

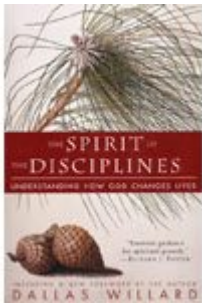
Spiritual Disciplines and the Modern World

The spiritual disciplines help us cooperate with God in our transformation into the likeness of Christ. Don Closson discusses disciplines of abstinence and of engagement.



This article is also available in [Spanish](#).

Spirituality and the Body



As a seminary student I was given the assignment to read a book on Christian spirituality called the *Spirit of the Disciplines* by Dallas Willard.^[1] I obediently read the book and either wrote a paper on it or took a test that covered the material (I can't recall which), but the book didn't have a major impact on my life at that time. Recently, over a decade later, I have gone back to the book and found it to be a jewel that I should have spent more time with. In the book, Willard speaks to one of the most important issues facing individual Christians and churches in our time: "How does one live the Spirit-filled life promised in the New Testament?" How does the believer experience the promise that Jesus made in Matthew 11:29-30: "Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light"?



Willard argues that modernity has given us a culture that offers a flood of self-fulfillment programs in the form of political, scientific, and even psychological revolutions. All promise to promote personal peace and affluence, and yet we suffer from an “epidemic of depression, suicide, personal emptiness, and escapism through drugs and alcohol, cultic obsession, consumerism, and sex and violence”[\[2\]](#) Most Christians would agree that the Christian faith offers a model for human transformation that far exceeds the promises of modern scientific programs, but when it comes to delineating the methods of such a transformation there is often confusion or silence.

Christians frequently seek spiritual maturity in all the wrong places. Some submit themselves to abusive churches that equate busyness and unquestioning subservience with Christ-likeness. Others look for spirituality through syncretism, borrowing the spiritualism of Eastern religions or Gnosticism and covering it with a Christian veneer.

According to Willard, Christians often hope to find Christ’s power for living in ways that seem appropriate but miss the mark; for example, through a “sense of forgiveness and love for God” or through the acquisition of propositional truth. Some “seek it through special experiences or the infusion of the Spirit,” or by way of “the presence of Christ in the inner life.” Others argue that it is only through the “power of ritual and liturgy or the preaching of the Word,” or “through the communion of the saints.” All of these have value in the Christian life but do not “reliably produce large numbers of people who really are like Christ.”[\[3\]](#)

We evangelicals have a natural tendency to avoid anything that hints of meritorious works, works that might somehow justify us before a holy God. As a result, we reduce faith to an entirely mental affair, cutting off the body from the process of living the Christian life.

In this article we will consider a New Testament theology of human transformation in order to better understand what it means to become a living sacrifice to God.

A Model for Transformation

Faith in Jesus Christ brings instant forgiveness along with the promise of eventual glorification and spending eternity with God. However, in between the believer experiences something called sanctification, the process of being set apart for good works. Something that is sanctified is holy, so it makes sense that the process of sanctification is to make us more like Christ.

Even though the Bible talks much of spiritual power and becoming like Christ, many believers find this process of sanctification to be a mystery. Since the Enlightenment, there has been a slow removal from our language of acceptable ways to talk about the spiritual realm. Being rooted in this age of science and materialism, the language of spiritual growth sounds alien and a bit threatening to our ears, but if we want to experience the life that Jesus promised, a life of spiritual strength, we need to understand how to appropriate God's Spirit into our lives.

According to Willard, "A 'spiritual life' consists in that range of activities in which people cooperatively interact with God—and with the spiritual order deriving from God's personality and action. And what is the result? A new overall quality of human existence with corresponding new powers."[\[4\]](#) To be spiritual is to be dominated by the Spirit of God. Willard adds that spirituality is another reality, not just a "commitment" or "life-style." It may result in personal and social change, but the ultimate goal is to become like Christ and to further His Kingdom, not just to be a better person or to make America a better place to live.

The Bible teaches that to become a spiritual person one must employ the *disciplines* of spirituality. "The disciplines are activities of mind and body purposefully undertaken to bring our personality and total being into effective cooperation with the divine order."^[5] Paul wrote in Romans 6:13 that the goal of being spiritual is to offer our body to God as instruments of righteousness in order to be of use for His Kingdom. Moving towards this state of usefulness to God and His Kingdom depends on the actions of individual believers.

Many of us have been taught that this action consists primarily in attending church or giving towards its programs. As important as these are, they fail to address the need for a radical inner change that must take place in our hearts to be of significant use to God. The teaching of Scripture and specifically the life of Christ tells us that the deep changes that must occur in our lives will only be accomplished via the disciplines of abstinence such as fasting, solitude, silence, and chastity, and the disciplines of engagement such as study, worship, service, prayer, and confession. These disciplines, along with others, will result in being conformed to the person of Christ, the desire of everyone born of His Spirit.

Salvation and Life

When I first read in the Bible that Jesus offered a more abundant life to those who followed Him, I thought that He was primarily describing a life filled with more happiness and purpose. It does include these things, but I now believe that it includes much more. Salvation in Christ promises to radically change the nature of life itself. It is not just a promise that sometime in the far distant future we will experience a resurrected body and see a new heaven and new earth. Salvation in Christ promises a life characterized by the highest ideals of thought and actions as epitomized by the life of Christ Himself.

Although there is no program or classroom course that can guarantee to give us this new life in Christ, it can be argued that in order to live a life like Jesus we need to do the things that Jesus did. If Jesus had to “learn obedience through the things which he suffered” (Hebrew 5:8 KJV), are we to expect to act Christ-like without the benefit of engaging in the disciplines that Jesus did?

In *The Spirit of the Disciplines*, Willard argues that there is a direct connection between practicing the spiritual disciplines and experiencing the salvation that is promised in Christ. Jesus prayed, fasted, and practiced solitude “not because He was sinful and in need of redemption, as we are, but because he had a body just as we do.”[\[6\]](#) The center of every human being’s existence is his or her body. We are neither to be neo-Platonic nor Gnostic in our approach to the spiritual life. Both of these traditions play down the importance of the physical universe, arguing that it is either evil or simply inferior to the spiritual domain. But as Willard argues, “to withhold our bodies from religion is to exclude religion from our lives.”

Although our spiritual dimension may be invisible, it is not separate from our bodily existence. *Spirituality*, according to Willard, is “a relationship of our embodied selves to God that has the natural and irrepressible effect of making us alive to the Kingdom of God—here and now in the material world.”[\[7\]](#) By separating our Christian life from our bodies we create an unnecessary sacred/secular gulf for Christians that often alienates us from the world and people around us.

The Christian faith offers more than just the forgiveness of sins; it promises to transform individuals to live in such a way that responding to events as Jesus did becomes second nature. What are these spiritual disciplines, and how do they transform the very quality of life we experience as followers of Jesus Christ?

The Disciplines of Abstinence

Although many of us have heard horror stories of how spiritual disciplines have been abused and misused in the past, Willard believes that “A discipline for the spiritual life is, when the dust of history is blown away, nothing but an activity undertaken to bring us into more effective cooperation with Christ and his Kingdom.”^{8} He reminds us that we discipline ourselves throughout life in order to accomplish a wide variety of tasks or functions. We utilize discipline when we study an academic or professional field; athletes must be disciplined in order to run a marathon or bench press 300 lbs. Why, then, are we surprised to learn that we must discipline ourselves to be useful to God?

Willard divides the disciplines into two categories: disciplines of abstinence, and disciplines of engagement. Depending on our lifestyle and past personal experiences, we will each find different disciplines helpful in accomplishing the goal of living as a new creature in Christ. Solitude, silence, fasting, frugality, chastity, secrecy, and sacrifice are disciplines of abstinence. Given our highly materialistic culture, these might be the most difficult and most beneficial to many of us. We are more familiar with the disciplines of engagement, including study, worship, celebration, service, prayer, and fellowship. However, two others mentioned by Willard might be less familiar: confession and submission.

Abstinence requires that we give up something that is perfectly normal—something that is not wrong in and of itself, such as food or sex—because it has gotten in the way of our walking with God, or because by leaving these things aside we might be able to focus more closely on God for a period of time. As one writer tells us, “Solitude is a terrible trial, for it serves to crack open and burst apart the shell of our superficial securities. It opens out to us the unknown abyss that we all carry within us . . .”^{9} Busyness and superficial

activities hide us from the fact that we have little or no inward experience with God. Solitude frees us from social conformity, from being conformed to the patterns of this world that Paul warns us about in Romans 12.

Solitude goes hand in hand with silence. The power of the tongue and the damage it can do is taken very seriously in the Bible. There is a quiet inner strength and confidence that exudes from people who are great listeners, who are able to be silent and to be slow to speak.

The Disciplines of Engagement

Thus, the disciplines of abstinence help us diminish improper entanglements with the world. What about the disciplines of engagement?

Although study is not often thought of as a spiritual discipline, it is the key to a balanced Christian walk. Calvin Miller writes, “Mystics without study are only spiritual romantics who want relationship without effort.”[{10}](#) Study involves reading, memorizing, and meditation on God’s Word. It takes effort and time, and there are no shortcuts. It includes learning from great Christian minds that have gone before us and those who, by their walk and example, can teach much about the power available to believers who seek to experience the light burden that abiding in Jesus offers.

Few Christians deny the need for worship in their weekly routines, even though what constitutes worship has caused considerable controversy. Worship ascribes great worth to God. It is seeing God as He truly is. Willard argues that we should focus our worship through Jesus Christ to the Father. He writes, “When we worship, we fill our minds and hearts with wonder at him—the detailed actions and words of his earthly life, his trial and death on the cross, his resurrection reality, and his work as ascended intercessor.”[{11}](#)

The discipline of celebration is unfamiliar to most of us, yet Willard argues that it is one of the most important forms of engagement with God. He writes that “We engage in celebration when we enjoy ourselves, our life, our world, in conjunction with our faith and confidence in God’s greatness, beauty, and goodness. We concentrate on our life and world as God’s work and as God’s gift to us.”^{12} Although much of the scriptural argument for holy celebration is found in the festivals of the Old Testament and the book of Ecclesiastes, Jesus was accused of being a glutton and a drunkard because he chose to dine and celebrate with sinners.

Christian fellowship and confession go hand in hand. It is within the context of fellowship that Christians build up and encourage one-another with the gifts that God has given to us. It is also in this context that we practice confession with trusted believers who know both our strengths and weaknesses. This level of transparency and openness is essential for the church to become the healing place of deep intimacy that people are so hungry for.

Walking with Jesus doesn’t mean just knowing things about Him; it means living as He lived. This includes practicing the spiritual disciplines that Jesus practiced. As we do, we will be changed through the Spirit to be more like Him and experience the rest that He has offered to us.

Notes

1. Dallas Willard, *The Spirit of the Disciplines*, (New York: HarperCollins, 1991).
2. Ibid., viii.
3. Ibid., x.
4. Ibid., 67.
5. Ibid., 68.
6. Ibid., 29.
7. Ibid., 31.
8. Ibid., 156.

9. Ibid., 161.
10. Ibid., 176.
11. Ibid., 178.
12. Ibid., 179.

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Don't Take Me to Church Without the Gospel: A Review of Hozier's "Take Me to Church"

What started as a music [video](#) on YouTube as a statement against the abuse of the homosexual community peaked as the second most popular song according to Billboard Top 100 in early 2015. With its powerful music and damning words towards the Church, I was compelled to research and find the meaning and implications of Hozier's song "Take Me to Church." In the song, Hozier captures the sacrifice of religion without the truth and hope of the gospel.

The chorus, especially, paints a rather bleak picture of the seemingly pointless sacrifice of religion. In it Hozier writes,

"I'll worship like a dog at the shrine of your lies
I'll tell you my sins and you can sharpen your knife
Offer me that deathless death
Good god, let me give you my life."

Through the song, Hozier rightly grasps the element of sacrifice required of faith. Matthew, Mark, and Luke all

include parallel passages that call Christians to deny themselves, take up their cross, and follow Jesus.

Christians' Meaningful Sacrifice

Sam Allberry, author of [*Is God Anti-Gay?*](#) and associate pastor at St Mary's Church in Maidenhead, UK, spoke at Covenant College recently about Christianity and homosexuality as someone who struggles with same-sex attraction himself. He expounded upon this idea of the sacrifice of Christians when he told the story of someone with a same-sex partner who asked him, "What could possibly be worth leaving my partner for?"

This question of sacrifice is essential for everyone faced with the gospel to ask. There is a cost; you will have to deny yourself, whether it's the issue of same-sex sexual practices, alcohol abuse, pride, or even just laziness.

If the message of the Bible stopped there, we would be left with the hopeless and purposeless sacrifice that the song portrays. However, the Bible does not start or end with our sacrifice. Romans 5 points Christians to Christ's ultimate sacrifice for us by proclaiming that ". . . God demonstrates His own love for us in this: While we were still sinners, Christ died for us." Those who trust in Christ will never have to pay the price of our own sins because Christ did it once and for all on the cross while we were still in sin. We can entrust Him with our lives because He first gave His perfect life for us. Even though we are steeped in sin as Hozier points out through the lyrics "We were sick but I love it," Christ does not leave us in our sickness. In fact, He heals us, showing us hope in something much greater than our sins.

Allberry concluded that the answer to the question presented to him had to be: the gospel—only the gospel is worth leaving everything for. The gospel is truly *the* good news for everyone, because through His sacrifice the lyric rings true, "only then I am clean."

So our sacrifice is meaningful in Christ not because our sacrificing saves us but because it is a response of the saving grace Christians have already received. Christians can give up our old way of life because Christ has given us new life. In Ephesians 4, we are called to this painful process of “putting off our old self which belongs to your former manner of life and is corrupt through deceitful desires, and to be renewed in the spirit of your minds, and to put on the new self, created after the likeness of God in true righteousness and holiness.”

How Should We Respond?

It is legitimate to wonder what we as Christians should do with songs and a culture that seem to attack or misrepresent the Church. I do not think we should respond to such songs by posting combative comments online or by changing the radio station every time the song plays. Rather, we should appreciate the song for its musicality and learn from its lyrics. I see two main takeaways:

First, I think we should reflect on what songs say about our culture’s view of the Church and how we as the Church can respond to this marred image. In an [interview](#) by Gigwise, Hozier says that “It hasn’t been a good year for the Church-it hasn’t been a good hundred years for the Church.” In some ways, I agree with Hozier that, especially on the topic of homosexuality, we have not loved those outside and inside the Church well. I mourn for those abused by the Church for their sexual sin as the song and music video illustrate. Sometimes the Church has fallen short of showing truth in love as commanded by Scripture. Instead the Church often fails to speak truth by accepting the sin of homosexuality or lovelessly alienating, and trying to legalistically “fix” the sin.

Second, the core of our religion as Christians must remain the gospel; without it the lyric would ring true: “Every Sunday’s

getting more bleak, a fresh poison each week.” In 1 Corinthians 15, Paul says that as Christians, “We are of all people the most to be pitied” if the gospel—the message of Christ’s death and resurrection that reconciles us to God—is not true. I would challenge you, as I have been challenged, to continually ask yourself, “How does the gospel apply?” Wherever the gospel is missing so is truth, hope, and joy.

While I struggle with messages of hopelessness, I marvel in the promise that the gospel is true and there is hope for us who rest in the salvation of Christ both in this life and the next. I look forward to Heaven with my Lord and Savior, and yes, it is something worth leaving everything for.

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Why Did God Allow Animals to be Eaten and Sacrificed?

Why did God allow animals to be sacrificed and to eat other animals if He loves His creation? They are innocent. (I am not an animal rights activist. I am a Christian.)

I think the answer must first be addressed in the reality with which we find ourselves. The cosmos according to Christians was created by God. In the early chapters of Genesis we find that everything God created is expressed over and over as being something GOOD.

The Cosmos is made up of minerals, plants, animals, and humans, the lower to the higher. We are told that only man was created in God’s image. That does not mean the rest of creation is of NO value, but there is a hierarchy involved. We

are told that all of the created order was intended for man. And that he was to have dominion over it. This does not mean the exploitation of everything for selfish purposes. But God provided a food chain involving plants and animals for man.

We see in the Hindu culture a good example of what happens to a culture when the food chain is distorted. Hindus, with their doctrine of reincarnation, believe that animals are just as valuable as human beings, and some, in a former life, may have actually been human beings. Therefore, all devout Hindus are vegetarians.

What makes this difficult is that now scientists are moving toward the position that even PLANTS have consciousness! Does God love the flora any less than the fauna He created? That leaves us with a diet for our existence totally dependent upon rocks!

Man was never intended to "rape the resources." Having "dominion" meant for man to be good stewards of the plant and animal world. "The Earth is the Lord's, and the fullness thereof," says the psalmist. (Ps. 24:1) We don't own the earth; we are to be good stewards of it.

The scriptures are filled with indications of God's love for that which He created. Jesus notices the beautiful lilies of the field. Men are not to abuse their animals, but rather care for them with kindness, not with harshness. He takes notice of every sparrow who falls to the ground in death. God explicitly states that one purpose of plants and animals was to provide food for man. He even gave some instructions about *which* animals we were to eat and which we should not.

Consider this verse: Look at the birds of the air, that they do not sow, neither do they reap, nor gather into barns; and yet your heavenly Father feeds them. Are you not *worth much more than they*? (Matt. 6:27). Jesus goes on to say, "Do not be anxious saying, 'What shall we eat? Or what shall we

drink?'...for...your heavenly Father *knows* that you have *need* for all these things." (Matt. 6:31-32).

Your question springs out of a matrix of thought which is very popular in the modern world. . .that all life is sacred (I agree). But the further notion held forth today is that the life of a dolphin or a sea otter or a spotted owl is equal in value to a human being.

The Bible does not teach this equality. Jesus didn't teach it, as we see above. All life is sacred because it came from the hand of God. But it is not all equal in value. Man is set apart as the recipient for which it was intended.

Those who would remove this distinction do not elevate man. If there is nothing special about man (which appears to be true in so many ways), then man is dragged down to the status of beast or animal, and an "open season" on man to cure overpopulation problems would make as much sense as an open season on whitetail deer each fall here in Texas to thin out the one half million which inhabit this state. My point here is that once you remove this line, man is not special in any sense and there is no reason we shouldn't live like the rest of the animals on the planet: "survival of the fittest." Hitler understood this. . .and practiced it!

I don't think you would agree that this is a solution to the problem.

Does this help any?

Sincerely,

Jimmy Williams, Founder
Probe Ministries

“Will Jesus Still Forgive Me?” – Did My Sin Re-crucify Christ?

Please help—I’m really worried Jesus won’t forgive me. I regressed and viewed a pornographic image. While praying for forgiveness a voice in my mind said it hurt like nails and that I had re-crucified Christ and that there was no sacrifice left for me. I’d heard of this verse but now I’m really worried is there any hope of forgiveness for me. Please, I’m worried really bad.

Sounds to me like you were hearing from a demon who was sending what scripture calls a “fiery dart” at you. Yes, your sin hurt the Lord. (Sometimes the Enemy throws some truth into the midst of his lies.) No, you did not crucify Christ because if you recall, His last words on the cross before He died were “it is finished,” or actually more accurately, “it is paid in full.” Lord Jesus fully paid for your sin of looking at porn 2000 years ago.

And no, it is not true that there is no sacrifice left for you. The verse you are thinking of is Hebrews 10:26, “If we deliberately keep on sinning after we have received the knowledge of the truth, no sacrifice for sins is left.” But consider that equally true is the promise of 1 John 1:9, “If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.”

When a born-again Christian sins, God promises to forgive us. What you are exhibiting is the regret and remorse that shows God is continuing to give you the grace of repentance. The people Jesus doesn’t forgive are the hard-hearted ones who refuse to ask for it.

Concerning Hebrews 10:26, listen to what theologian Dr. Wayne

Grudem says about this verse:

“A person who rejects Christ’s salvation and ‘has treated as an unholy thing the blood of the covenant that sanctified him’ (Hebrews 10:29) deserves eternal punishment. This again is a strong warning against falling away, but it should not be taken as proof that someone who has truly been born again can lose his or her salvation. When the author talks about the blood of the covenant ‘that sanctified him,’ the word sanctified is used simply to refer to ‘external sanctification, like that of the ancient Israelites, by outward connection with God’s people.’ The passage does not talk about someone who is genuinely saved, but someone who has received some beneficial moral influence through contact with the church.” (Bible Doctrine, p 343.)

Be encouraged, brother. Receive Gods forgiveness and cleansing according to the riches in Christ, which he has lavished on you (Eph. 1:8).

Blessings, Sue

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Why A Moral Life Won't Get Us to Heaven

Will a good, moral life get me to heaven?' The answer is no, and Probe's Jimmy Williams spells out why, including how we CAN get to heaven.

Man: The Worshiping Animal

This essay is concerned with the often-asked question, "Won't a good, moral life get me to heaven?"

We begin first with the nature of man himself. One of the most remarkable things about humans is that from the dawn of history, and no matter where we find them on this planet, they are *worshipping* animals. In fact, humans are the *only* animals in the world who worship. *Homo Sapiens* is incurably religious. Why is man so inclined? What are the reasons, and how do they bear on our question about having good morals and getting to heaven?

Let's look briefly at some foundational elements that appear to be universals when it comes to human behavior. The first, as we stated above, is simply that humans *do* worship. Ethnic groups of all kinds and in all places, whether remote or close to other peoples, have their own history, folklore, deities, rituals, particular moral system and life-customs. All of these enable each culture to cope with the great issues of

life and its passages—from childhood to maturity to old age, and to the ultimate passage through that dark gate, Death. Christians tie this human inclination to worship directly to the fact that God says man, and only man, is created in His divine image (*imago dei*).

Secondly, what is also curious is *how* and *what* humans worship. The most prominent feature of human worship from earliest beginnings has been a *sacrifice* of some sort, whether the sheep, goats or bulls of the early Mediterranean world, or the human beings hurled into the mouths of volcanos by the Polynesians, or the child sacrifices of the Canaanites, or the ritual slaughter practiced by the Aztecs, the Incas, and virtually all of the New World Indians. In all cases, it appears some kind of blood must flow. We can also add to this (in many cultures) the prominence of *self-sacrifice* through flagellation, severe asceticism, or acts of personal penance.

The centrality of sacrifice in all human religious thinking points to an unmistakable reality: that humans instinctively know, or at least suspect, that there exists One to whom they are accountable for their behavior. They also assume, or know, that they have fallen short of what that higher being (or beings) requires of them. There is a universal sense that “God is not pleased with me.” So a third feature of worship is universal *guilt*. People worship because they feel guilty. They feel this guilt because they perceive they have fallen short of the standard that God, others, and they themselves require.

The Great Global Heresy: Religion

“Good little boys go to heaven and bad little boys go to hell!” Probably most of us, at one time or another, have undergone the ordeal of having a parent or a teacher point a finger at us (or a neighboring miscreant) and warn of the ultimate outcome of unacceptable behavior.

This “Santa Claus” mentality suggests that God is “makin’ a

list and checkin' it twice, gonna find out who's naughty or nice."

Everywhere we turn, we hear people speak of this religion: it is the most popular approach to God on the planet. We all know about the good little angel sitting on one shoulder and the bad little angel on the other. And we are very familiar with jokes about what happens to the person who dies and is immediately face to face with Saint Peter at the Golden Gates of Heaven. Peter stands there ready to evaluate and pass judgement on whether we've been good enough to be admitted and accepted inside. Saint Peter expects us to give moral account of ourselves before we can go inside.

The general, world-wide assumption is that, when we die, our good deeds and our bad deeds will be placed on the divine scales and weighed to determine if we go "up" or "down." However, from Christianity's viewpoint, this is a great, global heresy.

This is "religion," but it is definitely not Christianity. In fact, Christianity is radically opposed to such an idea, teaching us that we are not to *do* something, but rather that something has already been *done* on our behalf. This global heresy, which we call "religion," actually comes from Hinduism. It is the idea that God resides at the top of a great mountain, and it makes little difference which path a seeker chooses in his ascent up that mountain, since all paths lead to the God on top. And it is up to you to climb if you want to reach the summit—and God.

At the western end of the Forum in ancient Rome, there stood the *Millenarium Aureum*, the Golden Milestone, a gilded bronze column set up by Augustus Caesar to mark the junction and the origin of the major Roman roads spreading out like the spokes of a great wheel in every direction to distant destinations throughout the Empire. On this column were inscribed the major towns and their distances from Rome. From this came the

popular saying, "All roads lead to Rome."

This is what religionists believe about God. They say things like, "Well, it really doesn't matter what you believe. What's important is that you try to do your best and be sincere about it. After all, we're all trying to get to the same place; we all worship the same God."

But in the Genesis account of Adam and Eve, we encounter something very different: in fact, we discover that there are *two* possible approaches to God, but only *one* is acceptable. After Adam and Eve had disobeyed God, they immediately hid in the bushes, took out needle and thread, and began sewing fig leaves together to cover themselves.

God came and found them in the bushes—flunking the first home economics course ever offered! God looked at the clusters of fig leaves they had hastily sewn together, and He was not pleased. In fact, He scolded their efforts and their conduct. Adam and Eve not only had to admit their guilt and disobedience, they also had to acknowledge their inability to make things right *through their own efforts*. They could not cover, or atone, for what they had done. The account goes on to say that God had to take the initiative to adequately clothe them. He killed some animals and made garments from their skins for a covering.

All philosophy, philanthropy, asceticism, religion, ethics, and all other systems which seek to gain the approval of God through human self-effort are the "fig-leaf" approach. This method is at the heart of what we call "religion," man's best effort to reach up and find God. But the problem every worshipper encounters when climbing the mountain is an impenetrable barrier which denies all further advance: it is the barrier of God's holiness and perfection. Each individual's personal sin and imperfection prevents him or her from coming any closer.

In his autobiography Mahatma Gandhi, a devout Hindu, speaks eloquently of his own struggle with this when he says: "Oh wretched man that I am. It is a constant source of torture to me that I am so far from the one I know to be my very life and being, and I know that it is my own sin and wretchedness that hides Him from me."

The Problem of Sin

When the word "sin" comes up in a conversation, most people look as though someone just slipped them a mildewed fig! We *do* a lot of it; we just don't like to *talk* about it! Many people do not know what sin or a sinner really is. What is sin? Sin is a violation of the law, the standard God requires of every human. A sinner is therefore someone who has broken that standard.

Do not misunderstand me. I am not saying that there is no good at all in people. There is a great deal of good. Humans are not as bad as they *could* be. The point is simply this: if our premise is that to get to heaven one has to be good, then how good is good enough?

The Scriptures are quite clear about this. God is not demanding "goodness." We saw above that Adam and Eve's best efforts to cover themselves (fig leaves) were not enough. The good which is in man, all his moral achievement, is not acceptable to God—because God is not demanding goodness, He demands *perfection!*

Many will say they try to live by the Ten Commandments or by some other rule of life, such as the Golden Rule. And yet, if we are honest, each of us discovers we have violated our own standards at some point. This is what Paul meant when he said, "All have sinned and come short of the glory of God" (Romans 3:23).

The Grand Canyon is 6 to 18 miles across, 276 miles long, and

one mile deep. The world's record in the long jump, set by Mike Powell at the 1991 World Championships in Tokyo is 29' 4 1/2". Yet the chances of a person jumping from one side of the Grand Canyon to the other are greater than that of someone attempting to establish fellowship with God through his own efforts.

The standard man must meet is God's perfection. Who can match that? It is a goal so far away that *no one* could ever reach it. To make matters worse, James tells us that "whoever keeps the whole law and yet stumbles in one point, he has become guilty of all" (James 2:10). This means if someone breaks just one of the commandments, he is as guilty as if he had broken all ten!

The purpose of giving the Ten Commandments in the first place was not because God knew human beings would keep them perfectly. The Bible tells us that these revealed standards were intended to be to us what an X-ray machine is to a broken arm. The machine reveals the *condition* of the arm, but it will not set and knit the bones, nor will it put the arm in a cast. By the same token, the Ten Commandments can only reveal to us the condition of our lives; they cannot heal us or cover our sin.

The Pharisees looked at the Law and then at their own lives and said, "I'm pretty good, really good." Jesus had wanted them to come to the opposite conclusion. He even called them hypocrites! He said they were wrong to claim they were righteous enough and that all was well between them and their Maker. That is why he said, "Those who are well do not need a physician" (Matthew 9:12). When you are well, you don't seek a doctor. The time to consult a physician is when you realize you are sick. Jesus was urging the Pharisees to be honest about themselves when He said, "I have not come to call the righteous, but sinners to repentance" (v.13).

When my wife Carol and I travel, and I discover I'm lost, I

really hate for her to make her classic statement, “You’re lost. Why don’t you ask for directions?” In my case, the issue is always my male pride! With the Pharisees, it was *religious* pride, as it is for all who would seek heaven on the basis of their own merits.

A wise old Baptist preacher once said, “It isn’t difficult to get people saved; it is difficult to get them lost!” This is man’s dilemma: like the Pharisees, people cling to the old fig leaves of self-effort instead of submitting to the covering God Himself has provided for all (Christ’s sacrificial death, the Cross). Each of us must choose one or the other (John 3:18, 36).

The Problem of Righteousness

While morality and human goodness are to be commended, God makes it clear from the very outset that no one, through his own efforts, possesses the ability to make himself presentable before God. It was Charles Haddon Spurgeon who said, “Man is basically a silkworm. A spinner and a weaver ... trying to clothe himself ... but the silkworm’s activity spins it a shroud. So it is with man.” Adam and Eve are classic examples.

Our problem is not only that we have fallen short of God’s standard (Romans 3:23), by sinning; we also *lack* something. We not only need the removal of personal sin through blood sacrifice to satisfy divine *justice*; we need something *further* to make us fit for heaven and the divine presence of God. In other words, Christ’s death in our place will keep us out of hell—but we still have the problem of getting into heaven. Isaiah spoke of this when he said, “For all of us have become like one who is unclean, and **all our righteous deeds** are as **filthy rags**.” (Isaiah 64:6). Not our *sins*, but our good *deeds*! We need not only atonement for our sins, we also need righteousness to enter heaven! But it has to be a certain *kind* of righteousness.

The most righteous people of Jesus' day were the Pharisees. They knew the Old Testament by heart. They went to the synagogue three times a day and prayed seven times a day. They were respected in the community. But Jesus looked right through their religious veneer and, in their presence, admonished the crowds that "Unless your righteousness surpasses that of the scribes and Pharisees, you shall not enter the kingdom of heaven" (Matthew 5:20).

The crowds responded by staring at each other in bewilderment. "You mean the Pharisees aren't righteous enough to go to heaven? If *they* can't make it, who will?"

In the Garden of Eden we observe this conflict between two *kinds* of righteousness—*human righteousness*, which is clearly symbolized by the fig leaf garments Adam and Eve sewed together to make themselves presentable before God, and *divine righteousness*, which is symbolized by the adequate covering of the slain animals provided by God Himself. We find these two kinds of righteousness marching and clashing with each other all the way through both Testaments.

Paul referred to these same two righteousnesses when he said of his Jewish brethren, "I bear them witness, that they have a zeal for God, but not in accordance with knowledge. For not knowing about God's righteousness, and *seeking to establish their own*, they did not submit themselves to the righteousness of God" (Romans 10:1).

In the former Soviet Union, rubles are printed and circulated. With those rubles you can buy your dinner, pay your hotel bill, and purchase things in the shops. But if you brought those rubles back to America and tried to do the same thing, the rubles would not be honored. It would be futile to try to do business with rubles in America.

Let's think of these two righteousnesses in mathematical terms. Let's call God's righteousness "+R" and human

righteousness “-R.” The first righteousness is *absolute*, while the second is *relative*. Over a lifetime, a human being can accumulate a huge pile of -R, but added up, it still totals -R. To do business with God in heaven, we must deal with Him in the only “currency” honored and accepted by Him, and that is +R. It is futile to try to negotiate with God on the basis of relative, human goodness. We need +R.

Where do we get such “currency?” It is *given* to us as a gift if we will accept it—the perfect righteousness of Jesus Christ. The yardstick God uses to measure everyone is His Son. This +R righteousness is ours only in Christ: “Not by works of righteousness which we have done, but according to His mercy He saved us, by the washing of regeneration and renewing by the Holy Spirit” (Titus 3:5).

This gracious provision is a radical departure from all other religious ideas humans have ever conceived or set forth. It is so radical that human beings would never have thought of it.

The Uniqueness of Christian Grace

We have sought to arrive at a biblical answer to the question, “Will a good, moral life get me to heaven?” We have examined the bankruptcy of every attempt by people to reach that goal through any and every means of self-effort. We have discovered that the salvation offered by Christianity is uniquely opposed to all human efforts to secure it by working one’s way into God’s good graces. In fact, if God expected us to attain our salvation through good deeds, then God made a terrible mistake. He allowed His only-begotten Son to come to earth—robed in human flesh—and die a horrible death on a cross for our personal, eternal benefit. To choose a “good works” path to God is to negate the total significance of Christ’s death, making it meaningless and unnecessary.

What God has to offer is free. It is a gift that is not deserved by any of us, nor could we ever repay what the gift

is worth. God has dealt with humankind in grace and love. The only thing that God has asked us to do is to humbly admit that we have broken His laws, acknowledge that He has indeed made things right through His Son's sacrificial death on the cross, and accept His forgiveness by faith. We are invited to lay aside our own "fig-leaf" costumes and freely submit to the covering God has provided for us, the blood-stained garment of His Son, the very righteousness of Christ.

This is what Jesus sought to communicate in Matthew 22:1-14, the parable about the wedding feast that a king was preparing to give his son: "So the servants went out into the highways, and gathered together all, as many as they found, *both good and bad*: and the wedding was furnished with guests. And when the king came in to see the guests, he saw there a man who had not on a wedding garment. And he said unto him, 'Friend, how came you here not having on a wedding garment?' And he was speechless. Then said the king to the servants, 'Bind him hand and foot, and take him away, and cast him into outer darkness; there shall be weeping and gnashing of teeth!'"

The text does not tell us whether this person was one of the "good" ones or the "bad" ones. Why? Because it is irrelevant to what Jesus wants us to understand. The important issue was proper *attire* for the occasion. God is telling us that the only acceptable attire for heaven is the righteousness of Christ.

As a gracious host, He stands holding out to humanity the most expensive, costly garment in the universe, and He eagerly desires to wrap us up in it—safe and warm and happy and secure:

"I will greatly rejoice in the Lord, my soul shall be joyful in my God: for He hath clothed me with the garments of salvation, He hath covered me with the robe of righteousness, as a bridegroom decketh himself with ornaments, and as a bride adorns herself with her jewels." (Isaiah 61:10).

So how does this apply to you and me? Simply this: Everything that *needed* to be done for your salvation and mine was *accomplished* the moment Christ died on the cross. The penalty has been paid and God's righteous demands satisfied. God is now free to extend eternal life as a free gift. He declares, "The wages of sin is death, but the free gift of God is eternal life through Jesus Christ our Lord" (Romans 6:23). Gifts, of course, must be received. For that reason, Jesus said, "He who believes has eternal life" (John 6:47). "Believe" means "to trust or depend on." God is asking each person to come to Him as a sinner, recognize that His Son died on the cross of us, and trust His Son *alone* as our only hope of heaven.

This was the message, the good news which the first Christians took to the world: "Neither is there salvation in any other, for there is no other name under heaven that has been given among men, by which we must be saved" (Acts 4:12).

In reality, every human being is just a prayer away from receiving the grace and forgiveness of God and the promise of heaven. But it has to be the *right* prayer, based on the *right* facts: that Jesus Christ came into this world to save sinners, not "Do-Gooders": "I have not come to call the righteous to repentance, but sinners" (Matthew 9:13). You can begin to trust Christ for your salvation today instead of your own, futile efforts of trying to be a fairly nice person all your life. Obviously, your heart attitude, your sincerity, is what really counts. God knows your heart. But if the following suggested prayer will help to bring a sense of closure and certainty to your decision to believe in, to trust Christ, then please feel free to use it as a simple guide:

"Dear God, I admit that I am a sinner, and nothing I can do will ever get me to heaven. But I believe Jesus Christ died for me and rose from the grave to prove the validity of His claim to be my Savior. He took my place and my punishment. So right now, I place my trust in Christ alone to make me

presentable and acceptable to you. Come into my life. I accept the gift of your Son. Thank you that you are now within me, not based upon my feelings, but upon your promise that if I open the door of my life and invite you to come live within me and be my Savior, you would (Rev. 3:20, John 1:12). Make me the kind of person you want me to be. Begin to show me that you really have entered my life and heart, and now give me the guidance I need to live a new life in fellowship with you. Amen."

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