

Abortion: A Biblical View

Sue Bohlin calls for a spiritual and moral reflection on the topic of abortion, urging people to consider the eternal implications and affirming that God's love, grace, and forgiveness extend even to those who have committed this sin.



An earlier version of this article is also available in [Spanish](#).

Abortion as Spiritual Warfare

Abortion continues to be a volatile issue, and an emotional one, in the United States. It is usually seen as a political issue, but I think it's way bigger than that.

I believe we need to see abortion as spiritual warfare.



We live in two dimensions at the same time: the physical world that we can see and touch and measure, and the unseen spiritual realm that is filled with God, angels and demons (2 Corinthians 4:17-18). Jesus revealed to us that Satan is the thief who “comes only to steal and kill and destroy” (John 10:10); abortion is one of the most wicked, heinous ways he inflicts pain and destruction on people God loves.

He steals joy and peace from women who have had abortions, as well as some of the fathers of the babies who were killed in the womb. He steals babies from what should be the safest place on earth. He steals motherhood from women and fatherhood from men. Through abortion, he steals grandchildren from grandparents.

Satan uses abortion to kill. Just in the United States, since

Roe v. Wade made abortion legal, over 64 million babies have been murdered.{1} In China, the horrible one-child policy that terrorized the Chinese people for 35 years resulted in 350 million baby deaths.{2}

Satan uses abortion to destroy. Willingly choosing abortion for a pregnant teenager has been Satan's foothold in many families that were torn apart, a phenomenon I have seen with my own eyes. Abortion—and its evil twin infanticide—destroyed the natural ratio of boys to girls in China. Today, there are 30 million young men who cannot find a girl to marry because there aren't enough to go around.{3}

The rallying cry of abortion is, "It's my body"—even though there is another human being's body involved as well. Theologian Dr. Peter Kreeft's insight is breathtaking to me: "Abortion is the Antichrist's demonic parody of the Eucharist. That is why it uses the same holy words, 'This is my body,' with the blasphemously opposite meaning."{4}

Abortion is an evil weapon in the hands of an unspeakably evil enemy. In Genesis 3, Satan declared war on the people God created and loves, and he has been warring with us ever since. The Lord Jesus triumphed over this defeated foe at the cross, but He allows battles to continue on this side of eternity to strengthen us and help us learn to depend on Him and grow stronger in our faith. In this article we'll be talking about the spiritual battlefield of abortion, but please remember that not only does Jesus win in the end, He has provided us with spiritual armor that starts with TRUTH. Let's go there now.

The Bible's View of the Unborn

Pro-choice advocates don't like the use of the word "murder." Many of them maintain that no one really knows when human life begins, and they choose to believe that the idea of personhood at conception is a religious tenet and therefore not valid.

But it is a human life that is formed at conception. The zygote contains 46 chromosomes, half contributed by each parent, in a unique configuration that has never existed before and never will again. It is not plant life or animal life, nor is it mere tissue like a tumor. From the moment of conception, the new life is genetically different from his or her mother, and is not a part of her body like her tonsils or appendix. This new human being is a separate individual living inside the mother. Rather like an astronaut being protected and kept alive in space.

The Bible doesn't specifically address the subject of abortion, probably since it is covered in the commandment, "Thou shalt not murder." (Exodus 20:13) But it does give us insight into God's view of the unborn. In the Old Testament, the Hebrew word for the unborn (*yeled*) is the same word used for young children. The Hebrew language did not have or need a separate word for pre-born babies. All children were children regardless of whether they lived inside or outside the womb. In the New Testament, the same word is used to describe the unborn John the Baptist and the already-born baby Jesus. The process of birth just doesn't make any difference concerning a baby's worth or status in the Bible.

We are given some wonderful insights into God's intimate involvement in the development and life of the pre-born infant in Psalm 139:13-16:

For you created my inmost being;
you knit me together in my mother's womb.
I praise you because I am fearfully
and wonderfully made;
your works are wonderful, I know that full well.
My frame was not hidden from you
when I was made in the secret place.
When I was woven together in the depths of the earth,
your eyes saw my unformed body.
All the days ordained for me

were written in your book before one of them came to be.

All people, regardless of the circumstances of their conception, or whether they are healthy or handicapped, are God's image bearers who have been personally knit together by His fingers. He has planned out all the days of the unborn child's life before one of them has happened.

Chemical Abortion: "The Abortion Pill"

Chemical abortions now account for the majority of induced abortions in the U.S.{5}

Two drugs are used in tandem to end a pregnancy. The first pill, RU-46 or Mifepristone or Mifeprex (all the same drug), shuts down progesterone. That's the pregnancy hormone that the developing embryo or fetus needs to survive and thrive. Progesterone allows the mother's body to feed and nourish and oxygenate the baby. The first abortion pill blocks progesterone, so the baby dies. Then the next drug, Misoprostol or Cytotec, causes the uterus to contract and squeeze out the baby and other pregnancy tissue like the placenta.{6}

These drugs are very disruptive to the natural progress of growing a baby inside a womb. They are unfortunately quite effective up to seven weeks' gestation, and then their effectiveness drops off. By the time the baby is ten weeks along, for one in six women the drugs won't fully empty the uterus. Dangerous complications can set in, like:

- An infection caused by an incomplete or failed abortion where the fetus remains in the uterus
- An undetected ectopic pregnancy, which can be dangerous and is a medical emergency
- Blood clots remaining in the uterus
- Heavy bleeding

What is also scary is that chemical abortions are so easy to

obtain they are like over-the-counter medications. No doctor is needed to supervise. If a woman has an ectopic pregnancy, where the embryo grows in her Fallopian tube instead of her uterus, she's going to have awful pain and needs a sonogram to see where the baby is. Some of the deaths from Mifeprex abortions were from women that never had an ultrasound; they were given the drug and they had a pregnancy in their tube, and they died.

Thousands of women experience complications, called "adverse events" that require hospital intervention, but the FDA does not require adverse events to be reported unless someone dies. The abortion pill is being touted as being "safe as Tylenol," which is a life-threatening lie.[\[7\]](#) But then, abortion is spiritual warfare, and the enemy constantly lies and deceives us.

But there is good news! Many times, even while swallowing the abortion pills and immediately afterwards, women wrestle with regret for starting the regimen. There is a protocol called [Abortion Pill Reversal](#) where a doctor prescribes a dose of progesterone, the pregnancy hormone, to counteract what the mifepristone did. If started quickly enough within 72 hours of a woman taking mifepristone and before she takes the second drug, there is about a 70% chance of saving her child![\[8\]](#) Thank You Lord!

Handicapped Children

What if prenatal tests reveal that a baby is going to be born sick or handicapped? There's no doubt about it, raising a handicapped child is painful and hard. Is it ever okay to abort a child whose life will be less than perfect?

We need to ask ourselves, does the child deserve to die because of his handicap or illness? Life is hard, both for the handicapped person and for her parents. But it is significant that no organization of parents of mentally retarded children

has ever endorsed abortion.

Some people honestly believe that it's better to abort a handicapped child than to let him experience the difficult life ahead. Dr. C. Everett Koop, former Surgeon General of the United States, has performed thousands of pediatric surgeries on handicapped children. He remarks that disability and unhappiness do not necessarily go together. Some of the unhappiest children he has known had full mental and physical faculties, and some of the happiest youngsters have borne very difficult burdens.^{9} Life is a lot harder for people with disabilities, but I can tell you personally that there is a precious side to it as well. [I have lived most of my life with a physical handicap](#), but it hasn't stopped me from experiencing a fierce joy from living life to the fullest of the abilities I *do* have. I can honestly rejoice in my broken body because it is that very brokenness and weakness that makes it easier for others to see the power and glory of my Lord in me, because His power is perfected in weakness.

Often, parents abort children with defects because they don't want to face the certain suffering and pain that comes with caring for a handicapped individual. By aborting the child, they believe they are aborting the trouble. But as we discussed earlier, there is no way to avoid the consequences of abortion: the need to grieve, the guilt, the anger, the depression.

What if a baby is going to die anyway, such as those with fatal genetic birth disorders? I think we need to look at the larger picture, one that includes God and His purposes for our lives. When a tragedy like this occurs, we can know that it is only happening because He has a reason behind it. God's will for us is not that we live easy lives, but that we be changed into the image of Jesus. He wants us to be holy, not comfortable. The pain of difficult circumstances is often His chosen method to grow godliness in us and in the lives of those touched by the tragedy of a child's handicap. When it is

a matter of life and death, as abortion is, it is not our place to avoid the pain.

My husband and I know what it is to bury a baby who only lived nine days. We saw God use this situation to draw people to Himself and to teach and strengthen and bless so many people beyond our immediate family. Despite the tremendous pain of that time, now that I have seen how God used it to glorify Himself, I would go through it again.

Not all abortions are performed as a matter of convenience. Some are performed in very hard cases, such as a handicapped child or as the result of rape or incest. But again, we need to back off and view abortion—for whatever reason—from an eternal perspective. God is the One who gives life, and only He has the right to take it away. Every person, born or unborn, is a precious soul made by God, in His image. Every life is an entrustment from God we need to celebrate and protect.

Post-Abortion Syndrome

Millions of women live with the emotional and physical aftershock of abortion. Although some do not seem to have been rocked by their choice, many many women live with deep guilt and shame and denial. Some live with the physical effects of the hormonal shock of suddenly ending the massive construction job of their body building another human being inside her womb. It's something like throwing a car into park when it was going full speed down the road.

Post-abortion syndrome or stress disorder is real for many women. The grief is real; the deep loss of the child is real. And many people need help facing the pain and getting through it. I asked a dear friend about her experience. It's been 48 years since her abortion. She wrote to me,

“Though the procedure was fairly easy, I knew the second it

was over that I had done the wrong thing. I left that clinic empty, guilty, and depressed. It was the start of a lifetime of sadness and regret. I told no one other than my husband and kept that secret for over 30 years. I suffered in silence. I knew then that I had made the choice to end a human life.

“When I became pregnant later, the sadness and guilt actually multiplied. When I could feel the baby inside me, the intense feelings of shame and guilt consumed me for ending my first child’s life. When my daughter was born and I held her for the first time and looked into her eyes, as happy as I was to have her, I also felt the worst pain I had ever felt because of what I had done 7 years earlier.”

Ending another’s life, whether freely chosen or being pressured into it, is capital-T Trauma. The woman is shaped and changed by this trauma, and I am so grateful for abortion recovery programs. They help women (and men, though there are far fewer programs for [Forgotten Fathers](#)) to experience grace and compassion as they confess their sin and receive forgiveness and cleansing from Jesus, *who died for their abortion*.

Abortion is a hard choice for which there are hard consequences. But God’s love and compassion and grace are bigger than all of it, and there is such good news in Romans 8:28—God is able to make all things work together for good for those who love Him and are called according to His purpose.

Notes

1. nrlc.org/communications/0123saus/
2. www.wired.com/story/china-one-child-policy-in-numbers/
3. youtu.be/u6t0e7naoEw?si=VGq2XzV8PDsWRfxs

4.

www.churchpop.com/its-my-body-how-abortion-is-the-opposite-of-the-eucharist/

5.

www.cnn.com/2024/03/18/health/abortion-data-guttmacher/index.html

6.

www.biola.edu/blogs/think-biblically/2021/the-over-the-counter-abortion.

7. aaplog.org/wp-content/uploads/2023/08/20230728-Chem-Ab-One-Pager.pdf

8. aaplog.org/abortion-pill-reversal/

9. C. Everett Koop, "The Slide to Auschwitz," in Ronald Reagan, *Abortion and the Conscience of the Nation* (Nashville: Thomas Nelson, 1984), 45-46.

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The Dark Underside of Abortion: A Christian Worldview Perspective

Sue Bohlin looks at the common effects of an abortion on the women who choose it. From a biblical worldview perspective, it is not surprising that many women experience guilt, shame and denial. Christ can bring forgiveness and healing for those who have taken this brutally wrong path in their past.

Laura's Story

No matter how many times Laura^[1] took the home pregnancy test, it kept showing up positive. She was pregnant, and seventeen years old. She'd gotten an A on her paper against abortion in school. Her parents would never understand, especially since her mother volunteered at the crisis pregnancy center! Her boyfriend was hot, but hardly husband material. He was more committed to skateboarding than to her. Laura had never felt more confused in her life.

When she called her boyfriend to tell him she was pregnant, he just said, "That stinks. Well, I gotta go," and he was gone. She carried her horrible secret for three weeks before finally telling her parents. Her father exploded: "What did I ever do to deserve this? Well, we'll just have to get rid of it. It's the best thing for everybody. You're too young to be a mother." When Laura's eyes flooded with tears, he said, "You may hate me for a while, but I'm willing to take that risk. You'll get over it. You're young. You can have a real life with a real future this way."

Her mother, visibly shaken, said, "How could you do this to us? What would people think of us, to have a pregnant daughter? You've really gone and done it now, Laura." Two days later, her mother took her to a Planned Parenthood clinic. Laura cried the whole way there: "Please, no! Don't make me do this, don't make me do this!" Nobody listened, nobody cared that she didn't want the abortion. When a counselor asked if she was sure, she just shrugged her shoulders, beaten and defeated.

As soon as it was over, everyone seemed to forget about it. Her parents never brought it up again. All her relationships fell apart. Laura was deeply depressed, not knowing how to handle her feelings. She was too ashamed to talk about the abortion with her friends, and her parents made her promise not to tell anyone.

She didn't get over it. She was stuck in a place filled with anger and hurt. She couldn't overcome the loss of her baby, and she didn't even have words for that. Anything related to babies made her cry: new baby announcements at church, diaper commercials, even driving by Babies-R-Us. Everything triggered relentless heartache. There was a wound in her soul that would not stop bleeding.

Abortion is not the cure to a problem pregnancy. It is what counselor Theresa Burke calls an "emotionally draining and physically ugly experience."[{2}](#) The majority of those who have an abortion experience a variety of problems afterwards. One post-abortal woman described it as "emotional torture."

In what follows, we're going to explore the ugly underside of abortion.

Why Women Choose Abortion

The banner of the pro-choice movement is, "Every woman has the right to choose." But why do women choose to have an abortion? Many women report that they didn't want one. Various studies have found that sixty-five to seventy percent of women who get abortions also believe it's morally wrong.[{3}](#) When women violate their conscience or betray their maternal instincts, that's going to cause a lot of stress.

Years after their abortion, women will often say that they didn't want to have one but they felt forced to. They thought it was wrong, but they did it anyway because they felt pressure—from circumstances, or from one or more key people in their lives. Often it's boyfriends, sometimes husbands. When a boyfriend threatens to leave unless a girl has an abortion, most of the time they break up anyway. Then she has lost both her baby and her boyfriend. Crisis pregnancy counselor Dr. Julie Parton says that almost as often, the pressure comes from parents, especially Christian parents.[{4}](#) She says that

there are three main factors influencing Christian mothers to push their daughters toward abortion: selfishness, shame, and fear.{5}

But the bottom line reason for abortion is spiritual. Even though they're usually not aware of it, people are listening to the voice of the enemy, who Jesus said came to steal, kill, and destroy.{6} Satan hates women, and he hates the image of God in the unborn baby. Abortion hurts women and destroys babies.

And for every woman who has had an abortion, there is a man whose baby has died. Whether he pushed for the abortion or fought it,{7} God's design of his masculine heart to protect and provide has been violated as well. Dr. Parton points out that over forty-five million men have bottled-up feelings about their abortions, and wonders if there is a connection with the heightened amount of violence in our culture of death. Could road rage be the boiling over of deep-seated anger in some of these men?

We need to talk more about the ways that abortion steals, kills and destroys. But it is crucial that you know that *abortion is not the unpardonable sin*. Jesus Christ died to pay for all sins, including abortion. He extends cleansing and forgiveness to every man and woman who has been wounded by abortion. He offers reconciliation with God and the grace to forgive ourselves. No sin is greater than His love or His sacrifice to pay for that sin. There is peace and joy waiting for those who have received Christ's gift of forgiveness and cleansing from guilt.{8}

Post-Abortion Syndrome: Self-destruction, Guilt and Anger

Abortion is deeply troubling because it touches on three central issues of a woman's self-concept: her sexuality, her

morality, and her maternal identity. She also has to deal with the loss of a child. This loss must be confronted, processed, and grieved in order for a woman to resolve her experience.[{9}](#)

Many women find themselves troubled after their abortion because they don't think through these issues before their abortion. The fact that they experience relief immediately after the abortion is no guarantee that problems won't surface later. Unresolved emotions will demand our attention sooner or later.

For millions of women, Post-Abortion Syndrome is an ugly after-effect of abortion, consisting of a number of powerful emotions that can erupt in dangerous and destructive behaviors. Far from being "no big deal," which is how abortion is often minimized in our culture, abortion is a traumatic event in the life of most women who have one. Life becomes divided into "before the abortion" and "after the abortion." So it is no surprise that so many experience some degree of post-traumatic stress disorder. They used to call this "shell shock" after World War II. PTSD is a collection of negative, destructive behaviors and ways of thinking.

In many women with a history of abortion there is an alarming increase of self-destructive behavior. Many women are consumed with self-hatred, expressing it in drug and/or alcohol abuse. Millions of women battle depression and suicidal thoughts.[{10}](#) One woman said, "I became a tramp and slept with anyone and everyone. I engaged in unprotected sex and each month when I wasn't pregnant I would go into a deep depression. I was rebellious. I wanted my parents to see what I had become. I dropped out of college. I tried suicide, but I didn't have the guts to slit my wrists or blow my brains out. I couldn't get my hands on sleeping pills, so I resorted to over the counter sleep aids and booze."[{11}](#)

The majority of post-abortive women are plagued by guilt.[{12}](#) As one woman put it, "I hated myself. I felt abandoned and

lost. There was no one's shoulder to cry on, and I wanted to cry like hell. And I felt guilty about killing something. I couldn't get it out of my head that I'd just killed a baby." [\[13\]](#) This high guilt rate is unique to abortion compared to any other medical procedure. There are no support groups for those who had their appendix or gall bladder removed, and people don't seek counseling after orthopedic surgery. Guilt is a painful aftereffect of abortion.

Some women react with anger and rage. They feel deeply isolated and angry at anyone who hurt them and their baby. They are irritated by everyone and everything, and no one can do anything right. They can fly into rages with the slightest provocation. Often, they are not aware of the connection between their abortion and a constantly simmering heart full of anger, especially since most women feel pressured to have the abortion in the first place.

Post Abortion Syndrome: Shame and Denial

A huge aspect of Post-Abortion Syndrome is shame. Post-abortal women often feel like second-class citizens. They live in fear of others finding out their terrible dark secret. One woman told me that whenever she would walk into a room, she was constantly scanning the faces: *Do they know? Can they tell by looking at me?* Some women are afraid to attend an abortion recovery group where anyone would know them, even though everyone is there for the same reason. When a Christian has an abortion, she often goes into one of two directions; she either cuts herself off from God because she's so ashamed of herself, or she tries to become the ultimate "Martha," wearing herself out in service to try and earn her way to back to God's approval and blessing. The shame of abortion drives many women to perfectionism because they feel so deeply flawed and sinful.

Denial – Many women spend huge amounts of mental energy trying

not to think about their abortion. Romans 1 calls this “suppressing the truth in unrighteousness.” The horror of participating in the death of one’s child is too painful to face, and many women work hard at maintaining denial for five to ten years.[{14}](#) But eventually reality usually comes to the surface.

Some women find themselves falling apart when their youngest child leaves home, or at menopause. Others become uncontrollably sad when they hold their first grandchild. One woman’s denial system shattered when she saw a museum exhibit of pre-born babies and saw what her baby looked like when she aborted him. Another woman almost lost it in nursing school when she learned about prenatal development. The abortion counselor had told her it was just a blob of tissue. Even those who deny their unborn child was a human being and not a clump of cells admit they have to work at maintaining denial. One woman said, “I didn’t think of it as a baby. I just didn’t want to think of it that way.”[{15}](#)

Child abuse – As the number of abortions continues to rise, so does the incidence of child abuse.[{16}](#) Unresolved post-abortion feelings are tied to patterns of emotional or physical abuse of living children. One mother erupted in intense rage whenever her newborn baby cried. She came to realize that she hated her daughter for being able to do all the things that her aborted baby could never do.[{17}](#) One woman beat her three year old son to death shortly after an abortion which triggered a “psychotic episode” of grief, guilt, and anger.[{18}](#)

Healing After Abortion

Post-Abortion Syndrome is a dark, ugly underside of abortion. Researchers have reported over a hundred psychological effects of abortion stress, including depression, flashbacks, sleep and eating disorders, anxiety attacks, a diminished capacity

for bonding with later children, increased tendency toward violent outbursts, chronic problems in maintaining intimate relationships, and difficulty concentrating.{20}

Death – Women who abort are approximately four times more likely to die in the following year than women who carry their pregnancies to term.{21}

Breast Cancer – The risk of breast cancer almost doubles after one abortion, and rises even further with two or more abortions.{22}

Cervical, Ovarian and Liver Cancer – Women with one abortion face a 2.3 relative risk of cervical cancer, compared to non-aborted women, and women with two or more abortions face a 4.92 relative risk. Similar elevated risks of ovarian and liver cancer have also been linked to single and multiple abortions. These increased cancer rates for post-aborted women are apparently linked to the unnatural disruption of the hormonal changes which accompany pregnancy and untreated cervical damage.{23}

Damage to Cervix and Uterus – This causes problems with subsequent deliveries, and can result in handicaps in subsequent newborns.{24}

Increased Risks for Teenagers – Teenagers, who account for about thirty percent of all abortions, are also at much higher risk of suffering many abortion related complications. This is true of both immediate complications and of long-term reproductive damage.{25}

What do you say to someone who's experienced the trauma of abortion? It's a terrible loss. How do you help someone grieve? What do you say? Perhaps something like, "I'm so sorry. It must be very difficult for you. Do you want to tell me about it?" We can offer a listening ear, full of compassion and grace: "What was the abortion like? What has it been like to live with it?" Seek to validate the woman or man's grief

with honor and respect so they can get to a place of healing peace.

What if you're the one who's had an abortion? You need to grieve. Grief is a natural and necessary response to loss. It's more than a single emotion of sadness. It includes feelings of loss, confusion, loneliness, anger, despair, and more. It can't be turned on and off at will. Working through your grief means confronting your loss, admitting it, grieving it with tears and other expressions of sadness.

The pain and grief of abortion is complicated by the fact that it is also sin. But it is not the unpardonable sin. Confess it, and receive the cleansing and forgiveness that Jesus offers. He paid for your abortion on the Cross. He offers you the healing that allows you to be at peace with God and with yourself. He offers you the courage to tell your story with someone safe, which transforms your pain into something redemptive. He offers you the stability that means you don't fall apart if someone else is talking about abortion, or pregnancy, or babies in general.

Dr. Parton suggests three steps toward healing. First, acknowledge the wound that needs to be healed. It may take ten to fifteen years before a woman may be willing to take this step. Second, reach out for help. The Bible tells us, "Confess your sins to one another and pray for one another that you may be healed."[\[26\]](#) Find others who have walked the same path, either in person or online.[\[27\]](#) Dr. Parton says there is an unusual strength of emotional bonding in post-abortive groups. Receive God's forgiveness and cleansing in community; that's His plan. Third, get into God's Word. It's a supernatural source of comfort and encouragement.

There is a dark and ugly underside to abortion, but it's not too dark for God to redeem. Praise the Lord!

Notes

1. This account is based on a true story, with the name changed, found in Theresa Burke and David C. Reardon, *Forbidden Grief: The Unspoken Pain of Abortion* (Springfield, IL: Acorn Books, 2002), 23-25.

2. Ibid., 41.

3. Ibid., xx.

4. Personal conversation with the author, Sept. 21, 2007.

5. **Selfishness** – because she had all these dreams, plans, hopes, and ambitions for her daughter. When the daughter turns up pregnant, mom has to grieve the loss of all her dreams for her precious daughter. She'll say things like, "I just can't stand by and watch you throw your life away" or "If you have a baby right now you're just going to be stuck for the next eighteen years."

Shame – Mom feels that if her daughter's pregnancy becomes public knowledge, everyone will know she was not a good mother. She failed at teaching her daughter morality and purity and the things a good Christian mother should have taught her.

Fear – of rejection. She fears that her Christian friends will judge and reject her. So she thinks, or says, "How could you do this to me?" The mom can be so focused on her own stuff, her selfishness and shame and fear, that she can't or doesn't step up to the plate and help her daughter do what they both know is right, because these other factors are overwhelming her.

6. John 10:10.

7. I am aware that many men never know about the abortion of their child. Some find out later and they often experience deep grief and anger, not only at the loss of their child's life, but the unilateral decision to keep them in the dark about their own child's life or death.

8. Come to our website at Probe.org for help with that. ["The Most Important Decision of Your Life"](#) and ["How to Handle the Things You Hate But Can't Change"](#).

9. Burke and Reardon, *Forbidden Grief*, 33.

10. Sixty-three percent of women who have had an abortion seek

mental health care. There is a one hundred and fifty-four percent increase in suicide. The suicide rate within one year after an abortion was three times higher than for all women, seven times higher than for women carrying to term, and nearly twice as high as for women who suffered a miscarriage. Suicide attempts appear to be especially prevalent among post-abortion teenagers.

Afterabortion.org,
www.afterabortion.info/psychol.html (accessed Feb. 23, 2008).

11. "Before I Had Time to Think," Afterabortion.org,
www.afterabortion.org (accessed Feb. 23, 2008).

12. A poll by the *LA Times* revealed that fifty-six percent of those who admitted to an abortion felt guilty. But since another poll showed that seventy-four percent of those who admitted to having an abortion believe it's morally wrong, I believe that number is way too low. See Burke and Reardon, *Forbidden Grief*, 47.

13. Linda Bird Francke, *The Ambivalence of Abortion* (New York: Random House, 1978), 61. Cited in
www.abortionfacts.com/reardon/women_who_abortion_and_their_views.asp (accessed February 23, 2008).

14. David Reardon, *Aborted Women-Silent No More* (Chicago: Loyola University Press, 1987).

15. Francke, *Ambivalence*, 63.

16. Psychologist Philip Ney has studied the connection. He sees several effects of abortion:

1) Failure to bond with subsequent children. One mother admitted, "We had our first daughter and I never felt the deep love for her I should have. For several reasons, I guess. The first is that I had never grieved over the loss of the child I had aborted. I was also afraid to love her too much. I felt that God was just going to take her away from me to punish me for killing my first child."

2) The weakening of maternal instincts. Killing one's own child violates the God-given instinct to nurture and protect. It can result in a hardened heart as a way of protecting herself from the truth of her action.

3) Reduced inhibitions against violence, particularly toward

children. (Theresa Karminiski Burke and David C. Reardon, "Abortion Trauma and Child Abuse," Afterabortion.org, www.afterabortion.org.)

17. Reardon, *Aborted Women*, 129-30.

18. Ibid.

19. R.F. Badgley, et al., *Report of the Committee on the Operation of the Abortion Law*, Minister of Supply and Services, Ottawa, Canada, 1977, 313-319.

20. The following citations are found in "A List of Major Physical Sequelae Related to Abortion" at Afterabortion.org, www.afterabortion.org (accessed Feb. 23, 2008).

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"What About Abortion in the Case of Rape or Incest?"

Dear Sue,

I just read your article on [abortion](#) as a source to prepare a message on abortion. Thank you for a well written, well documented work. Many of the sermon reviews I have done so far lack documentation for the claims being made in the sermon. I

am curious to know more regarding your point when you touched on the issue of abortion because of rape or incest. What you would say to women in those situations, and do you leave a little more room for personal decision there?

Thank you for your kind words about my article.

Since I am a woman, I've definitely thought about the possibility of pregnancy resulting from rape: what would I do if it happened to me? As traumatic and life-altering as rape is, I would still need to pass it through my Christian worldview filter, and I come to these conclusions (which also apply to incest):

1. God is still in control, even when He allows unspeakable evil into our lives.
2. Because He is good, that means He has a purpose and a plan to redeem even unspeakable evil, which means we can trust Him.
3. Pregnancy resulting from rape or incest brings an innocent child into existence, who has a right to life because God has made him or her in His image. He loves them and He has a plan for their lives, or they would never have been conceived.
4. Aborting a baby conceived by rape or incest doesn't make the pain go away, and it doesn't make the problem go away.
5. It makes it worse because the lingering guilt of abortion is horrific. A woman will often start to think of her life as divided into BA/AA (before the abortion/after the abortion).
6. In addition to the trauma of being raped or incested, a woman is then further burdened with post-abortion syndrome. (See my article "[The Dark Underside of Abortion](#).")

I understand that from a human standpoint, giving "more room for personal decision" to abort in the case of rape or incest makes sense. But from an eternal, biblical perspective, it still violates God's command not to murder, and it still incurs the consequences of one's own sinful choice. When a woman is victimized by rape or incest, she is not responsible for what was done to her, but she is responsible for her

response to being sinned against. Sinning against her unborn baby and against herself is not justified, even though we certainly understand why she would do it. The need for compassion is excruciating. Which is why, if I were were talking to someone pregnant as the result of rape or incest, I would gently and lovingly give her the bigger picture of what is at stake.

Thank you so much for asking for clarification on my position on this important question. I am grateful for the chance to explain what I have hammered out concerning this very difficult issue.

Sue

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