

# **“Vegetarianism is a More Biblical Diet!”**

**I, as a vegetarian and a Christian, thought it important to point out that being a vegetarian is the more “natural” form of diet considering the Garden of Eden. In Genesis 1:29 we see that God gives the the fruits and seeds, vegetables etc...“as meat,” causing one to consider then obviously He (God) made a distinction between the meat of animals and the meat for humans to eat. I personally try to eat as close to Gen 1:29 as possible....this is not saying that meat is wrong-Jesus ate meat-yet Hinduism is simply ripping off God’s original plan and adding a twist of spirituality to what God intended to be natural and common sense. I am also not making a blanket statement that meat is unclean...not calling unclean what was made (or possibly created to be?) clean...considering the mass production of cattle in the U.S. and horrible sanitation we have adopted as common practice in the meat industry largely as a whole...we owe it to ourselves to consider these points that:**

- 1. God created man for a plant based diet**
- 2. That changed when sin entered the picture**
- 3. We are God’s temple, BODY, soul and spirit**
- 4. Animals being killed and eaten was symbolic also of Jesus’ sacrifice and our remembrance of Him in communion (a bit of foreshadowing). Also possibly why when meat consumption is documented it is only in special occasions-e.g.: symbolic feasts, sacrifice of the priests, celebrations of significance-but not frivolously. One would soon run out of cattle if you were eating them all the time. You wouldn’t sin too much either if you had to sacrifice cattle all the time.**
- 5. We are never commanded to eat meat.**
- 6. The meat back then and the meat now are almost two completely different things (as far as healthy content and environment are concerned.**

**Anyhow, I thank you for you time and on a final note...nothing in this world is the Devil’s original idea...it is simply a twist of God’s original idea...this goes for religions as well as health practices. The religions of the world have truth to them but those truths belong to Christianity and have been twisted and blown way out of proportion. May God bless you richly. Grace and Peace.**

I agree with much of what you wrote but I would not go so far as to say that vegetarianism is more natural from a Biblical perspective. Clearly that was God’s initial intent, but the Fall changed many things as you indicated. Sin was not natural to our being before the Fall but is quite natural after. So it is quite possible that most of our bodies are going to struggle on a purely vegetarian diet as a result of changes wrought by the Fall. In fact, the care and knowledge needed to follow a strictly vegetarian diet and remain healthy, may indicate that in our fallen state, a diet that includes meat may be more natural. Just a thought.

Also we are clearly told that we can eat meat in Genesis 9:3, “Every moving thing that is alive shall be food for you; I give all to you, as I gave the green plant.” It is the same language and tense as in Genesis 1:29. Neither statement is strictly a command but God’s intent is made quite clear.

Respectfully,

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