

# The Importance of Parents in the Faith of Emerging Adults

*Steve Cable explores the results of Probe's survey of 18- to 40-year-old born agains, focusing on the role of parents in their faith.*

## The State of Born Again Emerging Adults

In previous articles[{1}](#) we considered the dramatic changes in the beliefs of American evangelicals particularly among young adults. It certainly appears that we are sliding into an era of cultural captivity where one's identification with Christ and an evangelical church does not keep one from holding a set of beliefs consistent with the culture and counter to biblical truth. Here we want to consider the role that parents had in establishing these inconsistent belief systems of their children, and think about some ways today's parents may be able to counter these destructive patterns in the future. Before looking at the roles parents do and should play in establishing these belief systems, let's consider some of the key belief trends that are driving our concern.



Foremost among our concerns is the dramatic change in the number of young adults who hold to no Christian religious beliefs or espouse a liberal view of Christianity. Looking at data from 1970 to the present, we uncover a disturbing new trend. From 1970 through 1990, the number of 18- to 25-year-old Americans who professed no Christian belief was constant at about twenty percent of the population. In 2000, this non-Christian group had grown to about thirty percent of this young generation, and by 2010 the numbers had exploded to around thirty-six percent.[{2}](#) If this trend continues, less than half of young adults will consider themselves Christians by the year 2020.

This concern over the future is heightened by the conflicted beliefs of young born agains. Among young adults, who consider themselves born again believers, only about one-third of them ascribe to a basic set of biblical beliefs. These beliefs include a creator God, a sinless Jesus, salvation through grace, a real Satan, an accurate Bible and the existence of absolute moral truths. This statistic means that over two-thirds of these born agains do not ascribe to one or more of these beliefs. Overall, this means that less than ten percent of young American adults profess to being born again and hold to a set of biblical beliefs as compared to the sixty-eight percent who hold to no Christian beliefs or a liberal view of Christianity.

When we delve further into young adult beliefs, we find that their beliefs appear to be hodgepodge of cultural concepts and what's going on in their life, with little or no connection to their religious upbringing. Even though emerging adults looked to religion as a place to learn good morals, in his study Christian Smith discovered a chilling paradox. "It was clear . . . that emerging adults felt entirely comfortable describing various religious beliefs that they affirmed but that appeared to have no connection whatsoever to the living of their lives." [\[3\]](#) One emerging adult observed, "I don't think it's the basis of how I live, it's just, I guess I'm just learning about my religion and my beliefs. But I still kinda retain my own decision or at least a lot of it on situations I've had and experiences." [\[4\]](#) In fact, when we look at how many have a consistent biblical worldview that carries over into their views on sexuality, science, a concern for the poor, and basic religious practices, the survey data indicates that less than two percent of evangelical young adults would qualify. So the overwhelming majority of young evangelicals are not carrying their basic religious beliefs into the realm of everyday decision making.

# The Impact of Parents on Spiritual Beliefs

So, what role did their parents have in establishing these inconsistent beliefs?

In 2010, we commissioned a survey to help us examine the causes and potential opportunities to change the marked shift in the thinking of young adults over the last decade. We surveyed over 800 born again, young adults across America to get an understanding for what they thought about spiritual and cultural issues *and* how they felt about their beliefs and actions. One area of questioning was, “When you think about how you developed the religious beliefs you hold today, who do you feel had the greatest influence on you? Did your beliefs come from your family, your friends, your church, your independent studies, your college professors, or others?”

The answers we received to this question were not shocking but still sobering. More than sixty-five percent of the respondents reported that the source that had the greatest influence on their religious beliefs was a family member, with the vast majority of those saying it was parents or grandparents. Over twenty percent of the respondents pointed to another influential individual such as a pastor, youth leader, or college professor. Only about eleven percent stated that something less personal such as a youth group or the Bible was the greatest influencer of their religious beliefs.

As Christian Smith noted, “What the best empirical evidence shows . . . is that . . . when it comes to religion, parents are in fact *hugely* important.”[\[5\]](#) In fact, “religious commitments, practices, and investments made during childhood and the teenage years, by parents and others in families and religious communities, matter—they make a difference.”[\[6\]](#)

Of those who stated that a family member was the primary influence, over seven out of ten stated it was their mother or

grandmother while less than three out of ten said it was their father or grandfather. So clearly among born again young adults, the female side of the family has a greater influence in passing down religious beliefs than do the males. One can postulate that this may be due to a combination of greater spiritual involvement on the female side of the family and a higher level of communication with their children. However, the rate of fatherly influence almost doubles for young adults with a biblical worldview compared to those without such a worldview. So it appears that fathers who hold a biblical worldview are much more likely to be involved in establishing the spiritual beliefs of their children.

Less than one out of ten of the respondents listed a pastor as the primary source of influence, and only three percent listed a youth group. These church-related functions may have an important role in helping to shape our religious beliefs, but our survey shows that it is at best a secondary role for the vast majority of people. We are mistaken if we are relying on the church to pass on the right type of beliefs to our children. Parents, what you communicate through your lives is picked up by your children. What are you communicating to them concerning religious beliefs?

## **The Translation of our Beliefs**

Since the beliefs of today's young adults are dramatically different than the dominant beliefs of forty years ago, does this mean that older adults have changed their beliefs as well, or have the beliefs been translated by the younger culture into something different?

An important part of understanding this question is that the survey results on who was the most significant source of our religious beliefs were almost identical regardless of racial background or levels of church attendance. In other areas of consideration such as biblical worldview, views on cultural

behavioral issues, and church involvement, we found significant differences based on racial background, education, etc. But it appears clear that no matter our race, economic level, or religious beliefs, our mothers are the primary sources that pass down those beliefs to the next generation. In other words, if born-again believers have degraded views on worldview and cultural issues, it appears that their parents are communicating (or at least not contradicting) similar views.

As we look at the hodgepodge of religious and cultural beliefs held in our society, we can see the results of what Christian Smith referred to as “Moralistic Therapeutic Deism.”[\[7\]](#) The Baby Boomers and their children are captives of our society’s focus on pluralism and tolerance as the only acceptable views. With this view, I can hold to certain religious beliefs that are strictly private in their application. But, when those religious views begin to move into areas which may imply someone else’s belief is wrong, then I need to modify my beliefs to be more accepting. To believe in God as creator and Jesus as his sinless Son is probably okay. But when I say that Jesus is the only way we can be reconciled to God, I am starting to step on other’s toes, making it inherently wrong.

On the one hand, Baby Boomers have bought into the cultural distaste for absolute beliefs which makes them loathe to state their beliefs too strongly. This viewpoint has been interpreted by the younger generation as an indication that those beliefs are not firm but rather culturally determined. So living in a more multi-ethnic, culturally diverse, and sexually liberated generation, these young adults pick and choose among biblical beliefs and distinctly non-biblical beliefs, with no apparent concern for the discontinuity in their belief systems.

The culture is winning the battle on two fronts. First, the older generation is buying into the importance of not being too forthright with their views. Second, the younger

generation, given no clear direction from their parents, is buying into a disjointed set of views that avoids any conflict with others. According to Smith's research, the result is that the vast majority of young adult Americans are holding to some form of mainline Protestant philosophy. This philosophy states that Jesus is a worthwhile model of good behavior but our focus should be on getting along and not making waves rather than promoting faith in Christ.

## **Countering Parents with a Truth Experience**

Have we, the Baby Boomers, the parents and grandparents of our society, so flummoxed up the works that we have started a downward spiral of disconnected beliefs from which we cannot recover? Of course, time will tell, but if we hold to a consistent set of biblical worldview beliefs, we should not sit back and wait patiently for the end of Christianity as we know it. We are called to "proclaim Him, admonishing every man and teaching every man so that we might present every man complete in Christ" (Col. 1:28).

Interestingly, of those respondents who graduated from college and have a biblical worldview, a much greater percentage of them pointed to a source other than a family member as the most influential. This factor is probably the result of college students having their faith challenged and looking for answers from pastors, Bibles, and books. In other words, the direct challenge to their faith presented by some professors and many of their peers caused some to fall away but caused others to examine the reasons for their belief in Christ. We do not need to fear this examination. Our Lord's case is more than capable of standing up to examination. In fact, it is the only religion that has a consistent, viable explanation for the complexities and shortcomings of life as we know it.

If a hostile, or at least a highly skeptical, attack on the

basis of their faith caused some to examine their reasons for belief and come out with a stronger, more biblical faith, perhaps a friendly encouragement to examine their faith could produce similar results. If the parents are passing on a watered down, inconsistent set of beliefs, perhaps we can change those beliefs by causing the young adults to run them through a consistency and credibility filter. Probe has been doing this for years through our [Mind Games](#) conferences and summer camps for high school students. We have seen that this approach makes a difference.

Is it too late to make a difference in the lives of our young adults? When Viggo Olsen was in his mid-twenties, beginning his residency to become a doctor, his wife's parents had a change in their belief system, becoming followers of Jesus Christ. Viggo wanted to restore his wife's parents to sanity so he began an intense study to show the obvious failure of Christianity to address the real world. What he discovered was that a biblical worldview was the only viable answer to understanding our lives and our future. He went from a mission to disprove Christianity to accepting Jesus not only as his Savior but as his purpose in life as a medical missionary to Bangladesh.[\[8\]](#)

In a similar way, we need to encourage, or better yet force our younger church-goers to examine their beliefs and compare them with the teachings of Christ. Ask them not to live an unexamined life conforming to the culture, but rather to examine their beliefs and see if they stand up to close examination.

## **Consistent Worldview Parents are Best**

Unfortunately, many parents have not been passing on a clear view of faith in Christ from generation to generation. Instead our belief system, even among those who believe they are going to heaven when they die because of their faith in Jesus, has

been eroding into a mishmash of popular cultural beliefs mixed in with some variation of beliefs taught in the Bible.

Confronting young adults with the disconnects and shortcomings created by their mixture of beliefs as compared to a consistent Christian worldview can get their attention and bring about changes in their thinking. This confrontation with truth has been a major focus of Probe throughout the years.

However, a major take-away from these studies should be for the young adults who are parents of our future generations. Listen up, young adults! If you do not communicate a clear set of biblical worldview beliefs through your words and through your actions, your children are going to pick up on the worldview you *do* communicate. Your desire to fit in with the culture and not make too many waves will result in children who believe that the culture is the ultimate authority on truth and right living. Why? Because that is what your life is saying to them loud and clear.

Suzie strongly believed that sex outside of marriage was wrong before God. It had a detrimental effect on the individuals caught up in it and on the society which promoted it. However, she felt that many of her friends did not view it in the same way she did. So, to get along, she never said much about it. What she did not realize was that her children were watching what she said. Even though she had told them she hoped they would remain pure until marriage, they did not hear her standing up for sexual purity among her friends. Without even thinking about it, her children relegated sexual purity to a nice ideal but not an important belief to live by. Suzie was instrumental in establishing their thinking on this topic. Their thinking lined up with what Suzie demonstrated was important to her even though it did not really line up with what she truly believed.

As parents, our beliefs have the greatest impact on our children's views. Things that you may not believe but grit



your teeth and say nothing about will become core beliefs of your children. The society is saying they are true; they don't see a consistent disagreement from your words or your life. Thus, it must be the right value to hold. This process of gradually turning over our core beliefs to be reset by the culture is at least partially the reason for the tremendous shift in our cultural morality over the last sixty years.

As parents, we can make a difference in future generations. We need to hold fast to the truths of Jesus Christ, speak them with our tongues, and live them through our actions. Our children are still looking to us for truth in this area. Let us commit to not let them down by deferring to the norms of the culture.

## Notes

1. "Emerging Adults and the Future of Faith in America," [probe.org/emerging-adults-and-the-future-of-faith-in-america/](http://probe.org/emerging-adults-and-the-future-of-faith-in-america/); "Emerging Adults Part 2: Distinctly Different Faiths," [probe.org/emerging-adults-part-2-distinctly-different-faiths/](http://probe.org/emerging-adults-part-2-distinctly-different-faiths/); "The True State of Evangelicals in 2011," [probe.org/the-true-state-of-american-evangelicals/](http://probe.org/the-true-state-of-american-evangelicals/).
2. Source General Social Surveys taken from 1976 through 2010.
3. Christian Smith, *Souls in Transition: The Religious and Spiritual Lives of Emerging Adults* (Oxford University Press, 2009), 154.
4. Ibid., 154.
5. Ibid., 285.
6. Ibid., 256.
7. Christian Smith, *Soul Searching: The Religious and Spiritual Lives of American Teenagers* (Oxford University Press, 2005), 162-170.
8. Viggo Olsen, *Daktar: Diplomat in Bangladesh* (Moody Press, 1973).

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# Emerging Adults Part 2: Distinctly Different Faiths – Evangelical Views Declining

## National Study of Youth and Religion

The National Study of Youth and Religion (Wave 3) contains the detailed data from which Christian Smith presented a summary of the results in his book, *Souls in Transition: The Religious & Spiritual Lives of Emerging Adults*. My prior article, ["Emerging Adults and the Future of Faith in America,"](#) summarized some of the important results reported in his book. One of his results showed that the number of young adults who identify themselves as not religious or as a religious liberal has grown from one in three young adults in 1976 to almost two out of three young adults in 2008. This huge difference in beliefs reflects that the dominant culture has changed from supporting Christian beliefs to now being basically counter to them. Today's emerging adults are immersed in a postmodern culture that "stressed difference over unity, relativity over universals, subjective experience over rational authorities, feeling over reason."[\[1\]](#)

This culture has produced a set of young Americans who may still claim to be associated with Protestant or Catholic beliefs but in reality have accepted the view that God and Christ are potentially helpful upon death, but are of little value until then. As these young adults moved from teenagers into emerging adults, Smith found that over four out of ten of them became less religious over a five year span. However, he did find that about one in three would identify themselves as

evangelical and probably continue to identify themselves that way for the foreseeable future.

However, to look at the data more closely, we can access this study of 18- to 23-year-olds online at the Association of Religious Data Archives.[\[2\]](#) Using this data, we can look at the association between questions in ways that we could not see in Christian Smith's book. As we studied this data, we found an even bleaker view of the future of the evangelical church than that presented by his book.

Along with general demographic information, the questions asked by the survey can be generally divided into four segments: Religious Beliefs, Religious Practices, Cultural Beliefs, and Cultural Practices. When we analyze the data in these four segments, we find a significant disconnect between each of these four segments. One might expect that we would find a small but significant subset that shared an *evangelical* belief and practice *and* that applied those beliefs consistently to their *cultural* beliefs and practices. Instead, what we find is that of 881 evangelicals, a grand total of zero (that is zilch, nada, none) share a common set of beliefs across all four categories. In other words, there is no set of common beliefs amongst these 18- to 23-year-olds who belong to an evangelical church.

It is worth noting here that the 881 evangelicals discussed here are down from the 1064 evangelicals in the study of this same group as teenagers. The 881 includes 728 who were among the 1064 plus 155 new evangelicals. The new evangelicals were about one-third from mainline protestant, one-third from catholic, and one-third from not religious or non-Christian religions. Of the 336 who left evangelical Christianity about half went to other Christian religions and the other half went to nonreligious or indeterminate religious beliefs. Almost undoubtedly, if we were to include these original evangelicals in our evangelical statistics we would get even worse data. We should also note here that this group was 18 to 23 in 2008 so

now they are 20 to 25. However, we will refer to them as 18 to 23 in this article.

## Religious Beliefs

Let us begin by first considering the data on religious beliefs. By itself, this is very interesting. First, we find that four out of five of those associated with an evangelical church believe in God as a personal being and Jesus as His Son who was raised from the dead. Unfortunately, it also means we are starting with one-fifth of those still associated with an evangelical church who either don't believe in God or in Jesus as His Son. It is interesting to note that one-third of mainline Protestants and nearly half of Catholics have this same attitude of unbelief. However, the number of evangelicals who believe in God and Christ is still a significant number and is 28% of the total population of 18- to 23-year-olds in America. When we add in the mainline and Catholic believers, we find approximately half of all young adults have a correct view of God and Jesus at this very basic level. Although half is not what we would like, it is probably more than we would expect to find with active Christians.

But when we add in the concepts that only people whose sins are forgiven through faith in Jesus Christ go to heaven and that there is only one true religion, the number of evangelicals in this age group who agree drops to 38%. Thus, only one in three ascribe to the most basic beliefs of evangelical Christianity. When we add in mainline Protestants and Catholics, the percentage of young Americans who believe in salvation only through Jesus Christ drops to less than one in five.

When one adds in the concepts that faith is important, that demons are real beings, and that there are some actions that are always right or wrong, and combine those with attending a worship service at least two times a month, the number among evangelicals drops to less than one in five. That is, four out

of five young evangelicals do not agree with these basic concepts. For mainline Protestants and Catholics, the percentages are 9% and 2%, indicating that almost none of them have a basic set of Christian beliefs. Combining these together shows that only 7% of all young adults hold to these basic beliefs.

Clearly, we have a major disconnect of belief for this age group, even among those who are associated with an evangelical church. As we probe beyond God and Jesus, we find that most of them do not have a set of beliefs consistent with the basic truths of the Bible.

In his book, Smith points out that for emerging adults “evidence and proof trump blind faith.”<sup>{3}</sup> By this he means that most emerging adults view scientific views as based on evidence and truth while religious beliefs are simply blind faith. As one young person put it, “I mean there is proven fact and then there is what’s written in the Bible—and they don’t match up.”<sup>{4}</sup> Or as another young person put it, “You have to take the Bible as symbolic sometimes. If you take it as literal there’s definitely a problem. There’s scientific proof [that contradicts it]. So you have to take it piece by piece and choose what you want to believe.”<sup>{5}</sup>

The interesting result of this belief is that it does not primarily apply to the extremely small segment of the Bible which some might consider at odds with scientific theories (e.g., creation of the universe). Rather, they apply it to things like teachings on sexuality, the uniqueness of Jesus, and the beginning of life. So they use the excuse of science to modify any beliefs taught by the Bible that are inconsistent with current cultural beliefs.

## Religious Practices

Perhaps we have now found the truly religious 18- to 23-year-olds among the one-out-of-four evangelicals that express a set

of core religious beliefs. Even if we add another seven questions on belief in things like life after death, heaven, judgment day, and miracles, we still have almost 15% of evangelical young adults who answer correctly. However, if this 15% is the core group of believers, then their religious behaviors will match their beliefs.

If this group of young adults is the core group, we would expect them to pray on a daily basis and to read the Bible at least once per week. When asked those questions, less than one in ten evangelical emerging adults hold the religious beliefs and engage in the religious practices. In fact, nearly half of those with the core beliefs do not read their Bibles or pray. When we add on questions about whether they are interested in learning more about their faith and have shared their faith with someone else, the number drops to less than one in twenty of the evangelical young adults. So, over 95 out of 100 young people affiliated with evangelical churches do not believe and practice their belief. Sadly, if we look at those who do these things and attend Sunday School or some weekday group and have read a devotional book in the last year, the number drops to 3% of evangelicals.

This data clearly shows that, for 18- to 23-year-old evangelicals, beyond a belief in God and Jesus there is no common set of beliefs and practices. Virtually every evangelical young adult will depart from the faith on one or more basic core beliefs and practices. It appears that there is *no common core group* of dedicated faithful believers among this age group.

As Christian Smith points out, emerging adults view religious ideas as a cafeteria line where you take the ones you like and leave the rest behind. As he says, "People should take and use what is helpful in it, . . . and they can leave the rest. . . . At least some parts of religions are 'outdated.' Emerging adults are the authorities for themselves on what in religion is good or useful or relevant for them."[\[6\]](#) As one of the

emerging adults put it, “Instead of fighting various religions, I just kinda combined religious ideas that were similar or sounded good.”<sup>{7}</sup> So, since the emerging adult is the authority on what religious beliefs to accept rather than the Scriptures, their culture determines their religious beliefs rather than the other way around.

## Cultural Beliefs

The data from this survey indicates that there is not a set of doctrinally pure religious believers in the 18 to 23 age range. But perhaps they are clearer on cultural beliefs that should be informed by their faith. To make the analysis easier we will consider two different sets of beliefs. The first set looks at their beliefs about creation, waiting on sex until marriage, and respect for religion in America. The second set considers living meaningful but not guilty lives, caring about the poor, and being against unmarried sex and divorce.

When asked about the creation of the world, approximately half of the evangelical emerging adults said that God created the world without using evolution over a long period of time to create new species. Only one in four young evangelicals believe they should wait to have sex and don't need to try out sex with their partner before they get married. Interestingly, only 16% of mainline Protestants and less than one in ten Catholic young adults believe the same way. As Smith points out, this belief is odd given the numerous studies which show that couples who do not live together before marriage have a significantly greater chance of success than those who do. Forty-eight percent of evangelicals have respect for organized religion in this country and believe it is ok for religious people to try to convert other people to their faith. However when we combine these three beliefs together, i.e. about creation, sex, and evangelism, we find that only one in ten evangelicals, one in twenty mainline Protestants, and only one in a hundred Catholics agree with all three of these areas.

Then when we look to see how many have the religious beliefs and practices *and* believe these cultural topics, we find that only 8 evangelicals (< 1%) and no mainline Protestants or Catholics qualify. Thus, we have only 8 people out of over 2500 who have a consistent set of evangelical religious beliefs, religious practices, and cultural beliefs.

Of course that is only a small subset of the cultural beliefs that should be impacted by our religious beliefs. Let's look at few more. Let's consider those who have not felt guilty about things in their life over the last year, who believe their life is meaningful and that they can change important things in their life as needed. We find that approximately one-third of each of the major groups agree with these statements. If we look at how many don't need to buy more and who care about the needs of the poor, we find that about one in four of all young adults agree with these objectives. However, when we combine these two areas, we find that only about one in ten young adults agree. Now add in the idea that unmarried sex and divorce are not okay, a statement with which 28% of evangelicals and 14% of all emerging adults agree. When we combine all three of these belief areas, we discover that only 2% of evangelicals agree with all three areas. If we combine these areas with religious beliefs and practices, we find that only four evangelicals (or less than one in two hundred) agreed.

When we combine both sets of cultural beliefs with the religious beliefs and practices, we find that there is one emerging adult out of over 2500 who agrees with those beliefs.

In both sets of data above, we considered questions dealing with sexual activity. In the first, we saw that the idea of waiting to have sex until marriage was rejected by three out of four of the evangelical, emerging adults. In the second set of data, we saw that a similar number believe that unmarried sex and divorce are okay. These beliefs are clearly counter to the teaching of Christianity, but they are dominant beliefs



among evangelical, emerging adults. As Christian Smith put it, “[M]ost emerging adults reduce a certain cognitive dissonance they feel—arising from the conflict of religious teachings against partying and sex before marriage versus their wanting to engage in those behaviors—by mentally discounting the religious teachings and socially distancing themselves from the source of those teachings.” In other words, they discount any religious teachings that would discourage them from doing what the culture promotes as acceptable, contrasted with the Bible which says, “Love not the world neither the things of the world. For all that is in the world, the lust of the flesh and the lust of the eyes and the boastful pride of life, are not of the Father but are of the world.”[\[8\]](#)

## Cultural Practices

Perhaps the disturbing cultural beliefs are belied by the cultural practices. Let’s look at some of the relevant cultural practices addressed in the National Study on Youth and Religion. Let’s begin with the number of people who have not smoked pot or engaged in binge drinking in the two weeks before the survey. Among evangelical, emerging adults over half (54%) have not engaged in these two activities. Of course this also means that almost half of them have engaged in one of both of these activities. Amongst Catholic emerging adults, two out of three have engaged in these behaviors.

How many have not engaged in viewing X-rated videos in the last year or unmarried sex (including oral sex)? This number begins at approximately one third of evangelicals not engaging in unmarried sex but drops to only one fifth when X-rated videos are added. So, 4 out of 5 evangelical, emerging adults are engaged in sexual sin, most of them on a regular basis.

On another venue of behavior, how many emerging adults have given money for charitable purposes, volunteered, and don’t admire people based on how much money they have? We find that approximately 15% of evangelicals, mainline Protestants, and

Catholics have done so. So, over 8 out of 10 have not given of themselves to help others.

Certainly Christians are called to “give thanks in all circumstances” (1 Thess. 5:18) and to “set their minds on heavenly things” (Col. 3:2). So let’s consider those who are grateful for the present and sometimes think about the future. This includes about half of all emerging adults. Thus, over half of emerging adults seldom give thanks and rarely think about the future.

Now let’s combine these thoughts and actions together and we find that only about 2% of all emerging adults hold to a biblical set of practices. So even though over half hold to a belief in abstaining from drugs and binge drinking, one-fifth affirm abstaining from illicit sexual activity, half hold to an attitude of gratitude for the present and the future, and 15% have given in some way of their time or money, when you combine them together only 2% have done all four items.

If we combine the four categories, Religious Beliefs, Religious Practices, Cultural Beliefs, and Cultural Practices, we find that no one holds to the set of beliefs which are most consistent with Scripture.

## Conclusions

There are many conclusions that could be drawn from the data above. Two of the most important conclusions are as follows. First, the basic religious beliefs of emerging adults largely depart from the Bible, and when you add in religious practices and cultural beliefs and practices we find that no one maintains a distinctly biblical worldview. Second, there does not appear to be uniformity in the beliefs of emerging adults. Rather than having a subset of evangelicals, say 15%, holding to a distinctly biblical worldview, you end up with none because they trip up in different areas.

As Christian Smith pointed out, “emerging adults felt entirely comfortable describing various religious beliefs that they affirmed but that appeared to have no connection whatsoever to the living of their lives.”{9} This is because religious teachings are not the authority on this world. Rather, it is what you choose to believe that is your authority for the “truth” in your life. As one emerging adult put it, “I think that what you believe depends on you. I don’t think I could say that Hinduism is wrong or Catholicism is wrong . . . I think it just depends on what you believe.”{10} This concept results in a set of evangelical, emerging adults who don’t hold to a set of common beliefs about God, Jesus, religion, and cultural practices, but instead hold to a wide variety of beliefs which are counter to the Bible. We must not say because they go to church that they believe the truth of the Bible. This survey shows that almost certainly they do not.

At Probe, we are committed to making a difference in this emerging generation. Over the next decade, we are committed to freeing the minds of 50 million Christians and converting them into confident ambassadors for Christ. If we and others like us are not successful, the children of these emerging adults may have no Christian example to follow.

## Notes

1. Christian Smith and Patricia Snell, *Souls in Transition: The Religious and Spiritual Lives of Emerging Adults* (New York: Oxford University Press, 2009), 101.
2. [www.thearda.com/Archive/Files/Descriptions/NSYRW3.asp](http://www.thearda.com/Archive/Files/Descriptions/NSYRW3.asp), “The National Study of Youth and Religion, [www.youthandreligion.org](http://www.youthandreligion.org), whose data were used by permission here, was generously funded by Lilly Endowment Inc., under the direction of Christian Smith, of the Department of Sociology at the University of Notre Dame.
3. Smith and Snell, *Souls in Transition*, 158.

4. Ibid., 158.
5. Ibid., 158.
6. Ibid., 157.
7. Ibid., 157.
8. 1 John 2:15-16 (NASU)
9. Smith and Snell, *Souls in Transition*, 155.
10. Ibid p. 156

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**See Also:**

[Emerging Adults and the Future of Faith in America](#)

[Emerging Adults A Closer Look](#)

[The Importance of Parents in the Faith of Emerging Adults](#)

[Cultural Captives – a book on the faith of emerging adults](#)

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## **Emerging Adults: A Closer Look at Issues Facing Young Christians**

“Emerging adults” is a term coined by sociologists to capture the new reality of 18- to 30-year-old Americans who have not fully assumed the responsibilities of classic adulthood. In previous articles, we looked at disturbing information on the beliefs of emerging adults in America from surveys by Christian Smith of Notre Dame, by Probe Ministries, and by others. In them, we found clear evidence of accelerating

erosion in accepting and adhering to basic biblical truths for living, even among those who were born again. Our emerging cultural milieu of pop post-modernism is clearly taking many young adult Christians captive to the “philosophies of men” (Col. 2:8). Here we will take a closer look at the erosion of belief in several important areas.

✖ Christian Smith and his fellow researchers at Notre Dame published an initial book, *Souls in Transition*, covering the results of their 2008 survey of the religious beliefs and actions of emerging adults from age 18 through 23. We discussed their findings in two earlier articles: [Emerging Adults and the Future of Faith in America](#), and [Emerging Adults Part 2: Distinctly Different Faiths](#). Their deep distress over some of the results of their surveys and interviews led them to publish a follow-up book in 2011 entitled *Lost in Transition: The Dark Side of Emerging Adulthood*. In this book, they focus on five specific areas of concern identified by their earlier research:

1. *Moral aimlessness*
2. *Materialistic consumerism*
3. *Intoxicated living*
4. *Deep troubles from sexually liberated behavior*
5. *Lack of interest in civic and political life*

The troubling characteristics of emerging adult life in America in the early years of the twenty-first century remind us of what Paul warned of in 2 Timothy when he wrote: “in the last days difficult times will come. For men will be lovers of self, lovers of money, . . . arrogant, . . . ungrateful, . . . without self-control, . . . reckless, conceited, lovers of pleasure rather than lovers of God, holding to a form of godliness, although they have denied its power” (2 Tim 3:1-5).

One major factor in the growth of these problems is the widespread acceptance of pop post-modernism throughout our culture. As Smith points out, the post-modern theory became “democratized and vulgarized in U.S. culture” becoming a “simple-minded ideology presupposing the cultural construction of everything, individualistic subjectivism, soft ontological antirealism and absolute moral relativism.”[\[1\]](#)

This popularized post-modern view says there is no objective truth, only the practical truth I choose to live by with my friends. This view leads to a basic disconnect with the teaching of Jesus who claimed His purpose was to “testify to the truth” (Jn. 18:37) because He is the truth.

Dale Tackett, author of The Truth Project, put the problem this way, “When what is right is what’s good for me, you will find all of the moral chaos that we see today.”[\[2\]](#)

In what follows, we will focus on three of the five areas of concern: moral aimlessness, materialistic consumerism, and the lack of interest in civic and political life.

## **Moral Viewpoint – A Floating Standard**

In his study of American emerging adults, Smith found that their morality is adrift with no standard to hold it in place.

What is morality in the first place? Morality is defined as “a system of ideas of right and wrong conduct.”[\[3\]](#) For Christians, this system is set out for us in the Bible, particularly in the Ten Commandments, the teachings of Jesus, and the New Testament epistles. The Bible makes it clear that God is the source of true morality. It is our responsibility to learn and apply His moral precepts. As Jesus said in the Sermon on the Mount, “Let your light shine before men in such a way that they may see your good works and glorify your Father who is in heaven” (Matt. 5:16). Or as Paul instructed in 1Thessalonians, “examine everything carefully; hold fast to

that which is good; abstain from every form of evil” (5:21-22). Paul is saying hold fast to the morality taught by Christ.

In a Christian nation, how can there be any confusion about morality? Well, sixty percent of emerging adults say that “morality is a personal choice, entirely a matter of individual decision. Moral rights and wrongs are essentially matters of individual opinion, in their view.”[\[4\]](#) And where do these opinions come from? One emerging adult put it this way, “Like just kinda things that I thought up, that I decided was right for me. So I don’t know. I honestly don’t. It just kinda came outta thin air.”[\[5\]](#) So, we can either look for the Bible as the source of our morality or we can just create it out of thin air.

When faced with a moral choice, almost half of them said they would do what made them feel happy or would help them get ahead. Less than one out of five said they would “do what God or the scripture” says is right. Many of them said they would not really know if their choice was right or wrong until after it was done and they could evaluate how they felt about it.

Not only do they not look to the Bible or society for their moral compass; they believe that it is morally wrong to assume there is a common morality that applies to all. Because we must be tolerant and accept other’s views as right for them, we must not apply our moral precepts to their actions. As Smith put it, “Giving voice to one’s own moral views is itself nearly immoral.” What they fail to realize is that complete moral relativism and tolerance actually dishonor the beliefs of others. With this view, they cannot accept new views which are superior to their own or act to correct views which are inferior. What someone else thinks is about morality is immaterial to them.

This type of thinking will ultimately lead to disaster for the people embracing it. As Chuck Colson said, “So often, the

great disasters (of the past) were caused by people disregarding God's standard of right and wrong and doing what was right in their own eyes . . . We've stopped moral teaching in our country and we are seeing the inevitable consequence of failing to teach moral values to a culture. We are seeing chaos."

[\[6\]](#)

The whole topic of morality is not something most emerging adults give much thought to. One third of them could not think of any moral dilemmas that they had faced in their lives, while another third of them offered examples that were not actually moral dilemmas. For example, one of them stated, "I guess renting the apartment thing, whether or not I would be able to afford it." That is a dilemma but it is not a moral dilemma. So through their education from their parents and schools, the vast majority of emerging adults really have not gained a good working knowledge of the concept of morality much less its importance to society. Yet in 1 Peter, Peter makes it clear that our moral actions are one of the most important ways that Christians can share the good news of Jesus Christ. As he said, "For such is the will of God that by doing right you may silence the ignorance of foolish men" (2:15).

## **Consumerism – The True Objective of Life**

What impact has consumer culture had on the lives of emerging adults?

As Christians, our lives are to be about far more than how much we are able to consume. Jesus never gave his disciples instructions on how to increase their economic wealth. Instead, He sent his disciples out to minister with little more than the clothes on their backs. Similarly, Paul learned to be content with whatever the Lord provided. He states, "I know how to get along with humble means, and I also know how to live in prosperity; in any and every circumstance I have



learned the secret of being filled and going hungry, both of having abundance and suffering need. I can do all things through Him who strengthens me" (Phil. 4:12-14). To be clear, the Bible does teach us much about how to operate successfully in the business world. But, it is also clear that our purpose in life is to be focused on things with eternal value and not on how much we can accumulate and consume on this earth.

Yet, as a whole, the young, emerging adults in this nation have missed the call of Christ to focus our lives on the eternal rather than the temporal. Instead, not only have they bought into consumerism as the primary goal of life, but they appear to be unable to consider any shortcomings in a life focused on what they can consume. Smith reports, "Contemporary emerging adults are either true believers or complacent conformists when it comes to mass consumerism."[\[7\]](#)

As one emerging adult put it, "It feels good to be able to get things that you want and you work for the money. If you want something, you go get it. It makes your life more comfortable and I guess it just make you feel good about yourself as well."[\[8\]](#) That statement by itself might not seem so bad until you realize that it is their sole method to feel good about themselves. The more you can consume the better. They miss the balanced view of material things taught in the Bible. For example, in Proverbs we are told,

*Give me neither poverty nor riches;*

*Feed me with the food that is my portion,*

*That I not be full and deny You and say, "Who is the LORD?"*

*Or that I not be in want and steal,*

*And profane the name of my God (Prov. 30:8,9).*

In addition, the idea of limiting one's consumption in order to have the resources to help others is foreign to most

emerging adults. Many of them would like to see the needs of the starving people met, “just not by me, not now.” If they ever reach a state in life where all their consumer desires are met, then they may consider using some resources for charitable causes. One obvious problem with this approach is that our consumer conscious society always has something new and better that you must purchase and experience.

This attitude is in contrast to that of the Macedonians Paul commends in his second letter to the Corinthian church:

*. . . that in a great ordeal of affliction their abundance of joy and their deep poverty overflowed in the wealth of their liberality. For I testify that according to their ability, and beyond their ability, they gave of their own accord, begging us with much urging for the favor of participation in the support of the saints, and this, not as we had expected, but they first gave themselves to the Lord and to us by the will of God (2 Cor. 8:1-6).*

Rather than “seeking the kingdom of God and his righteousness” and letting the material things be of secondary importance, most young America adults are seeking consumer nirvana and its false sense of well being. With no external moral compass for guidance, they are unwilling to express concerns about the grossest forms of excessive consumerism. As most of them said when asked, “If someone wants it, who am I to say that they are wrong?” When emerging adults refer to a good life, they talk about what they want to possess rather than the good that they can contribute to the world. I find it sad to think about being remembered for how much I consumed rather than how much I contributed. But this thought does not seem to bother these emerging adults.

## Civic and Political Involvement – Not For Me

Let continue by examining another disturbing characteristic of young, emerging adults identified by Christian Smith through his extensive surveys and interviews over the last five years: their perception of civic and political involvement. Smith summarizes their attitude by saying, “The vast majority of the emerging adults we interviewed remain . . . politically disengaged, uninformed, and distrustful. Most in fact feel disempowered, apathetic, and sometimes even despairing when it comes to the larger social, civic, and political world beyond their own lives.”[\[9\]](#) When we consider that the polls and interviews driving this assessment occurred in the summer of 2008 during the perceived youth movement which brought President Obama into office, this result on political involvement is particularly surprising.

Some might say that being actively involved in politics is not the right course of action for Christians. And, thus, they may applaud this result. We certainly agree that our primary purpose as Christians will not and cannot be fulfilled through political action. However, what we are talking about here is not a lack of political activism, but rather a disengagement from active participation in the political process. As Paul instructed Timothy, “I urge that entreaties, prayers, petitions and thanksgivings be made on behalf of all men, for kings and all who are in authority in order that we may lead a tranquil and quiet life in all godliness and dignity” (1 Tim. 2:1-2). We are to be concerned about the impact of government on our lives. If the people Paul were writing to had the right to vote, I am confident he would have said to pray for and exercise your right to vote.

Through his research, Smith identified six different attitudes toward civic involvement among emerging adults. These attitudes are:

1. The apathetic are completely uninterested in politics and make up twenty-seven percent of emerging adults. It is important to note that these individuals were not apathetic in general, just about this area of life.

2. The uninformed said their lack of interest was driven by their lack of knowledge about the issues and the players. The uninformed made up thirteen percent of emerging adults.

3. The distrustful know a reasonable amount about political issues but do not participate because they distrust the political system and politicians. They believe exercising their right to vote will not make any difference.

4. The disempowered point to their inability to change the world (rather than distrust of the process) as their reason to be uninvolved. Around ten percent of emerging adults fall into this category.

5. The marginally political represent those who expressed some interest in politics but whose interest did not appear to lead to actual involvement in the process. These marginally political emerging adults make up twenty-seven percent of those interviewed.

6. That leaves four percent of emerging adults (all males) who appear to be genuinely political; that is, interested and involved in the process.

In summary, their interviews found two-thirds of the emerging adult population completely uninvolved and almost one-third with a very limited involvement. This meant only four percent considered the process an important responsibility in life.

This seemingly fatalistic view of politics was found to carry over in other areas of civic involvement such as volunteering and charitable giving. Smith summarized their results saying, "Contrary to some of the stories told in the popular media,

most emerging adults in America have extremely modest hopes, if any, that they can change society or the world for the better, whether by volunteering or anything else.”[{10}](#) With that perception, providing help to others is not a requirement for righteousness, but simply an optional personal choice that most are not prepared to make.

Thinking back to our earlier discussion on the lack of a moral viewpoint, Smith’s research found a significant association between those who believe all morality is relative and individualistic and an attitude of apathy, ignorance, and distrust of the political process. In addition, Smith found a significant relationship between “enthusiasm for mass consumerism and lack of interest in political participation.”[{11}](#) So these three attitudes (no moral standards, consumer consumption as our primary objective, and no real political or civic involvement) appear to be common elements of the emerging adult belief system.

## **Emerging Adults – Where Will They Take Us?**

One root cause of the attitudes expressed by emerging adults in American is pop post-modern individualism. Each individual must decide what is true for him or her and must not accept a common truth. Therefore, most emerging adults cannot grasp the concept of an objective reality beyond their individual selves that would have any bearing on their lives. As we have seen, this concept undermines their moral compass, their attitudes about consumer consumption, and their involvement in society through politics, volunteering, and charitable giving.

These dominant patterns of emerging adult thought in America should make us consider: “What does it mean?” and, “How can we do something about it?” Some might say it is just the way young people are. We were that way when we were young. They will snap out of it. To that idea Smith would say, “It is a

different world today. . . . To think otherwise is to self-impose a blurred vision that cannot recognize real life as it is experienced today and so cannot take emerging adults seriously.”{12}

Others may say that is not what I hear on the news. Our young adults are leading a new wave of service and public involvement. To which Smith would say, “The fact that anyone ever believed that idea simply tells us how flimsy the empirical evidence that so many journalistic media stories are based upon is and how unaccountable to empirical reality high-profile journalism can be. . . . we – without joy – can set the record straight here: almost all emerging adults today are either apathetic, uninformed, distrustful, disempowered, or , at most marginally interested when it comes to politics and public life. Both the fact itself and the reasons for it speak poorly of the condition of our larger culture and society.”{13} He continues: “One tendency is to claim that emerging adults are deeply committed to social justice, passionately engaged in political activism, actively volunteering in their local communities, devoting themselves to building a greener, more peaceful and just world. Almost nothing could be further from the truth.”{14}

Although the vast majority of emerging adults are disengaged from involvement in the public sphere, they are quite engaged in a different way. As Smith points out, “they pursue these private-sphere emotional and relational investments with fervent devotion. . . . progressing yet further toward the nearly total submersion of self into fluidly constructed, private networks of technologically managed intimates and associates.”{15} He is referring of course to their disconnected connections via Facebook, Twitter, and other electronic social media.

We believe that there are several positive actions that we can take as Christians to improve this situation.

First, we need to examine ourselves. Are we living our lives under the direction of the ultimate source of morality, Jesus Christ? Are we consumed by consumerism or are we living for eternity? Are we taking an active part in impacting our society so that we may live godly and peaceful lives for Christ?

Next, we need to recognize that emerging adults under the age of thirty are, for the most part, not taking on the full responsibilities of adulthood. They are still emerging and, consequently, still need coaching. However, as Smith points out, "One of the striking social features of emerging adulthood is how structurally disconnected most emerging adults are from older adults. . . Most emerging adults live this crucial decade of life surrounded mostly by their peers . . . who have no more experience, insight, wisdom, perspective, or balance than they do." [\[16\]](#) As parents, pastors, co-workers, we should continue to actively engage them in a mentor role. It is important that:

- 1. They understand we look to the Bible as the source for our moral decisions.*
- 2. We are living in this world as citizens of heaven and as such consumer consumption is not our purpose for living.*
- 3. We have a responsibility to be engaged in our society to keep our freedom to lead godly lives serving the Lord.*

The apostle Peter put it this way: "Beloved, I urge you as aliens and strangers to abstain from fleshly lusts which wage war against the soul. Keep your behavior excellent among the Gentiles so that in the thing in which they slander you as evil doers, they may on account of your good deeds, as they observe them, glorify God in the day of visitation" (1 Pet. 2:11,12).

Finally, we need to reach out to emerging adults who are

already involved in evangelical churches. We need to let them know that it is okay to engage others with their worldview and their source of truth, Jesus Christ. When they don't share their worldview with others as a gift from God, they are effectively consigning those others to hell. Probe is in the midst of preparing materials that you can use in your church to directly address these issues.

Christian Smith captured the essence of this problem when he wrote, "Might it be true that the farthest boundary of sight that youth today can envision as real and being worth pursuit is entirely imminent, purely material, and completely mundane?"[\[17\]](#) As Christians, our boundary extends beyond this universe to the halls of heaven and puts our lives in a new perspective. Let that eternal perspective be seen in every area of your life.

As historian Christopher Lasch put it, "There is only one cure for the malady that afflicts our culture, and that is to speak the truth about it."[\[18\]](#)

## Notes

1. Christian Smith, *Lost in Transition: The Dark Side of Emerging Adulthood* (Oxford University Press, 2011), 15.
2. Del Tackett and Chuck Colson, *The Way Out: God's Solution to Moral Chaos in America*, 2011, [www.truthinaction.org/index.php/landing-doing-the-right-thing-full-episode/](http://www.truthinaction.org/index.php/landing-doing-the-right-thing-full-episode/)
3. *American Heritage Dictionary*, s.v. "Morality."
4. Smith, *Lost*, 21.
5. *Ibid.*, 22.
6. Tackett and Colson, *The Way Out*.
7. Smith, *Lost*, 72.



8. Ibid., 73.
9. Ibid., 196.
10. Ibid., 211.
11. Ibid., 218.
12. Ibid., 227.
13. Ibid., 224-5.
14. Ibid., 228.
15. Ibid., 223.
16. Ibid., 234.
17. Ibid., 236.
18. Christopher Lasch, "Give Youth Cause to Believe in Tomorrow," *International Herald Tribune*, December 29, 1989.

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**See Also:**

[Emerging Adults and the Future of Faith in America](#)  
[Emerging Adults Part 2: Distinctly Different Faiths](#)  
[The Importance of Parents in the Faith of Emerging Adults](#)  
[Cultural Captives – a book on the faith of emerging adults](#)