# The World of the Occult : A Christian Worldview Perspective

*Dr. Pat Zukeran explains why Christians need to be wise and discerning concerning the occult, both recognizing its power and danger, and not going overboard either.*

*This article is also available in Spanish.*

## Occult Overview

In a popular TV show, the heroine calls upon spirits, spells, and magic to defeat demonic beings. In another show, teen-age witches use their white magic to defeat evil warlocks and spirits. Such popular shows deal with the world of the occult. The occult has thrived since the beginning of civilization. Throughout the Old and New Testaments, the prophets of God confronted the problem of the occult.

The term *occult* is derived from the Latin word "occultus," which means to cover up, hide, or those things which are hidden or secret. A brief definition of the occult is the practice of attaining supernatural knowledge or powers apart from the God of the Bible. Through these practices occultists seek to influence the present or future circumstances, of their lives or the lives of others.

Why is there such an interest in the occult? Experts point to several factors. The first is disillusionment with the church and organized religion. The second factor is curiosity. There is an attraction to the occult that appeals to our interest in the unseen. Many begin with "harmless" dabbling, but this can often lead to more. Third, there is the quest for power. People want control over the future, spirits, or over other

individuals.

There are three primary categories of the occult world: divination, magick, and spiritism. Divination is the attempt to foretell the future and thereby shape our lives accordingly. The divination arts include astrology, zodiac charts, crystal balls, tarot cards, palm reading, psychics, numerology, and horoscopes.

The second category is magick or paganism. Those in magick attempt to control the present by ceremonies, charms, and spells. The magick arts include witchcraft, white magic, black magic, sorcery, Satanism, black mass, and witch doctors.

Then there is spiritism. Those involved in spiritism attempt to communicate with the dead and receive information or help from them. Spiritism involves ouija boards, sances, necromancy, and ghosts.

The world of the occult not only brings a false message, but a dangerous one as well. Experiences with the occult drive us away from God and bring us into contact with the demonic realm. Jesus said the Devil is “a liar and the father of lies.” (John 8:44) In dealing with the demonic, you cannot expect them to deal in truth. The Devil and his legion only seek to “steal, kill, and destroy.” (John 10:10) For this reason, Deuteronomy 18 labels the practices of witchcraft, sorcery, divination, and necromancy as detestable to the Lord. It was these practices that brought judgment on the Canaanites and expelled them from the land. God did not want such teachings to infiltrate any culture. The church must not only present the danger of the occult, but the message of life and victory found in Jesus Christ over the principalities of darkness.

## Dangers of the Occult

“What’s wrong with joining the Vampire Club or attending a

sance?” your child may ask. For some, exposure to the occult via fantasy games, the media, or music may lead to greater involvement in a dangerous world.

The primary danger of the occult is that it is a path away from God that can bring us into contact with the demonic realm. The demonic forces seek to deceive and destroy individuals. Therefore, contact with the demonic breeds numerous problems.

First, cult experts and psychologists have documented the connection between occult involvement and psychological and emotional disorders. Participants spend numerous hours studying, practicing, and playing games that involve conjuring demons, sacrificing creatures in cruel rituals, controlling sinister forces, and casting spells to disable and kill their enemies. This can affect a person’s spiritual, mental, and emotional state.

Second, there is the danger of spirit possession. The occult arts often require one to empty one’s mind and invite foreign spirits to control his or her intellect and body. For example, in operating a ouija board, participants are asked to empty their minds to allow other forces to guide them as they attempt to attain messages. In other games, participants are encouraged to call upon a spirit being to help guide them. These techniques open the door for spirit possession.

Third, there is the danger of violence to oneself and others. Many cases of violence and suicides are connected to the occult. Dr. Thomas Redecki, a psychiatrist and chairman of the National Coalition on Television Violence, has given expert testimony at a number of murder trials that were connected to fantasy role-playing games. He states, “I’ve found multiple instances of attitudes, values and perceptions of reality that were strongly influenced by an immersion in these games. When someone spends 15 to 30 hours a week dreaming of how to go out and kill your opponents and steal treasure, it’s not

surprising that the desire to act it out in real life occurs."{1}

Real cases include the famous black occultist Aleister Crowley. He ended up in an insane asylum for six months after attempting to conjure up the Devil. Not only that, his children died and his wives went insane or drank themselves to death.{2} In Florida, a group of three teenagers were charged with bludgeoning to death the parents of a fourth girl in their group. These teenagers were involved in the fantasy role-playing game *Vampire*.{3}

There is no benefit that comes from dabbling in the occult. God's Word tells us to avoid the occult because it can be addicting and harmful. Instead, Philippians 4 says to spend our time dwelling on what is true, noble, right, pure, admirable, and praiseworthy. What we focus on affects our actions and outlook on life. Therefore, we should dwell on what builds the mind, body, and spirit.

## Investigating Occult Phenomena

Can seers foretell future events? Can mediums really talk to the dead? How do you explain psychic phenomenon? Dealing with the occult calls for a balanced approach. The biblical worldview acknowledges both the physical and spiritual realms. There are physical beings but also spiritual beings of good and evil. We cannot ignore the supernatural, but we should not be obsessed with it either. C.S. Lewis commented, "There are two equal and opposite errors into which our race can fall about the devils. One is to disbelieve in their existence. The other is to believe, and to feel an unhealthy interest in them. They themselves are equally pleased by both errors and hail a materialist or a magician with the same delight."{4} Lewis' call, as well as ours, is for a balanced approach.

There are numerous claims of supernatural occurrences in the occult world. However, not all occult phenomena should be

attributed to the supernatural. There have been cases where people have quickly attributed unexplained events to the demonic, only to later discover other natural explanations. This often causes embarrassment and hurts the individual or group's credibility. We must be careful to investigate all possible explanations.

Most occult phenomena are mere trickery. Techniques such as sleight of hand, physical or mechanical deception, luck or mathematical probability, and body reading can explain many accounts. For example, Jewish psychic Uri Geller was believed to have supernatural powers such as the ability to move or bend objects from a distance with his mind. He even managed to fool scientists with his feats. However, his alleged powers were eventually shown to be false when magician James Randi performed the same feats, exposing the charlatan's tricks.

Other phenomena can be attributed to psychological factors. For example, someone demonstrating many personalities and speaking in different voices may have a multiple personality disorder that should be treated with medication. Unusual changes in personality or the fear of objects or names may be due to some kind of chemical imbalance. One should be careful and investigate these possibilities before concluding occult powers at work or demon possession.

The fourth explanation can be attributed to our sin nature. James 1:14 states, "but each one is tempted when, by his own desire, he is dragged away and enticed. Then after desire has conceived, it gives birth to sin; and sin when it is full-grown, gives birth to death." Too often Christians are quick to attribute bad habits and conflicts to the demonic and fail to take responsibility for their actions. For example, addiction to pornography is the result of yielding to our sin nature, not necessarily satanic activity.

Before ascribing events and difficulties to the demonic realm, we must first determine if it is consistent with demonic

activity as described in the Bible and cannot be explained naturally. Then we can consider the possibility that it is demonic.

## Witnessing to Those in the Occult

What should you do if you discover a friend or child involved in the occult? In witnessing to occultists, we must understand that they view Christians as intolerant and mean-spirited. They feel misunderstood, and quick condemnation often causes the person to retreat and delve further into the occult. Many people enter occult organizations because the church and their peers have rejected them. So, in witnessing, we must remember to be firm, but loving and sensitive as well.

I remember one situation at a Six Flags amusement park. While waiting in line, two Christian men noticed a student wearing a shirt promoting a band with clear connections to the occult. In a very condescending manner they questioned the young boy as to why he would wear such a shirt. “I like their music,” was the response. To which the men rebuked him harshly. Soon a short and heated argument ensued. The boy was left feeling angry and condemned while the two Christian men congratulated one another on a fine job of “witnessing.” Such incidents unfortunately are too common. The first step in witnessing is demonstrating gentleness and respect.

Second, do some research in the area so that you know what you are talking about. People in the occult do not view their activity as dangerous and consider others’ warnings as nave and misinformed. Therefore, being able to point to specific examples of concern goes a lot further than generalized accusations. If you are not able to find information, sit down and patiently listen to the person explain why and how he got involved. As you listen, ask questions that would cause the person to examine his beliefs. Listening always goes a long way in any kind of witnessing.

Third, point out the danger of addiction that can be the result of spending numerous amounts of time and money on occult activities. 1 Corinthians 6:12 warns us not to “be mastered by anything.” Addiction to the occult leads to bondage, but God’s truth sets us free.

Fourth, know what the Bible says about the occult. Point out that the nature of the Adversary is to deceive and destroy. God’s nature is truth and love. Dwelling on the false teachings of the occult can distort one’s view of reality. This message ultimately leads to ruin, while God’s truth leads to life. Share God’s message of love and demonstrate it in your actions.

Finally, present the message of life, truth, and hope found in Christ. The occult only offers a false message that brings destruction because the force behind it is the father of lies. The deception of the occult leads to bondage, but truth sets you free. In engaging the world of the occult, Christians need not be afraid for we have authority over the demonic through Christ who triumphed over all powers and authorities by the cross. (Colossians 1:15)

## Deliverance from the Occult

If you have been dabbling in the occult or know someone who wants to come out of it, what should you do? First, permanent deliverance and restoration begins with a relationship with Jesus Christ. If you have not trusted Christ, receiving Him as your Lord and Savior is the first step. When this happens, you are set free from the Kingdom of Darkness and are now under the authority of the Kingdom of Light. 1 Peter 2:9 states that it is Christ who “called you out of darkness into his wonderful light.”

Second, recognize and confess your sin of involvement in the occult. Then accept God’s forgiveness by faith. 1 John 1:9 states, ‘If we confess our sin, he is faithful and just to

forgive us our sin and cleanse us from all unrighteousness.”

Third, remove all occult objects. This example was set for us in Acts 19:19-20. Those who had come to Christ burned their objects publicly. Having occult items around such as game boards, cards, and statues may provide a source of temptation to return. Removing all such objects helps avoid facing that temptation and dealing with memories.

Fourth, break off all medium contacts and occult associations. Spirit guides and friends in the occult will encourage you to abandon your trust in Christ and return to participating in the occult. One must courageously trust that Christ will protect you from demonic retaliation and provide new friends who will encourage you in the Lord.

Fifth, if you are finding the transition difficult, seek a Christian counselor with knowledge in this area. Only a Christian counselor understands that healing comes when we deal with not only the physical, mental, and emotional aspect, but the spiritual as well.

Sixth, join a fellowship of Christians who will pray and care for you. Also, strive to grow in your new walk with Jesus Christ. You have been filling your mind with the teachings of the occult and now you must, as Paul says in Romans 12, “Be transformed by the renewing of your mind.” This comes by filling your mind with God’s truth and fellowshipping with Him.

In seeking deliverance from the occult, we cannot stop halfway. We must be committed to turning from our sin and following Christ with all our heart. Believers must heed Paul’s exhortation to put on the spiritual armor of God. In Ephesians 6, Paul reminds us that, “Our battle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and the spiritual forces of evil in the heavenly realms.” Only

Christians who come in the authority of Christ can engage the world of the occult and those protected by His armor can resist the Adversary and be delivered from the occult.

**Notes**

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2. John Ankerberg and John Weldon, *Cult Watch*, (Eugene, OR.: Harvest House Publishers, 1991), 283-4.

3. Deborah Sharp, “Vampire Game is Bizzare Twist to Florida Slayings,” *USA Today*, 9 December 1996, 3A.

4. C.S. Lewis, *Screwtape Letters*, (New York: MacMillan Co. 1961), preface.

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2. _____. *Encyclopedia of New Age Beliefs*. Eugene, OR.: Harvest House Publishers, 1996.

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5. Koch, Kurt. *Occult ABC*. Grand Rapids, MI.: Kregel Publications, 1986.

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1. Branch, Craig. "Games: Fantasy or Reality?" at www.watchman.org/occult/frpgames2.htm.

2. Cowherd, Jill. "Downloading Danger." at www.watchman.org/cults/games.htm

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