

Apologetics and Spiritual Skirmishing

Kyle Skaggs urges Christians to use the spiritual armor of Ephesians 6 in engaging in apologetics.

As I was working towards my degree at Dallas Baptist University I did volunteer work with an online ministry. There, I encountered people from all walks of life; all of them having questions about Christ and Christianity. For a while, I was doing well. I found joy in encouraging and counseling other believers. I also learned to tell the difference between non-believers who were willing to listen and those who were only there to argue.

Around a week from graduation I logged to the ministry's website feeling confident. I'd spent hours reviewing various arguments and counterarguments, I was certain I would use what I had learned over four years to lead the conversation to the Gospel. This was not what happened. Instead, the people I talked to became either confused or frustrated before leaving. Figuring I was just having one of those bad days, I thought nothing of it. The same thing happened the next day. Now I was conflicted. I wondered why I was ineffective, because everything I said was supported by Scripture, so I logged off and puzzled over what I was doing wrong. While I was lost in my thoughts, a very clear voice in my head said, "You cannot lecture people into the Kingdom of God." I had forgotten 1 Peter 3:15; "Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have. But do this with gentleness and respect..." That rebuke from the Holy Spirit sent me on a journey of reflection on the spiritual skirmishes that we so easily lose sight of in our daily routine.

Spiritual Warfare

“Enemy-occupied territory—that is what this world is. Christianity is the story of how the rightful king has landed, you might say landed in disguise, and is calling us all to take part in a great campaign of sabotage.” [{1}](#) Our adversaries are the rulers, authorities, and the powers of this dark world. (Ephesians 6:12) Every ideology, philosophy, and worldview not of the Gospel is controlled by the spiritual forces of darkness.

The devil knows his time is short (Revelation 12:12), so he is intent on dragging as many souls down with him as he can. To his annoyance, if you have already been saved by grace through faith, and are now saved, you are called to make disciples of all nations (Matthew 28:19). He is resourceful, and if he can't stop you from having a relationship with God, then he will use every trick to make you as ineffective as possible in your walk with Christ, and in evangelism.

The Devil and his forces are relentless. Whenever we attempt to evangelize, every gap in our defenses can and will be exploited. How are we Christians to contend with these forces of darkness? Paul tells us to put on the full armor of God so that we can take our stand against the Devil's schemes. Let's take a look at the parts of the spiritual armor God provides.



The Belt of Truth

First, we must remain grounded in the truth. Ephesians 6:14 refers to the Belt of Truth, which holds our equipment within easy reach. When we face an enemy whose only weapons are lies and deceptions, we have the advantage. We have nothing to hide! All we need to do is tell the truth!

To wear the belt is to be ready. There has been increasing pressure to ignore fundamental Christian teachings for the sake of convenience. Do not do this. Know your scripture and gird yourself in the truth of the Gospel.

The Helmet of Salvation and the Breastplate of Righteousness

Second, we must wear the helmet of salvation (Ephesians 6:17) and the breastplate of righteousness (6:14) to turn aside any attacks that slip through our defenses. In those days, just as it is now, the helmet and breastplate are essential equipment to protect the head and the heart, and just one of the things separating the true soldier from the levy and the ad hoc militia.

In the same way, the certainty of our salvation and the

righteousness of Christ are key pieces of our armor. As I have said before, Satan is ruthless. He will use every sin you have committed to shift your focus away from those who need Christ, and onto yourself. Being assured of our salvation and our righteousness before God is our greatest defense against these attacks.

The Gospel of Peace

What made the Romans such a formidable force? Discipline and adaptability. Being able to march long distances and maneuver across a variety of terrain. Timing and distance determine the victor of any confrontation. To do this, they needed shoes that were durable and able to grip the ground firmly.



With the readiness that comes from the Gospel of Peace (Ephesians 6:15), we can rapidly move to where the Lord needs us. “[God’s Soldier’s] movements are dictated by the needs of the Gospel witness.”[\[2\]](#)

The Shield of Faith



We are also told to take up the Shield of Faith (Ephesians 6:16) to extinguish the flaming arrows of the evil one. The favored shield in the time Ephesians was written was the Roman *scutum*, a large shield that protected most

of the soldier's body, enabling the Romans to protect both themselves and each other in tight formations without sacrificing their defense when fighting in looser formations. Most deaths in ancient battles occurred after, during, and after a rout. Therefore projectiles were used to disrupt and to instill fear before the two sides met in melee. Standing firm against hails of projectiles was key to surviving the battle.

It is the same with all believers. Our faith is our primary defensive and offensive tool. People who have faith in Christ are willing to risk being made to look foolish. They are confident in the hope they have in Christ, and are therefore enabled to do great things. People who act out of faith inspire others to do the same. Our faith also protects us from the feelings, falsehoods, and ideas the Devil likes to use to discourage us. If we are discouraged from our walk, then we have already lost.

The Sword of the Spirit

Finally, Ephesians 6:17 refers to the Sword of the Spirit, or the word of God. In conjunction with the *scutum* was the *gladius*, a short sword primarily used for thrusting and short cuts. It was the legionary's primary weapon. After throwing their *pila* (specialized javelins) to disrupt the enemy formation, the Romans drew their swords and closed the distance to engage in hand-to-hand fighting. Their armor and discipline enabled them to weather the brutal melee far better than their opponents. Ideally, this caused the enemy to rout.



There is a good reason the word of God is described as a sword

in other passages. It is absolute truth. Revelations 9:15 and Hebrews 4:12 describe God's word as a double-edged sword. In Hebrews, Paul says "it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart." Like a sword, learning to use God's word effectively requires constant training. Christians should therefore study and seek to live according to the word so they can stand firm when confronted by the Enemy.

By being willing to close in, to deliver the word of God straight into the heart of the matter, shrewdly providing an answer for our faith with gentleness and respect, we can establish common ground with those who do not know Christ, thus opening the way for them to hear the gospel. We do this knowing full well that friends and even family may hate us for confronting the world. Because we are willing to push through, we are able to form relationships with people and show what it means to walk with Christ! As with Roman equipment in Jesus' day, the armor of God is tailor made to allow us to safely close the distance with the enemy, and with the word of God, drive them from the field.

All we have to do is put it on.

Notes

1. Lewis, C.S. *Mere Christianity*, 1952.
2. Ellicott, C. J. (1970). *Ellicott's commentary on the Whole Bible Volumes VII-VIII: Acts to Revelation*. Zondervan Publishing House. 1959.

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Living With an Eternal Perspective

Sue Bohlin considers several ways to develop a way of seeing our earthly life as part of the much bigger picture that extends into eternity.

What Does It Mean To Live With an Eternal Perspective?

Years ago, after spending his whole life on the mission field, a career missionary made his final trip home on a passenger ship. One of the other people on his sailing was a celebrity, and as the ship made its way into the harbor, all those on board beheld a huge throng of well wishers at the pier with signs and instruments to celebrate the famous person's return.

The missionary stood at the railing, watching wistfully, knowing that not a soul was there for him. He said, "Lord, I've served You my whole life. Look at all the recognition and revelry for that famous person, and there's nobody here for me. It hurts, Lord."



He heard the still, small voice say, "You're not home yet, son."

I love this story that helps me keep in mind the big picture that includes the eternal, unseen realm, and the long picture that extends into the forever that awaits on the other side of death.

The apostle Paul had a firm grasp on what it means to live with an eternal perspective. We can especially see this in 2 Corinthians 4:16-18—

So we do not lose heart. Though our outer self is wasting away, our inner self is being renewed day by day. For this light momentary affliction is preparing for us an eternal weight of glory beyond all comparison, as we look not to the things that are seen but to the things that are unseen. For the things that are seen are transient, but the things that are unseen are eternal.

In these verses, Paul provides three aspects of an eternal perspective that kept him from losing heart, despite living with profound physical persecution and assault such as being hammered with stones, whipped by a cat-o'-nine-tails, beaten with rods, and shipwrecked. He knew what it was to go without sleep, food or drink, sometimes he was cold and naked. The man *knew* what it was to suffer! (2 Corinthians 11:23-29)

But Paul had a sort of spiritual periscope that allowed him to “see above” into the spirit realm while continuing to “live below” in this physical world. He saw the contrast between our bodies and our souls, how earthly affliction prepares us for glory, and the need to focus on the unseen and eternal rather than the seen and temporary.

Paul's Eternal Perspective

The apostle Paul showed us in 2 Corinthians 4 that he understood what it was to live with an eternal perspective. He understood that our bodies can be growing older and weaker on the outside, while our spirits are growing stronger, brighter, and more mature on the inside. I get that; as a polio survivor who has also needed both my hips replaced, I am very aware that I keep getting weaker the longer I live in this compromised body. But I also know the beauty and glory of Jesus making me more and more like Himself, day by day, so by His grace I can keep growing in vitality and joy on the inside! I may have diminishing energy in my body, but my spiritual energy capacity keeps getting bigger!

Paul also understood that the hard parts of living in a fallen world, much less living with the pains and trials of persecution, are merely a “light and momentary affliction” compared to what’s waiting on the other side: an eternal weight of glory beyond all comparison. Even horrible pain on earth is still “light and momentary” compared to the infinite length and glory of eternity with Christ. We can see how the Lord Jesus modeled this understanding as He faced the cross, and Hebrews tells us that He “despised its shame” because He was valuing the glory of the joy set before Him (12:2)

And Paul understood that we can shift our focus from the visible and temporary things of this world, to the unseen and eternal things of the spirit realm. We have to work at seeing the unseen and eternal. We do that with the eyes of our hearts (Ephesians 1:18). We do that by training ourselves to view everything through the lens of God’s word.

I’ve been working at developing an eternal perspective for years. For me, it’s about connecting the dots between earthly things and heavenly things.

I look at earthly things and wonder, “How does this connect to the spirit realm? How does this connect to what is unseen and eternal?” For examples, look at my blog posts, such as Glorious Morning Glories [probe.org/glorious-morning-glories/], Back Infections and Heart Infections [probe.org/back-infections-and-heart-infections/], Cruise Ships, Roller Coasters and Attitudes [probe.org/cruise-ships-roller-coasters-and-attitudes/], and Blowing Past Greatness [probe.org/blowing-past-greatness/].

Jesus’ parables are the world’s best examples of using the physical to provide understanding of the eternal. He was always connecting the dots between the things He was surrounded by—different types of soil, lost coins and sheep and sons, a wedding banquet—and explaining how these things related to the Kingdom of Heaven.

One of the most important prayers we can ask is, “Lord, help me see Your hand at work”—and then intentionally looking for it. For years I have kept a “God Sightings” Journal where I recorded evidence of God intervening in my life and the lives of others I have seen. I love to ask my friends and mentees, “Do you any God Sightings to share?” to help them identify the hand of God in their lives.

An Eternal Perspective on Suffering

As we talk about living with an eternal perspective, let’s remember that we live in a permanent battle zone of spiritual warfare. We have an enemy who hates us because He hates God. He and his fellow demons continually attack us with lies and deceptions. Some are personal, but many of them constitute the cultural water we swim in.

When we forget that we live in a culture of anti-God, anti-truth, it’s like going out in our underwear, needlessly exposing ourselves. Living with an eternal perspective means staying vigilant, donning our spiritual armor (Ephesians 6:10-18) and using it to fight back against the lies of the enemy.

Spiritual warfare is HARD. It means suffering. Sometimes physical, most often mental—because spiritual warfare is waged on the battlefield of the mind. But the suffering of spiritual warfare is temporary, because the vast majority of the believer’s life will be spent in heaven where warfare of all kinds will be a distant memory.

But for right now, suffering is still part of life, and developing and maintaining an eternal perspective really helps us remind ourselves of the larger truth. Romans 8:18 says that “our present sufferings are not worth comparing with the glory that will be revealed in us.” Being faithful when we’re suffering means glory in the future.

My friend Holly has battled cancer three times on top of the horribleness of cystic fibrosis. She suffers literally every day of her life. Yet, with a beautiful, godly stubbornness, she reminds herself of what is true: "What if the worst thing happens? Oh wait, it can't. The worst thing that can possibly happen to anyone is to die apart from Christ and spend eternity in torment. For me, to die means instant joy and relief in the arms of my Savior!"

Like [Joni Eareckson Tada](#), my friend Chris has lived with quadriplegia for almost fifty years. What comes to mind when I think of Chris is two words: "sweet joy." Because of his eternal perspective, Chris knows his suffering is temporary, and he chooses not to give into self-pity. People are drawn to him like honey because of how he radiates Jesus.

And then there's me. I've lived with a disability my whole life. As a polio survivor, I have walked every step with a [very noticeable limp](#). Living with an eternal perspective means that, by the grace of God, I know I will receive a beautiful, strong, perfectly healthy resurrection body in heaven. My polio days are limited, but my resurrection body days will be unlimited! Meanwhile, I get to see God use my disability for His glory and others' good in ways I never would have imagined. It really is okay!

Remembering the Long View

Another aspect of living with an eternal perspective is focusing on the reality that our time on earth is short, especially compared to the never-ending life on the other side of death.

One of my favorite questions is to ask, "A hundred years from now, when you are face to face with Jesus in heaven, what do you want to be glad you chose today? Indulging your flesh and doing whatever you think will make you happy right now, or

making choices that honor God and bless other people?”

Probably my favorite question remains an essential part of my eternal perspective: passing everything through the grid of the great question, “In the scope of eternity, what does this matter?” [probe.org/in-the-scope-of-eternity/]The frustrations of traffic? Not getting our way? A loved one who does not know Christ? The answer determines what is worth getting upset about, what we should just let go, and where we should be investing time in prayer.

We can remember the long view by pre-deciding now that we will use our earthly days fully, engaged in ministry, as long as God gives us breath.

Years ago, my view of living with an eternal perspective was shaped by the story of a lady who decided to start college in her 70s. When they asked her why she would do such a thing when her life was basically over, she said, “Oh no! It’s not over! I’m preparing for the next part of my life in heaven! The more equipped I can get on earth, the more ready I’ll be for what the Lord has for me on the other side!”

Another lady was homebound because she was so disabled. She got the word out that every afternoon, her home was open for anyone who needed prayer. Some days it was like there was a revolving door, so many coming and going! She had a vibrant ministry in the waning days of her life because she was determined to use her remaining earthly days fully, to the glory of God.

One of my friends is a TSA [Transportation Security Administration, part of the U.S. Government] agent at a major airport. She diligently reminds herself daily that every traveler who comes through the security line is infinitely valuable because they are made in the image of God, and Jesus died for them. She showers kindness on them because they are so important. One of her co-workers, for whom work is just a

job where he punches a time clock, once told her, “In twelve months you’ll stop being nice to everyone.” We don’t think so. (Especially since she’s already had this job for several years.) She works at maintaining an eternal perspective, seeing the unseen.

In the time you have now, live well, to the glory of God. Keep reminding yourself that everything we do now has an eternal impact. Our choices, our behaviors, our words, ripple into eternity. Which is why we need to seek to do everything for the glory of God.

Eternal Perspective is What God Sees

As a mom of littles, Nicole Johnson was feeling sorry for herself when she met with a friend who had just returned from Europe. She writes,

“My friend turned to me with a beautifully wrapped package, and said, ‘I brought you this.’ It was a book on the great cathedrals of Europe. I wasn’t exactly sure why she’d given it to me until I read her inscription: ‘With admiration for the greatness of what you are building when no one sees.’

“In the days ahead I would read—no, devour—the book. And I would discover what would become for me, four life-changing truths, after which I could pattern my work:

“1) No one can say who built the great cathedrals—we have no record of their names.

“2) These builders gave their whole lives for a work they would never see finished.

“3) They made great sacrifices and expected no credit.

“4) The passion of their building was fueled by their faith that the eyes of God saw everything.

“There’s a story in the book about a rich man who came to visit the cathedral while it was being built, and he saw a workman carving a tiny bird on the inside of a beam. He was puzzled and asked the man, ‘Why are you spending so much time carving that bird into a beam that will be covered by the roof? No one will ever see it.’

“And the workman replied, ‘Because God sees it.’^{1}

Living with an eternal perspective as we make choices and invest our time to glorify God is like building a cathedral that we won’t be able to see finished.

It means living with the long view in mind, aware that the things we can see, hear, and feel are temporary, but the spiritual realm is permanent.

An eternal perspective means that the things you do that no one sees but God—the unseen and eternal—*they matter!*

God tells us in Isaiah that our purpose in life is to glorify Him (43:7). Paul puts a point on this in 1 Corinthians 10:31: “Whether you eat or drink or whatever you do, do it all for the glory of God.”

And that’s the key to living with an eternal perspective.

Notes

1. thejoysofboys.com/monday-motivation-the-invisible-mom/

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Trusting God on the Other Side of Bizarre

In my last blog post, [Trusting God in the Bizarre](#),” I shared how a diagnosis of tongue cancer had blown up my world and how I was wrestling with [my fear](#)—again—of pain and suffering.

It has now been 11 weeks since a surgeon removed a third of my tongue. I am still healing, both my tongue and my neck, from which he removed 20 lymph nodes—which were cancer free. I still thank the Lord for that graciousness. My speech is no longer impaired although it *is* affected. I sound like I have a cough drop in my mouth when I talk, and the “s” sound is still a challenge.

Let me share with you what “Trusting God in the Bizarre” looks like on the other side of surgery.

I continue to believe that this cancer is a form of spiritual warfare, and it was a very personal attack as retaliation for continually speaking out about the goodness of God’s design for sex, gender, and sexuality. According to Ephesians 6:13, the outcome of successful spiritual warfare is to *just stay standing*. (“[W]hen the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand.”) I dug in my heels, so to speak, and determined to keep standing in the goodness of God, not allowing the enemy to knock me down. And to keep standing in my trust of His sovereignty, that a good and loving God is in control. As I praised Him for using pain as a sculpting tool to shape me like Jesus, my heart of thanksgiving repelled the enemy, for the Lord abides in the praise of His people (Psalm 22:3). I love the image of the God of light dwelling in the heart of the believer, because darkness cannot stand before light. It has to flee. And so did the enemy, as I thanked and praised God for His lovingkindness to me.

Before the surgery, I was pretty much terrified of the physically torturing pain that never came—a source of wonder and deep thanksgiving. What I was *not* prepared for was the emotional pain of soul-wrenching loss. The grief of losing my life before the surgery; the grief of losing a body part; the grief of losing my clear speech, which I had always taken for granted. In the first couple of weeks, my husband Ray told people at church, “She almost never smiles anymore,” and when I did, it was lopsided, still affected by the surgery, the numbness, the cut nerves.

I journaled, *I am depressed and sad and grieving and unhappy and feeling crummy. My life is not lost, it's put on hold. . . . STUPID HARD. That's my phrase for this. And the shock of it shows I'm blessed by how beautiful my life has been up to this point.*

For two of those early post-op days I was deep in the weeds of grief, exhausted from frequent tears that came unbidden. Instead of a tissue box, I kept a stack of napkins next to my recliner and it was amazing how many I went through. Then the third day, I received such moving encouragement via texts from my son in California that tears of gratitude and appreciation flowed. I actually started to feel dehydrated from the crying. When the fourth day proved to be tear-free, I was amazed by how much energy I had! What a poignant reminder of how exhausting tears are, and why people overtaken by tears need to be given extra-large doses of grace and compassion.

Before my surgery, I asked God to give me a handle to hang onto when I woke up and then afterwards, and He gave me this: “Be a window.” I journaled, *A window doesn't work at being transparent and clear, just as a branch doesn't work at receiving the life of the vine. I just need to ABIDE. I will have the IV right there as a visual reminder to be “actively passive” in receiving the Lord's life and letting Him shine through me.*

Wincing internally because of my speech, I kept using the phrase, "I'm not ready for prime time," but the Lord showed me that oh yes it is. I noticed that when people knew about my tongue cancer surgery, they were able to understand me easily, not like strangers who didn't know and would ask me to repeat myself. He impressed on me that I am in a window of time, ever-closing as I slowly heal, where people are listening more closely to me than ever before. I don't know if God is anointing me, or if He's anointing the ears of people I'm talking to, but something special is happening.

When I realized that rather than putting my life on pause, waiting for "prime time," I am in a limited-time window of blessing, I prayed, "Please don't let me miss any opportunity You are opening for whatever You want to do through me?" Various doors opened to speak or teach—at church, at a women's luncheon, in a couple of classes at a Christian high school—and when I am able to share about recovering from tongue cancer surgery, *people listen extra hard.*

So the first direction I got from God was, "Be a window." Now that's been expanded to, "Be a window **IN** this window."

Before the pathology report for my lymph nodes came back clear, I wrote:

I have been begging God for no cancer in the lymph nodes, but what if He says no? What if my path goes into the radiology unit?

*God is good even when there is cancer. He loves me even if He has given a green light to more cancer. If He says yes to lymph nodes then He has a plan for me to bring glory to Himself through me, through my response. He will show others what the response of faithfulness and trust looks like, as I seek to "be a window." Lord, give me direction and wisdom in how to show **YOU** off without showing **ME** off. You know—oh, how You know!!—how I struggle with pride. I want to be the best*

example of a faithful suffering Christian—but I don't want to suffer to do it! Thank You for using this trial to make me more like Jesus. Thank You that I will look back on this "light and momentary affliction" (2 Corinthians 4:17) and think, "TOTALLY WORTH IT!!" Thank You that this is how I glory in my suffering (Romans 5:3)—by focusing on You and on what is true, and not the pain. Just as Peter needed to focus on You and not the storm when he walked on water.

I recorded several videos for social media to give updates on how I was healing and how I was sounding. In this one, I was transparent about the fact that sometimes I have a hard time with the "s" sound. But it struck me that there is more value in people seeing the Spirit-enabled grace of self-acceptance in the face of loss, than if my speech were unaffected in the first place.

<https://www.facebook.com/559034244/videos/1924001134618178/>

Several people have asked, "What do you think God wanted you to learn from this trial?"

I honestly don't think it's about gaining more information about God or learning more life lessons. I think it's about building my character and perseverance. I think it's about growing my roots deeper in my dependence on Christ and maturing me spiritually, to make me more like Him. That's the spiritual fruit that the Lord wants to see His people bear, I think.

I'll keep you posted. *still a little lop-sided smile*

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<https://blogs.bible.org/trusting-god-on-the-other-side-of-bizzare/> on March 22, 2023.

Dealing with Doubt in Our Christian Faith

Dr. Michael Gleghorn points out that it is not having doubts about our Christian faith that is an issue, but rather how we respond to that doubt. Attacking this issue from a biblical worldview perspective, Michael helps us understand our doubts and respond to them as an informed Christian.

Help! My Doubts Scare Me!

Have you ever doubted your faith? We all have doubts from time to time. We may doubt that our boss *really* hit a hole-in-one at the golf course last weekend, or that our best friend *really* caught a fish as big as the one he claimed to catch, or that the strange looking guy on that late night TV show was *really* abducted by alien beings from a distant galaxy! Sometimes the things we doubt aren't really that important, but other times they are. And the more important something is to us, the more personally invested we are in it, the scarier it can be to start having doubts about it. So when Christians begin to have doubts about something as significant as the truth of their Christian faith, it's quite understandable that this might worry or even frighten them.



Reflecting on this issue in *The Case for Faith*, Lee Strobel wrote:

For many Christians, merely having doubts of any kind can be scary. They wonder whether their questions disqualify them being a follower of Christ. They feel insecure because they're not sure whether it's permissible to express

uncertainty about God, Jesus, or the Bible. So they keep their questions to themselves—and inside, unanswered, they grow and fester . . . until they eventually succeed in choking out their faith.{1}

So what can we do if we find ourselves struggling with doubts about the truth of Christianity? Why do such doubts arise? And how can we rid ourselves of these taunting Goliaths?

First, we must always remember that sooner or later we'll probably *all* have to wrestle with doubts about our faith. As Christian philosopher William Lane Craig observes, "Any Christian who is intellectually engaged and reflecting about his faith will inevitably face the problem of doubt." {2} Doubts can arise for all sorts of reasons. Sometimes they're largely intellectual. We might doubt that the Bible is *really* inspired by God or that Jesus was *really* born of a virgin. But doubts can take other forms as well. If a person has experienced great sorrow or disappointment, such as personal wounds from family or friends, the loss of a job, a painful divorce, the death of a loved one, or the loss of health, they may be seriously tempted to doubt the goodness, love, and care of their heavenly Father.{3}

Whenever they come and whatever form they take, we must each deal honestly with our doubts. To ignore them is to court spiritual disaster. But facing them can lead ultimately to a deeper faith. As Christian minister Lynn Anderson has said, "A faith that's challenged by adversity or tough questions . . . is often a stronger faith in the end." {4}

It's Not All in Your Head!

Sometimes people have sincere doubts about the truth of Christianity, intellectual obstacles that hinder them from placing their trust in Christ. In such cases, Christians have an obligation to respond to the person's doubts and make a

humble and thoughtful defense for the truth of Christianity. Nevertheless, as Craig observes, it's important to realize that "doubt is never a purely intellectual problem." Like it or not, there's always a "spiritual dimension to the problem that must be recognized."[\[5\]](#) Because of this, sometimes a person's objections to Christianity are really just a smokescreen, an attempt to cover up the *real* reason for their rejection of Christ, which is often an underlying moral or spiritual issue.

I once heard a story about a Christian apologist who spoke at a university about the evidence for Christianity. Afterward, a student approached him and said, "I honestly didn't expect this to happen, but you satisfactorily answered all my objections to Christianity." The apologist was a bit startled by such a frank admission, but he quickly recovered himself and said, "Well that's great! Why not give your life to Christ right now, then?" But the student said, "No. I'm not willing to do that. I would have to change the way I'm living, and I'm just not ready to do that right now."

In this case all the student's reasons for doubting the Christian faith had, by his own admission, been satisfactorily answered. What was really holding him back were not his doubts about the truth of Christianity, but a desire to live life on his own terms. To put it bluntly, he didn't want God meddling in his affairs. He didn't want to be morally accountable to some ultimate authority. The truth is that a person's intellectual objections to Christianity are *rarely* the whole story. As Christian scholar Ravi Zacharias observed, "A man rejects God neither because of intellectual demands nor because of the scarcity of evidence. A man rejects God because of a moral resistance that refuses to admit his need for God."[\[6\]](#)

Unfortunately, Christians aren't immune to doubting their faith for similar reasons. I know of a young man who had converted to Christianity, but who's now raising various

objections to it. But when one looks beneath the surface, one sees that he's currently involved in an immoral lifestyle. In order to continue living as he wants, without being unduly plagued by a guilty conscience, he must call into question the truth of Christianity. For the Bible tells him plainly that he's disobeying God. Of course, ultimately no one is immune to doubts about Christianity, so we'll now consider some ways to guard our hearts and minds.

I Believe, Help My Unbelief!

As He came down the mountain, Jesus was met by a large crowd of people. A father had brought his demon-possessed son to Jesus' disciples, but they were not able to cast the demon out. In desperation the father appealed to Jesus, "If You can do anything, take pity on us and help us!" Jesus answered, "If You can! All things are possible to him who believes." The father responded, "I do believe; help my unbelief."[\[7\]](#)

Can you identify with the father in this story? I know I can. Oftentimes as Christians we find that our faith is in precisely the same state as this father's. We genuinely believe, but we need help with our unbelief. It's always been an encouragement to me that after the father's admission of a faith mixed with doubt, Jesus nonetheless cast out the demon and healed the man's son.[\[8\]](#) But of course no Christian should be content to remain in this state. If we want to grow in our faith and rid ourselves of doubts, what are some positive steps we can take to accomplish this?

Well, in the first place, it's helpful to be familiar with the "principle of displacement." As Sue "Archimedes" Bohlin, one of my colleagues, has written:

The Bible teaches the principle of "displacement." That is, rather than trying to make thoughts shoo away, we are told to replace them with what is good, true, and perfect (Phil.

4:8). As the truth comes in the lies are displaced—much like when we fill a bathtub too full of water, and when we get in, our bodies displace the water, which flows out over the top of the tub.{9}

Once we grasp this principle, a number of steps for dealing with doubt quickly become evident. For one thing, we can memorize and meditate upon Scripture. We can also listen attentively to good Christian music. Paul speaks to the importance of both of these in Colossians 3:16: “Let the word of Christ dwell in you richly as you teach and admonish one another with all wisdom, and as you sing psalms, hymns and spiritual songs with gratitude in your hearts to God.”

In addition, we can read good Christian books that provide intelligent answers to some of the questions we might be asking. Great Christian scholars have addressed almost every conceivable objection to the truth of Christianity. If you have nagging doubts about some aspect of your faith, there’s almost certainly a work of Christian scholarship that speaks to it in detail. Finally, we must never forget that this is a spiritual battle. So let’s remember to put on the full armor of God so we can stand firm in the midst of it!{10}

Faith and Reason

How can we [know if Christianity is really true?](#) Is it by reason, or evidence, or mystical experience? Dr. Craig has an answer to this question that you might find a bit surprising.{11} He distinguishes between *knowing* Christianity is true and *showing* that it’s true. Ideally, one attempts to *show* that Christianity is true with good arguments and evidence. But Craig doesn’t think that this is how we *know* our faith is true. Rather, he believes that we can *know* our faith is true because “God’s Spirit makes it evident to us that our faith is true.”{12}

Consider Paul's statement in Romans 8:16, "The Spirit himself testifies with our spirit that we are God's children." Since every believer is indwelt by God's Spirit, every believer also receives the Spirit's testimony that he is one of God's children. This is sometimes called the "assurance of salvation." Dr. Craig comments on the significance of this:

Salvation entails that God exists, that Christ atoned for our sins . . . and so forth, so that if you are assured of your salvation, then you must be assured of . . . these other truths as well. Hence, the witness of the Holy Spirit gives the believer an immediate assurance that his faith is true.{13}

Now this is remarkable. For it means we can *know* that Christianity is true, wholly apart from arguments, simply by attending to the witness of the Holy Spirit. And this is so not only for believers but for unbelievers, too. For the Spirit convicts the unbelieving world of sin, righteousness, and judgment, particularly the sin of unbelief.{14} So when we're confronted with objections to Christianity that we can't answer, we needn't worry. First, answers are usually available if one knows where to look. But second, the witness of the Spirit trumps any objections we might encounter.

Consider an illustration from the Christian philosopher Alvin Plantinga. Suppose I'm accused of stealing a document out of a colleague's office. Suppose I have a motive, an opportunity, and a history of doing such things. Suppose further that someone thought they saw me lurking around my colleague's office just before the document went missing. There's much evidence against me. But in fact, I didn't steal the document. I was on a walk at the time. Now should I doubt my innocence since the evidence is against me? Of course not! For I *know* I'm not guilty!{15}

Similarly, writes Dr. Craig, "I needn't be shaken when objections come along that I can't answer."{16} For my faith

isn't ultimately based on arguments, but on the witness of God's Spirit.

Stepping into the Light

We've seen that both Christians and non-Christians can have doubts about the truth of Christianity. We've also seen that such doubts are never *just* an intellectual issue; there's *always* a spiritual dynamic that's involved as well. But since we'll probably never be able to fully resolve every single doubt we might experience, I would like to conclude by suggesting one final way to make our doubts flee before us, much as roaches flee to their hidden lairs when one turns on the light!

In John 7:17 Jesus says, "If anyone chooses to do God's will, he will find out whether my teaching comes from God or whether I speak on my own." Here, Jesus frankly encourages us to put His teachings to the test and see for ourselves whether He really speaks for God or not. As biblical scholar Merrill Tenney comments, "Spiritual understanding is not produced solely by learning facts or procedures, but rather it depends on obedience to known truth. Obedience to God's known will develops discernment between falsehood and truth."[\[17\]](#) Are we *really* serious about dealing with our lingering doubts? If so, Jesus says that if we resolutely choose to do God's will, we can know if His teaching is really from God!

Sadly, however, many of us will *never* take Jesus up on His challenge. No matter how loudly we might *claim* to want to rid ourselves of doubt, the truth is that many of us just aren't *willing* to do God's will. But if you are, then Jesus says that "you will know the truth, and the truth will set you free."[\[18\]](#) In other words, we can know by *experience* that Jesus is from God, that His teachings are true, and that He really is who He claimed to be!

As Christian philosopher Dallas Willard observes, the issue ultimately comes down to what we *really* want:

The Bible says that if you seek God with all your heart, then you will surely find him. Surely find him. It's the person who wants to know God that God reveals himself to. And if a person doesn't want to know God—well, God has created the world and the human mind in such a way that he doesn't have to.{19}

The psalmist encourages us to “taste and see that the Lord is good.”{20} If we do, we can know not only that God is good, but also that He exists. And even if we still have some lingering doubts and unanswered questions in the back of our minds, as we surely will, they'll gradually fade into utter insignificance as we become more intimately acquainted with Him who loves us and who reconciled us to Himself through the death of His Son!{21}

Notes

1. Lee Strobel, *The Case for Faith* (Grand Rapids, Mich.: Zondervan, 2000), 316.
2. William Lane Craig, *Hard Questions, Real Answers* (Wheaton, Ill.: Crossway Books, 2003), 31.
3. Lynn Anderson, interviewed in Lee Strobel, *The Case for Faith*, 322.
4. Ibid., 326.
5. Craig, *Hard Questions, Real Answers*, 33.
6. Ravi Zacharias, quoted in Strobel, *The Case for Faith*, 343. See also John 3:19-21.
7. Mark 9:14-24.
8. See Mark 9:25-29.
9. Sue Bohlin, “I’m Having a Terrible Battle in My Mind,” Probe Ministries, probe.org/im-having-a-terrible-battle-in-my-mind/.
10. See Ephesians 6:10-20.
11. This section is largely just a summary of the discussion of faith and reason in Craig, *Hard Questions, Real Answers*,

35-39.

12. Ibid., 35.

13. Ibid., 36.

14. See John 16:7-11.

15. Alvin Plantinga, "The Foundations of Theism: A Reply," *Faith and Philosophy* 3 (1986): 310; cited in Craig, *Hard Questions, Real Answers*, 38-39.

16. Ibid., 39.

17. Merrill C. Tenney, "The Gospel of John," in *The Expositor's Bible Commentary*, ed. Frank E. Gaebeline, vol. 9 (Grand Rapids: Zondervan Publishing House, 1981), 84.

18. John 8:32.

19. Dallas Willard, quoted in Strobel, *The Case for Faith*, 352.

20. Psalm 34:8.

21. See 2 Corinthians 5:18-21.

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The Commencement Address I Actually Got to Give

In 2014, I wrote a blog post [The Commencement Address I'll Never Get to Give](#).

Then I was deeply honored to be asked to address the eight graduating seniors of the Richardson Home School Association, where my husband and I have been teaching. He's the high school science teacher and I am his admin, I teach cursive handwriting to younger kids, and together we teach "Building Confident Christians," a faith-building year of worldview and apologetics.

I had already written my address as a blog post, but I tweaked it some, coming in at a very-short-for-me nine minutes (because ain't nobody goes to graduation for the commencement address, right?):

We've taught all eight of you, and I love you! Congratulations! You made it to the cap-and-gown stage. Not without a lot of help and prodding and prayers and frustration from your parents though, right? Thank them. There's not a single thing you are or do or have that they didn't have a part in. Thank them! I mean, right now! Stand up, wave and say thank you! (I'll wait . . .!)

You've just finished many years of schooling, and along the way you may have picked up some hooey from the surrounding culture about how wonderful and special you are because of some well-meaning self-esteem messaging. You may have thrown away dozens of ribbons or trophies you received just for showing up.[\[1\]](#)

Those days are over, because that was never real life. Self-esteem and self-confidence are only gained one way, the hard way: working hard to meet a challenge and not give up until you succeed. You earn self-confidence by doing, not by reciting platitudes in a mirror.

I'd like to put on a life-coach hat for a minute and make some suggestions for your post-high-school life.

Most of you just finished Dr. Bohlin's and my class, Building Confident Christians. We had you do a lot of reading for that class. I want to encourage you to read something else.

If you haven't read Dale Carnegie's book *How to Win Friends and Influence People*, read it. It's a classic of how to understand people and how they like to be treated. The reason it's so true is that the book fleshes out the second great commandment, "Love your neighbor as you love yourself."

For example, when you see a service person, like a waitstaff or toll booth attendant, call him or her by name. One's name is the sweetest sound on earth to each person, and service personnel are often treated as if they were invisible. Using someone's name says, "You are not invisible to me, and I honor you for your service." Prospective employees and spouses have been known to disqualify themselves because of the way they treated people with disrespect or contempt when out in public.

Everyone has an invisible tattoo on their forehead that says, "Please encourage me." And most people have an invisible speech bubble over their heads that says, "Do I matter? Please show me I matter." Every single person you will ever meet is infinitely valuable as the handcrafted masterpiece of the Creator God, and they deserve to be honored and respected simply because God made them and He loves them.

Some final pithy words to the wise. . .

Listen to your body. You are fearfully and wonderfully made, and it will tell you what it needs. Especially listen to your body when it tells you it needs sleep, and green vegetables.

Learn to recognize the nudges of the Holy Spirit, and follow them.

Pray for your future spouse. Assume that you don't know who they are right now, statistically speaking. He or she is out there somewhere. Your prayers WILL make a difference. (Afterwards, you can ask Dr. Bohlin and me about what that means.[{2}](#))

Don't believe everything you think. You swim in the polluted waters of a culture that has rejected God and biblical values, and some of those ideas and thoughts have crept into your mind, even though you weren't aware of it.

Plus, Satan and the demons are real, and you live on the battlefield of unrelenting spiritual warfare. You shouldn't

believe everything you think because one of the enemy's favorite tactics is to whisper in our ears in first person, so we think these ideas are our own. Such as,

- "It's okay, I can do this, no one will know."
- "I deserve to get my way."
- "I am such a loser."
- "Well, I'm better than HER/HIM."

Whether we're talking about the cultural water you swim in, or the thoughts in your head that come from spiritual warfare, pass everything through the filter of God's word. Which means you need to read and study it! Every day!

If you wonder if you should be doing something, you probably shouldn't. If the thought, 'Should I be doing this?' even enters your head, it's an alarm. Invite the Lord into that question!

A few minutes ago I asked you to stand up and thank your parents. One of the most important habits you can ever form is gratitude. Especially toward God. He is continually blessing you with everything from the ability to draw your next breath, to your ability to remember your name, to your ability to walk or drive or think or talk or get a job or more education.

Get in the habit of thanking Him for all those things. Regularly stop and ask yourself, "What would I really miss tomorrow if I didn't give thanks for it today?"-and then thank the Lord for it. Right where you're sitting-"Oh Lord! Thank You for cushioned seats! Thank You for 24/7 electricity! Thank You for air conditioning! Thank You for clean drinking water! Thank You for paved roads, and garbage pickup! There are so many things we would really miss tomorrow if we didn't give thanks for them today.

A grateful heart is not a complaining heart.

A grateful heart is not a critical heart.

A grateful heart is not an entitled heart.

Believe me, it will make you a much better person to live with, or work with, or play with, or just be with.



One of the best ways to get in the habit of saying “Thank You, Lord” is a gratitude journal. It’s a wonderful discipline to record three things every day (or night) where you saw God being gracious and loving and kind to you, or to someone else.

I want to make that easy for you, so I have a gift for each of you, a personalized gratitude journal. I challenge you, over the next few years, fill it up, one day at a time. What a magnificent form of worship that would be!

The Lord bless you and keep you. The Lord make His face to shine upon you, and give you peace. Your real education is about to begin.

1. After the graduation, I was humbled and grateful for the comments of the mother of an intellectual disabled child who pointed out that her daughter loves receiving ribbons and trophies for just showing up. It makes her feel valued and loved. I’m thankful for this perspective and I regret that my words caused needless pain.

2. Soon after I trusted Christ in college, I started praying every day for my future husband. Once I met Ray and realized he was the one God had chosen for me, we discovered that he had started having a daily quiet time of Bible study and prayer the same week I started to pray.

Princess Warrior, First Responder

One of my favorite things to talk about is [the Gender Spectrum](#), because I think it provides a very helpful understanding of people. Instead of a single spectrum with masculinity on one end and femininity on the other, I believe God has created a masculinity spectrum and a separate femininity spectrum.

The masculinity spectrum runs from the rough and tumble, athletic and physical kind of males on one end, to the sensitive, artistic, creative kind of males on the other—and everything in between. Although Western civilization tends to equate masculinity with the rough and tumble guys, I think that is a stereotype that gets in the way of appreciating the divinely created range of masculinity.

The femininity spectrum runs from the girly-girl on one end to the tomboy girl on the other. And just as with the masculinity spectrum, Western civilization tends to equate femininity with the stereotype of pink-loving, cosmetic-wearing girls who twirl in dresses to be admired. God delights to make plenty of females who are gifted athletically, are often natural leaders, and don't really care for the stereotypical appearance-oriented manifestations.

My belief is that Jesus Christ is the whole masculinity spectrum all at once, and as boys and men grow in Christlikeness (which is the goal of spiritual maturity), they will take up more bandwidth on the spectrum. Rough and tumble guys grow in sensitivity and compassion, and sensitive/artistic/creative men grow in their physicality and willingness to initiate and lead.

It seemed to me that a similar growth into taking up more

bandwidth should happen on the femininity spectrum as well, as spiritual and emotional growth would produce a fuller-orbed experience of God's beautiful intention for His beloved female image-bearers.

I have certainly observed this happening in fully devoted followers of Christ. I have seen tomboy girls become more comfortable in their feminine skin, especially those who didn't particularly like being female because of abuse or a lack of connection with other girls growing up. It's been good to see women who protected themselves with a hardened, tough outer shell grow softer and more trusting of the Lord and other women. But I've wondered, what happens when girly-girls start taking up more bandwidth on the femininity spectrum? How do they grow and change?

One of the things I love about my tomboy girl friends is their fiercely protective willingness to fight—bullies, injustice, evil. Most of them are not in the least interested in protecting their non-existent manicures or messing up their fancy, fussy outfits (since they don't own any). Some of them grew up with a burning desire to defend the defenseless, and they were frustrated at the unfair rule that girls weren't supposed to fight. And some of them felt shamed for this supposedly unfeminine passion.

Instead, in our culture, girls are usually expected to fall in love with Disney princesses and see themselves as a princess. Now, there's nothing wrong with being royalty. In fact, when I tell my story of trusting Christ and entering into His family, I share my childhood dream to grow up to be a princess. It was a major lightbulb moment of my life to realize that I am now a child of God, who is the King of Kings, and the female child of a King is a princess! Then I pull out my tiara and pop it on my head. I totally own the princess identity.

But one day I realized that the Bible's call to engage in spiritual warfare is not gender-related in the least. Every

believer is called to don the armor of God and do battle with demons with the Lord's protection and in His strength (Ephesians 6:1-18). The person who does warfare is a warrior, right?

Voila—the opportunity to be a princess warrior! Or a warrior princess, either one works, satisfying both ends of the femininity spectrum. Justice-fueled protectors who want to go to war or even just fight the bully on the school bus have every biblical invitation—it's actually a command!—to give themselves fully to the God-given desire to fight in a way that glorifies God. Girly-girls fulfill a larger vision for femininity when they move beyond a self-oriented focus on looking good, shopping, disdaining sports, and the domestic arts, and give themselves to standing firm against evil and serving others in intercessory prayer.

Recently, though, I had another lightbulb moment when the women's director at my church, addressing a "Leaders of Leaders" equipping time, told us that we are first responders. Invoking the image of 9/11 when firefighters ran into the burning buildings of the World Trade Center and the Pentagon, she pointed out that we are also first responders when we deliberately walk into spiritual burning buildings to rescue those trapped by faulty, unbiblical thinking. We're first responders when we're willing to have hard conversations with those struggling with where scripture teaches unpopular and uncomfortable standards. We are first responders when we're willing to walk people in conflict through the steps of biblical conflict resolution (Matthew 7:3-5, 18:15-17). We are first responders when we are willing to reach out and love the unlovely and difficult. We are first responders when we are willing to walk a woman through spiritual warfare material to identify places she has given the enemy a foothold in her life and help her take back internal real estate that should belong to Jesus.

So, regardless of where a woman finds herself on the

femininity spectrum, she can glorify God as she trusts Him to expand and grow her into a more well-rounded follower of Christ. Even (and especially) if that includes pink nail polish and spiritual firefighting gear.

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on March 5, 2019.

Orlando's Bizarre Coincidence?

My phone dinged Sunday morning, June 12, with Facebook's notification that three of my friends were safe in regard to the Orlando shooting. I had no idea what that meant, but fortunately social media makes it easy to find out what's happening in the world within seconds. My heart sank when I learned of the largest mass shooting in American history at a gay nightclub, with 49 dead and 53 injured. I couldn't even begin to wrap my mind around the pain and horror inflicted on the victims and their families and friends.

Then I learned about the very different kind of pain and horror that also happened in Orlando two days later, when an alligator snatched a two-year-old boy and won the wrestling match with the boy's father, pulling the toddler under the water and drowning him—in preparation, one might assume, to make a meal of him later.

I shared the horrifying news with students at Probe's Mind Games camp, where we were teaching that week. Three of the campers are from Orlando, and I learned that Floridians just *know* that alligators are everywhere, and they take precautions. When Aimee heard that the incident had happened on one of the Disney World properties, she asked, "Where's the family from? I bet not Florida. [It was Nebraska.] We *know* about alligators. You can't see them, but they can see you. Even in four inches of water."

It is certainly possible that the back-to-back nightclub shooting and the alligator snatching both happening in Orlando was just a bizarre coincidence. But I wonder if one is a physical representation of a spiritual reality about very real warfare that happens in the unseen spirit realm.

Alligators are predators. They're always looking for something to kill and eat. I couldn't help but be reminded of 1 Peter 5:8, "Be sober and alert. Your enemy the devil, like a roaring lion, is on the prowl looking for someone to devour."

I am absolutely sure that our enemy the devil was actively prowling at the Pulse nightclub. Jesus said that the devil comes to "steal, kill and destroy" (John 10:10), and he was successful at all three the morning of June 12. As I looked at pictures of all the people who died that day, I saw young men and women who were someone's sons and daughters, someone's nieces and nephews and grandchildren, someone's friends and co-workers, their lives snatched by a horrible predator.

I thought about the parents and loved ones of gay-identifying people who faithfully pray that God will open the eyes of their beloveds in "the far country" of sin and self-indulgence (Luke 15) to see the destructive path they are on and repent. I thought about the parents and loved ones I know personally,

with whom I join my prayers for God to protect their children in the far country before the heartless, evil predator snatches them like the alligator grabbed little Lane Graves.

Disney has been changing their signs, from the polite request “No Swimming Please” to the explicit “Danger: Alligators and Snakes in Area.” People need to know when they are exposed to dangerous predators, right?

It’s true in the spiritual realm as well. Sexual and relational brokenness often leads to sin that opens people to attacks of our enemy the devil, like a roaring lion, always on the prowl looking for someone to devour. Just as real as the alligators in what’s supposed to be “The Happiest Place on Earth.” Celebrating and encouraging what God calls sin—especially any kind of sexual behavior outside of marriage between a husband and wife—is like erecting a sign at the Seven Seas Lagoon that says, “Come on in, the water’s fine.”

But it’s not. Whether people wade into the shallows or dive into the deep, they are making themselves an offering to the predator, right in his territory.

Like a lion or alligator, the enemy of our souls is on the prowl, seeking to steal, kill and destroy.

Just ask the parents of the ones who died at the Pulse nightclub. Or the parents of little Lane Graves.

This blog post originally appeared at
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on June 28, 2016.

I've Got a War Room—Now What Do I Do?



Millions of people have seen the summer blockbuster movie *War Room*, many of them challenged to be more intentional about prayer. Some have even cleaned out a closet or a corner to make their own War Room.

But the movie, for all its motivation to experience the power of prayer, did not provide instructions on what and how to pray. Other than eating potato chips in secret!

Prayer is not about sacred words or flowery religious language. Biblical prayer is about talking to God, heart to heart. Here are some suggestions for what to do in the War Room.

Many people have found it helpful to follow the structure of the acronym ACTS: Adoration, Confession, Thanksgiving, Supplication.

Directing our prayers and thoughts in this particular order aligns the heart with God's heart.

Adoration: This is simply telling God how great He is, focusing on His character and praising Him with words. The book of Psalms is one of the best place to find truths about God and tell Him about it. Several years ago, I went on a treasure hunt as I read through the Bible, drawing a box around every title and name of God I encountered, and writing

them down on the blank pages at the back of my Bible. Simply reading some of the titles of God back to Him constitutes adoration. ("You are the King of Kings and Lord of Lords! You are the Bright and Morning Star! You are the Ancient of Days! You are the Creator of the Heavens and the Earth!")

Confession: Quietly consider what unconfessed sin you need to bring out in to the light. Confession means to agree with God. You may not even feel remorseful about it (yet), but it is still important to agree with God that sin is sin and you were wrong. ("Lord, I confess being short-tempered with my family yesterday. I confess yelling at that driver who cut me off in traffic. I confess going all day without once thinking of You. I was wrong. Please forgive me.")

Thanksgiving: Consider the things God has given you, the things He has done for you, just in the past 24 hours, and tell Him "thank You." The discipline of keeping a gratitude journal provides lots of things to give thanks for. The great thing about being mindful of what God is doing so we can give thanks for them, is that it makes us more sensitive to the many ways in which He shows His love and concern for us throughout each day, which kicks up our gratitude meter, which overflows in more and more thanksgiving, which leads to a joyful heart.

Supplication: NOW we get to the part of asking for the things we need or want, or which we would like to see God do in our lives and in the lives of others. It really helps to keep a list of our requests, just like we see in the movie, so we have a record of how and when God answers them.

This is one of the most misunderstood parts of prayer because often, people mistake having faith in the answers they want, with having faith in the God who answers prayer in His time and in His way. It's fine to ask (not demand, and not presume) for what we want, but it's important not to have unrealistic expectations of getting everything we ask for like a spoiled

little kid. (This is one of the reasons people lose heart and can lose their faith—they aren't trusting the God who sees the big picture and knows what is good for us and what isn't, they are looking for the answers to their prayers on a timeline usually faster than the one God is on.)

What should we pray for?

Our daily needs (see also: the Lord's prayer, "give us this day our daily bread," Matthew 6:11), financial provision ("your Father knows what you need before you ask Him," Matthew 6:8), relationships ("it is not good for man to be alone," Genesis 2:18), peace in our relationships ("Peace I leave with you; My peace I give to you," John 14:27) . . . whatever comes to mind.

But we get a head start when we pray God's word. This is great War Room material! Consider praying for one's spouse (even a future spouse!) or children or friends the great prayers recorded by the apostle Paul.

"Lord I ask that _____ may be filled with the knowledge of Your will in all spiritual wisdom and understanding, so that he will walk in a manner worthy of You, to please You in all respects, bearing fruit in every good work and increasing in the knowledge of You; strengthened with all power, according to Your glorious might, for the attaining of all steadfastness and patience; joyously giving thanks to You, Father, who have qualified us to share in the inheritance of the saints in light." (Colossians 1:9-12)

"I pray that You would grant _____, according to the riches of Your glory, to be strengthened with power through Your Spirit in the inner man, so that Christ may dwell in his heart through faith; and that he, being rooted and grounded in love, may be able to comprehend with all the saints what is the breadth and length and height and depth, and to know the love of Christ which surpasses knowledge, that he may be filled up

to all the fullness of You.” (Ephesians 3:16-19)

Consider praying a Psalm, such as Psalm 1:1-3—

“I pray that _____ would be blessed, that she would not walk in the counsel of the wicked,

Nor stand in the path of sinners, nor sit in the seat of scoffers!

I pray her delight would be in the law of the Lord,

And in Your law she would meditate day and night.

I pray she would be like a tree firmly planted by streams of water,

Which yields its fruit in its season and its leaf does not wither;

And in whatever he does, she would prosper.”

Spiritual warfare was one of the elements of the War Room movie, and prayer is how it is battled and won. For the simplest form of it, we can look to how Jesus prayed for His disciples in John 17. He asked His Father:

- To keep His disciples safe from the evil one (v. 15)
- To set them apart in the truth (v. 17)
- For oneness (v. 21). The context was oneness within the Body of Christ, the church, but this is a powerful request to pray for our marriages as well.

I am also intrigued by His prayer in v. 23, “You have loved them just as You have loved Me.” Most people have no idea of just how much and how great the Father’s love is for us—He loves us the exact same way and the exact same amount as He loves His Son! I love to pray that God will allow my loved one to grasp this truth, which corresponds to the Ephesians 3 prayer above.

Jesus also prayed for Peter before his spectacular, epic failure when he denied his Lord, that his faith would not

[completely and utterly] fail, and that after he turned back, that he would strengthen his brothers. Praying for our loved ones' faith not to fail, and for God to redeem and use any lapses and stumbles, is a powerful way to pray for them.

An important part of War Room prayer strategy, just as in physical war, is to remove obstacles to effectiveness. In Mark 11:25, Jesus said, ""Whenever you stand praying, forgive, if you have anything against anyone, so that your Father who is in heaven will also forgive you your transgressions." An important thing to do in anyone's War Room is to examine our hearts for any unforgiveness and deal with it.

Well, I think that's a good start on your War Room! Would you like to add any suggestions? Comment below!

This blog post originally appeared at
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do_i_do](http://blogs.bible.org/engage/sue_bohlin/ive_got_a_war_room-now_what_do_i_do)
on Sept. 22, 2015

Prayer Notch-Bumpers

This weekend my understanding of the power of prayer was bumped up a notch.

I was at a retreat that was being bathed in prayer; 50 young people, all battling unwanted same-sex attractions, gathered to find fellowship with each other and pursue greater intimacy with Jesus. The fact that they were there at all is an evidence of the power of God and the fact that He answers the prayers of their loved ones. The fact that so many of them are experienced some degree of change in the way they think and act, with a resulting change in the intensity of their

feelings, is also evidence of the power of God. Nothing builds my faith like seeing His love and grace and power released into the lives of precious people like these dear friends of mine.

But the “notch-bumper” came in the form of two incidents.

Several of the board members of this ministry, of which I am one, came to teach seminars. After we finished, I visited with two of them, both pastors. We were talking about how spiritual warfare rages in the weeks before, during and after our retreats. One pastor said, “I confessed to the Lord the other day, ‘I know You say to pray without ceasing, but I just don’t.’ He said, ‘If I let you see for just one second the battle that rages around you, you would never stop.’” Whoa. It was a good reminder to not remain content with simply looking at the physical, material world as if that were all that exists. There are angels and demons at work and at war all around us—all the time!

That night, while we were all singing worship songs, a young lady asked to speak to me outside in private. She asked permission to leave the building because she needed to be alone with God. I had a sense there might be something else going on even if I didn’t know what it was, but the Lord didn’t give me a “red light” in my spirit about letting her go. So we agreed that she would be back by 9:00.

By 9:10, she still hadn’t returned. I started praying that the Holy Spirit would draw her back to the rest of us. I envisioned a rope tied around her heart, and in my spirit I kept pulling on the rope. A few minutes later she walked in the door with a funny look on her face. I walked over and gave her a long, warm hug, whispering, “I’m so glad you came back.”

The next day a group of us were talking with her about her time alone with God. Apparently, she was unhappy with Him and was arguing with Him about something. I told her about my

prayer and my pulling on the rope, and her eyes grew big. “That was *you??*” she asked. “I didn’t want to go back, I had no intention of going back, but all of a sudden I found myself on my feet, and then I was walking back to the building where everyone was, and I was saying, ‘What’s going on? I don’t want to do this!’ But then I found myself in the room with everyone.”

It gave me spiritual goosebumps. When we abide in Jesus—the theme of the retreat—our prayers are His prayers, and He answers them. In ways that bring Him glory. . . and bring us goosebumps.

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“I’m Having a Terrible Battle in My Mind”

I’m having a terrible battle in my mind. I know in my heart these terrible thoughts are lies, but getting it to my mind is hard to do. I have had thoughts of doubt, disbelief, and the devil has even questioned God’s holiness to my mind. About two years ago I got serious about my walk with Christ and answered the call to preach. I need your prayers very much.

The Bible teaches the principle of “displacement.” That is, rather than trying to make thoughts shoo away, we are told to replace them with what is good, true, and perfect (Phil. 4:8). As the truth comes in, the lies are displaced much like when we

fill a bathtub too full of water, and when we get in, our bodies displace the water, which flows out over the top of the tub.

What are you doing to displace the lies with the truth? I suggest that you read and meditate on Psalm 119, memorizing portions of it and reciting them OUT LOUD whenever possible. I also suggest you play good praise and worship music whenever you can, not as background music but as something to focus on. One other thing: it would probably be good for you to invest some time in reading books that will build your faith and send the lies packing, such as Lee Strobel's books *The Case for Faith* and *The Case for Christ*, and Teresa Vining's *Making Your Faith Your Own: A Guidebook for Believers With Questions*.

Also, spiritual battles are fought on the battlefield of the mind, so be sure to put on all your spiritual armor (Ephesians 6). It's all anchored to truth, so fill your mind with truth. That includes being careful what ELSE you're filling your mind with, such as TV, videos, movies and magazines that are filled with garbage. Most of those sources of information or entertainment come from the world, which is Satan's realm. Cut out the garbage, which is flavored with lies about God and about reality.

Let me pray for you, as you requested.

Father God, I thank you that _____ is recognizing there is a terrible battle going on for his mind, and I ask that You show him what to do about it. Father, give him a distaste for anything other than the truth, and give him a deep desire to immerse himself in Your word and in workbooks and music that bring glory to You. Show him the source of the lies and give him a hatred of them, Father. Give him joy in resting in You and in developing discernment about his thought life. Teach him to love You with his mind as well as his heart and strength.

In Jesus' name, Amen.

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