

“What Do You Know About Landmark Forum?”

Sue Bohlin

What do you know about Landmark Forum? Received an e-mail from a relative about how this has changed her life and invited me to check it out. I came straight to your website to see if you had anything on this organization.

We haven't done any research ourselves on The Landmark Forum, but others have:

[“Landmark Education” on Apologetics Index](#) (note the very beginning of this analysis: “NOTE: (Landmark Education lawyers, pay attention please!)” The litigious nature of Landmark is quite interesting! Note this corollary article:

[Landmark Education vs. A Link on Apologetics Index](#)

[Inside the Landmark Forum](#)

Watchman Fellowship, a trustworthy source of information on cults and false religions, took down their analysis of Landmark after being threatened with a lawsuit. However, someone else has put it back up:

web.archive.org/web/19980615070001/http://www.watchman.org/LandmarkProfile.htm

If you google Landmark Forum, you can find some intriguing information, including comments by people who have attended and/or experienced pressure from recruiters.

ask.metafilter.com/15619/Opinions-of-Landmark-Forum

www.ex-cult.org/Groups/Landmark/landmark-cherries.dir/_XOOM/apostate/index.htm

For what it's worth, Landmark uses experiential exercises rooted in its history of Werner Erhard's "est" program, which eventually morphed into Landmark. Some of the exercises themselves are helpful and do not violate any biblical principles. [Dr. Phil McGraw](#), formerly associated with Pathways, a similar program to Landmark, brought TV cameras into the "training room" of some of these same exercises when he was featured on Oprah, and periodically uses elements of the exercises on his programs.

And several Christians have taken the helpful parts of Landmark, rejected the rest, and created God-honoring, people-honoring seminars that are about discipleship and personal growth, not making money.

www.heartconnexion.org (my son and I both participated in this one, and bless God for it)

www.graceadventure.org/

Hope you find this helpful.

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