Churches That Equip

I STILL REMEMBER THE SINKING FEELING IN THE PIT OF MY STOMACH. I was a university student, a young believer, and my faith in Christ seemed like a house of cards that had just crumbled. For awhile, the Christian life that had been so exciting and joyful became a myth. I felt rootless, adrift, and confused.

One of my fraternity brothers had just asked me some questions about Christianity that I couldn't answer. This bothered me deeply until Bob Prall, a pastor and campus Christian worker, answered them for me. "Always remember," he advised as he finished, "just because you don't know the answer, doesn't mean there is no answer."

For the next two years I followed him around, watching as he shared Christ with skeptics, listening to his speeches, and observing how he dealt with non-Christians. Bob's loving, learned example and teaching helped me sink my spiritual roots deeply into God's truth and provided a foundation for three decades of interaction with unbelievers. I shall always be grateful to him for equipping me in this way.

Just as Bob helped me, a number of churches across North America are helping equip their members to answer effectively questions that non-Christians ask. Maybe their stories will encourage you.

Conversation and Cuisine

Dennis McCallum pastors Xenos Christian Fellowship in Columbus, Ohio. He is keenly interested in reaching "postmoderns" for Christ, and Xenos members have developed some successful methods of equipping members for outreach. In his book, The Death of Truth, McCallum outlines a practical plan using dinner-party discussion groups. "It's not impossible to communicate with postmodern culture," he claims,

“it’s just more difficult.” Just as missionaries need to learn the language and customs and build relationships with those they seek to reach, so we must understand and befriend today’s postmoderns.

Xenos’ “Conversation and Cuisine” gathers Christians in a home with non-Christian friends for food and discussion. Guests are assured it’s not a church service and that all opinions are welcome. Topics include “To judge or not to judge,” “Forgiveness in relationships,” “Views of the afterlife,” and current events.

After dinner the facilitator presents several scenarios for discussion. For instance, in a session on judging, he might describe a situation of racism in the workplace and ask participants to decide “OK” or “bad.” Next the facilitator tells of a mother who chooses to leave her husband and children for another man. The participants also vote. The point is to create a bit of confusion and help participants realize that—in contrast to today’s “tolerate all viewpoints” mindset—they themselves sometimes make judgments that they feel are entirely appropriate.

This dialogue can lead to discussions of, for instance, Hitler’s Germany. Was killing Jews merely a cultural tradition that should be respected?

The aim is not to preach, but gently to lead non-Christians to rethink their presuppositions. Sessions don’t always include a gospel presentation. They may be “pre-evangelistic”—helping unbelievers reconsider their own relativism, appreciate that some universal or absolute truths might be necessary, and realize that Christians may have some answers. Church members can then continue the relationships and share Christ as appropriate. “Once people’s thinking has been thawed—or even shocked—out of their totalistic postmodern pattern,” claims McCallum, “they will have a new receptiveness to the gospel.”

Xenos is also committed to grounding youth in God's Word. Its curriculum uses age-appropriate games, stories, and study to help grade-school through university students understand and explain God's truth. High school home meetings designed for secular audiences involve adult-student team teaching: kids reaching kids. Campus Bible studies reach Ohio State students.

Kellie Carter's New Age background could not save her mom from breast cancer. Disillusioned with God after her mother's death, Kellie sought answers in crystal healing, astrology, and meditation. Then a friend invited her to a Xenos campus Bible study, where she debated Christianity with attendees.

"The amazing thing here was that I was getting answers," Kellie recalls. "These people knew what they believed and why. I wanted that." Scientific and historical evidences for Christianity prompted her to trust Christ as Savior.

Kellie later invited Jeremy ("Germ") Gedert to a Xenos meeting about anger, a problem he recognized he had. Subsequent Bible studies on fulfilled prophecy pointed Germ to faith in Christ. Now Germ claims God has given him "great relationships, controlled temper, and a real vision for my life with Christ" plus "an awesome wife (named Kellie Gedert)." Equipped students are reaching students.

Xenos offers courses, conferences, papers, and books to help Christians understand and communicate the gospel in modern culture. For information visit their web site at www.xenos.org.

Spreading the Passion

When George Haraksin became a Christian while studying at California State University Fullerton, he switched his major to comparative religions so he could investigate Christianity's truth claims. Through his involvement in New Song Church in nearby San Dimas, he found his biblical and

apologetic knowledge strengthened and was able to teach classes on New Age thinking. Study in philosophy and ethics at Talbot Seminary fanned his passion for communicating biblical truth, which Haraksin now spreads as New Song's Pastor of Teaching and Equipping.

"Ephesians tells us to equip the church," he notes. "People learn on three levels: a classroom level, a relational level, and at home." He and his co-workers seek to use all three levels to help prepare members to be ready to answer questions non-Christians ask.

New Song's leaders integrate equipping the saints into their regular gatherings. Some sermons handle apologetic themes. Weeknight classes cover such topics as "Evangelism and the Postmodern Mindset." Monthly men's breakfasts may deal with "Evidences for the Resurrection" or "Is Jesus the Only Way?" New Song has also invited faculty from the International School of Theology to teach courses on "Developing a Christian World View" and other theological topics.

"I'm trying to find people within the church who have that sort of passion (for apologetics) and gifts for teaching," Haraksin explains. "As I identify them, I'm trying to come alongside them, develop that passion, and develop them as leaders."

If people have questions about science and Christianity, he wants to be able to refer them to a member with that specialty who can help them. He's setting up an apologetics network at the local church level.

New Song member Jeff Lampman received a phone call and letter from a cousin with unusual perspectives on the Bible. "I had no idea how to respond to him," Jeff recalls. He showed the letter to Haraksin, who recognized Jehovah's Witness doctrines. When two Jehovah's Witness members showed up at Jeff's door, he invited them to meet with him and Haraksin. "I

was very uncomfortable at first," Jeff explains, but he grew in his knowledge of the Bible as he watched Haraksin in action over the next six months.

The experience "taught me why I believe what I believe," Jeff remembers. "Before, if somebody asked me why I believe what I do, I wouldn't have a clue as to how to respond to them. Now I do. George [Haraksin] was a tremendous help. I feel a lot more confident now and know where to go to get resources to defend the faith effectively." He continues to apply what he's learned as he interacts with skeptical co-workers and helps equip and encourage other Christians to learn.

Not everyone at New Song is interested in apologetics. Haraksin estimates that about 10 to 20 percent are thirsty enough to attend weekly meetings if personally encouraged to do so. Others want answers on a more spontaneous basis when they encounter a skeptic. Still others have little or no interest.

"There is still an anti-intellectualism in the church," Haraksin notes. People want to know "Why can't I just love God? Why do I need to know all this other stuff?" Society is on information overload, and some "people don't want to take the time to read and study," which can be frustrating to a pastor with a burning desire to see people learn.

Haraksin tells of a woman who questioned Jesus' deity. At another church she had been told not to ask questions but to spend time in personal devotions. Haraksin answered some of her concerns individually and encouraged her to enroll in New Song's "Jesus Under Fire" class, which she did. She could ask questions without fear of causing offense. Soon she became a solid Christian, committed to the church.

"We're relational people in a relational culture," Haraksin notes. We're still learning." This product of his own church's equipping ministry is helping to light some fires.

Issues and Answers

Barry Smith is Pastor of Discipleship Ministries at Kendall Presbyterian Church in Miami. He has a keen desire to see adults and youth understand Christianity's truth. Sunday schools have featured quarters on apologetics and on Christian ethics. The heart of Kendall's apologetics emphasis is "Issues and Answers," monthly dinner discussions relating faith to the secular world.

The meetings arose out of conversations between Smith and hospital chaplain Phil Binie, who had served on the staff of L'Abri in Switzerland and Holland. (L'Abri is a network of Christian study centers founded by the late Dr. Francis Schaeffer.) The core group is composed of Kendall members—both men and women—who are professionals in the community. Leaders include a *Miami Herald* editor, a federal judge, a medical professional, University of Miami professors, an attorney, and a musician.

Core members invite friends and colleagues to join them. Families, including children, gather at a home and enjoy mealtime conversation. After the 45-minute dinner, youth workers spend time with the children while a group member guides an hour-long presentation for the adults. Smith led one on the problem of evil: "If God is good, where did evil come from?"

Journalistic ethics dominated another discussion. A judge handled the separation of church and state. An English professor covered "deconstructionism" and literary analysis as they apply to the Bible, a somewhat perplexing but highly relevant theme. (Deconstructionism includes a tendency to seek a text's meaning not in what the original author likely intended, but in what readers today want it to say.)

Smith says that at least one person has professed faith in Christ through a personal search that attending the group

prompted. All of the non-clergy members at first felt uncomfortable sharing their faith outside the church; now all feel more at ease. Smith especially notes one couple (a psychology professor and an attorney) who began the program as young Christians and have experienced dramatic growth as they have understood how Christianity makes sense in their work settings.

Smith emphasizes that the "Issues and Answers" format is easy to replicate and need not involve professional clergy leadership. It started informally and at first was not even an official church ministry. "The idea," he explains, "was simply to find people trying to contextualize their Christianity in the marketplace who could share with us how they do that."

Scheduling seems the biggest obstacle; professionals' crowded calendars can be hard to mesh. But Smith is encouraged by what the program has accomplished in its two years. He sees a revival of interest in the works of Francis Schaeffer and enthusiastically recommends them to both believers and seekers.

The apostle Peter told believers, "Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have. But do this with gentleness and respect" (1 Peter 3:15). Paul wrote that God gives spiritual leaders to the church "to prepare God's people for works of service" (Eph. 4:12). Xenos, New Song, and Kendall churches are taking those admonitions seriously and are seeing fruit for God's kingdom.

This article first appeared in the March/April 1999 issue of *Moody Magazine*.

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The Christian Mind

The Need for a Christian Mind

"Repent, for the kingdom of heaven is at hand." (Matt. 4:17)(1) This familiar admonition was first spoken by John the Baptist and soon after it was echoed by Jesus. The phrase is certainly worthy of a great deal of attention; it provides a lot of food for thought. For the moment, though, let's concentrate on the first word: *Repent*. This expression is a central portion of the doctrines concerning sin and salvation. Literally it refers to a *change of mind*. It does not mean that one is to be sorry for some action. Thus, the first hearers were admonished to realize that they were in need of radical change before a holy God, beginning with their minds. They were to turn from sin to God by changing their thinking. Certainly the same holds true for us. Most of us are in need of reminders that lead us back to one of the crucial aspects of our salvation: repentance, or a change in our thinking. In addition, we should couple such memories with the realization that our changed minds should always be alive to God. To paraphrase Kepler's famous phrase, we are to "think God's thoughts after Him." Since the Christian life is all-inclusive, the mind is included.

But, some may ask, do we actually have a mind? Current research and thought in the fields of neuroscience and evolutionary psychology concludes that we are much too free with the word

mind. Perhaps we should get used to making reference to the brain, rather than the mind.

"Some neuroscientists are beginning to suspect that everything that makes people human is no more than an interaction of chemicals and electricity inside the labyrinthine folds of the brain."(2) E.O. Wilson, the father of what is called sociobiology, proposes that we can determine an ethical system based on scientifically observable evidence. He writes, "The empiricist argument holds that if we explore the biological roots of moral behavior, and explain their material origins and biases, we should be able to fashion a wise and enduring ethical consensus."(3) Thus, ethics are not to be found external to physical reality; there is no mind through which we can respond ethically. It seems that Wilson and those who are like-minded believe "the mind is headed for an ignoble fate. Just as the twinkle of stars was reduced to nuclear explosions, and life itself to biochemical reactions, so the brain may one day be explained by the same forces that run the rest of the universe."(4)

Such perspectives should come as no surprise if we are aware of the permeation of a naturalistic worldview in both the physical and social sciences. The Christian, though, is not relegated to this type of reduction. A biblical worldview makes it clear that we are more than physical beings; we are also non-physical beings made in God's image. As a popular joke from the nineteenth century says:

> *What's the matter?*
> *Never mind.*
> *What is mind?*

No matter.(5)

The truth of the joke should not be lost on those of us who claim to be followers of Christ. We should realize the importance of cultivating Christian minds. As the great statesman Charles Malik stated, “As Christ is the Light of the World, his light must shine and be brought to bear upon the problem of the formation of the mind.”(6)

The Scriptures and the Mind (Part 1)

“Come now, and let us reason together, says the LORD” (Isa. 1:18). Imagine you are in a courtroom. You are the defense attorney; the prosecutor is God Himself. He has just invited you, Judah’s attorney, to engage in debate concerning the case at hand which happens to focus on the crimes of your client. Indeed, He wants the two of you to *reason together*. That is the scenario presented in this famous passage from the first chapter of Isaiah. God was inviting Judah to debate a case in court.(7) What a remarkable idea! And what a stunning statement concerning the importance of the mind. God was calling upon His people to use their minds to see if they could engage Him in debate concerning their sins.

In a time when the mind appears to be denigrated at every hand, such a passage should serve to reawaken us to the importance of using the minds God has given us. After all, the Bible, which most Christians claim to be the very word of God, calls the mind to attention throughout its pages. As J.P. Moreland states, “If we are going to be wise, spiritual people prepared to meet the crises of our age, we must be a studying, learning community that values the life

of the mind.”(8) Let’s begin such studying and learning by considering some of what the Bible says about the ungodly and rebellious mind, and then the godly mind.

First, the ungodly mind is described in terms that are sobering. When we apply these phrases to the culture around us, we can better understand why what we see and hear disturbs us. For example, Romans 1:18-28 describes what one scholar called “The Night.” Here are some of the ways unbelievers’ minds are depicted in this dark passage:

- Suppressing the truth
- Rejecting God
- Foolish speculations
- Foolish hearts
- Professing wisdom
- Exchanging God for a counterfeit
- Lusting hearts
- Exchanging truth for a lie
- Worshipping the creature
- Degrading passions
- Exchanging the natural for the unnatural
- Committing indecent acts
- Depraved minds

Another somber statement about the ungodly way of thinking is found in 2 Corinthians 4:4: “The god of this world has blinded the minds of the unbelieving, that they might not see the light of the gospel of the glory of Christ, who is the image of God.” Perhaps you have had conversations with unbelievers that were characteristic of such “blindness.” The person with whom you were talking just didn’t see it as you attempted to share the truth of Christ. Such responses should not surprise us.

A foolish mind also is described frequently in Scripture. Jeremiah 4:22 is a strong indictment of those who know the things of God, but foolishly reject them:

> *For My people are foolish,*
> *They know Me not;*
> *They are stupid children,*
> *And they have no understanding.*
> *They are shrewd to do evil,*
> *But to do good they do not know.*

Hosea 4:6 shows the result of God's reaction when His people reject the truth:

> *My people are destroyed for lack of knowledge.*
> *Because you have rejected knowledge,*
> *I also will reject you from being My priest.*

These ancient proclamations could not be more contemporary. May we heed their warnings!

The Scriptures and the Mind (Part 2)

"We are destroying speculations and every lofty thing raised up against the knowledge of God, and we are taking every thought captive to the obedience of Christ" (2 Cor. 10:5). When the apostle Paul wrote these words, he was very aware of the need for a Christian mind. Philosophical speculations abounded in his time, just as in our time. Thus he described the Christian's mental responsibility in terms of warfare. The Christian mind is active—it enters the battle; it is filled with the knowledge of God—it is prepared for battle; it puts all things under the lordship of Christ—it follows the only true commander into battle. And that battle has been won innumerable times, even

in the minds of brilliant people. “One of the most astonishing and undeniable arguments for the truth of [Christianity] . . . is the fact that . . . some of the most subtle of human intellects have been led to render submission to the Saviour.”(9) The Bible contains many such insights into the nature of a Christian mind. We will consider two of these.

Reason is a term that is descriptive of the Christian mind. This does not mean that a Christian is to be a rationalist, but rather he is to use reason based on the reason of God found in Scripture. For example, on one of several occasions Pharisees and Sadducees came to Jesus to test Him by asking for a sign from heaven. Jesus responded by referring to their ability to discern signs of certain kinds of weather. Then He said, “Do you know how to discern the appearance of the sky, but cannot discern the signs of the times” (Matt. 16:3)? Obviously He was noting how people use reason to arrive at conclusions, but the Christian mind would conclude the things of God. The book of Acts indicates that the apostle Paul used reason consistently to persuade his hearers of the truth of his message. Acts 17:2-3 states that “according to Paul’s custom, he went to them, and for three Sabbaths *reasoned* [emphasis added] with them from the Scriptures, explaining and giving evidence that the Christ had to suffer and rise again from the dead.” For two years in Ephesus Paul was “reasoning [emphasis added] daily in the school of Tyrannus” (Acts 19:9). In light of the fact that our contemporary world attempts to reject reason, such examples should spur us to hold out for the possibility of reasonable dialogue with those around us. After all, those who reject reason must use reason to reject reason.

If the Christian mind is characterized by reason, such reason must be founded upon knowledge from God. Upon reflection of their conversation with Jesus on the road to Emmaus, two of the disciples said, “Were not our hearts burning within us while He was speaking to us on the road, while He was explaining the Scriptures to us” (Luke 24:32)? The word *hearts* in this passage refers to both moral and mental perception. In his letter to the Colossians Paul wrote, “we proclaim Him, admonishing every man and teaching every man with all wisdom, that we may present every man complete in Christ” (Col. 1:28). And in his Ephesian letter he wrote, “I pray that the eyes of your heart may be enlightened” (Eph. 1:18-19). May this beautiful prayer apply to us as we consider how to use our God-given minds!

Mandates for the Mind

“AND YOU SHALL LOVE THE LORD YOUR GOD WITH ALL YOUR HEART, AND WITH ALL YOUR SOUL, AND WITH ALL YOUR MIND, AND WITH ALL YOUR STRENGTH” (Mark 12:30). These words have echoed for thousands of years, beginning with Moses and leading to Jesus. They contain the first of what I call *Mandates for the Mind*: Strive to Know God. To love someone we must know him or her. In the case of my wife, for instance, it would have been absurd to declare that I loved her before ever meeting her. My love for her implies an intimate knowledge *about* and knowledge *of* her. In the same manner we are to strive both to know *about* God and to *know* Him intimately. Our minds are crucial to this mandate. It is my contention that one of the major problems in contemporary Christianity is that

too many of us are attempting know
God without using our minds to investigate what He has told us of Himself in Scripture.

The second mandate is that the Christian mind should strive for truth. “Jesus therefore was saying
to those Jews who had believed Him, ‘If you abide in My word, then you are truly disciples of
Mine; and you shall know the truth, and the truth shall make you free’” (John 8:31-32). Abiding in
His word implies a continual dedication to using the mind to search the Scriptures, the place where
His truth is written.

The third mandate pertains to maturity. Romans 12:2 declares: “And do not be conformed to this
world, but be transformed by the renewing of your mind, that you may prove what the will of God
is, that which is good and acceptable and perfect.” It is pertinent to note that the words
conformed, *transformed*, and *prove* refer to continuous action. Thus, the
Christian mind is to be characterized by continuous development toward maturity. Hebrews 5:14
refers to Scripture as “solid food” as the writer describes the mature mind. He then asserts that the
Christian is to “press on [continually] to maturity” (Heb. 6:1). Such maturity is a strategic need in
the contemporary church.

The fourth mandate involves proclaiming and defending the faith. The maturing Christian mind will
actively engage the minds of those around him. For example, Paul modeled this while in Athens:
“[H]e was reasoning in the synagogue with the Jews and the God-fearing Gentiles, and in the
market place every day with those who happened to be present. And also some of the Epicurean and

Stoic philosophers were conversing with him" (Acts 17:17-18). Paul proclaimed and defended the truth of the gospel in the synagogue with his own people, among the populace, and even with the intellectual elite of the time. Such encounters are easily duplicated in our day.

The fifth mandate refers to the need for study. Philippians 4:8 states: "whatever is true, whatever is honorable, whatever is right, whatever is pure, whatever is lovely, whatever is of good repute, if there is any excellence and if anything worthy of praise, let your mind dwell on these things." Note the final phrase: "let your mind dwell," a clause indicative of the need for concentration, or study. The phrase also includes a command that such study is to be continuous. We are to ponder, or think on the things of God.

Applying the Christian Mind

"Prove yourselves doers of the word, and not merely hearers who delude themselves" (James 1:22). This exhortation from the book of James includes the last of our *Mandates for the Mind*. That is, the Christian mind should be applied; what is in the mind should flow to the feet.

It would be easy to state that such a mandate applies to all of life and let that suffice, but specific examples can help us focus on how this works. Thus we will focus on three contrived stories.

Our first story involves a fellow we will call Billy. Billy is an excellent softball player. Three nights per week he plays for his company team. He has a reputation as a fierce competitor who will do virtually anything to win. He also has a volatile temper that

explodes in ways that embarrass his family and teammates. On some occasions he even has had shoving and cursing bouts with opposing players. Each Sunday, and even on other occasions, he attends a well-known church in his city. One Sunday his pastor shared an exceptional sermon based on 1 Corinthians 3:16: “Do you not know that you are a temple of God, and that the Spirit of God dwells in you?” Upon hearing this message, he suddenly realized that softball games could not be isolated from his commitment to Christ. Whether in his business, his family, or his softball games he needed to stop and think: if he is a temple of God, all of life is a sacred task. His life, including softball, was never the same.

The second story focuses on a woman named Sally. She is a teacher in a public elementary school who is also a young Christian. Her new life in Christ has invigorated her to the point that she is beginning to think of ways she can share her joy with her students. She decides that at every opportunity she will encourage the children to discover the wonder of life. As she guides them through science, she expresses awe as they investigate the simplest flower, or the profundity of the solar system. As she discusses arithmetic she encourages them to realize the beauty of logical order in numbers. As she reads stories to them she gently emphasizes the amazing concept of human imagination. In these ways and others Sally begins to realize the excitement of using her mind for God’s glory. In addition, she soon finds that she is having conversations with her students that give her opportunities to share the One who is guiding her.

Our third story concerns Steven, a businessman and father of

an eight-year-old boy. Steven has come to the realization that his son, Jimmy, spends most of his time either watching television or playing computer games. So he begins to consider ways to stimulate Jimmy's thinking. Since he also wants to see Jimmy come to faith in Christ, Steven suggests that they read C.S. Lewis' *Chronicles of Narnia* together. Soon, the two of them are delighting in these tales, and Steven finds ways to discuss the spiritual metaphors in Lewis' classic fantasies.

These stories may not apply directly to your life at this time. But, hopefully they will stimulate a broader understanding of how your mind can be used for God's glory within the routines of life.

Notes

1. All Scripture references are taken from the New American Standard Version.

2. Sharon Begley, John Carey, and Ray Sawhill, "How the Brain Works," *Newsweek* (7 February 1983), 40.

3. Edward O. Wilson, "The Biological Basis of Morality," *The Atlantic Monthly* (April 1998), 54.

4. Begley, 47.

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6. Charles Habib Malik, "Your Mind Matters; Cultivate It," *Active Christians in Education* (January 1981), 1A.

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Moody, 1980), 377.

8. J.P. Moreland, *Love Your God With All Your Mind* (Colorado Springs, CO: Navpress, 1997), 39.

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Worldviews

A worldview is like a pair of glasses through which we view the world. Everyone has one. Jerry Solomon examines the basic worldviews and some of the beliefs and questions that they involve.

 *This article is also available in Spanish.*

A friend of mine recently told me of a conversation he had with a good friend we will call Joe. Joe is a doctor. He is not a Christian. This is how the conversation went: "Joe, you're an excellent doctor. You care deeply about your patients. Why do you care so much for people since you believe we have evolved by chance? What gives us value?" Joe was stunned by the question and couldn't answer it. His "worldview" had taken a blow.

The concept of a worldview has received increasing attention for the past several years. Many books have been written on the subject of worldviews from both Christian and non-Christian perspectives. Frequently speakers will refer to the

term. On occasion even reviews of movies and music will include the phrase. All this attention prompts us to ask, "What does the term mean?" and "What difference does it make?" It is our intent to answer these questions. And it is our hope that all of us will give serious attention to our own worldview, as well as the worldviews of those around us.

What is a Worldview?

What is a *worldview*? A variety of definitions have been offered by numerous authors. For example, James Sire asserts that "A worldview is a set of presuppositions (or assumptions) which we hold (consciously or subconsciously) about the basic makeup of our world."{1} Phillips and Brown state that "A worldview is, first of all, *an explanation and interpretation of the world* and second, *an application of this view to life*. In simpler terms, our worldview is a view *of the world* and a view *for the world*."{2} Walsh and Middleton provide what we think is the most succinct and understandable explanation: "A world view provides a model *of the world* which guides its adherents *in the world*."{3} With the realization that many subtleties can be added, this will be our working definition.

The Need for a Worldview

Worldviews act somewhat like eye glasses or contact lenses. That is, a worldview should provide the correct "prescription" for making sense of the world just as wearing the correct prescription for your eyes brings things into focus. And, in either example, an incorrect prescription can be dangerous, even life-threatening. People who are struggling with worldview questions are often despairing and even suicidal. Thus it's important for us to give attention to the formulation of the proper worldview. Arthur Holmes states that the need for a worldview is fourfold: "the need to unify thought and life; the need to define the good life and find hope and meaning in life; the need to guide thought; the need

to guide action."{4} Yet another prominent need for the proper worldview is to help us deal with an increasingly diverse culture. We are faced with a smorgasbord of worldviews, all of which make claims concerning truth. We are challenged to sort through this mixture of worldviews with wisdom. These needs are experienced by all people, either consciously or unconsciously. All of us have a worldview with which we strive to meet such needs. The proper worldview helps us by orienting us to the intellectual and philosophical terrain about us.

Worldviews are so much a part of our lives that we see and hear them daily, whether we recognize them or not. For example, movies, television, music, magazines, newspapers, government, education, science, art, and all other aspects of culture are affected by worldviews. If we ignore their importance, we do so to our detriment.

Testing Worldviews

A worldview should pass certain tests. First, it should be rational. It should not ask us to believe contradictory things. Second, it should be supported by evidence. It should be consistent with what we observe. Third, it should give a satisfying comprehensive explanation of reality. It should be able to explain why things are the way they are. Fourth, it should provide a satisfactory basis for living. It should not leave us feeling compelled to borrow elements of another worldview in order to live in this world.

Components Found in All Worldviews

In addition to putting worldviews to these tests, we should also see that worldviews have common components. These components are self-evident. It is important to keep these in mind as you establish your own worldview, and as you share with others. There are four of them.

First, **something exists**. This may sound obvious, but it really

is an important foundational element of worldview building since some will try to deny it. But a denial is self-defeating because all people experience cause and effect. The universe is rational; it is predictable.

Second, **all people have absolutes**. Again, many will try to deny this, but to deny it is to assert it. All of us seek an infinite reference point. For some it is God; for others it is the state, or love, or power, and for some this reference point is themselves or man.

Third, **two contradictory statements cannot both be right**. This is a primary law of logic that is continually denied. Ideally speaking, only one worldview can correctly mirror reality. This cannot be overemphasized in light of the prominent belief that tolerance is the ultimate virtue. To say that someone is wrong is labeled intolerant or narrow-minded. A good illustration of this is when we hear people declare that all religions are the same. It would mean that Hindus, for example, agree with Christians concerning God, Jesus, salvation, heaven, hell, and a host of other doctrines. This is nonsense.

Fourth,**all people exercise faith**. All of us presuppose certain things to be true without absolute proof. These are inferences or assumptions upon which a belief is based. This becomes important, for example, when we interact with those who allege that only the scientist is completely neutral. Some common assumptions are: a personal God exists; man evolved from inorganic material; man is essentially good; reality is material.

As we dialogue with people who have opposing worldviews, an understanding of these common components can help us listen more patiently, and they can guide us to make our case more wisely.

Six Worldview Questions

Have you ever been frustrated with finding ways to stir the thinking of a non-Christian friend? We are confident the following questions will be of help. And we are also confident they will stir your thinking about the subject of worldviews.

We will answer these questions with various non-Christian responses. Christian responses will be discussed later in this article.

First, **Why is there something rather than nothing?** Some may actually say something came from nothing. Others may state that something is here because of impersonal spirit or energy. And many believe matter is eternal.

Second, **How do you explain human nature?** Frequently people will say we are born as blank slates, neither good nor evil. Another popular response is that we are born good, but society causes us to behave otherwise.

Third, **What happens to a person at death?** Many will say that a person's death is just the disorganization of matter. Increasingly people in our culture are saying that death brings reincarnation or realization of oneness.

Fourth, **How do you determine what is right and wrong?** Often we hear it said that ethics are relative or situational. Others assert that we have no free choice since we are entirely determined. Some simply derive "oughts" from what "is." And of course history has shown us the tragic results of a "might makes right" answer.

Fifth, **How do you know that you know?** Some say that the mind is the center of our source of knowledge. Things are only known deductively. Others claim that knowledge is only found in the senses. We know only what is perceived.

Sixth, **What is the meaning of history?** One answer is that

history is determined as part of a mechanistic universe. Another answer is that history is a linear stream of events linked by cause and effect but without purpose. Yet another answer is that history is meaningless because life is absurd.{5}

The alert Christian will quickly recognize that the preceding answers are contrary to his beliefs. There are definite, sometimes startling differences. Worldviews are in collision. Thus we should know at least something about the worldviews that are central to the conflict. And we should certainly be able to articulate a Christian worldview.

Examples of Worldviews

In his excellent book, *The Universe Next Door*, James Sire catalogs the most influential worldviews of the past and present. These are Christian Theism, Deism, Naturalism, Nihilism, Existentialism, Eastern Pantheism, and New Age or New Consciousness.{6}

Deism, a prominent worldview during the eighteenth century, has almost entirely left the scene. The Deist believes in God, but that God created and then abandoned the universe.

Nihilism, a more recent worldview, is alive among many young people and some intellectuals. Nihilists see no value to reality; life is absurd.

Existentialism is prominent and can be seen frequently, even among unwitting Christians. The Existentialist, like the Nihilist, sees life as absurd, but sees man as totally free to *make himself* in the face of this absurdity.

Christian Theism, Naturalism, and New Age Pantheism are the most influential worldviews presently in the United States. Now we will survey each of them.

Christian Theism

Let’s return to the six questions we asked earlier and briefly see how the Christian Theist might answer them.

Question: **Why is there something rather than nothing?** Answer: There is an infinite-personal God who has created the universe out of nothing.

Question: **How do you explain human nature?** Answer: Man was originally created good in God’s image, but chose to sin and thus infected all of humanity with what is called a “sin nature.” So man has been endowed with value by his creator, but his negative behavior is in league with his nature.

Question: **What happens to a person at death?** Answer: Death is either the gate to life with God or to eternal separation from Him. The destination is dependent upon the response we give to God’s provision for our sinfulness.

Question: **How do you determine what is right and wrong?** Answer: The guidelines for conduct are revealed by God.

Question: **How do you know that you know?** Answer: Reason and experience can be legitimate teachers, but a transcendent source is necessary. We know some things only because we are told by God through the Bible.

Question: **What is the meaning of history?** Answer: History is a linear and meaningful sequence of events leading to the fulfillment of God’s purposes for man.

Christian Theism had a long history in Western culture. This does not mean that all individuals who have lived in Western culture have been Christians. It simply means that this worldview was dominant; it was the most influential. And this was true even among non-Christians. This is no longer valid. Western culture has experienced a transition to what is called Naturalism.

Naturalism

Even though Naturalism in various forms is ancient, we will use the term to refer to a worldview that has had considerable influence in a relatively short time within Western culture. The seeds were planted in the seventeenth century and began to flower in the eighteenth. Most of us have been exposed to Naturalism through Marxism and what is called Secular Humanism.

What are the basic tenets of this worldview? First, God is irrelevant. This tenet helps us better understand the term Naturalism; it is in direct contrast to Christian Theism, which is based on *supernaturalism*. Second, progress and evolutionary change are inevitable. Third, man is autonomous, self-centered, and will save himself. Fourth, education is the guide to life; intelligence and freedom guarantee full human potential. Fifth, science is the ultimate provider both for knowledge and morals. These tenets have permeated our lives. They are apparent, for example, in the media, government, and education. We should be alert constantly to their influence.

After World War II "Postmodernism" began to replace the confidence of Naturalism. With it came the conclusion that truth, in any real sense, doesn't exist. This may be the next major worldview, or anti-worldview, that will infect the culture. It is presently the rage on many of our college campuses. In the meantime, though, the past few decades have brought us another ancient worldview dressed in Western clothing.

New Age Pantheism

Various forms of Pantheism have been prominent in Eastern cultures for thousands of years. But it began to have an effect on our culture in the 1950s. There had been various attempts to introduce its teachings before then, but those attempts did not arouse the interest that was stirred in that

decade. It is now most readily observed in what is called the New Age Movement.

What are the basic tenets of this worldview? First, all is one. There are no ultimate distinctions between humans, animals, or the rest of creation. Second, since all is one, all is god. All of life has a spark of divinity. Third, if all is one and all is god, then each of us is god. Fourth, humans must discover their own divinity by experiencing a change in consciousness. We suffer from a collective form of metaphysical amnesia. Fifth, humans travel through indefinite cycles of birth, death, and reincarnation in order to work off what is called "bad karma." Sixth, New Age disciples think in terms of gray, not black and white. Thus they believe that two conflicting statements can both be true.

On the popular level these tenets are presently asserted through various media, such as books, magazines, television, and movies. Perhaps the most visible teacher is Shirley MacLaine. But these beliefs are also found increasingly among intellectuals in fields such as medicine, psychology, sociology, and education.

Conclusion

We have very briefly scanned the subject of worldviews. Let's return to a definition we affirmed in the beginning of this article: "A worldview provides a model *of the world* which guides its adherents *in the world*." If your model of the world includes an infinite-personal God, as in Christian Theism, that belief should provide guidance for your life. If your model rejects God, as in Naturalism, again such a belief serves as a guide. Or if your model asserts that you are god, as in New Age Pantheism, yet again your life is being guided by such a conception. These examples should remind us that we are living in a culture that puts us in touch constantly with such ideas, and many more. They cannot all be true.

Thus some of us may be confronted with the need to think more deeply than we ever have before. Some of us may need to purge those things from our lives that are contrary to the worldview of Christian Theism. Some of us may need to better understand that our thoughts are to be unified with daily life. Some of us may need to better understand that the good life and hope and meaning are found only through God's answers. Some of us may need to let God's ideas guide our thoughts more completely. And some of us may need to let God's guidelines guide our actions more fully.

Paul's admonition to the believers in ancient Colossae couldn't be more contemporary or helpful in light of our discussion. He wrote:

> *See to it that no one takes you captive through philosophy and empty deception, according to the tradition of men, according to the elementary principles of the world, rather than according to Christ (Col. 2:8).*

Notes

1. James W. Sire, *The Universe Next Door* (Downers Grove, Ill.: InterVarsity, 1988), 17.
2. W. Gary Phillips and William E. Brown, *Making Sense of Your World* (Chicago: Moody Press, 1991), 29.
3. Brian J. Walsh and J. Richard Middleton, *The Transforming Vision* (Downers Grove, Ill.: InterVarsity, 1984), 32.
4. Arthur F. Holmes, *Contours of a Worldview* (Grand Rapids: Eerdmans, 1983), 5.
5. Sire, 18.
6. Ibid.

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Drug Abuse – A Biblical Analysis

In the 1960s, the drug culture became a part of American society. But what was once the pastime of Timothy Leary's disciples and the habit of poverty-stricken junkies went mainline to the middle class. A culture that once lived in the safe world of Ozzie and Harriet awoke to the stark realization that even their son Ricky used cocaine.

The statistics are staggering. The average age of first alcohol use is 12, and the average age of first drug use is 13. According to the National Institute on Drug Abuse, 93 percent of all teenagers have some experience with alcohol by the end of their senior year of high school, and 6 percent drink daily. Almost two-thirds of all American young people try illicit drugs before they finish high school. One out of sixteen seniors smokes marijuana daily, and 20 percent have done so for at least a month sometime in their lives. But Americans have changed their minds about drugs. A Gallup poll released on the 20th anniversary of Woodstock showed that drugs, once an integral part of the counterculture, are considered to be the number-one problem in America. Two decades before, young people tied drugs to their "search for peace, love and good times." But by 1989, Americans associated drugs with "danger, crime and despair." A similar conclusion could be found among the nation's teenagers. A Gallup poll of 500 teens found that 60 percent said concern over drug abuse was their greatest fear—outranking fear of AIDS, alcohol, unemployment, and war.

Nationwide surveys indicate that about 90 percent of the nation's youth experiment with alcohol—currently teenagers'

drug of choice. An annual survey conducted by the University of Michigan has revealed that over 65 percent of the nation's seniors currently drink, and about 40 percent reported a heavy drinking episode within the two weeks prior to the survey.

Another survey released by the University of Colorado shows that the problem of drug use is not just outside the church. The study involved nearly 14,000 junior-high and high-school youth.It compared churched young people with unchurched young people and found very little difference.

For example, 88 percent of the unchurched young people reported drinking beer compared with 80 percent of churched young people. When asked how many had tried marijuana, 47 percent of the unchurched young people had done so compared with 38 percent of the churched youth. For amphetamines and barbiturates, 28 percent of the unchurched youth had tried them as well as 22 percent of the churched young people. And for cocaine use, the percentage was 14 percent for unchurched and 11 percent for churched youth.

Types of Drugs

Alcohol

Alcohol is the most common drug used and abused. It is an intoxicant that depresses the central nervous system and can lead to a temporary loss of control over physical and mental powers. The signs of drunkenness are well known: lack of coordination, slurred speech, blurred vision, and poor judgment.

The amount of alcohol in liquor is measured by a "proof rating." For example, 45 percent pure alcohol would be 90-proof liquor. A twelve-ounce can of beer, four ounces of wine, and a one-shot glass of 100-proof liquor all contain the same amount of alcohol.

In recent years, debate has raged over whether alcoholism is a

sin or a sickness. The Bible clearly labels drunkenness a sin (Deut. 21:20-21; 1 Cor. 6:9-10; Gal. 5:19-20), but that does not mitigate against the growing physiological evidence that certain people's biochemistry makes them more prone to addiction.

Some studies suggest that the body chemistry of alcoholics processes alcohol differently than that of non-alcoholics. Acetaldehyde is the intermediate by-product of alcohol metabolism, but the biochemistry of some people make it difficult to process acetaldehyde into acetate. Thus, acetaldehyde builds up in the body and begins to affect a person's brain chemistry. The chemicals produced (called isoquinolines) act very much like opiates and therefore contribute to alcoholism.

Other studies have tried to establish a connection between certain types of personalities and alcoholism. The general conclusion has been that there is no connection. But more recent studies seem to suggest some correlation between personality type and drug abuse. One personality type that seems to be at risk is the anti-social personality (ASP), who is often charming, manipulative, impulsive,and egocentric. ASPs make up 25 percent of the alcohol- and drug-abuse population, yet only comprise about 3 percent of the general population.

The social costs of alcohol are staggering. Alcoholism is the third largest health problem (following heart disease and cancer). There are an estimated 10 million problem drinkers in the American adult population and an estimated 3.3 million teenage problem drinkers. Half of all traffic fatalities and one-third of all traffic injuries are alcohol-related. Alcohol is involved in 67 percent of all murders and 33 percent of all suicides.

Alcohol is also a prime reason for the breakdown of the family. High percentages of family violence, parental abuse

and neglect, lost wages, and divorce are tied to the abuse of alcohol in this country. In one poll on alcohol done for *Christianity Today* by George Gallup, nearly one-fourth of all Americans cited alcohol and/or drug abuse as one of the three reasons most responsible for the high divorce rate in this country.

Since the publication of Janet Geringer Woitiz's book *Adult Children of Alcoholics*, society has begun to understand the long-term effect of alcoholism on future generations. Children of Alcoholics (COAs) exhibit a number of traits including guessing what normal behavior is, having difficulty following a project from beginning to end, judging themselves without mercy, and having difficulty with intimate relationships.

The toxic effects of alcohol are also well known: they often cause permanent damage to vital organs like the brain and the liver. Death occurs if alcohol is taken in large enough amounts. When the blood alcohol level reaches four-tenths of 1 percent, unconsciousness occurs; at five-tenths of 1 percent, alcohol poisoning and death occurs.

Marijuana

Marijuana is produced from the hemp plant (*Cannabis sativa*), which grows well throughout the world. Marijuana has been considered a "gateway drug" because of its potential to lead young people to experiment with stronger drugs such as heroin and cocaine. In 1978, an alarming 10 percent of all high-school seniors smoked marijuana every day. Although that percentage has dropped significantly, officials still estimate that about one-third of all teenagers have tried marijuana.

Marijuana is an intoxicant that is usually smoked in order to induce a feeling of euphoria lasting two to four hours. Physical effects include an increase in heart rate, bloodshot eyes, a dry mouth and throat, and increased appetite.

Marijuana can impair or reduce short-term memory and

comprehension. It can reduce one’s ability to perform tasks requiring concentration (such as driving a car). Marijuana can also produce paranoia and psychosis.

Because most marijuana users inhale unfiltered smoke and hold it in their lungs for as long as possible, it causes damage to the lungs and pulmonary system. Marijuana smoke also has more cancer-causing agents than tobacco smoke. Marijuana also interferes with the immune system and reduces the sperm count in males.

Cocaine

Cocaine occurs naturally in the leaves of coca plants and was reportedly chewed by natives in Peru as early as the sixth century. It became widely used in beverages (like Coca-Cola) and medicines in the nineteenth century but was restricted in 1914 by the Harrison Narcotics Act.

Some experts estimate that more than 30 million Americans have tried cocaine. Government surveys suggest there may be as many as 6 million regular users. Every day some 5,000 neophytes sniff a line of coke for the first time.

When the popularity of cocaine grew in the 1970s, most snorted cocaine and some dissolved the drug in water and injected it intravenously. Today the government estimates more than 300,000 Americans are intravenous cocaine users.

In recent years, snorting cocaine has given way to smoking it. Snorting cocaine limits the intensity of the effect because the blood vessels in the nose are constricted.Smoking cocaine delivers a much more intense high. Smoke goes directly to the lungs and then to the heart.On the next heartbeat, it is on the way to the brain. Dr. Anna Rose Childress at the University of Pennsylvania notes that “you can become compulsively involved with snorted cocaine. We have many Hollywood movie stars without nasal septums to prove that.” But when cocaine is smoked “it seems to have incredibly

powerful effects that tend to set up a compulsive addictive cycle more quickly than anything that we've seen."

Cocaine is a stimulant and increases heart rate, restricts blood vessels, and stimulates mental awareness. Users say it is an ego- builder. Along with increased energy comes a feeling of personal supremacy: the illusion of being smarter, sexier, and more competent than anyone else. But while the cocaine confidence makes users feel indestructible, the crash from cocaine leaves them depressed, paranoid, and searching for more.

Until recently, people speaking of cocaine dependence never called it an addiction. Cocaine's withdrawal symptoms are not physically wrenching like those of heroin and alcohol. Yet cocaine involves compulsion, loss of control, and continued use in spite of the consequences.

The death of University of Maryland basketball star Len Bias and an article by Dr. Jeffery Isner in the *New England Journal of Medicine* that same year have established that cocaine can cause fatal heart problems. These deaths can occur regardless of whether the user has had previous heart problems and regardless of how the cocaine was taken.

Cocaine users also describe its effect in sexual terms. Its intense and sensual effect makes it a stronger aphrodisiac than sex itself. Research at UCLA with apes given large amounts of cocaine showed they preferred the drug to food or sexual partners and were willing to endure severe electric shocks in exchange for large doses. The cocaine problem in this country has been made worse by the introduction of crack:ordinary coke mixed with baking soda and water into a solution and heated. This material is then dried and broken into tiny chunks that resemble rock candy. Users usually smoke these crack rocks in glass pipes.

Crack (so-called because of the cracking sound it makes when

heated) has become the scourge of the war on drugs.A single hit of crack provides an intense, wrenching rush in a matter of seconds. Because crack is absorbed rapidly through the lungs and hits the brain within seconds, it is the most dangerous form of cocaine and also the most addicting.

Another major difference is not physiological but economic. According to Dr. Mark Gold, founder of the nationwide cocaine hotline, the cost to an addict using crack is one-tenth the cost he would have paid for the equivalent in cocaine powder just a decade ago. Since crack costs much less than normal cocaine, it is particularly appealing to adolescents. About one in five 12th graders has tried cocaine, and that percentage is certain to increase because of the price and availability of crack.

Hallucinogens

The drug of choice during the 1960s was LSD. People looking for the “ultimate trip” would take LSD or perhaps peyote and experience bizarre illusions and hallucinations.

In the last few decades,these hallucinogens have been replaced by PCP (*Phencyclidine*), often known as “angel dust” or “killer weed.” First synthesized in the 1950s as an anesthetic, PCP was discontinued because of its side effects but is now manufactured illegally and sold to thousands of teenagers.

PCP is often sprayed on cigarettes or marijuana and then smoked. Users report a sense of distance and estrangement. PCP creates body-image distortion, dizziness, and double vision. The drug distorts reality in such a way that it can resemble mental illness. Because the drug blocks pain receptors, violent PCP episodes may result in self-inflicted injuries.

Chronic PCP users have persistent memory problems and speech difficulties. Mood disorders, such as depression, anxiety, and violent behavior, are also reported. High doses of PCP can produce a coma that can last for days or weeks.

Synthetic Drugs

The latest scourge in the drug business has been so-called designer drugs. These synthetic drugs, manufactured in underground laboratories, mimic the effects of commonly abused drugs. Since they were not even anticipated when our current drug laws were written, they exist in a legal limbo, and their use is increasing. One drug is MDMA, also know as “Ecstasy.” It has been called the “LSD of the ’80s” and gives the user a cocaine-like rush with a hallucinogen euphoria. Ecstasy was sold legally for a few years despite National Institute on Drug Abuse fears that it could cause brain damage. In 1985 the DEA outlawed MDMA, although it is still widely available.

Other drugs have been marketed as a variation of the painkillers Demerol and Fentanyl. The synthetic variation of the anesthetic Fentanyl is considered more potent than heroin and is known on the street as “synthetic heroin”and “China White.”

Designer drugs may become a growth industry in the ’90s. Creative drug makers in clandestine laboratories can produce these drugs for a fraction of the cost of smuggled drugs and with much less hassle from law enforcement agencies.

Biblical Analysis

Some people may believe that the Bible has little to say about drugs, but this is not so. First, the Bible has a great deal to say about the most common and most abused drug—alcohol. Scripture admonishes Christians not to be drunk with wine (Eph. 5:18) and calls drunkenness a sin (Deut. 21:20-21; Amos 6:1; 1 Cor. 6:9-10; Gal. 5:19-20). The Bible also warns of the dangers of drinking alcohol (Prov. 20:1; Isaiah 5:11; Hab. 2:15-16), and, by implication, the dangers of taking other kinds of drugs.

Second, drugs were an integral part of many ancient Near East

societies. For example, the pagan cultures surrounding the nation of Israel used drugs as part of their religious ceremonies. Both the Old Testament and New Testament condemn sorcery and witchcraft. In those days, drug use was tied to sorcery (the word translated "sorcery" comes from the Greek word from which we get the English words *pharmacy* and *pharmaceutical*). Drugs were prepared by a witch or shaman. They were used to enter into the spiritual world by inducing an altered state of consciousness that allowed demons to take over the mind of the user. In our day, many use drugs merely for so-called recreational purposes, but we cannot discount the occult connection.

Galatians 5:19-21 says:

> *The acts of the sinful nature are obvious: sexual immorality, impurity and debauchery, idolatry and witchcraft [which includes the use of drugs]; hatred, discord, jealousy, fits of rage, selfish ambition, dissensions, factions, and envy; drunkenness, orgies, and the like. I warn you, as I did before, that those who live like this will not inherit the kingdom of God.*

The word *witchcraft* here is also translated "sorcery" and refers to the use of drugs. The Apostle Paul calls witchcraft associated with drug use a sin. The non-medical use of drugs is considered one of the acts of a sinful nature. Using drugs, whether to "get a high" or to tap into the occult, is one of the acts of a sinful nature where users demonstrate their depraved and carnal nature. The psychic effects of drugs should not be discounted. A questionnaire designed by Charles Tate and sent to users of marijuana documented some disturbing findings.In his article in *Psychology Today* he noted that one-fourth of the marijuana users who responded to his questionnaire reported that they were taken over and controlled by an evil person or power during their drug-induced experience. And over half of those questioned said

they have experienced religious or “spiritual” sensations in which they met spiritual beings.

Many proponents of the drug culture have linked drug use to spiritual values. During the 1960s, Timothy Leary and Alan Watts referred to the “religious” and “mystical”experience gained through the use of LSD (along with other drugs) as a prime reason for taking drugs.

How Parents Can Keep Their Children Off Drugs

Drugs pose a threat to our children, but parents can protect them from much of this threat by working on the following preventive measures.

An important first step in keeping children off drugs is to build up their self-esteem. Children with a positive self-image stand a better chance against peer pressure. Parents must help their children know they are a special creation of God (Ps. 139: 13-16) and worthy of dignity and respect (Ps. 8).

Parents must help them see the dangers of trying to conform to some group’s standards by going along with its drug habits. Kids often think drugs are chic and cool. Parents must show their children that drugs are dangerous and work to counter the clichés of kids who will tempt their children to use drugs.

Second, parents should monitor their children’s friendships. Before they allow their children to spend too much time with another child, parents should get to know the other child’s family. Does the child come home to an empty house after school? Is there adult supervision of the children’s activities? An unsupervised home often invites drug experimentation.

A third thing parents can do is to promote alternatives to drugs. Schools and church groups should develop “Just Say No” clubs and programs. Parents should provide alternative activities for their children. Sports, school clubs, the arts, and hobbies are all positive alternatives to the negative influence of drugs. At home, children should be encouraged to read books, play on a computer, or be involved in other activities that use the mind.

Fourth, parents should teach their children about drugs. Drug education cannot be left to the schools. Parents have to be personally involved and let their kids know that drugs will not be tolerated. Parents themselves should be educated about drugs and drug paraphernalia.

Fifth, parents must set a good example. Parents who are drug-free have a much better chance of rearing drug-free children. If parents are using drugs, they should stop immediately. The unconditional message to our kids must be that drugs are wrong and they will not be tolerated at home.

How Parents Can Recognize Drug Abuse

Most parents simply do not believe that their child could abuse drugs. But statistics suggest otherwise. Each year, thousands of young people get hooked on drugs and alcohol. Parents must learn to recognize the symptoms of drug abuse.

The organization Straight, Inc., has produced the following checklist of eighteen warning signs of alcohol or drug abuse:

1. School tardiness, truancy, declining grades
2. Less motivation, energy, self-discipline
3. Loss of interest in activities
4. Forgetfulness, short- or long-term
5. Short attention span, trouble concentrating
6. Aggressive anger, hostility, irritability
7. Sullen, uncaring attitudes and behavior

8. Family arguments, strife with family members
9. Disappearance of money, valuables
10. Changes in friends, evasiveness about new ones
11. Unhealthy appearance, bloodshot eyes
12. Changes in personal dress or grooming
13. Trouble with the law in or out of school
14. Unusually large appetite
15. Use of Visine, room deodorizers, incense
16. Rock group or drug-related graphics, slogans
17. Pipes, small boxes or containers, baggies, rolling papers or other unusual items
18. Peculiar odors or butts, seeds, leaves in ashtrays or clothing pockets.

What Parents Should Do If Their Children Are on Drugs

All the preventive measures in the world cannot assure that our children will not experiment with drugs. If parents suspect that their child is already using drugs, the following practical suggestions should be followed.

First, don’t deny your suspicions. Drug addiction takes time but occurs much faster with a child than an adult. Some of the newer drugs (especially crack) can quickly lead to addiction. Parents should act on their suspicions. Denial may waste precious time. A child’s life may be in danger.

Second, learn to recognize the symptoms of drug abuse. The warning signs listed above are important clues to a child’s involvement with drugs. Some readily noticeable physical symptoms include a pale face, imprecise eye movements, and neglect of personal appearance. Some less noticeable symptoms involving social interaction include diminished drive or reduced ambition, a significant drop in the quality of schoolwork, reduced attention span, impaired communication skills, and less care for the feelings of others.

Third, be consistent. Develop clear rules in the areas of curfew, accountability for an allowance, and where your teen spends his or her time. Then stick with these rules. Consistent guidelines will allow for less opportunity to stumble into sin of any kind. Fourth, open up lines of communication with your child. Ask probing questions and become informed about the dangers of drugs and the potential risk to your child.

Finally, be tough. Fighting drugs takes patience and persistence. Don’t be discouraged if you don’t make headway right away. Your unconditional love is a potent weapon against drugs.

What the Church Can Do about Drug Abuse

The family must be the first line of defense for drugs, but an important second line should be the church. The church staff and individual members can provide much-needed answers and help to those addicted to alcohol and other drugs.

Practical Suggestions for the Church Staff

First, the pastor and staff must be educated about drug abuse. Substance abuse is a medical problem, a psychological problem, and a spiritual problem. The church staff should be aware of how these various aspects of the problem interrelate.

The pastor should also know the causes, effects, and treatments. He must be aware of the responses of both dependents and co- dependents. Sometimes the abuser’s family prevents recovery by continuing to deny the problem.

The church staff can obtain good drug information through the local library and various local agencies.Fortunately more Christians are writing good material on this issue, so check your local Christian bookstore.

Second, the congregation must be educated. The church should

know the facts about substance abuse. This is a worthy topic for sermons and Sunday-school lessons.Ignorance puts young people in particular and the congregation in general at risk. Christians must be armed with the facts to combat this scourge in our nation.

Third, a program of prevention must be put in place. The best way to fight drug abuse is to stop it before it starts. A program that presents the problem of substance abuse and shows the results is vital.It should also provide a biblical framework for dealing with the problem of drugs in society and in the church.

Fourth, the church might consider establishing a support group. The success of non-church-related groups like Alcoholics Anonymous points to the need for substance abusers to be in an environment that encourages acceptance and accountability.

Biblical Principles for Counseling Drug Abusers

In establishing a church program or providing counsel for a substance abuser, we should be aware of a number of biblical principles Christians should apply.

First, Christians should help abusers see the source of their problem. It is not the drink or the drug that is ultimately the problem. Jesus said in Mark 7:19-20 that “whatever goes into the man from outside cannot defile him, because it does not go into his heart.”Instead, “That which proceeds out of the man, that is what defiles the man.” Evil lies in the human heart, not in the bottle or drug.

Second, Christians must be willing to bear one another’s burdens and provide comfort and counseling. Paul says in Galatians 6:1, “Brethren, even if a man is caught in any trespass, you who are spiritual, restore such a one in a

spirit of gentleness; looking to yourselves, lest you too be tempted."

Third, Christians must have an appreciation for the compulsive, irrational, and even violent nature of substance abuse. The Apostle Paul in his epistle to the Romans noted this tendency in our nature: "For that which I am doing, I do not understand; for I am not practicing what I would like to do, but I am doing the very thing I hate" (7:15).

How Society Can Fight the Drug Problem

In addition to what the family and the church can do, society must fight America's drug epidemic on five major fronts. Each one has to be successful in order to win the overall battle.

The first battlefront is at the border. Federal agents must patrol the 8,426 miles of deeply indented Florida coastline and 2,067-mile border with Mexico. This is a formidable task, but vast distances are not the only problem.

The smugglers have almost unlimited funds and some of the best equipment available. Fortunately, the federal interdiction forces (namely customs, the DEA, and the INS) are improving their capability.Customs forces have been given an increase in officers, and all are getting more sophisticated equipment.

The second battlefront is law enforcement at home. Police must crack down with more arrests, more convictions, longer sentences, and more seizures of drug dealers' assets. Unfortunately, law enforcement successes pale when compared with the volume of drug traffic. Even the most effective crackdowns seem to do little more than move drugs from one location to another.

Drug enforcement officers rightly feel both outgunned and underfunded. In the 1980s, the budget for the city of Miami's vice squad unit for an entire year was less than the cost of just one episode of the TV show *Miami Vice*.

An effective weapon on this battlefront is a 1984 law that makes it easier to seize the assets of drug dealers before conviction. In some cities, police have even confiscated the cars of suburbanites who drive into the city to buy crack.

But attempts to deter drug dealing have been limited by flaws in the criminal justice system. A lack of jail cells prevents significant prosecution of drug dealers. And even if this problem were alleviated, the shortage of judges would still result in the quick release of drug pushers.

A third battlefront is drug testing. Many government and business organizations are implementing testing on a routine basis in order to reduce the demand for drugs.

The theory is simple. Drug testing is a greater deterrent to drug use than the remote possibility of going to jail. People who know they will have to pass a urine test in order to get a job are going to be much less likely to dabble in drugs. In 1980, 27 percent of some 20,000 military personnel admitted to using drugs in the previous 30 days. Five years later, after drug testing was implemented, the proportion dropped to 9 percent.

A fourth battleground is drug treatment. Those who are addicted to drugs need help. But the major question is who should provide the treatment and who should foot the bill. Private hospital programs are now a $4 billion-a-year business with a daily cost of as much as $500 per bed per day. This is clearly out of the reach of addicts who do not have employers or insurance companies who can pick up the costs.

A fifth battleground is education. Teaching children the dangers of drugs can be an important step in helping them to learn to say no to drugs. The National Institute on Drug Abuse estimates that 72 percent of the nation’s elementary- and secondary-school children are being given some kind of drug education.

The battle for drugs will continue as long as there is a demand. Families, churches, and the society at large must work to fight the scourge of drugs in our country.

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