“My Son Thinks He’s Gay”

I heard this week on WMBI radio something from your group about gay issues… I have a teenage son who thinks he’s gay…a high-schooler. I don’t believe he is yet entrenched in any sort of gay lifestyle. . . What’s a mom to do with a loved one who is beginning to believe he’s gay?!

My heart goes out to you in dealing with your precious son who has been lied to about being gay. It’s one thing to have same-gender feelings, but quite another to put the “gay” label on oneself when it doesn’t have to be that way.

I have two suggestions for you. First, a book was written for EXACTLY young men like him, which I strongly suggest you get, read, and give to him. It’s called *You Don’t Have to Be Gay: Hope and Freedom for Males Struggling With Homosexuality or for Those Who Know of Someone Who Is* by Jeff Konrad. Amazon.com carries it. This book is a series of letters written by a man who discovered that through the power of Christ he could leave his homosexual identity behind, to a young man just beginning to consider that option. The wonderful thing is, the young man who received the letters is Mike Haley, who has since resolved his faith and sexuality and worked for a time at Focus on the Family as a youth and gender specialist. Mike has put together some awesome materials for kids in exactly your son’s position, and I suggest you contact Focus (1-800-A-FAMILY) and ask for the literature on youth and homosexuality. (That’s my second suggestion.)

In the meantime, we have several articles on homosexuality on the Probe Ministries website that may be of help to you:

Helping Teens Understand Homosexuality
Homosexual Myths
Homosexuality: Questions and Answers
Homosexual Theology

Can Homosexuals Change?

I also point you to the excellent resources at Living Hope Ministries, which has support and information for parents as well as strugglers. The Executive Director, Ricky Chelette, wrote this article called Help! My Son is Gay. You may also be interested in Living Hope's video and audio resources: livehope.org/rescource-type/products/

I hope this helps. The Lord bless you and keep you in these difficult days.

In His grip,

Sue Bohlin
Probe Ministries