

“Is Reiki Occultic?”

I recently pulled up your website when a friend of mine told me she has a counseling center that practices Reiki. Wondering what Reiki was, I began to search it out. Despite all the Christian voices that support it, I refuse to buy into it, and I feel it is the Holy Spirit working in me. I emailed my friend and told her of my concerns. One of her responses was, “In my mind healing is ultimately the result of God’s love, whether it is a doctor doing a heart transplant or a Reiki master transmitting love through themselves.” She feels it is “God’s action occurring in and through people.”

Is it the work of God to transport some energy through our hands to someone else? Doesn’t sound right. What it all sounds like to me is an occult type practice that people have tried to squeeze into a Christian box and it’s not quite fitting!

Thanks for your letter. I’m assuming you’ve already read my article on Reiki, but if not, here is a link to it: www.probe.org/reiki/.

I begin the article by briefly considering what Reiki is. I then look at whether or not there is scientific support for Reiki. I consider the success claims of Reiki, ask whether Christians should be concerned about it, and also whether all healing comes from God. If you haven’t yet read the article, I would encourage you to do so.

Like you, I think there are reasons for Christians to be concerned about Reiki. For one thing, as it’s often represented, it has a very different understanding of “God” than biblical Christianity. Thus, when it claims that healing comes from “God,” it is asserting something different from what a Christian would mean when he/she claims to have been healed by God. Second, the emphasis on spirit guides should cause us concern. The Bible never tells us to seek a spirit

guide, but often warns us of deceptive and demonic spirits. Third, the Bible doesn't talk about a universal life force energy which we can learn to manipulate for health and healing. This sort of language is very foreign to a biblical worldview and is only at home (really) in an Eastern worldview, or one influenced by Eastern thought.

For these reasons and others (spelled out in my article), I think it's a mistake to get involved with Reiki. My perspective would really be the same as yours. Reiki sounds like "an occult type practice that people have tried to squeeze into a Christian box and it's not quite fitting."

I would gently challenge your friend to consider the many ways in which Reiki beliefs and practices seem so foreign (and even contrary) to the teachings of the Bible. For a bible-believing Christian, Reiki seems like a difficult practice to justify.

I hope this helps a bit. Please see my article for a bit more information.

Shalom in Christ,

Michael Gleghorn

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"You Have to Cut the Cord to Disconnect from Reiki Energy"

You can't disconnect from the [Reiki](#) energy unless you cut the cord linking you to the source of it.

Would you please elaborate on what you mean?

Sue Bohlin

Hi Sue, I would tell you my story but I know from experience that because of your faith you wouldn't believe in my words. I'll go as far to say is that I'm a Christian too and I became attuned to Reiki a decade ago and I never had peace with it and I prayed a lot to be released from it. I think that prayer can release someone from Reiki but if it doesn't please remember this to help someone disconnect from it, a person is corded to a spiritual being from the back of the neck at the base of the skull. You must either pray and ask this spirit being to release them or imagine yourself cutting the cord that runs out of that area and ask Jesus to seal it shut.

Thank you so much for elaborating! This is not the first time I've heard this about the spiritual connection to demons from Reiki and other forms of accessing the energy of the spirit realm.

I would suggest that it doesn't do any good to ask a demon to release anyone; but in Jesus' name we can break the connection because His power is the strongest in the universe, and as believers we have the authority over the demonic realm (because He deputized us with His authority before leaving earth: Luke 9:1, 10:19).

Thank you so much for your insight! I am glad you walk in spiritual freedom today.

Sue

Hi Sue, I never said that Reiki was demonic; in fact I don't think they are demons, I think they are spirit beings from a different belief system, but I wouldn't go as far as to say they are demonic. The reason I wanted to be disconnected from the Reiki started because I could always feel the energy running through me and I didn't like it and I didn't want to

be corded to a spirit being not of my faith.

I'm curious, _____ . . . Do you believe Jesus is the only way to God? Do you believe Christianity is true?

Hi Sue, yes I do believe that Jesus is Lord and he is my Saviour. As far as people who don't follow the Christian path and what happens to them when they die I'll leave the fate of the hundreds of thousands that died today and die daily all over this world in the hands of God for I believe He is pure love and if I didn't believe that I'd be an atheist. Take care.

Praise God! I am so glad to hear you have put your trust in the Lord Jesus! But if He said, "I am the way, the truth and the life; no one comes to the Father except through Me," then His way is the only true and right way, and all other "different belief systems," as you put it, are wrong. (They might and do have nuggets of truth in them, but their basic core beliefs and values and teachings are wrong. They do not lead people to eternal life through Jesus Christ.)

I just wanted to respectfully set the record straight, sister _____, that there are no legitimate spirit beings from different belief systems which are legitimate alternatives to Christianity. The Christian worldview—seeing reality as God has revealed it through the Bible—is the only one that's accurate. So that means that the spirit beings are either angels or demons (some of which [deceitfully present themselves as angels](#), by the way). According to the Bible, there are no other choices. Which is why, filtering Reiki and other experiences like that through the grid of scripture, we can (and should, I believe) call these spirit beings demons.

I know this is more than you bargained for when you wrote, but Probe Ministries is all about helping people think Biblically, and I wanted to offer this perspective in hopes that, as iron sharpens iron, I can help shape the way you think to help

bring it into alignment with the Bible.

The Lord bless you and keep you today!

Sue

Edgar Cayce: The Sleeping (False) Prophet

This article is no longer available. Please see Michael Gleghorn's article ["The Worldview of Edgar Cayce"](#) instead.

We apologize for any inconvenience.