

Back Infections and Heart Infections

My husband Ray knew something was wrong as soon as he got out of bed.

His lower back, where he'd had back surgery six weeks before, was wet. His t-shirt was wet. The sheet was wet. His fingers glistening with a strange wetness from reaching back to investigate, he asked me to check what was going on. I saw a rivulet of fluid pouring out of the top of his surgical incision. Something was really, really wrong.



As I gently pressed the skin around the incision, pus kept flowing out. He had a serious infection under the incision. It had been hidden, but it literally rose to the surface of his body and forced its way out. His problem wasn't that pus was being discharged from the inside to the outside—that was just the symptom, the manifestation of the true problem: a deep and serious infection.

He'd had the infection before he was forced to be aware of it. There were indications: fever, and just not feeling right.

The Lord is quite adept at using the physical to show us truths about the spiritual and emotional. I started seeing parallels between the two worlds.

The undealt-with, unhealed spiritual and emotional hurts in our souls don't just sit there under the surface—our awareness—forever. It's like emotional pus. Eventually it

starts leaking out sideways: addictions, anger, isolation, rebellion, self-destruction. These are the presenting problems that drive people to seek help through recovery programs such as [Re:generation](#) and [Celebrate Recovery](#), or counseling.

Just as a rivulet of pus wasn't Ray's true problem but merely a symptom, our heart issues are the true problem that Jesus wants to point to and say, "Let Me heal them. You can't do it on your own."

Ray's infection was so large that he needed "wash out" surgery. He needed a skilled surgeon, in the sterile, controlled environment of the operating room, to open up his incision and clean out the infection. Before he even got to the OR, the doctor ordered IV antibiotics to attack and disarm the destructive power of the multiplying bacteria. By the time the surgeon got to the washing-out stage, Ray's infection had been disarmed, turned into "clean gunk." No bacteria was left, just the debris of the now-dead bacteria.

In the spiritual realm, it's truth that functions like powerful antibiotics. Truth attacks the destructive power of lies and decision. There is still leftover debris of lies—bad thinking habits and bad behavior habits—but when the lies are disarmed, it's a lot easier to replace the old habits with new, healthy, godly habits.

This was a serious infection. The day after surgery, they put in a PICC line that threaded a tube from his upper arm into a vein, ending just above his heart. This is a very effective way to infuse health-building antibiotics into his body, medicine that can't be taken orally—it has to be pumped directly into his bloodstream. He gets five antibiotic infusions a day, which we can do at home instead of needing to be hospitalized or having to go a doctor's office (which would be hard to do at 6 a.m. and 9 p.m.!).

The PICC line allows us to keep a constant level of antibiotic

in his blood. He needs this constant flow to attack the infection over a long period of time. We also need a constant infusion of truth into our souls, into our minds, to counteract the destructive power of lies and deceptions and schemes. In fact, one study revealed that it takes a minimum of four infusions of truth weekly through time in the Word for spiritual growth and healthiness.

I like thinking about the infusion of truth through God's Word as I connect the tubing to Ray's PICC line catheter. God is so good to give us physical lessons to show us spiritual truths!

Ray sure couldn't heal himself on his own. He pointed out that he had to surrender control over this entire "adventure" (to use my dad's word to describe his cancer journey). There was absolutely nothing he could do to fix the spinal stenosis that squeezed nerves, causing shooting pains down the backs of his legs, and he couldn't heal the infection that came later. He had to place himself in the hands of the surgeon both times. He had to place himself in the hands of the anesthesiologists to put him to sleep and wake him up. He had to place himself in the hands of the nurses to administer his pain meds and the IV antibiotics. He had to surrender control to those who knew how to help him.

At any point, he could have shut down the process—not having the surgery, or walking out of the hospital, or refusing the home infusions of IV antibiotics. He could have refused to wear the back brace after the spine surgery; he could have refused to submit to the BLT restrictions (no bending, lifting or twisting).

But that would have also shut down the healing.

When we have soul sickness—a heart infection, if you will—we need to entrust ourselves into the hands of people more educated in the healing process than we are. We need to surrender our false sense of control and invite others to lead

us from sickness into health. And we need to not shut down the process by thinking we know better, or thinking we're fixed or even just "good enough." We need to not push back against restrictions suggested by those who know better than we do what it will take to help us climb out of our pits to get to the place of spiritual and emotional health.

God provides help for physical challenges like infections, and through the "one anothers" of scripture He provides help for spiritual and emotional challenges as well. And He lets us connect the dots to learn transferable concepts from each.

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Poopy Messes

Recently a friend called with an urgent prayer request; she'd been summoned ASAP to her son's private Christian school and they wouldn't say why. She was concerned about her eight-year-old anyway because of some traumatic life situations they had been weathering, and she feared that maybe he was acting out because of how difficult his life had been.

Turns out someone had pooped on the bathroom floor and they had traced it to "Mark." They pulled him out of his class and had him wait for his mother in the principal's office. When my friend got there and found out what had happened, she said, "My son has occasional bowel problems. He's only eight years old. Why are you making a big deal about this?"

“Because,” they replied, “he didn’t tell anyone about it! He should have told someone! You don’t leave poop on the bathroom floor! That’s wrong!” They made it sound like he’d been caught stealing or setting the school on fire.

“Mark,” my friend asked her son kindly, “Is there a reason you didn’t tell anyone?”

In a small voice Mark answered, “I didn’t know what to do.”

My friend reassured her son there at the school and again when they got home, even though she was boiling inside at the insensitivity of the school personnel who made a scared little boy feel like a criminal for simply not knowing what to do.

What was missing was the awareness of a safe person he could tell “I messed up” without The Fear Of God hammering down on him. What was missing was any interaction with any adult with a kind face and a disposition of grace that understands that sometimes little kids make pooppy messes that paralyze them with fear, and it’s okay. That we clean it up, give a hug, and you’re on your way. What was missing was a grown-up who remembers that there’s a difference between making a mistake and making a choice to be rebellious.

My heart hurts for little Mark and for Mark’s mommy, both of whom desperately need to experience the grace of safe people for both literal and figurative “poopy messes.”

So I’ve been thinking about what it means to be a safe person, a grace person.

It means first of all being in touch with our own messes and our own sinfulness and our own desperate need for a gracious Savior. It means delighting in receiving the grace and mercy of God, and being committed to passing that grace and mercy on to others. It means remembering that since we live in a fallen world, everyone walks around with an invisible tattoo on their forehead that says, “Please encourage me.” It means trusting

God to shine His love and His grace and His mercy through our faces like so much light streaming through a stained glass window. It means remembering that everyone is still very much in process and a long way from our final form of glorified beauty and strength when Jesus is finished working on us.

It means that when someone makes a poopy mess, we set our minds on responding with “I’m sorry” rather than “shame on you.”

Because it won’t be long before we’re needing some grace for our own poopy mess. Again.

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Kids Killing Kids

Not so long ago the biggest problem kids faced was getting a flat tire on their bikes or having a mean teacher assign homework over the weekend. How times have changed. Who would have guessed that one of the perennial stories would be kids killing kids?

In this essay we’re going to talk about the issue of school shootings and the broader issue of kids killing kids. Why is this happening? What can be done to stem the tide of violence on campus and society? We’ll look at such topics as video games, teenage rebellion, and tolerance. And we’ll also look at the spiritual aspects as well.

Each time we hear about gunshots on a high school campus we are once again reminded that we are living in a different

world. The body count of students and teachers causes us to shake our heads and wonder what is going on. In some cases the shooters are teenagers with elaborate plans and evil desires. But sometimes the hail of bullets comes from impulsive kids as young as eleven years old.

In the past, when we did talk about kids killing kids, it was in an urban setting. Gangland battles between the Bloods and the Crips reminded us that life in the inner city was hard and ruthless. But the latest battlegrounds have not been Watts, the Bronx, or Cabrini-Green. These violent confrontations have taken place in rural, idyllic towns with names like Pearl, Mississippi and Paducah, Kentucky and Jonesboro, Arkansas and Littleton, Colorado.

We are shocked and surprised. We open our newspapers to see the faces of kids caught up in the occult and we wonder how they were attracted to such evil. We open those newspapers again and we see the faces of Opie and Beaver look-alikes charged with five counts of murder and we wonder if they even understood what they were doing.

The answers from pundits have been many. Young people are desensitized to violence, and they learn to kill by using point- and-shoot video games. Teenagers are rebellious, and they are looking for a way to defy authority. In the past, that was easier to accomplish by merely violating the dress code. Today, in a society that values tolerance, trying to come up with a behavior that is shocking is getting harder and harder to do. And the social and spiritual climate that our kids live in is hardly conducive to moral living.

Kids killing kids, I believe, is the best evidence yet of a culture in chaos that has turned its back on God's moral law. Do we really believe that children can see thousands of TV murders or play violent computer games and not be tempted to act out that violence in real life? Do we think we can lower societal standards and not have kids act out in very bizarre

ways? Do we think we can pull God from the schools and prayer from the classroom and see no difference in the behavior of children? We shouldn't be surprised. Kids killing kids is evidence of a nation in moral free fall.

The Media and Video Games

I would like to begin with a look at the influence of the media and video games. In the past, we have talked about the impact of violent media on our society. We shouldn't be surprised that it is having an effect on our kids.

One of the people who knows this only so well is Lt. Col. Dave Grossman. He is a retired West Point psychology professor, Army Ranger, and an expert in the study of violence in war and killing. He is also an instructor at Arkansas State University in Jonesboro, and was one of the first on the scene of the Jonesboro, Arkansas shootings. He has a lot to say.

He saw the devastation wrought by the shootings—not just the five dead and ten wounded. He saw what happens when violence intrudes into everyday life. And, where he's been, he sees where the violence comes from. He says, "Anywhere television appears, fifteen years later, the murder rate doubles." [\[1\]](#)

He says, "In the video games, in the movies, on the television, the one behavior that is consistently depicted in glamorous terms and consistently rewarded is killing." He believes that media violence was a significant factor in the killings in Pearl, Mississippi, in West Paducah, Kentucky, in Jonesboro, Arkansas, in Springfield, Oregon, and in Littleton, Colorado.

He also says that the combination of a sense of inferiority and the exposure to violence can provoke violence in young boys who are "wannabes." Sometimes they see violence as a route to fame, and one has to wonder whether all the media exposure of these school shootings will spawn even more.

Consider the 1995 movie, *The Basketball Diaries*. In the film, Leonardo DiCaprio (also of *Titanic* fame) goes into a schoolroom and shoots numerous children and teachers. In doing so, he became a role model for young boys who are “wannabes.”

The parents of three students killed in Paducah, Kentucky have brought a lawsuit against the company that distributed the film *The Basketball Diaries*. The parents’ lawyer points out that Michael Carneal, who opened fire on a group of students in Kentucky, viewed the film and honed his shooting skills by playing computer games such as *Doom* and *Redneck Rampage*.

Dave Grossman goes into some detail in showing how violence in films, videos, and television can affect us. The parallels in his book *On Killing: The Psychological Cost of Learning to Kill in War and Society*[\[2\]](#) and what is happening in the media today are chilling. Two factors are desensitization and operant conditioning. Show soldiers (or children) enough visual images of violence and they will become desensitized to it. Practice shooting targets of people and conditioning will eventually take over. In some ways it doesn’t matter whether it’s soldiers doing target practice at a range or kids using point-and-shoot video games. The chilling result is the same: the creation of a killing machine.

But you don’t need to read Grossman’s book to see the parallels. Young people today are exposed to violent images that desensitize them and make it possible for some to act out these violent images in real life. And video games help them hone their shooting skills and overcome their hesitation to kill. Dave Grossman has seen it in war, and now he is seeing it in everyday life.

Violence and Teenage Rebellion

So many words have been spoken in the last few months about school shootings that it’s often difficult to hear sound commentary in the midst of the cacophony. But one voice that

deserves a hearing is Jonathan Cohen who wrote a commentary in the *New York Post* entitled "Defining Rebellion Up."[\[3\]](#)

Years ago Senator Daniel Patrick Moynihan wrote a seminal piece in an academic journal entitled "Defining Deviancy Down."[\[4\]](#) It was his contention that in the midst of cultural chaos we tend to redefine what is normal. When the crime rate goes through the roof, we say that crime is inevitable in a free society. When the illegitimate birth rate quadruples, we say that maybe two parents in a home aren't really necessary after all. In essence, what society has done is follow the pattern in Isaiah 5:20 of calling evil good and good evil.

Jonathan Cohen picks up on that theme and extends it to our current crisis. He says that when America became willing to define deviancy down, it simultaneously defined rebellion up. He says, "Anti-social teens are nothing new, but as deviancy has been made normal, we have made it increasingly difficult for teenagers to rebel."

Adults are no longer offended or outraged by behavior that would have sent our parents through the roof. Unfortunately, we have learned the lessons of tolerance well. We tolerate just about everything from tattoos to black nail polish to metal pierced eyebrows.

Jonathan Cohen says, "We have raised the threshold of rebellion so high that it is practically beyond reach. To be recognized, to get attention, to stir anyone in authority to lift a finger, whether it is a parent, a teacher, a principal, or a sheriff, a rebel has to go to very great lengths these days. One must send letter bombs, blow up office buildings or gun down children."

If a young person is trying to defy authority, it does take quite a bit to be recognized. Just a few decades ago, when dress codes were still in effect a student could be somewhat rebellious without getting into too much trouble or hurting

other people. Today, it apparently takes quite a bit to run afoul of those in authority.

Jonathan Cohen asks, “And what of the teachers at Columbine High? It seemed they were not disturbed at all by the boys’ odd conduct. In fact, one instructor actually helped them make a video dramatizing their death-and-destruction fantasy. For all we know, he may well have commended himself for being so nonjudgmental.”

This surfaces an important issue. The highest value in our society today has become tolerance. We are not to judge others. When you put this trend of rising rebellion with increased tolerance together, you end up with a lethal mixture.

Jonathan Cohen concludes by wondering if all of this might have been different. He says, “If teachers had forbidden their students from coming to class wearing black trenchcoats, fingernail polish and makeup, Littleton likely would not be a name on everyone’s lips. If the principal had had the common sense to ban a group of boys from coming to school sporting Nazi regalia, marching though the corridors in military fashion and calling themselves the Trench Coat Mafia, Columbine High School might not be behind a police line.”

Tolerance

Tolerance has become the highest value in our society today, and I believe that it may explain why we miss the signals that something is wrong with our kids.

After the school shooting in Colorado, an editorial appeared in the *New York Post*.[\[5\]](#) The editorial writers said, “The Littleton massacre could prove a turning point in American society—one of those moments when the entire culture changes course.” Who knows if that will be the case. Only time will tell. The editorial writers believe that one of the things

that must change is our contemporary view of tolerance.

The editorial was entitled "Too Much Tolerance?" While other pundits focused on guns, video games, and other cultural phenomena, these editorial writers said the real cause was "inattention."

After all, the killers in Colorado were sending out signals of an impending calamity. It's just that no one was paying attention. For example, one Littleton parent went to the police twice about threats made on his son's life by Eric Harris. His pleas were to no avail. The cops didn't pay attention.

These kids in the Trench Coat Mafia gave each other Hitler salutes at a local bowling alley. But the community didn't pay attention.

These same kids marched down the hallways and got into fights with jocks and other kids after school. But the school didn't pay attention.

One kid's mother works with disabled kids, but seemed unaware that her own son had a fascination with Adolf Hitler and spent a year planning the destruction of the high school. Again parents didn't pay attention.

Throughout the article the editorial writers recount all the things these kids did. They conclude that while they "were doing everything they could to offend the community they lived in, the community chose to pay them no heed."

Why? I believe that this tragic lack of attention is the sorry harvest of tolerance and diversity preached in the nation's classrooms every day. We are not to judge others. The only sin in society is the sin of judgmentalism. We cannot judge hairstyles or lifestyles, manners or morals. We may think another person's dress, actions, or lifestyles are a bit different, but we are told not to judge. Everything must be

tolerated. And so we decide to ignore in the name of tolerance. In essence, inattention is the fruit of a message of tolerance and diversity.

In decades past, boundaries existed, school dress codes were enforced, and certain behavior was not allowed. As the boundaries were dropped and the lines blurred, teachers and parents learned to cope by paying less attention.

The editorial writers therefore conclude (and please excuse the bluntness of their statement) that, "The only way Americans can live like this is to tune out, to ignore, to refuse to pay attention. In the name of broad-mindedness, Littleton allowed Harris and Klebold to fall through the cracks straight to Hell."

So why do we have kids killing kids? There are lots of reasons: the moral breakdown of society, video games, rebellion. But another reason is tolerance. We have been taught for decades not to judge, and this has given adults a license to be inattentive.

Spiritual Issues

I would like to conclude this essay by looking at some spiritual issues associated with so many of these school shootings.

Perhaps the best way to begin is to quote former Education Secretary Bill Bennett. He was on one of the talking-head shows discussing the tragedy in Littleton, Colorado. All of a sudden he turned directly to the television camera and said, "Hello?"

That was the attention-getter. But what he said afterward should also get our attention. He pointed out that these kids were walking the halls in trench coats, and apparently that didn't really get the attention of the teachers and administrators. But, he said, if a kid walked the halls with a

Bible, that would probably get their attention. Something is very wrong with a society and a school system that would admonish a school kid for carrying a Bible and spreading the good news while ignoring a group of kids wearing trench coats and spreading hate.

In her *Wall Street Journal* column^[6], former presidential speech writer Peggy Noonan talked about “The Culture of Death” our children live in. She quoted headlines from news stories and frankly I can’t even repeat what she quoted. Our kids are up to their necks in really awful stuff, and it comes to them day after day on television, in the movies, and in the newspapers.

She then asked, Who counters this culture of death? Well, parents do and churches do. But they aren’t really given much of a place in our society today. In fact, Peggy Noonan told a story to illustrate her point.

She said, “A man called into Christian radio this morning and said a true thing. He said, and I am paraphrasing: Those kids were sick and sad, and if a teacher had talked to one of them and said, ‘Listen, there’s a way out, there really is love out there that will never stop loving you, there’s a real God and I want to be able to talk to you about him’—if that teacher had intervened that way, he would have been hauled into court.”

You know that man who called that radio station is right. A few years ago, a very famous case made its way through the Colorado courts. A high school teacher in Colorado was taken to court merely because he had a Bible on his desk. If you haven’t heard the story, I guess the conclusion wouldn’t surprise you. The teacher lost the case and lost it again on appeal.

As we’ve talked about the disturbing phenomenon of kids killing kids, we have discussed the breakdown of society,

video games, rebellion, and tolerance. But we shouldn't forget the spiritual dimension. We are reaping the harvest of a secular society.

Kids kill other kids and so we wonder why. We throw God out of the classroom, we throw the Bible out of the classroom, we throw prayer out of the classroom, and we even throw the Ten Commandments out of the classroom.

Maybe we shouldn't wonder why any longer. Maybe we should be surprised the society isn't more barbaric given the fact that so many positive, spiritual influences have been thrown out. The ultimate solution to the problem of kids killing kids is for the nation to return to God.

Notes

1. Andrea Billups and Jerry Seper, "Experts Hit Permissiveness in Schools, Violence on TV," *The Washington Times*, 22 April, 1999.
2. Dave Grossman, *On Killing: The Psychological Cost of Learning to Kill in War and Society* (New York: Little, Brown, 1996).
3. Jonathan Cohen, "Defining Rebellion Up," *New York Post*, 27 April 1999.
4. Daniel Patrick Moynihan, "Defining Deviancy Down," *The American Spectator*, Winter 1993.
5. "Too Much Tolerance?" *New York Post*, 27 April 1999.
6. Peggy Noonan, "The Culture of Death," *Wall Street Journal*, 22 April 1999.