

Your Board of Directors

At a conference several years ago I was given a thought-provoking challenge, to identify the people on the board of directors of my life: whose voices do I listen to? Whose counsel do I follow? Whose values do I respond to?

The speaker pointed out that some people ought to be kicked off our board—like parents, if their voices of shame and criticism still control and restrict us. So should voices of much of the media, especially TV. And we can replace them with wiser, more godly voices who can offer us direction and perspective. There was a discussion of categories of potential board members. They don't have to be alive, and we don't have to personally know them, either.

The Lord Jesus, of course, needs to be the #1 board member. If we're married, our spouse should be on our board. The Apostle Paul is a good board member. Peter and James are good too, as is Solomon. So are some of the church fathers and Christian writers like C.S. Lewis. Or a pastor, and not necessarily our own. (I have a friend in a distant city who has adopted my pastor as hers, and listens to every audio recording my church puts online.) Mentors are great board members, and so are wise and trusted friends.

A few weeks ago, John Townsend, one of the co-authors of [the Boundaries series](#), was at my church. I love what he writes and listen to him on the radio show "New Life Live" whenever possible. I had a chance to talk to him briefly, so I told him about my board of directors. "John," I said, "Several years ago I installed you as a permanent member of my board. Other people have come and gone, but you're always there. I really appreciate your wisdom and godly perspective, and you have equipped me to respond to various life challenges. Just wanted you to know how you've blessed me even though we've never met."

(To my delighted surprise, he lit up and asked if he could hug me!)

Who's on your board? Who can you kick off to the glory of God? (Hint: magazines that make you unhappy with how God made you as you compare yourself to the celebrities and models inside, certain internet sites, particular TV shows. . .)

Who can you put on your board? Let's hear it.

This blog post originally appeared at
blogs.bible.org/engage/sue_bohlin/your_board_of_directors
in July 2009.

“Is My Husband's Cybersex Grounds For Divorce?”

My husband has been having cyber sex. Sometimes there was a camera on the other end. Is this biblical grounds for divorce?

Dear _____,

I am so sorry. What a horrible betrayal you are feeling!

I don't know God's definitive answer on this, but I do think that cyber sex and webcams are high-tech ways of extending the sins of lust and fantasy, which are mental and emotional sins . . . but I don't believe they cross the line of adultery. Actual sex between two people has an effect of creating soul-ties to each other that compromises the marriage covenant.

I think the bigger issue is one of hard-heartedness. If you have asked your husband not to engage in cyber sex and to get

rid of the camera, and he refuses because he wants what he wants even if it means hurting you, then that's the real issue. What kind of marriage is it if one person makes self-centered choices that insure the other will be hurt?

May I respectfully suggest you read Drs. John Townsend and Henry Cloud's excellent book *Boundaries in Marriage* for some wisdom on what to do next. For example, I have a friend whose husband refuses to stop going to a website where he can play games and chat with other women, and he has fallen into at least emotional affairs with a couple of them. She has said, "As long as you won't get rid of Pogo, you can do your own laundry." This way, his stubbornness and selfishness are costing him something.

Hope you find this helpful. Again, I am so sorry. My heart hurts for you.

Sue Bohlin

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