

# “What’s God’s Plan for Sex in Marriage?”

I’m wondering if the bible addresses the issue of sexuality after marriage. Is sex only for pleasure acceptable once a couple is married? If so are there certain ways married couples can have sex? I.e., different positions that are appropriate and others that are not?

I look forward to the day when I have a wife and can enjoy these gifts, but I want to make sure that I’m doing it in a God honoring way.

It sure does! A whole book about sexuality after marriage! The Song of Solomon is extremely erotic, but it’s written in symbolism so a lot of people miss it if they’re looking for only the literal. For instance, the use of “fruit” usually refers to the husband’s genitals, and “garden” to the wife’s. God’s word on sex after marriage is “Eat, O friends, and drink; drink your fill, O lovers.” (SoS 5:1)

Jody and Linda Dillow have written two excellent books on God’s view of sex; Jody wrote *Solomon on Sex* (which is out of print, but you can find it used online), and Linda co-wrote (along with Lorraine Pintus) the book *Intimate Issues*. They offer three guidelines for discerning what God permits in sexual expression:

1. Is it prohibited in God’s word?
2. Is it beneficial? (In other words, does it harm people or hinder the sexual relationship?)
3. Does it involve anyone else?

Here’s their list of what God prohibits in His Word:

Fornication (immoral sex, which is any sex outside of marriage)

Adultery  
Homosexuality  
Impurity  
Orgies  
Prostitution  
Lustful passions  
Sodomy  
Bestiality  
Incest  
Obscenity and coarse jokes

There is more freedom than there are restrictions for married couples. If God doesn't prohibit something, and it doesn't involve anyone else (whether through video, the internet, print media or in the flesh), and it's acceptable to both people, then God gives a green light and says, "Enjoy!"

The Dillows also provide six reasons God gave the gift of sex:

1. To create life
2. For intimate oneness
3. Knowledge
4. Pleasure
5. Defense against temptation
6. Comfort

As you can see, only one is procreation!

I hope this helps.

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