

“Does Sunday Church Violate the Sabbath Commandment?”

Hello Michael, I read your [article](#) on why Christians go to church on Sunday instead of the sabbath. Our Sunday school teacher gave us an assignment to find out how this goes along with the commandment “Remember the sabbath and keep it holy.” Are we breaking this command? Is there any scripture I can share with the class that explains this?

The command to observe the Sabbath is rooted in both creation and redemption. It was a non-negotiable command for Israel under the Mosaic Covenant. However, it seems to me that this is no longer the case for Christians today, for we are now called to relate to God under the terms and conditions of the New Covenant. Hence, I personally don't think that Christians can violate this command for I do not think it is still in effect (at least not as it was under the Old Covenant).

That the Old Covenant has been made obsolete is stated explicitly in Hebrews 8:13. Paul recognizes that there will be difference of opinion among believers regarding how one observes (or does not observe) certain days like the Sabbath in Romans 14:5-6, 13. He clearly indicates that such observance is not necessary for salvation in Galatians 4:8-11. In Colossians 2:16-17 he says that we are not to judge (or let ourselves be judged) with respect to things like Sabbath day observances, for these things are but “a shadow of what is to come; but the substance belongs to Christ.” Finally, the author of Hebrews reminds us of that true Sabbath rest that remains for God's people today. This, I take it, refers to a “rest” that is available to us in some respects now, but will be fully and perfectly realized only in the future, in the new heaven and new earth. Insofar as this “rest” is available to us now, it is not limited to a single day of the week, but is rather a “perpetual” sort of “rest” that we can enter by

surrendering ourselves completely to the will of God and trusting wholly in what Christ accomplished for us through His death and resurrection. In other words, we cease trying to earn God's favor by what we do and we "rest" in the fact that Christ has already done this for us! Properly understood, of course, this does not mean that we cease doing good works, which we are clearly told to do (see Ephesians 2:10 and Titus 2:14). It does mean, however, that we can get off the treadmill of trying to earn God's favor by what we do (and "rest" in the fact that Christ has done this for us).

The Sabbath day rest under the Old Covenant, then, is but a type or "shadow" of this fuller "rest" that we can enjoy in Christ—both now (through faith) and in the future new heaven and new earth.

Of course, there is nothing wrong with setting aside a day for rest each week, provided that one does not think that this gains them some sort of special favor with God, favor that is somehow not available to all who trust Christ for salvation. In other words, as I understand it, a Christian is free to set aside a day for rest, but is not required to do so. All Christians, however, are clearly commanded to set aside time for worship and fellowship with other believers (see Hebrews 10:23-25). This, as I see it, is the primary purpose for Christians to set aside Sunday each week. It is to be a day for worshiping the Lord and enjoying fellowship with one another, and encouraging one another to love and good deeds.

Of course, not everyone will agree with what I've written here. But this seems to me to be the New Testament teaching about this issue.

Shalom in Christ,

Michael Gleghorn

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“How Do I Get My Parents and Pastor to Understand Not All SDAs Are Alike?”

I read Kris Samons' answer to e-mail about Seventh Day Adventists and I just want to say thank you. I'm a devout Baptist and my long time boyfriend is an SDA. It has bothered me for a very long time. I asked my pastor and he said the Adventists he knows don't believe people who go to church on Sunday are Christians because God commanded us to keep holy the Sabbath. It's been hard trying to find a middle ground and making things appear as simple as it really is. The fact is we both love God and firmly believe that through Jesus we are saved. It is just very hard for people like my parents who are 45 and up to understand that SDA people and congregations vary. You did research and you concluded that people need to take every SDA on a case by case basis. This was wonderful news to read. I just hope my pastor will accept my boyfriend for the Christian that he is: a Christian that just happens to worship on Sunday. It's like John 3:16 has less value nowadays. Before belief was all that was needed to be a real Christian. But now I feel like we have to leap through hoops and do X amount of things to really prove it. What do you think? Are my boyfriend and I “unequally yoked” like Paul writes in Corinthians? How should I go about getting my parents and pastor to understand what you researched?

You are not alone in being frustrated that people attach works (AKA “hoops”) to salvation, trying to make it harder to enter the kingdom than Jesus does. That is part of the essence of legalism. Spiritual fruit—Christlike character—isn't enough of an evidence of true spiritual life for those holding their

cherished hoops, and how sad is that?

If I were you, I would ask my boyfriend to tell my pastor and my parents about his relationship with Jesus and about his understanding of how one becomes a Christ-follower. There is nothing in the Bible about "Follow Me and go to church on Saturday," and if he gets that, I would hope he would be able to communicate it to the "gatekeepers" in your life. Since you are a college student, my guess is that your boyfriend is too, which means he's still very much under the influence of his family and his church. It's possible he isn't as strong in his personal convictions as he will be, Lord willing, several years from now when he's out of school and living an independent adult life. I think that is an element of your situation that can be brought to the table—that he is still in the process of forming his spirituality. Is he absolutely committed to SDA theology and to staying in the SDA church? Or is it just a matter of comfort and habit for him? Can he ever see himself worshiping with you on Sunday? If he can't, then you would have to be the one to do all the adjusting and the concession-making. That would be a deal-breaker for me, totally apart from the unequally yoked issue. (No, I don't think you are unequally yoked spiritually, but you could be mismatched if the issue of where and when and how to worship becomes non-negotiable for both of you. Which could be considered a type of unequal yoke.)

Concerning how you get your pastor and parents to see what Kris wrote about: you can print off his article and give it to them, asking them to consider another perspective. But the bottom line is, no one can make anyone else see things they don't want to see. You can offer evidence of another perspective, but if someone doesn't want to see it, they won't. I'm sorry life is like that, but it just is. <wince>

I hope you find this helpful.

Sue Bohlin

“Why Do Christians Go to Church on Sunday Instead of the Sabbath?”

Why do most Christians go to church on Sunday, the first day of the week, instead of the sabbath, the seventh day of the week?

Christians typically go to church on Sunday, rather than Saturday, because Jesus was raised from the dead on a Sunday morning. The resurrection is extremely important for Christians. Indeed, it's so important that, if it didn't occur, Christianity would be false! In 1 Corinthians 15:17 Paul writes, “...if Christ has not been raised, your faith is worthless; you are still in your sins.”

But why is such great significance attached to Jesus' bodily resurrection? Although many reasons could be given, let me mention just two:

1. In the resurrection, God the Father vindicated the person and work of His Son, the Lord Jesus Christ, who had been crucified not for His own sin, but for ours (2 Cor. 5:21). Thus, in Romans 1:4 we read that Jesus “was declared the Son of God with power by (or “as a result of”) the resurrection from the dead.” But don't Christians believe that Jesus was already the Son of God before His resurrection? Yes; this passage teaches that the resurrection was God's powerful confirmation that Jesus' message about Himself was true. After all, anyone can CLAIM to be the Son of God, but only God can

confirm the truth of such a claim by raising the person from the dead!

2. In Romans 4:25 we read that Christ “was delivered up because of our transgressions, and was raised because of our justification.” To “justify” someone means to declare them “righteous,” or not-guilty. This passage indicates the sufficiency of Christ’s death for all believers. In other words, believers can be confident of their justification by God on the basis of Christ’s resurrection. If the Father had not been fully satisfied with Christ’s death for our sins, He would not have raised Him from the dead. The resurrection is thus God’s confirmation of the complete sufficiency of Christ’s death for all who believe!

It is thus because of the tremendous importance of Christ’s resurrection for the Christian faith that Christians worship on Sunday, the day that God raised Jesus from the dead.

I hope you find this information helpful. May God bless you as you search the Scriptures!

Shalom,

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