

“Can’t God Use Reiki to Heal?”

Hi Michael,

I am a Christian and I love Jesus with all my heart and believe in His healing power provided for us at the cross. I believe the provision is there, in the spiritual realm and it is up to us to connect with it and receive healing through prayer and taking authority in Jesus’ name. I believe He works through us and doesn’t refuse any prayer for healing, but does need us to connect with the healing and bring it into the physical realm.

Many Christians go to the doctors, take medication, have operations and none of these practices are frowned upon as “not being dependent on God for healing,” but many do not glorify Jesus in their healing, they usually give the glory to the doctor or hospital who treated them.

I pray for healing and the power to receive and have had healing on many occasions and if I haven’t immediately received, I do not for one minute think God hasn’t healed me, I know it’s my connection or the connection of whoever is praying for my healing that is not quite right.

Yesterday I went for a massage. The therapist asked me about any problem areas. I told her I had had problems with my back on and off for many years, but believed God had healed me. She began the massage, then she suddenly said, “I found the problem spot,”—which she had, she was right on it—“My hand has gone really hot, I’m doing reiki on it.” She didn’t ask me, she just did it. I didn’t mind, didn’t know much about it. The next morning I woke up and for the first time in years got out of bed without any pain or stiffness and my back has been great all day, despite lifting and carrying as is the nature

of my job. I know it has been healed and I thanked God for the healing and texted the lady to tell her my back was healed. I don't for one minute think she healed me, no more than Benny Hinn heals anyone, he is just a channel like the massage lady was. I gave the glory to God and always will.

I wanted to know more about reiki; that's why I looked on the internet for information and read your article with interest. I must say I am confused and must look into this further, I only want to do the right thing and I will of course speak with my pastor and other Christians, but my main point is that it seems instead of using man-made drugs and procedures for healing, we used natural energy that I believe was created by God for our use.

I'm glad to hear that your back is feeling better! At the same time, I must honestly say that some of the views expressed in your letter strike me as biblically and theologically unsound. Allow me to explain.

I think your first paragraph is a fairly good example. I personally don't believe that what you're describing here is actually biblical Christianity. After all, where does the Bible teach that God needs us "to connect with the healing and bring it into the physical realm"? What does this even mean? I've read such things in books by Wiccans (I'm being totally serious here), but I don't believe that this is a Christian notion. After all, is God not sovereign and omnipotent? Can He not heal anyone He wants—and at any time He wants?

And if God does not refuse a request for healing, then what do you say to all the truly godly Christian people who (along with their churches and families) have urgently pleaded with God for healing—and not received it? Please think very carefully about this, because you could unintentionally end up causing a great deal of spiritual and emotional pain by insisting that such people do not have enough faith to be healed. Let me offer a bit of biblical support for this

contention.

Many evangelical biblical scholars believe that Paul's "thorn in the flesh" was some kind of physical malady. But the Lord refused to heal him of it (2 Cor. 12:7-10). Now did Paul really not have enough faith to be healed? Was it not actually God's will that he NOT be healed? Similarly, in Galatians 4:13-14 he mentions preaching the gospel to the Galatians while he was ill, an illness which was a trial to them. But if Paul could have been instantly healed, then why did he put the Galatians (and himself) through such an unnecessary trial? Finally, Elisha was a very great prophet of the Lord. And yet, in 2 Kings 13:14 we read that he was suffering from the illness from which he died (2 Kings 13:20). But such a state of affairs seems totally unnecessary (indeed, virtually impossible for a great prophet like Elisha) on the view which you have presented. It thus seems to me that we need to adopt a more nuanced, biblical view of prayer. To see what I mean, please carefully read my article on petitionary prayer here: www.probe.org/problems-and-promises-of-petitionary-prayer/.

In addition, please carefully re-read the last section of my article on Reiki entitled, "Does All Healing Come from God?" at www.probe.org/reiki/.

Of course, I certainly agree that modern Western medicine is not perfect. But its reliance on quality control, reproducible results, the scientific method, extensive training, education, and licensing, etc., clearly distinguish it from much of energy medicine. In addition, since those who practice it are not typically calling upon spirit guides and other questionable entities, it is much less likely to entangle those making use of it with possible demonic involvement.

At any rate, I'm sincerely glad that you're feeling better—and I hope that that continues to be the case. But I would caution you against getting any more deeply involved in Reiki energy medicine.

This is maybe not what you were hoping to hear, but I must give you my honest opinion before the Lord.

Shalom in Christ,

Michael Gleghorn

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“Is Reiki Just Another Means to Medicine?”

I have a daughter who is 8 and [whose health] is very compromised. We have been to doctors, etc. who have yet to come up with an answer. I have had several people recommend Reiki. I have hesitated because I am very leery of “energy” based healings. I am a believing, Bible reading Christian. There is a woman in our church who suggested Reiki and is trained in it. In “testing” her [words against Scripture] I catch a lot of New Age phrases that I am not comfortable with and [it has] become clear she is not actually reading the Word of God...(vs. just attending services).

Your answer supplying [a Christian Perspective on Reiki](#) was the best in terms of guiding me that this is wrong. I think that the reason Reiki is more questionable is because it is reaching out to the “spiritual realm” that does not glorify God. Yet, I am wondering, given that conventional medicine does not glorify God (more so it glorifies the doctor) is Reiki just another means to medicine? Or is it not considered viable because it is so spiritually based?

I just do not understand energy healing and many people (including Christians) suggest we explore energy healing.

Given my faith...I know that God is sovereign and can use ALL things...but He also warns us. Do you mind if I ask you to further elaborate? Given modern medicine is simply a tool of God, it does also violate some scriptural things if you look at Old Testament teachings (i.e. vaccines contain animal DNA and we are not to mix this, etc.)

I just want to put this to rest once and for all and know if I am not neglecting an avenue of potential healing for my child. Thank you.

Thanks for your letter. I'm truly sorry to hear about the health difficulties your daughter is struggling with! However, I could not, in good conscience, recommend Reiki energy medicine as a possible solution. You mentioned an email response which I wrote on a Christian perspective on Reiki, but I'm wondering if you read the article I wrote on Reiki? If not, you can find it [here](#).

In the article I go into much more depth than I can do over email. I offer an overview of Reiki energy medicine, look into the question of whether or not there is any legitimate scientific support for such energy, ask about Reiki's alleged success stories, and discuss some reasons why I believe that Christians should be concerned about Reiki.

First, and foremost, I think that we should be concerned about the spiritual aspects of Reiki. As my article spells out in much more detail, I think that we should be concerned about where the power of Reiki really comes from (provided that there is any real power there to begin with). This leads to my second main concern: if Reiki really has no power whatever to effect genuine (as opposed to merely psychosomatic) healing of the body, then we could end up endangering people's lives by sending them to a Reiki practitioner, instead of a properly credentialed medical doctor. I also explain my reasoning here in more detail in my article.

Of course, modern Western medicine is not perfect. But its reliance on quality control, reproducible results, the scientific method, extensive training, education, and licensing, etc., clearly distinguish it from much of energy medicine. In addition, since those who practice it are not typically calling upon spirit guides and other questionable entities, it is much less likely to entangle those making use of it with possible demonic involvement.

At any rate, as my article shows, it seems to me that there are sufficient reasons for Christians to be wary of Reiki and to avoid it. Others may disagree, but this is definitely my opinion on the matter.

I hope this is helpful and, again, please check out my [article](#) on the subject (if you have not done so already).

Shalom in Christ,

Michael Gleghorn

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National Health Care

One of the hottest areas of debate in our society today is in the area of health care. Congress, the President, state legislatures, doctors, insurance companies, and private citizens are talking about rising health costs and proposing ways to deal with this issue.

Consider the following scenario: Suppose the federal government decided to do something about hunger in America and instituted food reform. Imagine that the proposed solution was to herd everyone into food alliances. Then it required that

everyone buy food from those food alliances or else required them to eat their meals in huge cafeterias, all offering the same government-approved menu at government approved prices.

What would be the impact? If everyone had to go to food alliances to buy food, the price of food would go up. Imagine if every month money were deducted from your paycheck to pay for food insurance. Then when you went to the food alliance, you gave the cash register receipt to the government for reimbursement. Since you aren't paying for it, you would rarely comparison shop. You wouldn't be looking for bargains and eventually the cost of food would sky-rocket.

The only way the federal government could keep the price down would be to institute price control. It would have to tell manufacturers what they could charge for food. But this would lead to scarcity, because some farmers and manufacturers would conclude that the price was too low for them to make a profit. And some supermarkets would find the profit margin too small so they would go out of business.

Finally what would be the impact on you—the consumer? Well, you would see less diversity and less food at the food alliance. And there would be much more governmental regulation than is really necessary.

This, essentially, is what is being proposed in the area of health care. Government will establish health alliances, set prices, and implement employer mandates. These are just a few of the elements of what is called managed competition.

But is there a better way? Of course there is, and we can return to our food analogy to find it. Currently what does the federal government do to help people who do not have enough to eat? Does it assign people to food alliances or herd them into huge cafeterias? No. It gives them food stamps which they can use in local grocery stores. They comparison shop and find the food and prices they think is best.

Many are saying that this is the model we should use for health care. Don't socialize health care and turn over the decision-making to a few federal bureaucrats and national health boards. Put the power and responsibility into the hands of 100 million individuals who would effectively organize and regulate the health care market.

This of course is just one proposal, but it illustrates rather dramatically what could happen if we made people responsible to their own actions rather than enlarge the role of government in health care.

How Many Americans Are Uninsured?

During the 1992 campaign, Bill Clinton said that there were 37 million Americans who are uninsured. We were told we need to reform health care in the U.S. in order to provide for the millions of Americans who do not have health insurance.

How many Americans are truly uninsured? During the campaign Bill Clinton stated that 37 million Americans are uninsured. But during his 1994 State of the Union speech President Clinton began using the higher figure of 58 million. Did that mean that 21 million Americans lost health insurance during the first year of the Clinton Administration? Obviously not. So what is the correct figure?

Well, it turns out that these figures only work if you include the Clinton disclaimer "some time each year." This would include anyone who changed jobs, changed health plans, moved, etc. Using that criterion, it would be true to say that I have been homeless in the past since I have been "between homes during some time during a year." But that did not mean that I slept under an overpass. Perhaps a better way to look at this issue would be to figure out how many people do not have insurance over a longer period of time—this would be the people who are chronically uninsured.

So how many Americans are chronically uninsured? It turns out that half the uninsured used in President Clinton's statistic have insurance again within six months. Only 15 percent stay that way for more than 2 years. This produces a figure of about 5.5 million chronically uninsured.

But 37 percent of those people are under the age of 25. For them, insurance plans are often a bad buy or even unnecessary because they may still be covered by their parents' plans. So if we eliminate the 37 percent, this brings the number down to approximately 3 million Americans who are chronically uninsured.

I might also add that some of these 3 million may not want to be insured. Some may be very wealthy and not want health insurance. Some of the other 3 million may want to be outside the system. The Amish may not want to be forced to buy insurance. Christians who are part of a group called "the Brotherhood" have opted out of traditional insurance and pay one another's bills.

So we may have even less than 3 million people are chronically uninsured and want to be insured. That is no small number and it certainly isn't insignificant if you are one of those people who are uninsured. But the 3 million figure does put the problem in a different light.

We could merely expand Medicaid to include these people. We could provide supplementary insurance for these people. We could even come up with free market alternatives. But we don't need government to take over one-seventh of the American economy merely to deal with the problem of 3 million uninsured Americans.

And that's the point, some of the numbers are being used to justify rash and draconian actions. We don't need health alliances, employer mandates, national health boards, or mandated universal coverage if the real problem is that 3

million Americans are chronically uninsured. We can develop a simple program to meet their needs and avoid the problems of socialized medicine.

What About the Costs?

At this place in the discussion it's appropriate to focus on the possible cost of health care reform. Most Americans want to know the price tag of health care reform. And when you hear people talking about the potential cost, recognize that you probably aren't hearing the whole story. Proponents will talk about the direct cost of health care reform, but remember that there are other hidden costs that may be more significant.

For example, what will be the impact of health care reform on business? Proponents argue that the impact will be minimal. Business owners are not so sure. They fear that employer mandates will hurt their business, affect their bottom line, and create substantial unemployment.

During a Presidential town meeting in April 1994, President Clinton got into a verbal sparring match with Herman Cain, president and CEO of Godfather's Pizza. The President asked, "Why wouldn't you be able to raise the price of pizza two percent? I'm a satisfied customer. I'd keep buying from you." Then he asked to see Mr. Cain's calculations. Mr. Cain replied in a letter to the President (later reprinted in the *Wall Street Journal*). The following is a brief summary of the letter.

Although there are over 10,000 employees with Godfather's Pizza, two-thirds are owned and operated by franchisees. Mr. Cain focused his calculation only on the approximately one-third which were corporate-owned operations.

Mr. Cain concluded that the Clinton Health Care plan would cost nearly \$2.2 million annually. This represents a \$1.7 million increase. In other words this increase would be a 3

1/2 times their insurance premium for the previous year!

If these calculations by Mr. Cain are accurate (and no one has challenged them so far), then how did President Clinton arrive at his figures of a 2 percent increase in price of pizza? President Clinton stated that restaurants with approximately 30 percent labor need only increase prices by 2.5 percent. Apparently he multiplied 30 percent by the employer mandate of 7.9 percent.

But Mr. Cain's detailed calculations show that it just isn't that simple. He estimates that you would need a 16 to 20 percent increase in "top line" sales to produce the same "bottom line" due to variable costs such as labor, food costs, operating expenses, marketing, and taxes.

I would argue that even a 2 percent increase in pizza costs could be devastating. Most people buy pizza to save time and money. Even a small increase in the cost of pizza would affect business. Mr. Cain noted that half of all Godfather's Pizza customers use coupons to purchase pizzas. The impact of a 16 to 20 percent increase would be devastating to Godfather's Pizza. And what would be the impact on the economy? In essence the President was predicting that health care reform would require the inflation of prices.

Will a health care reform bill with employer mandates adversely affect business? Proponents say that health care reform will not be costly to the American taxpayer or to American business. But tell that to Herman Cain and Godfather's Pizza. Their detailed spreadsheets project that these health care bills will more than triple their insurance costs in just the first year.

Health care reform may cost much more than we think it will. The direct costs may not seem like much, but don't forget to count the indirect costs to you and to American business.

Other Issues

Other key issues being discussed along with health care reform need to be examined. The first is health care costs. Originally only about 5 percent of the Gross Domestic Product was spent on health care. And until the mid-1980s, it was less than 10 percent. But now it is approximately 14 percent of Gross Domestic Product and could be as high as 18 percent by the end of the decade. In actual numbers, health care costs were \$74.4 billion in 1970 and will be approximate \$1.7 trillion by the year 2000.

Part of the problem is that a third party pays for health insurance. If there were more personal accountability, people would comparison shop and bring market pressures to bear on some of the health care costs. For example, if I told you I was going to take you to dinner on the Probe credit card, you would probably spend a lot of time looking at the left side of the menu. However, if I said, "Let's go out to eat, Dutch treat," you would probably spend a lot more time looking at the right side of the menu. When someone else pays for our medical bills, we don't pay as much attention to cost. When we have a personal responsibility, we pay more attention and thereby lower costs.

A second issue is tax fairness. Nearly 90% of all private health insurance is employer-provided and purchased with pre-tax dollars. But the self-employed and those who buy their own insurance must buy theirs with after-tax dollars. Presently the government "spends" about \$60-billion a year subsidizing employer-based health insurance by permitting employers to deduct the cost.

Tax fairness would allow all people to buy health insurance with pre-tax dollars. One solution is to allow those who purchases their own health insurance to have a tax deduction or tax credit. This would eliminate the tax benefit for getting health insurance through an employer and employees

could purchase their own insurance which leads to the next issue.

Portability is the third major issue. Americans usually cannot take their health insurance with them if they change jobs. A fair tax system would offer no tax subsidy to the employer unless the policy was personal and portable. If it belonged to the employee, then it would be able to go with the employee when he or she changed jobs.

In essence, health insurance is merely a substitute for wages. In a sense, it is an accident of history. Health insurance was provided as a benefit after World War II. Health insurance should be personal and portable. After all, employers don't own their employees' auto insurance or homeowner's insurance. Health insurance should be no different.

Price fairness is another issue. Proponents of socialized medicine would force people with healthy lifestyles into a one tier system with people who smoke, drink too much, use drugs, drive irresponsibly, and are sexually promiscuous. A better system would be one that rewards responsibility and penalizes irresponsibility. Obviously we should provide for the very young, the very old, the chronically ill, etc., but we shouldn't be forced into a universal risk pool and effectively subsidize the destructive behavior of those who voluntarily choose sin over righteousness.

These are just a few of the key issues in the health care debate. Unfortunately many of them have been ignored. A truly ethical health care system must provide tax fairness, price fairness, and portability.

The Moral Costs

I would like to conclude by examining the social and moral implications of health care reform? Critics of health care reform warn that it will inevitably lead to rationing. Most of

the government health care plans proposed will be forced to ration care and no doubt put a squeeze on the aged and on high tech medicine. This would be the only way to save money. For example, when Hillary Clinton testified before the Senate Finance Committee, she explained to the Senators their justification for health care services. She said their proposal creates "the kind of health security we are talking about, then people will know they are not being denied treatment for any reason other than it is not appropriate—will not enhance or save the quality of life." Medical services will be curtailed for those whose quality of life is not deemed necessary to treat. This has been the inevitable result in other industrialized countries that have socialized medicine. If you increase demand (by providing universal coverage), you will have to decrease supply (health care benefits provided to citizens). Those patients whose quality of life is not deemed satisfactory will be denied treatment.

Canada, for example, has a single-payer plan. They have found that their health care costs are going up as fast as U.S. while their research is lagging behind. Patients find themselves in waiting lines and have been coming in significant numbers to the U.S. for health care. Those remaining in Canada wait in line. There are currently 1.4 million waiting for care and 45 percent say they are in pain.

There would also be a squeeze on high tech medicine. The quickest way to save money is to limit the number of CAT scans, MRIs, or other sophisticated forms of technology. In Canada high tech equipment is relatively rare and used sparingly. In the U.S., the latest technology is available to nearly all Americans.

Health care expert Danny Mendelson writing in *Health Affairs* journal predicted that "a few years down the line, you first start to see what we call silent rationing, where the patient's don't even know that they're not receiving the beneficial care that they need. Further down the line, I think

it would become very clear that we were denying patients some of the latest technology in order to save money.”

Finally, critics wonder if government should be entrusted with running the health care system in America. Government has not proven to be an efficient deliverer of services. As one wag put it, if we have government take over health care, we might end up with a system that has the efficiency of the post office, the compassion of the IRS, at Pentagon prices. No slight is intended to the good people who work in those areas of government, but the joke does underscore the growing concern over government delivery of services, especially health care.

As Americans begin to evaluate the costs of various health care reform packages, they are beginning to find they are a bad buy. The solution is to reduce the scope of government in health care, not expand it.

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