial to them.

This type of thinking will ultimately lead to disaster for the people embracing it. As Chuck Colson said, “So often, the great disasters (of the past) were caused by people disregarding God’s standard of right and wrong and doing what was right in their own eyes . . . We’ve stopped moral teaching in our country and we are seeing the inevitable consequence of failing to teach moral values to a culture. We are seeing chaos.”[{6}](#)



The whole topic of morality is not something most emerging adults give much thought to. One third of them could not think of any moral dilemmas that they had faced in their lives, while another third of them offered examples that were not actually moral dilemmas. For example, one of them stated, “I guess renting the apartment thing, whether or not I would be able to afford it.” That is a dilemma but it is not a moral dilemma. So through their education from their parents and schools, the vast majority of emerging adults really have not gained a good working knowledge of the concept of morality much less its importance to society. Yet in 1 Peter, Peter makes it clear that our moral actions are one of the most important ways that Christians can share the good news of Jesus Christ. As he said, “For such is the will of God that by doing right you may silence the ignorance of foolish men” (2:15).

## **Consumerism – The True Objective of Life**

What impact has consumer culture had on the lives of emerging adults?

As Christians, our lives are to be about far more than how much we are able to consume. Jesus never gave his disciples instructions on how to increase their economic wealth. Instead, He sent his disciples out to minister with little more than the clothes on their backs. Similarly, Paul learned to be content with whatever the Lord provided. He states, “I know how to get along with humble means, and I also know how to live in prosperity; in any and every circumstance I have learned the secret of being filled and going hungry, both of having abundance and suffering need. I can do all things through Him who strengthens me” (Phil. 4:12-14). To be clear, the Bible does teach us much about how to operate successfully in the business world. But, it is also clear that our purpose in life is to be focused on things with eternal value and not on how much we can accumulate and consume on this earth.

Yet, as a whole, the young, emerging adults in this nation have missed the call of

Christ to focus our lives on the eternal rather than the temporal. Instead, not only have they bought into consumerism as the primary goal of life, but they appear to be unable to consider any shortcomings in a life focused on what they can consume. Smith reports, “Contemporary emerging adults are either true believers or complacent conformists when it comes to mass consumerism.” {7}

As one emerging adult put it, “It feels good to be able to get things that you want and you work for the money. If you want something, you go get it. It makes your life more comfortable and I guess it just make you feel good about yourself as well.” {8} That statement by itself might not seem so bad until you realize that it is their sole method to feel good about themselves. The more you can consume the better. They miss the balanced view of material things taught in the Bible. For example, in Proverbs we are told,

*Give me neither poverty nor riches;*

*Feed me with the food that is my portion,*

*That I not be full and deny You and say, “Who is the LORD?”*

*Or that I not be in want and steal,*

*And profane the name of my God (Prov. 30:8,9).*

In addition, the idea of limiting one’s consumption in order to have the resources to help others is foreign to most emerging adults. Many of them would like to see the needs of the starving people met, “just not by me, not now.” If they ever reach a state in life where all their consumer desires are met, then they may consider using some resources for charitable causes. One obvious problem with this approach is that our consumer conscious society always has something new and better that you must purchase and experience.

This attitude is in contrast to that of the Macedonians Paul commends in his

second letter to the Corinthian church:

*. . . that in a great ordeal of affliction their abundance of joy and their deep poverty overflowed in the wealth of their liberality. For I testify that according to their ability, and beyond their ability, they gave of their own accord, begging us with much urging for the favor of participation in the support of the saints, and this, not as we had expected, but they first gave themselves to the Lord and to us by the will of God (2 Cor. 8:1-6).*

Rather than “seeking the kingdom of God and his righteousness” and letting the material things be of secondary importance, most young America adults are seeking consumer nirvana and its false sense of well being. With no external moral compass for guidance, they are unwilling to express concerns about the grossest forms of excessive consumerism. As most of them said when asked, “If someone wants it, who am I to say that they are wrong?” When emerging adults refer to a good life, they talk about what they want to possess rather than the good that they can contribute to the world. I find it sad to think about being remembered for how much I consumed rather than how much I contributed. But this thought does not seem to bother these emerging adults.

## **Civic and Political Involvement — Not For Me**

Let continue by examining another disturbing characteristic of young, emerging adults identified by Christian Smith through his extensive surveys and interviews over the last five years: their perception of civic and political involvement. Smith summarizes their attitude by saying, “The vast majority of the emerging adults we interviewed remain . . . politically disengaged, uninformed, and distrustful. Most in fact feel disempowered, apathetic, and sometimes even despairing when it comes to the larger social, civic, and political world beyond their own lives.” [\[9\]](#) When we consider that the polls and interviews driving this assessment occurred in the summer of 2008 during the perceived youth movement which brought

President Obama into office, this result on political involvement is particularly surprising.

Some might say that being actively involved in politics is not the right course of action for Christians. And, thus, they may applaud this result. We certainly agree that our primary purpose as Christians will not and cannot be fulfilled through political action. However, what we are talking about here is not a lack of political activism, but rather a disengagement from active participation in the political process. As Paul instructed Timothy, “I urge that entreaties, prayers, petitions and thanksgivings be made on behalf of all men, for kings and all who are in authority in order that we may lead a tranquil and quiet life in all godliness and dignity” (1 Tim. 2:1-2). We are to be concerned about the impact of government on our lives. If the people Paul were writing to had the right to vote, I am confident he would have said to pray for and exercise your right to vote.

Through his research, Smith identified six different attitudes toward civic involvement among emerging adults. These attitudes are:

- 1. The apathetic are completely uninterested in politics and make up twenty-seven percent of emerging adults. It is important to note that these individuals were not apathetic in general, just about this area of life.*
- 2. The uninformed said their lack of interest was driven by their lack of knowledge about the issues and the players. The uninformed made up thirteen percent of emerging adults.*
- 3. The distrustful know a reasonable amount about political issues but do not participate because they distrust the political system and politicians. They believe exercising their right to vote will not make any difference.*
- 4. The disempowered point to their inability to change the world (rather than distrust of the process) as their reason to be uninvolved. Around ten percent of emerging adults fall into this category.*

*5. The marginally political represent those who expressed some interest in politics but whose interest did not appear to lead to actual involvement in the process. These marginally political emerging adults make up twenty-seven percent of those interviewed.*

*6. That leaves four percent of emerging adults (all males) who appear to be genuinely political; that is, interested and involved in the process.*

In summary, their interviews found two-thirds of the emerging adult population completely uninvolved and almost one-third with a very limited involvement. This meant only four percent considered the process an important responsibility in life.

This seemingly fatalistic view of politics was found to carry over in other areas of civic involvement such as volunteering and charitable giving. Smith summarized their results saying, “Contrary to some of the stories told in the popular media, most emerging adults in America have extremely modest hopes, if any, that they can change society or the world for the better, whether by volunteering or anything else.”<sup>{10}</sup> With that perception, providing help to others is not a requirement for righteousness, but simply an optional personal choice that most are not prepared to make.

Thinking back to our earlier discussion on the lack of a moral viewpoint, Smith’s research found a significant association between those who believe all morality is relative and individualistic and an attitude of apathy, ignorance, and distrust of the political process. In addition, Smith found a significant relationship between “enthusiasm for mass consumerism and lack of interest in political participation.”<sup>{11}</sup> So these three attitudes (no moral standards, consumer consumption as our primary objective, and no real political or civic involvement) appear to be common elements of the emerging adult belief system.

## **Emerging Adults – Where Will They Take Us?**

One root cause of the attitudes expressed by emerging adults in American is pop post-modern individualism. Each individual must decide what is true for him or her and must not accept a common truth. Therefore, most emerging adults cannot grasp the concept of an objective reality beyond their individual selves that would have any bearing on their lives. As we have seen, this concept undermines their moral compass, their attitudes about consumer consumption, and their involvement in society through politics, volunteering, and charitable giving.

These dominant patterns of emerging adult thought in America should make us consider: “What does it mean?” and, “How can we do something about it?” Some might say it is just the way young people are. We were that way when we were young. They will snap out of it. To that idea Smith would say, “It is a different world today. . . . To think otherwise is to self-impose a blurred vision that cannot recognize real life as it is experienced today and so cannot take emerging adults seriously.” [{12}](#)

Others may say that is not what I hear on the news. Our young adults are leading a new wave of service and public involvement. To which Smith would say, “The fact that anyone ever believed that idea simply tells us how flimsy the empirical evidence that so many journalistic media stories are based upon is and how unaccountable to empirical reality high-profile journalism can be. . . . we - without joy - can set the record straight here: almost all emerging adults today are either apathetic, uninformed, distrustful, disempowered, or , at most marginally interested when it comes to politics and public life. Both the fact itself and the reasons for it speak poorly of the condition of our larger culture and society.” [{13}](#) He continues: “One tendency is to claim that emerging adults are deeply committed to social justice, passionately engaged in political activism, actively volunteering in their local communities, devoting themselves to building a greener, more peaceful and just world. Almost nothing could be further from the truth.” [{14}](#)



Although the vast majority of emerging adults are disengaged from involvement in the public sphere, they are quite engaged in a different way. As Smith points out, “they pursue these private-sphere emotional and relational investments with fervent devotion. . . . progressing yet further toward the nearly total submersion of self into fluidly constructed, private networks of technologically managed intimates and associates.”[{15}](#) He is referring of course to their disconnected connections via Facebook, Twitter, and other electronic social media.

We believe that there are several positive actions that we can take as Christians to improve this situation.

First, we need to examine ourselves. Are we living our lives under the direction of the ultimate source of morality, Jesus Christ? Are we consumed by consumerism or are we living for eternity? Are we taking an active part in impacting our society so that we may live godly and peaceful lives for Christ?

Next, we need to recognize that emerging adults under the age of thirty are, for the most part, not taking on the full responsibilities of adulthood. They are still emerging and, consequently, still need coaching. However, as Smith points out, “One of the striking social features of emerging adulthood is how structurally disconnected most emerging adults are from older adults. . . . Most emerging adults live this crucial decade of life surrounded mostly by their peers . . . who have no more experience, insight, wisdom, perspective, or balance than they do.”[{16}](#) As parents, pastors, co-workers, we should continue to actively engage them in a mentor role. It is important that:

- 1. They understand we look to the Bible as the source for our moral decisions.*
- 2. We are living in this world as citizens of heaven and as such consumer consumption is not our purpose for living.*
- 3. We have a responsibility to be engaged in our society to keep our freedom to lead godly lives serving the Lord.*

The apostle Peter put it this way: “Beloved, I urge you as aliens and strangers to abstain from fleshly lusts which wage war against the soul. Keep your behavior excellent among the Gentiles so that in the thing in which they slander you as evil doers, they may on account of your good deeds, as they observe them, glorify God in the day of visitation” (1 Pet. 2:11,12).

Finally, we need to reach out to emerging adults who are already involved in evangelical churches. We need to let them know that it is okay to engage others with their worldview and their source of truth, Jesus Christ. When they don’t share their worldview with others as a gift from God, they are effectively consigning those others to hell. Probe is in the midst of preparing materials that you can use in your church to directly address these issues.

Christian Smith captured the essence of this problem when he wrote, “Might it be true that the farthest boundary of sight that youth today can envision as real and being worth pursuit is entirely imminent, purely material, and completely mundane?” [\[17\]](#) As Christians, our boundary extends beyond this universe to the halls of heaven and puts our lives in a new perspective. Let that eternal perspective be seen in every area of your life.

As historian Christopher Lasch put it, “There is only one cure for the malady that afflicts our culture, and that is to speak the truth about it.” [\[18\]](#)

## Notes

1. Christian Smith, *Lost in Transition: The Dark Side of Emerging Adulthood* (Oxford University Press, 2011), 15.
2. Del Tackett and Chuck Colson, *The Way Out: God’s Solution to Moral Chaos in America*, 2011, [www.truthinaction.org/index.php/landing-doing-the-right-thing-full-episode/](http://www.truthinaction.org/index.php/landing-doing-the-right-thing-full-episode/)
3. *American Heritage Dictionary*, s.v. “Morality.”

4. Smith, *Lost*, 21.

5. *Ibid.*, 22.

6. Tackett and Colson, *The Way Out*.

7. Smith, *Lost*, 72.

8. *Ibid.*, 73.

9. *Ibid.*, 196.

10. *Ibid.*, 211.

11. *Ibid.*, 218.

12. *Ibid.*, 227.

13. *Ibid.*, 224-5.

14. *Ibid.*, 228.

15. *Ibid.*, 223.

16. *Ibid.*, 234.

17. *Ibid.*, 236.

18. Christopher Lasch, "Give Youth Cause to Believe in Tomorrow," *International Herald Tribune*, December 29, 1989.

**See Also:**

[Emerging Adults and the Future of Faith in America](#)

[Emerging Adults Part 2: Distinctly Different Faiths](#)

[The Importance of Parents in the Faith of Emerging Adults](#)

[Cultural Captives - a book on the faith of emerging adults](#)

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# Complete in Christ and Captive to Empty Deception

Steve Cable

## Problem of Captivity

God has laid a powerful vision on Probe Ministries, calling us to free the minds of fifty million culturally captive Christians and build them into confident ambassadors for Christ by the year 2020. Our survey analysis has shown that cultural captivity is a growing problem within the church.<sup>{1}</sup> To be effective in this mission, we need to understand the different forms cultural captivity can take individually and collectively.

Does the Bible provide any insight into cultural captivity and the tools for setting believers free? In an [earlier article](#), we looked at the differing types of cultural captivity: carnal, confused, compromised, and contented Christians.<sup>{2}</sup> In this article we will see insights from the second chapter of Colossians.

In Colossians 2:8, Paul warns the local Christians, “See to it that no one takes you captive through philosophy and empty deception,” and then he reminds them that

they are “complete in [Christ].”<sup>{3}</sup> What does this thing look like that can capture someone who is complete in Christ? How can I avoid it or free myself from it in the power of Christ? Surely, the Christians in Colossae were asking the same things. Paul thought as much for he points out four different views that may take genuine Christians captive and keep them from doing their part in the war of ideas.

In Colossians 2:1-4, Paul warns us that we need a true knowledge of “Christ, in whom are hidden all the treasures of wisdom and knowledge.” If we don’t completely understand the fullness of Christ and His work of redemption, we are setting ourselves up for those who would “delude you with persuasive arguments.”<sup>{4}</sup> We must fully grasp that Christ alone is necessary and sufficient for our salvation. We must believe it in the day to day living of our lives—being “rooted and grounded in Him.”<sup>{5}</sup>

In the remainder of the second chapter of Colossians, Paul lists four specific ways that our thinking can be taken captive by the philosophy of men through persuasive arguments. It is important to remember that these arguments are called “persuasive,” meaning that they appear to make good sense and have the power to sway our thinking. It is only by examining these arguments in the light of Christ’s truth that their falsehood comes to light. I want to examine each of the four, considering how they would appear to the Colossian Christians of that day and how they might play out in this decade.

The examples of cultural captivity exposed by Paul and still relevant to our lives today are naturalism, legalism, mysticism and asceticism. We’ll begin with naturalism.

## **Naturalism: Captive to Scientific Deception**

The first type of cultural captivity highlighted in Colossians is found in our key verse, chapter 2 verse 8:

*See to it that no one takes you captive through philosophy and empty deception, according to the tradition of men, according to the elementary principles of the world, rather than according to Christ.*

This verse has the only occurrence of the word “philosophy” in the Bible. The Greek word literally means “the investigation of truth and nature”[\[6\]](#) as emphasized by the remainder of this verse. Thinking in accordance with the tradition of men and the elementary principles of the world can captivate us. The ways in which man explains how the world works and how we fit into it can be a deceptive trap.

In Galatians 4:3, Paul tells us that apart from Christ we are held in bondage by the elementary principles of the world. When we try to limit the forces at work in our universe to simply those elementary forces operating in our daily lives, we are missing out on the powerful work of Christ in our world far above and beyond the everyday forces of nature.

So what are the elementary principles that lure us into captivity today? Certainly, one of the most influential is neo-Darwinism. As discussed in many articles at Probe.org, neo-Darwinism says the world is the result of the strictly natural processes of random mutations and natural selection. This theory attempting to describe the current diversity and complexity of life on this earth is the dominant view in our society. It is seen by many as the culmination of understanding our existence in this world. In fact, it is full of problems, having no plausible explanation for 1) the existence of a life-supporting planet, 2) the first occurrence of life on this planet, or 3) the irreducible complexity of life forms on this planet.

I would suggest that those Christians who put Christ’s role in our creation at a level below that of these elementary principles are allowing themselves to be taken captive. If one believes these principles are lord over Christ instead of the other way around, that person is living practically as a citizen of this earth rather than as a citizen of heaven.



## Legalism: Captive to Self-Made Godliness

A second form of cultural captivity, identified in the letter to the Colossians, is legalism. Paul writes:

*Therefore no one is to act as your judge in regard to food or drink or in respect to a festival or a new moon or a Sabbath day—things which are a mere shadow of what is to come; but the substance belongs to Christ (Col 2:16-17).*

Paul was warning against those attempting to take Christians captive through the subtle lies of legalism, telling the new, Gentile followers that believing in Christ was a good start, *but* you also need to follow some of the laws of Moses if you are to be righteous before God.

Notice that the items listed in this verse are not instructions on purity and righteous behavior. Rather, they are specific practices given to Israel as precursors of the coming Messiah. For example, the festival of Passover is a marvelous foreshadowing of Christ's sacrifice of Himself as the Lamb of God to deliver us from slavery to the world of sin and separation from God. But, why celebrate the Passover when one can celebrate the real event? These behaviors designed to prepare us for the coming of Christ are no longer necessary now that we have the presence of Christ in our lives.

In the American culture, legalism appears to have been more prevalent in the nineteenth and twentieth centuries than it is today. But there are certainly forms of legalism which take people captive today. If you are more interested in passing laws to make some form of Christian behavior the law of the land than you are in changing the hearts of men through the gospel of Jesus Christ, you may be captive to legalistic thinking.

Another form of legalism is the practice of picking only parts of the truth as applicable to you. Jesus noted in Matthew 15:3-6 that this type of legalism was

present in the Pharisaical view of committing their resources to God so that they would not have to help their mothers and fathers. Today, I can customize my religious beliefs to conform to what I expect from my religion rather than what my religion sets as a standard for my life. The National Survey of Youth and Religion tells us that over fifty-one percent of 18- to 23-year-olds in American say “it is okay to pick and choose their religious beliefs without having to accept the teachings of their religious faith as a whole.” [\[7\]](#)

## **Mysticism: Captive to Man’s Composite View of God**

Earlier, we saw naturalism and legalism as two forms of cultural captivity for Christians. Now we will consider another form which can take us captive, mysticism. In Colossians 2:18-19, Paul writes:

*Let no one keep defrauding you of your prize by delighting in self-abasement and the worship of the angels, taking his stand on visions he has seen, inflated without cause by his fleshly mind, and not holding fast to the head, from whom the entire body, being supplied and held together by the joints and ligaments, grows with a growth which is from God.*

Here Paul is describing someone who drifts away by delighting in self-derived sources of truth, that is, “visions he has seen,” and other religious practices not taught by Christ. This person delights in mixing together teachings from different religions to come up with one’s own personalized religious experience. But Christ calls us to worship the Father and the Son, not angels or our own self sacrifice.

Your first reaction may be that this is not a major area of captivity for today’s Christians. However, when we begin to consider examples of this type of thinking, we realize that it is very prevalent in our society.

For example, consider the millions of people who joined Oprah Winfrey in extolling and following the teachings of Eckhardt Tolle, author of *A New Earth, Awakening to Your Life's Purpose*. Tolle teaches a version of Eastern mysticism which he discovered in a vision. Taking his stand on visions, he teaches we are all part of the universal life force to which we should desire to return. He selectively misquotes Jesus throughout the book, identifying Him as one of the early proponents of this mystic religion. Most of Tolle's followers come from Christian backgrounds, professing to be Christians trying to find a way to integrate his teaching with the teachings of Jesus.

One feature of Tolle's teaching is the view that Jesus was one of many who are bringing a form of truth to us. He believes Buddha, Krishna, Mohammed are all trying to communicate the same truth in different ways. This viewpoint is seen in the National Study of Youth and Religion where over seventy percent of American 18- to 23-year-olds disagreed with the idea that only one religion was true. In our study of American born-again between 18 and 40, we found that less than half of these born-again believe that Jesus is the only way to heaven, not Mohammed or Buddha.

## **Asceticism: Captive to Focusing on the Flesh**

A fourth form of cultural captivity identified in Colossians is asceticism. The *American Heritage Dictionary* defines asceticism as "the doctrine that a life of extreme self denial and austerity releases the soul from bondage with the body and permits union with the divine." Asceticism was promoted in Jesus' time by the Essenes of the Jewish culture and the Stoics of the Greek culture.

Since our hope is rooted in an imperishable life in heaven, one could adopt the view that this earthly body needs to be denied in light of our heavenly home. However, Paul warns us:

*If you have died with Christ to the elementary principles of the world, why, as if*

*you were living in the world, do you submit yourself to decrees, such as, “Do not handle, do not taste, do not touch!” (which all refer to things destined to perish with use) — in accordance with the commandments and teachings of men? These are matters which have, to be sure, the appearance of wisdom in self-made religion and self-abasement and severe treatment of the body, but are of no value against fleshly indulgence (Col 2:20-23).*

Paul warns the Christians at Colossae not to fall for the idea that we must remove our body from all pleasures of the world to partake of the divine. He points out that obsession with self-abasement and severe treatment of the body actually focus our attention on the flesh. Thus, our focus is on eliminating fleshly indulgence rather than on living lives that please Jesus.

In our post-modern American culture, severe treatment of the body does not appear to be attractive to most young adults (except for extreme cases such as anorexia). Perhaps, though, it is evidenced by some forms of the “buy green” movement. What we do see is the opposite extreme, where an emphasis on bodily enhancement for the here and now takes our focus off the work of Christ. Of course, in other parts of the world such as South America, extreme asceticism is practiced among some believers.

We have seen four types of false thinking that could take Christians captive in Colossae of the first century and can in America today. The four types are naturalism, legalism, mysticism, and asceticism. If we recognize these forms of captivity, as Christians, we can be free of them. We must ask ourselves, Does this way of thinking add anything to the fullness of Christ? If I am already “complete in Him”, {8} how can these add-ons make me more complete? Obviously they cannot. So leave them behind and “as you have received Christ Jesus as Lord so walk in Him.” {9}

## Notes

1. Steve Cable, [“Emerging Adults and the Future of Faith in America,”](#); [“Emerging Adults Part 2: Distinctly Different Faiths,”](#) ; [“The True State of American Evangelicals in 2011,”](#) .
2. Cable, “Examining Our Cultural Captivity,” [www.probe.org/examining-our-cultural-captivity/](http://www.probe.org/examining-our-cultural-captivity/).
3. Colossians 2:10
4. Colossians 2:4
5. Colossians 2:7
6. *Vine’s Expository Dictionary of New Testament Words*.
7. [www.thearda.com/Archive/Files/Descriptions/NSYRW3.asp](http://www.thearda.com/Archive/Files/Descriptions/NSYRW3.asp). “The National Study of Youth and Religion,” [www.youthandreligion.org](http://www.youthandreligion.org), whose data were used by permission here, was generously funded by Lilly Endowment Inc., under the direction of Christian Smith of the Department of Sociology at the University of Notre Dame.
8. Colossians 2:10
9. Colossians 2:6

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## Feelings: A Lousy Idol

Sue Bohlin

It’s so easy to look down our 21st-century noses at the “primitive” peoples of biblical times, especially Israel’s problems with idolatry in the Old Testament. “WE don’t bow down before idols and false gods,” we think. “That was when people were less evolved intellectually and spiritually, but we modern people are so much better than that.”

I'm wondering if God agrees. I don't think so.

I think that idolatry is at least as rampant in our society, but it's more pervasive because it's so subtle; the idols we worship aren't physical, tangible items. We could create a long list of the abstractions we worship, but today I just want to focus on one.

Feelings.

Our culture treats feelings as if they were an inerrant internal compass that always points to truth and reality. "Follow your heart." "What does your gut say?" "You can't help who you fall in love with."

High school and college students flunk out because they don't **feel** like getting out of bed and going to school. Then they become people who lose their jobs because they don't **feel** like going to work.

Young people of all ages dress, act, and talk in ways that will make them **feel** popular and accepted by their peers.

Married people find themselves attracted to someone other than their spouse, and they feed the marvelous feelings of infatuation because it makes them **feel** so alive and magical.

We indulge bodily appetites, whether for sweets or drink or overeating or sexual pleasure, because they **feel** so good and because refusing to indulge them **feels** so bad.

The materialism porn of magazines and newspapers starts an internal burning desire to buy and to accumulate. It **feels** so right to go out and get what we want! If we don't have the money, we put it on credit because, hey, "I should have what I want."

We are happily addicted to our comfort because we believe that **feeling**

comfortable is a basic right of life. So we don't give ourselves away in service projects or missions trips or going without in order to use the money for someone who has less than we do, because then we wouldn't **feel** so comfortable.

Why is this? Why do we make our feelings into idols?

I believe it's because the toxic [“pickling brine”](#) of our culture puts a much higher emphasis on the immediate, the here-and-now, of the physical world (which our feelings are part of). The majority of Christians, the research shows, think just like the non-Christian world around us, and that includes ignoring the unseen, eternal world and focusing on the visible, temporal world.

When we recalibrate our focus to include the unseen sphere of life, we are aware of the spiritual dimension of life and not just the physical. It makes us more balanced people. We can put feelings in their place: they are like lights on the dashboard of our car, indicating what's going on “under the hood.” But if we focus on the dashboard lights while we drive, instead of on the road, we'll run off the road—or worse, crash. We can acknowledge them but refuse to let them lead us.

For example, Hebrews 12:2 tells us that the Lord Jesus “for the joy set before Him, endured the cross, despising the shame.” He focused on the eternal (the joy set before Him) instead of the temporal (the shame of the cross). Corrie Ten Boom wisely said, “Don't pray when you feel like it. Have an appointment with the Lord and keep it.” This lady really understood how to put feelings in their place. This survivor of the WWII death camps also said, “Forgiveness is an act of the will, and the will can function regardless of the temperature of the heart.”

Feelings are not evil; we have feelings because we are made in the image of a passionate God who experiences a robust range of feelings. But they *are* fallen because everything about us is fallen ever since sin entered the world.

That's why feelings make lousy idols.



This blog post originally appeared at  
[blogs.bible.org/engage/sue\\_bohlin/feelings\\_a\\_lousy\\_idol](https://blogs.bible.org/engage/sue_bohlin/feelings_a_lousy_idol)  
on May 10, 2011.

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# Consumerism - A Biblical Perspective

Kerby Anderson

*Kerby Anderson examines ways in which a consumerist mindset is a concern for both society and the church. He concludes by providing a biblical perspective.*

Consumerism is a concern within society and within the church. So I would like to analyze both of these areas of concern by citing books that address this issue. The classic secular book on this subject is *Affluenza: The All-Consuming Epidemic*.<sup>{1}</sup> An excellent Christian book that deals with the topic of consumerism (in one of its chapters) is Michael Craven's book *Uncompromised Faith: Overcoming Our Culturalized Christianity*.<sup>{2}</sup>

What is consumerism? Many people use the terms *materialism* and *consumerism* interchangeably. But there is a difference. Consumerism is much more than mere materialism. It is a way of perceiving the world that has affected all of us (especially Americans)—young and old, rich and poor, believer and non-believer—in significant ways. Essentially it is a never-ending desire to possess material goods and to achieve personal success.

Others have defined consumerism as *having* rather than *being*.<sup>{3}</sup> Your worth

and value are measured by what you have rather than by who you are. It is buying into a particular lifestyle in order to find your value, worth, and dignity. As Christians we should be defined by the fact that we are created in God's image and have intrinsic worth and dignity.

Even secular writers see the problems with consumerism. The writers of *Affluenza* say that it is a virus that "is not confined to the upper classes but has found its way throughout our society. Its symptoms affect the poor as well as the rich . . . Affluenza infects all of us, though in different ways." [\[4\]](#)

The authors go on to say that "the *Affluenza* epidemic is rooted in the obsessive, almost religious quest for economic expansion that has become the core principle of what is called the American dream." [\[5\]](#)

*Affluenza* is rooted in a number of key concepts. First, it is rooted in the belief that the measure of national progress can be measured by the gross domestic product. Second, it is rooted in the idea that each generation must do better economically than the previous generation.

The consequences of this are devastating to both the nation and individuals. We are living in a time when the economic realities should be restraining spending (both as a nation and as individuals). Instead, we have corporately and individually pursued a lifestyle of "buy now and pay later" in order to expand economically. As we have discussed in previous articles, this philosophy has not served us well.

In an attempt to find happiness and contentment by pursuing "the good life," Americans have instead found it empty. Consumerism seems to promise fulfillment, but alas, it is merely an illusion. Consumerism does not satisfy.

## **Inverted Values and Changing Attitudes**

Anyone looking at some of the social statistics for the U.S. might conclude that our priorities are out of whack. For example, we spend more on shoes, jewelry, and watches than on higher education. We spend much more on auto maintenance than on religious and welfare activities. And three times as many Americans buy Christmas presents for their pets than buy a present for their neighbors.[{6}](#)

Debt and waste also show skewed priorities. More Americans have declared personal bankruptcy than graduated from college. Our annual production of solid waste would fill a convoy of garbage trucks stretching halfway to the moon. We have twice as many shopping centers as high schools.[{7}](#)

Americans seem to be working themselves to death in order to pay for everything they own or want to buy. We now work more hours each year than do the citizens of any other industrial country, including Japan. And according to Department of Labor statistics, full-time American workers are putting in one hundred sixty hours more (essentially one month more) than they did in 1969.[{8}](#) And ninety-five percent of our workers say the wish they could spend more time with their families.[{9}](#)

Americans do recognize the problem and are trying to simplify their lives. A poll by the Center for a New American Dream showed a change in attitudes and action. The poll revealed that eighty-five percent of Americans think our priorities are out of whack. For example, nearly nine in ten (eighty-eight percent) said American society is too materialistic. They also found that most Americans (ninety-three percent) feel we are too focused on working and making money. They also believed (ninety-one percent) that we buy and consume more than we need. More than half of Americans (fifty-two percent) said they have too much debt.[{10}](#)

The poll found that many Americans were taking steps to work less, even if that meant reducing their consuming. Nearly half of Americans (forty-eight percent) say they voluntarily made changes in their life in order to get more time and have a less stressful life. This increase in the number of self-proclaimed “down-shifters” suggests the beginning of a national change in priorities.

Perhaps Americans are coming to the realization that more consumer goods don’t make them happy. Think back to the year 1957. That was the year that the program *Leave it to Beaver* premiered on television. It was also the year that the Russians shot Sputnik into space. That was a long time ago.

But 1957 is significant for another reason. It was that year that Americans described themselves as “very happy” reached a plateau.[{11}](#) Since then there has been an ever declining percentage of Americans who describe themselves that way even though the size of the average home today is twice what it was in the 1950s and these homes are filled with consumer electronics someone back then could only dream about.

## **Undermining the Family and Church**

What has been the impact of consumerism? Michael Craven talks about how consumerism has undermined the family and the church.

The family has been adversely affected by the time pressures created by a consumer mentality. Family time used to be insulated to a degree from employment demands. That is no longer true. “We no longer hesitate to work weekends and evenings or to travel Sundays, for example, in order to make the Monday-morning meeting.”[{12}](#) As we have already mentioned, Americans are working more hours than ever before. The signal that is being sent throughout the corporate world is that you must be willing to sacrifice time with your family in order to get ahead. And that is exactly what is taking place.

Sociologists have concluded that “since 1969 the time American parents spend with their children has declined by 22 hours per week.” [{13}](#) Some have questioned this study because its estimate of the decline came from subtracting increased employment hours of parents from total waking hours. But I believe it makes the point that families are suffering from consumerism and this study parallels other studies that have looked at the decline in quality parent-child interaction at home.

The bottom line is this: Americans may talk about family values and quality time with their kids but their behavior demonstrates that they don’t live those values. Frequently children and their needs are sacrificed on the altar of career success. The marketplace trumps family time more than we would like to think that it does.

The church has also been undermined by consumerism. Busy lifestyles and time pressures crowd out church attendance. Weekly church attendance has reached an all-time low in America. And even for those who try to regularly attend church, attendance is sometimes hit-or-miss. Years ago I realized how difficult it was to teach a series in a Sunday School class because there was so little continuity in attendance from one week to the next.

Craven points out that those who are dissatisfied with a consumerist-created lifestyle turn to church for meaning and purpose. Unfortunately, they think that “by integrating a ‘little religion’ into their lives they will balance and perfect the lifestyle. Tragically, they do not realize it is not their lifestyle that is in need of salvation, it is their very souls.” [{14}](#)

Consumerism also affects the way we go about the Christian life. Religious consumerists add spiritual disciplines to their life in the same way they approach work (as a task to be fulfilled with measurable goals). In the end, spiritual activity becomes one more item on a to-do list.

Craven reminds us that Jesus Christ is not to be treated as one good among many.

Jesus Christ should be the supreme Good and the source of all life.

## **Undermining the Community and Character**

What has been the impact of consumerism? Craven talks about how consumerism has undermined community and how it has also undermined virtue and character. “With the increased priority given to the marketplace, there follows a decreased commitment to neighbors, community, and connections to extended family; children are displaced in pursuit of opportunities, and familial priorities become subverted to company demands.” [{15}](#)

This has an adverse impact on citizenship. People are no longer citizens but consumers. Citizens have duties and responsibilities to their fellow citizens. Consumers do not. They are merely partaking of what the consumer economy provides for them. Citizens care about others and their community. Consumers only care about what the society can provide to them.

Christian philosopher Francis Schaeffer predicted that as society moved from the “death of God” to what today we can call the “death of truth” there would only be two things left: “personal peace and personal prosperity.” Schaeffer argued that once Americans accepted these values, they would sacrifice everything to protect their personal peace and affluence. [{16}](#)

Consumerism also undermines virtue and character. It “shifts the objective of human life away from cultivating virtue and character, knowing truth, and being content to an artificially constructed, idealized lifestyle that is continually reinforced through media, entertainment, and advertising.” [{17}](#)

With this view of life, things become more important than people. Having is more important than being. And it is a lifestyle that pursues distraction (sports, entertainment, hobbies, etc.) almost in an effort to keep from thinking about the real world and its circumstances.

As we have already noted, consumerism does not satisfy. In fact, it can be argued that a consumerist mentality puts us in an emotional place where we are perpetually discontent. We are unable to rest in that which is good because we always want more. This is made even more difficult in our world where advertising images provide a seemingly endless series of choices that are promoted to us as necessary in order to achieve the perfect life.

Michael Craven points out that when Christians talk about being content, this is often ridiculed as being willing to “settle for less” and even condemned as “lazy, defeatist, and even irresponsible.”[\[18\]](#) Instead we are spurred on by talk of “doing all things to the glory of God” which can be used to justify a consumerist mentality.

## **A Biblical Perspective on Materialism and Consumerism**

We live in a culture that encourages us to buy more and more. No longer are we encouraged to live within our means. We are tempted to buy more than just the necessities and tempted to spend more on luxuries. The Bible warns us about this. Proverbs 21:17 says, “He who loves pleasure will become a poor man; He who loves wine and oil will not become rich.”

In our lifetimes we have lots of money that flows through our hands, and we need to make wiser choices. Consider that a person who makes just \$25,000 a year will in his lifetime have a million dollars pass through his hands. The median family income in America is twice that. That means that two million dollars will pass through the average American family’s hands.

A tragic aspect of consumerism is that there is never enough. There is always the desire for more because each purchase only satisfies for short while. Then there is the need for more and more. Essentially, it is the law of diminishing returns.



Economists use a more technical term—the law of diminishing marginal return. Simply put, the more we get, the less it satisfies and the more we want.

Once again the Bible warns us about this. Haggai 1:5-6 says, “Now therefore, thus says the Lord of hosts, ‘Consider your ways! You have sown much, but harvest little; you eat, but there is not enough to be satisfied; you drink, but there is not enough to become drunk; you put on clothing, but no one is warm enough; and he who earns, earns wages to put into a purse with holes.’”

We should also be responsible citizens. A tragic consequence of consumerism is what it does to the average citizen. James Kunstler, author of *The Geography of Nowhere*, believes we have “mutated from citizens to consumers.” He says that “consumers have no duties or responsibilities or obligations to their fellow consumers. Citizens do. They have the obligation to care about their fellow citizens and about the integrity of the town’s environment and history.”[\[19\]](#)

America was once a nation of joiners. Alexis de Tocqueville noted this in his book *Democracy in America*. Americans would join in all sorts of voluntary associations. But we seem to no longer be joiners but loners. Sure, there are still many people volunteering and giving their time. But much of this is “on the run” as we shuffle from place to place in our busy lives.

Christians are called to be the salt of the earth (Matthew 5:13) and the light of the world (Matthew 5:14-16). We are also called to be ambassadors for Christ (2 Corinthians 5:20). We must resist the temptations of consumerism that encourage us to focus on ourselves and withdraw from active involvement in society.

## Notes

1. John DeGraaf, David Wann, and Thomas Naylor, *Affluenza: The All-Consuming Epidemic*, 2nd ed. (San Francisco: Berrett-Koehler, 2005).
2. Michael Craven, *Uncompromised Faith: Overcoming Our Culturalized Christianity* (Colorado Springs, CO: NavPress, 2009).

3. Richard John Neuhaus, *Doing Well and Doing Good: The Challenge to the Christian Capitalist* (New York: Doubleday, 1992), 52-53.
4. *Affluenza*, xviii.
5. *Ibid.*, 3.
6. U.S. Census Bureau, *Statistical Abstract of the United States* (Washington, DC: U.S. Government Printing Office, 2004-2005).
7. *Affluenza*, 4.
8. *Ibid.*, 42.
9. *Ibid.*, 4.
10. Center for a New American Dream, 2004 survey, [www.newdream.org/about/pdfs/PollRelease.pdf](http://www.newdream.org/about/pdfs/PollRelease.pdf).
11. David Myers, *The American Paradox* (New Haven, CT: Yale University Press, 2000), 136.
12. Craven, *Uncompromised Faith*, 79.
13. L.C. Sayer, et. All, "Are Parents Investing Less in Children?", paper presented at the American Sociological Association annual meeting, August 2000.
14. *Affluenza*, 80.
15. *Ibid.*
16. Francis Schaeffer, *How Should We Then Live?* (Old Tappan: NJ: Fleming Revell, 1976), 205.
17. *Affluenza*, 81.
18. *Ibid.*, 83.
19. James Kunstler in discussion with David Wann, March 1997, quoted in *Affluenza*, 65.

# The Effect of Origins on Society

Heather Zeiger

## Why Is the Subject of Origins Important?

Every worldview addresses the question, “Where did we come from?” The Christian worldview says that we are a special part of creation made in the image of God. A materialistic worldview says that we are the product of natural selection and random mutations acting on organisms. The Christian view of origins is called Creation; the materialistic view of origins is called Darwinism. The Christian worldview is based on faith in the creative work of God of the Bible. The materialistic worldview is based on faith in the creative power of natural selection acting on mutations.

There are evidences for and against these worldviews from scientific research being conducted in the areas of intelligent design, evolutionary biology, genetics, mathematics, astronomy, and many other fields. However, people will often confuse the worldview with the scientific evidence. Worldviews are a way of explaining the evidence. For example, we see that during a drought birds with longer beaks are selected over birds with shorter beaks. This is an observation. Saying that this is evidence for natural selection’s creative ability to make totally new types of creatures is an extrapolation based on a worldview. Just as there is a right and a wrong interpretation for observations, there are right and wrong worldviews. And one way to test for a worldview is whether or not it is livable.

So does your view of origins affect other areas of life than just science? Yes, these two views of origins have a profound effect on how we value people and how we view personhood and personal responsibility. Using John West’s book *Darwin Day in America* as a resource, we will look at how the materialistic worldview has trickled down into areas of society that affect us every day.

West argues in his book that the logical end materialistic worldview leaves nothing for an ethical standard other than to survive. The materialistic worldview says that non-living chemicals came together to make genetic material which then made an organism and that organism evolved until we got human beings. This view claims that man is made from chemicals and is no more valuable than any other animal. The logical end to this perspective is that everything a man does is a result of his genes and his environment. He therefore has no choices or free will of his own. His actions are the result of natural selection acting on him. This has important consequences for how we deal with crime, personhood, the embryo, the infirmed, and education.

West says, "Darwin helped spark an intellectual revolution that sought to apply materialism to nearly every area of human endeavor. This new, thoroughly 'scientific' materialism affected the entire span of culture, from economics and politics to education and the arts".<sup>{1}</sup> Darwin published *Origin of Species* one hundred fifty years ago, but it is in the mid-twentieth century that we begin to see how his theory has trickled down into society.

## Crime and Responsibility

How does a materialistic worldview affect society? For one thing, a Darwinian view of man has changed our criminal justice system.

How are the courts and science related? In our culture, the scientists are the holders of truth and the courts are the arbiters of law. And while the idea that law coincides with truth is good and even biblical, the idea that scientists, and only scientists, are the ones who dictate truth is a dangerous position. If the pervading worldview in science is materialism, then a materialistic view of man is reflected in the courts.

According to a materialistic worldview, man is the product of his genes and his environment with no real ability to act differently than what his genes and

environment would have him do. If this is the case, then how can he be held responsible for his crimes? Why not just blame bad genes or a bad home life? Often this is what is argued in the courts.

West describes the crux of the problem. In order to provide protection and have an orderly society, the criminal justice system needs to punish wrong behavior. But from a materialistic worldview, there is no moral foundation for individual responsibility. A materialist perspective does not blame the individual but their genes or the way that they were raised (their environment). West outlines a history of criminals getting off in the name of very loose definitions of insanity, and other criminals undergoing treatment instead of punishment.<sup>{2}</sup> And the treatment, at times, amounts to something closer to coercion or torture.<sup>{3}</sup> Whether we are talking about being overly lenient by giving criminals excuses or coercing them to treatment, both diminish the value and dignity of the individual as a person.

The Christian view of man is that, although differences in our genetics or our environment may mean that we have different struggles or temptations than others, we are made in God's image. Therefore, just as God treats us with dignity by exacting punishment for our actions, so, too, do we treat people with inherent dignity by exacting punishment and allowing for atonement. The Darwinian view says that we are not responsible because we are a product of our genes, but it also says that we are not redeemable because we will remain flawed.

Our entire criminal justice system is based on the idea that man can be held accountable for his crimes, that he has a choice in what he does. Furthermore, it is based on the inherent dignity that every individual has, so that a wrong done to one individual must result in the wrong-doer being punished. This maintains equal dignity and value in both individuals.<sup>{4}</sup> However, this system crumbles under a materialistic worldview.

So man is a product of his genes and his environment, a view which, taken to its

logical end, has conflicting and dangerous results for exacting justice in society. Now we turn to how this view of man affects how we treat others that are different from us and how we define “normal.”

## Personhood

At the beginning of the twentieth century, during the rise of the scientific revolution, the idea of atonement for a guilty crime changed to an idea of fixing a broken machine. Criminals were treated as if they were machines with broken parts, instead of individuals with value and free will, because scientists had supposedly found a materialistic cause for crime. Something in their genetic code went wrong, so many were subjected to some kind of institutionalization or treatment. As John West points out in *Darwin Day in America*, the idea is if science can explain the problem, then science can fix it.<sup>{5}</sup> One way that scientists attempted to fix this problem was to try to breed out the bad traits. Scientists in the '30s, '40s and '50s reasoned that bad behavior, stupidity, and emotional instability were passed down from parent to child just like physical traits, and the only way to cleanse our society of these ailments was to sterilize those who carry these traits.

It began with criminals being sterilized; then it turned to those who were mentally handicapped; then those who were deemed less intelligent, poor, or unproductive in society were sterilized. In hindsight it is easy to see how this slippery slope happened. One group changes the standards by which we value other groups. No longer is the foundation in the Judeo-Christian concept that all individuals have inherent value, but in the Darwinian concept that some are less valuable than others and deemed less worthy of life than the more “fit” in society. This was the breeding ground for what would become the eugenics movement. [Editor’s note: Eugenics is the idea that the human race can be improved by careful selection of those who mate and produce offspring. The word comes from the Greek word *eugenes*, “well-born, of good stock,” from *eu-* “good” + *genos* “birth.”]

We saw the logical end of the eugenics movement in Nazi Germany. Darwinism was not necessarily the cause for Nazi Germany, but eugenics was justified with a Darwinian view of man. This is an important picture of how one can promote one's worldview (and one's prejudices) in the name of science. Darwinism allows for race discrimination and even genocide. As West points out, "Historically speaking, the eugenics movement is important because it was one of the first—and most powerful—efforts to use science to expand the power of the state over social matters. Eugenists claimed that their superior scientific knowledge trumped the beliefs of nonscientists, and so they should be allowed to design a truly scientific welfare policy." [\[6\]](#)

Today this attitude is still seen when doctors, lawyers, and family members evaluate individuals based on their physical abilities and their cost to society. Oftentimes individuals are assessed based on their perceived "quality of life." Unfortunately, this usually reflects what the doctor, lawyer, or family member would hate to have happen to themselves than the actual desires of the individual in question. Judging others unworthy of life based on physical features or capabilities ignores the inherent value and dignity God has given man as being made in His image.

## **The Beginning and End of Life**

We have looked at how a society that promotes a materialistic worldview results in a degraded view of personhood. This degraded view includes basing a person's value on how well they physically function and how much they cost society. However, from a Christian view, humans were created with a purpose and in the image of God. They have inherent value beyond their physical bodies.

How does a Darwinian view of man's origin affect the way we look at the most vulnerable in society—the embryo and the aged or infirmed?

West traces a historical record of the legalization of abortion and demonstrates



why we have the debate about embryonic stem cell research today.[{7}](#) Darwinism is not the cause of the legalization of abortion and destruction of embryos, but it provided an ideology that allowed people to justify it. It began with a scientist named Haeckel who influenced Darwin. Haeckel discussed how all embryos go through stages of development and how the earliest stages look very similar to each other. In his famous drawings, he shows how a human embryo goes from a small fish-like creature that looks similar to other animal embryos, to a human-looking embryo. He said that the fetus goes through a mini version of evolutionary development.[{8}](#)

What conclusions were drawn from this? If the fetus is no more than a fish, then it is as ethical to discard it as it would be to discard a fish. The only problem with this idea is that it is now well-documented that Haeckel's drawings were faked, and the similarities were more contrived than real. Despite this finding, people still latched on to the concept and refused to accept that the fetus does not go through evolutionary stages. It is from this concept that many justify early stage abortion and embryonic stem cell research; the clump of cells or the mass does not look human.[{9}](#) This is an example of basing a person's value on their physical appearance and function.

Today we not only see this idea played out in the unborn, but also in the elderly and the infirmed. Many family members and doctors elect to end someone's life because they have deemed them less valuable. Again, the basis of this is on how well they physically function. One group is putting value on another group.

Both of these examples demonstrate how our culture has bought into a materialistic worldview which devalues the person that does not have certain physical characteristics. As Christians we value human life and believe that the embryo, the aged, and the infirmed have inherent dignity despite how they might function or appear.

## Education

We have been looking at how a Darwinian view of man led to a slow and steady dehumanization of man. Our view of origins affects other areas of life as well. In this section, we will address how a Darwinian view of man has influenced how we educate our children. A Darwinian view says that there is no absolute authority; there is merely survival of the fittest. In academics that means teaching based on what works, not on what is right.

One of the biggest influences on our educational system, both in public and private schools, has been John Dewey. As Nancy Pearcey points out in her book *Total Truth*, Dewey thought education should be like biological evolution where students construct their own answers based on what works best. Pearcey calls this “a kind of mental adaptation to the environment.”<sup>{10}</sup> It is easy to see how this leads to moral relativism. Students are not taught character or values. Instead, they learn that an idea or a concept is deemed valuable if it works, not if it is right. Teachers are taught in certification classes to guide students along and help them to come up with their own moral code. Teachers are not allowed to punish students for wrongdoing, because they have no moral basis to do so, but are still expected to have an orderly classroom. In some cases teachers are not permitted to give a failing grade to a student who is genuinely failing. Also they are not permitted to give A’s to good students for fear that they may not continue putting forth effort. Students are stripped of the concept of an objective standard or absolute morals, and by the time they are high school seniors, they are more educated in how to play the system than in reading, writing, or arithmetic. This is the very fruit of Dewey’s pragmatism, and it continues through the university level. When students are stripped of any set of beliefs and a moral foundation, they are left empty and ready to be filled with the pervading worldview of academia. What we end up with is a fully indoctrinated student with a materialistic worldview.<sup>{11}</sup>

Contemporary materialism’s view of origins, known as Darwinism, has profound

effects on our society. As Christians we need to be a light unto the world by showing that human beings are more than their genes and environment, that they have inherent value, and that there are moral foundations beyond survival of the fittest.

## Notes

1. John West, *Darwin Day in America* (Wilmington, DE: ISI Books, 2007), 41-42.
2. Ibid., 73.
3. Ibid., 79-101
4. For a good article on capital punishment and human dignity see Kerby Anderson, "Capital Punishment," Probe, 1992, [www.probe.org/capital-punishment/](http://www.probe.org/capital-punishment/).
5. West, *Darwin Day*, 80.
6. Ibid., 162.
7. Ibid., 325-335.
8. See Jonathan Wells, *Icons of Evolution* (Washington, DC: Regency Publishing, 2000), chap. 5.
9. Ibid., 330.
10. Nancy Pearcey, *Total Truth* (Wheaton, IL: Crossway Books, 2005), 239.
11. See Don Closson, "Humanist Psychology and Education" Probe, 1991, [www.probe.org/humanistic-psychology-and-education/](http://www.probe.org/humanistic-psychology-and-education/); Closson, "Grading America's Schools," Probe, 2002, [www.probe.org/grading-americas-schools/](http://www.probe.org/grading-americas-schools/); and Kerby Anderson, "Cultural Relativism," Probe, 2004, [www.probe.org/cultural-relativism/](http://www.probe.org/cultural-relativism/).

# The Spiritual Brain

Heather Zeiger

*Heather Zeiger keys off The Spiritual Brain by Beauregard and O'Leary to critique the materialist position that belief in God is simply in the neurons of the material brain. The Christian worldview is non-materialist and recent experiments bear out its power of explanation over and against the materialist worldview.*

## The Worldview of Neuroscience

The popular worldview held in neuroscience, or the study of the brain, is materialism. Materialism says that humans are only physical beings, which means there is no possibility of an immaterial mind or a soul. On the other hand, non-materialists would say that humans have both a physical aspect and a spiritual aspect. As Christians, we are non-materialists, and would say that we are both physical and spiritual because God, a spiritual being, created us in His image. However, our physical bodies are important because God gave us bodies suited for us.

But what if materialism were true? First, self-consciousness would just be an evolutionary bi-product; something that randomly evolved to help our species survive. Secondly, we would just be a product of our genes and our environment, so free will or the ability to make decisions would be an illusion. This implies that our thought life, our prayers, and everything that dictates our identity is nothing more than neurons firing. [\[1\]](#) And from this we can conclude that our beliefs are unimportant because we really can not trust them anyway. They might be caused by a misfiring neuron. But is this what the data shows us?

In this article we will be looking at some examples in neuroscience that seem to contradict materialism, and to guide us we will be using the recently released book, *The Spiritual Brain* by Mario Beauregard and Denyse O'Leary. We will look at some experiments materialists have tried to do to explain religious experiences

and their effects on the body. Then we will look at some experiments that can only be explained from a non-materialistic worldview. Finally, we will see how the data from neuroscience fits within a Christian view of the mind and brain.

*The Spiritual Brain* does not take a distinctly Christian perspective. So while the studies within this book do not necessarily confirm or deny that Christianity is the “best” religion, it is still useful for apologetics. First, it allows us to break through the language barrier between a materialist and a Christian by looking at data in general neuroscience terms. Second, science studies the world around us, which is God’s general revelation, and while this gives us truths about the character of God and His creation, our interpretation of the data must be filtered through the lens of the special revelation of God’s Word.

## Is God All in Our Heads?

Is there a part of our brain that creates God? Are some people genetically predisposed to being religious? A materialist would say “yes” to these questions. However, as the book *The Spiritual Brain* shows us materialists have not been successful in proving this.

Dean Hamer, geneticist and author of the book *The God Gene*, proposed that some people are more religious than others because they have one DNA letter that is different from non-religious people.<sup>{2}</sup> While this story was touted as a breakthrough in the media, the scientific community was not amused. Hamer’s experiments were not well-defined, and no one could replicate them.<sup>{3}</sup>

Another popular theory is that people that have a religious experience may be suffering from mild forms of temporal lobe epilepsy. Basically, a misfiring in the brain causes people to be obsessive about something, like religion. These scientists speculate that people like Mother Teresa, Joan of Arc, and the apostle Paul are likely candidates for temporal lobe epilepsy.<sup>{4}</sup> Epilepsy specialists, however, do not believe that religious experiences are characteristic of temporal

lobe epilepsy, and usually seizures are not associated with peace, tranquility, or religious visions. Also, temporal lobe epilepsy is quite rare, yet over sixty percent of Americans have reported having some kind of religious or mystical experience. And as we will see, many parts of the brain are involved in religious experiences, while temporal lobe epilepsy is much more centralized. [{5}](#)

Perhaps one of the strangest experiments to hit the popular media was that of the God Helmet. Neuroscientist Michael Persinger claimed that religious people were more sensitive to magnetic fields, and that electromagnetic radiation was what prompted religious experiences. He developed a helmet that produced strong electromagnetic waves. Several people who tried on the God Helmet reported having a religious or mystical experience of some sort. However, there were some fundamental flaws in the whole setup, including the fact that Persinger never published his results and did not have brain scans to back up his statements. Eventually, a group of scientists from Sweden, using a double-blind test, proved that the God Helmet was really the power of suggestion. The electromagnetic waves didn't cause the religious experiences. [{6}](#)

## Experiments That Don't Mind

All of these failed experiments presumed that there is no God and there is no spiritual component to people. We have shown, however, how the evidence from neuroscience doesn't seem to fit the materialistic worldview. As we will see, some experiments reported in *The Spiritual Brain* cannot be explained from this worldview. What we will find is that they fit nicely within a Christian worldview.

The first example is obsessive compulsive disorder therapy. Obsessive compulsive disorder, or OCD, occurs when a person has distressing or unwanted thoughts that dominate their thinking, and these obsessions trigger an urge to do some kind of ritual behavior, also known as a compulsion. The interesting thing about OCD is that the person knows that the obsession is irrational and the ritual won't really fix it, but their feelings tell them otherwise. Scientific studies have shown



that the brain is actually misfiring. The part of the brain that tells a person, “There’s a problem, do something to fix it,” is firing at the wrong times. OCD is a clear case of a healthy mind and a malfunctioning brain.

A materialistic worldview would say that the only way to treat OCD is by *physically* fixing the bad neurons. However, the treatment that actually works involves the patients *mentally* fixing the bad neurons. Patients learn to take control of their OCD by recognizing when their brain is misfiring, and try to starve the urges to do the ritual. After treatment, brain scans show that the brain of an OCD patient is starting to fix itself. The patient is changing his physical brain with his mind!{7}

Similar kinds of therapies have been applied to depression and phobias.{8} In both cases, *The Spiritual Brain* reports instances where a patient’s brain chemistry was directly affected by their mind.

Another phenomenon that can’t be explained from a materialist’s worldview is the placebo effect. The patient is given a medicine that they are told will help them, but in actuality they are given a sugar pill. Interestingly, the patient’s belief that the sugar pill will help them has caused measurable, observable relief from symptoms. Many doctors say that a patient’s attitude oftentimes can help or hinder real medicines or therapies from working.{9}

The ability of the mind to change the brain’s chemistry does not fit within a materialistic worldview. But as Christians we know that our minds are very real and can have a very real effect on our physical bodies.

## Can We Take a Brain Scan of God?

As noted previously, the popular worldview among neuroscientists is materialism, which essentially means they do not account for or acknowledge spiritual effects on the brain nor do they believe that there is a spiritual component to the person. This would mean that even religious experiences are just our neurons firing.



Materialists would claim that either the effects of religious experiences, including prayer, are neurons misfiring, or the person is faking it.

On the other hand, Christians believe that there is a spiritual realm, and there is a spiritual component to human beings that we call the mind or the soul. We believe that when we pray that we are actually praying to God who is real and separate from us, not just a figment of our imagination.

Mario Beauregard, one of the authors of *The Spiritual Brain*, took brain scans of Carmelite nuns while they were remembering the deepest and most poignant religious experience they had had.<sup>{10}</sup> Using functional MRI and QEEG he hoped to see what parts of the nuns' brains were active.<sup>{11}</sup>

Dr. Beauregard and his lab found that religious experiences involved many brain regions at once, which rules out materialists' suggestion that there is some kind of "God spot" in the brain.<sup>{12}</sup> They also found that brain scans during these religious experiences were very complex and consistent with something other than merely an emotional state. Lastly, they determined that the data did not have any of the markers one would expect to see if the nuns were faking it or lying.

This is all that the data can tell us. Physical machines cannot prove the existence of a spiritual God. But as the authors of *The Spiritual Brain* point out, what these experiments do show is that certain explanations, namely materialistic ones, are inadequate for explaining the data in neuroscience. The nuns are experiencing something beyond what materialism can account for.

Prayer is complex and more than just emotional contrivances, so from a Christian worldview, the results are not surprising.

## **The Christian View of the Mind and Brain**

Experiments such as the God Helmet and theories about temporal lobe epilepsy did not work because their premise was that God was something we made up

ourselves. However, as Christians we know this is false. The Bible says that God is the creator and is distinct from His creation, not made from it.

The results of experiments with OCD, phobias, depression, and the placebo effect do not make sense to materialists because the mind seems to affect the physical brain. However, we know from Scripture that the mind, or the soul, is an essential part of our being. James 2:26 and Luke 8:55 show us that when the soul leaves, the body is dead, and when the soul returns, the body is alive. Also, passages such as Matthew 26:41 and Romans 8:10 and 11 tell us that our spirit can affect what our bodies do and keep us from sinning. Passages about the resurrection such as in 1 Corinthians 15 discuss the distinction between our spirit and our physical body.

Lastly, the experiment with the Carmelite nuns showed that during a deeply prayerful experience, their brains display signs of a very complex interaction that is going on. As Christians, we believe prayer is a way to interact with the Creator Who is separate and distinct from us. While this experiment does not prove God's existence, it is reasonable to conclude that it is the level of complexity we would expect to see if someone were interacting with something distinct from themselves.

At one time people feared that neuroscience would be the death of God. The fear was that science might prove that everything that we do, including prayer and worship could be reduced to neurons firing in our brains. Hopefully, you are convinced that neuroscience actually points us towards God. There is evidence for a spiritual component of the human self. And, the evidence is consistent with what we would expect from a Christian worldview.

## **Notes**

1. Mario Beauregard and Denyse O'Leary, *The Spiritual Brain* (New York: Harper Collins, 2007) 3, 4.
2. *Ibid.*, 48-50.

3. Ibid., 51, 52.
4. Ibid., 58, 64.
5. Ibid., 72, 71.
6. Ibid., 79-100.
7. Ibid., 126-130.
8. Ibid., 133-140.
9. Ibid., 141-142.
10. For a detailed account of the Carmelite nun experiment see Beauregard and O'Leary, *The Spiritual Brain*, 255-288.
11. Two things we must keep in mind. First, usually the brain will take the same pathways when it remembers an event as when the event actually happened. Second, this experiment can't tell us what the nuns were actually thinking, but it can tell us what kind of brain activity was occurring.
12. Beauregard and O'Leary, 42-44.
13. For more articles and information on the subjects covered in *The Spiritual Brain* see Denyse O'Leary's blog, Mindful Hack, at [mindfulhack.blogspot.com](http://mindfulhack.blogspot.com).
14. See also Kerby Anderson's article "Mind, Soul and Neuroethics" at [www.probe.org/mind-soul-and-neuroethics/](http://www.probe.org/mind-soul-and-neuroethics/).

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# A Meaningful World

Heather Zeiger

## The Poison of Meaninglessness

We have been drinking a poison that first infects our heads, then slowly moves to

our hearts. It is the poison of meaninglessness. Many people assume that science says the universe is without purpose and everything is a result of random, meaningless events. A recently released book, *A Meaningful World* by Benjamin Wiker and Jonathan Witt, [\[1\]](#) seeks to be the antidote to this poison by looking at science and how certain features of the universe do not fit within the materialistic worldview. This book will be our guide as we consider the question, How does science reveal meaning in the universe? But first, we need to understand the poison before we can discuss its antidote.

Within the scientific community, the assumption of meaninglessness is a result of its members' worldview. Most scientists hold to a materialistic worldview where everything is explained by physical or material causes, which are purposeless, random, natural events. Furthermore, a materialist reduces everything to its basic parts and claims that ultimate meaning lies in these parts. For example, when people say that we are a product of our genes, they are reducing humans to their chemical parts. By this definition, people do not have a soul, and the illusion of human genius or creativity is explained as neurons firing in the brain or animal instinct.

So if that is the poison, what is the antidote? The antidote comes from Christians who break the materialist spell by showing that the world is full of meaning and purpose because it has a Creator. This can be done by looking at scientific evidence for a meaningful world.

A good place to begin is with the idea of genius. Why study genius? Because the most poisonous effect of materialism is the way it skews our self-understanding or our worldview. In a materialistic world without a purpose, there would be no signs of creativity and genius in nature. Before Darwin's time, the evidences of creativity and beautiful design in nature were some of the best arguments against materialism. However, the theory of evolution through random, natural causes denied the masterful work of design.

First, we will learn how to recognize some common elements found in a work of genius by looking at one of the most well-known geniuses of all time, William Shakespeare. Then, we will see if those same elements show up in nature.

## How Do We Know It's Genius? The Example of Shakespeare

*A Meaningful World* describes four elements that will show up in a work of genius: depth, clarity, harmony, and elegance. If the world is designed by an ingenious designer, then we should see these four elements of genius in nature.

How do we detect genius in nature? Let's take a look at the work of a well-known playwright, William Shakespeare, as our model for describing the elements of genius.

Consider the situation in *Hamlet* where we get the famous and often misused line, "Methinks it is like a weasel." [\[2\]](#) The surface reading is that Hamlet and Polonius are looking at clouds and Hamlet observes that one looks like a weasel. As we delve deeper and consider the context, we find that Hamlet is actually exposing Polonius as a weasel himself.

The deeper meaning in Shakespeare's work has intrigued academics for years. And it points us to our first character of genius, *depth* or depth of meaning.

However, depth is nothing if it cannot be detected. So here we come to our next element of genius, *clarity*. Shakespeare did not write the scene with Hamlet and Polonius for his own whimsy, but so that the reader would detect the double meaning in Hamlet's weasel comment. Ingenious works have depth and meaning that beg to be discovered. Hence, they have clarity.

The last two elements of genius go hand in hand: *harmony* and *elegance*. Harmony would describe how various parts—or in Shakespeare's case, how

various scenes—are interrelated. In all of Shakespeare’s plays, the characters and scenes are related to each other; no scene is random or contradictory to the rest of the play. They are in harmony with each other.

The last element, elegance, is not about parts but about the unifying whole. When all of the parts have come together and operate harmoniously, then we have a new element, in this case a play. No one scene stands alone, but is within a context of the whole. One cannot understand the line “Methinks it is like a weasel” without setting up the context of the play itself.

So from Shakespeare we have identified four important elements to genius: depth, clarity, harmony, and elegance. Let’s see if we can find these same elements in nature.

## **Genius in the Periodic Table of Elements**

When we turn to chemistry to see if we find a conspiracy of ingenious design, we will find that, just like a cleverly crafted puzzle that was meant to be solved, when you arrange the elements according to weight, the periodic table makes a stunning natural jigsaw puzzle.

Now that scientists have solved the jigsaw puzzle, they find that it gives us amazing information about atomic properties. This insight has allowed us to make everything from pharmaceuticals to cosmetics to weapons to particle accelerators. So is it just coincidence, or does the periodic table display the properties of ingenious design?

Let’s consider how the periodic table works. When you line the main elements up in groups of eight, the periodic table functions much like a Sudoku puzzle. Elements going across a row, or period, are related in their structure, while elements going down a column are related in their properties. Sudoku puzzles are designed by the puzzle maker with just the right amount of clues for the puzzle to

be solved. If you look at the history of chemistry, you will find that the periodic table was first put together because there just happened to be the right amount of clues to give us a reason to be suspicious of design.

Remember those four elements of Shakespeare's work: depth, clarity, harmony, and elegance? It turns out that when we consider the periodic table, these properties across rows and columns display a *depth* of meaning beyond the obvious weight of elements. Secondly, its properties are clear enough for us to discover them, so it has *clarity*. The jigsaw puzzle of the elements arranged in this way display a *harmony* that sings sweetly to chemists' ears; for example it turns out that elements on the right of the table generally combine with elements on the left of the table. Third, the periodic table of elements is *elegant* in how it operates as a functioning whole. We could not know the characteristics of many of the elements without having other elements to compare them to. In this sense, the table reads like a play in which each element is a character whose personality is only really seen in light of the entire cast of characters.

Although a materialist would say that we are nothing but chance chemical reactions, it seems that our chemistry is not so random after all, but that it was designed with us in mind. Next we will find mathematics and physics also have the properties of ingenious design.

## Genius in Mathematics and Physics

The worldview of many scientists would have us believe that the universe is meaningless because it is the result of chance random processes. In mathematics, a language of the universe, do we find the handiwork of genius designer?

In the book *A Meaningful World*, the authors emphasized the *clarity* of mathematics because the ability of the human mind to discern mathematical principles is quite remarkable. The universe seems to follow certain mathematical laws: the pattern of the multiplication table, musical scales, and the beauty of



symmetry. These mathematical laws, however, are not elusive. Since ancient times man has been able describe truths about nature in terms of numbers, counting, and patterns.

We can easily find the *harmony* and *elegance* in the language of nature by looking at mathematics and physics. Math has harmony because, starting with basic arithmetic, you can build all the way up to complex principles like calculus and trigonometry. The elegance of mathematics is really seen when applied to physical phenomena. After many years of experiments, we have discovered that the complicated idea of gravity can be described by one simple equation. This is natural elegance.

The *depth* of mathematics is more difficult to grasp because we are so accustomed to using math. After Newton's time, mathematics seemed to be the end all, be all, of the universe. This was stretched to the point that some worshipped mathematics over God. But soon mathematicians and scientists found that we did not actually have the whole picture. With Einstein's theory of general relativity and quantum mechanics, mathematics grew as a field and continues to grow and refine.

Although mathematics is an abstract idea, it is the language of the physical world. As we have seen, mathematics and the way it describes physical phenomena displays clarity, depth, harmony, and elegance. Math is the language that God invented. And it is one of the ways that He speaks to us of His existence.

## **Genius in Biology**

Since Darwin's day, biology has been infused with the idea that everything from bacteria to human beings has sprung from the result of random, purposeless, natural causes. But nature seems to show the fingerprints of the creative genius of our creator, God.

Can we see those signs in biology? *A Meaningful World* describes harmony within biology at length. Let's take a look at the cell.

The cell contains many parts: the mitochondria, the nucleus, and DNA. Each of these parts has its particular job to do. And, in addition, each part has a job that is related to all of the other parts of the cell. Think of the cell like a car engine and mitochondria as the carburetor. A carburetor has a specific job in the engine. You cannot talk about what a carburetor is without explaining how it works within the engine. Its job is related to all of the other parts. This is *harmony*, one of our elements of genius.

But what about elegance, depth, and clarity? It seems that these are also apparent in biology. The *elegance* of the cell is how it functions as one intricate machine, like our car engine. The cell is a biological engine; actually it is a very efficient, self-sustaining, self-replicating engine.

What about depth in biology? Let's go back to the cell. Cells get their energy through metabolism. We used to think that this was a simple path with many useless byproducts. Upon closer inspection, one sees that those byproducts have functions within the cell that are necessary for its survival. As we continue to study the cell, we find more and more *depth* to its function.

Finally, how does biology demonstrate *clarity*? Were we meant to find the handiwork of a designer? Most biologists would agree that biology is the study of things that have the appearance of design. If it appears designed perhaps it was, and perhaps we were meant to discover that. The genius behind biology is clear enough that God says that we are without excuse. [\[3\]](#)

Hopefully, you can see that creation is a masterful work of a divine genius. As the book *A Meaningful World* has shown us, nature bears the hallmark of design that has us, its students, in mind.

## Notes

1. Benjamin Wiker and Jonathan Witt, *A Meaningful World: How the Arts and Sciences Reveal the Genies of Nature* (Downers Grove, Ill.: InterVarsity Press, 2006).
2. Hamlet Act 3, Scene 2
3. [Romans 1:19,20](#) (ESV)

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# “How Do the Health-and-Wealth Believers Rationalize Their Beliefs?”

Don Closson

I read your [Stairway to Heaven article](#) on materialism and still can't understand why people (and especially these new mega churches) are still so into it. People have actually told me that God wants us to have wealth, and I keep receiving “religious” email chain letters about being “blessed” monetarily. I would prefer blessings of a more loving type . . . !!

My question is always, what kind of “wealth” does that necessarily mean? It is all so contradictory to Jesus' teachings as well as to His overthrowing of the merchants' tables in the Temple. How do they rationalize this way of thinking?

Thank you for your thoughtful response to my essay on materialism.

I also have difficulty understanding the “health and wealth” gospel that some

profess in the name of Christ. I find no justification for it in Scripture. In fact, I find just the opposite in passages like 1 Peter 4:12-16:

“Dear friends, do not be surprised at the painful trial you are suffering, as though something strange were happening to you.

But rejoice that you participate in the sufferings of Christ, so that you may be overjoyed when his glory is revealed.

If you are insulted because of the name of Christ, you are blessed, for the Spirit of glory and of God rests on you.

If you suffer, it should not be as a murderer or thief or any other kind of criminal, or even as a meddler.

However, if you suffer as a Christian, do not be ashamed, but praise God that you bear that name.”

Paul, in Romans 5, points out that suffering is an integral part of developing the character we need to serve Christ effectively. As to where this “health and wealth” gospel comes from, I suppose it begins with the very popular view that “God wants me to be happy” rather than the biblical admonition to be holy as God is holy. Fortunately, many churches (both large and small) work hard to overcome this form of hedonism.

For Him,

Don Closson

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