

# **“Help Me Figure Out Why My Relationship Hurts!”**

I checked out the article where you and that guy were making comparisons between [Men are from Mars, Women are from Venus](#), and the Bible. That discussion really interested me because I am reading *Men are from Mars and Women are from Venus*, and I began thinking as I was reading it and I developed a theory... First I thought about older people (ages 55 and up). I have seen so many of those older couples still holding hands and being very loving together. I found my self asking what is so different in relationships today and relationships in the fifties and earlier? Why do so many relationships fail today and not in those yester years? I came to the conclusion that Christianity must have been the key. Not only does the Bible provide instruction for healthy relationships, it also provides people (believers) with a feeling of fulfillment. Never before have I ever really understood the real reason for the verse “Do not be unequally yoked.” It causes a real strain on relationships, and I have been through many unmeaningful and heartbreaking relationships. I was wondering since you have read the whole book *Men are From Mars and Women are from Venus* if you could help me with my most recent relationship problem.

I have a great boyfriend—he is very beautiful on the outside and inside, he is considerate in fulfilling my needs, buying me gifts, and taking on his fair share of the cooking and cleaning responsibilities. I really love him for that. I know that he likes me or else he wouldn't be with me and he says that when I ask him how he feels about me. Actually he says you know how I feel about you why else would I be with you, and if I say how I feel about you too much it won't mean as much. How should I go about telling him that it means the world to me every time I hear (which is totally not enough and

I feel unfulfilled because of it) him say how much he cares about me and I really need some reassurance right now about his feelings or I will have to leave him because I am very fragile right now and every day I grow more and more insecure in how I feel as to where I am in our relationship. I am even starting to question if he really wants me to go with him when he asks me if I would like to go out with him and a friend for lunch. Then he gets mad and says I wouldn't ask you if I didn't want you to come. I constantly wish he would just give me some reassurance, any kind, because I feel myself hurting soooo much, and I know he is hurting too because he doesn't like to see me sad. I think that he has a really hard time expressing how he feels towards me because he has been single for 30 years now (he has had long relationships that end badly) and like MAFMWAFV says that men start to love people and they pull away so they can find their own self because they are afraid they will lose their sense of independence. Do you think that he is really struggling with something like that or what do you think I should do to solve my problem? I really sincerely love him and I don't want him to slip away because I don't understand or know something that I should. When I am done my formatted and fully (to the best of my knowledge and understanding) completed correlation between the Bible and MAFMWAFV I will send you a copy. I know you probably get about a million emails a day so if you can't answer mine I want you to know that I feel a little better just having gotten all of this off of my chest. Thank You Sue!

Wow, sounds like you have your emotional plate full. Question: are you living with your boyfriend? (Otherwise, why would you mention "his fair share of the cooking and cleaning responsibilities"?) If you are, no wonder you're so insecure! Tell me, what are you getting out of this relationship? It sounds like you're giving him the benefits of having a wife without requiring that he give you the commitment of a husband.

That's a big reason why God wants us to be married before setting up house. It sets us up for major pain to give ourselves away without a foundation of trust.

Trust is everything, and trust is closely tied to commitment. If I were you, I would pull waaaaaay back and stop giving yourself away without a commitment. If he loves you, he will pursue you and marry you. If he's just "enjoying the milk without buying the cow," (to use an old expression), then if you leave and he doesn't pursue you then you will know he is using you. Even if he's fond of you, he's using you. With your permission. (Ouch!) Which is not a way to demonstrate self-respect.

I would also suggest that you read Gary Chapman's book "The 5 Love Languages," and ask him to read it or listen to it on tape. Sounds like your love language is verbal affirmation, and he needs to know that you need to HEAR verbal appreciation and affirmations of love to feel loved. I cannot tell you how disrespectful it sounds to hear the excuse "If I tell you all the time how I feel about you it won't mean as much." Ask him why he eats all the time instead of only at Thanksgiving. I mean, eating all the time diminishes the meaning of eating, right? Wrong! It nourishes his body, just as hearing "I love you and I appreciate you" nourishes your heart and your relationship.

I hope these observations help. I am concerned for you because it sounds like you're the one paying emotionally in this relationship, and you're treating yourself poorly. I like what psychologist [Dr. Phil](#) says: "We teach people how to treat us." Sounds to me like you're teaching your boyfriend that it's OK to get what he wants from you without any reciprocal commitment on his part. Doesn't sound fair—or healthy—to me! And for SURE it isn't what God commands in scripture, which is a way to protect and provide for women's fragility and need for security.

You might also want to read Dr. Laura's (Schlessinger) *The 10 Stupid Things Women Do to Mess Up Their Lives*. It's a good read because it is consistent with biblical values. . . such as the value of marriage and purity and commitment and servant leadership.

I hope this helps!

Sue Bohlin  
Probe Ministries

---

## **“What About Us Women Not From Venus?”**

This question is sent in response to the article [“Men are from Mars, Women are from Venus.”](#) Are all women relationally oriented? What about the introverts out there? What about the goal-oriented women?

Being an introvert myself, I have had to work at caring for other people and reaching out, as God commands. I naturally want to do things by myself and for myself. When I get stressed out or upset, I withdraw from people into my “cave.”

I am also goal-oriented. I cannot multi-task. I can only focus on one thing at a time. My motivation is achieving the goal. I strongly dislike group projects.

My fiancé is the opposite of me. He is very relational, loves to be around people, talks a lot, and is not as goal-oriented.

In my experience, there are many people like us. How can this be explained? If God designed woman to be relational, then why am I (and many others) not wired that way?

Great questions.

I do think that at our core, women are relationally-oriented, which you will probably see once you have children and the concept of “family” becomes much more important to you. Particularly in American culture which has been so steeped in feminism, women’s mindsets have been shaped to be more male-like, and there are more and more women saying the same thing as you.

When Ray and I give our “Mars/Venus” lecture, we run into couples like you and your fiancé from time to time, where it looks like somebody switched the labels. <smile> But the interesting thing is, you guys still find each other! There is still a beautiful complementarity to the male-female relationship where each person’s strengths and weaknesses are balanced by the other person’s strengths and weaknesses.

Sometimes people become independent and self-reliant not because of their gender but because of their family dynamics. That doesn’t change what it means to be a woman at the core of your being, though. Your experience of being independent and self-reliant is going to be different from a man’s experience. And honestly, they are both a challenge to living as God wants us to—depending fully on HIM instead of on ourselves. Being fiercely independent can be a curse; it’s a way of digging our own cisterns (Jer. 2:13) instead of going to the source of Living Water in complete dependence and neediness. But you didn’t ask that question, so I’ll get off my soapbox now! <grin>

I’d be interested in having this discussion with you a few years down the road after you’re married and hopefully have children. I wonder if you would still see yourself as not being relational anymore. If you think of it, pop back in and let me know, OK?

Warmly,

# Ten Lies of Feminism: A Christian Perspective

*Sue Bohlin examines how this prevalent view of women measures up from a biblical perspective.*

This essay examines the ten lies of feminism that Dr. Toni Grant suggests in her book *Being a Woman*.[\[1\]](#)

*At its inception, the feminist movement, accompanied by the sexual revolution, made a series of enticing, exciting promises to women. These promises sounded good, so good that many women deserted their men and their children or rejected the entire notion of marriage and family, in pursuit of “themselves” and a career. These pursuits, which emphasized self-sufficiency and individualism, were supposed to enhance a woman’s quality of life and improve her options, as well as her relations with men. Now, a decade or so later, women have had to face the fact that, in many ways, feminism and liberation made promises that could not be delivered.*[\[2\]](#)

## Lie #1: Women Can Have It All

The first lie is that women can have it all. We were fed an illusion that women, being the superior sex, have an inexhaustible supply of physical and emotional energy that enable us to juggle a career, family, friendships and volunteer service. Proponents of feminism declared that not only *can* women do what men do, but we *ought* to do what men do.

Since men can't do what women can do—have babies—this put a double burden on women. It wasn't enough that women were already exhausted from the never-ending tasks of child-rearing and homemaking; we were told that women needed to be in the work force as well, contributing to the family financially.

Scripture presents a different picture for men and women. The Bible appears to make a distinction between each gender's primary energies. The commands to women are generally in the realm of our relationships, which is consistent with the way God made women to be primarily relational, being naturally sensitive to others and usually valuing people above things. Scripture never forbids women to be gainfully employed; in fact, the virtuous woman of Proverbs 31 is engaged in several part-time business ventures, in real estate and manufacturing. Nonetheless, it is the excellent care of her husband, her children, her home and her community that inspires the praise she is due. Titus 2 instructs older women to mentor younger women, and teach them to care for their husbands and children and homemaking responsibilities. The God-given strengths of a woman were given to bring glory to God through her womanly differences

## **Lie #2: Men and Women are Fundamentally the Same**

Apart from some minor biological differences, feminism strongly suggested that males and females are fundamentally the same. Culture, it announced, was responsible for turning human blank slates into truck-wielding boys and doll-toting girls. This lie has been very effective at changing the culture. My husband Ray and I offer a seminar at Probe's *Mind Games* conferences called "Guys Are From Mars, Girls Are From Venus," where we go over the major differences between the sexes. Men, for instance, tend to be more goal-oriented and competitive, where women are more relational and cooperative. Men are active; women are verbal. This is intuitively obvious

to the adults in our audience, but it is often new news to high school and college students. We find adults nodding with smiles of recognition, some of them nudging each other in the ribs. In the younger members of the audience, though, we see “the lights come on” in their eyes as they are exposed to something that is obvious and they probably already knew was true, but feminism’s worldview had been feeding them a lie. They have been so immersed in this cultural myth that they had accepted it without question. One young man came up to me after a session and said he totally disagreed with me, that there are no real differences between males and females. I asked him if he treated his guy friends the same way he treated his girl friends, and he said, “Of course!” I asked, “And this doesn’t cause you any problems?” He said no. With a smile, I suggested he come talk to me in ten years after he’d had a chance to experience real life!

The truth is that God created significant differences between males and females. We can see evidence of this in the fact that Scripture gives different commands for husbands and wives, which are rooted in the differing needs and divinely-appointed roles of men and women.

## **Lie #3: Desirability is Enhanced by Achievement**

The third lie of feminism is that the more a woman achieves, the more attractive and desirable she becomes to men. The importance of achievement to a man’s sense of self—an element of masculinity that is, we believe, God-given—was projected onto women. Feminism declared that achieving something, making a mark in the world, was the only measure of success that merited the respect of others. Women who believed this myth found themselves competing with men. Now, competition is appropriate in the business and professional world, but it’s disastrous in relationships.



Men do respect and admire accomplished women, just as they do men, but personal relationships operate under a different set of standards. Men most appreciate a woman's unique feminine attributes: love, sensitivity, her abilities to relate. Women have been shocked to discover that their hard-won accomplishments haven't resulted in great relationships with men. Sometimes, being overeducated hampers a woman's ability to relate to men. Men's egos are notoriously fragile, and they are by nature competitive. It's threatening to many men when a woman achieves more, or accomplishes more, or knows more than they do. Feminism didn't warn women of the double standard in relationships: that achievement can and does reap benefits in our careers, but be a stumbling block in our relationships.

The question naturally arises, then, Is it bad for a woman to have a higher degree of education than the man in a relationship? Is it troublesome when a woman is smarter than the man? Should a woman "dumb down" in order to get or keep her man? In the words of the apostle Paul, "May it never be!" A woman living up to the potential of her God-given gifts brings glory to God; it would be an insult to our gracious God to pretend those gifts aren't there. The answer is for women to understand that many men feel threatened and insecure about this area of potential competition, and maintain an attitude of humility and sensitivity about one's strengths; as Romans exhorts us, "Honor[ing] one another above yourselves" (12:10).

Not surprisingly, God already knew about the disparity between the sexes on the issue of achievement. Throughout the Bible, men are called to trust God as they achieve whatever God has called them to do. It's important for men to experience personal significance by making a mark on the world. But God calls women to trust Him in a different area: in our relationships. A woman's value is usually not in providing history-changing leadership and making great, bold moves, but in loving and supporting those around us, changing the world by touching hearts. Once in a while, a woman does make her

mark on a national or global scale: consider the biblical judge Deborah, Golda Meir, Margaret Thatcher, and Indira Ghandi. But women like these are the exception, not the rule. And we don't have to feel guilty for not being "exceptional."

## **Lie #4: The Myth of One's "Unrealized Potential"**

Lie number four says that all of us—but especially women—have tremendous potential that simply *must* be realized. To feminism's way of thinking, just being average isn't acceptable: you must be *great*.

This causes two problems. First, women are deceived into thinking they are one of the elite, the few, the special. Reality, though, is that most women are ordinary, one of the many. All of us are uniquely gifted by God, but few women are given visible, high-profile leadership roles, which tend to be the only ones that feminism deems valuable. We run into trouble when we're operating under a set of beliefs that don't coincide with reality!

Consequently, many women are operating under unrealistically high expectations of themselves. When life doesn't deliver on their hopes, whether they be making class valedictorian, beauty pageant winner, company president, or neurosurgeon, women are set up for major disappointment. Just being a cog in the wheel of your own small world isn't enough.

This brings us to the second problem. A lot of women beat themselves up for not accomplishing greatness. Instead of investing their life's energies in doing well those things they *can* do, they grieve what and who they are *not*. Just being good, or being good at what they do, isn't enough if they're not the *best*.

Romans 12:3 tells us, "Do not think of yourself more highly than you ought." Rather than worrying about our unrealized

potential for some sort of nebulous greatness, we ought to be concerned about being faithful and obedient in the things God has given us to do, trusting Him for the ultimate results. And we ought to not worry about being ordinary as if there were some stigma to it. Scripture says that God is pleased to use ordinary people, because that's how He gets the most glory. (See 1 Corinthians 1:26-31.) There is honor in being an ordinary person in the hand of an extraordinary God.

## **Lie #5: Sexual Sameness**

The fifth lie of feminism is that men and women are the same sexually. This lie comes to us courtesy of the same evil source that brought us the lies of the sexual revolution.

The truth is that women can't separate sex from love as easily as men can. For women, sex needs to be an expression of love and commitment. Without these qualities, sex is demeaning, nothing more than hormones going crazy.

The cost of sex is far greater for women than for men. Sex outside of a committed, loving relationship—I'm talking about marriage here—often results in unplanned pregnancy, sexually transmitted diseases, and profound heartbreak. Every time a woman gives her body away to a man, she gives a part of her heart as well. Sexual "freedom" has brought new degrees of heartache to millions of women. The lie of sexual equality has produced widespread promiscuity and epidemic disease. No wonder so many women are struggling with self-esteem!

God's commands concerning sex take into account the fact that men and women are not the same sexually or any other way. He tells us to exercise self-control before marriage, saving all sexual expression for the constraints of a marriage relationship, and then to keep the marriage bed pure once we are married. When we follow these guidelines, we discover that God's laws provide protection for women: the security of a committed relationship, freedom from sexual health worries,

and a stable environment for any children produced in the union. This high standard also protects men by providing a safe channel for their sexual energies. Both chaste single men, and faithful husbands, are kept safe from sexual diseases, unwanted pregnancies with women other than their wives, and the guilt of sexual sin.

## **Lie #6: The Denial of Maternity**

Many women postponed marriage and childbearing to pursue their own personal development and career goals. This perspective denies the reality of a woman's reproductive system and the limitations of time. Childbearing is easier in a woman's 20s and 30s than in her 40s. Plus, there is a physical cost; science has borne out the liabilities that older women incur for themselves and their babies. Midlife women are more prone to have problems getting pregnant, staying pregnant, and then experiencing difficult deliveries. The risk of conceiving a child with Down's Syndrome is considerably higher in older mothers.[\[3\]](#) Fertility treatment doesn't work as well for women over 40.[\[4\]](#)

There is also a spiritual dimension to denying maternity. When women refuse their God-ordained roles and responsibilities, they open themselves to spiritual deception and temptations. 1 Timothy 2:15 is an intriguing verse: "But women will be saved through childbearing." One compelling translation for this verse is, "Women will be *kept safe* through childbearing," where Paul uses the word for *childbearing* as a sort of shorthand for the woman's involvement in the domestic sphere—having her "focus on the family," so to speak.<sup>(5)</sup> When a married woman's priorities are marriage, family and the home, she is kept safe—protected—from the consequences of delaying motherhood and the temptations that beleaguer a woman trying to fill a man's role. For example, I know one married woman who chose to pursue a full-time career in commercial real estate, to the detriment of her family. She confessed

that she found herself constantly battling the temptation to lust on two fronts: sexual lust for the men in her office and her clients, and lust for the recognition and material things that marked success in that field. Another friend chose her career over having any children at all, and discovered that like the men in her field, she could not separate her sense of self from her job, and it ultimately cost her her marriage and her life as she knew it. The problem isn't having a career: the problem is when a woman gets her priorities out of balance.

## **Lie #7: To Be Feminine Is To Be Weak**

In the attempt to blur gender distinctions, feminists declared war on the concept of gender-related characteristics. The qualities that marked feminine women—softness, sweetness, kindness, the ability to relate well—were judged as silly, stupid and weak. Only what characterized men—characteristics like firmness, aggressiveness, competitiveness—were deemed valuable.

But when women try to take on male qualities, the end result is a distortion that is neither feminine nor masculine. A woman is perceived as shrill, not spirited. What is expected and acceptable aggression in a man is perceived as unwelcome brashness in a woman. When women try to be tough, it is often taken as unpleasantness. Unfortunately, there really is a strong stereotype about “what women should be like” that merits being torn down. A lot of men are threatened by strong women with opinions and agendas of their own, and treat them with undeserved disrespect. But it is not true that traditionally masculine characteristics are the only ones that count.

There really is a double standard operating, because the characteristics that constitute masculinity and femininity are separate and different, and they are not interchangeable. To be feminine is a special kind of strength. It's a different,

appealing kind of power that allows a woman to influence her world in a way quite distinct from the way a man influences the world. It pleased the Lord to create woman to complement man, not to compete with him or be a more rounded copy of him. 1 Corinthians 11:7 says that man is the image and glory of God, but woman is the glory of man. Femininity isn't weakness; it's the glorious, splendid crown on humanity.

## **Lie #8: Doing is Better Than Being**

In his book *Men Are From Mars, Women Are From Venus*[\[6\]](#), John Gray pointed out that men get their sense of self from achievement, and women get their sense of self from relationships. Feminism declared that the male orientation of *what you do* was the only one that mattered; *who you are*, and how important you are to the people in your world, didn't count for as much.

This lie said that active is good, passive is bad. Traditional feminine behaviors of being passive and receptive were denounced as demeaning to women and ineffective in the world. Only being the initiator counted, not being the responder. "To listen, to be there, to receive the other with an open heart and mind—this has always been one of the most vital roles of woman. Most women do this quite naturally, but many have come to feel uneasy in this role. Instead, they work frantically on assertiveness, aggression, personal expression, and power, madly suppressing their feminine instincts of love and relatedness."[\[7\]](#)

Women's roles in the family, the church, and the world are a combination of being a responder and an initiator. As a responder, a wife honors her husband through loving submission, and a woman serves the church through the exercise of her spiritual gifts. As an initiator and leader, a woman teaches her children and uses her abilities in the world, such as the woman of Proverbs 31. God's plan is for us to live a balanced life—sometimes active, sometimes passive; sometimes

the initiator, sometimes the responder; at all times, submitting both who we are and what we do to the Lordship of Christ.

## **Lie #9: The Myth of Self-Sufficiency**

The ninth lie is the myth of self-sufficiency. Remember the famous feminist slogan that appeared on everything from bumper stickers to t-shirts to notepads? “A woman without a man is like a fish without a bicycle.” The message was clear: women don’t need men, who are inferior anyway. The world would be a better place if women ran it: no wars, no greed, no power plays, just glorious cooperation and peace.

The next step after “women don’t need men” was logical: women don’t need anybody. We can take care of ourselves. Helen Reddy’s hit song “I Am Woman” became feminism’s theme song, with the memorable chorus, “If I have to, I can do anything / I am strong / I am invincible / I am woman!”

Of course, if women don’t need anybody except themselves, they certainly don’t need God. Particularly a masculine, patriarchal God who makes rules they don’t like and insists that He alone is God. But the need to worship is deeply ingrained in us, so feminist thought gave rise to goddess worship. The goddess was just a female image to focus on; in actuality, goddess worship is worship of oneself.[\[8\]](#)

The lie of self-sufficiency is the same lie that Satan has been deceiving us with since the Garden of Eden: What do you need God for? We grieve the Lord’s heart when we believe this lie. Jeremiah 2:13 says, “My people have committed two sins: they have forsaken Me, the spring of living water, and have dug their own cisterns, broken cisterns that cannot hold water.” God made us for Himself; believing the lie of self-sufficiency isn’t only futile, it’s a slap in God’s face.

## Lie #10: Women Would Enjoy the Feminization of Men

The tenth lie of feminism is that women would enjoy the feminization of men. Feminists believed that the only way to achieve equality of the sexes was to do away with *role* distinctions. Then they decided that that wasn't enough: society had to do away with *gender* distinctions, or at the very least blur the lines. Women embraced more masculine values, and men were encouraged to embrace more feminine characteristics. That was supposed to fix the problem. It didn't.

As men tried to be “good guys” and accommodate feminists' demands, the culture saw a new type of man emerge: sensitive, nurturing, warmly compassionate, yielding. The only problem was that this “soft man” wasn't what women wanted. Women pushed men to be like women, and when they complied, nobody respected them. Women, it turns out, want to be the soft ones—and we want men to be strong and firm and courageous; we want a manly man. When men start taking on feminine characteristics, they're just wimpy and unmasculine, not pleasing themselves or the women who demanded the change. There is a good reason that books and movies with strong, masculine heroes continue to appeal to such a large audience. Both men and women respond to men who fulfill God's design for male leadership, protection, and strength.

Underlying the women's liberation movement is an angry, unsubmitive attitude that is fueled by the lies of deception. It's good to know what the lies are, but it's also important to know what God's word says, so we can combat the lies with the power of His truth.

### Notes

1. Toni Grant, *Being a Woman: Fulfilling Your Femininity and Finding Love*. New York: Random House, 1988.



2. Ibid, 3.

3. March of Dimes, "Pregnancy After 35," [www.marchofdimes.com/professionals/14332\\_1155.asp](http://www.marchofdimes.com/professionals/14332_1155.asp).

4. Jodi Panayotov, "IVF & Older Women – How Successful is IVF After 40?" [ezinearticles.com/?IVF-and-Older-Women-How-Successful-is-IVF-After-40?&id=636335](http://ezinearticles.com/?IVF-and-Older-Women-How-Successful-is-IVF-After-40?&id=636335).

5. Andreas Kostenberger, "Saved Through Childbearing?" (*CBMW [The Council on Biblical Manhood and Womanhood] News*, Sept. 1997), p. 3.

6. John Gray, *Men Are From Mars, Women Are From Venus*. New York: HarperCollins, 1992.

7. Grant, 9.

8. Mary Kassian, *The Feminist Gospel* (Wheaton, Ill.: Crossway Books, 1992), p. 159.

©1998 Probe Ministries.