

5 Lies the Church Tells Women

[Note: This article is taken from J. Lee Grady's book *Ten Lies the Church Tells Women*. I do not subscribe to everything in this book, particularly the author's belief that there are no restrictions to women in the church. I do not agree that the office of pastor and elder are open to women, though I believe God has given many women, including me, the spiritual gift of pastor-teacher (which some find easier to receive when it's called "shepherd-teacher"). At Probe, we exhort people to be discerning in what we hear and read. Mr. Grady's book is firmly in the egalitarian camp, but as a complementarian who seeks to be discerning, I can recognize the truth of some of what he says without embracing what I believe is unbiblical. Please see the end of this article for other articles on the role of women I have written for our Web site.]

In this article I look at five lies the church tells women, inspired by the book by J. Lee Grady called *Ten Lies the Church Tells Women*.[\[1\]](#) I'm not saying all churches say all these things, but there are certain pockets of Christianity where these lies are circulated.

Lie #1: God Created Women as Inferior Beings, Destined to Serve Their Husbands.

The first lie is that God created women as inferior beings, destined to serve their husbands. Those looking for Scripture to back up their beliefs point to Genesis 2:18, where God makes a "helpmeet" for Adam. "See?" they say. "Helpers are subordinate to the ones they help, which proves women are here to serve men." This ignores the times in the Psalms (10:14, 27:9, 118:7) where God is praised as our helper, and He is certainly not inferior or subordinate to us!

Lee Grady points out, "[I]t is a cultural bias, not a spiritual or scientific principle, that women were 'made' for

the kitchen or laundry room. This is the most common form of male chauvinism, a burden placed on women by selfish men who want someone to wash their dishes.”{2}

This view that women are inferior to men is not biblical, but it has infected the church from the beginning.

The Greek culture into which the early church was born viewed women as “half animal,” unworthy of education, to be kept quiet and kept locked away, obedient to their husbands. In Jewish culture it was considered inappropriate for a man to even speak to a woman in public—including his own wife. A woman speaking to a man who was not her husband was considered to be giving evidence that she had committed adultery with him, and could be divorced. You can imagine the scandal Jesus caused when he regularly sought the company of women and talked to them, and taught them, just as he did men. Or when he allowed prostitutes to talk to him or pour perfume on his feet.{3}

Eve was not created to be Adam’s servant, but his honored and respected wife and co-regent, fashioned to rule over creation with him. We see another picture of God’s intention for the first Adam and Eve in our future as the church. The bride of the Second Adam, Christ, is created and is being fashioned to reign with Him forever.{4}

Lee Grady says, “Jesus modeled a revolutionary new paradigm of empowerment by affirming women as co-heirs of God’s grace.”{5} Paul continued this completely new, respectful view of women by inviting women to share in the ministry of the gospel and the church, and by teaching the equality of husbands and wives in the marriage relationship (although there is a biblical distinction of roles).

When God created woman, He didn’t create an inferior being, He created what He delights to call “the glory of man.”(1 Cor. 11:7)

Lie #2: A Man Needs to “Cover” a Woman in Her Ministry Activities.

The second lie is that a man needs to “cover” a woman in her ministry activities. “In many cases, leaders have innocently twisted various Bible verses to suggest that a woman’s public ministry can be valid only if she is properly ‘covered’ by a male who is present. Often women are told that they cannot even lead women’s Bible studies or prayer meetings unless a pastor, deacon or some other man can provide proper oversight.”[{6}](#)

One woman was told that she could not start a backyard Bible school class in her neighborhood during the summer unless her husband agreed to be present at each session and teach all the Bible lessons. Her church elders said she could plan each day’s crafts and make all the snacks, but a man had to conduct the “spiritual” aspects of the outreach since he is the proper “covering.”[{7}](#)

It is disturbing to think of the implication of this belief. When we, as women, use our spiritual gifts and respond to God’s call to minister in various ways (within the biblical restrictions for women) without a man present, is our ministry less legitimate and valid than a man doing the same work? What if a woman with the spiritual gift of evangelism senses the Holy Spirit directing her to speak to the cashier at the gas station, and there’s no man around? On a personal note, when I am speaking at one of Probe’s Mind Games conferences, do my lectures lack legitimacy or truth because the male Probe staff members are busy teaching in other rooms?

Ephesians 5:21 says, “Submit to one another out of reverence for Christ.” Out of respect for our own weaknesses and limitations, I believe that all of us who wish to minister to others should pursue an attitude of humble submission to the body of Christ. We need to submit our beliefs and methods (and

content, if we're teaching) to trusted believers who can provide support, direction, and, if needed, correction. And anyone engaged in ministry needs prayer support, which some have called a "prayer covering;" although that is not a biblical term.

But there is no verse that says, "If a woman teaches My word, make sure a man is present so she will be covered properly." Paul's instruction that older women teach the younger women doesn't include making sure that someone with a Y chromosome is present! What underlies this erroneous idea that a man's presence somehow validates any woman's ministry is, intentional or not, a profound disrespect and distrust of women.

Lie #3: Women Can't be Fulfilled or Spiritually Effective Without a Husband or Children.

The third lie is that women can't be fulfilled or spiritually effective without a husband or children. Some churches teach that God's perfect plan for every woman is to be a wife and mother. Period. Sometimes Christian women successful in business or some other professional field are made to feel unwelcome at a church, as if they are an unhealthy influence on "purer" women.

In some places, single women are prevented from leading home fellowship groups because they're single.[\[8\]](#) Others have been discouraged from running for political office or pursuing a graduate education because God's plan was for them to marry and keep house—even when God hadn't brought a groom into the picture!

Lee Grady says, "We must stop placing a heavy yoke on unmarried and divorced women in the church by suggesting that they are not complete without a man in their lives or that a

husband somehow legitimizes their ministries.”[{9}](#)

In some churches, women are routinely taught that the best way for them to serve God is to get married, make their husbands happy, and have children. They think this should be the sole focus of women’s lives. And to be honest, when God has given a woman a husband and children, especially young children, focusing her primary energies and gifting on her family truly *is* the most important way she serves God in that season of her life. Children will not be impressed with how many Bible studies their mother teaches each week. And most husbands will be less than enthusiastic for their wives to go off on several mission trips each year when it means the home is falling apart and everybody’s life is in chaos.

But women, even women with families, are given spiritual gifts that God intends for us to use to build up the body of Christ, both inside and outside our families. When we exercise those spiritual gifts and abilities, God delights to honor us with a sense of fulfillment. And usually that involves ministry in the church or in the world, as long as it’s secondary to our family priorities.

But not all women are called to marriage and motherhood. It is disrespectful to single Christian women to treat them as second-class women because they don’t wear a wedding ring. It’s heartbreaking and frustrating when a woman would love to be married, but God hasn’t brought her to the man of His choice; it just adds unnecessary sorrow for the church to say, “Sorry, honey, without a man you don’t have a place here.”

Lie #4: Women Should Never Work Outside the Home.

The fourth lie is that women should never work outside the home. Women who take jobs are shamed and judged, because they can’t please God if they do anything outside of being a wife and mother.

This is a hurtful lie to many women who don't have a choice about working or not. There are huge numbers of divorced and widowed women in the church who would much rather stay at home with their families, but they're the only breadwinners. And for many two-parent families, they honestly can't survive on the husband's paycheck alone.

This lie comes from a misreading of Paul's exhortation in Titus 2:4 for women to be "workers at home."

Paul wasn't calling them to quit their day jobs to stay home. Women in that culture had no education and usually no opportunities for employment. He was addressing a character issue about being faithful and industrious, not lazy and self-centered. This letter was written to the pastor of a church on Crete, a society known for the laziness and self-indulgence of its people.[\[10\]](#)

Before the 1800's and the Industrial Revolution, both men and women worked at home, and they worked hard. Whether farming, fishing, animal husbandry, or whatever trade they engaged in, they did it from home. The care and nurture of children was woven into the day's work and extended families helped care for each other. There was no such thing, except among the very wealthy, as a woman who didn't work.

This lie completely ignores the Proverbs 31 woman, who not only took excellent care of her family, but also had several home-based businesses that required her to leave her home to engage in these businesses. I personally appreciate this biblical pattern because I had a home-based business and a ministry the entire time my children were growing, both of which took me out of the home sometimes. I was able to grow my gifts as my kids were growing, and now that they're both adults, I am able to use those gifts and abilities more fully with my new freedom to leave home.

On the other hand, an equally distressing expectation common

to younger people in today's churches is that women should always work, regardless of whether they have children or not. Our culture has so downgraded the importance of focused parenting that many people consider it wasteful for a woman to be "only" a homemaker. It's sexist to say that a woman's only valid contribution to the world or the church is to be a homemaker, but both extremes are wrong and harmful.

Lie #5: Women Must Obediently Submit to Their Husbands in All Situations.

The last lie says that women must obediently submit to their husbands in *all* situations. This lie really grieves me deeply, because it is probably responsible for more pain and abuse than any other lie we've looked at in this article.

In Ephesians 5:22, wives are commanded to submit to our husbands. For some people, this has been twisted to mean the husband is the boss and the wife's job is to obey his every whim. That is a relationship of power, not self-sacrificing love, as this marriage passage actually teaches. The wife is called to serve her husband through submission, and the husband is called to serve his wife through sacrificial love.

We have no idea how many women have been physically, emotionally, sexually, and spiritually abused by their husbands wielding the submission verses as a weapon. When they finally tell their pastor about their husband's rage-outs and physical assaults, they are often not believed, and sometimes they are told that if they would learn to submit the violence would stop. Then they are counseled that it would be a sin to separate and hold the husband accountable for what is a crime! Some abused women, who feared for their lives, have actually been told, "Don't worry. Even if you died you would go to be with the Lord. So you win either way. Just keep praying for him. But you are not allowed to leave."[\[11\]](#)

A comprehensive study on domestic violence in the church in

the mid 80's revealed that 26 percent of the pastors counseled an abused wife to keep submitting and trust that God would either stop the abuse or give her the strength to endure it. About a fourth of the pastors believed that abuse is the wife's fault because of her lack of submission! And a majority of the pastors said it is better for wives to endure violence against them than to seek a separation that might end in divorce.{12} I respectfully suggest that separation *with the goal of reconciliation* is often the only way to motivate an abusive husband to get help.{13} Just as we cast a broken limb to enable it to heal, separation is like putting a cast on a broken relationship as the first step to enable change and healing. We see in 1 Cor. 5 that God's plan for unrepentant believers is to experience the pain of isolation in separation from friends and loved ones; why would it be unthinkable for the same principle to be effective within an abusive marriage?

All the lies we've looked at in this article are the result of twisting God's word out of a misunderstanding of God's intent for His people. The way to combat the lies is to know the truth—because that's what sets us free.

Notes

1. Lee Grady, *10 Lies the Church Tells Women* (Lake Mary, FL: Creation House, 2000).
2. Grady, 23.
3. George Byron Koch, "Shall a Woman Keep Silent? Part 1." http://www.resurrection.org/shall_a_woman_part_1.htm.
4. Rev. 22:5, 2 Tim. 2:12.
5. Grady, 21.
6. Grady, 89-90.
7. Grady, 90.

8. Grady, 140.

9. Grady, 143.

10. "Even one of their own prophets has said, 'Cretans are always liars, evil brutes, lazy gluttons.'" (Titus 1:2)

11. Grady, 172.

12. Grady, 174.

13. I especially recommend Dr. Paul Hegstrom of Life Skills Learning Centers. He is a recovered abusive husband and pastor who wrote an excellent book, *Angry Men and the Women Who Love Them: Breaking the Cycle of Physical and Emotional Abuse* (Beacon Hill Press, 1999). His Web site is <http://www.lifeskillsintl.org>.

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Loneliness

Kerby Anderson discusses the pervasiveness of loneliness in our culture, particularly within marriage.

The baby boom generation is headed for a crisis of loneliness. The reasons are simple: demographics and social isolation. More boomers are living alone than in previous generations, and those living with another person will still feel the nagging pangs of loneliness.

In previous centuries where extended families dominated the social landscape, a sizable proportion of adults living alone was unthinkable. And even in this century, adults living alone have usually been found near the beginning (singles) and end (widows) of adult life. But these periods of living alone are

now longer due to lifestyle choices on the front end and advances in modern medicine on the back end. Baby boomers are postponing marriage and thus extending the number of years of being single. Moreover, their parents are (and presumably they will be) living longer, thereby increasing the number of years one adult will be living alone. Yet the increase in the number of adults living alone originates from more than just changes at the beginning and end of adult life. Increasing numbers of boomers are living most or all of their adult lives alone.

In the 1950s, about one in every ten households had only one person in them. These were primarily widows. But today, due to the three D's of social statistics (death, divorce, and deferred marriage), about one in every four households is a single person household. And if current trends continue, sociologists predict that ratio will increase to one in every three households by the twenty-first century.

In the past, gender differences have been significant in determining the number of adults living alone. For example, young single households are more likely to be men, since women marry younger. On the other hand, old single households are more likely to be women, because women live longer than men. While these trends still hold true, the gender distinctions are blurring as boomers of both sexes reject the traditional attitudes towards marriage. Compared with their parents, boomers are marrying less, marrying later, and staying married for shorter periods of time.

Marriage Patterns

The most marriageable generation in history has not made the trip to the altar in the same percentage as their parents. In 1946, the parents of the baby boom set an all-time record of 2,291,000 marriages. This record was not broken during the late 1960s and early 1970s, when millions of boomers entered the marriage-prone years. Finally, in 1979, the record that had lasted 33 years was finally broken when the children of

the baby boom made 2,317,000 marriages.

Instead of marrying, many boomers chose merely to "live together." When this generation entered the traditional years of marriageability, the number of unmarried couples living together in the United States doubled in just ten years to well over a million. The sharpest change was among cohabiting couples under 25, who increased ninefold after 1970. Demographers estimate that there have been as many as one-and-a-half to two million cohabiting couples in the U.S. Yet even high figures underestimate the lifestyle changes of boomers. These figures merely represent the number of couples living together at any one time. Cohabitation is a fluid state, so the total number living together or living alone is in the millions.

Not only is this generation marrying less; they are also marrying later. Until the baby boom generation arrived on the scene, the median age of marriage remained stable. But since the mid-fifties, the median age of first marriage has been edging up. Now both "men and women are marrying a full eighteen months later than their counterparts a generation earlier."

Another reason for a crisis in loneliness is marital stability. Not only is this generation marrying less and marrying later; they also stay married less than their parents. The baby boom generation has the highest divorce rate of any generation in history. But this is only part of the statistical picture. Not only do they divorce more often; they divorce earlier. When the divorce rate shot up in the sixties and seventies, the increase did not come from empty nesters finally filing for divorce after sending their children into the world. Instead, it came from young couples divorcing before they even had children. Demographer Tobert Michael of Stanford calculated that while men and women in their twenties comprised only about 20 percent of the population, they contributed 60 percent of the growth in the divorce rate in

the sixties and early seventies.

Taken together, these statistics point to a coming crisis of loneliness for the boom generation. More and more middle-aged adults will find themselves living alone. Thomas Exter, writing in *American Demographics*, predicts that

The most dramatic growth in single-person households should occur among those aged 45 to 64, as baby boomers become middle-aged.

These households are expected to increase by 42 percent, and it appears the number of men living alone is growing faster than the number of women.

The crisis of loneliness will affect more than just the increasing number of baby boomers living alone. While the increase in adults living alone is staggering and unprecedented, these numbers are fractional compared with the number of baby boomers in relationships that leave them feeling very much alone.

The "C" word (as it was often called in the 80s) is a significant issue. Commitment is a foreign concept to most of the million-plus cohabiting couples. These fluid and highly mobile situations form more often out of convenience and demonstrate little of the commitment necessary to make a relationship work. These relationships are transitory and form and dissolve with alarming frequency. Anyone looking for intimacy and commitment will not find them in these relationships.

Commitment is also a problem in marriages. Spawned in the streams of sexual freedom and multiple lifestyle options, boomers may be less committed to making marriage work than previous generations. Marriages, which are supposed to be the source of stability and intimacy, often produce uncertainty and isolation.

Living-Together Loneliness

Psychologist and best-selling author Dan Kiley has coined the term “living-together loneliness,” or LTL, to describe this phenomenon. He has estimated that 10 to 20 million people (primarily women) suffer from “living together loneliness.”

LTL is an affliction of the individual, not the relationship, though that may be troubled too. Instead, Dan Kiley believes LTL has more to do with two issues: the changing roles of men and women and the crisis of expectations. In the last few decades, especially following the rise of the modern feminist movement, expectations that men have of women and that women have of men have been significantly altered. When these expectations do not match reality, disappointment (and eventually loneliness) sets in. Dan Kiley first noted this phenomenon among his female patients in 1970. He began to realize that loneliness comes in two varieties. The first is the loneliness felt by single, shy people who have no friends. The second is more elusive because it involves the person in a relationship who nevertheless feels isolated and very much alone.

According to Kiley, “There is nothing in any diagnostic or statistical manual about this. I found out about it by listening to people.” He has discovered that some men have similar feelings, but most tend to be women. The typical LTL sufferer is a woman between the ages of 33 and 46, married and living a comfortable life. She may have children. She blames her husband or live-in partner for her loneliness. Often he’s critical, demanding, uncommunicative. The typical LTL woman realizes she is becoming obsessed with her bitterness and is often in counseling for depression or anxiety. She is frequently isolated and feels some estrangement from other people, even close friends. Sometimes she will have a fantasy about her partner dying, believing that her loneliness will end if that man is out of her life.

To determine if a woman is a victim of LTL, Kiley employs a variation of an “uncoupled loneliness” scale devised by researchers at the University of California at Los Angeles. For example, an LTL woman would agree with the following propositions: (1) I can’t turn to him when I feel bad, (2) I feel left out of his life, (3) I feel isolated from him, even when he’s in the same room, (4) I am unhappy being shut off from him, (5) No one really knows me well.

Kiley also documents five identifiable stages of LTL which are likely to affect baby boom women. A typical LTL woman who marries at about age 22 will feel bewildered until she is 28. At that point, isolation sets in. At 34, she begins to feel agitated. This turns to depression between the ages of 43 and 50. After that, a woman faces absolute exhaustion.

Women may soon find that loneliness has become a part of their lives whether they are living alone or “in a relationship,” because loneliness is more a state of mind than it is a social situation. People who find themselves trapped in a relationship may be more lonely than a person living alone. The fundamental issue is whether they reach out and develop strong relationship bonds.

Male Loneliness

In recent years, social psychologists have expressed concern about the friendless male. Many studies have concluded that women have better relational skills which help them to be more successful at making and keeping friends. Women, for example, are more likely than men to express their emotions and display empathy and compassion in response to the emotions of others. Men, on the other hand, are frequently more isolated and competitive and therefore have fewer (if any) close friends.

Men, in fact, may not even be conscious of their loneliness and isolation. In his book *The Hazards of Being Male: The Myth of Masculine Privilege*, Herb Goldberg asked adult men if they

had any close friends. Most of them seemed surprised by the question and usually responded, "No, why? Should I?"

David Smith lists in his book *Men Without Friends* the following six characteristics of men which prove to be barriers to friendship. First, men show an aversion to showing emotions. Expressing feelings is generally taboo for males. At a young age, boys receive the cultural message that they are to be strong and stoic. As men, they shun emotions. Such an aversion makes deep relationships difficult, thus men find it difficult to make and keep friendships.

Second, men seemingly have an inherent inability to fellowship. In fact, men find it hard to accept the fact that they need fellowship. If someone suggests lunch, it is often followed by the response, "Sure, what's up?" Men may get together for business, sports, or recreation (hunting and fishing), but they rarely do so just to enjoy each other's company. Centering a meeting around an activity is not bad, it is just that the conversation often never moves beyond work or sports to deeper levels.

Third, men have inadequate role models. The male macho image prevents strong friendships since a mask of aggressiveness and strength keeps men from knowing themselves and others. A fourth barrier is male competition. Men are inordinately competitive. Men feel they must excel in what they do. Yet this competitive spirit is frequently a barrier to friendship.

Fifth is an inability to ask for help. Men rarely ask for help because they perceive it as a sign of weakness. Others simply don't want to burden their family or colleagues with their problems. In the end, male attempts at self-sufficiency rob them of fulfilling relationships.

A final barrier is incorrect priorities. Men often have a distorted order of priorities in which physical things are more important than relationships. Success and status is

determined by material wealth rather than by the number of close friends.

Men tend to limit their friendships and thus their own identity. H. Norman Wright warns:

The more a man centers his identity in just one phase of his life—such as vocation, family, or career—the more vulnerable he is to threats against his identity and the more prone he is to experience a personal crisis. A man who has limited sources of identity is potentially the most fragile. Men need to broaden their basis for identity. They need to see themselves in several roles rather than just a teacher, just a salesman, just a handsome, strong male, just a husband.

Crowded Loneliness

Loneliness, it turns out, is not just a problem of the individual. Loneliness is endemic to our modern, urban society. In rural communities, although the farm houses are far apart, community is usually very strong. Yet in our urban and suburban communities today, people are physically very close to each other but emotionally very distant from each other. Close proximity does not translate into close community.

Dr. Roberta Hestenes at Eastern College has referred to this as “crowded loneliness.” She says:

Today we are seeing the breakdown of natural “community” network groups in neighborhoods like relatives, PTA, etc. At the same time, we have relationships with so many people. Twenty percent of the American population moves each year. If they think they are moving, they won’t put down roots. People don’t know how to reach out and touch people. This combination produces crowded loneliness.

Another reason for social isolation is the American desire for privacy. Though many boomers desire community and long for a

greater intimacy with other members of their generation, they will choose privacy even if it means a nagging loneliness. Ralph Keyes, in his book *We the Lonely People*, says that above all else Americans value mobility, privacy, and convenience. These three values make developing a sense of community almost impossible. In his book *A Nation of Strangers*, Vance Packard argued that the mobility of American society contributed to social isolation and loneliness. He described five forms of uprooting that were creating greater distances between people.

First is the uprooting of people who move again and again. An old Carole King song asked the question, "Doesn't anybody stay in one place any more?" At the time when Packard wrote the book, he estimated that the average American would move about 14 times in his lifetime. By contrast, he estimated that the average Japanese would move five times.

The second is the uprooting that occurs when communities undergo upheaval. The accelerated population growth during the baby boom along with urban renewal and flight to the suburbs have been disruptive to previously stable communities.

Third, there is the uprooting from housing changes within communities. The proliferation of multiple-dwelling units in urban areas crowd people together who frequently live side by side in anonymity.

Fourth is the increasing isolation due to work schedules. When continuous-operation plants and offices dominate an area's economy, neighbors remain strangers.

And fifth, there is the accelerating fragmentation of the family. The steady rise in the number of broken families and the segmentation of the older population from the younger heightens social isolation. In a very real sense, a crisis in relationships precipitates a crisis in loneliness.

Taken together, these various aspects of loneliness paint a chilling picture of the 1990s. But they also present a

strategic opportunity for the church. Loneliness will be on the increase in this decade, and Christians have an opportunity to minister to people cut off from normal, healthy relationships.

The local church should provide opportunities for outreach and fellowship in their communities. Individual Christians must reach out to lonely people and become their friends. And ultimately we must help a lost, lonely world realize that their best friend of all is Jesus Christ.

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