

# **“Is It Spiritually Safe to Watch TV Shows Like Star Trek?”**

Dr. Michael Gleghorn

**I read your article on space aliens ([UFOs and Alien Beings](#)) and thought it was interesting. I have a question regarding watching TV shows such as the new Star Trek series. My husband is a big fan of it and a new Christian. I’ve expressed my opinion to him that I don’t think there’s life on other planets, and he feels there might be. Could this show be harmful by opening us up to a spiritual attack?**

Thank you for your letter. I personally don’t believe that there’s anything wrong with watching the new Star Trek series. Further, I don’t believe that simply watching this show poses any serious spiritual danger. Of course, with any movie or TV show, there’s always the danger that the show will teach or promote ideas that are actually false. It’s therefore important to think carefully and critically about the ideas being presented. But this isn’t simply a danger arising from movies or television. We can also be exposed to false ideas through radio, books, magazines, the internet, and even friends and relatives.

Thus, I don’t think there’s anything wrong with watching this TV series. But as the apostle Paul said to the Thessalonians, I think we need to “Test all things” and “hold fast what is good” (1 Thess. 5:19).

Hope this puts your mind at ease.

Shalom,

Michael Gleghorn

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