

“What Color Were Adam and Eve?”



Hey Sue, what color were Adam and Eve?

It's so helpful to have a Ph.D. in molecular and cell biology in the house! Here's Ray's answer:

“We can't know for sure, but here's my educated guess: They contained all the different skin pigment genes that would end up being distributed to all the various peoples of the world. God would have created them with some level of melanin for skin protection from the sun. They probably would have been not white, not black, probably brownish-like Mediterranean coloring.”

Hope you find this helpful!

Sue Bohlin

Posted March 2025