

# **“Is Pole-Dancing for Exercise Okay for Believers?”**

Does Probe Ministries have anything in writing about not doing “pole dancing” like strippers do? A friend wants to do this (just for exercise, she says) but like [yoga](#), I think this is something that is far from Christianity. She refuses to believe it’s anything other than “just exercise” but the whole format is sexual. Please help?

Great question! Let’s think about what the purpose of pole dancing is: pure eroticism. The point of it is to arouse the watcher. If anyone pole dances alone, I would think, it would be in preparation for doing it for an audience, right?

So is there any scenario in which that is acceptable? Absolutely! By a wife, for her husband, in total privacy. There is a biblical precedent for erotic dance of a wife for her husband in Song of Solomon 6. The privacy of a married couple is also, by the way, the only appropriate place for sexy behavior and clothing that would be immodest if worn out in public or for anyone else’s eyes.

Hope you find this helpful.

Sue Bohlin

© 2007 Probe Ministries

---

## **“What’s God’s Plan for Sex in**

# Marriage?"

I'm wondering if the bible addresses the issue of sexuality after marriage. Is sex only for pleasure acceptable once a couple is married? If so are there certain ways married couples can have sex? I.e., different positions that are appropriate and others that are not?

I look forward to the day when I have a wife and can enjoy these gifts, but I want to make sure that I'm doing it in a God honoring way.

It sure does! A whole book about sexuality after marriage! The Song of Solomon is extremely erotic, but it's written in symbolism so a lot of people miss it if they're looking for only the literal. For instance, the use of "fruit" usually refers to the husband's genitals, and "garden" to the wife's. God's word on sex after marriage is "Eat, O friends, and drink; drink your fill, O lovers." (SoS 5:1)

Jody and Linda Dillow have written two excellent books on God's view of sex; Jody wrote *Solomon on Sex* (which is out of print, but you can find it used online), and Linda co-wrote (along with Lorraine Pintus) the book *Intimate Issues*. They offer three guidelines for discerning what God permits in sexual expression:

1. Is it prohibited in God's word?
2. Is it beneficial? (In other words, does it harm people or hinder the sexual relationship?)
3. Does it involve anyone else?

Here's their list of what God prohibits in His Word:

- Fornication (immoral sex, which is any sex outside of marriage)
- Adultery
- Homosexuality

Impurity  
Orgies  
Prostitution  
Lustful passions  
Sodomy  
Bestiality  
Incest  
Obscenity and coarse jokes

There is more freedom than there are restrictions for married couples. If God doesn't prohibit something, and it doesn't involve anyone else (whether through video, the internet, print media or in the flesh), and it's acceptable to both people, then God gives a green light and says, "Enjoy!"

The Dillows also provide six reasons God gave the gift of sex:

1. To create life
2. For intimate oneness
3. Knowledge
4. Pleasure
5. Defense against temptation
6. Comfort

As you can see, only one is procreation!

I hope this helps.

Sue Bohlin

---

## **"Is Oral Sex a Sin?"**

Is oral sex a sin? Does it constitute having sex? Can you have and give oral sex and still remain a virgin? Is it okay to have oral sex if you're in a committed marriage? And if it's

**wrong can you tell me where in the Bible it says this?**

**I'm sorry about the many questions but these questions have been nagging me for quite a while.**

*Is oral sex a sin?*

It's permitted within marriage (by mutual consent), but a sin outside of marriage. In condemning fornication (some translations call it "sexual immorality"), the Bible says that all sexual activity outside of marriage is sin. It's not that God is a cosmic killjoy—it's that He knows the best way to protect us is to keep the extraordinarily powerful nature of sex contained within the safe confines of a committed marriage relationship.

*Does it constitute having sex?*

Yes. We need to define "sex" more broadly than many people do (such as a former president . . . ). There are a great many sexual activities and behaviors that fall in the category of "sex" besides intercourse. Here's a helpful question to help think clearly about any particular activity, such as open-mouth kissing or oral sex: would you do it with your parent or your pastor? If you shrink back in disgust at the thought, that means it's sexual. (But holding hands, however, is something you can do with anyone without it being sexual. People often hold hands while praying, for instance. See the difference?)

*Can you have and give oral sex and still remain a virgin?*

The definition of a virgin is a person who has not experienced sexual intercourse. It's really more of a biological term than anything else, because the real heart issue is about purity. You can't participate in oral sex outside of marriage and still be pure. So people can be technically virgins and still engage in very sexual behaviors. For example, there is an epidemic of gonorrhea of the throat among American junior-high

age kids who are still genital virgins but have infected oral sex. The good news is, someone who has had oral sex outside of marriage can confess it as sin, be cleansed and have his or her purity restored.

*Is it okay to have oral sex if you're in a committed marriage?*

Yes, as long as both spouses are okay with it. If either one doesn't want it, it would be selfish and unloving for the other one to insist. Also, please see our article, "[What's God's Plan for Sex in Marriage?](#)"

*And if it's wrong can you tell me where in the Bible it says this?*

If you read the Song of Solomon, you can see that God encourages married people to enjoy His gift of sex in all its glory. Jody and Linda Dillow (authors of *Solomon on Sex* and *Intimate Issues*) believe that there are two veiled references to oral sex in the Song of Solomon. Keep in mind that in this biblical book, "garden" usually refers to the wife's genitals, and "fruit" to the husband's:

(Bride) Awake, O north wind  
And come, wind of the south  
Make my garden breathe out fragrance  
Let its spices be wafted abroad  
May my beloved come into his garden  
And eat its choice fruits! (4:16)

Like an apple tree among the trees of the forest  
So is my beloved among the young men  
In his shade I took great delight and sat down  
And his fruit was sweet to my taste. (2:3)

*I'm sorry about the many questions but these questions have been nagging me for quite a while.*

I'm glad we could help!

Sue Bohlin

Probe Ministries