

Oprah: America's Beloved False Teacher

After her star turn at the Golden Globes Sunday night, Oprah is the media darling once again—and the hope of America? Sue Bohlin blogged about Oprah's spirituality when her daily TV show ended.

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Tomorrow is the last episode of the Oprah Winfrey show on network TV. Oprah will be throwing her considerable energies and resources into her own cable network (OWN: The Oprah Winfrey Network). But she has left a huge footprint on the culture and on the hearts of minds of millions of loyal fans.

People have said for years that they wished Oprah were their next door neighbor or their best friend. And for good reason: she is winsome. She is open and transparent. She is incredibly generous. She not only asks the questions you would ask of her guests, she has the power to draw some of the most powerful and influential people to her stage, ranging from U.S. presidents to Billy Graham.

But she is so much more than a talk-show host. She sees herself as a teacher, and she certainly has used her pulpit to teach and preach—worldwide, as evidenced by the outpouring of love and attendance at her recent tour of Australia.

The problem is that what she's teaching, both personally and through the spiritual gurus she has brought into the limelight, is poisonous. It not only keeps unbelievers in the dark, but she has the power to draw undiscerning, untaught Christians into her spiritual gravity field of heresy.

Oprah is a false teacher of postmodern religion, an a la carte spirituality where people pick and choose their beliefs from a

cafeteria line of offerings. She started out with a strong foundation in the Baptist church, but over time she drifted into unbiblical New Age beliefs. She mentions God a lot, but she defines Him in her own way. She has become a Christian-flavored pantheist, one who believes that an impersonal god, ("however you choose to describe him") is a universal force or energy. She embraces karmic destiny from Zen Buddhism. She helped launch "The Secret," the best-selling book promising that wishing will make it so through "The Law of Attraction"—the belief that you attract whatever you think about, whether good or bad.

And she enthusiastically proclaims religious pluralism: "One of the biggest mistakes humans make is to believe that there is only one way. Actually, there are many diverse paths leading to what you call God."

One of Oprah's buddies is Marianne Williamson, a teacher of [A Course in Miracles](#). In 2008, on her XM Satellite Radio show "Oprah and Friends," listeners were offered a year-long course of study on this book which was channeled from a demon. At the same time, she and author Eckhard Tolle offered a webinar featuring his book [A New Earth: Awakening to Your Life's Purpose](#) (the link takes you to a Probe article providing analysis of the book). This book is Eastern mysticism, which is incompatible with biblical Christianity, but many Christians can't tell the difference.

Oprah's response to a question about reconciling *A New Earth* with her Christian background was not only eye-opening, but it also shows her point of departure from biblical truth:

I've reconciled it because I was able to open my mind about the absolute indescribable hugeness of that which we call 'God.' I took God out of the box because I grew up in the Baptist church and there were, you know, rules and, you know, belief systems indoctrined. And I happened to be sitting in church in my late twenties . . . And this great

minister was preaching about how great God was and how omniscient and omnipresent, and God is everything. And then he said, 'And the Lord thy God is a jealous God.' And I was, you know, caught up in the rapture of that moment until he said 'jealous.' And something struck me. I was thinking God is all, God is omnipresent, God is—and God's also jealous? God is jealous of me? And something about that didn't feel right in my spirit because I believe that God is love and that God is in all things. And so that's when the search for something more than doctrine started to stir within me.

"And I love this quote that Eckhart has, this is one of my favorite quotes in chapter one where he says, 'Man made god in his own image, the eternal, the infinite, and unnamable was reduced to a mental idol that you had to believe in and worship as my god or our god.'

"And you know, it's been a journey to get to the place where I understand, that what I believe is that Jesus came to show us Christ consciousness. That Jesus came to show us the way of the heart and that what Jesus was saying that to show us the higher consciousness that we're all talking about here. Jesus came to say, 'Look I'm going to live in the body, in the human body and I'm going to show you how it's done.' These are some principles and some laws that you can use to live by to know that way. And when I started to recognize that, that Jesus didn't come in my belief, even as a Christian, I don't believe that Jesus came to start Christianity. So that was also very helpful to me.

Well, I am a Christian who believes that there are certainly many more paths to God other than Christianity.

Jesus said, "I am the way, the truth and the life. No man comes to the Father except through Me" (John 14:6). That's either true, or it's false.

And not even "the divine Miss O" can get around that. Please

join me in praying that she will return to the Lord of truth—and please stay discerning about anything and everything Oprah says. If God doesn't agree with it, it's false. And it's dangerous.

Addendum, post-Finale show:

In the hour-long sermon of her farewell show, Oprah was consistent with her values and her perception of herself as teacher. It was filled with her inspirational “you can do it” rhetoric that has endeared her to us for 25 years.

She did address the spirituality issue. She said that when people ask how she lasted, how she did it for 25 years, she answers, “My team—and Jesus.” She added, “Nothing but the hand of God has made it possible.” Her life is permeated by awareness of God's presence and grace in her life, but she has been deceived by the lies of the enemy. She said, “People want to know, which God are you talkin' about? The same one you're talkin' about: the alpha and omega, the omniscient, the omnipresent, the ultimate consciousness, the source, the force, the all of everything there is, the one and only Gee Oh Dee. That's the one I'm talkin' about.”

This description of her God is a combination of the biblical God (alpha and omega, omniscient, omnipresent) and the impersonal divinity of pantheism (the source, the force, the all of everything there is). Note that “the one and only Gee Oh Dee” is not the way God reveals Himself to us in His word—as Father, Son and Spirit.

Oprah invokes her memory of Jesus as a warm and fuzzy throwback to her childhood, like a beloved teddy bear that you love but keep on the shelf as a reminder of younger days. She's not dealing with the Jesus who insisted He is the only way to the Father!

John Piper makes a great point about how people (in this case, the 5000 whom Jesus had miraculously fed) choose their own

Jesus, as I suggest Oprah does:

Because the enthusiasm these people have is not for who he really is. This is so important for our day and for your life. People can have a great enthusiasm for Jesus, but the Jesus they're excited about is not the real biblical Jesus. It may be a morally exemplary Jesus, or a socialist Jesus, or a capitalist Jesus, or an anti-Semitic Jesus, or a white-racist Jesus, or a revolutionary-liberationist Jesus, or a counter-cultural cool Jesus. But not the whole Jesus who, in the end, gives his life a ransom for sinners. And if your enthusiasm for Jesus is for a Jesus that doesn't exist, your enthusiasm is no honor to the real Jesus, and he will leave you and go into the mountain.[\[1\]](#)

As I mentioned in my blog post, Oprah's point of departure from orthodoxy was hearing in church, "The Lord thy God is a jealous God." Instead of checking her reaction to this statement with a pastor or someone more theologically taught than she, Oprah slammed the door on the fundamentals of Christianity and gave herself permission to pursue a god more to her taste. What a difference it would have made if she had allowed someone to assure her, "No, Oprah, God is not jealous *of* you. He is jealous *for* you! He loves you so much, He wants your full and undivided heart. Let go of your misunderstanding and embrace the Father who loves you more than you can imagine."

Instead, she has embraced a vague and impersonal divinity who is indistinguishable from the universe. In fact, one of the prayers of her life has been, "What would You—God—the universe—have me do?" The problem with this is that God and the universe are not the same thing. God is the creator of the universe. He is before, above, and outside the universe. The universe is part of His creation. There is no point in asking a part of creation what it would have her do, because the universe is a fellow creature of the Most High God along with Oprah.

Much has been made of her farewell words, “Until we meet again.” But those were not her last words.

The final words of her finale were, “To God be the glory.” And I truly do think she means it.

I think that Oprah is not evil, she’s deceived. And I will continue to pray for her.

Note

1. John Piper, “The All-Providing King Who Would Not Be King,” www.desiringgod.org/resource-library/sermons/the-all-providing-king-who-would-not-be-king.

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What is the “Authentic Self”?

The concept of the “authentic self” is a wonderful-sounding, important element of politically-correct thinking. Especially if one’s “authentic self” includes a deviation from standard sexuality. Many people are proud of themselves for being progressive in encouraging others to admit and embrace inclinations and desires that a few decades ago were considered shameful.

Oprah was a major proponent of the idea. On her television show and her magazine, she encouraged her faithful followers to be open and real about their true thoughts and feelings, desires and dreams, passions and embarrassments. She was (and continues to be) especially insistent on the importance of coming out as LGBT (lesbian, gay, bi-sexual or transgender) if

someone had even the faintest leanings in that direction.

In today's culture, coming out and admitting you're gay is applauded as "being authentic." Claiming you are a man trapped in a woman's body, or vice versa, is "being authentic." But refusing to accept such labels means you're inauthentic.

I remember when Oprah interviewed Ted Haggard, disgraced former pastor and head of the National Association of Evangelicals. He said he was a heterosexual man with temptations toward homosexuality (that he regretted giving into), which is consistent with a biblical worldview. Oprah would have none of it. She pronounced him gay and declared with authority, "That is who you are!" It was clear she wanted him to embrace what she considered his "authentic self" and stop denying himself.

It made me think . . . what if a new movement rose up attempting to normalize obesity, calling it "a different kind of beautiful"? And what if obese people came on her show and said, "Oprah, girlfriend, you've had a lifelong inclination to overeat and not exercise. Face it! You are a fat girl! That is who you are! Stop lying about it and embrace it as who you truly are!" She wouldn't like it because she knows some weaknesses are worthy of struggling against. She wouldn't like it because she doesn't want her temptations and her inclinations to define her.

Because temptations and inclinations can be wrong.

When politician John Edwards had an adulterous relationship with Rielle Hunter while his wife battled cancer, Oprah booked her on the show. It was quite intriguing to me to see how Oprah refused to approve of Ms. Hunter's choices.

Oprah: When this is all said and done and we look back on this time of you, Rielle Hunter, the mistress and all of that, what is it you want people to really understand about what has happened here?



Rielle: All of their feelings that they're feeling and hatred that's directed toward me has to do with their fears or their anger and disappointment and sadness about their mother cheating on their father or their father or their husband or their spouse. It has to do with them, and it doesn't have to do with me, because they don't know me.

Oprah: Why can't it just be that they think that it's wrong?

Oprah did not appreciate a woman sleeping with another woman's husband. That's wrong. But if a married woman comes to the conclusion that she's a lesbian, then sleeping with another woman is embracing her "authentic self."

This is not the first time we've seen this in human history. The book of Judges tells the unhappy story, over and over, of the nation of Israel stumbling into one disaster after another that required rescue because "every man did that which was right in his own eyes" (Judges 21:25).

When we do what is right in our own eyes, it never [goes well with us](#). That's because we are fallen, broken people who live in a fallen, broken world, and we desperately need divine help and re-direction. We can't trust our hearts to tell us who we really are, who is our "authentic self," because God declares that the human heart "is deceitful above all things, and desperately wicked: who can know it?" (Jeremiah 17:9)

The problem with what the world calls our "authentic self" is

that it is the sum of our broken thoughts, feelings, desires, insecurities, and dreams. The “authentic self” that the world urges us to embrace is what the Bible calls the flesh, the part of us that operates independently from God and needs to be crucified, not glamorized (Galatians 5:24). In fact, Jesus had a completely opposite call for us: “If anyone wishes to come after Me, he must deny himself, and take up his cross and follow Me” (Mark 8:34).

When we DO deny ourselves, take up our cross and follow Jesus, the Holy Spirit transforms us so we look more and more like Jesus (2 Cor. 3:18). Thinking biblically, the true and authentic self is the one that will last into eternity. A hundred years from today, every Christ-follower will be free from flesh, free from the old rotten self, reveling in the freedom and joy that comes from being completely holy and righteous and true to our re-created self that looks and acts and thinks like Jesus but with the “flavor” of our redeemed individual personalities and temperaments.

Jeanette Howard, author of *Out of Egypt*, explaining her journey out of lesbianism, recently wrote, “I am tired of people claiming that they need to be ‘true to themselves.’ No they don’t. They, like all believers, need to die to themselves and be true to God. That is authentic discipleship.”

More and more Christians are throwing in the towel in their fight against unholy sexual and relational temptations, claiming to follow their “authentic self.” Even worse, a growing number of churches are doing something similar by embracing same-sex marriage. I have a question for them. If God really created them to be gay and blesses that identity today, what will happen a hundred years from today? Will there be homosexuality in heaven? There will be no sex in heaven because the only marriage will be between the Church and the Lamb, the Lord Jesus Christ. If one’s identity is wrapped up in same-sex attractions, as it is by those claiming to be “gay

Christians,” who will they be when all sexual and relational brokenness is a thing of the past, a mere memory of earthly life?

I suggest that a believer’s true and real and lasting “authentic self” is all wrapped up in not who we say we are, but who God says we are: His beloved child, redeemed and purified and made holy as He is holy. Chosen, accepted, and included, a citizen of heaven and a member of God’s household. Belonging to Jesus because He bought us with His very lifeblood. Sealed with the Spirit, made brand new from the inside out.

Now *that’s* an “authentic self” I can get excited about!

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Oprah’s Spirituality: Exploring ‘A New Earth’ – A Christian Critique

Steve Cable looks at the teaching of Eckhart Tolle and Oprah Winfrey and finds it far removed from a Christian worldview. From a biblical perspective, their teaching is in line with that addressed by Paul in Colossians where he points to false teachers who are “taking his stand on visions he has seen, inflated without cause by his fleshly mind.”

Over 2,000,000 people from 139 countries have participated with Oprah Winfrey and Eckhart Tolle in a live Web-based seminar covering each chapter of Tolle’s book entitled, *A New*

Earth: Awakening to Your Life's Purpose^{1}. Why is this book so popular? Will it lead you deeper in your walk with Christ? Or is it counterfeit spirituality promoting a false view of God? In this article, we will address these questions as we embark on an exploration of Tolle's "new earth."

The underlying premise is that all material things (from planets to pebbles to flowers to animals) result from a universal, immaterial life force expressing itself in material form. Humans are a part of that expression. However, we have evolved to the point where we have the potential to become Aware of our oneness with the universal life force. The purpose of all mankind is to become aware that their Being is an expression of the One Life Force.

However, the vast majority of people are unconscious and unaware of the source of their being. Every human being has an illusory self image or ego which is completely conditioned by the past, always wanting and never satisfied. We also have an individual and collective accumulation of old emotional pain Tolle calls the "pain-body." Our ego and our pain-body are actively trying to keep us away from true awareness. When we identify ourselves with our ego, our thoughts about the past and future, our wants and our hurts, we cannot experience our true Beingness.

In Tolle's view, this lack of awareness of our true essence and false identification with our egos has the world and the human race on the brink of extinction. Fortunately, the universal life force is manipulating this crisis to create an opportunity for many people to move from an unconscious state to consciousness. In order to become conscious, we must recognize that we are not our thoughts and/or egos. We must learn to accept and be present in the Now, because the past and the future exist only as thoughts. When most people are operating from their true essence rather than their egos, we will have drastic social and physical upheavals on this earth resulting in a whole new world order—that is, "a new earth."

If you are thinking this sounds a lot more like Eastern mysticism than a deeper walk with Christ, you are on the right track. So why is this message so popular even among many regular church attendees?

Why Is *A New Earth* a Significant Issue?

Since *A New Earth* is clearly incompatible with Biblical Christianity, why is it being read and recommended by many people who profess to be Christian?

First, the pervasive influence of post-modern tolerance continues to undermine commitment to the truth of the gospel even in evangelical circles. We are constantly assailed with the message that it is hateful and intolerant to believe that Christianity is true and other religions fall short. According to this viewpoint, the loving Christian will accept the validity of all religious traditions encouraging us to partake from the smorgasbord of spiritual guidance available from other religions. Thus many people forsake Paul's warning in Colossians to not be taken captive by the traditions of men rather than the truth of Christ and thereby open themselves up to false teaching{2}. An immature Christian may say to themselves, "*A New Earth* offers a way to greater personal peace and an escape from unhappiness so why not find a way to glue it onto my Christian tradition." Tolle and Oprah cleverly encourage them by saying, "How 'spiritual' you are has nothing to do with what you believe, but everything to do with your state of consciousness." {3}

Second, *A New Earth* contains nuggets of truth about the nature of the body, soul and spirit and some practical ideas which may often prove helpful in dealing with anxiety, anger and other issues people face. Tolle is correct in pointing out that our individual and collective selfish egos introduce a lot of pain and suffering into this world. In addition, we may be filled with anxiety and discontent with our circumstances because our thoughts are preoccupied with past hurts and

future hopes/fears. He encourages us to realize that we are not our thoughts or past pains. If we will affirm our intrinsic spiritual value and observe our ego at work, we can reduce anxiety and be able to accept our present circumstances. In some ways this is analogous to the instruction in Colossians to set our minds on the things of Christ not on the things of this earth because our real life is in Christ not in this earth.{4} It also reminds us of Paul's second letter to the Corinthians where he tells us that through the Holy Spirit we can "take every thought captive in obedience to Christ." {5} So you can see how thinking this way could be helpful. Unfortunately, this is taught as a part of a broader teaching that will leave non-Christians separated from God and misguided Christians not fulfilling their God-given purpose on this earth.

The third reason for its unwitting acceptance among some Christians is that quotes from Jesus and others in the Bible are sprinkled throughout the book in an attempt to show this philosophy is consistent with "true Christianity." Like so many false teachers, he attempts to make Jesus support his worldview by removing the teaching of Jesus from the clear message of the gospel.

Fourth, and probably most importantly, Tolle found a powerful proponent in Oprah Winfrey whose endorsement catapulted his first book, *The Power of Now*, onto the *NY Times* Best Seller list. Now, Oprah is enthusiastically promoting *A New Earth* through her web seminar, calling it the most exciting thing she has ever done. Oprah is an evangelist for smorgasbord spirituality. During the first web seminar for *A New Earth*, she was asked how she could reconcile it with her Christian upbringing. Oprah explained that she began to get out of the box of Biblical doctrine in her late twenties when her pastor was preaching on the characteristics of God. When he said that "The Lord thy God is a jealous God," she decided that she wanted to believe in a God of love not a jealous God.

Apparently, rather than doing a study to understand what that Bible passage meant, she decided to make up her own Jesus. As she stated (see [Appendix A](#)),

“And you know, it’s been a journey to get to the place where I understand, that what I believe is that Jesus came to show us Christ consciousness. That Jesus came to show us the way of the heart and that what Jesus was saying that to show us the higher consciousness that we’re all talking about here. Jesus came to say, ‘Look I’m going to live in the body, in the human body and I’m going to show you how it’s done.’ These are some principles and some laws that you can use to live by to know that way. And when I started to recognize that, that Jesus didn’t come in my belief, even as a Christian, I don’t believe that Jesus came to start Christianity... Well, I am a Christian who believes that there are certainly many more paths to God other than Christianity.”[\[6\]](#)

Worldview Comparison

Let’s continue our exploration of Tolle’s new earth by considering some of the fundamental worldview questions. How does the worldview of *A New Earth* line up with a Biblical worldview? (see [Appendix B](#))

God and the Universe

Let’s first look at the origin of the universe and the nature of God.

According to Tolle, the material universe is a temporary manifestation of the universal spiritual consciousness. This One Life is impersonal and pervasive, investing itself in all matter not just living things. He states it thus, “Each thing has Beingness, is a temporary form that has its origin within the formless one Life, the source of all things, all bodies, all forms.”[\[7\]](#) And “Like all life-forms, they are, of course,

temporary manifestations of the underlying one Life, one Consciousness”{8} Consequently, the being the Bible calls God is really an expression of this impersonal life force. Since everything is of God and is God, all material things must ultimately return to formless, unidentifiable union with the spiritual life force.

This view of God as an impersonal life force living in all things is directly counter to the Biblical revelation of God. According to the Bible, God is the creator of the universe not a part of the universe. God is an identifiable, personal being characterized by holiness, love, grace and compassion. The creator of this universe is a thinking being as God shares through Isaiah, “for as the heavens are higher than the earth...so are my thoughts higher than your thoughts.”{9} Paul reminds us, “For who among men knows the thoughts of a man except the spirit of the man which is in him? Even so the thoughts of God no one knows except the Spirit of God.”{10} God is a communicator, choosing to reveal Himself to us through the attributes of creation, through the Scriptures and through Jesus Christ.

Nature of Man

What about the nature and purpose of mankind? According to Tolle, humans are an evolved material manifestation of the spiritual life force. Humans have evolved to the point where we are capable of being overtly conscious of our Beingness; of our oneness with the One Life force. However, our material manifestation includes the ego (a false sense of identification with our thoughts) and our individual and collective pain bodies which fight our attempts to be conscious of our real identity in the life force. We need to realize that we are not really a unique individual, but rather a material expression on the One Life force. Our purpose for existence is to bring a consciousness of the underlying one Life into this world. He states, “The ultimate purpose of human existence, which is to say, your purpose, is to bring

that power into this world.”{11} However, the ultimate end for each human is to return our life energy back into the impersonal life force.

In contrast, the Bible teaches humans were intentionally created by God in His image. We are created with a body, soul and spirit. Our earthly bodies are temporary, but our soul and spirit are immortal. We are, in fact, individuals responsible for our actions with different eternal destinies determined by our relationship with God.

Sin and Evil

In *A New Earth*, the concepts of sin and evil are severely distorted. According to Tolle, original sin is the collective dysfunction which prevents people from recognizing the point of human existence. He suggests that this barrier to true Awareness is built into our DNA. He states, “The collective pain-body is probably encoded within every human’s DNA, although we haven’t discovered it there yet.”{12} In other words, the collective hurts and perceived inadequacies of our parents and previous generations are not only passed on through our interactions with a fallen world, but are actually encoded into our DNA. This, of course, would require our thoughts to be able to modify our DNA so that these experiences are passed on to future generations.

However, since we are not our bodies or our thoughts, we are not responsible for our sins. As he states, “There is only one perpetrator of evil on the planet: human unconsciousness.... People are not responsible for what they do when possessed by the pain-body.”{13} In fact, we cannot really distinguish good from evil since they all arise from the same life force. As Tolle puts it, “The deeper interconnectedness of all things and events implies that the mental labels of ‘good’ and ‘bad’ are ultimately illusory. They always imply a limited perspective and so are true only relatively and temporarily.”{14}

In contrast, the Bible teaches that we are all sinners and apart from faith in Christ the result will be eternal separation from God.{15}

Salvation

In Tolle's worldview, humans are not born spiritually dead, but rather spiritually unconscious. Our real self cannot be separated from God because our real self is a part of God. He states, "You do not become good by trying to be good, but by finding the goodness that is already within you, and allowing the goodness to emerge. But it can only emerge if something fundamental changes in your state of consciousness." {16} We become a new alive person, not through faith in the atoning death and empowering resurrection of Jesus, but rather through a process of becoming aware of our real self which has been masked by our ego. However, when our body dies, we cease to exist as an individual merging back into the universal life force. Tolle states, "the recognition of the impermanence of all forms awakens you to the dimension of the formless within yourself, that which is beyond death. Jesus called it 'eternal life.'" {17} So, regardless of what we do or believe during our earthly existence we all have the same ultimate destiny.

This view devalues the death and resurrection of Jesus Christ. If Tolle's view is true, Jesus' death was unnecessary and His resurrection was an illusion. The Bible clearly states that "the wages of sin is death, but the free gift of God is eternal life through Jesus Christ our Lord." {18}

Jesus Christ and Christianity

For Tolle, Jesus was an enlightened human. He joined Buddha and a few others in trying to communicate this concept to people and societies who were not ready to receive it. Jesus was no more God than any other human, but he was aware that he was a part of the One Life Force which He identified as God.

With this view of Jesus, Tolle clearly rejects the central

gospel message: faith in Jesus' atoning death on the cross and victorious resurrection is the only way to move from death into spiritual life.

Truth and Religion

According to Tolle, truth cannot be found in thought, doctrines or narratives which are perceived through our egos. He states, "Every ego confuses opinions and viewpoints with facts. It cannot tell the difference between an event and its reaction to that event. Only through awareness—not through thinking—can you differentiate between fact and opinion... Only through awareness can you see the totality of the situation or person instead of adopting one limited perspective."[{19}](#) Thus, the only real Truth with a capital T is in my being. "The Truth is inseparable from who you are. Yes, you are the Truth. If you look for it elsewhere, you will be deceived every time. The very Being that you are is Truth."[{20}](#) He even claims that this is what Jesus was really trying to tell us when He said, "I am the Way, the Truth and the Life, no one comes to the Father except through me."

Tolle writes:

"All religions are equally false and equally true, depending on how you use them. If you believe only your religion is the Truth, you are using it in the service of the ego."[{21}](#) And, "Many religious people claim to be in sole possession of the truth in an unconscious attempt to protect their identity. Unless you believe exactly as they do, you are wrong in their eyes, and they may feel justified in killing you for that."[{22}](#)

Like many people, Tolle confuses our inability to fully understand the truth with the lack of truth. As R.C. Sproul said, "Real truth is reality as seen from God's perspective." Real truth can only be revealed by God and is not about our need for identity or a need to create enemies. Truth is

central to the Christian faith. Jesus told Pilate, “For this I was born and for this reason I came into the world, to testify to the *truth*.”[{23}](#) As Christians, we are motivated to share the truth God has revealed because of His love for us and His “desire for all men to be saved and to come to the knowledge of the *truth*.”[{24}](#)

The Bible

In addressing the Bible, Tolle attempts to play both sides of the street. Although he does not directly state it, he clearly does not believe that the Bible is an accurate revelation of the character of God and the nature of the universe. His worldview is totally contrary to the Bible in most areas, so he clearly does not consider it an authoritative source. But, knowing that much of his audience has a Christian background, he quotes the Bible over 25 times in this book. In most instances, he takes the verse out of context and misinterprets it to align with his viewpoint. One example is when he claims that Jesus said, “I am the Way, the Truth and the Life” in order to teach us that we are the Truth. Ignoring the fact that Jesus went on to say, “no one comes to the Father but through me.”[{25}](#) Jesus said that if we lived according to His words we would “know the truth”[{26}](#), not “be the truth.”

Conclusion

A New Earth is not so new after all. It is another presentation of Eastern mysticism with a focus on separating your identity from your ego. Although the mind exercises promoted in the book may provide some temporary help with issues such as anxiety and anger, the overall worldview is directly counter to the gospel of Jesus Christ. By denying the existence of a personal transcendent God, by denying individual responsibility for my sin, by denying an eternal soul, and the need for the redeeming death and resurrection of Jesus, Tolle’s spiritual teaching will result in eternal separation from God for non-Christians and fruitlessness for

Christians taken captive by this unbiblical worldview.

Appendix A: Oprah Winfrey on reconciling *A New Earth* with her Christian background:

"I've reconciled it because I was able to open my mind about the absolute indescribable hugeness of that which we call "God." I took God out of the box because I grew up in the Baptist church and there were, you know, rules and, you know, belief systems indoctrinated. And I happened to be sitting in church in my late 20's...And this great minister was preaching about how great God was and how omniscient and omnipresent, and God is everything. And then he said, and the lord thy god is a jealous god. And I was, you know, caught up in the rapture of that moment until he said "jealous." And something struck me. I was thinking God is all, God is omnipresent, God is—and God's also jealous? God is jealous of me? And something about that didn't feel right in my spirit because I believe that god is love and that god is in all things. And so that's when the search for something more than doctrine started to stir within me.

"And I love this quote that Eckhart has, this is one of my favorite quotes in chapter one where he says, "Man made god in his own image, the eternal, the infinite, and unnamable was reduced to a mental idol that you had to believe in and worship as my god or our god."

"And you know, it's been a journey to get to the place where I understand, that what I believe is that Jesus came to show us Christ consciousness. That Jesus came to show us the way of the heart and that what Jesus was saying that to show us the higher consciousness that we're all talking about here. Jesus came to say, "Look I'm going to live in the body, in the human body and I'm going to show you how it's done." These are some principles and some laws that you can use to live by to know that way. And when I started to recognize that, that Jesus didn't come in my belief, even as a

Christian, I don't believe that Jesus came to start Christianity. So that was also very helpful to me.

"Well, I am a Christian who believes that there are certainly many more paths to God other than Christianity."

Appendix B: Comparing A New Earth with Other Worldviews

	Christian Theism	<i>A New Earth</i>	Naturalism (Postmodernism)	Pantheism
God	Personal	Universal life force	Non-existent	Impersonal
World	Creation	Spiritual	Physical	Spiritual
Human Nature	Like God	Is God; corrupted by ego	Like Animals	Is God
Body/Soul	Unity	Spirit is only reality	Body Only	Soul Only
Immortality	Resurrection	Reunite with life force	Annihilation	Reincarnation
Destiny	Glorification	Absorption into grand plan of one life force	Extinction	Absorption
Source of Authority	Divine Revelation	Presence; "I Am Truth"	Culture	Spiritual
Truth	Absolute	Relative and personal	Culturally based	Personal
Jesus Christ	Son of God	Early enlightened being	A product of his/her culture	Enlightened being
Salvation	Redemption	Awareness, consciousness, presence	Whatever is effective	Meditation
Evil	Rebellion	Illusion results from pain-body	Culturally defined	Illusion
Ethics	God-centered	Counter ego	Culturally centered	World-centered

History	Linear	Predestined by the one life force	Culturally defined	Cyclical
Culture	God-ordained / man steward	Unconscious vs. conscious	Language-centered	World-centered

Notes

1. Eckhart Tolle, *A New Earth: Awakening to Your Life's Purpose*, Penguin Group, New York, 2006
2. Colossians 2:8
3. Ibid., 18
4. Colossians 3:1-3
5. 2 Corinthians 10:5
6. Oprah Winfrey, transcript of the first *A New Earth* web seminar dated March 3, 2008
7. Tolle., 37
8. Ibid., 4
9. Isaiah 55:9
10. 1 Cor 2:11-12 NASV
11. Tolle., 78
12. Ibid., 143
13. Ibid., 163
14. Ibid., 196
15. Romans 3:23, 6:23
16. Tolle., 13
17. Ibid., 81
18. Romans 6:23
19. Tolle., 69
20. Ibid., 71
21. Ibid., 70
22. Ibid., 17
23. John 18:37
24. I Tim 2:3
25. John 14:6
26. John 8:31-32

The False Teaching of “The Secret” – A Christian Evaluation

Kerby Anderson examines The Secret and The Law of Attraction from a biblical perspective and finds it teaches a dangerous mixture of half truths and outright lies.

Rhonda Byrne and *The Secret*

The book is called *The Secret*, but it didn't remain a secret for very long. Already the book has sold more than three million copies, and there are nearly two million DVDs of the teaching. There seems to be no end to the public's interest in this message presented by Rhonda Byrne.

Some call *The Secret* a transformative message. Others see it as a popular combination of marketing that parallels the success of *The DaVinci Code* with the message found in Eastern religions and philosophies throughout the centuries. Whatever it is, it has exploded in our culture ever since Rhonda Byrne's first appearance on *The Oprah Winfrey Show*.

The Secret has been promoted as “a feature length, historic and factually based account of an age old secret” which is said to be four thousand years in the making and “known to only a fortunate few.” The DVD and the book reveal “this great knowledge to the world.” Supposedly it is the secret to wealth, the secret to health, the secret to love, relationships, happiness, and eternal youth.

The basic premise of *The Secret* was borne from the troubles that affected Rhonda Byrne. She is a television producer and

mother in her fifties. A number of years ago she “hit a rocky patch in her business and personal lives.”^{1} Her father died suddenly and her relationships with her family and work colleagues were in turmoil. It was at that moment of despair when she “wept and wept and wept” that she discovered a long-neglected book entitled *The Science of Getting Rich*.^{2}

In the book she discovered how to let your thoughts and feelings give you everything that you desire. She then dedicated herself to sharing these principles with the world in the form of *The Secret*.

Many have called it marketing genius. After all, all of us want to be in on a secret. So why wouldn't we all want to know *the* secret to life? That is what Rhonda Byrne promised in her DVD. “Torchlights flicker on the 90-minute DVD and the soundtrack throbs portentously before it gets down to giving you the secret for getting your hands on that new BMW.”^{3}

Its success shouldn't be too surprising. After all, many self-help authors have become celebrities and quite financially successful by addressing American's desperate need for happiness and significance.

Several show up as contributors to *The Secret*. For example, Wayne Dyer has written nearly thirty books on the subject of self-help. His 1976 book, *Your Erroneous Zones*, has sold over thirty million copies. Jack Canfield is best known for his *Chicken Soup for the Soul* book series. There are currently over 115 titles and 100 million copies in print.

The Law of Attraction

Rhonda Byrne's book and DVD on *The Secret* supposedly bring together “the oral traditions, in literature, in religions and philosophies throughout the centuries.”^{4} These pieces are brought together to produce this life-transforming message.

While it is passed off as new and exciting, there are many

other teachers who preceded *The Secret* with a similar message. Charles Fillmore, who founded the Unity School of Christianity, talked about "The Twelve Powers of Man," arguing that the causes of all things are "essentially mental." Norman Vincent Peale is best known for his *The Power of Positive Thinking*. Deepak Chopra talks about "The Seven Spiritual Laws of Success." Motivational speaker Tony Robbins believes "it's our decisions, not the conditions of our lives, that determine our destiny."[\[5\]](#)

Rhonda Byrne not only relies on people she calls the guardians of *The Secret*, but also upon a documentary released a number of years ago called *What the Bleep Do We Know?* The film makes all sorts of metaphysical claims based upon their particular interpretation of quantum physics.

According to Rhonda Byrne, the key element of *The Secret* is what is called "The Law of Attraction."[\[6\]](#) You can summarize the law with three words: "Thoughts become things." In other words, if you think hard enough about something, it will take place. Think good thoughts, and you will reap good things. Think bad thoughts, and bad things will happen to you. You create your own circumstances, and you can change those circumstances with your thoughts.

A central teaching of "The Law of Attraction" is that nothing can come into your experience unless you summon it through persistent thoughts. Thus, everything that surrounds you right now (both good and bad) has been attracted to you. As you focus on what you want, you are changing the vibration of atoms of that thing so that they begin to vibrate to you.[\[7\]](#) Ultimately, you determine the frequency or vibration so that you can best acquire wealth, health, and fulfillment.

Do you want something? Then you need to focus on it. In one segment in the DVD, a kid who wants a red BMX bicycle cuts out a picture of it from a catalog. He concentrates on it and even obsesses about it. He is rewarded with a bike.

Do you want to lose weight? Do the same thing. Rhonda Byrne talked about the weight she gained after her pregnancies. But once she applied “The Law of Attraction,” she realized her error: “Food is not responsible for putting on weight. It is your thought that food is responsible for putting on weight that actually has food put on weight.”

Do you want to get healthy? Visualize health. One woman in the DVD claims to have cured her breast cancer in three months without chemotherapy or radiation. She claims she did this by visualizing herself well and watching funny movies on television.

The Seductive Message

The incredible popularity of *The Secret* illustrates the spiritual hunger in our culture. But while people are hungry for spirituality, they are not willing to attend church to be fed spiritually. Instead they go to the bookstore and buy this book or DVD along with other books dealing with spirituality.

A buyer for West Hollywood’s popular metaphysical bookstore, The Bodhi Tree, said that DVD of *The Secret* had “become the biggest selling item in the 30-year history of our store.” Why has it become so successful? Here is what a writer for *Time* magazine concluded:

Mixing the ancient conspiracy hoodoo of *The DaVinci Code* with the psychic science of 2004’s cult hit *What the Bleep Do We Know?*, it interweaves computer graphics, historical recreations and interviews with “experts” into a study of “intention-manifestation” – the philosophy that contends our emotions and thoughts can actually influence real-world events. In other words: if you really, truly believe you can beat the lottery and visualize scratching off a winning ticket, you can do exactly that.[\[8\]](#)

The appeal of *The Secret* is understandable. People want to be

wealthy and healthy. But this false philosophy leads to death and destruction. In Colossians 2:8, Paul warns Christians: “See to it that no one takes you captive through hollow and deceptive philosophy, which depends on human tradition and the basic principles of the world rather than on Christ.”

There are countless examples that demonstrate that “The Law of Attraction” does not work. If you don’t think so, try this simple experiment. Visualize that you have a million dollars in your checking account. Think lots of positive thoughts about all the money you assume is in your checking account. Then go to the bank and write a really big check. The cashier might even have positive thoughts about your account. But then you will come face-to-face with reality. The bank’s computers don’t have positive thoughts about your checking account, nor do they have negative thoughts about your checking account. They are just doing the math. Despite all the positive feelings you can muster, your check will bounce.

Even those who accept the metaphysical basis of *The Secret* are concerned with its seductive message that appeals to our materialism. After all, practitioners are using this supposed ancient wisdom to acquire material goods. One of the “experts” in the film says: “*The Secret* is like having the universe as your catalog.”[\[9\]](#)

Many wonder if acquiring more possessions is what *The Secret* should be all about. “The get-rich-quick parts really bothered me,” says the buyer at the Bodhi Tree. “It’s my hope that people won’t use creative visualization to obtain wealth for themselves, but in more positive, altruistic ways.”[\[10\]](#)

Spiritually Dangerous

We have already shown that the premise of *The Secret* is false. You cannot alter reality simply with your thoughts. “The Law of Attraction” can essentially be summarized with three words: “Thoughts become things.” That is not true.

But the teachings of *The Secret* are not only false; they are spiritually dangerous.

Rhonda Byrne makes this observation in her book: "So whatever way you look at it, the result is still the same. We are One. We are all connected, and we are all part of the One Energy Field, or the One Supreme Mind, or the One Consciousness, or the One Creative Source. Call it whatever you want, but we are all One."[\[11\]](#)

Essentially she is teaching that we can become gods. We are God in a physical body. We are the creative source and the have the cosmic power to manipulate the universe according to our own desires. We are creating our own reality and thus can manipulate that reality to our own ends.[\[12\]](#)

Contrast that with the temptation in the Garden of Eden where Satan tells Eve "you will be like God" (Genesis 3:5). Why is *The Secret* so popular? Because we are tempted to be "like God."

It is one of the enemy's oldest tricks in The Book. Satan knows that we are vulnerable to this desire to be "like God." Satan tempted Eve in the Garden with this tactic, and he is tempting millions today with the same tactic.

John warned us of the temptations in the world: "Do not love the world nor the things in the world. If anyone loves the world, the love of the Father is not in him. For all that is in the world, the lust of the flesh and the lust of the eyes and the boastful pride of life, is not from the Father, but is from the world" (1 John 2:15-16).

We must choose that which we love and worship. Are we going to love the world and all that is in the world? Or are we going to love God? We must choose what we will love and which view of reality we will accept.

We are admonished "to bring every thought captive to the

obedience of Christ” (2 Corinthians 10:5). The principles in *The Secret* are not biblical principles but pagan, worldly principles that have been around since the beginning.

The Secret calls upon us to use our thoughts for our own selfish desires. Paul, however, tells us in Romans 12:1-2 that we are to present our bodies as a sacrifice to the Lord. We are to be selfless, not selfish.

(For more information on the spiritual dangers of *The Secret*, see [Russ Wise's in-depth analysis](#), which uncovers the occultic connection with several contributors to the project.)

The Secret and Science

To prove “The Law of Attraction,” the foundational principle in *The Secret*, Rhonda Byrne’s DVD presents physicists who imply that the latest scientific discoveries validate this metaphysical principle. One of the “experts” in the film is Fred Alan Wolf who apparently talked about the relationship between quantum mechanics and consciousness. Evidently, most of this wound up on the cutting room floor.[\[13\]](#)

The other “expert” on the film is John Hagelin, who is affiliated with Maharishi University. Both Wolf and Hagelin distanced themselves from the ideas in the DVD and acknowledged that “The Law of Attraction” does not seem to work in reality the way it is described in *The Secret*.

Some of the ideas in *The Secret* can also be found in the film, *What the Bleep Do We Know?* The documentary combines interviews along with a fictional narrative to bring together thoughts about the possible connection between quantum physics and spirituality. The interviews and computer graphics imply that the latest scientific discoveries (in neuroscience, psychology, physics, etc.) suggest that we can manipulate the universe with our mind.

The film even sets forth the principle that the universe is actually constructed from thought or mental images rather than some substance. It goes on to suggest that “empty space” is anything but empty. And it teaches that our beliefs about who we are and what is reality are influenced by our own thoughts and mental perspective.

The film may be interesting fiction and metaphysics; it is very poor psychology and physics. Scientists have rejected the ideas in the film as nothing more than pseudoscience with no relation to reality.

The message of *The Secret* also bears no relation to reality. It says, “Food is not responsible for putting on weight. It is your thought that food is responsible for putting on weight that actually has food put on weight.” Science disagrees.

But the message is also dangerous. Karin Klein with the *Los Angeles Times* recounts the dangerous impact of *The Secret* on those who follow its prescription: “Therapists tell me they’re starting to see clients who are headed for real trouble, immersing themselves in a dream world in which good things just come.”[\[14\]](#)

It’s not surprising that *The Secret* is popular. People are spiritually hungry, and the book and DVD partially feed that hunger. The message is seductive, but as we have also seen it is wrong, and more importantly, it is dangerous. It is one of the enemy’s oldest tricks in *The Book*. We need to exercise spiritual discernment and realize the false teaching in *The Secret*.

Notes

1. Jerry Adler, “Decoding The Secret,” *Newsweek*, 5 March 2007, 53.
2. Wallace Wattles, *The Science of Getting Rich*, 1910, www.scienceofgettingrich.net.
3. Adler, Decoding, 53-54.

4. Home page of The Secret, www.thesecret.tv/home-synopsis.html.
5. Adler, *Decoding*, 55.
6. Rhonda Byrne, *The Secret* (New York: Atria Books, 2006), 28.
7. Ibid., 156.
8. Jeffrey Ressler, "The Secret of Success," *Time*, 28 December 2006.
9. Ibid.
10. Ibid.
11. Byrne, *The Secret*, 162.
12. Ibid., 164.
13. Adler, *Decoding*, 57.
14. Karin Klein, "Self-help gone nutty," *Los Angeles Times*, 13 February 2007.

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The Secret: Creating One's Reality

The Secret's "Law of Attraction" is simply recycled Eastern/New Age philosophy in materialistic garb that appeals to our self-indulgent desires. Former Probe staffer Russ Wise examines the teachings of Rhonda Byrne and her stable of "Master Teachers" to show how they contradict with God's word, and reality.

The Secret has existed throughout the history of mankind. It had been discovered, coveted, suppressed, hidden, lost and recovered. It has been hunted down, stolen, and bought for vast sums of money. Now for the first time in history, *The Secret* is being revealed to the world . . .

"Fragments of a Great Secret have been found in the oral traditions, in literature, in religions and philosophies throughout the centuries. For the first time, all the pieces of The Secret come together in an incredible revelation that will be life-transforming for all who experience it."[\[1\]](#)



Knowledge of *The Secret* will bring the knower great wealth, health, joy and for those who persist, their soul mate: everything you have ever wanted. *The Secret* reveals the perennial wisdom of the great teachers and avatars of history: the Law of Attraction. According to Rhonda Byrne, author of *The Secret*, that "secret" (the Law of Attraction) is simply the principle that like attracts like. This Law of Attraction means that when we think positive things or possibly bad things we, as a result, draw those things to ourselves. Another way of putting it is that when we think negatively we will become more negative because we have allowed the negative to be drawn to us.

Rhonda Byrne, a 55 year-old Australian, discovered *The Secret* during a time of great upheaval in her family. Her father, Roland, died in 2004, her business was near bankruptcy, and her relationships were indeed bankrupt. The stress of life was bearing down on her and she found herself in a place where she was receptive to most anything. That "anything" came in the form of a book given her by her daughter Hailey. The book, *The Science of Getting Rich*,[\[2\]](#) was the beginning of a transformation that would lead Rhonda down the corridors of fame and wealth.

Rhonda declared that "It lit a fire in me; it was exactly the opposite of the way I thought life worked." The rekindled fire within her set her on a quest that ultimately led her to devour much of the occultic literature of our day and then to sit at the feet of many of those "teachers" who deliver its message.

Her discovery of these “great truths” led her to employ her production company to produce a film that would bring this much-sought-after “truth” to the world. The result was *The Secret*, now available in multiple languages.[{3}](#) As of this writing the DVD (only available online) has sold over 1.1 million copies since its release in March 2006. The book was only written after the film had been widely received around the globe. It was released in November 2006 and has of this date (spring 2007) sold over 1.2 million copies. *The Bodhi Tree*, a well known metaphysical bookshop in West Hollywood, reports that *The Secret* has been “its biggest selling item in the 30-year history of our store.”[{4}](#) Not bad results for a first time author!

“If *The Secret* had a plot, it might go something like ‘Tony Robbins uncovers the Judas Gospel and learns to use the Force.’”[{5}](#) The film is regularly screened at New Age venues including metaphysical group meetings, Unity Churches, and the homes of believers. *The Secret* was well-received on *Oprah*[{6}](#) and it has been touted on *Larry King Live* as well as similar shows. The prominent discussion of *The Secret* in the media has given the film major cultural traction.

A *Time* article by Jeffrey Ressler states the *The Secret* is the mixing of ancient philosophy found in the conspiratorial escapades of *The Da Vinci Code* and the psychic science (read science fiction) of the cult hit *What the Bleep Do We Know?*[{7}](#)

According to the author and creator, Rhonda Byrne, *The Secret* is “a philosophy that literally can change your life and help you take control of your destiny!”[{8}](#) Now, if true, that would be like winning the lottery. Ms. Byrne continues, “If you follow its philosophy, you can create the life you want . . .” Ms. Byrne asserts that the Law of Attraction is “the most powerful law in the universe,” and that it is working all the time. “What we do is we attract into our lives the things we want, and that is based on what we’re thinking and feeling.” She says that when we engage our feelings it becomes

especially potent. Our emotions super-charge the outcomes we desire! She continues, “It is based on this principle that we are actually creating our own circumstances by the very choices we make in life.”[{9}](#)

In an interview with Quantumtouch, the interviewer Julie makes a point regarding the global impact of the film. Ms. Byrne responds by saying that *The Secret* is contained in all the ancient wisdom, no matter what philosophy. It is buried within every one.[{10}](#) On the surface this statement sounds quite innocent, but her actual meaning goes much deeper. The idea that this “wisdom is buried within everyone” is an indicator that this belief is about our true divine nature.

One of the Master Teachers of *The Secret*, John Demartini, expounds by saying, “We have a magnificent inner calling, vision, mission, power inside us that we are not honoring and harnessing. This movie brings it to the forefront that we can [harness that power].”[{11}](#) The premise of this idea is that “we all have a divine essence within us, and we just need to get in touch with it. In other words, as panentheists[{12}](#) teach, God is in all of creation, including all human beings, and once a person becomes aware of this, there are no limits to what he can achieve.”[{13}](#)

Master Teachings

The Secret is revealed through some of the most high-profile individuals of our day. They include such notables as Jack Canfield, author of the *Chicken Soup for the Soul* series of books. Jack is a thirty-year veteran of metaphysics and helps individuals achieve their personal goals by helping them understand the Law of Attraction.

Another teacher is Neale Donald Walsch, known for this book trilogy *Conversations with God*.[{14}](#) He, too, is a student of metaphysics and teaches that man is divine. John Gray is best known for his popular book *Men Are From Mars, Women Are From*

Venus. These teachers speak with one voice. Their message is brief, yet simple: *You create your circumstances; if you live in lack it is your fault; you are an expression of divinity; in fact, you are God*. Another of *The Secret* teachers is Fred Alan Wolf, a physicist. He makes a profound statement on [The Secret web site](#): “You! I want to tell you something. You are God in disguise.”

Of the twenty-four *Secret Teachers*, perhaps the most troubling is Rev. Michael Bernard Beckwith. He is the pastor of *Agape International Spiritual Centre* in California. His message is that we are co-creators with God and that our abilities are unlimited. Our potential is divine in nature. Dr. Beckwith is troubling, in my view, because he represents a pseudo-Christianity. He has the greatest ability to be used to deceive those whom God has touched by His Gospel. The Christian who is unable to rightly discern God’s Word will fall prey to such false teaching as found in *The Secret*.

“Truths” That One Cannot Deny

So what is it that *The Secret* teaches that would be harmful to the Christian? In her section on acknowledgements Ms. Byrne names names and she lists several that stand out as instructive. One name, in particular, is Charles Fillmore, the founder of *Unity School of Christianity*[{15}](#) along with his wife Myrtle. Unity is a classic New Age belief system that teaches the divinity of man. Eric Butterworth, a former Unity minister, in his book *Discover the Power Within You*, underscores the New Age premise that Jesus taught the divinity of mankind. Butterworth is of interest because Oprah Winfrey proclaims he is her spiritual mentor.[{16}](#)

Perhaps the most revealing of the occult connection between Rhonda Byrne and her stable of Master Teachers is Ester Hicks who channels a non-physical being named Abraham.[{17}](#) Hicks is but one thread in the occult pattern that emerges in teachings of *The Secret*. Hicks’ story is similar to that of Helen

Schucman, the channel of [*A Course in Miracles*](#).{18}

The premise, *whatever we think about and thank about, we bring about* is central to understanding the Law of Attraction. In Christian circles this concept is known as “name it and claim it,” where the individual simply professes a desire and then claims that God will provide it. This is a Christianized form of an occult “truth.” Ms. Byrne and her Master Teachers are more than willing to use scripture to make their point. They ask us to turn to Matthew 21:22 and Mark 11:24 where Jesus tells His disciples, “Whatever you ask in prayer, believing, you will receive.” A common mistake made by those who jump on the metaphysical bandwagon is that they often overlook the whole counsel of scripture. It is instructive that Ms. Byrne did not ask her readers to consider James 4:3 where the writer says, “You ask and do not receive, because you ask wrongly, to spend it on your passions.”

The question the Christian should be asking himself at this point is this: How does one ask correctly? Verse 4 offers us a glimpse of God’s truth. “Do you not know that friendship with the world is enmity with God? Therefore whoever wishes to be a friend of the world makes himself an enemy of God.” James then draws our attention to verse 10 where it says, “Humble yourselves before the Lord and he will exalt you.” The implication here is not for us to command God to act because of our asking or believing, but to allow Him to exalt us because of our humility. This teaching would not fit very well within the context of Rhonda Byrne’s *The Secret*.

A central teaching of The Law of Attraction is that *nothing can come into your experience unless you summon it through persistent thoughts*.{19} Another of the Master Teachers, Dr. Joe Vitale, believes that “Everything that surrounds you right now in your life, including the things you’re complaining about, you’ve attracted.”{20} According to Ms. Byrne, our feelings are our greatest tool to help us create the positive things in our lives. She says, “Your thoughts are the primary

cause of everything." She continues by stating, "Your thoughts determine your frequency, and your feelings tell you immediately what frequency you are on."[{21}](#)

Ms. Byrne says that we are "the most powerful transmission tower in the Universe. In simple terms, all energy vibrates at a frequency. Being energy, you also vibrate at a frequency, and what determines your frequency at any time is whatever you are thinking and feeling. All the things you want are made of energy, and they are vibrating too. *Everything* is energy."[{22}](#)

Another way of stating this "truth" is to say that *as you focus on what you want, you are changing the vibration of the atoms of that thing, and you are causing it to vibrate to You.*

I know this is a mind-blowing concept, but there's more! Ms. Byrne states that one of the most magnificent teachings of *The Secret* is that "You are energy, and cannot be created or destroyed. Energy just changes form. And that means You! The true essence of You, the pure energy of You, has always been and always will be. You can never not be."[{23}](#)

"When you are feeling good thoughts, it is communication back from the Universe saying, 'You are thinking good thoughts.' Likewise, when you are feeling bad, you are receiving communication back from the Universe saying, 'You are thinking bad thoughts.'"[{24}](#)

Our feelings about something turbo-charge our outcome. In other words, we can purposely use our *feelings* to transmit an even more powerful frequency, by adding *feeling* to what we are wanting.[{25}](#)

Michael Bernard Beckwith clarifies this concept by stating, "You can begin right now to feel healthy. You can begin to feel prosperous. You can begin to feel love that's surrounding you, even if it's not there. And what will happen is the universe will correspond to the nature of your song. The universe will correspond to the nature of that inner feeling and manifest, because that's the way you feel." In other words, don't allow your perceived reality to convince you otherwise, but step out and create your new reality by simply saying it is so and the Universe (God) will

bring it about. Essentially, we are seeking a god to do our bidding as we command.

Marci Shimoff, another of the Master Teachers, makes this observation: "Once you begin to understand and truly master your thoughts and feelings, that's when you see how you create your own reality. That's where your freedom is, that's where all your power is." [{26}](#) The Bible offers a different exhortation to the Christian at this juncture. We read in 2 Corinthians 10:5 that we are to destroy arguments and every proud obstacle to the knowledge of God, and take every thought captive to the obedience of Christ. Our purpose is not to use our thought life to enhance ourselves, but to bring our thought lives into obedience and submit ourselves to a holy God. This thought is totally absent from *The Secret*!

Shimoff adds that we should consider if the Universe is a friendly place for us to hang out. Ms. Byrne says that knowing the Law of Attraction, we would have to say that the Universe is, indeed, a most friendly place where we can create our own reality. *The Secret* (and New Age thought in general) encourages its adherents to practice affirmation as a way to channel one's thought life to a place where it will benefit the individual. Ms. Byrne suggests the following affirmation: "This is a magnificent Universe. The Universe is bringing all good things to me. The Universe is conspiring for me in all things. The Universe is supporting me in everything I do. The Universe meets all my needs immediately." [{27}](#)

Lisa Nichols, also a Master Teacher, informs us that the first step to achieving our desires is to ask. "Make a command of the Universe. Let the Universe know what you want. The Universe responds to your thoughts." [{28}](#) It seems that if one were to "command" God (the Universe) to produce all that he desired and wanted, he might prefer a different outcome. In my view, the secret to living the Christian life is to desire the things that God desires for us rather than making a command to fulfill one's lusts. Dr. Joe Vitale offers this quip: "This is

really fun. It's like having the Universe as your catalogue. It is You placing your order with the Universe. It's really that easy."

Nichols continues by stating that the second step in achieving all that we want is to *believe*. "Believe that it is already yours. Have what I love to call unwavering faith. Believing in the unseen." In the moment you ask, and *believe* and *know* you already have it in the unseen, the entire Universe shifts to bring it into the seen. In other words, God/The Universe immediately tunes to your frequency and then because of the Law of Attraction, he is obligated to supply all your wants. Vitale makes another head-scratching comment when he states, "The Universe will start to rearrange itself to make it happen for you. You don't need to know how it's going to come about. You don't need to know how the Universe will arrange itself." Just simply believe!

The third step according to Nichols is to *receive* that which we have commanded. Nichols states that an important part of our receiving is for us to *feel* wonderful about it. Beckwith comments, "This is a feeling Universe. If you just intellectually believe something, but you have no corresponding feeling underneath that, you don't necessarily have enough power to manifest what you want in your life. You have to feel it." I can understand that! I recognize that I have limited power. What power I may have is only that which God allows me through the Holy Spirit to do His good will—*not mine*. I also recognize that no matter how wonderful I "feel," my feeling about something is not what is going to make it right in God's sight. It is only when I apply His will to the matter that I see appropriate results.

The premise that mankind and the impersonal Universe are interconnected is widely taught within occultic, New Age, literature. They teach that all-is-One. Man is an integral part of *The Supreme Mind* and he is seen as being one with it, to the point that he *is* the source of the Universe.

The Universe and The Higher Self

The concept of an impersonal energy or force that is the “Universe” is not a new thought. It has been around for a long time and has been recognized in numerous belief systems that do not reflect God’s truth.

Gary Zukav teaches that we should trust the Universe because it is working toward our best and most appropriate end. He adds that if we do trust the Universe it will provide all that we desire: “Let your higher self complete its task.[{32}](#) In other words, allow the Universe (God) to complete its work in you as you come to fully realize that your “Higher Self” is the Divine Teacher.

Wayne Dyer helps clarify the role that the Higher Self plays in our understanding of who we truly are. In his text *Your Sacred Self*, he makes this observation: “When you consult your higher self, you learn that you are a part of the same divine essence that connects all of us to the source of spirit. There is one God, one source with many different manifestations.”[{33}](#) Dyer says that we relate to others in “terms of the divineness that is flowing through them, which is a manifestation of the energy supporting the physical world. On the path of the sacred way, you experience that force flowing through you and others.”[{34}](#) He declares that we short-circuit the manifestation of our Higher Selves (the divine spirit within) when we practice a toxic lifestyle. A toxic lifestyle would be one that denied man’s personal divinity. Dyer goes on to say, “To allow your highest self to triumph in this conflict between purity and toxicity, you must let go of any idea that at your core you are evil or a sinner.”[{35}](#)

To sum it up Ms. Byrne makes this observation: “So whichever way you look at it, the result is still the same. We are One. We are all connected, and we are all part of the One Energy Field, or the One Supreme Mind, or the One Consciousness, or

the One Creative Source. Call it whatever you want, but we are all One.”{36} The message of *The Secret* is plain for all to see: “You are God in a physical body. You are Spirit in the flesh. You are Eternal Life expressing itself as you. You are a cosmic being. You are all power. You are magnificence. You are the creator, and you are creating the creation of You on this planet.”{37}

The Higher Self and Guidance

Rhonda Byrne and her *Secret* Teachers have played their metaphysical hand close to their vest. However, they have allowed their secret teaching to come through on occasion. Ultimately, yielding your life to the Universe and discovering your Higher Self implies that you must at some point submit to its deepest presence.

Ms. Byrne confides that “To love yourself fully, you must focus on a new dimension of You. You must focus on the presence inside of You. Take a moment and sit still. Focus on feeling the life presence inside you. As you focus on the presence within, it will begin to reveal itself to You. It is a feeling of pure love and bliss, and it is perfection. That presence is the *real* You.”{38}

Ms. Byrne offers her viewer and reader a sure-fire avenue to connecting with the “Presence” within. She states without reservation that all teachers in her film and in her book use meditation to quiet their minds so they can be in full harmony with the Universe. She says every teacher uses meditation as a daily practice. She then adds that “it wasn’t until I discovered *The Secret* that I realized how powerful meditation can be.”{39}

To hear the Master Teachers of *The Secret* tell it, one would think that discovering one’s Higher Self or inner teacher is the high point of spiritual or self discovery. In her book *The Possible Human*, Jean Huston makes this observation regarding

the Presence. Ms. Houston is guiding her students through an exercise and she tells them that

“In the room is a Master Teacher of the skill—this person or being is your Master Teacher, and in the time that follows this teacher will give you deep and potent instructions to help you improve your skill. The Master Teacher may speak in words or not. Teachings may present themselves as feelings. However this being works with you, the learning on your part will be effective and deep. Once you become familiar with your Master Teacher and begin to trust and act on the advice and knowledge that is imparted, you will find it increasingly easy to have access to this kind of deep learning . . .”

Houston fully discloses the true nature of this inner Presence that Ms. Byrne alludes to. Apparently unable to contain her enthusiasm, she further states,

“The Master Teacher is a potent reminder of our inner ‘allies’ and may often provide much more teaching and wisdom than we had intended when we set out on this journey. And the exercise may also lead you to the discovery that the inner realms have their own subtle machinations for guiding you . . . we must also listen to them, for they have urgent messages to send us. If we cooperate with them—that is, with our own deepest knowing—we begin to notice an astounding change in our lives.”[{40}](#)

If this is confusing, allow me to sum it up this way. When you enter the realm of spiritual discovery through meditative practices or some other psycho-spiritual methodology you will at some point find yourself face to face with a demon masquerading as your inner guide or Master Teacher. It is instructive to note that this inner guide or spirit guide will at some point in time bring you an urgent message from the “other side.” The subtle deception that lies in wait for its innocent prey is not discriminating. It will consume whomever

it finds to seduce.

Spiritual Discernment

Earlier I mentioned that I believe Michael Bernard Beckwith to be a troubling figure in the unfolding of *The Secret* and its Law of Attraction. Rhonda Byrne became the “Big Get” for many in the world of television and the media. Oprah Winfrey was no different. After Ms. Byrne appeared on Oprah she realized her dreams as her film and book sales went through the roof. After her segment on Oprah *The Secret* was officially out and the book instantly became *the* bestseller literally overnight.

Michael Bernard Beckwith appeared with Ms. Byrne on Oprah and became an instant celebrity. His second Oprah appearance included the taking of questions from audience members. One of particular note was a lady named Maureen. Her question centered around her being a Christian. Maureen stated that her family puts their faith in God, and that it seemed to her that *The Secret* teaches that we should put our faith in ourselves. “And so,” she said, “I was wondering, is God anywhere in this?”

Here is what Beckwith had to say to Maureen: “The Secret involves the laws of the universe and they, in turn, describe the nature of how God works. [Jesus] said, ‘Pray believing that ye have, that ye may receive.’ That’s *The Secret* in a nutshell. Pray believing and feeling and sensing that you already have it, and then you’re available to receive it.”

The disturbing part of his answer came when he offered this thoughtful conclusion to Maureen’s question: “*The Secret* isn’t about contradicting religion—it supports it. It actually goes underneath the culture and explains to you the sacred laws that these wonderful teachers have brought to us,” he said. According to Beckwith, *The Secret* is about supporting the great spiritual traditions in a more modern form. “It really is just putting Christianity, Judaism, all the great teachings

into a current vernacular.”

He smoothed the rippling waters created by her question, and by side-stepping her real concern he offered her a decoy. His implication was that the archaic teachings and misinterpretations of the Bible can no longer be held as the standard of truth, but this new generation of believers is looking for ways to better connect with spiritual truth.

Sadly, there are a multitude of Maureens in the greater Christian church who may be easily persuaded by the decoys of spiritual heresy. It was interesting to see Oprah turn in her chair and catch Maureen’s eye and declare that she is a Christian, thereby implying that the teachings of *The Secret* as delivered by Beckwith are rock solid Christian principles.{41}

The greater “spiritual traditions” referred to by Beckwith are no less than the perennial philosophy and ancient wisdom taught by proponents of New Age thought and organizations like the Rosicrucians and other occult groups. The Rosicrucians teach that members will “achieve a gradual inner awakening, leading to a permanent awareness of the unity of all creation and your personal relationship with the ‘oneness’ of the universe.”{42}

Lost in Commonsenseville!?

Deception always comes packaged in a veneer of truth. Otherwise it would not be acceptable! *The Secret* is no different. There are several aspects of the teaching that would be good and right to exhibit in one’s life. Here are some examples:

1. ***We should be grateful.*** Christians should be grateful in all things. The scriptures use the word “contentment.” Philippians 4:11 tells us that we are to be content in whatever state we find ourselves. In regards to the teaching of *The Secret* I

found this verse particularly interesting. The verse begins, "Not that I complain of want . . ." My reading of *The Secret* reveals just that. My wants and desires must be brought into manifestation because I simply *ask*. Ms. Byrne makes this observation: "It is impossible to bring more into your life if you are feeling ungrateful about what you have. Why? Because the thoughts and feelings you emit as you feel ungrateful are all negative emotions." The following verses (4:12-13) in Philippians offer us a glimpse into the meaning of the real secret to life: "I know how to be abased, and I know how to abound; in any and all circumstances I have learned the secret of facing plenty and hunger, abundance, and want. I can do all things through him who strengthens me." In contrast, the teaching of *The Secret* is that by expressing gratitude we increase our opportunity to receive more.[{43}](#)

2. *We should give thanks.* Above all, the Christian should be thankful because of what Jesus did for him on the cross. However, there are those who are less than thankful. Romans 1:20 tells us that we have no excuse of not knowing that God exists because of His creation. Verse 21 says, "Although they knew God they did not honor him as God or give thanks to him, but they became futile in their thinking and their senseless minds were darkened. Claiming to be wise, they became fools . . ."

Colossians 3:15-17 offers new believers this exhortation:

"And let the peace of Christ rule in your hearts . . . And be thankful. Let the word of Christ dwell in you richly, as you sing psalms and hymns and spiritual songs with thankfulness in your hearts to God."

Michael Bernard Beckwith says that we are to sing our own song. The scripture seems clear that our song is to glorify God rather than ourselves. Beckwith comments, "You can begin to feel the love that's surrounding you, even if its not there. And what will happen is the universe will correspond to

the nature of your song.”{44} In other words the Universe—God—will comply with the commands in “our song.”

3. We should give liberally. It is without question that the Christian should be a generous giver because he has been given so much. 2 Corinthians 9:6-8 offers this truth:

“The point is this: he who sows sparingly will also reap sparingly, and he who sows bountifully will also reap bountifully. Each one must do as he has made up his mind, not reluctantly or under compulsion, for God loves a cheerful giver. And God is able to provide you with every blessing in abundance, so that you may always have enough of everything and may provide in abundance for every good work.”

On the other hand, *The Secret* teaches that “giving is a powerful action to bring more money into your life, because when you are giving you are saying, ‘I have plenty.’”{45} The principle here, for those who follow the teachings of the Law of Attraction, is to be positive in your actions and thereby send the correct frequency or vibration into the Universe so you can get more. In my view, the biblical standard is far more pleasing to a holy God.

4. We should focus on the good in others. The Christian is to consider others better than himself and not become jaded. Philippians 2:3 offers this counsel:

Do nothing from selfishness or conceit, but in humility count others better than yourselves. Let each of you look not only to his own interests, but also to the interests of others.

Here once again, *The Secret* or the Law of Attraction is contrary to the teachings of Jesus. Marci Shimoff makes this revealing statement: “But for relationships to really work, we need to focus on what we appreciate about the other person, not what we’re complaining about.”{46} On the surface this

admonition sounds really great; however, as we have seen before in the Law of Attraction, the actor's actions are really all about getting what he wants. Shimoff continues her comment, "When we're complaining about those things we're only getting more of those things." The dynamics of inter-personal relationships do seem to agree with Shimoff's premise: if we're less than adorable we're going to get that reflected back to us by others. I agree that this may likely be the case. But our doing so as a follower of *The Secret* is to multiply our chances at *getting* what we want rather than looking after the interests of others.

5. *We should praise and bless our enemies.* The scripture clearly teaches that the Christian is to bless others.[\[47\]](#) The Christian who hears this idea from the stable of teachers under Rhonda Byrne will likely believe that *The Secret* is in alignment with God's Word. But not so fast! According to Lisa Nichols, we are to recognize the beauty in those things around us and then "bless and praise them." Ms. Byrne offers this understanding of blessing: "Lisa's wise words, to 'praise and bless' the things around you, are worth their weight in gold. When you are blessing or praising you are on the highest frequency of love. In the Bible, the Hebrews used the act of blessing to bring forth health, wealth, and happiness." In other words, we should confer our blessing so we might gain prosperity! Another head-shaking comment follows the above statement: "Praising and blessing dissolves all negativity, so praise and bless your enemies."[\[48\]](#) Blessing is an important part of the Christian life. We are blessed to be a blessing. Psalm 128:1 and 4 say, "Blessed is every one who fears the Lord, who walks in his ways! Lo, thus shall the man be blessed who fears the Lord." The Psalmist draws our attention to another truth that *The Secret* chooses to ignore. Ms. Byrne's worldview and that of all likeminded teachers discounts the precept that one should *fear the Lord*. In their view, the "Lord", the Universe, is not to be feared, but to be commanded to act on their behalf and bring them the riches they desire.

Finding Our Way in Commonsenseville

In the Law of Attraction and *The Secret* it is difficult to discern the occultic trappings when our focus is on such commonsense teachings as seen above. However, for the discerning it becomes clear that the perceived “truths” taught as *The Secret* are in reality false teachings for the Christian. They do not line up with God’s Word. They are out of focus and agreement.

The Secret is the latest in a series of examples that are used by the enemy of truth to nullify God’s authoritative Word. A previous film that made its way into the minds of many unsuspecting viewers was *What the Bleep!?*, a 2004 film dealing with much of the same material as *The Secret*. There have been numerous books touted by Oprah Winfrey and others who sing the praises of the same world view.[{49}](#)

Romans 12:1-2 offers us God’s truth in light of the emotional feelings encouraged in *The Secret*. Paul exhorts his brothers,

I appeal to you therefore by the mercies of God to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. Do not be conformed to this world but be transformed by the renewal of your mind, that you may prove what is the will of God, what is good and acceptable and perfect.

Note that Paul did not say that we should consult our feelings about the matter, but that our spiritual worship is to present our bodies as a sacrifice to the Lord. The message of *The Secret* is not selflessness, but selfishness and self indulgence.

The discerning Christian must not only become aware of such cultural shifts as noted above, but he must be well-informed of the underlying falsity of such views—to judge rightly using the scripture as his guiding light. Our adversary is not

asleep at the switch. He is looking for those whom he may devour by his cunning deception. The challenge for the Christian is to remain true to the scripture and faithful to the end. Our life's purpose is to glorify our Father. Jesus clarified this truth by saying, "By this my Father is glorified, that you bear much fruit, and so prove to be my disciples."[{50}](#) Then Jesus added,

And this is eternal life, that they know thee the only true God, and Jesus Christ whom you sent. I glorified thee on earth, having accomplished the work which thou gave me to do; and now, Father glorify thou me in thy own presence with the glory which I had with thee before the world was made.[{51}](#)

We have seen by the above information that the purpose of the Christian life is to glorify God—not one's self. It is not about garnering the wealth of the world, or to live in perfect health. Our true motivation in all that we do is to honor our Creator and to point others to the mercies and goodness of a loving Father.

Author's Comment:

This article is dedicated to Maureen who appeared on Oprah 2/16/2007, and the other Maureens who desire to know if the message of *The Secret* is one that they might incorporate into their Christian lives. My prayer is that this article will help them discern God's truth and then apply it in their lives. Proverbs 4:23

Notes

1. www.thesecret.tv/home-synopsis.html
2. Wattles, Wallace, *The Science of Getting Rich*, 1910. For a complete manuscript see: blog.marcaccetta.com/blog/files/the_science_of_getting_rich.pdf
3. Language translations: German, Spanish, Portuguese, French,

Japanese, Chinese.

4. www.time.com/time/arts/article/0,8599,1573136,00.html

5. Karin Klein, Self Help Gone Nutty, *LA Times*, Feb. 13, 2007
tinyurl.com/2bldwp

6. From the Oprah.com website: "*One Week Later: The Reaction to 'The Secret'*". . . One week later...the reaction to The Secret! Your emails poured in and Oprah.com went off the charts! The secret to making more money, losing weight, falling in love, landing your dream job...and you want more! The questions, the successes and the lives changed. Stories you have to hear! A follow-up to the show everybody is talking about! Talk about this show." <http://tinyurl.com/39jkxf>

7. What the Bleep!?, www.whatthebleep.com/whatthebleep/ The movie is greatly influenced by the teachings of J. Z. Knight (Ramtha). The three producers of the film were involved with The Ramtha School of Enlightenment and Ms. Knight had creative control over the film. In reality the film was nothing more than an infomercial for Ms. Knight and her school.

www.ramtha.com/default.asp

8. The Secret comes to Oprah, 2/8/2007,
blog.marcacchetta.com/blog/2007/02/the_secret_come.html#more

9. Ibid.

10. www.Quantumtouch.groupee.net

11. www.newsobserver.com/105/story/538825.html

12. This universal arrangement is not *pantheism* (all is God), but panentheism, (God *in* all things and beings) a term devised by Karl C. F. Krause (1781-1832) to describe his thought. It is best known for its use by Charles Hartshorne and recently by Matthew Fox. Panentheism says that all is in God, somewhat as if God were the ocean and we were fish. If one considers what is in God's body to be part of God, then we can say that God is all there is and then some. The universe is God's body, but God's awareness or personality is greater than the sum of all the parts of the universe. All the parts have some degree of freedom in co-creating with God. At the start of its momentary career as a subject, an experience is God-as the divine initial aim. As the experience carries on its choosing

process, it is a freely aiming reality that is not strictly God, since it departs from God's purpose to some degree. Yet everything is within God. www.websyte.com/alan/pan.htm

13. www.lighthouse trailsresearch.com Napoleon Hill made the statement, "Whatever your mind can conceive and can believe, it can achieve" popular in his book *Think and Grow Rich*.

14. See our article on Neale Donald Walsch:

<http://christianinformation.org/article.asp?artID=63>

15. See our article on Unity:

christianinformation.org/article.asp?artID=46

16. Eric Butterworth, *Discover the Power Within You*, (New York, Harper & Row 1968). Also see our article on Oprah:

christianinformation.org/article.asp?artID=103

17. See: Acknowledgments – Inspirational Teachings, Byrne, Rhonda, *The Secret*, p. xv.

www.abraham-hicks.com/teachings_brief.php,

www.money-health-relationships.com/abraham-hicks.html

18. Helen Schucman, *A Course in Miracles*. Article, Kenneth Wapnick, *Awaken From the Dream*, (Roscoe, N. Y., Foundation for A.C.I.M. 1987) p. 2. Note the hyperlink in the text to our article on *A Course in Miracles*.

19. Rhonda Byrne, *The Secret*, (New York, Atria Books 2006; Hillsboro, OR, Beyond Words Publishing 2006) p. 28.

20. Ibid., p. 27.

21. Ibid., p. 31.

22. Ibid., p. 156.

23. Ibid., p. 159. See also James Redfield, *The Celestine Prophecy*, (New York, Warner Books 1993) p. 42. "In other words, the basic stuff of the universe, at its core, is looking like a kind of pure energy that is malleable to human intention and expectation in a way that defies our old mechanistic model of the universe—as though our expectation itself causes our energy to flow out into the world and affect other energy systems."

24. Ibid., p. 33. Betty Eadie, *Embraced by the Light* (Placerville, CA, Gold Leaf Press 1992), p. 57-58. Also see our article on Ms. Eadie: tinyurl.com/34kxv8

25. Byrne, p. 35; Redfield, p. 153.
26. Byrne, p. 39.
27. Ibid., p. 40.
28. Ibid., p. 47.
29. Ibid., p. 48.
30. Ibid., p. 51.
31. Ibid., p. 160.
32. Gary Zukav, *The Seat of The Soul* (New York, A Fireside Book, 1990), p. 240.
33. Wayne Dyer, *The Sacred Self* (New York, HarperCollins Publishers, 1995), p. 237; Redfield, p. 148, "Our higher self, our evolutionary identity."
34. Ibid., p. 237.
35. Ibid., p. 287.
36. Byrne, p. 162; Fritjof Capra, *The Tao of Physics* (Boulder, Colorado, Shambhala Publications, Inc., 1975), p. 130-131, 307.
37. Byrne, p. 164.
38. Ibid., p. 173.
39. Ibid., p. 23. Also see our article on Meditation, christianinformation.org/article.asp?artID=78. See also Psalm 1:2, Joshua 1:8.
40. Jean Houston, *The Possible Human* (Boston, J.P. Tarcher, Inc., 1982), p. 178-180; Zukav, pp. 217, 237; Willis Harman, *Higher Creativity* (Los Angeles, Jeremy P. Tarcher, Inc., 1984), pp.108-109.
41. See our article on Oprah, christianinformation.org/article.asp?artID=103.
42. AMROC website: "On the Spiritual Level: Achieve a gradual inner awakening, leading to a permanent awareness of the unity of all creation and your personal relationship with the "oneness" of the universe. This leads to an integration of all aspects of your being. From this spiritual foundation, from your connection with the greater whole, everything else flows. The Rosicrucian studies aid you in developing a workable and practical philosophy of life and the inner peace that comes from understanding the nature of the universe and your

relationship to it.

www.rosicrucian.org/about/mastery/mastery04potential.html.

<https://www.theseecret.org/mastery/benefit.html>

43. Byrne, p. 74, 77.

44. Ibid., p. 35.

45. Ibid., p. 107-108.

46. Ibid., p. 121.

47. Luke 6:28.

48. Byrne, p. 152.

49. See our article on Oprah:

christianinformation.org/article.asp?artID=103.

50. John 15:8.

51. John 17:3-5.

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